

**Wydarzenie:** PIENINY ULTRA-TRAIL®  
**Organizator:** Fundacja Strefa Przypód  
**Data:** 2024-04-20  
**Miejsce:** Szczawnica  
**Dystans:** 43.7 km

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Drużyna	Schronisko na Przehybie 14.7km	Bacówka na Obidzy 24.4km	Schronisko pod Durbaszką 35.5km	43.7km	Czas netto 44.1km	Czas brutto 44.1km	Różn	Tempo min/km	Tempo km/h
1	<b>MATUSZCZAK Rafał</b>	<b>2097</b>	SALOMON	M30	1	MP	LLKS Osowa Sień	01:09:10	01:48:15	02:38:50	03:11:31	<b>03:12:13.85</b>	<b>03:12:15.25</b>		4:21	13.8 (100%)
2	<b>MALINA Dawid</b>	<b>2041</b>	DYNAFIT / TL ROW RYBNIK	M30	2	MP	TL ROW Rybnik	01:10:26	01:50:37	02:43:00	03:15:18	<b>03:15:58.80</b>	<b>03:16:00.20</b>	+00:03:44 (1.9%)	4:26	13.5 (97.8%)
3	<b>FABIAN Marcel</b>	<b>2035</b>	EVANLITE.COM	M20	1	MP	MKS-R Centrum Dziegiełków	01:13:45	01:54:29	02:49:00	03:25:29	<b>03:26:18.30</b>	<b>03:26:19.70</b>	+00:14:04 (6.8%)	4:40	12.8 (92.8%)
4	<b>MILEWSKI Dominik</b>	<b>2727</b>	RYKOWISKO TEAM/LASPORTIVA POLSKA	M20	2			01:14:55	01:57:14	02:53:00	03:28:52	<b>03:29:31.70</b>	<b>03:29:32.70</b>	+00:17:17 (8.3%)	4:45	12.6 (91.3%)
5	<b>SZCZEŚNIEWSKI Miłosz</b>	<b>2819</b>	HOKA GARMIN TEAM	M30	3	MP	SBG Salco Niepołomice	01:14:53	01:57:53	02:54:23	03:30:45	<b>03:31:32.60</b>	<b>03:31:33.70</b>	+00:19:18 (9.1%)	4:47	12.5 (90.6%)
6	<b>LEŚNIAK Kamil</b>	<b>2042</b>	HOKA GARMIN TEAM	M30	4	MP	SBG Salco Niepołomice	01:14:52	01:57:25	02:54:57	03:32:13	<b>03:33:06.05</b>	<b>03:33:07.15</b>	+00:20:51 (9.8%)	4:49	12.4 (89.9%)
7	<b>MISIAK Bartosz</b>	<b>2199</b>	DYNAFIT TEAM/ ULTRA TRAIL ACADEMY	M30	5	MP	MUKS SZS Cieszyn	01:15:43	01:59:27	02:57:24	03:34:22	<b>03:35:03.60</b>	<b>03:35:05.20</b>	+00:22:49 (10.6%)	4:52	12.3 (89.1%)
8	<b>MATYSSEK Karol</b>	<b>2566</b>	ODZIEZDLAMEDYKA.PL	M30	6	MP	KS Sprint Bielsko-Biała	01:15:12	01:59:12	02:57:35	03:35:32	<b>03:36:24.80</b>	<b>03:36:25.50</b>	+00:24:10 (11.2%)	4:54	12.2 (88.4%)
9	<b>CZERNAK Paweł</b>	<b>2410</b>	BLACK HAT PRO	M30	7	MP	Black Hat Pro Warszawa	01:18:14	02:02:21	03:01:02	03:37:08	<b>03:37:56.65</b>	<b>03:37:58.45</b>	+00:25:43 (11.8%)	4:56	12.1 (87.7%)
10	<b>POCZWARDOWSKI Kamil</b>	<b>2575</b>	SZCZUTOWO BIEGA	M40	1			01:15:13	01:57:44	02:58:11	03:37:29	<b>03:38:21.25</b>	<b>03:38:23.00</b>	+00:26:07 (12.0%)	4:57	12.1 (87.7%)
11	<b>SZKOŁUDA Miłosz</b>	<b>2232</b>	BIEGOLAS KOSZALIN	M30	8	MP	UKS Sokół Węgorzewo	01:17:33	02:01:39	03:00:18	03:37:59	<b>03:38:56.50</b>	<b>03:38:56.50</b>	+00:26:41 (12.2%)	4:57	12.1 (87.7%)
12	<b>KARWACZYŃSKI Roger</b>	<b>2401</b>	CODETWO	M30	9	MP	GKS Start Długotęka	01:18:13	02:02:33	03:00:58	03:38:24	<b>03:39:14.55</b>	<b>03:39:17.50</b>	+00:27:02 (12.3%)	4:58	12.1 (87.7%)
13	<b>ŻUCHOWSKI Daniel</b>	<b>2599</b>	HOKA RUNNERS POLAND	M30	10			01:18:35	02:03:07	03:03:44	03:41:29	<b>03:42:14.30</b>	<b>03:42:15.90</b>	+00:30:00 (13.5%)	5:02	11.9 (86.2%)
14	<b>DOMBROWSKI Maciej</b>	<b>2129</b>	ON RUNNING	M30	11	MP	KKB MOSiR Krosno	01:21:00	02:06:52	03:05:30	03:41:42	<b>03:42:25.55</b>	<b>03:42:27.90</b>	+00:30:12 (13.6%)	5:02	11.9 (86.2%)
15	<b>ŚWIERC Marcin</b>	<b>2124</b>	BUFF TEAM POLAND	M30	12	MP	AZS KU Politechniki Opolskiej Opole	01:22:14	02:06:24	03:05:45	03:42:05	<b>03:42:52.05</b>	<b>03:42:53.45</b>	+00:30:38 (13.7%)	5:03	11.9 (86.2%)
16	<b>WOŁĄKIEWICZ Piotr</b>	<b>2839</b>	STAŃCZAK TEAM	M20	3	MP	KS Sprint Bielsko-Biała	01:19:11	02:03:26	03:03:18	03:43:44	<b>03:44:40.00</b>	<b>03:44:40.80</b>	+00:32:25 (14.4%)	5:05	11.8 (85.5%)
17	<b>GALAS Karol</b>	<b>2812</b>	GRUPETTO GORLICE	M30	13			01:20:54	02:06:22	03:06:58	03:46:35	<b>03:47:22.15</b>	<b>03:47:25.45</b>	+00:35:10 (15.5%)	5:09	11.6 (84.1%)
18	<b>MASIAREK Maciej</b>	<b>2141</b>	KB SOBÓTKA	M30	14	MP	KB Sobótka	01:20:30	02:06:03	03:10:02	03:47:16	<b>03:48:01.35</b>	<b>03:48:04.60</b>	+00:35:49 (15.7%)	5:10	11.6 (84.1%)
19	<b>WĄCHAŁA Łukasz</b>	<b>2104</b>	STJ KW KRAKÓW	M30	15			01:18:52	02:03:17	03:05:22	03:49:00	<b>03:49:55.30</b>	<b>03:49:57.50</b>	+00:37:42 (16.4%)	5:12	11.5 (83.3%)
20	<b>PAWŁOWSKI Arkadiusz</b>	<b>2159</b>		M40	2			01:21:45	02:08:48	03:10:34	03:49:33	<b>03:50:24.50</b>	<b>03:50:27.30</b>	+00:38:12 (16.6%)	5:13	11.5 (83.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa		Schronisko	Bacówka	Schronisko	Czas netto		Czas	Tempo	Tempo		
						Polski	Drużyna	na Przehybie 14.7km	na Obidzy 24.4km	pod Durbaszką 35.5km	43.7km	44.1km	44.1km			Różn	min/km
21	<b>MŁYNARCZYK Martyna</b>	<b>2163</b>	HOKA GARMIN TEAM	K30	1	MP		SBG Salco Niepołomice	01:22:20	02:09:42	03:10:54	03:49:52	<b>03:50:41.25</b>	<b>03:50:42.85</b>	+00:38:27 (16.7%)	5:13	11.5 (83.3%)
22	<b>KOMRAUS Krzysztof</b>	<b>2515</b>	PRESSGLASS - BIEGAMY I WSPIERAMY	M30	16				01:23:09	02:10:31	03:13:10	03:52:20	<b>03:53:09.60</b>	<b>03:53:18.85</b>	+00:41:03 (17.6%)	5:17	11.3 (81.9%)
23	<b>WILK Katarzyna</b>	<b>2970</b>		K30	2	MP		KS AZS AWF Kraków	01:26:00	02:13:41	03:16:16	03:54:18	<b>03:55:06.75</b>	<b>03:55:08.35</b>	+00:42:53 (18.2%)	5:19	11.3 (81.9%)
24	<b>RUPIŃSKI Krzysztof</b>	<b>2078</b>		M30	17				01:23:58	02:11:13	03:13:12	03:54:39	<b>03:55:27.20</b>	<b>03:55:30.95</b>	+00:43:15 (18.4%)	5:20	11.2 (81.2%)
25	<b>WERNER Kamil</b>	<b>2005</b>	DZIKI BIEG	M40	3	MP		Black Hat Pro Warszawa	01:22:45	02:10:41	03:16:06	03:56:35	<b>03:57:18.10</b>	<b>03:57:26.00</b>	+00:45:10 (19.0%)	5:22	11.2 (81.2%)
26	<b>BADOWSKI Aleksander</b>	<b>2784</b>	AW - SZYBCIEJ - TEAM	M40	4				01:24:57	02:14:03	03:16:51	03:57:29	<b>03:58:24.20</b>	<b>03:58:26.05</b>	+00:46:10 (19.4%)	5:24	11.1 (80.4%)
27	<b>SIERADZKI Krzysztof</b>	<b>2236</b>	PRZEDWOJEWSKI TEAM	M30	18				01:24:54	02:12:52	03:16:22	03:57:46	<b>03:58:34.65</b>	<b>03:58:39.55</b>	+00:46:24 (19.4%)	5:24	11.1 (80.4%)
28	<b>SOLIŃSKA Katarzyna</b>	<b>2046</b>	ON RUNNING POLSKA	K30	3	MP		KKB MOSiR Krosno	01:22:23	02:10:49	03:16:06	03:57:51	<b>03:58:41.70</b>	<b>03:58:44.25</b>	+00:46:29 (19.5%)	5:24	11.1 (80.4%)
29	<b>MAZAN Piotr</b>	<b>2452</b>	FINISZ RYMANÓW	M40	5				01:25:24	02:14:43	03:19:29	03:59:45	<b>04:00:33.90</b>	<b>04:00:38.15</b>	+00:48:22 (20.1%)	5:27	11 (79.7%)
30	<b>BOROWSKI Kamil</b>	<b>2426</b>	CHEŁMBIEGA	M30	19				01:22:29	02:09:41	03:16:52	03:59:59	<b>04:00:47.50</b>	<b>04:00:52.30</b>	+00:48:37 (20.2%)	5:27	11 (79.7%)
31	<b>STAWIŃSKI Michał</b>	<b>2265</b>	AW SZYBCIEJ TEAM	M30	20				01:22:54	02:10:35	03:17:12	04:00:37	<b>04:01:32.05</b>	<b>04:01:36.50</b>	+00:49:21 (20.4%)	5:28	11 (79.7%)
32	<b>PAPROCKA Urszula</b>	<b>2043</b>	NOWA HUTA TEAM	K20	1	MP		LKB Rudnik	01:27:05	02:16:11	03:23:00	04:03:23	<b>04:04:09.50</b>	<b>04:04:12.35</b>	+00:51:57 (21.3%)	5:32	10.8 (78.3%)
33	<b>BRYSZ Michał</b>	<b>2560</b>		M30	21				01:24:55	02:14:34	03:21:01	04:03:26	<b>04:04:17.20</b>	<b>04:04:23.20</b>	+00:52:07 (21.3%)	5:32	10.8 (78.3%)
34	<b>LEŚNIAK Dawid</b>	<b>2060</b>	LHO	M30	22	MP		UltraBies Biegi Górskie Dołżyca	01:24:47	02:12:21	03:20:26	04:03:50	<b>04:04:41.00</b>	<b>04:04:45.25</b>	+00:52:30 (21.5%)	5:32	10.8 (78.3%)
35	<b>SMOLIŃSKI Marcin</b>	<b>2803</b>	STAJNIAKTEAM	M30	23				01:26:05	02:14:36	03:21:37	04:04:35	<b>04:05:26.00</b>	<b>04:05:29.25</b>	+00:53:14 (21.7%)	5:33	10.8 (78.3%)
36	<b>BULENDA Bartosz</b>	<b>2218</b>	PIŹDZICA	M20	4				01:27:35	02:17:45	03:24:47	04:05:13	<b>04:05:56.60</b>	<b>04:06:01.15</b>	+00:53:45 (21.9%)	5:34	10.8 (78.3%)
37	<b>GOŁĄB Marek</b>	<b>2530</b>	BANDA GRUDNIA	M30	24	MP		MKS Unia Hrubieszów	01:30:03	02:20:30	03:27:36	04:09:12	<b>04:09:58.20</b>	<b>04:10:03.30</b>	+00:57:48 (23.1%)	5:40	10.6 (76.8%)
38	<b>PIĘKNIK Patryk</b>	<b>2693</b>	TRAIL IS OUR WAY	M30	25				01:32:02	02:23:07	03:30:17	04:10:37	<b>04:11:23.65</b>	<b>04:11:23.65</b>	+00:59:08 (23.5%)	5:42	10.5 (76.1%)
39	<b>LEWANDOWSKI Miłosz</b>	<b>2499</b>	EPM	M30	26				01:25:15	02:14:35	03:25:44	04:11:16	<b>04:12:11.00</b>	<b>04:12:13.70</b>	+00:59:58 (23.8%)	5:43	10.5 (76.1%)
40	<b>STELMACH Dominika</b>	<b>2156</b>	STELMACH TEAM	K40	1	MP		RK Athletics Warszawa	01:29:58	02:22:08	03:29:27	04:11:30	<b>04:12:22.75</b>	<b>04:12:25.70</b>	+01:00:10 (23.8%)	5:43	10.5 (76.1%)
41	<b>FICOŃ Szymon</b>	<b>2437</b>	SOPOTRAIL	M20	5				01:27:16	02:16:57	03:24:49	04:11:38	<b>04:12:36.70</b>	<b>04:12:43.95</b>	+01:00:28 (23.9%)	5:43	10.5 (76.1%)
42	<b>PAWLIKOWSKI Michał</b>	<b>2153</b>		M30	27				01:27:16	02:17:35	03:29:08	04:13:01	<b>04:13:47.75</b>	<b>04:13:53.35</b>	+01:01:38 (24.3%)	5:45	10.4 (75.4%)
43	<b>KANSY Sebastian</b>	<b>2756</b>		M30	28				01:26:30	02:17:55	03:27:54	04:13:12	<b>04:14:12.45</b>	<b>04:14:25.95</b>	+01:02:10 (24.4%)	5:45	10.4 (75.4%)
44	<b>TAJCHMAN Jarosław</b>	<b>2815</b>	AKADEMIA BIEGACZA MATYLDY KOWAL	M40	6				01:30:00	02:21:25	03:32:18	04:14:19	<b>04:15:01.20</b>	<b>04:15:09.35</b>	+01:02:54 (24.7%)	5:46	10.4 (75.4%)
45	<b>RUSEK Marcin</b>	<b>2335</b>	KS LIMANOWA FORREST	M40	7	MP		KS Limanowa Forrest	01:31:46	02:24:41	03:32:34	04:14:32	<b>04:15:23.90</b>	<b>04:15:29.60</b>	+01:03:14 (24.8%)	5:47	10.4 (75.4%)
46	<b>BIEŃ Przemysław</b>	<b>2889</b>	KS RYGLICE-SEKCJA BIEGOWA	M30	29				01:28:36	02:19:28	03:31:19	04:15:24	<b>04:16:24.25</b>	<b>04:16:30.40</b>	+01:04:15 (25.0%)	5:48	10.3 (74.6%)
47	<b>VOROBJOV Raimond</b>	<b>2932</b>	WILD SOULS	M30	30				01:26:14	02:17:54	03:28:31	04:16:22	<b>04:17:05.70</b>	<b>04:17:08.55</b>	+01:04:53 (25.2%)	5:49	10.3 (74.6%)
48	<b>SENDOR Piotr</b>	<b>2409</b>		M40	8				01:31:20	02:22:59	03:32:40	04:16:55	<b>04:17:55.85</b>	<b>04:18:00.45</b>	+01:05:45 (25.5%)	5:50	10.3 (74.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa		Schronisko	Bacówka	Schronisko	Czas		Tempo	Tempo					
						Polski	Drużyna	na Przehybie 14.7km	na Obidzy 24.4km	pod Durbaszką 35.5km	43.7km	44.1km			44.1km	Różn	min/km	km/h	
49	<b>BRAZAUSKAS Aurimas</b>	<b>2913</b>	WILD SOULS	M40	9						01:28:58	02:21:28	03:32:26	04:17:47	<b>04:18:42.20</b>	<b>04:18:58.80</b>	+01:06:43 (25.8%)	5:51	10.2 (73.9%)
50	<b>BYRSKA Sylwia</b>	<b>2853</b>	WMTRISELF	K20	2	MP		Kraków Athletics Team			01:32:28	02:24:45	03:33:08	04:17:58	<b>04:18:57.00</b>	<b>04:19:00.75</b>	+01:06:45 (25.8%)	5:52	10.2 (73.9%)
51	<b>WYLEŻAŁEK Alina</b>	<b>2468</b>	INŻYNIERIA BIEGANIA	K30	4	MP		GKS Piast Gliwice			01:32:12	02:24:06	03:34:08	04:18:06	<b>04:18:57.55</b>	<b>04:19:01.25</b>	+01:06:46 (25.8%)	5:52	10.2 (73.9%)
52	<b>KNAP Mateusz</b>	<b>2173</b>	DYNAFIT / AW SZYBCIEJ	M20	6						01:24:45	02:13:38	03:27:26	04:17:58	<b>04:19:07.30</b>	<b>04:19:10.10</b>	+01:06:54 (25.8%)	5:52	10.2 (73.9%)
53	<b>LANGNER Radosław</b>	<b>2255</b>	RMT PRO TEAM	M30	31						01:31:41	02:22:48	03:32:18	04:18:18	<b>04:19:17.75</b>	<b>04:19:23.45</b>	+01:07:08 (25.9%)	5:52	10.2 (73.9%)
54	<b>BANIAK Marcin</b>	<b>2624</b>	G.O.A.T. TEAM MICHAŁOWICE	M40	10						01:30:08	02:22:42	03:33:41	04:19:08	<b>04:20:02.90</b>	<b>04:20:09.35</b>	+01:07:54 (26.1%)	5:53	10.2 (73.9%)
55	<b>WIDUCH Jarek</b>	<b>2242</b>	ŚOB	M30	32						01:35:36	02:27:05	03:37:14	04:19:20	<b>04:20:14.05</b>	<b>04:20:20.25</b>	+01:08:05 (26.2%)	5:54	10.2 (73.9%)
56	<b>KWIATKOWSKA Kinga</b>	<b>2680</b>	HOKA GARMIN TEAM	K30	5	MP		SBG Salco Niepołomice			01:36:31	02:27:59	03:36:33	04:19:23	<b>04:20:18.65</b>	<b>04:20:22.70</b>	+01:08:07 (26.2%)	5:54	10.2 (73.9%)
57	<b>ZAKRZYŃSKI Paweł</b>	<b>2274</b>		M40	11						01:33:58	02:25:33	03:37:02	04:20:59	<b>04:21:47.80</b>	<b>04:21:52.95</b>	+01:09:37 (26.6%)	5:56	10.1 (73.2%)
58	<b>ZYGMUNT Tomasz</b>	<b>2484</b>	BORGWARNER RUNNING TEAM	M20	7						01:24:58	02:12:08	03:27:38	04:21:17	<b>04:22:22.90</b>	<b>04:23:00.25</b>	+01:10:45 (26.9%)	5:56	10.1 (73.2%)
59	<b>BUNSCH Łukasz</b>	<b>2126</b>		M30	33						01:28:42	02:22:09	03:34:56	04:21:57	<b>04:22:57.30</b>	<b>04:23:02.40</b>	+01:10:47 (26.9%)	5:57	10.1 (73.2%)
60	<b>GRUCHAŁA Natalia</b>	<b>2219</b>	HARPAGAN	K20	3	MP		KKS Sfora Bojano			01:35:01	02:27:53	03:37:59	04:21:56	<b>04:22:50.10</b>	<b>04:23:03.00</b>	+01:10:47 (26.9%)	5:57	10.1 (73.2%)
61	<b>RACZAK Maciej</b>	<b>2107</b>	42K PRO TEAM	M30	34	MP		42k Pro Team Tychy			01:32:06	02:22:42	03:34:05	04:22:07	<b>04:23:04.70</b>	<b>04:23:18.40</b>	+01:11:03 (27.0%)	5:57	10.1 (73.2%)
62	<b>NIEDŹWIADEK Kamil</b>	<b>2239</b>	GIŻA TEAM	M30	35	MP		KS AZS AWF Warszawa			01:28:01	02:21:44	03:34:21	04:22:51	<b>04:23:45.90</b>	<b>04:23:51.45</b>	+01:11:36 (27.1%)	5:58	10 (72.5%)
63	<b>GAWIN Marek</b>	<b>2895</b>	INFINITY - GYM	M30	36						01:28:13	02:21:28	03:34:12	04:22:49	<b>04:23:55.10</b>	<b>04:23:57.55</b>	+01:11:42 (27.2%)	5:59	10 (72.5%)
64	<b>WŁODARCZYK Bartłomiej</b>	<b>2419</b>	INŻYNIERA BIEGANIA / DZIABA_RUNNER	M20	8	MP		TL ROW Rybnik			01:34:14	02:28:04	03:40:38	04:23:18	<b>04:24:10.95</b>	<b>04:24:14.65</b>	+01:11:59 (27.2%)	5:59	10 (72.5%)
65	<b>SZKOŁA Paweł</b>	<b>2073</b>	TLENOWA RADOŚĆ TEAM	M30	37						01:30:27	02:22:19	03:33:50	04:23:44	<b>04:24:33.65</b>	<b>04:24:39.50</b>	+01:12:24 (27.4%)	5:59	10 (72.5%)
66	<b>FABIAN Bogusław</b>	<b>2187</b>	EVANLITE.COM	M50	1						01:31:06	02:23:44	03:37:41	04:23:51	<b>04:24:37.50</b>	<b>04:24:39.85</b>	+01:12:24 (27.4%)	6:00	10 (72.5%)
67	<b>NARWOJSZ Arek</b>	<b>2074</b>	INŻYNIERIA BIEGANIA	M40	12						01:35:30	02:28:42	03:40:40	04:23:49	<b>04:24:42.70</b>	<b>04:24:52.90</b>	+01:12:37 (27.4%)	6:00	10 (72.5%)
68	<b>WOJEWODA Marcin</b>	<b>4091</b>	KOŁO BIEGA	M40	13						01:30:05	02:23:30	03:36:42	04:24:01	<b>04:24:52.55</b>	<b>04:24:54.60</b>	+01:12:39 (27.4%)	6:00	10 (72.5%)
69	<b>NARKOWICZ Aleksandra</b>	<b>2121</b>		K40	2						01:35:49	02:29:58	03:42:04	04:24:24	<b>04:25:11.65</b>	<b>04:25:17.80</b>	+01:13:02 (27.5%)	6:00	10 (72.5%)
70	<b>TOMASIAK Adam</b>	<b>2414</b>	KB HARCOWNIK	M20	9						01:30:25	02:23:41	03:36:29	04:24:33	<b>04:25:23.30</b>	<b>04:25:37.55</b>	+01:13:22 (27.6%)	6:01	10 (72.5%)
71	<b>FRAĆKIEWICZ Mateusz</b>	<b>2691</b>		M30	38						01:29:26	02:21:38	03:37:09	04:25:02	<b>04:25:59.20</b>	<b>04:26:09.95</b>	+01:13:54 (27.8%)	6:01	9.9 (71.7%)
72	<b>BAZAN Kinga</b>	<b>2085</b>	TYCZYŃSKI TRIATHLON	K30	6	MP		Wieliszew Heron Team			01:36:27	02:30:39	03:40:44	04:24:12	<b>04:26:10.65</b>	<b>04:26:23.70</b>	+01:14:08 (27.8%)	6:02	9.9 (71.7%)
73	<b>CZARTOSZEWSKI Szymon</b>	<b>2396</b>	CZARTOTEAM	M20	10							02:20:08	03:36:24	04:25:26	<b>04:26:27.10</b>	<b>04:26:32.90</b>	+01:14:17 (27.9%)	6:02	9.9 (71.7%)
74	<b>HORTOBAGYIOVA Eszter</b>	<b>2990</b>	ETOS	K30	7						01:38:44	02:33:06	03:44:29	04:26:23	<b>04:27:14.75</b>	<b>04:27:27.35</b>	+01:15:12 (28.1%)	6:03	9.9 (71.7%)
75	<b>BEDNARCZYK Magdalena</b>	<b>2155</b>	WKS OLEŚNICA OLEŚNICZANKA / KRUCZKOWSKITEAM	K30	8	MP		WKS Oleśniczanka Oleśnica			01:31:52	02:25:32	03:40:24	04:28:09	<b>04:28:59.95</b>	<b>04:29:03.95</b>	+01:16:48 (28.5%)	6:05	9.8 (71.0%)
76	<b>SZCZUREK Dominik</b>	<b>2989</b>	KS DALIN MYŚLENICE	M40	14						01:34:26	02:30:10	03:42:52	04:29:45	<b>04:30:36.90</b>	<b>04:30:48.50</b>	+01:18:33 (29.0%)	6:08	9.8 (71.0%)
