



BIEGI W SZCZAWNICY

**Wydarzenie:**  
**Organizator:**  
**Data:**  
**Miejsce:**  
**Dystans:**

Biegi w Szczawnicy  
Fundacja Strefa Przygód  
2022-04-23  
Szczawnica  
43.5 km

## WIELKA PREHYBA - 43 KM

B4SPORT  
INTELEGENNE ZAWODY SPORTOWE

**B4SPORT**  
INTELEGENNE ZAWODY SPORTOWE

Klasyfikacja: M40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Schronisko na Przehybie 14.4km	Bacówka na Obidzy 24.3km	Schronisko pod Durbaszką 35.7km	Czas netto 43.5km	Czas brutto 43.5km	Różn	Tempo min/km	Tempo km/h
1	<b>KOCZWARA Tomek</b>	<b>1893</b>	MARCIN ŚWIERC TEAM	M40	1	tak	01:25:54	02:16:46	03:22:48	<b>04:05:49.65</b>	<b>04:05:56.60</b>		5:39	10.6 (100%)
2	<b>CHOROŚ Piotr</b>	<b>1891</b>	STAY INSANE	M40	2		01:30:51	02:21:08	03:26:50	<b>04:07:05.95</b>	<b>04:07:09.95</b>	+00:01:13 (0.5%)	5:40	10.6 (100%)
3	<b>KOREK Michał</b>	<b>1264</b>	MARCINŚWIERCTEAM	M40	3		01:30:09	02:21:07	03:27:07	<b>04:07:38.75</b>	<b>04:07:42.55</b>	+00:01:45 (0.7%)	5:41	10.5 (99.1%)
4	<b>MAZAN Piotr</b>	<b>1446</b>	FINISZ RYMANÓW	M40	4		01:31:43	02:23:01	03:29:30	<b>04:11:08.15</b>	<b>04:11:10.70</b>	+00:05:14 (2.1%)	5:46	10.4 (98.1%)
5	<b>RUTKOWSKI Dawid</b>	<b>1733</b>	GRIZZLYTEAM/140MINUT.PL	M40	5		01:33:35	02:28:31	03:41:27	<b>04:21:35.00</b>	<b>04:21:36.55</b>	+00:15:39 (6.0%)	6:00	10 (94.3%)
6	<b>SOLARSKI Sergiusz</b>	<b>1739</b>	1981	M40	6		01:37:57	02:34:08	03:48:59	<b>04:30:58.75</b>	<b>04:31:02.90</b>	+00:25:06 (9.3%)	6:13	9.6 (90.6%)
7	<b>PIECHA Artur</b>	<b>1367</b>	SKY RUNNING TEAM	M40	7		01:37:05	02:34:02	03:48:52	<b>04:31:13.80</b>	<b>04:31:16.90</b>	+00:25:20 (9.3%)	6:14	9.6 (90.6%)
8	<b>POŻAK Grzegorz</b>	<b>1486</b>	STAY INSANE	M40	8		01:43:29	02:40:59	03:55:21	<b>04:38:13.05</b>	<b>04:38:23.80</b>	+00:32:27 (11.7%)	6:23	9.4 (88.7%)
9	<b>ZAJĄC Robert</b>	<b>1327</b>	ORANGE POLSKA	M40	9		01:39:26	02:36:59	03:54:26	<b>04:39:02.80</b>	<b>04:39:02.80</b>	+00:33:06 (11.9%)	6:24	9.4 (88.7%)
10	<b>SENDOR Piotr</b>	<b>1829</b>		M40	10		01:40:06	02:39:30	03:56:22	<b>04:42:44.05</b>	<b>04:42:47.90</b>	+00:36:51 (13.0%)	6:29	9.2 (86.8%)
11	<b>RUDNIK Tomasz</b>	<b>1514</b>		M40	11		01:42:03	02:39:16	03:58:16	<b>04:42:43.00</b>	<b>04:42:54.65</b>	+00:36:58 (13.1%)	6:29	9.2 (86.8%)
12	<b>WOJTAS Maciej</b>	<b>1402</b>		M40	12		01:35:41	02:33:00	03:56:16	<b>04:43:00.25</b>	<b>04:43:04.40</b>	+00:37:07 (13.1%)	6:30	9.2 (86.8%)
13	<b>BARAN Piotr</b>	<b>1309</b>	TRAIL IS OUR WAY	M40	13		01:40:00	02:39:15	03:58:19	<b>04:43:04.30</b>	<b>04:43:07.70</b>	+00:37:11 (13.1%)	6:30	9.2 (86.8%)
14	<b>KACZMAREK Tomasz</b>	<b>1287</b>	NIEPOŁOMICE BIEGAJĄ	M40	14		01:41:44	02:40:17	03:59:01	<b>04:45:23.45</b>	<b>04:45:31.20</b>	+00:39:34 (13.9%)	6:33	9.1 (85.8%)
15	<b>SZCZEPANIAK Damian</b>	<b>1676</b>	DAMIAN	M40	15		01:40:37	02:39:56	04:01:53	<b>04:46:07.75</b>	<b>04:46:12.35</b>	+00:40:15 (14.1%)	6:34	9.1 (85.8%)
16	<b>ŻURAWSKI Sławomir</b>	<b>1292</b>	1979	M40	16		01:42:06	02:41:35	04:03:01	<b>04:47:56.20</b>	<b>04:47:59.65</b>	+00:42:03 (14.6%)	6:37	9.1 (85.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Schronisko	Bacówka	Schronisko	Czas netto 43.5km	Czas brutto 43.5km	Różn	Tempo min/km	Tempo km/h
							na Przehybie 14.4km	na Obidzy 24.3km	pod Durbaszką 35.7km					
17	ZABEL Robert	1230	WKS WAWEL KRAKÓW	M40	17		01:40:44	02:39:53	04:02:00	04:48:16.30	04:48:20.00	+00:42:23 (14.7%)	6:37	9.1 (85.8%)
18	GEZELA Mariusz	1511	EUFORIA BIEGACZA TEAM	M40	18		01:40:50	02:40:04	04:02:10	04:50:03.90	04:50:08.25	+00:44:11 (15.2%)	6:40	9 (84.9%)
19	RANOSZ Piotr	1884		M40	19		01:43:31	02:43:36	04:04:33	04:51:22.55	04:51:29.65	+00:45:33 (15.6%)	6:41	9 (84.9%)
20	MAKARSKI Krzysztof	1777	JAROSŁAWSKA GRUPA BIEGOWA SOKÓŁ	M40	20		01:42:19	02:41:42	04:06:09	04:53:01.80	04:53:10.90	+00:47:14 (16.1%)	6:44	8.9 (84.0%)
21	STASZCZAK Łukasz	1619	TRI TEAM LUBAŃ	M40	21		01:36:31	02:39:06	04:03:39	04:55:51.60	04:56:00.55	+00:50:03 (16.9%)	6:48	8.8 (83.0%)
22	MAJKUT Andrzej	1842	KS HARPAGAN TARNOBRZEG	M40	22	tak	01:45:47	02:48:07	04:11:43	05:00:36.55	05:00:41.80	+00:54:45 (18.2%)	6:54	8.7 (82.1%)
23	BISKUPSKI Piotr	1863		M40	23		01:43:58	02:45:42	04:14:30	05:03:27.25	05:03:34.10	+00:57:37 (19.0%)	6:58	8.6 (81.1%)
24	PASEK Tomasz	1427	EKOMOTEL&PARKPINOKIO	M40	24		01:42:33	02:45:58	04:15:35	05:05:41.35	05:05:45.05	+00:59:48 (19.6%)	7:01	8.5 (80.2%)
