

**BIEGI W SZCZAWNICY**

**Wydarzenie:** Biegi w Szczawnicy  
**Organizator:** Fundacja Strefa Przygód  
**Data:** 2022-04-23  
**Miejsce:** Szczawnica  
**Dystans:** 43.5 km

# WIELKA PREHYBA - 43 KM

B4SPORT

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 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Mistrzostwa Polski w Biegu Górskim na Długim Dystansie

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Schronisko			Czas netto 43.5km	Czas brutto 43.5km	Różn	Tempo min/km	Tempo km/h
							na Przehybie 14.4km	Bacówka na Obidzy 24.3km	Schronisko pod Durbaszką 35.7km					
1	<b>RZESZÓTKO Marcin</b>	<b>1201</b>	BUFF THE NORTH FACE	M30	1	tak	01:14:24	01:57:27	02:52:38	<b>03:26:09.85</b>	<b>03:26:10.55</b>		4:44	12.7 (100%)
2	<b>WITEK Andrzej</b>	<b>1203</b>	140MINUT.PL	M30	2	tak	01:18:15	02:02:49	02:58:54	<b>03:34:11.65</b>	<b>03:34:13.10</b>	+00:08:02 (3.8%)	4:55	12.2 (96.1%)
3	<b>SZCZEŚNIEWSKI Miłosz</b>	<b>1825</b>	HOKA GARMIN TEAM	M30	3	tak	01:19:14	02:03:38	03:01:32	<b>03:36:57.80</b>	<b>03:36:59.05</b>	+00:10:48 (5.0%)	4:59	12 (94.5%)
4	<b>SKUPIEŃ Tomasz</b>	<b>1211</b>		M30	4	tak	01:21:46	02:06:39	03:05:55	<b>03:41:37.55</b>	<b>03:41:38.95</b>	+00:15:28 (7.0%)	5:05	11.8 (92.9%)
5	<b>MILEWSKI Dominik</b>	<b>1207</b>	RYKOWISKO TEAM	M20	1	tak	01:22:02	02:07:40	03:06:46	<b>03:43:10.95</b>	<b>03:43:12.20</b>	+00:17:01 (7.6%)	5:07	11.7 (92.1%)
6	<b>WOŁĄKIEWICZ Piotr</b>	<b>1794</b>	RMT TEAM PRO	M20	2	tak	01:18:21	02:05:38	03:08:01	<b>03:44:52.90</b>	<b>03:44:54.65</b>	+00:18:44 (8.3%)	5:10	11.6 (91.3%)
7	<b>LEŚNIAK Kamil</b>	<b>1205</b>	HOKA GARMIN TEAM	M20	3	tak	01:18:18	02:04:18	03:06:19	<b>03:47:34.00</b>	<b>03:47:35.25</b>	+00:21:24 (9.4%)	5:13	11.5 (90.6%)
8	<b>DOMBROWSKI Maciej</b>	<b>1215</b>	ON RUNNING	M30	5	tak	01:23:57	02:11:53	03:13:52	<b>03:50:48.80</b>	<b>03:50:50.35</b>	+00:24:39 (10.7%)	5:18	11.3 (89.0%)
9	<b>KSIĄŻKIEWICZ Piotr</b>	<b>1643</b>	CITY TRAIL TEAM / MKS UNIA HRUBIESZÓW	M30	7	tak	01:27:13	02:17:08	03:23:24	<b>04:03:01.80</b>	<b>04:03:03.85</b>	+00:36:53 (15.2%)	5:35	10.7 (84.3%)
10	<b>KANTOR Martyna</b>	<b>1204</b>	SALOMON SUUNTO TEAM	K30	1	tak	01:28:52	02:21:14	03:27:52	<b>04:05:45.80</b>	<b>04:05:48.15</b>	+00:39:37 (16.1%)	5:38	10.6 (83.5%)
11	<b>KOCZWARA Tomek</b>	<b>1893</b>	MARCIN ŚWIERC TEAM	M40	1	tak	01:25:54	02:16:46	03:22:48	<b>04:05:49.65</b>	<b>04:05:56.60</b>	+00:39:46 (16.2%)	5:39	10.6 (83.5%)
12	<b>NICPOŃ Sebastian</b>	<b>1894</b>	KARKONOSZ RUNNING TEAM	M20	5	tak	01:27:04	02:18:17	03:29:15	<b>04:08:21.65</b>	<b>04:08:24.25</b>	+00:42:13 (17.0%)	5:42	10.5 (82.7%)
13	<b>WITOWSKA Mirostawa</b>	<b>1212</b>	HOKA GARMIN TEAM	K30	2	tak	01:30:09	02:25:51	03:29:54	<b>04:09:27.85</b>	<b>04:09:30.95</b>	+00:43:20 (17.4%)	5:44	10.5 (82.7%)
14	<b>WILK Katarzyna</b>	<b>1208</b>		K30	3	tak	01:32:38	02:25:39	03:35:20	<b>04:13:32.15</b>	<b>04:13:34.95</b>	+00:47:24 (18.7%)	5:49	10.3 (81.1%)