77	<b>RUDNICKI Dariusz</b>	<b>2938</b>	PROJEKT1000UP / PKO BIEGAJMY RAZEM	M30	39						01:39:06	02:32:00	03:45:10	04:29:04	<b>04:30:01.30</b>	<b>04:30:58.60</b>	+01:18:43 (29.1%)	6:07	9.8 (71.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski		Schronisko na Przehybie	Bacówka na Obidzy	Schronisko pod Durbaszką	Czas netto		Czas brutto	Tempo min/km	Tempo km/h	
						Drużyna	14.7km	24.4km	35.5km	43.7km	44.1km	44.1km	Różn			
78	<b>STANKIEWICZ Tomasz</b>	<b>2598</b>	PLANYBIEGOWE.PL	M30	40					03:44:15	04:30:48	<b>04:31:45.90</b>	<b>04:31:45.90</b>	+01:19:30 (29.3%)	6:09	9.7 (70.3%)
79	<b>GOLA Daniel</b>	<b>2026</b>	TRAIL IS OUR WAY	M30	41			01:32:53	02:28:40	03:44:07	04:31:06	<b>04:31:59.30</b>	<b>04:32:07.60</b>	+01:19:52 (29.4%)	6:10	9.7 (70.3%)
80	<b>GUT Jacek</b>	<b>2555</b>	KLUB MORSA SŁONECZKO/ AKADEMIA BIEGACZA MATYLDY KOWAL	M30	42			01:31:36	02:24:41	03:40:00	04:31:10	<b>04:32:09.60</b>	<b>04:32:18.05</b>	+01:20:02 (29.4%)	6:10	9.7 (70.3%)
81	<b>LIPNICKA Marta</b>	<b>2106</b>	ULTRAKOTLINA TEAM	K30	9			01:38:13	02:33:22	03:46:32	04:32:03	<b>04:33:02.70</b>	<b>04:33:09.65</b>	+01:20:54 (29.6%)	6:11	9.7 (70.3%)
82	<b>KLUSEK Mateusz</b>	<b>2543</b>	SKLEP BIEGACZA KRAKÓW	M30	43			01:31:16	02:24:37	03:42:32	04:32:07	<b>04:33:10.90</b>	<b>04:33:26.15</b>	+01:21:10 (29.7%)	6:11	9.7 (70.3%)
83	<b>POLAŃSKI Tomasz</b>	<b>2762</b>		M40	15			01:32:19	02:31:42	03:46:04	04:33:38	<b>04:34:41.80</b>	<b>04:34:43.85</b>	+01:22:28 (30.0%)	6:13	9.6 (69.6%)
84	<b>DEMBSKI Paweł</b>	<b>2185</b>	RATE MY TRAIL TEAM PRO	M40	16			01:35:15	02:30:25	03:47:15	04:34:29	<b>04:35:12.25</b>	<b>04:35:17.15</b>	+01:23:01 (30.2%)	6:14	9.6 (69.6%)
85	<b>PTAK Mateusz</b>	<b>2504</b>	TRAIL IS OUR WAY	M40	17			01:35:30	02:29:47	03:46:14	04:34:28	<b>04:35:18.75</b>	<b>04:35:23.45</b>	+01:23:08 (30.2%)	6:14	9.6 (69.6%)
86	<b>CZUWAJ Andrzej</b>	<b>2725</b>	ZADYSZKA OŚWIĘCIM	M40	18			01:36:02	02:30:13	03:46:51	04:34:58	<b>04:36:00.20</b>	<b>04:36:11.85</b>	+01:23:56 (30.4%)	6:15	9.6 (69.6%)
87	<b>NEDRYA Artem</b>	<b>2210</b>		M30	44			01:40:39	02:36:17	03:50:34	04:35:21	<b>04:36:14.95</b>	<b>04:36:23.10</b>	+01:24:07 (30.4%)	6:15	9.6 (69.6%)
88	<b>MATYJASZCZYK Kamil</b>	<b>2416</b>	ŁĘCZNA BIEGA	M30	45			01:31:50	02:26:06	03:44:27	04:36:11	<b>04:37:24.65</b>	<b>04:37:43.50</b>	+01:25:28 (30.8%)	6:17	9.5 (68.8%)
89	<b>BIAŁOBLOCKA Alicja</b>	<b>2198</b>		K40	3			01:38:51	02:34:38	03:50:19	04:36:48	<b>04:37:44.30</b>	<b>04:37:51.10</b>	+01:25:35 (30.8%)	6:17	9.5 (68.8%)
90	<b>ZIĘBORAK Szymon</b>	<b>2001</b>		M40	19			01:34:15	02:29:43	03:46:04	04:37:01	<b>04:37:51.90</b>	<b>04:37:51.90</b>	+01:25:36 (30.8%)	6:18	9.5 (68.8%)
91	<b>STAŃCZAK Szymon</b>	<b>2832</b>	STAŃCZAK TEAM	M40	20			01:37:38	02:33:23	03:47:27	04:37:15	<b>04:38:17.50</b>	<b>04:38:26.35</b>	+01:26:11 (31.0%)	6:18	9.5 (68.8%)
92	<b>NISZCZOT Dariusz</b>	<b>2122</b>		M30	46			01:38:38	02:34:32	03:50:00	04:37:16	<b>04:38:11.15</b>	<b>04:38:32.95</b>	+01:26:17 (31.0%)	6:18	9.5 (68.8%)
93	<b>BRZOZA Adam</b>	<b>2918</b>	KW ZAKOPANE	M50	2			01:38:01	02:33:32	03:50:18	04:37:32	<b>04:38:31.70</b>	<b>04:38:38.20</b>	+01:26:22 (31.0%)	6:18	9.5 (68.8%)
94	<b>PAROL Rafal</b>	<b>2045</b>	ADIDAS RUNNERS	M40	21			01:31:25	02:25:25	03:44:00	04:37:45	<b>04:38:52.65</b>	<b>04:38:56.05</b>	+01:26:40 (31.1%)	6:19	9.5 (68.8%)
95	<b>GRZYWACZEWSKA Justyna</b>	<b>2146</b>	CITY TRAIL TEAM	K30	10	MP	AZS UMCS Lublin	01:35:05	02:30:34	03:48:43	04:37:57	<b>04:38:58.70</b>	<b>04:39:01.95</b>	+01:26:46 (31.1%)	6:19	9.5 (68.8%)
96	<b>RUDO Jakub</b>	<b>2229</b>	ŁOCHOWSKA GRUPA BIEGOWA/ PGB SPORTOWA PACZKA	M30	47			01:32:59	02:27:16	03:47:09	04:38:22	<b>04:39:17.05</b>	<b>04:39:44.65</b>	+01:27:29 (31.3%)	6:19	9.5 (68.8%)
97	<b>ZARĘBA Dariusz</b>	<b>2063</b>	GORĄCY POTOK TEAM	M30	48			01:32:30	02:27:09	03:46:28	04:38:52	<b>04:39:58.80</b>	<b>04:40:02.80</b>	+01:27:47 (31.3%)	6:20	9.5 (68.8%)
98	<b>WRÓBEL Kamil</b>	<b>2690</b>		M30	49			01:35:36	02:32:39	03:50:56	04:39:26	<b>04:40:29.00</b>	<b>04:40:33.70</b>	+01:28:18 (31.5%)	6:21	9.4 (68.1%)
99	<b>ŁUSZCZAK Kamil</b>	<b>2956</b>	STAY INSANE	M40	22			01:43:14	02:42:08	03:54:35	04:40:00	<b>04:40:52.25</b>	<b>04:41:15.70</b>	+01:29:00 (31.6%)	6:22	9.4 (68.1%)
100	<b>KRZYSZTOŃ Marcin</b>	<b>2174</b>	GMP LASY - KRAŚNIK	M40	23			01:38:33	02:34:37	03:52:54	04:40:13	<b>04:41:06.45</b>	<b>04:41:19.65</b>	+01:29:04 (31.7%)	6:22	9.4 (68.1%)
101	<b>STACHOWIAK Łukasz</b>	<b>2649</b>	KAMIL LEŚNIAK TEAM	M30	50			01:34:49	02:29:53	03:52:55	04:40:36	<b>04:41:42.25</b>	<b>04:41:44.90</b>	+01:29:29 (31.8%)	6:23	9.4 (68.1%)
102	<b>KAPŁON Piotr</b>	<b>2719</b>	INFINITI GYM ŁUKASZ SZAPORÓW	M40	24			01:37:20	02:34:06	03:53:06	04:41:11	<b>04:42:03.55</b>	<b>04:42:24.65</b>	+01:30:09 (31.9%)	6:23	9.4 (68.1%)
103	<b>BRASSE Krystian</b>	<b>2214</b>		M30	51			01:41:02	02:37:28	03:54:12	04:41:06	<b>04:41:59.45</b>	<b>04:42:26.45</b>	+01:30:11 (31.9%)	6:23	9.4 (68.1%)
104	<b>BOSAKIEWICZ Tomasz</b>	<b>2114</b>		M40	25			01:36:08	02:34:12	03:51:26	04:42:17	<b>04:43:23.65</b>	<b>04:43:29.45</b>	+01:31:14 (32.2%)	6:25	9.3 (67.4%)
105	<b>ŻYŁKA Kamil</b>	<b>2523</b>		M30	52	MP	42k Pro Team Tychy	01:36:31	02:31:51	03:52:03	04:43:47	<b>04:44:47.35</b>	<b>04:44:55.80</b>	+01:32:40 (32.5%)	6:27	9.3 (67.4%)
106	<b>WASIEWICZ Adam</b>	<b>2243</b>	NIE MÓJ CYRK, MOJE MAŁPY	M40	26			01:33:47	02:30:26	03:50:19	04:44:35	<b>04:45:35.05</b>	<b>04:45:49.75</b>	+01:33:34 (32.7%)	6:28	9.3 (67.4%)
107	<b>ZAJĄC Stefan</b>	<b>2877</b>		M30	53			01:34:28	02:31:59	03:52:14	04:45:09	<b>04:46:08.25</b>	<b>04:46:21.50</b>	+01:34:06 (32.9%)	6:29	9.2 (66.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Drużyna	Schronisko	Bacówka	Schronisko	Czas		Tempo min/km	Tempo km/h		
								na Przehybie 14.7km	na Obidzy 24.4km	pod Durbaszką 35.5km	43.7km	44.1km			44.1km	Różn
108	STASZELIS Krzysztof	2930	POCO LOCO ADVENTURE	M30	54			01:39:30	02:37:40	03:58:05	04:45:23	<b>04:46:16.20</b>	<b>04:46:24.85</b>	+01:34:09 (32.9%)	6:29	9.2 (66.7%)
109	LIŚKIEWICZ Hubert	2584	MY ENDURANCE COACHING	M20	11				02:37:20	03:56:27	04:45:18	<b>04:46:09.40</b>	<b>04:46:28.90</b>	+01:34:13 (32.9%)	6:29	9.2 (66.7%)
110	OBRAŁ Szymon	2188	BRONKO DZIK	M40	27			01:35:54	02:34:11	03:56:18	04:45:14	<b>04:46:14.35</b>	<b>04:46:39.10</b>	+01:34:23 (32.9%)	6:29	9.2 (66.7%)
111	PIASECKI Łukasz	2792	ZBŁAZ TEAM	M40	28			01:38:03	02:35:31	03:57:57	04:45:45	<b>04:46:35.85</b>	<b>04:46:46.45</b>	+01:34:31 (33.0%)	6:29	9.2 (66.7%)
112	KRUPA Przemysław	2200	STAŃCZAK TEAM	M40	29			01:36:14	02:32:19	03:52:38	04:45:52	<b>04:46:49.20</b>	<b>04:47:03.20</b>	+01:34:47 (33.0%)	6:30	9.2 (66.7%)
113	ROMPCZ Andrzej	2876	LEŚNA RUNDA	M50	3			01:36:40	02:34:17	03:56:23	04:46:00	<b>04:47:01.65</b>	<b>04:47:11.95</b>	+01:34:56 (33.1%)	6:30	9.2 (66.7%)
114	PIWOWARSKI Sławomir	2898	SAMOLOTOWY TEAM	M30	55			01:38:34	02:34:35	03:52:01	04:46:04	<b>04:46:55.65</b>	<b>04:47:15.20</b>	+01:34:59 (33.1%)	6:30	9.2 (66.7%)
115	PRZYBYŁA Amadeusz	2336	4DRINKI	M30	56			01:38:09	02:35:49	03:56:22	04:46:05	<b>04:47:05.55</b>	<b>04:47:15.90</b>	+01:35:00 (33.1%)	6:30	9.2 (66.7%)
116	ZIELIŃSKI Mateusz	2901		M30	57			01:40:55	02:39:10	03:57:39	04:47:13	<b>04:48:12.85</b>	<b>04:48:39.80</b>	+01:36:24 (33.4%)	6:32	9.2 (66.7%)
117	GARGALOVIČ Ján	2138	ČERGOVRUN	M40	30			01:40:14	02:38:50	03:57:59	04:47:40	<b>04:48:30.30</b>	<b>04:49:10.65</b>	+01:36:55 (33.5%)	6:32	9.2 (66.7%)
118	MAJCHRZAK Maciej	2322	AW - SZYBCIEJ - TEAM	M30	58			01:38:25	02:36:58	03:58:36	04:47:47	<b>04:48:43.00</b>	<b>04:49:17.25</b>	+01:37:02 (33.5%)	6:32	9.2 (66.7%)
119	DAUKSZO Maciej	2595		M20	12			01:36:17	02:36:04	03:59:04	04:48:42	<b>04:49:26.75</b>	<b>04:49:31.10</b>	+01:37:15 (33.6%)	6:33	9.1 (65.9%)
120	ŚWIERAD Dariusz	2205	ASICS FRONTRUNNER	M30	59			01:36:42	02:33:02	03:51:21	04:48:37	<b>04:49:28.20</b>	<b>04:49:34.40</b>	+01:37:19 (33.6%)	6:33	9.1 (65.9%)
121	SELKE Radosław	2055	MORT!	M30	60	MP	UKS MTE Milanówek	01:33:38	02:29:59	03:57:33	04:49:42	<b>04:50:43.55</b>	<b>04:50:47.90</b>	+01:38:32 (33.9%)	6:35	9.1 (65.9%)
122	MIKLAS Jarek	2273	AW - SZYBCIEJ	M30	61		Off Road Runners Benefit Systems/ AW - SZYBCIEJ	01:41:52	02:38:10	03:59:06	04:49:17	<b>04:50:16.50</b>	<b>04:50:54.35</b>	+01:38:39 (33.9%)	6:34	9.1 (65.9%)
123	TOMIK Małgorzata	2161	NNORMAL	K30	11			01:40:06	02:38:47	04:00:34	04:49:50	<b>04:50:58.55</b>	<b>04:51:06.10</b>	+01:38:50 (34.0%)	6:35	9.1 (65.9%)
124	D'AURIA Umberto	2181		M30	62							<b>04:51:45.00</b>	<b>04:51:45.00</b>	+01:39:29 (34.1%)	6:36	9.1 (65.9%)
125	ROGOZIŃSKI Łukasz	2388	ROADTODREAM	M30	63			01:38:04	02:37:04	04:03:02	04:52:59	<b>04:53:53.60</b>	<b>04:53:57.60</b>	+01:41:42 (34.6%)	6:39	9 (65.2%)
126	KURAS Przemysław	2633	NUNEK SPITFIRE	M40	31			01:44:48	02:45:29	04:06:26	04:52:55	<b>04:53:50.70</b>	<b>04:54:03.35</b>	+01:41:48 (34.6%)	6:39	9 (65.2%)
127	JANIAK Norbert	2251		M30	64			01:37:07	02:36:40	03:59:17	04:53:02	<b>04:54:07.70</b>	<b>04:54:16.50</b>	+01:42:01 (34.7%)	6:40	9 (65.2%)
128	SAJEWSKI Przemek	2184	KALINOWSKI TEAM	M40	32			01:39:57	02:40:51	04:04:01	04:53:35	<b>04:54:37.30</b>	<b>04:54:42.30</b>	+01:42:27 (34.8%)	6:40	9 (65.2%)
129	DOMERADZKI Grzegorz	2520	BIEGAM ŻEBY ŻREĆ WIĘCEJ CIASTKÓW	M30	65			01:45:44	02:45:16	04:05:18	04:53:55	<b>04:54:50.05</b>	<b>04:55:00.10</b>	+01:42:44 (34.8%)	6:41	9 (65.2%)
130	GALA Grzegorz	2087	SCHENKER TECHNOLOGY CENTER RUNNERS	M40	33			01:40:46	02:41:21	04:04:15	04:53:55	<b>04:54:52.60</b>	<b>04:55:16.70</b>	+01:43:01 (34.9%)	6:41	9 (65.2%)
131	PACEK Piotr	2770	BUJTASIERATAJE	M20	13			01:41:49	02:39:51	04:04:54	04:53:12	<b>04:54:13.20</b>	<b>04:55:19.35</b>	+01:43:04 (34.9%)	6:40	9 (65.2%)
132	ZDUNEK Grzegorz	2003	PRZEDWOJEWSKI TEAM	M30	66			01:39:27	02:38:46	04:04:39	04:54:46	<b>04:55:45.70</b>	<b>04:55:50.15</b>	+01:43:34 (35.0%)	6:42	8.9 (64.5%)
133	STĘSIK Tomasz	2769	WOLSZTYŃSKA AKADEMIA BIEGOWA	M30	67			01:45:26	02:45:15	04:04:50	04:54:42	<b>04:55:38.65</b>	<b>04:56:00.30</b>	+01:43:45 (35.1%)	6:42	9 (65.2%)
134	KOSTECKI Igor	2018	WCHSZT	M40	34			01:39:36	02:38:44	04:00:06	04:54:31	<b>04:55:44.30</b>	<b>04:56:13.40</b>	+01:43:58 (35.1%)	6:42	8.9 (64.5%)
135	CALMET Boris	2402	BORIS TOUT SEUL	M30	68			01:41:29	02:42:43	04:06:04	04:55:14	<b>04:56:06.30</b>	<b>04:56:14.15</b>	+01:43:58 (35.1%)	6:42	8.9 (64.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa		Schronisko	Bacówka	Schronisko	Czas		Tempo	Tempo					
						Polski	Drużyna	na Przehybie 14.7km	na Obidzy 24.4km	pod Durbaszką 35.5km	43.7km	44.1km			44.1km	Różn	min/km	km/h	
136	PRZYBYŚLAWSKI Dariusz	2974		M30	69						01:42:37	02:43:18	04:05:22	04:54:57	<b>04:56:01.60</b>	<b>04:56:18.95</b>	+01:44:03 (35.1%)	6:42	8.9 (64.5%)
137	SIERŻĘGA Agnieszka	2270		K20	4						01:38:11	02:38:13	04:02:53	04:55:21	<b>04:56:14.25</b>	<b>04:56:22.70</b>	+01:44:07 (35.1%)	6:43	8.9 (64.5%)
138	CZEMERYS Piotr	2822	RUCH IZBICA	M40	35						01:41:08	02:40:52	04:03:10	04:54:54	<b>04:56:18.20</b>	<b>04:56:37.60</b>	+01:44:22 (35.2%)	6:43	8.9 (64.5%)
139	ŻAK Adam	2813	KB LUPUS OLEŚNICA	M40	36						01:37:07	02:36:31	04:02:05	04:55:19	<b>04:56:27.80</b>	<b>04:56:41.35</b>	+01:44:26 (35.2%)	6:43	8.9 (64.5%)
140	POGORZELSKI Krzysztof	2975	ŁYSOGÓRSKI	M40	37						01:40:28	02:40:00	04:02:32	04:56:03	<b>04:57:00.90</b>	<b>04:57:10.30</b>	+01:44:55 (35.3%)	6:44	8.9 (64.5%)
141	KRAJEWSKI Marcin	2237		M30	70						01:41:12	02:42:02	04:05:24	04:56:22	<b>04:57:17.40</b>	<b>04:57:24.85</b>	+01:45:09 (35.4%)	6:44	8.9 (64.5%)
142	FLĄDRO Daniel	2095		M40	38						01:37:19	02:36:21	04:04:06	04:56:27	<b>04:57:31.55</b>	<b>04:57:39.45</b>	+01:45:24 (35.4%)	6:44	8.9 (64.5%)
143	PIETRUCHA Artur	2168	SPORTOWA KRYNICA	M30	71						01:36:40	02:35:24	04:01:55	04:56:14	<b>04:57:32.40</b>	<b>04:57:43.70</b>	+01:45:28 (35.4%)	6:44	8.9 (64.5%)
144	SOLECKI Dominik	2821	SWIM TRI RZESZÓW	M30	72							02:45:49	04:05:24	04:56:09	<b>04:56:59.45</b>	<b>04:58:09.15</b>	+01:45:53 (35.5%)	6:44	8.9 (64.5%)
145	JANKOWSKI John	2130		M20	14						01:38:57	02:37:52	04:01:44	04:57:10	<b>04:58:12.10</b>	<b>04:58:28.85</b>	+01:46:13 (35.6%)	6:45	8.9 (64.5%)
146	PASTOK Piotr	2829	KU AZS UNIWERSYTETU MEDYCZNEGO W POZNANIU	M20	15						01:35:55	02:35:10	04:01:39	04:58:02	<b>04:58:56.15</b>	<b>04:59:03.20</b>	+01:46:47 (35.7%)	6:46	8.9 (64.5%)
147	LASSOTA-BUJAK Mariola	2744	42KPROTEAM	K40	4	MP	42k Pro Team Tychy				01:44:54	02:44:34	04:05:46	04:58:06	<b>04:59:00.50</b>	<b>04:59:12.10</b>	+01:46:56 (35.7%)	6:46	8.8 (63.8%)
148	SZYBILSKI Daniel	2225	DAREDEVILS TT / TYCZYŃSKI TT	M40	39						01:41:03	02:40:54	04:04:52	04:57:52	<b>04:58:54.75</b>	<b>04:59:14.55</b>	+01:46:59 (35.8%)	6:46	8.9 (64.5%)
149	WŁODARCZYK Michał	2290	EVERRUN	M40	40						01:42:03	02:44:48	04:08:30	04:58:56	<b>04:59:55.60</b>	<b>04:59:55.60</b>	+01:47:40 (35.9%)	6:48	8.8 (63.8%)
150	DĘBSKA Marta	2072	ZIELONEBIEGANIE.PL	K30	12						01:44:58	02:45:10	04:07:42	04:59:17	<b>05:00:15.10</b>	<b>05:00:25.90</b>	+01:48:10 (36.0%)	6:48	8.8 (63.8%)
151	RUSIN Krzysztof	2381		M30	73						01:36:20	02:35:33	04:02:54	04:59:45	<b>05:00:43.50</b>	<b>05:00:48.35</b>	+01:48:33 (36.1%)	6:49	8.8 (63.8%)
152	MINOROWSKI Maciej	2734	K.N.N.R.	M40	41						01:38:58	02:37:00	04:00:42	04:59:05	<b>04:59:59.50</b>	<b>05:00:58.75</b>	+01:48:43 (36.1%)	6:48	8.8 (63.8%)
153	KOWALCZYK Mateusz	2768	MINUTKA TRAIL / PGB	M30	74						01:38:13	02:38:50	04:10:03	04:59:47	<b>05:00:55.95</b>	<b>05:01:03.50</b>	+01:48:48 (36.1%)	6:49	8.8 (63.8%)
154	WĘGLEWICZ Maciej	2847	BIEGOLAS KOSZALIN	M30	75						01:47:48	02:48:20	04:09:59	05:00:08	<b>05:01:04.20</b>	<b>05:01:50.60</b>	+01:49:35 (36.3%)	6:49	8.8 (63.8%)
155	MANJURA Tomasz	2308	CSC ADVENTURE ACADEMY	M30	76						01:38:52	02:36:16	04:04:56	05:01:09	<b>05:02:15.95</b>	<b>05:02:21.35</b>	+01:50:06 (36.4%)	6:51	8.8 (63.8%)
156	DYŚ Paweł	2286		M40	42						01:39:08	02:39:27	04:04:13	05:01:19	<b>05:02:33.95</b>	<b>05:02:45.50</b>	+01:50:30 (36.5%)	6:51	8.7 (63.0%)
157	SKRZYPCZYK Michał	2843		M30	77						01:41:46	02:44:21	04:10:34	05:01:43	<b>05:02:41.85</b>	<b>05:02:47.70</b>	+01:50:32 (36.5%)	6:51	8.7 (63.0%)
158	KOSIERADZKI Łukasz	2387		M30	78						01:44:52	02:47:06	04:10:20	05:01:38	<b>05:02:40.75</b>	<b>05:02:53.05</b>	+01:50:37 (36.5%)	6:51	8.7 (63.0%)
159	DYRCZ Dawid	2249	TRAIL IS OUR WAY	M30	79						01:46:35	02:46:47	04:10:55	05:03:12	<b>05:04:08.65</b>	<b>05:04:18.45</b>	+01:52:03 (36.8%)	6:53	8.7 (63.0%)
160	WÓJCIK Robert	2455	42K PRO TEAM	M30	80						01:43:17	02:45:03	04:08:33	05:03:29	<b>05:04:33.85</b>	<b>05:05:02.55</b>	+01:52:47 (37.0%)	6:54	8.7 (63.0%)
161	TAŁANDA Daniel	2203	STOPKA PILAWA	M30	81						01:43:58	02:49:50	04:14:41	05:03:55	<b>05:04:39.95</b>	<b>05:05:03.00</b>	+01:52:47 (37.0%)	6:54	8.7 (63.0%)
162	PALUCH Tobiasz	2872	KS RYGLICE	M30	82						01:47:17	02:47:40	04:12:58	05:04:44	<b>05:05:40.35</b>	<b>05:05:57.10</b>	+01:53:41 (37.2%)	6:55	8.7 (63.0%)
163	MEHRENS Stefan	2331		M30	83						01:40:16	02:45:23	04:14:29	05:05:07	<b>05:05:54.80</b>	<b>05:05:58.25</b>	+01:53:43 (37.2%)	6:56	8.6 (62.3%)