25	ROSŁON Piotr	1265		M40	25		01:44:00	02:49:44	04:20:51	05:10:09.95	05:10:15.80	+01:04:19 (20.7%)	7:07	8.4 (79.2%)
26	LASOCKI Marcin	1721	12TRI.PL / TEAM ZABIEGANEDNI	M40	26		01:40:24	02:45:56	04:16:11	05:10:01.25	05:10:28.85	+01:04:32 (20.8%)	7:07	8.4 (79.2%)
27	GRUPA Jarosław	1501	SZWLA STARGARD	M40	27		01:46:30	02:53:38	04:21:21	05:11:39.25	05:11:39.25	+01:05:42 (21.1%)	7:09	8.4 (79.2%)
28	STEPANIUK Adam	1276	BIEGAMY DZISIAJ? WIERZBICA	M40	28		01:47:44	02:52:27	04:21:24	05:12:13.75	05:12:28.05	+01:06:31 (21.3%)	7:10	8.4 (79.2%)
29	LASOTA Robert	1871	DOM I LAS 7	M40	29		01:37:52	02:41:55	04:21:00	05:13:56.60	05:13:58.55	+01:08:01 (21.7%)	7:13	8.3 (78.3%)
30	SZCZESZEK Łukasz	1716	RYCERZE HARDCORU	M40	30		01:47:45	02:51:37	04:24:36	05:16:14.90	05:16:23.40	+01:10:26 (22.3%)	7:16	8.3 (78.3%)
31	UMANA Diego	1343	CENTRUM REHABILITACJI FUNKCJONALNEJ SOWA	M40	31		01:42:21	02:46:14	04:24:01	05:17:10.45	05:17:12.65	+01:11:16 (22.5%)	7:17	8.2 (77.4%)
32	DOLCZEWSKI Dariusz	1705	NAPRZÓD MŁOCINY BAT	M40	32		01:45:50	02:51:12	04:29:32	05:22:40.60	05:22:54.80	+01:16:58 (23.8%)	7:25	8.1 (76.4%)
33	BOHUN Dawid	1666	DAWID	M40	33		01:53:05	02:59:50	04:31:09	05:23:13.50	05:23:28.95	+01:17:32 (24.0%)	7:25	8.1 (76.4%)
34	KRZEMIŃSKI Marcin	1785	SPRINT GORZYCE	M40	34		01:48:32	02:54:29	04:27:13	05:23:51.15	05:24:39.95	+01:18:43 (24.2%)	7:26	8.1 (76.4%)
35	DOMIN Tomasz	1415	SEVENCOINS.PL	M40	35		01:55:12	03:03:07	04:33:18	05:24:33.15	05:25:10.60	+01:19:14 (24.4%)	7:27	8 (75.5%)
36	PŁAZA Radosław	1249	ULTRASEKUNDA	M40	36		01:47:38	02:54:57	04:33:10	05:27:15.90	05:27:37.95	+01:21:41 (24.9%)	7:31	8 (75.5%)
37	ŻARNOWSKI Grzegorz	1734	GREGZARNOWSKI.PL	M40	37		01:57:49	03:04:24	04:35:31	05:27:29.80	05:27:54.05	+01:21:57 (25.0%)	7:31	8 (75.5%)
38	MUCHA Piotr	1233	PM KANCELARIA	M40	38		01:52:48	02:56:45	04:32:47	05:27:28.40	05:28:01.95	+01:22:05 (25.0%)	7:31	8 (75.5%)
39	ZYS Marcin	1581		M40	39		01:50:49	02:58:05	04:33:41	05:29:39.00	05:29:54.25	+01:23:57 (25.5%)	7:34	7.9 (74.5%)
40	NAGY Béla	1869	ÓLOMLÁBÚAK	M40	40		01:57:18	03:08:27	04:37:32	05:30:11.30	05:30:22.35	+01:24:25 (25.6%)	7:35	7.9 (74.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa	Schronisko	Bacówka	Schronisko	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						Polski	na Przehybie 14.4km	na Obidzy 24.3km	pod Durbaszką 35.7km					
41	<b>FUKS Szymon</b>	<b>1376</b>	MCBIEGACZE	M40	41	01:50:22	02:57:49	04:40:19	<b>05:31:31.35</b>	<b>05:31:40.25</b>	+01:25:43 (25.8%)	7:37	7.9 (74.5%)	
42	<b>POŁUBOK Kajetan</b>	<b>1673</b>		M40	42	01:54:25	03:01:46	04:40:40	<b>05:33:28.40</b>	<b>05:33:58.45</b>	+01:28:01 (26.4%)	7:39	7.8 (73.6%)	
43	<b>BANASIAK Marcin</b>	<b>1583</b>	FUJITSU RUNNING TEAM	M40	43	01:46:11	02:51:49	04:37:14	<b>05:34:08.95</b>	<b>05:35:00.65</b>	+01:29:04 (26.6%)	7:40	7.8 (73.6%)	
44	<b>WOŁOSZYN Piotr</b>	<b>1859</b>	A NA CO TO KOMU POTRZEBNE	M40	44	01:57:06	03:07:53	04:46:19	<b>05:35:52.40</b>	<b>05:36:06.20</b>	+01:30:09 (26.8%)	7:43	7.8 (73.6%)	
45	<b>NIEDŹWIEDŹ Tomasz</b>	<b>1738</b>	SOBASTEAM	M40	45	01:51:29	03:02:27	04:42:06	<b>05:37:59.00</b>	<b>05:38:03.60</b>	+01:32:07 (27.2%)	7:46	7.7 (72.6%)	
46	<b>URYGA Jakub</b>	<b>1782</b>	DEUTSCHE BANK MARATHON TEAM	M40	46	01:54:29	03:04:11	04:42:46	<b>05:39:13.65</b>	<b>05:39:30.40</b>	+01:33:33 (27.6%)	7:47	7.7 (72.6%)	
47	<b>GALA Grzegorz</b>	<b>1683</b>	SCHENKER TECHNOLOGY CENTER RUNNERS	M40	47	01:52:19	03:02:56	04:46:20	<b>05:40:59.70</b>	<b>05:41:22.05</b>	+01:35:25 (28.0%)	7:50	7.7 (72.6%)	
48	<b>JANOWICZ Rafał</b>	<b>1832</b>	MIĘKKI ŹELEK	M40	48	01:56:57	03:09:36	04:49:19	<b>05:41:55.25</b>	<b>05:42:11.80</b>	+01:36:15 (28.1%)	7:51	7.6 (71.7%)	
49	<b>GRANOPS Maciej</b>	<b>1707</b>		M40	49	01:59:29	03:12:18	04:49:37	<b>05:43:00.50</b>	<b>05:43:23.85</b>	+01:37:27 (28.4%)	7:53	7.6 (71.7%)	
50	<b>ZAJĄC Grzegorz</b>	<b>1516</b>	LUBELSKI WĘGIEL BOGDANKA	M40	50	01:51:08	03:03:00	04:45:29	<b>05:43:25.25</b>	<b>05:43:38.50</b>	+01:37:41 (28.4%)	7:53	7.6 (71.7%)	
51	<b>BORDA-SIECZKOWSKI Jarosław</b>	<b>1670</b>		M40	51	01:59:58	03:11:13	04:49:04	<b>05:45:40.35</b>	<b>05:45:53.85</b>	+01:39:57 (28.9%)	7:56	7.6 (71.7%)	
52	<b>GOTFRYD Adam</b>	<b>1660</b>		M40	52	02:00:39	03:12:55	04:54:52	<b>05:45:39.80</b>	<b>05:45:54.05</b>	+01:39:57 (28.9%)	7:56	7.6 (71.7%)	
53	<b>BOHDANOWICZ Krystian</b>	<b>1831</b>	1980	M40	53	01:58:31	03:11:16	04:49:35	<b>05:45:55.35</b>	<b>05:46:18.10</b>	+01:40:21 (29.0%)	7:57	7.5 (70.8%)	