15	<b>KAŹMIERCZYK Bartosz</b>	<b>1634</b>	LKS ŻELAZNY OPCZNO RUNNING TEAM	M20	7	tak	01:27:10	02:19:14	03:30:25	<b>04:14:10.60</b>	<b>04:14:13.85</b>	+00:48:03 (18.9%)	5:50	10.3 (81.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Schronisko	Bacówka	Schronisko	Czas netto 43.5km	Czas brutto 43.5km	Różn	Tempo min/km	Tempo km/h
							na Przehybie 14.4km	na Obidzy 24.3km	pod Durbaszką 35.7km					
16	<b>SOLIŃSKA Katarzyna</b>	<b>1206</b>	ON RUNNING POLSKA	K30	4	tak	01:32:58	02:26:03	03:36:13	<b>04:17:47.55</b>	<b>04:17:50.85</b>	+00:51:40 (20.0%)	5:55	10.1 (79.5%)
17	<b>TRACZ Paulina</b>	<b>1202</b>		K30	5	tak	01:32:59	02:28:12	03:41:52	<b>04:24:33.45</b>	<b>04:24:36.00</b>	+00:58:25 (22.1%)	6:04	9.9 (78.0%)
18	<b>LISAK Krzysztof</b>	<b>1892</b>		M30	12	tak	01:32:23	02:25:46	03:39:34	<b>04:26:58.90</b>	<b>04:27:01.20</b>	+01:00:50 (22.8%)	6:08	9.8 (77.2%)
19	<b>WIECZOREK Nina</b>	<b>1803</b>	MKS SIECHNICE	K20	1	tak	01:41:32	02:40:45	03:57:41	<b>04:40:32.65</b>	<b>04:40:46.85</b>	+01:14:36 (26.6%)	6:26	9.3 (73.2%)
20	<b>STANKIEWICZ Tomasz</b>	<b>1275</b>	PLANYBIEGOWE.PL	M30	17	tak	01:38:22	02:34:17	03:54:23	<b>04:40:50.45</b>	<b>04:40:54.75</b>	+01:14:44 (26.6%)	6:27	9.3 (73.2%)
21	<b>SENDEK Sylwia</b>	<b>1766</b>	INFINITY-GYM	K30	8	tak	01:47:58	02:49:04	04:08:38	<b>04:54:55.35</b>	<b>04:54:59.75</b>	+01:28:49 (30.1%)	6:46	8.8 (69.3%)
22	<b>MAJKUT Andrzej</b>	<b>1842</b>	KS HARPAGAN TARNOBRZEG	M40	22	tak	01:45:47	02:48:07	04:11:43	<b>05:00:36.55</b>	<b>05:00:41.80</b>	+01:34:31 (31.4%)	6:54	8.7 (68.5%)
23	<b>DYGACZ Agnieszka</b>	<b>1834</b>	LHOTSE TEAM/42K PRO TEAM	K30	9	tak	01:42:35	02:44:40	04:11:40	<b>05:05:52.45</b>	<b>05:05:54.65</b>	+01:39:44 (32.6%)	7:01	8.5 (66.9%)
24	<b>MALECKA-LEŃ Patrycja</b>	<b>1562</b>	STAJNIA BALONA	K40	2	tak	01:48:22	02:53:23	04:17:44	<b>05:06:45.30</b>	<b>05:06:47.90</b>	+01:40:37 (32.8%)	7:03	8.5 (66.9%)
25	<b>BOROWICZ Monika</b>	<b>1220</b>	CKS BUDOWLANI / ZABIEGANI CZĘSTOCHOWA	K40	3	tak	01:48:52	03:00:18	04:33:23	<b>05:25:42.55</b>	<b>05:25:47.80</b>	+01:59:37 (36.7%)	7:29	8 (63.0%)
26	<b>SOWA-LEWANDOWSKA Katarzyna</b>	<b>1354</b>	UKS LIDER SIERCZA/TECHNIKAM/4F	K30	27	tak	02:09:28	03:25:02	05:10:21	<b>06:08:48.55</b>	<b>06:09:25.80</b>	+02:43:15 (44.2%)	8:28	7.1 (55.9%)
27	<b>MALINOWSKI Tomasz</b>	<b>1525</b>	UKS LIDER SIERCZA	M30	107	tak	02:09:37	03:28:49	05:45:18	<b>06:45:26.70</b>	<b>06:45:47.45</b>	+03:19:36 (49.2%)	9:19	6.4 (50.4%)
28	<b>GRABARCZYK Ilona</b>	<b>1365</b>	UKS FILIPIDES TERESIN	K40	32	tak	02:23:26	03:49:58	05:59:42	<b>07:15:41.50</b>	<b>07:16:31.60</b>	+03:50:21 (52.8%)	10:00	6 (47.2%)
	<b>BEDNAREK Adrian</b>	<b>1213</b>	ADRIANBEDNAREK.PL	M30		tak	01:20:47 DNF	02:10:54 DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	- (0.0%)
	<b>GABRYŚ Rafał</b>	<b>1648</b>	MKL BRYGADA BESKIDÓW NOWY SĄCZ	M30		tak	01:23:02 DNF	02:12:14 DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	- (0.0%)
	<b>BADOWSKI Aleksander</b>	<b>1696</b>	MARCIN ŚWIERC TEAM	M30		tak	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	- (0.0%)

Znaleziono 31 wynik(ów)