164	CITUK Grzegorz	2467	42K PRO/VIKING TEAM	M40	43						01:44:19	02:46:52	04:12:44	05:05:18	<b>05:06:09.35</b>	<b>05:06:32.95</b>	+01:54:17 (37.3%)	6:56	8.6 (62.3%)
165	PRUSAK Piotr	2788	GORĄCY POTOK TEAM	M40	44						01:34:21	02:31:01	04:08:11	05:06:04	<b>05:07:31.35</b>	<b>05:07:34.00</b>	+01:55:18 (37.5%)	6:58	8.6 (62.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa		Schronisko	Bacówka	Schronisko	Czas		Tempo	Tempo		
						Polski	Drużyna	na Przehybie 14.7km	na Obidzy 24.4km	pod Durbaszką 35.5km	43.7km	44.1km			44.1km	Różn
166	AGRES Paweł	2117	STAY INSANE	M40	45											
								01:44:44	02:47:46	04:12:38	05:05:39	<b>05:06:41.65</b>	<b>05:07:36.00</b>	+01:55:20 (37.5%)	6:57	8.6 (62.3%)
167	ZAMBRZYCKI Maciej	2678	RESHAPE RUNNERS	M40	46			01:47:11	02:50:36	04:15:24	05:06:46	<b>05:07:37.50</b>	<b>05:07:47.30</b>	+01:55:32 (37.5%)	6:58	8.6 (62.3%)
168	WANAT Mateusz	2594	PRZEDWOJEWSKI TEAM	M30	84			01:45:39	02:46:25	04:14:06	05:06:45	<b>05:07:35.50</b>	<b>05:08:12.45</b>	+01:55:57 (37.6%)	6:58	8.6 (62.3%)
169	MILANOWSKA-ZABEL Kaja	2081	#CODEAGAINSTCANCER, BIEGIEM PRZEZ ŻYCIE	K40	5			01:46:01	02:49:42	04:14:08	05:06:56	<b>05:08:02.20</b>	<b>05:08:13.55</b>	+01:55:58 (37.6%)	6:59	8.6 (62.3%)
170	KMITA Krzysztof	2436		M30	85			01:39:47	02:41:01	04:11:31	05:07:35	<b>05:08:35.00</b>	<b>05:08:45.80</b>	+01:56:30 (37.7%)	6:59	8.6 (62.3%)
171	GOLEC Ireneusz	2258	VEGE RUNNERS / RUCH IZBICA	M30	86			01:41:16	02:40:28	04:06:58	05:07:23	<b>05:08:39.40</b>	<b>05:08:58.90</b>	+01:56:43 (37.8%)	6:59	8.6 (62.3%)
172	KANIA Marcin	2842	#TEAMKOSTERA	M20	16			01:47:11	02:50:34	04:14:32	05:07:17	<b>05:08:04.95</b>	<b>05:09:08.50</b>	+01:56:53 (37.8%)	6:59	8.6 (62.3%)
173	SZUKAŁA Michał	2105	HIT THE TRAIL	M30	87			01:35:21	02:35:57	04:08:02	05:07:53	<b>05:09:03.60</b>	<b>05:09:08.70</b>	+01:56:53 (37.8%)	7:00	8.6 (62.3%)
174	STAWIARZ Paweł	2374	AW SZYBCIEJ TEAM	M30	88			01:42:32	02:45:26	04:13:48	05:07:40	<b>05:08:40.95</b>	<b>05:09:11.75</b>	+01:56:56 (37.8%)	6:59	8.6 (62.3%)
175	WYSOCKA Agnieszka	2019	ŁÓDŹ KOCHA SPORT	K40	6			01:44:50	02:47:33	04:12:18	05:07:48	<b>05:08:56.20</b>	<b>05:09:13.90</b>	+01:56:58 (37.8%)	7:00	8.6 (62.3%)
176	CIEIELSKI Michał	2611	ADIDAS RUNNERS WARSAW	M30	89			01:42:52	02:45:13	04:14:56	05:08:06	<b>05:09:10.50</b>	<b>05:09:21.00</b>	+01:57:05 (37.9%)	7:00	8.6 (62.3%)
177	KAMIŃSKI Marek	2710		M30	90			01:48:50	02:47:34	04:19:16	05:09:05	<b>05:09:56.65</b>	<b>05:10:10.45</b>	+01:57:55 (38.0%)	7:01	8.5 (61.6%)
178	ANTOŃCZAK Marek	2391	RUCH IZBICA	M40	47			01:41:17	02:42:18	04:15:06	05:08:53	<b>05:10:00.35</b>	<b>05:10:21.65</b>	+01:58:06 (38.1%)	7:01	8.5 (61.6%)
179	STANISŁAWSKI Michał	2277	UKS FREE SPORTS BIELSKO-BIAŁA	M30	91			01:49:44	02:55:09	04:18:30	05:09:40	<b>05:10:26.60</b>	<b>05:10:34.60</b>	+01:58:19 (38.1%)	7:02	8.5 (61.6%)
180	KARCZ Grzegorz	2888	BĘDUSKA BRYGADA BIEGOWA	M40	48			01:44:55	02:50:11	04:19:39	05:09:35	<b>05:10:26.15</b>	<b>05:10:35.30</b>	+01:58:20 (38.1%)	7:02	8.5 (61.6%)
181	JAREMA Maciej	2735	LOKOMOTIV MAJDAN	M40	49			01:45:24	02:47:26	04:13:43	05:08:46	<b>05:09:56.55</b>	<b>05:10:56.00</b>	+01:58:40 (38.2%)	7:01	8.5 (61.6%)
182	ŁUKASIK Anna	2640	MKL BRYGADA BESKIDÓW	K40	7	MP	MKL Brygada Beskidów Nowy Sącz	01:45:05	02:50:07	04:15:05	05:10:14	<b>05:11:22.50</b>	<b>05:11:56.25</b>	+01:59:41 (38.4%)	7:03	8.5 (61.6%)
183	GAMROT Filip	2407	RRR	M30	92			01:44:43	02:46:55	04:18:11	05:10:55	<b>05:11:46.05</b>	<b>05:12:14.00</b>	+01:59:58 (38.4%)	7:04	8.5 (61.6%)
184	MALINOWSKI Marek	2282	UKS LIDER SIERCZA	M40	50	MP	UKS Lider Siercza	01:49:07	02:51:32	04:16:52	05:10:04	<b>05:10:56.40</b>	<b>05:12:18.90</b>	+02:00:03 (38.4%)	7:03	8.5 (61.6%)
185	FEDOREK Michał	2488	FEDORKI	M20	17			01:57:14	03:01:08	04:22:56	05:11:02	<b>05:11:53.85</b>	<b>05:12:28.60</b>	+02:00:13 (38.5%)	7:04	8.5 (61.6%)
186	MACIEJEWSKI Rafał	2615		M40	51			01:41:36	02:38:54	04:10:55	05:10:19	<b>05:11:22.05</b>	<b>05:12:38.55</b>	+02:00:23 (38.5%)	7:03	8.5 (61.6%)
187	MÓJTA Grzegorz	2075	KOŁO BIEGA	M30	93			01:43:39	02:47:08	04:16:13	05:11:36	<b>05:12:35.30</b>	<b>05:12:45.90</b>	+02:00:30 (38.5%)	7:05	8.5 (61.6%)
188	JASTRZĘBSKI Szymon	2873		M40	52			01:43:18	02:49:21	04:19:18	05:11:49	<b>05:12:50.20</b>	<b>05:12:55.30</b>	+02:00:40 (38.6%)	7:05	8.5 (61.6%)
189	KRZESIŃSKI Dariusz	2667	ORANGE POLSKA	M40	53			01:42:10	02:46:52	04:16:50	05:11:56	<b>05:13:03.40</b>	<b>05:13:20.60</b>	+02:01:05 (38.6%)	7:05	8.5 (61.6%)
190	HRONOWSKI Kamil	2444		M30	94			01:45:37	02:51:35	04:17:53	05:11:55	<b>05:12:52.60</b>	<b>05:13:25.25</b>	+02:01:10 (38.7%)	7:05	8.5 (61.6%)
191	BADOWSKI Jerzy	2576	TRI AMIGOS	M50	4	MP	MKS Polonia Warszawa	01:43:20	02:44:38	04:13:26	05:12:02	<b>05:13:02.30</b>	<b>05:13:29.80</b>	+02:01:14 (38.7%)	7:05	8.5 (61.6%)
192	PILCH Piotr	2978	BARANIA GÓRA	M40	54			01:40:10	02:42:18	04:09:07	05:12:33	<b>05:13:42.55</b>	<b>05:13:44.45</b>	+02:01:29 (38.7%)	7:06	8.4 (60.9%)
193	POŁUBOK Kajetan	2096		M40	55			01:45:17	02:49:34	04:19:05	05:12:37	<b>05:13:49.80</b>	<b>05:13:56.00</b>	+02:01:40 (38.8%)	7:06	8.4 (60.9%)
193	PŁAZIAK-KOWALSKA Magdalena	2208	2K	K40	8			01:47:38	02:53:13	04:18:59	05:12:33	<b>05:13:46.40</b>	<b>05:13:56.00</b>	+02:01:40 (38.8%)	7:06	8.4 (60.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa		Schronisko	Bacówka	Schronisko	Czas		Tempo	Tempo		
						Polski	Drużyna	na Przehybie 14.7km	na Obidzy 24.4km	pod Durbaszką 35.5km	43.7km	44.1km			44.1km	Różn
195	GIL Maciej	2132	AW - SZYBCIEJ - TEAM	M30	95											
								01:43:08	02:47:43	04:17:21	05:13:02	<b>05:13:58.65</b>	<b>05:14:14.55</b>	+02:01:59 (38.8%)	7:07	8.4 (60.9%)
196	FUKS Szymon	2502	MCBIEGACZE	M40	56											
								01:44:56	02:46:44	04:17:43	05:13:19	<b>05:14:21.50</b>	<b>05:14:35.15</b>	+02:02:19 (38.9%)	7:07	8.4 (60.9%)
197	GEDIMINAS Valerijus	2626	WILD SOULS	M30	96											
								01:43:07	02:44:23	04:19:52	05:13:31	<b>05:14:24.60</b>	<b>05:14:42.00</b>	+02:02:26 (38.9%)	7:07	8.4 (60.9%)
198	ANIOŁEK Michał	2705		M30	97											
								01:47:57	02:51:08	04:20:16	05:13:29	<b>05:14:28.20</b>	<b>05:14:57.55</b>	+02:02:42 (39.0%)	7:07	8.4 (60.9%)
199	STAŃCZYK Marek	2292	K.S.RYGLICE	M50	5											
								01:47:15	02:47:38	04:15:57	05:13:32	<b>05:14:43.40</b>	<b>05:15:00.90</b>	+02:02:45 (39.0%)	7:08	8.4 (60.9%)
200	SARNIAK Marcin	2109	MPK WYBIEGANIA	M40	57											
								01:44:33	02:48:58	04:16:41	05:14:58	<b>05:15:53.70</b>	<b>05:16:09.90</b>	+02:03:54 (39.2%)	7:09	8.4 (60.9%)
201	WÓJTOWICZ Piotr	2865	PODIUM	M40	58											
								01:49:55	02:52:04	04:18:59	05:14:50	<b>05:15:47.70</b>	<b>05:16:52.35</b>	+02:04:37 (39.3%)	7:09	8.4 (60.9%)
202	STAL Katarzyna	2191	KS STASZEWCY	K40	9											
								01:50:05	02:55:36	04:23:08	05:15:39	<b>05:16:37.65</b>	<b>05:17:19.60</b>	+02:05:04 (39.4%)	7:10	8.4 (60.9%)
203	WIEJA Piotr	2495		M50	6											
								01:44:51	02:48:07	04:18:53	05:16:16	<b>05:17:16.80</b>	<b>05:17:25.95</b>	+02:05:10 (39.4%)	7:11	8.3 (60.1%)
204	SKALSKI Bartosz	2082	ŁOSIOWE BŁOTA	M50	7											
								01:47:15	02:53:08	04:23:26	05:16:06	<b>05:17:04.95</b>	<b>05:17:33.00</b>	+02:05:17 (39.5%)	7:11	8.3 (60.1%)
205	KUŚMIERZAK Piotr	2857	PRZEDWOJEWSKI TEAM	M40	59											
								01:45:14	02:48:00	04:18:02	05:16:55	<b>05:18:04.90</b>	<b>05:18:26.40</b>	+02:06:11 (39.6%)	7:12	8.3 (60.1%)
206	KĄLKOWSKI Roman	2685		M30	98											
								01:49:30	02:54:05	04:22:59	05:17:17	<b>05:18:26.05</b>	<b>05:18:39.85</b>	+02:06:24 (39.7%)	7:13	8.3 (60.1%)
207	BARTOSZ Marek	2070	JCI RUNNING TEAM	M40	60											
								01:51:53	02:57:23	04:24:00	05:17:18	<b>05:18:21.00</b>	<b>05:18:51.25</b>	+02:06:36 (39.7%)	7:13	8.3 (60.1%)
208	KOWALSKA Katarzyna	2268	POLSKA	K40	10											
								01:54:03	03:01:13	04:27:15	05:18:01	<b>05:18:57.15</b>	<b>05:19:12.35</b>	+02:06:57 (39.8%)	7:13	8.3 (60.1%)
209	RZADKOSZ Wojciech	2483		M30	99											
								01:42:34	02:45:31	04:18:23	05:18:05	<b>05:19:17.95</b>	<b>05:19:27.65</b>	+02:07:12 (39.8%)	7:14	8.3 (60.1%)
210	MIŁOŚ Grzegorz	2919		M30	100											
								01:56:53	03:06:03	04:27:54	05:18:38	<b>05:19:31.15</b>	<b>05:19:45.10</b>	+02:07:29 (39.9%)	7:14	8.3 (60.1%)
211	VAIČAITYTĖ Raimonda	2257	WILD SOULS	K30	13											
								01:53:12	03:00:09	04:26:53	05:18:11	<b>05:19:06.05</b>	<b>05:19:48.30</b>	+02:07:33 (39.9%)	7:14	8.3 (60.1%)
212	PASTUSZAK Justyna	2939		K40	11											
								01:49:41	02:53:46	04:22:28	05:18:54	<b>05:20:07.30</b>	<b>05:20:20.20</b>	+02:08:04 (40.0%)	7:15	8.3 (60.1%)
213	BASAĞ Marek	2962		M40	61											
								01:49:42	02:52:21	04:24:39	05:19:10	<b>05:20:21.95</b>	<b>05:20:50.20</b>	+02:08:34 (40.1%)	7:15	8.3 (60.1%)
214	KARCZ Tomasz	2558	TEALTREE.PL	M40	62											
								01:44:31	02:48:09	04:22:11	05:19:57	<b>05:21:15.85</b>	<b>05:21:19.80</b>	+02:09:04 (40.2%)	7:17	8.2 (59.4%)
215	MIREK Grzegorz	2963		M40	63											
								01:44:56	02:47:45	04:22:41	05:21:08	<b>05:21:56.05</b>	<b>05:22:23.25</b>	+02:10:08 (40.4%)	7:18	8.2 (59.4%)
216	WOJTAS Piotr	2301	TRAIL IS OUR WAY	M40	64											
								01:48:33	02:54:14	04:23:13	05:21:14	<b>05:22:05.10</b>	<b>05:22:24.05</b>	+02:10:08 (40.4%)	7:18	8.2 (59.4%)
217	CZAJKOWSKI Krzysztof	2704		M40	65											
								01:48:34	02:57:39	04:25:42	05:21:48	<b>05:22:42.85</b>	<b>05:23:22.25</b>	+02:11:07 (40.5%)	7:19	8.2 (59.4%)
218	KIBART Antoni	2567		M20	18											
								01:44:41	02:47:46	04:23:40	05:22:14	<b>05:23:14.50</b>	<b>05:23:37.70</b>	+02:11:22 (40.6%)	7:19	8.2 (59.4%)
219	KORECKI Andrzej	2777	ŁOCHOWO TRAIL TEAM	M40	66	MP	UKS Czapla Białe Błota									
								01:46:01	02:48:01	04:24:57	05:22:51	<b>05:23:39.20</b>	<b>05:23:41.75</b>	+02:11:26 (40.6%)	7:20	8.2 (59.4%)
220	JANCZY Grzegorz	2736	GNUŚNIAK POSPOLITY	M30	101											
								01:49:34	02:54:43	04:25:21	05:21:45	<b>05:22:44.15</b>	<b>05:23:44.05</b>	+02:11:28 (40.6%)	7:19	8.2 (59.4%)
221	SERAPINIENĖ Eglė	2010	WILD SOULS	K30	14											
								01:51:15	02:59:49	04:29:49	05:22:41	<b>05:23:42.25</b>	<b>05:23:53.30</b>	+02:11:38 (40.6%)	7:20	8.2 (59.4%)
222	KUŹMIŃSKI Piotr	2441	ABB	M40	67											
								01:50:33	02:53:08	04:23:48	05:23:03	<b>05:24:12.55</b>	<b>05:24:28.85</b>	+02:12:13 (40.8%)	7:21	8.2 (59.4%)
223	MOSIOŁEK Monika	3107	NAPRZÓD MŁOCINYBIEGNĘ, ŻEBY BARTEK MÓGŁ BIEGAĆ	K40	12											
								01:49:09	02:53:33	04:23:56	05:23:33	<b>05:24:35.45</b>	<b>05:24:53.45</b>	+02:12:38 (40.8%)	7:21	8.2 (59.4%)
224	GIERS Michał	2618		M30	102											
								01:49:16	02:53:53	04:26:23	05:23:49	<b>05:24:46.15</b>	<b>05:24:55.60</b>	+02:12:40 (40.8%)	7:21	8.1 (58.7%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa		Schronisko	Bacówka	Schronisko	Czas netto		Czas	Tempo	Tempo	
						Polski	Drużyna	na Przehybie 14.7km	na Obidzy 24.4km	pod Durbaszką 35.5km	43.7km	44.1km	44.1km			Różn
225	<b>KORCZ Daniel</b>	<b>2869</b>	TERVEL BIEGACZ GÓRSKI / BESTTEXT.PL	M40	68											
								01:42:41	02:43:48	04:18:46	05:24:01	<b>05:24:57.60</b>	<b>05:25:04.35</b>	+02:12:49 (40.9%)	7:22	8.1 (58.7%)
226	<b>MRÓZ Rafał</b>	<b>2465</b>		M50	8											
								01:48:22	02:54:56	04:27:50	05:23:57	<b>05:24:49.15</b>	<b>05:25:05.05</b>	+02:12:49 (40.9%)	7:21	8.1 (58.7%)
227	<b>FILIPEK Paweł</b>	<b>2860</b>	BIEGUSIEM.PL / AW - SZYBCIEJ TEAM	M40	69											
								01:39:39	02:41:02	04:18:35	05:23:43	<b>05:25:02.10</b>	<b>05:25:13.50</b>	+02:12:58 (40.9%)	7:22	8.1 (58.7%)
228	<b>REIMUS Maciej</b>	<b>2851</b>	AKTYWNI KOCIEWIACY	M40	70											
								01:47:55	02:53:26	04:25:32	05:23:59	<b>05:25:03.65</b>	<b>05:25:15.85</b>	+02:13:00 (40.9%)	7:22	8.1 (58.7%)
229	<b>MARCZYK Irmina</b>	<b>2761</b>	STORM KRAKÓW	K30	15											
								01:53:20	03:01:56	04:29:18	05:24:11	<b>05:25:10.25</b>	<b>05:25:18.10</b>	+02:13:02 (40.9%)	7:22	8.1 (58.7%)
230	<b>PIĄTEK Joanna</b>	<b>2481</b>		K30	16											
								01:54:26	02:59:31	04:27:38	05:24:02	<b>05:25:08.80</b>	<b>05:25:28.30</b>	+02:13:13 (40.9%)	7:22	8.1 (58.7%)
231	<b>GŁOWACKI Paweł</b>	<b>2004</b>		M30	103											
								01:51:20	02:56:12	04:30:50	05:23:23	<b>05:24:24.95</b>	<b>05:25:38.40</b>	+02:13:23 (41.0%)	7:21	8.2 (59.4%)
232	<b>BRZUSKA Lesław</b>	<b>2252</b>		M40	71											
								01:43:54	02:50:25	04:28:39	05:24:52	<b>05:26:01.05</b>	<b>05:26:06.60</b>	+02:13:51 (41.0%)	7:23	8.1 (58.7%)
233	<b>KLUZ Marcin</b>	<b>2518</b>	PRO-RUN WROCŁAW	M30	104											
								01:46:31	02:51:21	04:25:23	05:24:58	<b>05:25:53.25</b>	<b>05:26:12.30</b>	+02:13:57 (41.1%)	7:23	8.1 (58.7%)
234	<b>MADAJ Zuzanna</b>	<b>2025</b>	MAD&GOLD	K30	17											
								01:53:12	02:59:31	04:29:49	05:25:12	<b>05:26:19.55</b>	<b>05:26:50.85</b>	+02:14:35 (41.2%)	7:23	8.1 (58.7%)
235	<b>SOŁTYSIK Mateusz</b>	<b>2838</b>		M20	19											
								01:46:24	02:51:59	04:28:14	05:26:14	<b>05:26:55.80</b>	<b>05:27:05.50</b>	+02:14:50 (41.2%)	7:24	8.1 (58.7%)
236	<b>KROBICKI Bartek</b>	<b>2565</b>		M30	105											
								01:52:06	02:58:19	04:27:09	05:25:18	<b>05:26:06.95</b>	<b>05:27:06.20</b>	+02:14:50 (41.2%)	7:23	8.1 (58.7%)
237	<b>SZURA Bartłomiej</b>	<b>2738</b>		M20	20											
								01:57:10	03:04:40	04:34:46	05:25:30	<b>05:26:12.00</b>	<b>05:27:08.25</b>	+02:14:53 (41.2%)	7:23	8.1 (58.7%)
238	<b>SOWIAR Maciej</b>	<b>2949</b>		M20	21											
								01:59:12	03:08:13	04:36:27	05:26:09	<b>05:26:52.35</b>	<b>05:27:08.55</b>	+02:14:53 (41.2%)	7:24	8.1 (58.7%)
239	<b>BURDA Jarosław</b>	<b>2177</b>	RAKOŃ WARRIORS	M30	106											
								01:53:50	02:58:41	04:29:14	05:25:56	<b>05:27:01.70</b>	<b>05:27:34.05</b>	+02:15:18 (41.3%)	7:24	8.1 (58.7%)
240	<b>SZNAJDER Jarosław</b>	<b>2627</b>	RUNPROGRESSTEAM.PL TEAM	M50	9											
								01:45:47	02:51:12	04:24:53	05:26:31	<b>05:27:45.20</b>	<b>05:28:03.65</b>	+02:15:48 (41.4%)	7:25	8.1 (58.7%)
241	<b>SZWAJKA Jakub</b>	<b>2862</b>	SZWAJKOZA ZAJEBIOZA	M20	22											
								01:51:46	02:57:11	04:29:50	05:26:40	<b>05:27:33.15</b>	<b>05:28:26.60</b>	+02:16:11 (41.5%)	7:25	8.1 (58.7%)
242	<b>TWARDOWSKI Bartosz</b>	<b>2398</b>		M40	72											
								01:46:39	02:53:47	04:28:18	05:27:37	<b>05:28:43.40</b>	<b>05:28:50.10</b>	+02:16:34 (41.5%)	7:27	8 (58.0%)
243	<b>FANGOR-GRAB Agata</b>	<b>2764</b>	RESHAPE RUNNERS	K30	18											
								01:56:31	03:04:32	04:32:30	05:28:03	<b>05:29:04.65</b>	<b>05:29:14.70</b>	+02:16:59 (41.6%)	7:27	8 (58.0%)
244	<b>WÓJCIK Łukasz</b>	<b>2056</b>	NIEMCE TEAM / SZYBCIEJ NIE DAM RADY	M40	73											
								01:48:03	02:56:39	04:28:29	05:27:42	<b>05:28:45.10</b>	<b>05:29:53.00</b>	+02:17:37 (41.7%)	7:27	8 (58.0%)
245	<b>MIŚKIEWICZ Mariusz</b>	<b>2137</b>	STAŃCZAK TEAM	M40	74											
								01:26:55	02:21:14	04:02:42	05:28:45	<b>05:30:00.30</b>	<b>05:30:02.35</b>	+02:17:47 (41.7%)	7:28	8 (58.0%)
246	<b>KALETA Karol</b>	<b>2472</b>		M40	75											