54	<b>BIENIEK Rafał</b>	<b>1906</b>		M40	54	01:58:24	03:12:53	04:57:39	<b>05:49:03.35</b>	<b>05:49:12.45</b>	+01:43:15 (29.6%)	8:01	7.5 (70.8%)	
55	<b>KUCZYŃSKI Marcin</b>	<b>1356</b>	SKS	M40	55	02:32:08		04:40:42	<b>05:49:28.80</b>	<b>05:50:30.40</b>	+01:44:33 (29.8%)	8:02	7.5 (70.8%)	
56	<b>PUŁA Waldemar</b>	<b>1407</b>	STAY INSANE	M40	56	01:59:57	03:10:46	04:56:43	<b>05:52:04.50</b>	<b>05:52:29.20</b>	+01:46:32 (30.2%)	8:05	7.4 (69.8%)	
57	<b>SZCZEPAŃSKI Grzegorz</b>	<b>1905</b>		M40	57	02:01:55	03:16:08	04:57:39	<b>05:52:34.15</b>	<b>05:53:18.10</b>	+01:47:21 (30.4%)	8:06	7.4 (69.8%)	
58	<b>SIVUŁKA Martin</b>	<b>1647</b>	MARAS TEAM	M40	58	02:06:07	03:18:50	05:02:12	<b>05:54:10.45</b>	<b>05:54:21.65</b>	+01:48:25 (30.6%)	8:08	7.4 (69.8%)	
59	<b>PROKULEWICZ Tomasz</b>	<b>1867</b>		M40	59	01:56:02	03:10:17	04:57:56	<b>05:54:09.00</b>	<b>05:54:24.55</b>	+01:48:27 (30.6%)	8:08	7.4 (69.8%)	
60	<b>MALINOWSKI Marek</b>	<b>1558</b>		M40	60	02:06:02	03:20:35	04:59:50	<b>05:54:45.20</b>	<b>05:55:00.20</b>	+01:49:03 (30.7%)	8:09	7.4 (69.8%)	
61	<b>RATAJ Artur</b>	<b>1545</b>	KATOWICE	M40	61	01:57:04	03:11:11	04:58:56	<b>05:56:06.30</b>	<b>05:56:11.55</b>	+01:50:14 (31.0%)	8:11	7.3 (68.9%)	
62	<b>KIJAK Bartosz</b>	<b>1263</b>		M40	62	01:55:45	03:08:18	04:56:52	<b>05:56:21.60</b>	<b>05:57:10.90</b>	+01:51:14 (31.1%)	8:11	7.3 (68.9%)	
63	<b>ZAJĄC Mateusz</b>	<b>1819</b>		M40	63	02:00:08	03:15:54	04:58:30	<b>05:57:39.45</b>	<b>05:58:01.00</b>	+01:52:04 (31.3%)	8:13	7.3 (68.9%)	
64	<b>SZYMULA Janusz</b>	<b>1396</b>		M40	64	02:01:23	03:16:37	05:03:47	<b>05:58:33.90</b>	<b>05:59:03.35</b>	+01:53:06 (31.5%)	8:14	7.3 (68.9%)	

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa	Schronisko	Bacówka	Schronisko	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						Polski	na Przehybie 14.4km	na Obidzy 24.3km	pod Durbaszką 35.7km					
65	<b>KOSMAŁA Przemek</b>	<b>1247</b>	MARCINSWIERCTEAM	M40	65		01:56:48	03:12:17	04:58:44	<b>05:59:52.20</b>	<b>06:00:31.70</b>	+01:54:35 (31.8%)	8:16	7.3 (68.9%)
66	<b>KUCIŃSKI Tomasz</b>	<b>2772</b>	MKB DREPTAK	M40	66		02:06:19	03:31:15	05:08:06	<b>06:02:02.00</b>	<b>06:02:30.35</b>	+01:56:33 (32.2%)	8:19	7.2 (67.9%)
67	<b>TOMASZEWSKI Tomasz</b>	<b>1895</b>		M40	67		02:09:16	03:23:27	05:07:05	<b>06:04:28.55</b>	<b>06:05:19.85</b>	+01:59:23 (32.7%)	8:22	7.2 (67.9%)
68	<b>SZYMULA Mariusz</b>	<b>1416</b>	SZYMULA RUNNERS	M40	68		02:01:23	03:16:59	05:07:05	<b>06:04:52.30</b>	<b>06:05:22.45</b>	+01:59:25 (32.7%)	8:23	7.2 (67.9%)
69	<b>GACHOWSKI Łukasz</b>	<b>1521</b>		M40	69		01:58:46	03:16:04	05:04:52	<b>06:05:08.90</b>	<b>06:05:24.90</b>	+01:59:28 (32.7%)	8:23	7.1 (67.0%)
70	<b>RAMOTOWSKI Marcin</b>	<b>1822</b>		M40	70		02:02:53	03:17:44	05:04:10	<b>06:05:37.35</b>	<b>06:06:02.35</b>	+02:00:05 (32.8%)	8:24	7.1 (67.0%)
71	<b>BODZIOCH Grzegorz</b>	<b>1252</b>	GORLICKA GRUPA BIEGOWA	M40	71		02:07:42	03:25:02	05:12:05	<b>06:06:52.05</b>	<b>06:07:09.85</b>	+02:01:13 (33.0%)	8:26	7.1 (67.0%)
72	<b>GATKOWSKI Dariusz</b>	<b>1492</b>	SKPB WARSZAWA	M40	72		02:13:21	03:27:47	05:12:46	<b>06:07:38.05</b>	<b>06:08:13.65</b>	+02:02:17 (33.2%)	8:27	7.1 (67.0%)
73	<b>KLIMEK Przemysław</b>	<b>1749</b>	KLUB BIEGACZA AZS UEK	M40	73		01:59:35	03:18:11	05:10:44	<b>06:07:32.90</b>	<b>06:08:23.70</b>	+02:02:27 (33.2%)	8:26	7.1 (67.0%)
74	<b>WIERZCHOŃ Michał</b>	<b>1761</b>	MR. DOC	M40	74		02:00:43	03:21:21	05:11:03	<b>06:08:06.40</b>	<b>06:08:34.70</b>	+02:02:38 (33.3%)	8:27	7.1 (67.0%)
75	<b>MOCZYŃSKI Maciej</b>	<b>1898</b>		M40	75		02:11:29	03:31:58	05:16:14	<b>06:09:10.45</b>	<b>06:10:04.45</b>	+02:04:07 (33.5%)	8:29	7.1 (67.0%)
76	<b>MAĆKOWIAK Krzysztof</b>	<b>1897</b>	MAĆKOWIAK TEAM	M40	76		02:01:56	03:20:49	05:10:18	<b>06:12:21.35</b>	<b>06:12:44.20</b>	+02:06:47 (34.0%)	8:33	7 (66.0%)
77	<b>OCHOCKI Mateusz</b>	<b>1413</b>	POZYTYWNE ZABIEGANI KLESZCZÓW	M40	77		01:57:07	03:16:10	05:13:45	<b>06:14:10.95</b>	<b>06:14:18.65</b>	+02:08:22 (34.3%)	8:36	7 (66.0%)
78	<b>MIERZEJEWSKI Krzysztof</b>	<b>1840</b>	ICEFLOWER.PL	M40	78		02:17:10	03:35:48	05:18:09	<b>06:14:03.00</b>	<b>06:14:26.35</b>	+02:08:29 (34.3%)	8:35	7 (66.0%)
79	<b>KOŁTUNIAK Hubert</b>	<b>1656</b>	DRUŻYNA STASIA	M40	79		02:06:32	03:23:25	05:09:45	<b>06:15:43.70</b>	<b>06:16:50.80</b>	+02:10:54 (34.7%)	8:38	6.9 (65.1%)
80	<b>FORMA Bartosz</b>	<b>1641</b>	INFINITY GYM	M40	80		02:01:46	03:17:57	05:08:45	<b>06:16:41.30</b>	<b>06:16:56.45</b>	+02:10:59 (34.8%)	8:39	6.9 (65.1%)
81	<b>DROZD Maciej</b>	<b>1847</b>	DREAM RUN	M40	81		02:06:36	03:25:33	05:15:24	<b>06:16:56.90</b>	<b>06:17:05.65</b>	+02:11:09 (34.8%)	8:39	6.9 (65.1%)
82	<b>WAROWNY Piotr</b>	<b>2439</b>	BIEGUSIEM.PL	M40	82		02:04:11	03:22:39	05:15:17	<b>06:17:21.65</b>	<b>06:17:27.80</b>	+02:11:31 (34.8%)	8:40	6.9 (65.1%)
83	<b>GĄSIOROWSKI Michał</b>	<b>1443</b>	OGARY DOLORES	M40	83		02:08:17	03:24:50	05:11:11	<b>06:16:52.75</b>	<b>06:17:52.75</b>	+02:11:56 (34.9%)	8:39	6.9 (65.1%)
84	<b>RYBAK Łukasz</b>	<b>1671</b>		M40	84		02:01:20	03:20:26	05:15:28	<b>06:18:13.45</b>	<b>06:18:28.00</b>	+02:12:31 (35.0%)	8:41	6.9 (65.1%)
85	<b>LIPKA Sebastian</b>	<b>1509</b>	ZABIEGANY-TATA	M40	85		01:59:11	03:28:12	05:21:34	<b>06:18:15.95</b>	<b>06:18:43.85</b>	+02:12:47 (35.1%)	8:41	6.9 (65.1%)
86	<b>MANCZENKO Eugeniusz</b>	<b>1775</b>	MARKOWI BIEGACZE	M40	86		02:02:46	03:24:54	05:18:14	<b>06:18:22.15</b>	<b>06:19:04.30</b>	+02:13:07 (35.1%)	8:41	6.9 (65.1%)
87	<b>SITEK Arkadiusz</b>	<b>1381</b>	AKTYWNI WĘGRÓW	M40	87		02:03:38	03:27:13	05:16:34	<b>06:19:32.60</b>	<b>06:20:09.85</b>	+02:14:13 (35.3%)	8:43	6.9 (65.1%)
88	<b>WINIAREK Leszek</b>	<b>1812</b>	#TEAMDKMS	M40	88		02:08:40	03:30:49	05:21:06	<b>06:20:22.40</b>	<b>06:20:39.40</b>	+02:14:42 (35.4%)	8:44	6.9 (65.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Schronisko	Bacówka	Schronisko	Czas netto 43.5km	Czas brutto 43.5km	Różn	Tempo min/km	Tempo km/h
							na Przehybie 14.4km	na Obidzy 24.3km	pod Durbaszką 35.7km					
89	<b>MURAWSKI Michał</b>	<b>1314</b>		M40	89		02:04:23	03:24:03	05:17:07	<b>06:20:51.65</b>	<b>06:21:13.60</b>	+02:15:17 (35.5%)	8:45	6.9 (65.1%)
90	<b>WNUK Tomasz</b>	<b>1604</b>	NAPRZÓD MŁOCINY	M40	90		02:02:50	03:23:02	05:22:09	<b>06:23:27.60</b>	<b>06:23:40.85</b>	+02:17:44 (35.9%)	8:48	6.8 (64.2%)
90	<b>WARDEGA Przemek</b>	<b>1799</b>	MYHIVE	M40	90		02:02:50	03:22:47	05:22:00	<b>06:23:30.65</b>	<b>06:23:40.85</b>	+02:17:44 (35.9%)	8:48	6.8 (64.2%)
92	<b>LEWNIOWSKI Błażej</b>	<b>1862</b>		M40	92		02:08:55	03:29:05	05:23:37	<b>06:22:48.80</b>	<b>06:23:46.05</b>	+02:17:49 (35.9%)	8:48	6.8 (64.2%)
93	<b>LITKA Andrzej</b>	<b>1311</b>	W KÓŁKO BIEGAMY	M40	93		01:58:23	03:16:21	05:14:31	<b>06:23:08.65</b>	<b>06:23:48.45</b>	+02:17:51 (35.9%)	8:48	6.8 (64.2%)
94	<b>WLAZŁOWSKI Radosław</b>	<b>1791</b>		M40	94		02:09:19	03:28:22	05:22:57	<b>06:23:43.25</b>	<b>06:24:40.25</b>	+02:18:43 (36.1%)	8:49	6.8 (64.2%)
95	<b>BARDAN Michał</b>	<b>1681</b>	BBKS ŁAWECZKA WILANÓW	M40	95		02:09:26	03:27:44	05:19:36	<b>06:24:03.45</b>	<b>06:24:47.30</b>	+02:18:50 (36.1%)	8:49	6.8 (64.2%)
96	<b>LABISKO Paweł</b>	<b>1332</b>	KUSY BUKOWNO	M40	96		02:09:39	03:38:28	05:26:04	<b>06:23:59.95</b>	<b>06:25:11.75</b>	+02:19:15 (36.2%)	8:49	6.8 (64.2%)
97	<b>GETTLICH Piotr</b>	<b>1300</b>	SKS	M40	97		02:06:04	03:29:20	05:22:25	<b>06:24:40.80</b>	<b>06:25:34.05</b>	+02:19:37 (36.2%)	8:50	6.8 (64.2%)
98	<b>KUTRZYK Przemysław</b>	<b>1459</b>		M40	98		02:13:37	03:33:37	05:25:55	<b>06:25:47.25</b>	<b>06:26:03.90</b>	+02:20:07 (36.3%)	8:52	6.8 (64.2%)
99	<b>KARDASZEWSKI Tomasz</b>	<b>1515</b>		M40	99		02:14:51	03:34:49	05:24:02	<b>06:26:40.40</b>	<b>06:26:50.65</b>	+02:20:54 (36.4%)	8:53	6.8 (64.2%)
100	<b>RZEPNIEWSKI Łukasz</b>	<b>1748</b>		M40	100		02:10:29	03:31:08	05:22:34	<b>06:27:56.10</b>	<b>06:28:34.55</b>	+02:22:37 (36.7%)	8:55	6.7 (63.2%)
101	<b>GRZYB Krzysztof</b>	<b>1279</b>	KLUB BIEGACZA RTV EURO AGD/SMASHING PĄPKINS	M40	101		02:12:49	03:33:52	05:26:11	<b>06:28:19.55</b>	<b>06:28:40.50</b>	+02:22:43 (36.7%)	8:55	6.7 (63.2%)
102	<b>TYLIBA Ireneusz</b>	<b>1851</b>	JURA TEAM	M40	102		02:07:40	03:28:54	05:25:49	<b>06:28:58.40</b>	<b>06:29:04.40</b>	+02:23:07 (36.8%)	8:56	6.7 (63.2%)
103	<b>PROKOPCZUK Łukasz</b>	<b>1837</b>		M40	103		02:10:50	03:33:11	05:28:40	<b>06:29:44.05</b>	<b>06:30:25.70</b>	+02:24:29 (37.0%)	8:57	6.7 (63.2%)
104	<b>PINKOWSKI Artur</b>	<b>1330</b>	4RUN TEAM PIŁA	M40	104		02:12:28	03:30:11	05:25:52	<b>06:29:59.85</b>	<b>06:30:27.40</b>	+02:24:30 (37.0%)	8:57	6.7 (63.2%)
105	<b>FELIGA Przemysław</b>	<b>1546</b>		M40	105		02:09:28	03:27:08	05:27:14	<b>06:31:49.65</b>	<b>06:32:26.15</b>	+02:26:29 (37.3%)	9:00	6.7 (63.2%)