								01:52:27	02:59:49	04:31:14	05:28:05	<b>05:28:59.35</b>	<b>05:30:02.90</b>	+02:17:47 (41.7%)	7:27	8 (58.0%)
247	<b>ORŁOWSKI Jakub</b>	<b>2971</b>	OTS	M40	76											
								01:52:06	03:00:01	04:34:24	05:28:55	<b>05:29:58.80</b>	<b>05:30:19.70</b>	+02:18:04 (41.8%)	7:28	8 (58.0%)
248	<b>ŚLEPIAK Adam</b>	<b>2902</b>	STAJNIA BALONA	M30	107											
								01:49:13	02:52:31	04:28:39	05:29:23	<b>05:30:16.50</b>	<b>05:30:28.65</b>	+02:18:13 (41.8%)	7:29	8 (58.0%)
249	<b>MARCINKOWSKA-CHOLEWA Katarzyna</b>	<b>2931</b>	GÓRAL Z MAZUR RUNNING TEAM	K50	1											
								01:56:08	03:06:53	04:36:24	05:29:20	<b>05:30:18.15</b>	<b>05:30:36.60</b>	+02:18:21 (41.8%)	7:29	8 (58.0%)
250	<b>GĘCA Dawid</b>	<b>2031</b>		M20	23											
								01:38:42	02:43:19	04:35:28	05:29:48	<b>05:30:41.70</b>	<b>05:30:45.00</b>	+02:18:29 (41.9%)	7:29	8 (58.0%)
251	<b>SKWAREK Marcin</b>	<b>2065</b>	SMASHING PÄPKINS	M30	108											
								01:50:58	02:57:30	04:29:45	05:29:52	<b>05:30:54.25</b>	<b>05:31:41.95</b>	+02:19:26 (42.0%)	7:30	8 (58.0%)
252	<b>GOŁĘBIEWSKA Oliwia</b>	<b>2904</b>		K20	5											
								01:55:23	03:02:30	04:35:36	05:30:32	<b>05:31:46.15</b>	<b>05:32:06.00</b>	+02:19:50 (42.1%)	7:31	8 (58.0%)
253	<b>KUKLA Maciej</b>	<b>2537</b>		M40	77											
								01:42:58	02:49:59	04:32:21	05:31:07	<b>05:31:59.85</b>	<b>05:32:19.40</b>	+02:20:04 (42.1%)	7:31	8 (58.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa		Schronisko	Bacówka	Schronisko	Czas		Tempo	Tempo		
						Polski	Drużyna	na Przehybie 14.7km	na Obidzy 24.4km	pod Durbaszką 35.5km	43.7km	44.1km			44.1km	Różn
254	KOROWAJ Paula	2133	NAVIGATORIA	K30	19											
								01:57:45	03:04:48	04:34:25	05:30:44	<b>05:31:57.80</b>	<b>05:32:28.60</b>	+02:20:13 (42.2%)	7:31	8 (58.0%)
255	KACZMAREK Beata	2524	BIEGAM ŻEBY ŻREĆ WIĘCEJ CIASTKÓW	K30	20											
								01:58:12	03:06:35	04:37:15	05:31:17	<b>05:32:23.40</b>	<b>05:32:47.55</b>	+02:20:32 (42.2%)	7:32	8 (58.0%)
256	KAPŁON Anna	2707	INFINITY-GYM	K40	13											
								01:55:02	03:03:19	04:35:17	05:31:50	<b>05:32:59.45</b>	<b>05:33:23.10</b>	+02:21:07 (42.3%)	7:33	7.9 (57.2%)
257	PŁAZA Radosław	2766	BARUNOWCE	M40	78											
								01:49:33	02:54:44	04:35:50	05:32:16	<b>05:33:25.30</b>	<b>05:33:43.15</b>	+02:21:27 (42.4%)	7:33	7.9 (57.2%)
258	LUŻNIAK Damian	2195	SCI GÓRSCY ENTUZJAŚCI	M30	109											
								01:51:08	03:00:06	04:37:39	05:32:51	<b>05:33:41.65</b>	<b>05:33:49.65</b>	+02:21:34 (42.4%)	7:33	7.9 (57.2%)
259	MARCIŃSKI Łukasz	2125		M30	110											
								01:50:44	02:58:47	04:36:13	05:32:37	<b>05:33:38.55</b>	<b>05:33:50.80</b>	+02:21:35 (42.4%)	7:33	7.9 (57.2%)
260	SZKODZIAK Mateusz	2894		M30	111											
								01:59:38	03:08:33	04:40:15	05:31:50	<b>05:32:40.60</b>	<b>05:33:51.55</b>	+02:21:36 (42.4%)	7:32	8 (58.0%)
261	GRUCELA Przemek	2303	RUN LOVING ANIMALS	M40	79											
								01:48:18	02:53:49	04:32:54	05:32:55	<b>05:33:44.45</b>	<b>05:33:52.35</b>	+02:21:37 (42.4%)	7:34	7.9 (57.2%)
262	KRUK Tomasz	2757		M40	80											
								01:49:10	02:57:26	04:33:29	05:33:14	<b>05:34:20.35</b>	<b>05:34:40.45</b>	+02:22:25 (42.6%)	7:34	7.9 (57.2%)
263	ULIČNÝ Slavomir	2123	CERGOVRUN	M40	81											
								01:50:56	02:56:40	04:36:06	05:33:22	<b>05:34:17.90</b>	<b>05:35:02.60</b>	+02:22:47 (42.6%)	7:34	7.9 (57.2%)
264	SZKLARCZYK Dariusz	2061	MY ENDURANCE COACHING	M40	82											
								01:53:08	03:01:13	04:38:06	05:33:44	<b>05:34:44.20</b>	<b>05:35:17.60</b>	+02:23:02 (42.7%)	7:35	7.9 (57.2%)
265	KISIECKI Damian	2230	HURAGAN LIGOTA	M40	83											
								01:53:35	02:59:32	04:33:08	05:33:41	<b>05:34:55.55</b>	<b>05:35:27.45</b>	+02:23:12 (42.7%)	7:35	7.9 (57.2%)
266	GALL Rafał	2982	RAMASPORT.PL	M40	84											
								01:59:17	03:06:13	04:34:38	05:33:40	<b>05:34:42.65</b>	<b>05:35:32.10</b>	+02:23:16 (42.7%)	7:35	7.9 (57.2%)
267	SZNAJDER Joanna	2645	G.O.A.T. TEAM MICHAŁOWICE	K40	14											
								01:50:15	02:59:15	04:33:56	05:33:53	<b>05:34:58.05</b>	<b>05:35:35.10</b>	+02:23:19 (42.7%)	7:35	7.9 (57.2%)
268	SMACZNY Bartłomiej	2054	WTM	M30	112											
								01:52:55	03:00:02	04:37:11	05:33:57	<b>05:35:04.70</b>	<b>05:35:43.05</b>	+02:23:27 (42.7%)	7:35	7.9 (57.2%)
269	WILAMOWSKI Bartłomiej	2362	ZOSTAĆ ULTRASEM	M30	113											
								01:55:57	03:04:10	04:37:26	05:34:11	<b>05:35:11.65</b>	<b>05:35:45.50</b>	+02:23:30 (42.7%)	7:36	7.9 (57.2%)
270	BARTECKI Tomasz	2445	#NIMA	M40	85											
								01:53:08	03:01:02	04:36:18	05:34:37	<b>05:35:42.05</b>	<b>05:35:49.50</b>	+02:23:34 (42.8%)	7:36	7.9 (57.2%)
271	BIJATOWSKI Adrian	2686	MADA RUNNERS	M40	86											
								01:53:48	03:03:04	04:38:09	05:34:55	<b>05:35:48.80</b>	<b>05:35:58.30</b>	+02:23:43 (42.8%)	7:36	7.9 (57.2%)
272	WYKA Mariusz	2552	LEGIA	M40	87											
								01:45:42	02:50:06	04:30:07	05:34:15	<b>05:35:25.80</b>	<b>05:36:17.00</b>	+02:24:01 (42.8%)	7:36	7.9 (57.2%)
273	NIESZPOREK Adam	2491	INTO THE WILD	M30	114											
								01:45:51	02:54:01	04:36:02	05:35:14	<b>05:36:12.65</b>	<b>05:36:23.95</b>	+02:24:08 (42.8%)	7:37	7.9 (57.2%)
274	TURZYŃSKI Sebastian	2713	SZWAJCAR	M50	10											
	Turzyński							01:40:47	02:48:40	04:36:34	05:35:06	<b>05:36:03.50</b>	<b>05:36:26.65</b>	+02:24:11 (42.9%)	7:37	7.9 (57.2%)
275	MARCINKOWSKI Maciej	2596	MM RUN TEAM	M30	115											
								01:50:00	02:59:05	04:37:18	05:35:13	<b>05:36:11.15</b>	<b>05:36:44.15</b>	+02:24:28 (42.9%)	7:37	7.9 (57.2%)
276	OGNIEWSKI Marcin	2880	WATAHA	M30	116											
								01:49:38	02:57:44	04:33:38	05:35:35	<b>05:36:32.05</b>	<b>05:36:48.45</b>	+02:24:33 (42.9%)	7:37	7.9 (57.2%)
277	ZABROCKI Szymon	2342		M20	24											
								01:50:00	02:54:09	04:35:41	05:34:40	<b>05:35:34.45</b>	<b>05:36:52.05</b>	+02:24:36 (42.9%)	7:36	7.9 (57.2%)
278	GRASELA Ernest	2912	BESKIDZKIE RYSIE RUNNING TEAM	M40	88											
								01:45:06	02:50:43	04:34:53	05:35:44	<b>05:36:58.85</b>	<b>05:37:08.25</b>	+02:24:53 (43.0%)	7:38	7.9 (57.2%)
279	FRENTZEL Bartosz	2699		M20	25											
								01:50:25	02:57:26	04:35:00	05:35:21	<b>05:36:25.45</b>	<b>05:37:14.65</b>	+02:24:59 (43.0%)	7:37	7.9 (57.2%)
280	DĄBROWSKI Łukasz	2750	TREKKING TEAM OSTROWIEC	M40	89											
								01:51:53	02:58:28	04:36:37	05:35:35	<b>05:36:43.30</b>	<b>05:37:21.80</b>	+02:25:06 (43.0%)	7:38	7.9 (57.2%)
281	GONDOR Jarosław	2275	UKS LIDER	M40	90											
								01:54:43	03:06:17	04:42:12	05:35:27	<b>05:36:15.90</b>	<b>05:37:36.70</b>	+02:25:21 (43.1%)	7:37	7.9 (57.2%)
282	AVERIN Pavel	2669		M30	117											
								01:47:52	02:58:21	04:36:12	05:36:15	<b>05:37:18.85</b>	<b>05:37:47.05</b>	+02:25:31 (43.1%)	7:38	7.8 (56.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Drużyna	Schronisko	Bacówka	Schronisko	Czas		Tempo min/km	Tempo km/h		
								na Przehybie 14.7km	na Obidzy 24.4km	pod Durbaszką 35.5km	43.7km	44.1km			44.1km	Różn
283	<b>BIERNAT Mateusz</b>	<b>2827</b>		M30	118			01:54:28	03:05:31	04:42:29	05:36:36	<b>05:37:30.20</b>	<b>05:37:50.10</b>	+02:25:34 (43.1%)	7:39	7.8 (56.5%)
284	<b>RÓG Krzysiek</b>	<b>2773</b>	ZBŁAZ TEAM	M30	119			01:47:31	02:58:44	04:40:05	05:36:27	<b>05:37:47.35</b>	<b>05:37:58.25</b>	+02:25:43 (43.1%)	7:39	7.8 (56.5%)
285	<b>GILOWSKI Kamil</b>	<b>2408</b>	UKS FREE SPORTS BIELSKO-BIAŁA	M30	120			01:49:44	02:56:13	04:39:57	05:36:57	<b>05:37:52.25</b>	<b>05:38:00.00</b>	+02:25:44 (43.1%)	7:39	7.8 (56.5%)
286	<b>CZOPUR Paweł</b>	<b>2377</b>	DREAM TEAM	M30	121			01:50:50	03:00:38	04:36:23	05:36:23	<b>05:37:21.50</b>	<b>05:38:03.30</b>	+02:25:48 (43.1%)	7:38	7.8 (56.5%)
287	<b>JÓZEF Tomasz</b>	<b>2079</b>	ULTRAJÓZKI / TOMOBI	M40	91			01:44:54	02:50:22	04:37:29	05:36:57	<b>05:37:54.15</b>	<b>05:38:06.65</b>	+02:25:51 (43.1%)	7:39	7.8 (56.5%)
288	<b>PERNAL Maciej</b>	<b>2751</b>		M30	122			01:50:31	03:01:12	04:39:25	05:36:40	<b>05:37:41.20</b>	<b>05:38:17.95</b>	+02:26:02 (43.2%)	7:39	7.8 (56.5%)
289	<b>WALCZYK Mikołaj</b>	<b>2456</b>	KOKO GO!	M40	92			01:57:37	03:06:16	04:39:28	05:36:24	<b>05:37:29.30</b>	<b>05:38:20.40</b>	+02:26:05 (43.2%)	7:39	7.8 (56.5%)
290	<b>WOCHOWSKI Tomasz</b>	<b>2008</b>		M40	93			01:50:05	02:58:11	04:38:53	05:37:10	<b>05:38:08.00</b>	<b>05:38:22.90</b>	+02:26:07 (43.2%)	7:40	7.8 (56.5%)
291	<b>ŁADNO Paweł</b>	<b>2692</b>	WE RUN CLAN	M30	123			01:48:08	02:54:08	04:41:36	05:37:28	<b>05:38:16.15</b>	<b>05:38:38.90</b>	+02:26:23 (43.2%)	7:40	7.8 (56.5%)
292	<b>TOKARCZYK Tomasz</b>	<b>2014</b>	NONE	M30	124			01:52:21	03:01:03	04:35:55	05:37:00	<b>05:38:21.65</b>	<b>05:38:57.85</b>	+02:26:42 (43.3%)	7:40	7.8 (56.5%)
293	<b>CHOCHOROWSKI Łukasz</b>	<b>2351</b>	SUP KULTURA KRAKÓW	M30	125			01:50:23	02:58:21	04:35:21	05:37:09	<b>05:38:05.85</b>	<b>05:39:04.80</b>	+02:26:49 (43.3%)	7:39	7.8 (56.5%)
294	<b>KOWALCZYK Robert</b>	<b>2951</b>	ŁĘCZNA BIEGA / CEDRUS TEAM	M40	94			01:51:23	03:02:19	04:39:35	05:37:28	<b>05:38:25.80</b>	<b>05:39:08.35</b>	+02:26:53 (43.3%)	7:40	7.8 (56.5%)
295	<b>STOLIŃSKI Przemysław</b>	<b>2636</b>	PRZEMEKSTOLINSKI@O2.PL	M40	95			01:53:35	03:01:24	04:38:24	05:38:25	<b>05:39:35.65</b>	<b>05:39:53.60</b>	+02:27:38 (43.4%)	7:42	7.8 (56.5%)
296	<b>KOŁEK Maciej</b>	<b>2896</b>	LUX MED SPORTS TEAM	M40	96			01:48:54	03:04:00	04:41:07	05:38:31	<b>05:39:41.65</b>	<b>05:40:03.60</b>	+02:27:48 (43.5%)	7:42	7.8 (56.5%)
297	<b>JANCZYK Ewa</b>	<b>2044</b>		K30	21			01:54:17	03:02:59	04:39:30	05:39:20	<b>05:40:19.45</b>	<b>05:40:19.45</b>	+02:28:04 (43.5%)	7:43	7.8 (56.5%)
298	<b>RYS Paweł</b>	<b>2714</b>		M40	97			01:52:49	02:59:49	04:41:08	05:38:12	<b>05:40:03.05</b>	<b>05:41:03.65</b>	+02:28:48 (43.6%)	7:42	7.8 (56.5%)
299	<b>SZOT Iwona</b>	<b>2924</b>	WW TEAM	K50	2			01:53:38	03:06:14	04:40:05	05:39:39	<b>05:40:56.25</b>	<b>05:41:16.45</b>	+02:29:01 (43.7%)	7:43	7.8 (56.5%)
300	<b>STRASZEK Piotr</b>	<b>2589</b>		M30	126			01:47:35	02:55:02	04:37:21	05:40:37	<b>05:41:31.50</b>	<b>05:41:59.10</b>	+02:29:43 (43.8%)	7:44	7.7 (55.8%)
301	<b>KAWIK BARTOSIK Anna</b>	<b>2294</b>	BLACK HAT TEAM	K30	22			01:56:28	03:05:48	04:39:54	05:39:41	<b>05:40:37.45</b>	<b>05:42:03.20</b>	+02:29:47 (43.8%)	7:43	7.8 (56.5%)
302	<b>SZTYLKO Michał</b>	<b>2036</b>		M40	98			01:52:37	02:59:25	04:40:59	05:40:00	<b>05:40:55.35</b>	<b>05:42:13.25</b>	+02:29:58 (43.8%)	7:43	7.8 (56.5%)
303	<b>ZABRZEWSKI Patryk</b>	<b>2406</b>	KLUB WYSOKOGÓRSKI JASTRZĘBIE ZDRÓJ	M40	99			01:48:44	03:02:54	04:39:59	05:41:37	<b>05:42:33.40</b>	<b>05:42:44.60</b>	+02:30:29 (43.9%)	7:46	7.7 (55.8%)
304	<b>DĄBROWSKI Andrzej</b>	<b>2638</b>		M30	127			01:59:26	03:09:42	04:44:35	05:40:48	<b>05:41:49.90</b>	<b>05:42:57.80</b>	+02:30:42 (43.9%)	7:45	7.7 (55.8%)
305	<b>KRZEŚNIAK Karol</b>	<b>2642</b>	G.O.A.T. TEAM MICHAŁOWICE	M40	100			01:56:56	03:09:07	04:45:53	05:41:54	<b>05:42:51.15</b>	<b>05:43:12.85</b>	+02:30:57 (44.0%)	7:46	7.7 (55.8%)
306	<b>PITEK Tomasz</b>	<b>2556</b>	42K PRO TEAM	M40	101			01:55:03	03:02:37	04:41:11	05:41:39	<b>05:42:33.40</b>	<b>05:43:18.35</b>	+02:31:03 (44.0%)	7:46	7.7 (55.8%)
307	<b>SZYMULA Janusz</b>	<b>2051</b>		M40	102			01:55:51	03:05:19	04:44:20	05:42:07	<b>05:43:11.60</b>	<b>05:43:32.45</b>	+02:31:17 (44.0%)	7:46	7.7 (55.8%)
308	<b>MADYCKI Jerzy</b>	<b>2802</b>		M30	128			01:51:43	02:57:07	04:41:31	05:41:27	<b>05:42:30.00</b>	<b>05:43:37.50</b>	+02:31:22 (44.1%)	7:45	7.7 (55.8%)
309	<b>ŻŁOBIŃSKI Tomasz</b>	<b>3113</b>	42K PRO TEAM	M30	129			01:52:17	02:59:31	04:41:34	05:42:10	<b>05:43:15.90</b>	<b>05:43:50.25</b>	+02:31:35 (44.1%)	7:47	7.7 (55.8%)
310	<b>KOZYRA Krzysztof</b>	<b>2988</b>	WILK TEAM	M40	103			01:53:21	03:03:29	04:40:42	05:42:27	<b>05:43:22.35</b>	<b>05:43:59.65</b>	+02:31:44 (44.1%)	7:47	7.7 (55.8%)
311	<b>ŻARNIEWSKI Wojciech</b>	<b>2170</b>	GÓRAL Z MAZUR RUNNING TEAM	M40	104			01:56:52	03:07:22	04:44:18	05:42:49	<b>05:43:51.95</b>	<b>05:44:11.10</b>	+02:31:55 (44.1%)	7:47	7.7 (55.8%)
312	<b>GUŁAŚ Daniel</b>	<b>2297</b>	LEPIEJ PÓŻNO NIŻ WCALE	M40	105			01:52:25	03:01:09	04:39:44	05:42:44	<b>05:43:58.40</b>	<b>05:44:20.75</b>	+02:32:05 (44.2%)	7:47	7.7 (55.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa		Schronisko	Bacówka	Schronisko	Czas		Tempo	Tempo					
						Polski	Drużyna	na Przehybie 14.7km	na Obidzy 24.4km	pod Durbaszką 35.5km	43.7km	netto 44.1km			brutto 44.1km	Różn	min/km	km/h	
313	ILKOVIC Matus	2548		M30	130						01:54:32	03:06:56	04:44:18	05:42:38	<b>05:43:45.00</b>	<b>05:44:22.60</b>	+02:32:07 (44.2%)	7:47	7.7 (55.8%)
314	ZIĘBA Łukasz	2569		M30	131						02:01:27	03:15:02	04:45:34		<b>05:44:29.30</b>	<b>05:44:29.30</b>	+02:32:14 (44.2%)	7:48	7.7 (55.8%)
315	JASICKI Krzysztof	2893	RUNHOGS TYCHY	M40	106						02:05:39	03:16:14	04:49:05	05:42:36	<b>05:43:34.05</b>	<b>05:44:29.40</b>	+02:32:14 (44.2%)	7:47	7.7 (55.8%)
316	KOŁODZIEJ Zbigniew	2460	KOZICE GÓRSKIE	M40	107						02:05:35	03:15:32	04:46:42	05:42:50	<b>05:43:39.05</b>	<b>05:44:40.80</b>	+02:32:25 (44.2%)	7:47	7.7 (55.8%)
317	FABISIAK Andrzej	2775	STANWEX II	M60	1						01:51:37	03:02:36	04:41:22	05:42:59	<b>05:43:58.10</b>	<b>05:44:50.60</b>	+02:32:35 (44.2%)	7:47	7.7 (55.8%)
318	DZIKOWSKI Michał	2016		M30	132						01:48:07	02:55:06	04:37:21	05:43:49	<b>05:44:49.60</b>	<b>05:45:03.95</b>	+02:32:48 (44.3%)	7:49	7.7 (55.8%)
319	KNAPIK Przemysław	2348	HEINEKEN KRAKOW / TRIWISE	M40	108						01:56:18	03:06:48	04:41:45	05:43:39	<b>05:44:44.70</b>	<b>05:45:05.10</b>	+02:32:49 (44.3%)	7:49	7.7 (55.8%)
320	HETMANCZYK Jakub	2457		M40	109						01:56:12	03:06:12	04:43:15	05:43:17	<b>05:44:17.80</b>	<b>05:45:07.25</b>	+02:32:52 (44.3%)	7:48	7.7 (55.8%)
321	KRAWCZYK Michał	4098		M40	110						01:59:07	03:09:05	04:47:12	05:43:50	<b>05:44:55.80</b>	<b>05:45:22.65</b>	+02:33:07 (44.3%)	7:49	7.7 (55.8%)
322	BARANOWSKI Jacek	2196	JACEKBIEGA RUNNING TEAM	M40	111						01:49:00	02:56:49	04:36:41	05:43:10	<b>05:44:50.70</b>	<b>05:45:23.40</b>	+02:33:08 (44.3%)	7:49	7.7 (55.8%)
323	KNAP Tomasz	2737		M40	112						01:54:06	03:02:39	04:42:58	05:43:21	<b>05:44:28.30</b>	<b>05:45:28.65</b>	+02:33:13 (44.4%)	7:48	7.7 (55.8%)
324	BŁACH Bartosz	2676	BUJTASIERATAJE	M20	26						01:55:40	03:02:16	04:41:56	05:43:26	<b>05:44:27.50</b>	<b>05:45:31.85</b>	+02:33:16 (44.4%)	7:48	7.7 (55.8%)
325	LATAK Michał	2955		M50	11						01:50:31	03:01:04	04:43:24	05:44:01	<b>05:45:15.15</b>	<b>05:45:47.60</b>	+02:33:32 (44.4%)	7:49	7.7 (55.8%)
326	ŁYCZKO Anna	2844	STREFA FIT	K40	15						02:00:19	03:11:46	04:50:13	05:44:28	<b>05:45:34.05</b>	<b>05:45:49.35</b>	+02:33:34 (44.4%)	7:50	7.7 (55.8%)
327	WÓLKIEWICZ Paweł	2905	TRAILISOURWAY	M50	12						01:58:14	03:10:03	04:47:00	05:44:38	<b>05:45:30.70</b>	<b>05:45:51.20</b>	+02:33:35 (44.4%)	7:50	7.7 (55.8%)
328	RYMAR Alan	2778	GWARDIA NAFTY	M20	27						01:59:24	03:09:37	04:46:21	05:43:46	<b>05:44:52.05</b>	<b>05:45:54.25</b>	+02:33:39 (44.4%)	7:49	7.7 (55.8%)
329	SŁUGOCKI Mateusz	2508		M30	133						01:59:14	03:08:47	04:45:05	05:44:14	<b>05:45:21.95</b>	<b>05:46:09.35</b>	+02:33:54 (44.5%)	7:49	7.7 (55.8%)