106	<b>GRYNFELDER Rafał</b>	<b>1879</b>	SKYWALKPROJECT.PL	M40	106		02:05:56	03:28:25	05:27:16	<b>06:32:46.70</b>	<b>06:33:00.55</b>	+02:27:03 (37.4%)	9:01	6.6 (62.3%)
107	<b>BAJOREK Norbert</b>	<b>1770</b>	FITNESS FREAKS	M40	107		02:20:34	03:47:05	05:35:39	<b>06:34:50.65</b>	<b>06:34:55.90</b>	+02:28:59 (37.7%)	9:04	6.6 (62.3%)
108	<b>MOSIO Grzegorz</b>	<b>1636</b>		M40	108		02:07:48	03:26:26	05:25:58	<b>06:34:24.25</b>	<b>06:35:10.90</b>	+02:29:14 (37.8%)	9:04	6.6 (62.3%)
109	<b>JAMRÓZ Wojciech</b>	<b>1337</b>		M40	109		02:10:31	03:33:15	05:34:51	<b>06:37:45.15</b>	<b>06:38:43.10</b>	+02:32:46 (38.3%)	9:08	6.6 (62.3%)
110	<b>DYREK Mateusz</b>	<b>2195</b>		M40	110		02:08:48	03:32:01	05:35:57	<b>06:39:19.70</b>	<b>06:39:31.15</b>	+02:33:34 (38.4%)	9:10	6.5 (61.3%)
111	<b>ŁUKOWIAK Karol</b>	<b>1475</b>	KILIŃSKIEGO TEAM	M40	111		02:12:42	03:42:29	05:35:01	<b>06:39:20.35</b>	<b>06:39:53.10</b>	+02:33:56 (38.5%)	9:10	6.5 (61.3%)
112	<b>KRYSTYAN Tomasz</b>	<b>1400</b>		M40	112		02:12:19	03:36:36	05:35:01	<b>06:40:21.15</b>	<b>06:40:54.55</b>	+02:34:57 (38.7%)	9:12	6.5 (61.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Schronisko	Bacówka	Schronisko	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
							na Przehybie 14.4km	na Obidzy 24.3km	pod Durbaszką 35.7km					
113	<b>SZROT Robert</b>	<b>1417</b>		M40	113		02:10:06	03:40:01	05:41:47	<b>06:41:03.95</b>	<b>06:41:09.90</b>	+02:35:13 (38.7%)	9:13	6.5 (61.3%)
114	<b>SADOWSKI Cezary</b>	<b>1532</b>		M40	114		02:11:45	03:35:09	05:37:11	<b>06:41:18.55</b>	<b>06:42:17.45</b>	+02:36:20 (38.9%)	9:13	6.5 (61.3%)
115	<b>JAWORSKI Piotr</b>	<b>1881</b>	MARKOWI BIEGACZE	M40	115		02:08:25	03:39:28	05:36:21	<b>06:42:16.30</b>	<b>06:42:22.65</b>	+02:36:26 (38.9%)	9:14	6.5 (61.3%)
116	<b>KONKOLEWSKI Maciej</b>	<b>1805</b>	BROWAR FORTUNA	M40	116		02:14:09	03:41:10	05:38:32	<b>06:42:16.40</b>	<b>06:42:57.00</b>	+02:37:00 (39.0%)	9:14	6.5 (61.3%)
117	<b>KOŚCIUCZUK Łukasz</b>	<b>1860</b>	FUNDACJA RAK'N'ROLL	M40	117		02:10:53	03:35:11	05:35:11	<b>06:42:45.00</b>	<b>06:43:32.90</b>	+02:37:36 (39.1%)	9:15	6.5 (61.3%)
118	<b>DROŹDZIEL Mariusz</b>	<b>1901</b>		M40	118		02:07:14	03:38:55	05:46:39	<b>06:45:55.25</b>	<b>06:46:23.50</b>	+02:40:26 (39.5%)	9:19	6.4 (60.4%)
119	<b>GAWEŁ Piotr</b>	<b>1231</b>		M40	119		02:16:17	03:40:47	05:39:25	<b>06:46:23.40</b>	<b>06:47:25.65</b>	+02:41:29 (39.6%)	9:20	6.4 (60.4%)
120	<b>SOKOŁOWSKI Krzysztof</b>	<b>1234</b>	TEAM KRASUS / BSB	M40	120		02:14:53	03:39:40	05:39:47	<b>06:48:10.15</b>	<b>06:48:32.50</b>	+02:42:35 (39.8%)	9:22	6.4 (60.4%)
121	<b>SIUDY Przemysław</b>	<b>1285</b>		M40	121		02:15:08	03:40:00	05:44:52	<b>06:48:33.70</b>	<b>06:49:22.20</b>	+02:43:25 (39.9%)	9:23	6.4 (60.4%)
122	<b>PRĘGOWSKI Michał</b>	<b>1463</b>	STARE BABICE BIEGAJĄ / VEGE RUNNERS	M40	122		02:09:16	03:42:20	05:42:09	<b>06:49:49.75</b>	<b>06:50:09.40</b>	+02:44:12 (40.0%)	9:25	6.4 (60.4%)
123	<b>FRAŃSKI Łukasz</b>	<b>1624</b>	NKB CHYŻY NOWY TOMYŚL	M40	123		02:11:22	03:42:41	05:48:00	<b>06:50:10.25</b>	<b>06:50:50.05</b>	+02:44:53 (40.1%)	9:25	6.4 (60.4%)
124	<b>KORDOWICZ Łukasz</b>	<b>2329</b>	BUT BIŁGORAJ ULTRA TRAIL	M40	124		02:15:11	03:41:25	05:46:55	<b>06:50:25.00</b>	<b>06:50:55.75</b>	+02:44:59 (40.1%)	9:26	6.4 (60.4%)
125	<b>DĄBROWSKI Łukasz</b>	<b>1510</b>	SPORTOWE ŻULE	M40	125		02:15:55	03:41:01	05:46:26	<b>06:51:28.60</b>	<b>06:52:16.85</b>	+02:46:20 (40.3%)	9:27	6.3 (59.4%)
126	<b>GÓRNICKI Tomasz</b>	<b>1630</b>	X@X	M40	126		02:19:01	03:44:42	05:49:22	<b>06:54:10.50</b>	<b>06:54:28.10</b>	+02:48:31 (40.7%)	9:31	6.3 (59.4%)
127	<b>ŻUROWSKI Łukasz</b>	<b>1601</b>	BBKS ŁAWECZKA WILANÓW	M40	127		02:17:05	03:46:57	05:49:25	<b>06:54:35.40</b>	<b>06:55:20.00</b>	+02:49:23 (40.8%)	9:31	6.3 (59.4%)
128	<b>CHRAMEGA Darek</b>	<b>1882</b>		M40	128		02:24:48	03:58:02	05:52:27	<b>06:54:56.35</b>	<b>06:55:45.50</b>	+02:49:48 (40.8%)	9:32	6.3 (59.4%)
129	<b>ŻAK Krzysztof</b>	<b>1779</b>	KLUB BIEGACZA AZS UEK	M40	129		02:18:50	03:47:16	05:48:08	<b>06:57:25.35</b>	<b>06:58:00.35</b>	+02:52:03 (41.2%)	9:35	6.3 (59.4%)
130	<b>MLAK Dariusz</b>	<b>1715</b>		M40	130		02:08:41	03:41:15	05:51:28	<b>06:57:32.30</b>	<b>06:58:15.15</b>	+02:52:18 (41.2%)	9:35	6.3 (59.4%)
131	<b>WOJEWODA Michał</b>	<b>1809</b>	KAZIKI	M40	131		02:22:21	03:54:30	05:53:41	<b>06:59:28.95</b>	<b>06:59:42.15</b>	+02:53:45 (41.4%)	9:38	6.2 (58.5%)
132	<b>CHOMA Marek</b>	<b>1568</b>	PĘDZACE LENIWCE	M40	132		02:13:55	03:41:11	05:50:11	<b>07:00:23.60</b>	<b>07:01:15.40</b>	+02:55:18 (41.6%)	9:39	6.2 (58.5%)
133	<b>ARTUR Borycki Artur</b>	<b>1420</b>		M40	133		02:17:20	03:44:26	05:53:30	<b>07:01:25.90</b>	<b>07:01:57.75</b>	+02:56:01 (41.7%)	9:41	6.2 (58.5%)
134	<b>WÓJCICKI Marcin</b>	<b>1387</b>	ŁĘCZNA BIEGA / SOLET RUNNING TEAM	M40	134		02:09:41	03:43:40	05:55:30	<b>07:02:26.80</b>	<b>07:02:51.80</b>	+02:56:55 (41.8%)	9:42	6.2 (58.5%)
135	<b>KOZON Krzysztof</b>	<b>1728</b>		M40	135		02:18:00	03:54:03	05:57:32	<b>07:02:35.90</b>	<b>07:02:59.20</b>	+02:57:02 (41.9%)	9:42	6.2 (58.5%)
136	<b>CZECH Michał</b>	<b>1556</b>		M40	136		02:16:44	03:48:24	05:53:17	<b>07:03:30.70</b>	<b>07:03:45.00</b>	+02:57:48 (42.0%)	9:44	6.2 (58.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Schronisko	Bacówka	Schronisko	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
							na Przehybie 14.4km	na Obidzy 24.3km	pod Durbaszką 35.7km					
137	<b>GAŁECKI Piotr</b>	<b>1339</b>		M40	137		02:22:48	03:52:55	06:01:23	<b>07:03:24.00</b>	<b>07:03:54.45</b>	+02:57:57 (42.0%)	9:44	6.2 (58.5%)
138	<b>RZYSZKIEWICZ Tomasz</b>	<b>1620</b>	PĘDZĄCE LENIWCE	M40	138		02:13:55	03:42:02	05:50:09	<b>07:04:27.30</b>	<b>07:05:19.45</b>	+02:59:22 (42.2%)	9:45	6.1 (57.5%)
139	<b>NOWAK Karol</b>	<b>1594</b>		M40	139		02:25:25	03:59:03	06:00:18	<b>07:06:17.55</b>	<b>07:07:13.65</b>	+03:01:17 (42.4%)	9:47	6.1 (57.5%)
140	<b>SZCZYGIELSKI Tomasz</b>	<b>1414</b>	BIEGUSIEM.PL	M40	140		02:17:19	03:56:39	06:07:07	<b>07:08:39.30</b>	<b>07:08:47.45</b>	+03:02:50 (42.6%)	9:51	6.1 (57.5%)
141	<b>CHARKOT Sławomir</b>	<b>1674</b>	BIEGUSIEM.PL	M40	141		02:17:16	03:56:35	06:07:03	<b>07:08:35.65</b>	<b>07:08:47.60</b>	+03:02:51 (42.6%)	9:51	6.1 (57.5%)
142	<b>MICHALSKI Damian</b>	<b>1693</b>	ALIOR RUNNING TEAM	M40	142		02:17:02	04:00:24	06:02:12	<b>07:09:14.65</b>	<b>07:09:23.85</b>	+03:03:27 (42.7%)	9:52	6.1 (57.5%)
143	<b>SZELAĞIEWICZ Arek</b>	<b>1462</b>		M40	143		02:23:10	03:53:24	05:58:47	<b>07:09:21.80</b>	<b>07:09:59.15</b>	+03:04:02 (42.8%)	9:52	6.1 (57.5%)
144	<b>KOPYRA Tomasz</b>	<b>1429</b>	#BIEGAMWOLNOALEDOKŁADNIE	M40	144		02:25:25	03:58:25	05:59:36	<b>07:09:09.85</b>	<b>07:10:09.30</b>	+03:04:12 (42.8%)	9:51	6.1 (57.5%)
145	<b>KOZIELEC Tomasz</b>	<b>1305</b>	PĘDZĄCE MISIE	M40	145		02:23:02	03:57:41	06:01:44	<b>07:09:16.35</b>	<b>07:10:11.20</b>	+03:04:14 (42.8%)	9:52	6.1 (57.5%)
145	<b>PISZCZ Marek</b>	<b>1359</b>	OPEL ACTIVE TEAM	M40	145		02:22:55	03:57:39	06:01:44	<b>07:09:16.40</b>	<b>07:10:11.20</b>	+03:04:14 (42.8%)	9:52	6.1 (57.5%)
147	<b>KISIEL Krzysztof</b>	<b>2283</b>		M40	147		02:25:53	04:02:37	06:07:08	<b>07:10:14.70</b>	<b>07:10:41.35</b>	+03:04:44 (42.9%)	9:53	6.1 (57.5%)
148	<b>OBŁUDKA Adam</b>	<b>1610</b>	BEERSPIRIT	M40	148		02:28:31	04:01:09	06:05:26	<b>07:10:50.30</b>	<b>07:11:20.00</b>	+03:05:23 (43.0%)	9:54	6.1 (57.5%)
149	<b>KOWALSKI Szymon</b>	<b>1688</b>	HTF LUDWIK SIKORSKI	M40	149		02:18:39	04:00:50	06:02:12	<b>07:11:54.00</b>	<b>07:12:03.90</b>	+03:06:07 (43.1%)	9:55	6 (56.6%)
150	<b>WÓJCIO Hubert</b>	<b>1807</b>	ULTRASZSZCZAWNICY	M40	150		02:23:52	03:54:15	06:04:46	<b>07:12:21.05</b>	<b>07:13:13.60</b>	+03:07:17 (43.2%)	9:56	6 (56.6%)
151	<b>JACHYMEK Robert</b>	<b>1695</b>	TEAM ZABIEGANEDNI	M40	151		02:19:09	03:47:21	06:01:03	<b>07:16:09.55</b>	<b>07:16:31.60</b>	+03:10:35 (43.7%)	10:01	6 (56.6%)
152	<b>SZNAJDER Jakub</b>	<b>1348</b>		M40	152		02:25:16	04:01:32	06:09:09	<b>07:17:34.85</b>	<b>07:18:31.15</b>	+03:12:34 (43.9%)	10:03	6 (56.6%)
153	<b>MOTYKA Marcin</b>	<b>1759</b>	RAKOŃ WARRIORS	M40	153		02:27:04	04:04:03	06:14:20	<b>07:20:31.55</b>	<b>07:21:35.30</b>	+03:15:38 (44.3%)	10:07	5.9 (55.7%)
154	<b>STĘPIEŃ Krzysztof</b>	<b>1250</b>		M40	154		02:28:01	04:02:24	06:12:57	<b>07:23:13.55</b>	<b>07:23:37.95</b>	+03:17:41 (44.6%)	10:11	5.9 (55.7%)
155	<b>KULA Piotr</b>	<b>1303</b>	PRZEBIEGŁY ANALITYK	M40	155		02:16:43	03:48:22	06:11:32	<b>07:22:50.45</b>	<b>07:24:25.60</b>	+03:18:29 (44.7%)	10:10	5.9 (55.7%)
156	<b>WIKLIŃSKI Jarosław</b>	<b>1821</b>	CZYSTA AMATORKA	M40	156		02:19:28	03:49:52	06:00:19	<b>07:25:10.85</b>	<b>07:26:04.00</b>	+03:20:07 (44.9%)	10:14	5.9 (55.7%)
157	<b>WYPIJEWSKI Igor</b>	<b>1535</b>		M40	157		02:24:19	04:02:29	06:10:13	<b>07:26:24.35</b>	<b>07:27:11.30</b>	+03:21:14 (45.0%)	10:15	5.8 (54.7%)