330	MICEK Maciej	2108		M30	134						01:53:23	02:59:09	04:39:54	05:43:38	<b>05:44:51.30</b>	<b>05:46:21.15</b>	+02:34:05 (44.5%)	7:49	7.7 (55.8%)
331	SOBCZAK Grzegorz	2276		M40	113						01:55:40	03:09:22	04:43:07	05:44:23	<b>05:45:17.30</b>	<b>05:46:22.70</b>	+02:34:07 (44.5%)	7:49	7.7 (55.8%)
332	DUBOVİKAS Tomasz	2608	WILD SOULS	M30	135						01:53:16	03:06:21	04:45:44	05:45:03	<b>05:46:20.55</b>	<b>05:46:39.20</b>	+02:34:23 (44.5%)	7:51	7.6 (55.1%)
333	PODOLSKI Marek	2698	BIEGAMYRAZEM.PL	M40	114						01:59:54	03:12:37	04:47:35	05:45:50	<b>05:46:56.05</b>	<b>05:47:27.05</b>	+02:35:11 (44.7%)	7:52	7.6 (55.1%)
334	TROJNAR Klaudia	2820	WATAHA SOBÓTKA	K20	6						02:01:14	03:11:52	04:46:53	05:45:42	<b>05:46:43.40</b>	<b>05:47:37.90</b>	+02:35:22 (44.7%)	7:51	7.6 (55.1%)
335	DROŹDZIEL Mariusz	2985		M40	115						01:58:26	03:07:48	04:45:19	05:46:22	<b>05:47:25.80</b>	<b>05:47:55.90</b>	+02:35:40 (44.7%)	7:52	7.6 (55.1%)
336	MALIGRANDA Mariusz	2347		M30	136						01:57:10	03:10:38	04:48:41	05:47:13	<b>05:48:11.15</b>	<b>05:48:20.40</b>	+02:36:05 (44.8%)	7:53	7.6 (55.1%)
337	KOSMAŁA Przemek	2216	MARCINSWIERCTEAM	M40	116						01:50:39	03:01:23	04:44:39	05:47:14	<b>05:48:24.55</b>	<b>05:48:38.30</b>	+02:36:23 (44.9%)	7:54	7.6 (55.1%)
338	KOBYLIŃSKI Łukasz	2463		M40	117						01:56:17	03:06:51	04:47:47	05:46:22	<b>05:47:15.80</b>	<b>05:48:40.90</b>	+02:36:25 (44.9%)	7:52	7.6 (55.1%)
339	WÓJCIK Monika	2112	ADIDAS RUNNERS WARSAW	K40	16						01:56:56	03:07:20	04:48:26	05:47:25	<b>05:48:14.75</b>	<b>05:48:41.45</b>	+02:36:26 (44.9%)	7:53	7.6 (55.1%)
340	PYTLIK Wojciech	2968	DYSON RUNNING CLUB	M30	137						01:52:57	03:05:44	04:49:31	05:46:59	<b>05:47:50.50</b>	<b>05:48:48.60</b>	+02:36:33 (44.9%)	7:53	7.6 (55.1%)
341	STACHERA Aleksandra	2516	EFFI RUN TEAM	K20	7						02:00:31	03:12:55	04:51:15	05:48:24	<b>05:49:16.50</b>	<b>05:49:51.90</b>	+02:37:36 (45.0%)	7:55	7.6 (55.1%)
342	KOSAR David	2013	RZB	M30	138						01:58:45	03:13:42	04:55:33	05:48:26	<b>05:49:18.70</b>	<b>05:49:53.90</b>	+02:37:38 (45.1%)	7:55	7.6 (55.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Drużyna	Schronisko	Bacówka	Schronisko	Czas		Tempo min/km	Tempo km/h		
								na Przehybie 14.7km	na Obidzy 24.4km	pod Durbaszką 35.5km	43.7km	44.1km			44.1km	Różn
343	KIBART Robert	2494		M50	13			01:48:20	02:56:57	04:46:33	05:48:34	<b>05:49:37.70</b>	<b>05:50:02.15</b>	+02:37:46 (45.1%)	7:55	7.6 (55.1%)
344	MAGDA Łukasz	2954	DRUŻYNA ORZECHA	M40	118			01:53:52	03:08:25	04:52:09	05:48:06	<b>05:49:16.00</b>	<b>05:50:07.50</b>	+02:37:52 (45.1%)	7:55	7.6 (55.1%)
345	SZCZEPAŃSKI Marcin	2359	BEAUTY SPORT RUN	M50	14			01:55:00	03:10:12	04:50:27	05:49:02	<b>05:50:04.00</b>	<b>05:50:32.70</b>	+02:38:17 (45.2%)	7:56	7.6 (55.1%)
346	KWIATEK Tomasz	2489	CZARNKÓWEK SOCIAL RUNNING CLUB	M40	119			01:57:49	03:07:26	04:47:25	05:49:01	<b>05:50:00.60</b>	<b>05:50:33.00</b>	+02:38:17 (45.2%)	7:56	7.6 (55.1%)
347	SALA Paweł	2183	MIZUNO-TURBACZ TEAM	M40	120			02:04:03	03:12:04	04:49:25	05:49:28	<b>05:50:29.95</b>	<b>05:50:37.30</b>	+02:38:22 (45.2%)	7:56	7.5 (54.3%)
348	BRYZIEWSKA Patrycja	2197	ACCENTURE	K30	23			01:54:51	03:07:27	04:48:00	05:49:23	<b>05:50:19.90</b>	<b>05:50:41.40</b>	+02:38:26 (45.2%)	7:56	7.6 (55.1%)
349	BRYNDZA Krzysztof	2309		M50	15			02:01:55	03:08:54	04:48:32	05:49:06	<b>05:50:08.10</b>	<b>05:51:15.00</b>	+02:38:59 (45.3%)	7:56	7.6 (55.1%)
350	KOCOT Aleksandra	2920	PODIUM - ULTRA STYL ŻYCIA	K20	8			01:58:17	03:14:10	04:50:30	05:50:57	<b>05:52:00.50</b>	<b>05:52:11.10</b>	+02:39:55 (45.4%)	7:58	7.5 (54.3%)
351	PALUCZAK Tadeusz	2672	KWK BUDRYK	M30	139			01:51:59	03:03:05	04:46:48	05:50:23	<b>05:51:26.20</b>	<b>05:52:15.40</b>	+02:40:00 (45.4%)	7:58	7.5 (54.3%)
352	FIREK Rafał	2423	SAMOLOTOWY	M50	16			01:51:57	03:03:38	04:50:23	05:51:12	<b>05:52:08.05</b>	<b>05:52:33.15</b>	+02:40:17 (45.5%)	7:59	7.5 (54.3%)
353	TOLIUŠIS Matas	2677	WILD SOULS	M30	140			01:50:10	02:59:31	04:45:10	05:51:30	<b>05:52:18.40</b>	<b>05:52:34.10</b>	+02:40:18 (45.5%)	7:59	7.5 (54.3%)
354	NALEPA Szymon	2201	RUNNINGPERFORMANCE.PL	M40	121			02:04:37	03:18:17	04:49:53	05:50:33	<b>05:51:25.20</b>	<b>05:52:38.20</b>	+02:40:22 (45.5%)	7:58	7.5 (54.3%)
355	MARCZEWSKI Maciej	2763		M30	141			01:50:13	03:02:50	04:49:58	05:51:22	<b>05:52:17.60</b>	<b>05:52:39.55</b>	+02:40:24 (45.5%)	7:59	7.5 (54.3%)
356	RUSIN Anna	2382	KOZICE GÓRSKIE	K40	17			02:02:50	03:15:52	04:51:55	05:51:13	<b>05:52:23.40</b>	<b>05:53:06.15</b>	+02:40:50 (45.6%)	7:59	7.5 (54.3%)
357	KRUPA Krzysztof	2755	MOUNTAIN RUNNING GUIDES	M30	142			02:00:19	03:10:48	04:50:15	05:51:23	<b>05:52:12.60</b>	<b>05:53:18.05</b>	+02:41:02 (45.6%)	7:59	7.5 (54.3%)
358	CHOINA Kamil	2721	NIE BIEGAM Z KAMILEM	M30	143			02:05:09	03:17:36	04:55:33	05:50:59	<b>05:52:00.30</b>	<b>05:53:31.95</b>	+02:41:16 (45.6%)	7:58	7.5 (54.3%)
359	CIEPLY Maciej	2875	MOUNTAIN RUNNING GUIDES	M30	144			01:55:53	03:12:32	04:52:40	05:51:54	<b>05:52:56.60</b>	<b>05:53:38.70</b>	+02:41:23 (45.6%)	8:00	7.5 (54.3%)
360	BIELECKI Robert	2545	KEEN ON RUNNING	M50	17			02:01:38	03:14:11	04:52:03	05:52:09	<b>05:53:14.70</b>	<b>05:53:46.25</b>	+02:41:31 (45.7%)	8:00	7.5 (54.3%)
361	PIĄTOŃ Piotr	2856		M40	122			02:05:20	03:14:57	04:54:25	05:51:36	<b>05:52:33.10</b>	<b>05:53:56.70</b>	+02:41:41 (45.7%)	7:59	7.5 (54.3%)
362	OGIŃSKI Norbert	2646	-	M20	28			02:01:55	03:16:40	04:58:22	05:52:53	<b>05:53:44.80</b>	<b>05:53:59.40</b>	+02:41:44 (45.7%)	8:01	7.5 (54.3%)
363	BUROKAS Tomasz	2084	WILD SOULS	M30	145			02:00:12	03:18:29	04:55:05	05:52:52	<b>05:53:46.50</b>	<b>05:54:11.90</b>	+02:41:56 (45.7%)	8:01	7.5 (54.3%)
364	WINIAREK Leszek	2578	#TEAMDKMS	M50	18			01:56:37	03:09:22	04:54:17	05:53:04	<b>05:54:10.25</b>	<b>05:54:21.80</b>	+02:42:06 (45.7%)	8:01	7.5 (54.3%)
365	ORIOŁAS Edgaras	2136	WILD SOULS	M30	146			02:01:26	03:16:54	04:55:35	05:52:57	<b>05:54:13.20</b>	<b>05:54:28.80</b>	+02:42:13 (45.8%)	8:01	7.5 (54.3%)
366	RAJNER Krzysztof	2781	ULTRA KOSZALIN	M40	123			01:59:58	03:11:15	04:50:27	05:52:56	<b>05:54:05.80</b>	<b>05:54:34.80</b>	+02:42:19 (45.8%)	8:01	7.5 (54.3%)
367	JEZIORSKI Zbyszek	2193		M40	124			01:57:59	03:13:57	04:52:04	05:53:05	<b>05:54:14.80</b>	<b>05:54:41.00</b>	+02:42:25 (45.8%)	8:01	7.5 (54.3%)
368	JÓZEF Mateusz	2606	ULTRAJÓZKI	M30	147			01:50:25	03:02:39	04:55:39	05:53:24	<b>05:54:25.20</b>	<b>05:54:41.60</b>	+02:42:26 (45.8%)	8:02	7.5 (54.3%)
369	SZAFRAŃSKA Emilia	2256		K20	9			02:03:58	03:16:58	04:54:39	05:53:32	<b>05:54:35.45</b>	<b>05:54:53.10</b>	+02:42:37 (45.8%)	8:02	7.5 (54.3%)
370	ZAREMBA Algimantas	2247	WILD SOULS	M60	2			02:01:38	03:15:44	04:54:53	05:52:55	<b>05:54:01.95</b>	<b>05:54:54.15</b>	+02:42:38 (45.8%)	8:01	7.5 (54.3%)
371	RUKUSZEWICZ Wawrzyniec	2477	DZIKIE GRUBASY SZATANA	M40	125			01:59:53	03:12:20	04:55:51	05:52:56	<b>05:54:05.65</b>	<b>05:55:00.35</b>	+02:42:45 (45.8%)	8:01	7.5 (54.3%)
372	ZAGÓRSKI Krzysztof	2369	KS WINO	M40	126			01:55:44	03:07:51	04:48:53	05:53:02	<b>05:54:12.85</b>	<b>05:55:04.85</b>	+02:42:49 (45.9%)	8:01	7.5 (54.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Drużyna	Schronisko	Bacówka	Schronisko	Czas		Tempo min/km	Tempo km/h		
								na Przehybie 14.7km	na Obidzy 24.4km	pod Durbaszką 35.5km	43.7km	44.1km			44.1km	Różn
373	SUMIŃSKI Artur	2207		M40	127			02:00:36	03:12:53	04:52:35	05:53:25	<b>05:54:24.75</b>	<b>05:55:07.50</b>	+02:42:52 (45.9%)	8:02	7.5 (54.3%)
374	SZALAST Paweł	2189	Z16	M30	148			01:58:25	03:08:09	04:48:54	05:52:41	<b>05:53:45.60</b>	<b>05:55:14.80</b>	+02:42:59 (45.9%)	8:01	7.5 (54.3%)
375	PIVODA Petr	2663	POZDNÍ SBĚR	M40	128			01:58:44	03:13:53	04:56:44	05:53:35	<b>05:54:39.10</b>	<b>05:55:14.90</b>	+02:42:59 (45.9%)	8:02	7.5 (54.3%)
376	KOWALSKI Grzegorz	2881	PMCG PIASECZNO	M50	19			01:54:01	03:09:58	04:54:56	05:53:29	<b>05:54:30.30</b>	<b>05:55:15.90</b>	+02:43:00 (45.9%)	8:02	7.5 (54.3%)
377	JAKUBOWSKI Zbyszek	2293		M40	129			01:54:47	03:09:16	04:50:47	05:53:25	<b>05:54:54.60</b>	<b>05:55:16.55</b>	+02:43:01 (45.9%)	8:02	7.5 (54.3%)
378	MARUSZAK Artur	2641	JÓZEFOSŁAW	M40	130			01:51:41	03:03:36	04:49:57	05:53:18	<b>05:54:33.75</b>	<b>05:55:17.45</b>	+02:43:02 (45.9%)	8:02	7.5 (54.3%)
379	BAGSIK Łukasz	2946	QTEAM	M30	149			01:52:22	03:09:17	04:56:46	05:53:44	<b>05:54:48.35</b>	<b>05:55:19.85</b>	+02:43:04 (45.9%)	8:02	7.5 (54.3%)
380	PAJĄK Marek	2514	SIEMIANOWICE I PRZYJACIELE BIEGAJĄ	M40	131			01:57:18	03:14:51	04:59:12	05:53:31	<b>05:54:35.40</b>	<b>05:55:24.00</b>	+02:43:08 (45.9%)	8:02	7.5 (54.3%)
381	SIWAK Natalia	2747	UKS LIDER	K30	24			02:06:12	03:23:04	04:56:54	05:53:10	<b>05:54:12.35</b>	<b>05:55:36.55</b>	+02:43:21 (45.9%)	8:01	7.5 (54.3%)
382	WALECKI Jarosław	2288		M40	132			01:52:35	03:06:30	04:55:59	05:54:09	<b>05:55:13.20</b>	<b>05:55:37.45</b>	+02:43:22 (45.9%)	8:03	7.4 (53.6%)
383	RĘKAWEK Paulina	2733	TEAM ZABIEGANEDNI	K30	25			01:56:22	03:07:32	04:49:08	05:53:54	<b>05:55:00.00</b>	<b>05:55:41.40</b>	+02:43:26 (45.9%)	8:02	7.5 (54.3%)
384	KOPIŃSKI Oskar	2634		M30	150			01:52:03	03:08:10	04:55:08	05:53:54	<b>05:54:48.00</b>	<b>05:55:56.60</b>	+02:43:41 (46.0%)	8:02	7.5 (54.3%)
384	MAJEWSKI Kaol	2315	CIAPKI & KLAPKI TEAM	M20	29			01:59:04	03:12:26	04:53:17	05:53:49	<b>05:54:58.45</b>	<b>05:55:56.60</b>	+02:43:41 (46.0%)	8:02	7.5 (54.3%)
386	STANOWSKI Bartłomiej	2868	RUNNERS CIESZANÓW	M30	151			01:59:08	03:12:27	04:53:17	05:53:50	<b>05:54:59.05</b>	<b>05:55:57.10</b>	+02:43:41 (46.0%)	8:02	7.5 (54.3%)
387	KURCZ Magdalena	2739		K30	26			02:01:36	03:14:49	04:56:46	05:54:11	<b>05:55:10.70</b>	<b>05:56:11.15</b>	+02:43:55 (46.0%)	8:03	7.5 (54.3%)
388	MAŃKO Robert	2774	BOKS HARNAŚ ZAKOPANE	M30	152			01:49:58	03:01:26	04:51:29	05:55:29	<b>05:56:43.10</b>	<b>05:56:49.55</b>	+02:44:34 (46.1%)	8:05	7.4 (53.6%)
389	SIKORA Grzegorz	2029	MCBIEGACZE	M50	20			02:04:38	03:18:49	04:59:09	05:54:54	<b>05:55:45.30</b>	<b>05:56:55.30</b>	+02:44:40 (46.1%)	8:04	7.4 (53.6%)
390	KOPEĆ Renata	2015	TRAIL IS OUR WAY	K40	18			02:06:38	03:19:20	04:58:09	05:55:34	<b>05:56:37.35</b>	<b>05:56:56.50</b>	+02:44:41 (46.1%)	8:05	7.4 (53.6%)
391	GÓŻAŃSKI Jarosław	2570	ŁÓDŹ KOCHA SPORT	M50	21			01:53:49	03:04:15	04:50:44	05:55:52	<b>05:56:57.50</b>	<b>05:57:06.40</b>	+02:44:51 (46.2%)	8:05	7.4 (53.6%)
392	CZYŻEWSKI Łukasz	2614	INFLOW	M30	153			01:55:39	03:06:06	04:51:42	05:56:03	<b>05:56:52.20</b>	<b>05:57:26.45</b>	+02:45:11 (46.2%)	8:05	7.4 (53.6%)
393	NYKA Jan	2171		M50	22				03:07:47	04:57:29	05:56:08	<b>05:57:05.80</b>	<b>05:57:30.25</b>	+02:45:15 (46.2%)	8:05	7.4 (53.6%)
394	ADAMUS Jakub	2271		M30	154			01:58:31	03:11:49	04:55:09	05:56:10	<b>05:57:09.65</b>	<b>05:57:38.80</b>	+02:45:23 (46.2%)	8:05	7.4 (53.6%)
395	SŁOMCZYŃSKA Karolina	2531		K30	27			01:53:48	03:12:31	04:54:50	05:56:31	<b>05:57:29.70</b>	<b>05:57:46.20</b>	+02:45:30 (46.3%)	8:06	7.4 (53.6%)
396	SKOLIMOWSKI Jakub	2532		M30	155			01:53:47	03:12:31	04:54:48	05:56:31	<b>05:57:29.55</b>	<b>05:57:46.30</b>	+02:45:31 (46.3%)	8:06	7.4 (53.6%)
397	SYCHOWSKI Dawid	2562		M40	133			01:56:23	03:08:38	04:51:52	05:56:11	<b>05:57:16.55</b>	<b>05:58:03.55</b>	+02:45:48 (46.3%)	8:06	7.4 (53.6%)
398	KOLEGOWICZ Klaudia	2674		K30	28			02:00:18	03:15:55		05:57:17	<b>05:58:17.00</b>	<b>05:58:17.00</b>	+02:46:01 (46.3%)	8:07	7.4 (53.6%)
399	CHOJKA-BARTOSZKO Karolina	2914		K40	19			02:02:41	03:15:40	04:55:06	05:56:48	<b>05:57:55.70</b>	<b>05:58:56.90</b>	+02:46:41 (46.4%)	8:06	7.4 (53.6%)
400	BERG Lina	2028	WILD SOULS	K30	29			02:02:27	03:16:27	04:58:38	05:57:05	<b>05:58:11.85</b>	<b>05:58:58.75</b>	+02:46:43 (46.4%)	8:07	7.4 (53.6%)
401	TRZÓŚŁO Tomasz	2190	TOMASZ TRZÓŚŁO	M30	156			02:00:22	03:12:24	04:54:21	05:57:42	<b>05:58:30.90</b>	<b>05:59:34.20</b>	+02:47:18 (46.5%)	8:07	7.4 (53.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Drużyna	Schronisko	Bacówka	Schronisko	Czas		Różn	Tempo min/km	Tempo km/h	
								na Przehybie 14.7km	na Obidzy 24.4km	pod Durbaszką 35.5km	43.7km	44.1km				44.1km
402	<b>KRAJEWSKA Ewelina</b>	<b>2289</b>	GRUPA BIEGOWA "BEZ GRANIC"	K40	20			02:02:10	03:18:02	04:57:13	05:58:35	<b>05:59:25.00</b>	<b>05:59:37.80</b>	+02:47:22 (46.5%)	8:09	7.4 (53.6%)
403	<b>BETLEJ Mikołaj</b>	<b>2623</b>		M50	23			01:55:14	03:13:15	04:57:23	05:58:37	<b>05:59:40.40</b>	<b>05:59:47.85</b>	+02:47:32 (46.6%)	8:09	7.4 (53.6%)
404	<b>SOBCZYK Adam</b>	<b>2695</b>		M50	24			01:59:12	03:13:07	04:55:30	05:58:22	<b>05:59:23.60</b>	<b>05:59:54.70</b>	+02:47:39 (46.6%)	8:08	7.4 (53.6%)
405	<b>ZAWADKA Darek</b>	<b>2160</b>		M30	157			01:56:49	03:11:00	04:55:57	05:58:53	<b>05:59:52.25</b>	<b>06:00:04.10</b>	+02:47:48 (46.6%)	8:09	7.4 (53.6%)
406	<b>KOZERA Łukasz</b>	<b>2689</b>		M20	30			01:56:23	03:10:32	04:55:19	05:58:52	<b>06:00:01.30</b>	<b>06:00:31.80</b>	+02:48:16 (46.7%)	8:09	7.3 (52.9%)
407	<b>PAWLUCZUK Tomek</b>	<b>2950</b>	WŚCIEKŁE PIĘŚCI WĘŻA	M50	25			02:00:18	03:15:55	04:58:25	05:59:28	<b>06:00:23.10</b>	<b>06:00:38.00</b>	+02:48:22 (46.7%)	8:10	7.3 (52.9%)
408	<b>PUDEŁEK Agnieszka</b>	<b>2071</b>		K40	21			02:02:18	03:13:21	04:54:41	05:59:08	<b>06:00:20.50</b>	<b>06:00:50.15</b>	+02:48:34 (46.7%)	8:10	7.3 (52.9%)
409	<b>KORDECKA Anna</b>	<b>2154</b>	WCHSZT	K40	22			02:02:17	03:13:20	04:54:40	05:59:07	<b>06:00:20.15</b>	<b>06:00:50.45</b>	+02:48:35 (46.7%)	8:10	7.3 (52.9%)
410	<b>BERNATOWICZ Paweł</b>	<b>2571</b>		M20	31			02:02:37	03:14:06	04:58:51	05:59:16	<b>06:00:27.75</b>	<b>06:00:53.80</b>	+02:48:38 (46.7%)	8:10	7.3 (52.9%)
411	<b>WESOŁOWSKI Robert</b>	<b>2372</b>	DOBRA POLSKA CEBULA	M40	134			01:58:10	03:15:38	04:56:49	05:59:50	<b>06:01:01.50</b>	<b>06:01:22.70</b>	+02:49:07 (46.8%)	8:11	7.3 (52.9%)
412	<b>KĘDZIERSKI Michał</b>	<b>2429</b>	HTF LUDWIK SIKORSKI	M30	158			02:00:18	03:14:56	04:57:02	05:59:54	<b>06:01:03.65</b>	<b>06:01:44.55</b>	+02:49:29 (46.9%)	8:11	7.3 (52.9%)
413	<b>PARZNIEMSKI Maciej</b>	<b>2709</b>	TOWARZYSTWO TURYSTYCZNE AKS POLONIA WARSZAWA	M40	135			01:54:15	03:12:20	05:00:29	06:00:24	<b>06:01:21.75</b>	<b>06:02:06.60</b>	+02:49:51 (46.9%)	8:11	7.3 (52.9%)
414	<b>BUDZOŃ Bartosz</b>	<b>2204</b>	PMKW	M30	159			02:02:36	03:15:39	04:58:38	06:00:46	<b>06:01:57.15</b>	<b>06:02:21.85</b>	+02:50:06 (46.9%)	8:12	7.3 (52.9%)
415	<b>TROJNAR Daniel</b>	<b>2673</b>		M30	160			01:58:48	03:15:28	04:56:59	06:00:48	<b>06:01:46.00</b>	<b>06:02:28.10</b>	+02:50:12 (47.0%)	8:12	7.3 (52.9%)
416	<b>LISIK Wojciech</b>	<b>2448</b>	KS WINO	M40	136			01:55:45	03:10:13	04:56:16	06:00:42	<b>06:01:50.75</b>	<b>06:02:42.95</b>	+02:50:27 (47.0%)	8:12	7.3 (52.9%)
417	<b>ILCZUK Paweł</b>	<b>2936</b>	WATAHA	M30	161			01:56:43	03:08:11	04:52:29	06:00:18	<b>06:02:32.85</b>	<b>06:02:48.75</b>	+02:50:33 (47.0%)	8:13	7.3 (52.9%)
418	<b>KAMARŪNAS Darius</b>	<b>2064</b>	WILD SOULS	M30	162			01:47:31	02:57:42	04:48:15	06:01:40	<b>06:02:34.65</b>	<b>06:03:35.95</b>	+02:51:20 (47.1%)	8:13	7.3 (52.9%)