158	<b>TKACZ Przemysław</b>	<b>1378</b>	PRZEMYSKI KLUB BIEGACZA	M40	158		02:23:48	03:53:21	06:14:27	<b>07:26:52.70</b>	<b>07:27:33.75</b>	+03:21:37 (45.0%)	10:16	5.8 (54.7%)
159	<b>OPALA Krzysztof</b>	<b>1800</b>	AUTISM FATHER	M40	159		02:29:14	04:16:54	06:18:10	<b>07:27:33.30</b>	<b>07:28:16.25</b>	+03:22:19 (45.1%)	10:17	5.8 (54.7%)
160	<b>PRĘDKI Mirosław</b>	<b>1534</b>		M40	160		02:35:37	04:18:18	06:22:44	<b>07:28:51.80</b>	<b>07:30:01.90</b>	+03:24:05 (45.3%)	10:19	5.8 (54.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Schronisko	Bacówka	Schronisko	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
							na Przehybie 14.4km	na Obidzy 24.3km	pod Durbaszką 35.7km					
161	<b>KRZAN Tomasz</b>	<b>1542</b>	PRZEWORSK KRZAN	M40	161		02:21:23	04:04:00	06:20:58	<b>07:32:59.80</b>	<b>07:33:34.45</b>	+03:27:37 (45.8%)	10:24	5.8 (54.7%)
162	<b>WOJDA Dariusz</b>	<b>1277</b>	POLISH WINGS	M40	162		02:25:45	04:04:09	06:24:36	<b>07:33:03.20</b>	<b>07:33:35.20</b>	+03:27:38 (45.8%)	10:24	5.8 (54.7%)
163	<b>JARUS Andrzej</b>	<b>1357</b>	POLISH WINGS	M40	163		02:21:24	04:03:36	06:22:12	<b>07:33:01.60</b>	<b>07:33:35.60</b>	+03:27:39 (45.8%)	10:24	5.8 (54.7%)
164	<b>DRABIK Paweł</b>	<b>1814</b>	PRZEWORSK	M40	164		02:22:52	04:04:24	06:20:59	<b>07:33:02.95</b>	<b>07:33:37.25</b>	+03:27:40 (45.8%)	10:24	5.8 (54.7%)
165	<b>ZAWIŚLAK Kazimierz</b>	<b>1607</b>	POLISH WINGS	M40	165		02:25:47	04:04:26	06:22:38	<b>07:33:05.05</b>	<b>07:33:37.65</b>	+03:27:41 (45.8%)	10:24	5.8 (54.7%)
166	<b>OSTASZEWSKI Mariusz</b>	<b>2277</b>		M40	166		02:22:12	04:01:53	06:18:30	<b>07:33:25.45</b>	<b>07:33:52.70</b>	+03:27:56 (45.8%)	10:25	5.8 (54.7%)
167	<b>CHODUN Marek</b>	<b>1344</b>		M40	167		02:28:43	04:10:10	06:23:48	<b>07:39:12.75</b>	<b>07:39:54.90</b>	+03:33:58 (46.5%)	10:33	5.7 (53.8%)
168	<b>SZTYLKO Michał</b>	<b>1548</b>		M40	168		02:21:54	04:02:30	06:30:09	<b>07:40:40.00</b>	<b>07:41:05.40</b>	+03:35:08 (46.7%)	10:35	5.7 (53.8%)
169	<b>BARTEL Robert</b>	<b>1755</b>	STARE BABICE BIEGAJĄ	M40	169		02:22:11	04:02:32	06:36:51	<b>07:43:12.45</b>	<b>07:43:34.10</b>	+03:37:37 (46.9%)	10:38	5.6 (52.8%)
170	<b>NAWROT Waldek</b>	<b>1424</b>	J U V E R U N	M40	170		02:23:04	04:05:26	06:26:02	<b>07:44:07.30</b>	<b>07:44:46.05</b>	+03:38:49 (47.1%)	10:40	5.6 (52.8%)
171	<b>KRAJEWSKI Przemysław</b>	<b>1692</b>	12TRI.PL	M40	171		02:36:47	04:18:55	06:37:38	<b>07:45:01.50</b>	<b>07:45:35.20</b>	+03:39:38 (47.2%)	10:41	5.6 (52.8%)
172	<b>BUGAJNY Damian</b>	<b>1654</b>	SUPERMARATON KALISZ	M40	172		02:23:23	03:57:51	06:31:27	<b>07:44:47.70</b>	<b>07:45:37.95</b>	+03:39:41 (47.2%)	10:41	5.6 (52.8%)
173	<b>DRABIŃSKI Adrian</b>	<b>1609</b>	BEERSPIRIT	M40	173		02:28:32	04:01:09	06:24:42	<b>07:45:18.25</b>	<b>07:45:47.65</b>	+03:39:51 (47.2%)	10:41	5.6 (52.8%)
174	<b>DOROSZ Robert</b>	<b>1615</b>	TEAM ZABIEGANEDNI	M40	174		02:24:18	04:10:17	06:35:32	<b>07:47:32.65</b>	<b>07:47:52.40</b>	+03:41:55 (47.4%)	10:44	5.6 (52.8%)
175	<b>LEWTAK Marcin</b>	<b>1331</b>	9-TKA RUMMING TEAM	M40	175		02:32:50	04:18:56	06:30:44	<b>07:47:32.35</b>	<b>07:47:55.65</b>	+03:41:59 (47.4%)	10:44	5.6 (52.8%)
176	<b>PŁATEK Dominik</b>	<b>1675</b>		M40	176		02:22:39	04:01:44	06:28:10	<b>07:47:19.90</b>	<b>07:48:19.30</b>	+03:42:22 (47.5%)	10:44	5.6 (52.8%)
177	<b>SURANSKY Tomas</b>	<b>1792</b>		M40	177		02:30:47	04:14:02	06:38:14	<b>07:53:03.65</b>	<b>07:53:49.85</b>	+03:47:53 (48.1%)	10:52	5.5 (51.9%)
177	<b>BARTEK Jaworski</b>	<b>1793</b>		M40	177		02:32:09	04:14:06	06:37:42	<b>07:53:03.25</b>	<b>07:53:49.85</b>	+03:47:53 (48.1%)	10:52	5.5 (51.9%)
179	<b>ZAK Robert</b>	<b>2130</b>		M40	179		02:30:49	04:14:08	06:37:42	<b>07:53:04.80</b>	<b>07:53:49.95</b>	+03:47:53 (48.1%)	10:52	5.5 (51.9%)
180	<b>MARCINIAK Andrzej</b>	<b>1284</b>	W KÓŁKO BIEGAMY	M40	180		02:29:01	04:15:34	06:55:16	<b>07:54:11.30</b>	<b>07:54:51.10</b>	+03:48:54 (48.2%)	10:54	5.5 (51.9%)
181	<b>WIERZBICKI Michał</b>	<b>1464</b>	STOWARZYSZENIE MORSY SWARZĘDZ	M40	181		02:41:43	04:24:59	06:45:43	<b>07:54:52.45</b>	<b>07:55:43.85</b>	+03:49:47 (48.3%)	10:54	5.5 (51.9%)
182	<b>SOCIŃSKI Artur</b>	<b>1423</b>	ARP RUN TEAM	M40	182		02:32:28	04:14:47	06:39:58	<b>07:56:24.55</b>	<b>07:56:50.35</b>	+03:50:53 (48.4%)	10:57	5.5 (51.9%)