419	<b>GOTKIEWICZ-CICHON Edyta</b>	<b>2859</b>		K40	23			02:04:09	03:21:03	05:03:00	06:02:07	<b>06:03:10.00</b>	<b>06:03:46.50</b>	+02:51:31 (47.2%)	8:14	7.3 (52.9%)
420	<b>MARUT Artur</b>	<b>2977</b>	FITNESS FREAKS	M40	137			02:00:57	03:16:20	05:01:00	06:01:23	<b>06:02:30.55</b>	<b>06:03:54.15</b>	+02:51:38 (47.2%)	8:13	7.3 (52.9%)
421	<b>BRODECKI Artur</b>	<b>2469</b>	BIEGOLAS KOSZALIN	M40	138			02:06:16	03:21:39	05:02:48	06:02:18	<b>06:03:06.80</b>	<b>06:03:54.75</b>	+02:51:39 (47.2%)	8:14	7.3 (52.9%)
422	<b>IWANIEC Dariusz</b>	<b>2330</b>	BIEGOLAS KOSZALIN	M40	139			02:06:23	03:21:43	05:02:39	06:02:23	<b>06:03:14.70</b>	<b>06:03:57.20</b>	+02:51:41 (47.2%)	8:14	7.3 (52.9%)
423	<b>KOTULSKI Paweł</b>	<b>2927</b>		M30	163			02:11:47	03:26:39	05:07:06	06:01:35	<b>06:02:33.75</b>	<b>06:04:07.15</b>	+02:51:51 (47.2%)	8:13	7.3 (52.9%)
424	<b>PODRAZA Klaudia</b>	<b>2886</b>	PĘDZĄCE ŚLIMAKI	K30	30			02:03:27	03:21:36	05:05:47	06:02:56	<b>06:03:52.70</b>	<b>06:04:07.65</b>	+02:51:52 (47.2%)	8:15	7.3 (52.9%)
425	<b>ZAVADZANOVÁ Kristína</b>	<b>2688</b>	KAJETAJE	K20	10			02:01:29	03:16:00	04:59:19	06:02:47	<b>06:03:54.15</b>	<b>06:04:08.50</b>	+02:51:53 (47.2%)	8:15	7.3 (52.9%)
426	<b>HOLÝ Michal</b>	<b>2687</b>	VEREDASPORT/KAJETAJE	M30	164			02:01:29	03:15:59	04:59:56	06:02:34	<b>06:03:54.20</b>	<b>06:04:08.80</b>	+02:51:53 (47.2%)	8:15	7.3 (52.9%)
427	<b>KWIATKOWSKI Przemysław</b>	<b>2202</b>		M30	165			01:58:12	03:12:22	04:57:58	06:02:31	<b>06:03:42.15</b>	<b>06:04:17.95</b>	+02:52:02 (47.2%)	8:14	7.3 (52.9%)
428	<b>BOŁDYS Paweł</b>	<b>2211</b>	AW SZYBCIEJ TEAM	M30	166			02:01:17	03:16:01	05:00:16	06:02:50	<b>06:03:49.00</b>	<b>06:04:18.60</b>	+02:52:03 (47.2%)	8:14	7.3 (52.9%)
429	<b>ADAMCZYK Paulina</b>	<b>2740</b>		K30	31			01:59:28	03:13:30	04:59:04	06:03:00	<b>06:04:08.95</b>	<b>06:04:31.85</b>	+02:52:16 (47.3%)	8:15	7.3 (52.9%)
430	<b>STASIK Monika</b>	<b>2765</b>	INFINITY GYM ŁUKASZ SZAPORÓW	K30	32			02:01:42	03:14:42	04:58:58	06:02:59	<b>06:04:08.25</b>	<b>06:04:31.90</b>	+02:52:16 (47.3%)	8:15	7.3 (52.9%)
431	<b>MALINOWSKI Tomasz</b>	<b>2285</b>	UKS LIDER SIERCZA	M30	167			02:04:27	03:14:49	04:57:07	06:02:13	<b>06:03:13.05</b>	<b>06:04:36.30</b>	+02:52:21 (47.3%)	8:14	7.3 (52.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Drużyna	Schronisko	Bacówka	Schronisko	Czas		Tempo min/km	Tempo km/h		
								na Przehybie 14.7km	na Obidzy 24.4km	pod Durbaszką 35.5km	43.7km	44.1km			44.1km	Różn
432	<b>CZERNIAK Anna</b>	<b>2260</b>	RUCH IZBICA / VEGE RUNNERS	K30	33			02:08:28	03:22:26	04:59:52	06:02:23	<b>06:03:17.40</b>	<b>06:04:41.20</b>	+02:52:25 (47.3%)	8:14	7.3 (52.9%)
433	<b>SULTANOV Ruslan</b>	<b>2458</b>		M30	168			02:01:46	03:07:32	04:55:36	06:02:37	<b>06:03:51.85</b>	<b>06:05:02.70</b>	+02:52:47 (47.3%)	8:15	7.3 (52.9%)
434	<b>TILZEN Mikołaj</b>	<b>2816</b>	DRUŻYNA ORZECHA	M20	32			01:57:03	03:09:00	04:59:12	06:03:55	<b>06:04:57.65</b>	<b>06:05:49.25</b>	+02:53:34 (47.4%)	8:16	7.3 (52.9%)
435	<b>MIKOŁAJEWSKA Zofia</b>	<b>2012</b>	ORT	K30	34			02:02:41	03:14:13	05:00:59	06:04:44	<b>06:05:49.15</b>	<b>06:06:05.90</b>	+02:53:50 (47.5%)	8:17	7.2 (52.2%)
436	<b>BASIAK Michał</b>	<b>2867</b>		M30	169			02:01:27	03:15:50	05:00:44	06:04:52	<b>06:05:51.15</b>	<b>06:06:25.00</b>	+02:54:09 (47.5%)	8:17	7.2 (52.2%)
437	<b>JANCZAK Paweł</b>	<b>2572</b>	KOŁO BIEGA	M40	140			01:49:02	03:01:50	04:59:25	06:05:02	<b>06:06:16.10</b>	<b>06:06:28.25</b>	+02:54:13 (47.5%)	8:18	7.2 (52.2%)
438	<b>BACHURSKI Tomasz</b>	<b>2421</b>	KB HARCOWNIK/AW-SZYBCIEJ	M40	141			02:02:07	03:17:38	05:04:04	06:04:22	<b>06:05:25.40</b>	<b>06:06:28.60</b>	+02:54:13 (47.5%)	8:17	7.2 (52.2%)
439	<b>SOKOŁOWSKI Sławomir</b>	<b>2299</b>	BESKID MAŁY JEST WSPANIAŁY	M40	142			02:00:54	03:14:32	04:58:22	06:04:43	<b>06:05:52.70</b>	<b>06:06:35.85</b>	+02:54:20 (47.6%)	8:17	7.2 (52.2%)
440	<b>ZAREMBA Justas</b>	<b>2240</b>	WILD SOULS	M40	143			02:02:55	03:19:01	05:03:53	06:05:03	<b>06:06:04.40</b>	<b>06:06:57.05</b>	+02:54:41 (47.6%)	8:18	7.2 (52.2%)
441	<b>POGORZELSKI Mariusz</b>	<b>2870</b>		M50	26			02:01:31	03:16:16	05:00:50	06:05:28	<b>06:06:40.50</b>	<b>06:07:15.60</b>	+02:55:00 (47.7%)	8:18	7.2 (52.2%)
442	<b>STANISZEWSKA Joanna</b>	<b>2116</b>	SPC	K40	24			01:59:33	03:13:22	05:02:56	06:05:28	<b>06:06:23.25</b>	<b>06:07:26.15</b>	+02:55:10 (47.7%)	8:18	7.2 (52.2%)
443	<b>HŁASKO Anna</b>	<b>2953</b>		K30	35			02:03:55	03:18:18	05:00:44	06:05:52	<b>06:07:00.70</b>	<b>06:07:36.10</b>	+02:55:20 (47.7%)	8:19	7.2 (52.2%)
444	<b>KALBARCZYK Wojciech</b>	<b>2952</b>	ADIDAS RUNNERS WARSAW	M30	170			02:03:32	03:14:49	05:01:45	06:05:41	<b>06:06:45.50</b>	<b>06:08:03.60</b>	+02:55:48 (47.8%)	8:18	7.2 (52.2%)
445	<b>KARCZMARCZYK Tomasz</b>	<b>2032</b>		M40	144			01:59:58	03:15:13	05:02:07	06:06:02	<b>06:07:06.45</b>	<b>06:08:16.15</b>	+02:56:00 (47.8%)	8:19	7.2 (52.2%)
446	<b>KŁOCH Dawid</b>	<b>2915</b>	MEDIAFLEX	M40	145			02:00:21	03:13:44	05:03:08	06:06:13	<b>06:07:15.90</b>	<b>06:08:24.95</b>	+02:56:09 (47.8%)	8:19	7.2 (52.2%)
447	<b>NOWICKI Artur Nowicki</b>	<b>2345</b>		M30	171			01:58:30	03:16:35	05:03:08	06:07:31	<b>06:08:32.75</b>	<b>06:08:44.60</b>	+02:56:29 (47.9%)	8:21	7.2 (52.2%)
448	<b>DUMSAITE Jurita</b>	<b>2148</b>	WILD SOULS	K30	36			02:03:11	03:23:39	05:04:44	06:07:55	<b>06:08:54.00</b>	<b>06:08:54.00</b>	+02:56:38 (47.9%)	8:21	7.2 (52.2%)
449	<b>WRÓBEL Tomasz</b>	<b>2392</b>	MATNER TEAM	M30	172			02:01:40	03:19:17	05:08:17	06:08:05	<b>06:09:03.80</b>	<b>06:09:12.40</b>	+02:56:57 (47.9%)	8:22	7.2 (52.2%)
450	<b>SOWA-LEWANDOWSKA Katarzyna</b>	<b>2140</b>	UKS LIDER SIERCZA/TECHNIKAM/4F	K40	25	MP	UKS Lider Siercza	02:07:27	03:21:42	05:05:19	06:06:56	<b>06:08:00.10</b>	<b>06:09:24.85</b>	+02:57:09 (48.0%)	8:20	7.2 (52.2%)
451	<b>SZCZEKUTOWICZ Adrian</b>	<b>2405</b>	TYLKO MIĘCHO	M30	173			02:02:43	03:19:45	05:07:55	06:08:48	<b>06:09:37.75</b>	<b>06:09:59.40</b>	+02:57:44 (48.0%)	8:22	7.2 (52.2%)
452	<b>BARON Łukasz</b>	<b>2782</b>		M40	146			01:59:02	03:17:21	05:04:46	06:08:55	<b>06:10:04.35</b>	<b>06:10:37.65</b>	+02:58:22 (48.1%)	8:23	7.2 (52.2%)
453	<b>GAJEWSKI Jacek</b>	<b>2809</b>	DOGÓŃ GRODZISK MAZOWIECKI	M40	147			02:05:58	03:23:32	05:09:39	06:09:19	<b>06:10:28.90</b>	<b>06:11:09.60</b>	+02:58:54 (48.2%)	8:24	7.1 (51.4%)
454	<b>TEODOROWICZ Sylwester</b>	<b>2212</b>		M40	148			02:06:49	03:22:07	05:03:32	06:08:36	<b>06:09:56.85</b>	<b>06:11:13.85</b>	+02:58:58 (48.2%)	8:23	7.2 (52.2%)
455	<b>KOŻŁOWSKI Dawid</b>	<b>2701</b>		M30	174			02:07:04	03:25:18	05:10:14	06:10:29	<b>06:11:18.75</b>	<b>06:11:41.30</b>	+02:59:26 (48.3%)	8:25	7.1 (51.4%)
456	<b>ŚMIAŁEK Szymon</b>	<b>2011</b>		M30	175			02:11:13	03:29:08	05:09:52	06:09:52	<b>06:10:43.85</b>	<b>06:11:41.90</b>	+02:59:26 (48.3%)	8:24	7.1 (51.4%)
457	<b>JURECZKO Szymon</b>	<b>2826</b>		M40	149			02:00:04	03:15:11	05:03:38	06:10:21	<b>06:11:14.30</b>	<b>06:12:04.10</b>	+02:59:48 (48.3%)	8:25	7.1 (51.4%)
458	<b>PRZEPERSKI Krzysztof</b>	<b>2497</b>		M40	150			02:06:15	03:21:35	05:05:54	06:09:38	<b>06:10:41.10</b>	<b>06:12:12.35</b>	+02:59:57 (48.3%)	8:24	7.1 (51.4%)
459	<b>KAJUT Sylwester</b>	<b>2625</b>	AKTYWNI KOCIEWIACY	M40	151			01:52:25	03:03:00	05:05:29	06:09:34	<b>06:10:41.90</b>	<b>06:12:12.55</b>	+02:59:57 (48.3%)	8:24	7.1 (51.4%)
460	<b>MAJDA Maciej</b>	<b>2834</b>	MKL BRYGADA BESKIDÓW	M30	176			02:03:27	03:21:39	05:05:45	06:10:53	<b>06:12:00.90</b>	<b>06:12:16.10</b>	+03:00:00 (48.4%)	8:26	7.1 (51.4%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa		Schronisko	Bacówka	Schronisko	Czas netto		Czas	Tempo	Tempo	
						Polski	Drużyna	na Przehybie 14.7km	na Obidzy 24.4km	pod Durbaszką 35.5km	43.7km	44.1km	44.1km			Różn
461	<b>OSTROWSKI Rafał</b>	<b>2353</b>	AKTYWNIE - UZALEŻNIAMY	M40	152											
								02:03:06	03:24:17	05:13:35	06:11:18	<b>06:12:17.30</b>	<b>06:12:42.00</b>	+03:00:26 (48.4%)	8:26	7.1 (51.4%)
462	<b>SZWAJKA Aneta</b>	<b>2157</b>	STAJNIA BALONA	K50	3											
								02:06:14	03:21:13	05:06:00	06:10:36	<b>06:11:49.45</b>	<b>06:12:42.70</b>	+03:00:27 (48.4%)	8:25	7.1 (51.4%)
463	<b>PYTEL Stanisław</b>	<b>2817</b>	SCYZORYK	M30	177											
								01:49:48	03:07:44	04:53:34	06:11:12	<b>06:12:33.90</b>	<b>06:12:54.70</b>	+03:00:39 (48.4%)	8:26	7.1 (51.4%)
464	<b>FORREITER Oskar</b>	<b>2100</b>		M20	33											
								01:37:58	02:39:35	04:53:03	06:11:33	<b>06:12:43.30</b>	<b>06:13:18.75</b>	+03:01:03 (48.5%)	8:27	7.1 (51.4%)
465	<b>STOGOWSKI Grzegorz</b>	<b>2517</b>	PENDOLINO TEAM	M40	153											
								01:57:13	03:14:40	05:06:57	06:11:36	<b>06:12:45.30</b>	<b>06:13:38.60</b>	+03:01:23 (48.5%)	8:27	7.1 (51.4%)
466	<b>HEWIG Damian</b>	<b>2557</b>	FEROX RUN ENERGY	M40	154											
								02:01:51	03:14:10	05:03:50	06:12:11	<b>06:13:24.70</b>	<b>06:14:00.85</b>	+03:01:45 (48.6%)	8:28	7.1 (51.4%)
467	<b>FLEJSZAR Marcin</b>	<b>2284</b>		M30	178											
								02:10:21	03:28:49	05:12:14	06:12:29	<b>06:13:27.55</b>	<b>06:14:25.05</b>	+03:02:09 (48.7%)	8:28	7.1 (51.4%)
468	<b>KOZŁOWSKI Daniel</b>	<b>2354</b>	AKTYWNIE UZALEŻNIAMY	M40	155											
								01:58:55	03:15:31	05:06:37	06:13:04	<b>06:14:14.45</b>	<b>06:14:38.80</b>	+03:02:23 (48.7%)	8:29	7.1 (51.4%)
469	<b>PASEK Paweł</b>	<b>2585</b>		M30	179											
								02:04:17	03:16:46	05:05:14	06:12:36	<b>06:13:40.75</b>	<b>06:15:14.95</b>	+03:02:59 (48.8%)	8:28	7.1 (51.4%)
470	<b>FIGIEL Bartosz</b>	<b>2368</b>		M30	180											
								01:59:58	03:19:44	05:08:08	06:13:23	<b>06:14:29.10</b>	<b>06:15:17.85</b>	+03:03:02 (48.8%)	8:29	7.1 (51.4%)
471	<b>DUKIBAN Tomasz</b>	<b>2679</b>	BIEGAJ Z URSUSEM	M30	181											
								01:52:33	03:10:08	05:07:17	06:13:52	<b>06:15:00.55</b>	<b>06:15:28.00</b>	+03:03:12 (48.8%)	8:30	7.1 (51.4%)
472	<b>PRĘDKI Mirosław</b>	<b>2086</b>		M40	156											
								02:12:15	03:32:52	05:14:43	06:13:18	<b>06:14:15.40</b>	<b>06:15:45.10</b>	+03:03:29 (48.8%)	8:29	7.1 (51.4%)
473	<b>STASZCZYK Michał</b>	<b>2846</b>		M40	157											
								02:03:48	03:21:32	05:10:00	06:14:18	<b>06:15:17.10</b>	<b>06:15:46.60</b>	+03:03:31 (48.8%)	8:30	7.1 (51.4%)
474	<b>STASZCZYK Ania</b>	<b>2830</b>		K40	26											
								02:03:47	03:21:46	05:09:47	06:14:18	<b>06:15:16.60</b>	<b>06:15:46.70</b>	+03:03:31 (48.8%)	8:30	7.1 (51.4%)
475	<b>MARCINKOWSKA Martyna</b>	<b>2643</b>	42K PRO TEAM	K30	37											
								02:08:52	03:23:55	05:07:38	06:14:14	<b>06:15:21.75</b>	<b>06:15:52.70</b>	+03:03:37 (48.9%)	8:30	7 (50.7%)
476	<b>KOŚCIELNIAK Oliwia</b>	<b>2439</b>	DORWAC_FORME	K20	11											
								02:03:04	03:21:52	05:08:56	06:13:57	<b>06:15:20.65</b>	<b>06:15:57.75</b>	+03:03:42 (48.9%)	8:30	7 (50.7%)
477	<b>NOWICKI Zbigniew</b>	<b>2318</b>	TRI AMIGOS	M50	27											
								02:12:37	03:31:22	05:12:39	06:14:31	<b>06:15:36.90</b>	<b>06:16:05.60</b>	+03:03:50 (48.9%)	8:31	7 (50.7%)
478	<b>POPEŁAWSKA Magdalena</b>	<b>2854</b>		K40	27											
								02:11:46	03:32:19	05:13:05	06:13:47	<b>06:14:45.30</b>	<b>06:16:08.30</b>	+03:03:53 (48.9%)	8:29	7.1 (51.4%)
479	<b>CYRULIK Justyna</b>	<b>2427</b>	KRAKOWSKI KLUB OYAMA	K30	38											
								02:09:32	03:27:49	05:11:35	06:14:57	<b>06:15:52.85</b>	<b>06:16:28.55</b>	+03:04:13 (48.9%)	8:31	7 (50.7%)
480	<b>BAKIERA Kamil</b>	<b>2264</b>		M30	182											
								02:02:08	03:17:14	05:07:10	06:14:56	<b>06:15:54.30</b>	<b>06:16:41.50</b>	+03:04:26 (49.0%)	8:31	7 (50.7%)
481	<b>KRZOS Piotr</b>	<b>2617</b>		M40	158											
								02:09:49	03:28:24	05:10:40	06:14:33	<b>06:15:44.90</b>	<b>06:17:07.30</b>	+03:04:52 (49.0%)	8:31	7 (50.7%)
482	<b>OLBERT Ireneusz</b>	<b>2863</b>	PCC ULTRA RUNNERS	M50	28											
								01:58:16	03:17:34	05:10:46	06:16:09	<b>06:17:04.30</b>	<b>06:17:17.25</b>	+03:05:02 (49.0%)	8:33	7 (50.7%)
483	<b>KOWALCZYK Monika</b>	<b>2801</b>	UKS LIDER	K40	28											
								02:05:39	03:25:02	05:08:15	06:14:56	<b>06:15:55.30</b>	<b>06:17:19.80</b>	+03:05:04 (49.0%)	8:31	7 (50.7%)
484	<b>MARCINIAK Maciej</b>	<b>2367</b>		M50	29											
								02:07:26	03:27:09	05:13:47	06:15:10	<b>06:16:31.25</b>	<b>06:17:40.30</b>	+03:05:25 (49.1%)	8:32	7 (50.7%)
484	<b>KUREK Tomasz</b>	<b>2371</b>	OPALENICKI KLUB BIEGACZA	M40	159											
								02:07:41	03:27:08	05:13:36	06:15:17	<b>06:16:30.60</b>	<b>06:17:40.30</b>	+03:05:25 (49.1%)	8:32	7 (50.7%)
486	<b>KASICA Arkadiusz</b>	<b>2639</b>	MIĘDZYRZECKIE GAZELE	M40	160											
								01:59:12	03:12:28	05:09:15	06:16:54	<b>06:17:39.50</b>	<b>06:18:20.40</b>	+03:06:05 (49.2%)	8:33	7 (50.7%)
487	<b>SZCZEPAŃSKI Jakub</b>	<b>2400</b>		M50	30											
								02:06:54	03:22:16	05:12:24	06:17:24	<b>06:18:15.80</b>	<b>06:18:22.80</b>	+03:06:07 (49.2%)	8:34	7 (50.7%)
488	<b>VOJVODIK Martin</b>	<b>2447</b>		M50	31											
								02:08:17	03:24:58	05:07:04	06:16:40	<b>06:17:51.40</b>	<b>06:18:45.90</b>	+03:06:30 (49.2%)	8:34	7 (50.7%)
489	<b>MIZGAŁA Łukasz</b>	<b>2940</b>	SŁOŃCA JURY	M30	183											
								01:56:17	03:18:26	05:08:00	06:17:12	<b>06:18:21.85</b>	<b>06:18:47.25</b>	+03:06:32 (49.2%)	8:34	7 (50.7%)
490	<b>TYLIŃSKI Jacek</b>	<b>2941</b>	SŁOŃCE JURY	M40	161											
								01:56:16	03:18:24	05:08:09	06:17:10	<b>06:18:21.95</b>	<b>06:18:47.85</b>	+03:06:32 (49.2%)	8:34	7 (50.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa		Schronisko	Bacówka	Schronisko	Czas		Tempo	Tempo		
						Polski	Drużyna	na Przehybie 14.7km	na Obidzy 24.4km	pod Durbaszką 35.5km	43.7km	netto 44.1km			brutto 44.1km	Różn
491	MIROCHA Łukasz	2366	FIU FIU TEAM	M40	162											
								02:03:30	03:28:37	05:14:32	06:16:43	<b>06:17:50.25</b>	<b>06:18:56.90</b>	+03:06:41 (49.3%)	8:34	7 (50.7%)
492	SZCZEPANIAK Michał	2451	SAMOLOTOWY	M30	184			02:02:34	03:22:39	05:15:37	06:17:54	<b>06:18:55.40</b>	<b>06:19:13.85</b>	+03:06:58 (49.3%)	8:35	7 (50.7%)
493	RADECKI Wojciech	2253	NIEPOŁOMICE BIEGAJĄ	M50	32			02:05:43	03:15:50	05:02:23	06:16:33	<b>06:17:55.85</b>	<b>06:19:18.40</b>	+03:07:03 (49.3%)	8:34	7 (50.7%)
494	JONCZAK Radosław	2234	AKTYWNIE UZALEŻNIAMY	M50	33			01:57:03	03:15:12	05:09:47	06:17:55	<b>06:18:57.75</b>	<b>06:19:21.85</b>	+03:07:06 (49.3%)	8:35	7 (50.7%)
495	GROSSO Flavio	2656	ASD PAM MONDOVI-CHIU SA PESIO	M60	3			02:07:15	03:23:28	05:13:44	06:17:07	<b>06:18:08.60</b>	<b>06:19:28.40</b>	+03:07:13 (49.3%)	8:34	7 (50.7%)
496	BABICZ Marek	2340		M30	185			02:06:13	03:23:11	05:13:28	06:17:50	<b>06:18:53.50</b>	<b>06:19:28.50</b>	+03:07:13 (49.3%)	8:35	7 (50.7%)
497	ZEMBATY Marek	2438		M40	163			02:12:37	03:27:15	05:12:50	06:17:09	<b>06:18:15.15</b>	<b>06:19:34.30</b>	+03:07:19 (49.3%)	8:34	7 (50.7%)
498	DITTMAR Bartosz	2621		M30	186			02:03:16	03:20:57	05:12:03	06:17:35	<b>06:18:37.00</b>	<b>06:19:34.70</b>	+03:07:19 (49.4%)	8:35	7 (50.7%)
499	MACHNIK-KAJCA Marta	2415	KAJCA RUNNERS CLUB	K30	39			02:04:02	03:17:47	05:09:33	06:18:19	<b>06:19:19.50</b>	<b>06:19:34.80</b>	+03:07:19 (49.4%)	8:36	7 (50.7%)