183	<b>CIESZYŃSKI Mariusz</b>	<b>1377</b>	BEAUTY-STUDIO ŁĘBORK	M40	183		02:35:04	04:23:30	06:43:54	<b>07:57:07.20</b>	<b>07:58:04.75</b>	+03:52:08 (48.6%)	10:58	5.5 (51.9%)
183	<b>KIERSZNIKIEWICZ Łukasz</b>	<b>1435</b>		M40	183		02:34:57	04:23:31	06:44:11	<b>07:57:06.90</b>	<b>07:58:04.75</b>	+03:52:08 (48.6%)	10:58	5.5 (51.9%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa	Schronisko	Bacówka	Schronisko	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						Polski	na Przehybie 14.4km	na Obidzy 24.3km	pod Durbaszką 35.7km					
185	<b>SZYMEROWSKI Łukasz</b>	<b>1289</b>		M40	185		02:35:00	04:23:07	06:43:55	<b>07:57:07.40</b>	<b>07:58:04.95</b>	+03:52:08 (48.6%)	10:58	5.5 (51.9%)
186	<b>DUPERAS Arkadiusz</b>	<b>1286</b>		M40	186		02:33:49	04:17:44	06:42:40	<b>07:57:58.60</b>	<b>07:58:45.25</b>	+03:52:48 (48.6%)	10:59	5.5 (51.9%)
187	<b>MICHALECKI Łukasz</b>	<b>1614</b>	NMG	M40	187		02:26:31	04:01:46	06:36:08	<b>08:00:46.85</b>	<b>08:01:23.35</b>	+03:55:26 (48.9%)	11:03	5.4 (50.9%)
188	<b>MZYK Fabian</b>	<b>1649</b>	STS BIEGATON	M40	188		02:37:21	04:23:56	06:45:16	<b>08:08:15.80</b>	<b>08:08:22.95</b>	+04:02:26 (49.6%)	11:13	5.3 (50.0%)
189	<b>GŁOWACKI Mariusz</b>	<b>2230</b>	ACTIVE JURA	M40	189		02:43:40	04:39:06	06:59:34	<b>08:11:19.10</b>	<b>08:12:13.05</b>	+04:06:16 (50.0%)	11:17	5.3 (50.0%)
190	<b>RATAJCZAK Krzysztof</b>	<b>1741</b>		M40	190		02:21:48	04:09:48	06:41:31	<b>08:12:15.50</b>	<b>08:12:50.10</b>	+04:06:53 (50.1%)	11:18	5.3 (50.0%)
191	<b>SOKULSKI Marcin</b>	<b>1334</b>	KASZANKI	M40	191		02:35:17	04:25:37	06:53:57	<b>08:14:41.40</b>	<b>08:15:07.75</b>	+04:09:11 (50.3%)	11:22	5.3 (50.0%)
192	<b>PASTUSZAK Tomasz</b>	<b>1481</b>	ŁĘCZNA BIEGA	M40	192		02:23:41	04:15:58	06:57:14	<b>08:15:32.75</b>	<b>08:15:58.80</b>	+04:10:02 (50.4%)	11:23	5.3 (50.0%)
193	<b>RUSEK Jarosław</b>	<b>1569</b>		M40	193		02:32:23	04:15:57	06:46:30	<b>08:09:53.95</b>	<b>08:17:37.10</b>	+04:11:40 (50.6%)	11:15	5.3 (50.0%)
193	<b>RUBASZKO Michał</b>	<b>1625</b>		M40	193		02:32:50	04:16:24	06:46:57	<b>08:10:21.10</b>	<b>08:17:37.10</b>	+04:11:40 (50.6%)	11:16	5.3 (50.0%)
195	<b>CZERWIEC Artur</b>	<b>1885</b>	VEGERUNERS	M40	195		02:41:31	04:27:40	07:02:07	<b>08:25:04.70</b>	<b>08:25:37.15</b>	+04:19:40 (51.4%)	11:36	5.2 (49.1%)
196	<b>ŻOŁYNIAK Szymon</b>	<b>1873</b>		M40	196		02:50:43	04:40:50	07:10:30	<b>08:27:09.60</b>	<b>08:28:16.90</b>	+04:22:20 (51.6%)	11:39	5.1 (48.1%)
197	<b>DROZD Krystian</b>	<b>1810</b>		M40	197		02:48:53	04:36:07	07:10:37	<b>08:28:54.25</b>	<b>08:29:56.35</b>	+04:23:59 (51.8%)	11:41	5.1 (48.1%)
198	<b>KOSMAŁA Bartosz</b>	<b>1453</b>	KOSMAŁA TEAM	M40	198		02:38:39	04:29:16	07:09:46	<b>08:31:35.00</b>	<b>08:32:32.15</b>	+04:26:35 (52.0%)	11:45	5.1 (48.1%)
199	<b>PRZEWŁOKA Wojciech</b>	<b>1828</b>	SAINT-GOBAIN SQUAD	M40	199		02:32:21	04:22:06	07:05:24	<b>08:34:46.70</b>	<b>08:35:40.25</b>	+04:29:43 (52.3%)	11:50	5.1 (48.1%)
200	<b>KOWALSKI Andrzej</b>	<b>1529</b>		M40	200		02:53:56	04:42:41	07:10:56	<b>08:35:07.25</b>	<b>08:35:59.60</b>	+04:30:03 (52.3%)	11:50	5.1 (48.1%)
201	<b>PUCHAŁA Mariusz</b>	<b>1259</b>	NAPRZÓD MŁOCINY	M40	201		02:38:12	04:32:59	07:12:25	<b>08:38:03.35</b>	<b>08:38:16.85</b>	+04:32:20 (52.5%)	11:54	5 (47.2%)
202	<b>TOKARSKI Rafał</b>	<b>1854</b>		M40	202		02:45:25	04:36:43	07:18:16	<b>08:43:32.75</b>	<b>08:43:45.05</b>	+04:37:48 (53.0%)	12:02	5 (47.2%)
203	<b>CHRÓŚCIAK Paweł</b>	<b>1366</b>		M40	203		02:58:53	05:01:12	07:30:00	<b>08:51:58.90</b>	<b>08:51:58.90</b>	+04:46:02 (53.8%)	12:13	4.9 (46.2%)
<b>Przekroczony limit czasu: 09:00:00</b>														
204	<b>LOSOR Andrzej</b>	<b>1817</b>		M40	204		02:58:36	05:05:00	07:42:43	<b>09:04:19.40</b>	<b>09:04:50.95</b>	+04:58:54 (54.9%)	12:30	4.8 (45.3%)
205	<b>DOBZYŃSKI Marek</b>	<b>1380</b>	RUN FORREST	M40	205		02:54:20	05:01:49	08:29:05	<b>10:11:57.75</b>	<b>10:12:08.95</b>	+06:06:12 (59.8%)	14:04	4.3 (40.6%)
206	<b>PERKOWSKI Tomasz</b>	<b>1523</b>	EUROCASH	M40	206		03:46:19	05:51:31	08:40:11	<b>10:15:30.00</b>	<b>10:15:57.60</b>	+06:10:01 (60.1%)	14:08	4.2 (39.6%)
	<b>ZAJĄC Andrzej</b>	<b>1440</b>	DRUŻYNA SZPIKU	M40			03:19:23 DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	- (0.0%)
	<b>ZAJĄC Krzysztof</b>	<b>1439</b>	WKURW_TEAM/BEZULTRADZIKI/ZAJĄCE HASAJĄCE	M40			03:19:23 DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	- (0.0%)

Znaleziono 208 wynik(ów)