500	GRUŻAITĖ Deimantė	2226	WILD SOULS	K40	29			02:07:28	03:29:07	05:10:25	06:17:52	<b>06:19:03.15</b>	<b>06:19:50.60</b>	+03:07:35 (49.4%)	8:35	7 (50.7%)
501	FRYDRYCH Mateusz	2300	PAWKO RUNNER TEAM	M30	187			02:18:04	03:38:55	05:20:58	06:18:04	<b>06:19:00.80</b>	<b>06:20:21.05</b>	+03:08:05 (49.5%)	8:35	7 (50.7%)
502	JANOWSKI Krzysztof	2811	CB 163	M30	188			02:04:43	03:24:45	05:18:04	06:18:25	<b>06:19:28.00</b>	<b>06:20:24.20</b>	+03:08:08 (49.5%)	8:36	7 (50.7%)
503	NORAS Alina	2103	ENDURANCE TEAM	K30	40			02:11:06	03:30:44	05:16:07	06:17:57	<b>06:19:10.15</b>	<b>06:20:31.45</b>	+03:08:16 (49.5%)	8:35	7 (50.7%)
504	SZCZYGIĘŁ Agnieszka	2665		K30	41			02:06:37	03:27:19	05:13:57	06:18:29	<b>06:19:42.85</b>	<b>06:20:52.00</b>	+03:08:36 (49.5%)	8:36	7 (50.7%)
505	KACZOR Ewa	2772		K40	30			02:13:52	03:32:46	05:16:03	06:18:38	<b>06:19:46.25</b>	<b>06:21:08.25</b>	+03:08:53 (49.6%)	8:36	7 (50.7%)
506	SZEWCZYK Wiesław	2979	ŁUKOWICA TO MY	M40	164			01:57:47	03:15:31	05:11:44	06:20:08	<b>06:21:21.00</b>	<b>06:21:31.80</b>	+03:09:16 (49.6%)	8:38	6.9 (50.0%)
507	ŠOKAITYTĖ Viltė	2119	TEAM IGNITE	K20	12			02:14:13	03:30:44	05:15:45	06:19:56	<b>06:20:53.95</b>	<b>06:21:44.10</b>	+03:09:28 (49.6%)	8:38	6.9 (50.0%)
508	STRZELCZYK Grażyna	2395		K40	31			02:19:13	03:37:20	05:17:12	06:19:58	<b>06:20:50.65</b>	<b>06:21:46.25</b>	+03:09:31 (49.6%)	8:38	6.9 (50.0%)
509	TUROWSKI Michał	2745	42K PRO TEAM	M30	189			02:10:28	03:31:13	05:13:57	06:20:04	<b>06:21:18.55</b>	<b>06:21:52.85</b>	+03:09:37 (49.7%)	8:38	6.9 (50.0%)
510	GURBOWICZ Jarosław	2789	BIEGAJĄCY TCZEW	M50	34			01:57:40	03:18:48	05:22:52	06:19:32	<b>06:20:37.85</b>	<b>06:21:53.50</b>	+03:09:38 (49.7%)	8:37	7 (50.7%)
511	CZUCHAJ Anna	2906	ING BANK ŚLĄSKI	K40	32			02:09:49	03:30:23	05:16:25	06:19:55	<b>06:21:07.40</b>	<b>06:22:11.30</b>	+03:09:56 (49.7%)	8:38	6.9 (50.0%)
512	PAWLAK Piotr	2835	MIĘDZYRZECKIE GAZELE	M40	165			01:59:12	03:12:38	05:09:16	06:20:48	<b>06:21:35.30</b>	<b>06:22:15.60</b>	+03:10:00 (49.7%)	8:39	6.9 (50.0%)
513	SZELAGOWSKI Michał	2675	POCHWALA NIEKONSEKWENCJI RC	M30	190			02:04:08	03:22:29	05:14:30	06:21:23	<b>06:22:29.20</b>	<b>06:22:47.80</b>	+03:10:32 (49.8%)	8:40	6.9 (50.0%)
514	WIECHETEK Artur	2550	STG WARSZAWA	M40	166			02:09:07	03:31:01	05:18:37	06:20:44	<b>06:21:49.35</b>	<b>06:22:55.75</b>	+03:10:40 (49.8%)	8:39	6.9 (50.0%)
515	LIS Bartłomiej	2706	GANG DZIKICH WIEPRZY	M20	34			01:58:38	03:16:11	05:12:02	06:21:31	<b>06:22:35.05</b>	<b>06:23:06.80</b>	+03:10:51 (49.8%)	8:40	6.9 (50.0%)
516	SCHULLER Norbert	2749	SWEP REPRE	M40	167			02:04:10	03:24:13	05:17:00	06:22:10	<b>06:23:16.60</b>	<b>06:23:41.70</b>	+03:11:26 (49.9%)	8:41	6.9 (50.0%)
517	CHUDY Kamil	2986		M30	191			02:05:00	03:19:18	05:12:48	06:22:50	<b>06:23:56.95</b>	<b>06:24:42.45</b>	+03:12:27 (50.0%)	8:42	6.9 (50.0%)
518	GRABKOWSKI Adam	2671	CB163	M30	192			02:04:39	03:24:45	05:18:05	06:22:52	<b>06:23:55.55</b>	<b>06:24:52.05</b>	+03:12:36 (50.0%)	8:42	6.9 (50.0%)
519	CZAJKOWSKI Krzysztof	2238	BRAK	M30	193			02:04:30	03:23:55	05:15:30	06:23:34	<b>06:24:38.70</b>	<b>06:25:10.60</b>	+03:12:55 (50.1%)	8:43	6.9 (50.0%)
520	MROZOWSKI Paweł	2165	KINGRUNNER	M40	168			02:04:01	03:25:01	05:15:50	06:24:15	<b>06:25:25.60</b>	<b>06:25:25.60</b>	+03:13:10 (50.1%)	8:44	6.9 (50.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa		Schronisko	Bacówka	Schronisko	Czas		Tempo	Tempo		
						Polski	Drużyna	na Przehybie 14.7km	na Obidzy 24.4km	pod Durbaszką 35.5km	43.7km	44.1km			44.1km	Różn
521	KOWALSKI Krzysztof	2209	2K	M40	169			02:00:06	03:22:30	05:12:21	06:24:11	<b>06:25:17.90</b>	<b>06:25:28.25</b>	+03:13:13 (50.1%)	8:44	6.9 (50.0%)
522	KOZERA Bartłomiej	2373		M30	194			02:03:14	03:22:41	05:16:26	06:23:43	<b>06:24:30.50</b>	<b>06:25:37.80</b>	+03:13:22 (50.1%)	8:43	6.9 (50.0%)
523	KLAWIKOWSKI Mateusz	2866		M30	195			02:02:53	03:20:07	05:14:08	06:24:02	<b>06:25:05.30</b>	<b>06:25:39.25</b>	+03:13:24 (50.1%)	8:43	6.9 (50.0%)
524	POPŁAWSKI Przemek	2855		M40	170			02:14:52	03:36:50	05:24:03	06:23:27	<b>06:24:19.80</b>	<b>06:25:42.70</b>	+03:13:27 (50.2%)	8:42	6.9 (50.0%)
525	LIKA Michał	2806		M30	196			01:59:17	03:21:17	05:20:16	06:24:10	<b>06:25:12.70</b>	<b>06:25:44.50</b>	+03:13:29 (50.2%)	8:44	6.9 (50.0%)
526	STASZEWICZ-WASILEWSKA Ewa	2332		K40	33			02:07:09	03:29:36	05:14:53	06:23:21	<b>06:24:36.55</b>	<b>06:25:48.10</b>	+03:13:32 (50.2%)	8:43	6.9 (50.0%)
527	SURLAS Izabela	2612	PRZEDWOJEWSKI TEAM	K30	42			02:13:11	03:32:29	05:17:50	06:24:05	<b>06:25:16.05</b>	<b>06:25:52.50</b>	+03:13:37 (50.2%)	8:44	6.9 (50.0%)
528	DOBRUT Krzysztof	2622	MIG ŚLIMAKI	M30	197			02:04:42	03:22:55	05:16:22	06:23:46	<b>06:24:53.30</b>	<b>06:25:54.05</b>	+03:13:38 (50.2%)	8:43	6.9 (50.0%)
529	GAJDECKI Tomek	2166	ACCENTURE	M40	171			02:04:58	03:23:10	05:17:04	06:24:36	<b>06:25:44.60</b>	<b>06:26:15.40</b>	+03:14:00 (50.2%)	8:44	6.9 (50.0%)
530	ZALEWSKI Paweł	2660	ROPUCH	M40	172			02:04:51	03:25:14	05:23:26	06:24:25	<b>06:25:16.00</b>	<b>06:26:17.45</b>	+03:14:02 (50.2%)	8:44	6.9 (50.0%)
531	KUŁAKOWSKI Dawid	2490	BIEGOLAS KOSZALIN	M40	173			02:10:52	03:33:41	05:21:40	06:24:38	<b>06:25:32.65</b>	<b>06:26:18.55</b>	+03:14:03 (50.2%)	8:44	6.9 (50.0%)
532	SZYSZKO Stanisław	2933		M30	198			02:05:13	03:23:43	05:16:39	06:26:13	<b>06:27:15.60</b>	<b>06:27:47.80</b>	+03:15:32 (50.4%)	8:46	6.8 (49.3%)
533	WILGAT Adam	2306	IMR TEAM	M50	35			02:08:38	03:27:28	05:17:56	06:26:33	<b>06:27:42.85</b>	<b>06:28:00.20</b>	+03:15:44 (50.5%)	8:47	6.8 (49.3%)
534	MADAJ-GOLDMAN Agata	2316	MAD&GOLD	K30	43			02:00:23	03:21:47	05:15:00	06:26:07	<b>06:27:26.90</b>	<b>06:28:01.50</b>	+03:15:46 (50.5%)	8:47	6.8 (49.3%)
535	WÓŁKIEWICZ Dorota	2176	TEAM ZABIEGANEDNI	K50	4			02:14:00	03:34:48	05:22:23	06:26:44	<b>06:27:50.15</b>	<b>06:28:09.85</b>	+03:15:54 (50.5%)	8:47	6.8 (49.3%)
536	ZBOZIEN Jakub	2352		M30	199			02:04:11	03:28:35	05:17:09	06:25:59	<b>06:27:24.85</b>	<b>06:28:11.25</b>	+03:15:56 (50.5%)	8:47	6.8 (49.3%)
537	JAKÓBCZAK Sylwia	2539	ŁÓDŹ KOCHA SPORT	K30	44			02:09:28	03:30:25	05:19:27	06:27:09	<b>06:28:26.50</b>	<b>06:28:45.10</b>	+03:16:29 (50.5%)	8:48	6.8 (49.3%)
538	PRZYDALSKI Wojtek	2841		M30	200			02:01:50	03:19:45	05:18:22	06:27:59	<b>06:29:13.20</b>	<b>06:29:30.35</b>	+03:17:15 (50.6%)	8:49	6.8 (49.3%)
539	NAMACZYŃSKI-KAPAŁA Brunon	2241		M30	201			02:03:03	03:21:34	05:18:20	06:27:50	<b>06:28:50.95</b>	<b>06:29:48.65</b>	+03:17:33 (50.7%)	8:49	6.8 (49.3%)
540	WOLWOWICZ Zbigniew	2503		M50	36			02:07:20	03:26:21	05:17:43	06:27:53	<b>06:29:16.15</b>	<b>06:29:54.90</b>	+03:17:39 (50.7%)	8:49	6.8 (49.3%)
541	KOPER Marcin	2786		M40	174			01:59:30	03:18:28	05:21:08	06:30:19	<b>06:31:28.60</b>	<b>06:31:28.60</b>	+03:19:13 (50.9%)	8:52	6.8 (49.3%)
542	WNUK-SCARDACCION Agnieszka	2370	ZNOWU W BIEGU	K30	45			02:10:21	03:30:54	05:20:21	06:29:29	<b>06:30:37.30</b>	<b>06:31:37.15</b>	+03:19:21 (50.9%)	8:51	6.8 (49.3%)
543	JAKUTAVIČIENĖ Inga	2652	LOVE STREAMS RUNNING	K40	34			02:19:28	03:38:52	05:22:28	06:29:34	<b>06:30:47.70</b>	<b>06:31:39.00</b>	+03:19:23 (50.9%)	8:51	6.8 (49.3%)
544	BINIENDA Agnieszka	2694	KOBIETY WATAHY	K40	35			02:10:55	03:36:30	05:26:27	06:29:26	<b>06:30:36.40</b>	<b>06:31:48.50</b>	+03:19:33 (50.9%)	8:51	6.8 (49.3%)
545	PUCHALSKI Tomasz	2632		M40	175			02:09:23	03:34:18	05:25:11	06:29:38	<b>06:30:49.25</b>	<b>06:31:55.20</b>	+03:19:39 (50.9%)	8:51	6.8 (49.3%)
546	MANISZEWSKI Mateusz	2909	ING BANK ŚLĄSKI	M40	176			02:09:50	03:30:25	05:22:07	06:29:45	<b>06:30:58.05</b>	<b>06:32:00.85</b>	+03:19:45 (51.0%)	8:51	6.8 (49.3%)
547	SYROKA Radosław	2024	TLENOWA RADOŚĆ TEAM	M30	202			02:14:34	03:36:41	05:26:11	06:30:03	<b>06:31:06.85</b>	<b>06:32:04.25</b>	+03:19:49 (51.0%)	8:52	6.8 (49.3%)
548	MAŁECKI Kamil	2446		M30	203			02:06:05	03:27:54	05:21:45	06:31:13	<b>06:32:19.65</b>	<b>06:32:35.45</b>	+03:20:20 (51.0%)	8:53	6.7 (48.6%)
549	LIPCZYŃSKI Tomasz	2343	AKTYWNIIE UZALEŻNIAMY	M40	177			02:04:02	03:28:19	05:24:30	06:31:30	<b>06:32:37.25</b>	<b>06:33:02.35</b>	+03:20:47 (51.1%)	8:54	6.7 (48.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Drużyna	Schronisko	Bacówka	Schronisko	Czas		Tempo min/km	Tempo km/h		
								na Przehybie 14.7km	na Obidzy 24.4km	pod Durbaszką 35.5km	43.7km	netto 44.1km			brutto 44.1km	Różn
550	<b>FOLTYN Maksymilian</b>	<b>2505</b>	FEDORKI	M30	204			02:15:58	03:40:29	05:24:21	06:31:21	<b>06:32:32.85</b>	<b>06:33:08.55</b>	+03:20:53 (51.1%)	8:54	6.7 (48.6%)
551	<b>NAWROCKI Piotr</b>	<b>2131</b>		M30	205			01:57:49	03:19:50	05:13:22	06:32:18	<b>06:33:19.90</b>	<b>06:33:26.60</b>	+03:21:11 (51.1%)	8:55	6.7 (48.6%)
552	<b>BANASIAK Krzysztof</b>	<b>2412</b>		M30	206			02:04:03	03:20:11	05:14:35	06:32:44	<b>06:34:13.00</b>	<b>06:34:52.50</b>	+03:22:37 (51.3%)	8:56	6.7 (48.6%)
553	<b>CHOMA Marek</b>	<b>2767</b>	PĘDZACE LENIWCE	M40	178			02:07:46	03:29:26	05:27:50	06:32:45	<b>06:33:41.90</b>	<b>06:34:58.90</b>	+03:22:43 (51.3%)	8:55	6.7 (48.6%)
554	<b>SUMIEC-SZYFNER Katarzyna</b>	<b>2279</b>	ZABIEGANI MIELEC	K30	46			02:12:19	03:36:13	05:30:31	06:33:21	<b>06:34:28.10</b>	<b>06:35:05.95</b>	+03:22:50 (51.3%)	8:56	6.7 (48.6%)
555	<b>DRAŃKO Piotr</b>	<b>2192</b>	HEINEKEN KRAKÓW RUNNING CLUB	M30	207			01:57:05	03:14:34	05:15:18	06:33:07	<b>06:34:10.05</b>	<b>06:35:08.25</b>	+03:22:53 (51.3%)	8:56	6.7 (48.6%)
556	<b>ULAS Jarosław</b>	<b>2852</b>	LUBIĘPIWO	M30	208			02:11:28	03:31:31	05:22:27	06:33:04	<b>06:34:26.85</b>	<b>06:35:34.05</b>	+03:23:18 (51.4%)	8:56	6.7 (48.6%)
557	<b>TARNAWSKA Anna</b>	<b>2378</b>	UKS LIDER SIERCZA	K40	36			02:18:13	03:38:47	05:29:09	06:33:48	<b>06:34:53.60</b>	<b>06:36:17.50</b>	+03:24:02 (51.5%)	8:57	6.7 (48.6%)
558	<b>CZAPLA Marcin</b>	<b>2089</b>		M30	209			02:16:54	03:39:29	05:31:12	06:34:06	<b>06:35:23.65</b>	<b>06:36:17.60</b>	+03:24:02 (51.5%)	8:57	6.7 (48.6%)
559	<b>GROMEK Edyta</b>	<b>2057</b>	SZYBCIEJ NIE DAM RADY	K40	37			02:12:30	03:34:25	05:24:31	06:34:10	<b>06:35:31.65</b>	<b>06:36:19.90</b>	+03:24:04 (51.5%)	8:58	6.7 (48.6%)
560	<b>KUNA Aleksandra</b>	<b>3321</b>	SII RUNNING TEAM	K30	47			02:07:41	03:27:29	05:32:54	06:34:40	<b>06:35:48.15</b>	<b>06:36:41.90</b>	+03:24:26 (51.5%)	8:58	6.7 (48.6%)
561	<b>HAŁAS Marcin</b>	<b>2921</b>	TEAM MX SKÓRCZ	M40	179			02:02:45	03:25:45	05:28:49	06:35:32	<b>06:36:44.75</b>	<b>06:36:58.85</b>	+03:24:43 (51.6%)	8:59	6.7 (48.6%)
562	<b>MIKOLAJCZYK Lukasz</b>	<b>2732</b>		M40	180			02:09:49	03:29:47	05:23:46	06:35:10	<b>06:36:37.85</b>	<b>06:37:43.20</b>	+03:25:27 (51.7%)	8:59	6.7 (48.6%)
563	<b>RUTKOWSKI Artur</b>	<b>2965</b>	RYKOWISKO TEAM	M40	181			02:09:09	03:29:39	05:21:55	06:36:38	<b>06:38:07.20</b>	<b>06:38:15.65</b>	+03:26:00 (51.7%)	9:01	6.6 (47.8%)
564	<b>RASZOWSKI Marek</b>	<b>2871</b>		M40	182			02:05:54	03:29:12	05:25:18	06:36:30	<b>06:37:36.40</b>	<b>06:38:17.60</b>	+03:26:02 (51.7%)	9:00	6.7 (48.6%)
565	<b>WOJEWODA Marcin</b>	<b>2433</b>	KOŁO BIEGA	M40	183			02:12:10	03:31:01	05:31:13	06:36:34	<b>06:37:32.05</b>	<b>06:38:36.25</b>	+03:26:21 (51.8%)	9:00	6.7 (48.6%)
566	<b>BURZA Kinga</b>	<b>2630</b>	LKS BURZYN	K40	38			02:12:38	03:34:41	05:25:37	06:36:46	<b>06:38:04.50</b>	<b>06:38:50.70</b>	+03:26:35 (51.8%)	9:01	6.6 (47.8%)
567	<b>PELCZAR Joanna</b>	<b>2380</b>	TRAIL IS OUR WAY TEAM	K30	48			02:06:55	03:27:50	05:22:25	06:37:17	<b>06:38:40.95</b>	<b>06:38:55.85</b>	+03:26:40 (51.8%)	9:02	6.6 (47.8%)
568	<b>ŻARNICKI Kamil</b>	<b>2807</b>	BANDA GRUDNIA	M30	210			02:01:42	03:13:26	05:04:25	06:36:09	<b>06:38:10.55</b>	<b>06:39:18.55</b>	+03:27:03 (51.9%)	9:01	6.6 (47.8%)
569	<b>KALISZUK Przemysław</b>	<b>2780</b>	BANDA GRUDNIA	M30	211			02:01:42	03:13:28	05:04:26	06:36:10	<b>06:38:10.85</b>	<b>06:39:18.85</b>	+03:27:03 (51.9%)	9:01	6.6 (47.8%)
570	<b>TOKARZ Marcin</b>	<b>2175</b>		M50	37			02:08:50	03:33:53	05:26:26	06:38:58	<b>06:40:07.30</b>	<b>06:40:28.00</b>	+03:28:12 (52.0%)	9:04	6.6 (47.8%)
571	<b>BOGUSZEWSKA Agata</b>	<b>2810</b>		K30	49			02:12:51	03:33:17	05:26:47	06:37:56	<b>06:39:09.05</b>	<b>06:40:36.80</b>	+03:28:21 (52.0%)	9:03	6.6 (47.8%)
572	<b>KOLANEK Dawid</b>	<b>2314</b>		M30	212			02:15:28	03:34:13	05:23:55	06:38:10	<b>06:39:37.35</b>	<b>06:40:45.80</b>	+03:28:30 (52.0%)	9:03	6.6 (47.8%)
573	<b>MARKOWSKA Hania</b>	<b>2967</b>		K20	13			02:11:21	03:36:29	05:28:40	06:38:09	<b>06:39:23.30</b>	<b>06:40:50.10</b>	+03:28:34 (52.0%)	9:03	6.6 (47.8%)
574	<b>KOŃPA Arkadiusz</b>	<b>2785</b>	OLIMPIC ACADEMY	M30	213			02:11:22	03:36:29	05:28:40	06:38:09	<b>06:39:23.15</b>	<b>06:40:50.20</b>	+03:28:34 (52.0%)	9:03	6.6 (47.8%)
575	<b>RZYSZKIEWICZ Tomasz</b>	<b>2597</b>	PĘDZĄCE LENIWCE	M50	38			02:08:10	03:29:36	05:27:48	06:38:41	<b>06:40:07.90</b>	<b>06:41:26.00</b>	+03:29:10 (52.1%)	9:04	6.6 (47.8%)
576	<b>OLEARCZYK Arkadiusz</b>	<b>2364</b>	BIEGOLAS KOSZALIN	M50	39			02:10:49	03:33:39	05:32:33	06:39:38	<b>06:40:53.60</b>	<b>06:41:42.75</b>	+03:29:27 (52.1%)	9:05	6.6 (47.8%)
577	<b>JUSZCZAK Zbigniew</b>	<b>2180</b>	PKB KMP KALISZ	M30	214			02:12:02	03:33:47	05:28:25	06:40:10	<b>06:41:32.10</b>	<b>06:42:04.45</b>	+03:29:49 (52.2%)	9:06	6.6 (47.8%)
578	<b>RĄCZKA Piotr</b>	<b>2521</b>	SIEMIANOWICE I PRZYJACIELE BIEGAJĄ	M40	184			02:12:19	03:39:01	05:35:56	06:40:24	<b>06:41:23.65</b>	<b>06:42:14.15</b>	+03:29:58 (52.2%)	9:06	6.6 (47.8%)
579	<b>KURAS Olga</b>	<b>2546</b>	NUNEK SPITFIRE	K30	50			02:13:20	03:40:13	05:35:01	06:40:17	<b>06:41:16.60</b>	<b>06:42:16.45</b>	+03:30:01 (52.2%)	9:05	6.6 (47.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa		Schronisko	Bacówka	Schronisko	Czas		Tempo	Tempo		
						Polski	Drużyna	na Przehybie 14.7km	na Obidzy 24.4km	pod Durbaszką 35.5km	43.7km	netto 44.1km			brutto 44.1km	Różn
580	DUTKIEWICZ Leszek	2519		M40	185			02:10:13	03:32:42	05:28:07	06:39:43	<b>06:40:45.85</b>	<b>06:42:18.00</b>	+03:30:02 (52.2%)	9:05	6.6 (47.8%)
581	LUBOWIECKA Katarzyna	2313		K50	5			02:13:19	03:35:53	05:28:19	06:40:34	<b>06:41:40.55</b>	<b>06:42:21.95</b>	+03:30:06 (52.2%)	9:06	6.6 (47.8%)
582	SERKOWSKI Marcin	2127	RCAGG7	M40	186			02:11:50	03:35:18	05:27:42	06:41:20	<b>06:42:32.05</b>	<b>06:43:03.55</b>	+03:30:48 (52.3%)	9:07	6.6 (47.8%)
583	WARDZYŃSKI Mateusz	2009		M40	187			02:13:22	03:35:30	05:31:56	06:40:28	<b>06:41:54.20</b>	<b>06:43:07.50</b>	+03:30:52 (52.3%)	9:06	6.6 (47.8%)
584	MNICH Zbigniew	2356		M40	188			02:06:31	03:27:40	05:25:32	06:41:10	<b>06:42:25.55</b>	<b>06:43:07.65</b>	+03:30:52 (52.3%)	9:07	6.6 (47.8%)
585	SZYPROWSKA Joanna	2435		K40	39			02:11:53	03:32:15	05:30:08	06:41:01	<b>06:42:30.70</b>	<b>06:43:49.10</b>	+03:31:33 (52.4%)	9:07	6.6 (47.8%)
586	BUTRYN Wojciech	2346		M50	40			02:17:32	03:34:36	05:30:30		<b>06:44:28.10</b>	<b>06:45:10.10</b>	+03:32:54 (52.5%)	9:10	6.5 (47.1%)
587	EJSYMONT Michał	2833		M20	35			02:09:03	03:31:53	05:35:01		<b>06:45:02.50</b>	<b>06:45:24.90</b>	+03:33:09 (52.6%)	9:11	6.5 (47.1%)
588	LASYK Agnieszka	2158		K40	40			02:12:50	03:37:32	05:30:45		<b>06:44:58.25</b>	<b>06:45:27.10</b>	+03:33:11 (52.6%)	9:10	6.5 (47.1%)
589	NIEPSUJ Maciej Niepsuj	2248		M50	41			02:12:40	03:39:44	05:28:44		<b>06:45:11.45</b>	<b>06:46:02.35</b>	+03:33:47 (52.7%)	9:11	6.5 (47.1%)
590	MUCHA Marek	2771	APOSTLES OF STARS	M30	215			02:14:12	03:43:12	05:35:10		<b>06:45:33.05</b>	<b>06:46:17.65</b>	+03:34:02 (52.7%)	9:11	6.5 (47.1%)
591	DOKUPIŁ Kinga	2512		K20	14			02:17:01	03:38:42	05:37:07		<b>06:45:26.60</b>	<b>06:46:23.30</b>	+03:34:08 (52.7%)	9:11	6.5 (47.1%)
592	STASZEWSKI Paweł	2062	BARTOSZ GORCZYCA TEAM	M50	42			02:14:24	03:35:04	05:33:08		<b>06:44:58.65</b>	<b>06:46:29.70</b>	+03:34:14 (52.7%)	9:10	6.5 (47.1%)
593	KOWALSKA-WALIŚ Agnieszka	2568	DOGOŃ GRODZISK MAZOWIECKI	K40	41			02:07:25	03:33:03	05:36:20		<b>06:45:51.60</b>	<b>06:46:31.80</b>	+03:34:16 (52.7%)	9:12	6.5 (47.1%)
594	JODELIUK Jevgenij	2053	JD SPORTS	M30	216			02:01:48	03:22:44	05:20:20		<b>06:45:36.30</b>	<b>06:46:36.80</b>	+03:34:21 (52.7%)	9:11	6.5 (47.1%)
595	CIEŻ Michał	2526		M30	217			02:24:35	03:42:29	05:38:17		<b>06:45:56.45</b>	<b>06:47:01.20</b>	+03:34:45 (52.8%)	9:12	6.5 (47.1%)
596	DAC Agata	2525		K30	51			02:24:34	03:42:29	05:38:16		<b>06:45:56.60</b>	<b>06:47:01.25</b>	+03:34:46 (52.8%)	9:12	6.5 (47.1%)
597	DOSKOCZ Nina	2333	BIEGAJĄCE ZĄBKI	K30	52			02:08:06	03:30:53	05:36:28		<b>06:46:15.05</b>	<b>06:47:02.70</b>	+03:34:47 (52.8%)	9:12	6.5 (47.1%)
598	DOSKOCZ Mikołaj	2334	BIEGAJĄCE ZĄBKI	M30	218			02:08:02	03:30:50	05:36:25		<b>06:46:11.70</b>	<b>06:47:02.90</b>	+03:34:47 (52.8%)	9:12	6.5 (47.1%)
599	CZAPLA Aleksandra	2090		K30	53			02:16:55	03:40:14	05:35:56		<b>06:46:16.85</b>	<b>06:47:10.10</b>	+03:34:54 (52.8%)	9:12	6.5 (47.1%)
600	KONIECZNY Tomasz	2466		M30	219			02:10:47	03:34:52	05:31:48		<b>06:46:02.75</b>	<b>06:47:17.75</b>	+03:35:02 (52.8%)	9:12	6.5 (47.1%)
601	RUCIŃSKA Honorata	2753	KILOMETRY ZBIERAMY & MALUJEMY-UŚMIECHY DZIECIOM	K40	42			02:16:57	03:42:48	05:37:06		<b>06:46:41.40</b>	<b>06:47:22.30</b>	+03:35:07 (52.8%)	9:13	6.5 (47.1%)
602	RADAJEWSKI Arkadiusz	2825	CROSS KRAPKOWICE	M50	43			02:13:48	03:36:25	05:32:25		<b>06:47:23.75</b>	<b>06:47:37.10</b>	+03:35:21 (52.8%)	9:14	6.5 (47.1%)
603	SULEWSKI Maciej	2583	BIEGAM BO LUBIĘ OSTROŁĘKA/CROSSBOX OSTROŁĘKA	M40	189			02:10:16	03:40:06	05:38:56		<b>06:46:46.20</b>	<b>06:47:42.90</b>	+03:35:27 (52.8%)	9:13	6.5 (47.1%)
604	JASTRZĘBSKA Marlena	2581		K40	43			02:10:17	03:40:12	05:38:57		<b>06:46:46.75</b>	<b>06:47:43.05</b>	+03:35:27 (52.8%)	9:13	6.5 (47.1%)
605	PAKULSKA Dorota	2048		K40	44			02:17:13	03:42:45	05:36:09		<b>06:47:12.85</b>	<b>06:47:58.35</b>	+03:35:43 (52.9%)	9:14	6.5 (47.1%)
606	PAUZAITE Juste	2610	WILD SOULS	K20	15			02:15:45	03:41:00	05:37:40		<b>06:47:32.95</b>	<b>06:48:23.40</b>	+03:36:08 (52.9%)	9:14	6.5 (47.1%)
607	GENDVILAITĖ Sonata	2254	#UNBREAKABLE / LITHUANIAN MILITARY ASSOCIATION TRAVELER'S CLUB	K50	6			02:16:18	03:41:47	05:37:40		<b>06:47:33.25</b>	<b>06:48:23.45</b>	+03:36:08 (52.9%)	9:14	6.5 (47.1%)
608	CZARDYBON Laura	2139		K40	45			02:17:32	03:42:17	05:40:10		<b>06:48:05.35</b>	<b>06:49:19.65</b>	+03:37:04 (53.0%)	9:15	6.5 (47.1%)
609	OLIŃSKI Paweł	2040		M40	190			02:11:38	03:35:16	05:36:28		<b>06:48:18.75</b>	<b>06:49:22.90</b>	+03:37:07 (53.0%)	9:15	6.5 (47.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa		Schronisko	Bacówka	Schronisko	Czas		Różn	Tempo min/km	Tempo km/h	
						Polski	Drużyna	na Przehybie 14.7km	na Obidzy 24.4km	pod Durbaszką 35.5km	43.7km	netto 44.1km				brutto 44.1km
610	KANTOCH Weronika	2266	PROJEKT1000UP	K30	54							06:48:54.30	06:49:53.25	+03:37:38 (53.1%)	9:16	6.5 (47.1%)
611	NOWOSIELSKA Magdalena	2787	ASICS FRONTRUNNER POLAND	K30	55							06:49:13.40	06:49:57.05	+03:37:41 (53.1%)	9:16	6.5 (47.1%)
612	WASIEWICZ Jolanta	2307		K40	46							06:49:08.25	06:50:03.65	+03:37:48 (53.1%)	9:16	6.5 (47.1%)
613	ORZEŁ Daniel	2957		M40	191							06:50:33.05	06:52:04.15	+03:39:48 (53.3%)	9:18	6.4 (46.4%)
614	MARTONAK Martin	2748		M40	192							06:51:40.30	06:52:06.35	+03:39:51 (53.3%)	9:20	6.4 (46.4%)
615	OLSZAK Zenon	2716		M60	4							06:50:56.10	06:52:08.25	+03:39:53 (53.4%)	9:19	6.4 (46.4%)
616	LECHVÁR Renáta	2783		K30	56							06:51:58.10	06:52:09.95	+03:39:54 (53.4%)	9:20	6.4 (46.4%)
617	BONDAR Paweł	2349		M30	220							06:51:31.25	06:52:10.60	+03:39:55 (53.4%)	9:19	6.4 (46.4%)
618	PRUCHNIEWSKA Agnieszka	2147	ROKIETNICA BIEGA	K40	47							06:51:53.55	06:52:16.30	+03:40:01 (53.4%)	9:20	6.4 (46.4%)
619	WÓJCICKI Marcin	2588	ŁĘCZNA BIEGA	M40	193							06:51:39.55	06:52:18.15	+03:40:02 (53.4%)	9:20	6.4 (46.4%)
620	GRZYWA Kinga	2944	PORUNNE FURGANIE	K40	48							06:51:40.55	06:52:34.05	+03:40:18 (53.4%)	9:20	6.4 (46.4%)
621	ZAWARTOWSKI Dawid	2363	MAVERICKS	M40	194							06:51:24.60	06:52:35.45	+03:40:20 (53.4%)	9:19	6.4 (46.4%)
622	GÓRA Roman	2329	BIEGOLAS KOSZALIN	M60	5							06:51:49.45	06:52:38.30	+03:40:23 (53.4%)	9:20	6.4 (46.4%)
623	KĘDZIORA Aleksandra	2027	-	K40	49							06:51:56.00	06:52:44.85	+03:40:29 (53.4%)	9:20	6.4 (46.4%)
624	DUDA Jacek	2510	SIEMIANOWICE I PRZYJACIELE BIEGAJĄ	M50	44							06:51:53.15	06:52:45.15	+03:40:29 (53.4%)	9:20	6.4 (46.4%)
625	LEMBOWICZ Grzegorz	2808	JESTEM OD ROMKA	M40	195							06:51:41.80	06:52:51.75	+03:40:36 (53.4%)	9:20	6.4 (46.4%)
626	HOBZDA Piotr	2305	#MYJUJSWOJEZROBILI	M40	196							06:52:52.50	06:53:21.00	+03:41:05 (53.5%)	9:21	6.4 (46.4%)
627	STAHOVEC Dominika	2793	MARAS TEAM	K30	57							06:53:31.50	06:54:17.20	+03:42:01 (53.6%)	9:22	6.4 (46.4%)
628	WOJEWÓDZKA Anna	2972	WOJEWÓDZCY TEAM	K30	58							06:53:18.45	06:54:19.30	+03:42:04 (53.6%)	9:22	6.4 (46.4%)
629	LEBODA Katarzyna	2911	WILD DOGS TEAM	K30	59							06:53:25.85	06:54:35.85	+03:42:20 (53.6%)	9:22	6.4 (46.4%)
630	KAŁAMAGA Agnieszka	2413	FUNDACJA DZIĘKI TOBIE	K40	50							06:54:06.25	06:54:46.20	+03:42:30 (53.6%)	9:23	6.4 (46.4%)
631	OSTROWSKA Natalia	2052		K30	60							06:54:13.20	06:54:49.90	+03:42:34 (53.7%)	9:23	6.4 (46.4%)
632	MEUS Martyna	2684		K30	61							06:54:29.30	06:55:06.25	+03:42:51 (53.7%)	9:23	6.4 (46.4%)
633	WATARZYSZYN Marzena	2644		K20	16							06:53:41.65	06:55:11.90	+03:42:56 (53.7%)	9:22	6.4 (46.4%)
634	MLAK Dariusz	2903		M40	197							06:54:08.60	06:55:20.10	+03:43:04 (53.7%)	9:23	6.4 (46.4%)
635	KAPAŁKA Kamil	2823	GROMNIK RUN TEAM	M20	36							06:54:51.35	06:55:24.00	+03:43:08 (53.7%)	9:24	6.4 (46.4%)
636	SACKIEWICZ-WIĄCEK Agnieszka	2579		K40	51							06:54:11.70	06:55:25.50	+03:43:10 (53.7%)	9:23	6.4 (46.4%)
637	ZALEWSKA Anna	2661	WIEDŹMY BIEGOWE	K40	52							06:54:37.00	06:55:38.15	+03:43:22 (53.7%)	9:24	6.4 (46.4%)
638	ŁATKOWSKA Monika	2752	GRUPA BIEGOWA CHTMO	K40	53							06:54:37.70	06:55:38.20	+03:43:22 (53.7%)	9:24	6.4 (46.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa		Schronisko	Bacówka	Schronisko	Czas		Tempo	Tempo		
						Polski	Drużyna	na Przehybie 14.7km	na Obidzy 24.4km	pod Durbaszką 35.5km	43.7km	netto 44.1km			brutto 44.1km	Różn
639	<b>SWIDER Dominik</b>	<b>2935</b>	HALNYTEAM	M40	198							<b>06:54:51.35</b>	<b>06:55:52.45</b>	+03:43:37 (53.8%)	9:24	6.4 (46.4%)
640	<b>DŁUŻEWSKI Rafał</b>	<b>2668</b>	ŁÓDŹ KOCHA SPORT	M30	221							<b>06:55:39.95</b>	<b>06:55:57.90</b>	+03:43:42 (53.8%)	9:25	6.4 (46.4%)
641	<b>KUKIEŁA Tomasz</b>	<b>2325</b>	BIEGOLAS KOSZALIN	M40	199							<b>06:55:20.55</b>	<b>06:56:08.80</b>	+03:43:53 (53.8%)	9:25	6.4 (46.4%)
642	<b>WIDEŁ Karol</b>	<b>2850</b>		M30	222							<b>06:54:33.50</b>	<b>06:56:10.45</b>	+03:43:55 (53.8%)	9:24	6.4 (46.4%)
643	<b>NAWROT Łukasz</b>	<b>2926</b>	BIEG Z CHRYSYUSEM	M40	200							<b>06:55:13.65</b>	<b>06:56:11.35</b>	+03:43:56 (53.8%)	9:24	6.4 (46.4%)
644	<b>MACIEJEWSKA Karolina</b>	<b>2039</b>		K40	54							<b>06:55:46.05</b>	<b>06:56:34.30</b>	+03:44:19 (53.8%)	9:25	6.4 (46.4%)
645	<b>LICHACZ Ania</b>	<b>2320</b>	GT RAT	K40	55							<b>06:55:47.80</b>	<b>06:56:34.35</b>	+03:44:19 (53.8%)	9:25	6.4 (46.4%)
646	<b>NAPIERAŁA Katarzyna</b>	<b>2506</b>		K40	56							<b>06:55:59.95</b>	<b>06:56:44.80</b>	+03:44:29 (53.9%)	9:25	6.4 (46.4%)
647	<b>GAĞOR Sebastian</b>	<b>2475</b>		M30	223							<b>06:56:57.30</b>	<b>06:57:34.90</b>	+03:45:19 (54.0%)	9:27	6.3 (45.7%)
648	<b>ZABDYR Marcin</b>	<b>3176</b>	KS PEGAZ	M50	45							<b>06:56:52.65</b>	<b>06:57:35.70</b>	+03:45:20 (54.0%)	9:27	6.3 (45.7%)
649	<b>PSZONAK Damian</b>	<b>2135</b>		M30	224							<b>06:56:13.50</b>	<b>06:57:45.20</b>	+03:45:29 (54.0%)	9:26	6.4 (46.4%)
650	<b>KOŚCIUCZUK Łukasz</b>	<b>2186</b>	FUNDACJA RAK'N'ROLL	M40	201							<b>06:57:00.20</b>	<b>06:58:35.40</b>	+03:46:20 (54.1%)	9:27	6.3 (45.7%)
651	<b>KOZDRÓJ Marcin</b>	<b>2742</b>		M40	202							<b>06:58:02.35</b>	<b>06:58:57.20</b>	+03:46:41 (54.1%)	9:28	6.3 (45.7%)
652	<b>KAMIŃSKI Piotr</b>	<b>2711</b>		M40	203							<b>06:58:54.65</b>	<b>06:59:04.95</b>	+03:46:49 (54.1%)	9:29	6.3 (45.7%)
653	<b>SOCHACKA Zuzanna</b>	<b>2344</b>		K40	57							<b>06:58:29.70</b>	<b>06:59:13.80</b>	+03:46:58 (54.1%)	9:29	6.3 (45.7%)
654	<b>MATRACKI Sebastian</b>	<b>2603</b>	TREKKING TEAM OSTROWIEC	M40	204							<b>06:58:58.90</b>	<b>06:59:35.50</b>	+03:47:20 (54.2%)	9:30	6.3 (45.7%)
655	<b>DEREŃ Wojciech</b>	<b>2536</b>	TREKKING TEAM OSTROWIEC SW	M50	46							<b>06:58:56.60</b>	<b>06:59:35.65</b>	+03:47:20 (54.2%)	9:29	6.3 (45.7%)
656	<b>BIENIEK Krzysztof</b>	<b>2849</b>	TREKKING TEAM OSTROWIEC ŚWIĘTOKRZYSKI	M40	205							<b>06:58:58.05</b>	<b>06:59:35.70</b>	+03:47:20 (54.2%)	9:30	6.3 (45.7%)
657	<b>CZERWONKO Jakub</b>	<b>2291</b>	#MYJUJZSWOJEZROBILI	M40	206							<b>06:59:10.60</b>	<b>06:59:40.40</b>	+03:47:25 (54.2%)	9:30	6.3 (45.7%)
658	<b>ORZEŁ Wojciech</b>	<b>2864</b>	DZIKI Z WARSZAWY	M40	207							<b>06:58:19.10</b>	<b>06:59:50.20</b>	+03:47:34 (54.2%)	9:29	6.3 (45.7%)
659	<b>MICHALAK Sławomir</b>	<b>2050</b>	INZYNIER.EU NOSI TRAILOWE BOTKI	M50	47							<b>06:59:36.80</b>	<b>07:00:01.85</b>	+03:47:46 (54.2%)	9:30	6.3 (45.7%)
660	<b>TOCHA Zbigniew</b>	<b>2507</b>	AKTYWNI KOCIEWIACY	M60	6							<b>06:58:49.30</b>	<b>07:00:23.70</b>	+03:48:08 (54.3%)	9:29	6.3 (45.7%)
661	<b>CHOJNACKI Mikołaj</b>	<b>2547</b>	WARSAW RUN CLUB	M40	208							<b>07:00:05.95</b>	<b>07:00:36.20</b>	+03:48:20 (54.3%)	9:31	6.3 (45.7%)
662	<b>SZYDŁOWSKI Bogdan</b>	<b>2590</b>	2ROWERY.COM.PL	M40	209							<b>06:59:27.40</b>	<b>07:00:43.05</b>	+03:48:27 (54.3%)	9:30	6.3 (45.7%)
663	<b>WEIS Michał</b>	<b>2683</b>	OBSTACLE CENTER TEAM	M30	225							<b>07:00:51.20</b>	<b>07:01:37.75</b>	+03:49:22 (54.4%)	9:32	6.3 (45.7%)
664	<b>ANTKOWIAK Mirosław Antkowiak</b>	<b>2227</b>	BIEGAM BO CHCĘ KROSNO ODRZAŃSKIE	M60	7							<b>07:00:40.55</b>	<b>07:01:53.75</b>	+03:49:38 (54.4%)	9:32	6.3 (45.7%)
665	<b>STAHOVEC Martin</b>	<b>2794</b>	MARAS TEAM	M40	210							<b>07:02:24.35</b>	<b>07:03:09.60</b>	+03:50:54 (54.6%)	9:34	6.3 (45.7%)
666	<b>SZYMCZAK Zbigniew</b>	<b>2355</b>	BIEGAJĄCE ZĄBKI	M50	48							<b>07:02:37.15</b>	<b>07:03:25.40</b>	+03:51:10 (54.6%)	9:34	6.3 (45.7%)
667	<b>WOJEWODA Renata</b>	<b>2143</b>		K40	58							<b>07:03:48.75</b>	<b>07:04:26.80</b>	+03:52:11 (54.7%)	9:36	6.2 (44.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Drużyna	Schronisko	Bacówka	Schronisko	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
								na Przehybie 14.7km	na Obidzy 24.4km	pod Durbaszką 35.5km					
668	SKÓRA Wojciech	2659		M40	211			02:17:27	03:47:13	05:48:33	07:04:09.90	07:04:38.00	+03:52:22 (54.7%)	9:37	6.2 (44.9%)
669	JĘDRZEJCZYK Agnieszka	2791		K50	7			02:21:46	03:49:05	05:50:20	07:03:37.65	07:04:44.75	+03:52:29 (54.7%)	9:36	6.2 (44.9%)
670	AUGUŚCIK Mariusz	2790		M60	8			02:18:49	03:49:26	05:50:20	07:03:37.90	07:04:45.00	+03:52:29 (54.7%)	9:36	6.2 (44.9%)
671	PIÓRKOWSKA Jolanta	2529	KOŁO BIEGA	K40	59			02:18:43	03:45:46	05:40:33	07:04:49.55	07:06:03.80	+03:53:48 (54.9%)	9:37	6.2 (44.9%)
672	ROSTEK Robert	2928		M30	226			02:07:13	03:31:10	05:46:55	07:06:08.50	07:06:30.00	+03:54:14 (54.9%)	9:39	6.2 (44.9%)
673	CHILIMONIUK Paweł	2890	PCA PAWEŁ CHILIMONIUK ARCHITEKT	M50	49			02:14:36	03:35:16	05:44:49	07:06:41.75	07:07:06.75	+03:54:51 (55.0%)	9:40	6.2 (44.9%)
674	REITER Jacek	2917		M30	227			02:23:41	03:45:45	05:54:21	07:06:32.30	07:08:08.85	+03:55:53 (55.1%)	9:40	6.2 (44.9%)
675	CHUDA Joanna	2759		K30	62			02:32:52	04:01:25	05:56:46	07:07:29.00	07:08:14.05	+03:55:58 (55.1%)	9:41	6.2 (44.9%)
676	KOWALCZYK Magda	2726	WARRIORS ŁÓDŹ	K30	63			02:13:55	03:50:53	05:55:30	07:08:06.15	07:09:31.70	+03:57:16 (55.2%)	9:42	6.2 (44.9%)
677	CYMBORSKA Jolanta	2295	NEW BALANCE RUN CLUB	K40	60			02:10:52	03:47:05	05:57:45	07:09:34.30	07:09:51.20	+03:57:35 (55.3%)	9:44	6.2 (44.9%)
678	BUGAJ Krzysztof	2379	NIENAŻARTE MISIE	M30	228			02:26:16	04:00:22	06:01:56	07:08:21.10	07:09:51.85	+03:57:36 (55.3%)	9:42	6.2 (44.9%)
679	SZYMAŃSKA Kinga	2281	WARRIORS ŁÓDŹ	K30	64			02:08:20	03:36:47	05:46:03	07:08:44.00	07:10:09.00	+03:57:53 (55.3%)	9:43	6.2 (44.9%)
680	KULA Damian	2319	SKPB KATOWICE	M30	229			02:15:24	03:46:32	05:46:13	07:08:53.30	07:10:19.90	+03:58:04 (55.3%)	9:43	6.2 (44.9%)
681	SZCZECH Łukasz	2670	BRACIAKISQUAD	M30	230			02:14:33	03:37:46	05:48:47	07:10:46.65	07:11:15.00	+03:58:59 (55.4%)	9:46	6.1 (44.2%)
682	PRZYBYŁA Eliza	2337	IRONTEAM TOMASZ MARCINEK	K30	65			02:18:14	03:50:04	05:54:37	07:09:55.00	07:11:22.60	+03:59:07 (55.4%)	9:44	6.2 (44.9%)
683	BOGDAN Jarosław	2563		M40	212			02:14:06	03:45:25	05:57:19	07:10:36.55	07:11:35.20	+03:59:19 (55.5%)	9:45	6.1 (44.2%)
684	DREWNIAK Krzysztof	4097		M40	213			02:21:49	03:55:30	05:59:40	07:10:26.25	07:11:58.90	+03:59:43 (55.5%)	9:45	6.1 (44.2%)
685	TENDAJ Daniel	2628		M50	50			02:21:17	03:46:58	05:46:52	07:11:37.40	07:12:43.80	+04:00:28 (55.6%)	9:47	6.1 (44.2%)
686	PIERZCHAŁA Jacek	2152		M40	214			02:18:21	03:43:56	05:52:31	07:11:54.50	07:13:09.25	+04:00:54 (55.6%)	9:47	6.1 (44.2%)
687	PIELECHA Rafał	2976		M40	215			02:04:20	03:32:37	05:34:27	07:13:14.55	07:14:18.55	+04:02:03 (55.7%)	9:49	6.1 (44.2%)
688	JASIŃSKI Krzysztof	2478	RUNAWAYS	M40	216			02:07:32	03:45:54	05:56:14	07:13:09.70	07:14:18.85	+04:02:03 (55.7%)	9:49	6.1 (44.2%)
689	PEŁKA Michał	2250		M40	217			02:11:43	03:36:42	05:50:06	07:13:07.70	07:14:29.70	+04:02:14 (55.8%)	9:49	6.1 (44.2%)
690	HELIOSZ Adam	2365		M40	218			02:15:59	03:43:26	05:53:16	07:13:30.70	07:14:32.70	+04:02:17 (55.8%)	9:49	6.1 (44.2%)
691	TOKARSKA Bożena	2179	#ADAMCZERWIŃSKITEAM	K40	61			02:23:44	03:52:10	06:01:09	07:14:26.15	07:15:09.50	+04:02:54 (55.8%)	9:51	6.1 (44.2%)
692	GARGALOVIC Marian	2779	ČERGOVRUN	M40	219			02:10:09	03:35:33	05:41:41	07:14:57.65	07:15:41.00	+04:03:25 (55.9%)	9:51	6.1 (44.2%)
693	PENCONEK Agata	2023		K40	62			02:17:00	03:49:13	05:57:23	07:15:31.20	07:16:18.70	+04:04:03 (55.9%)	9:52	6.1 (44.2%)
694	JELEŃ Tomasz	2500	TRIWISE TRIATHLON TEAM/AZS AWF KRAKÓW	M40	220			02:16:01	03:43:29	05:48:47	07:15:43.95	07:16:34.95	+04:04:19 (56.0%)	9:52	6.1 (44.2%)
695	SZCZEPAŃSKI Paweł	2635	TRAILTHERAPY	M40	221			02:26:40	03:59:17	05:55:07	07:16:10.65	07:16:44.55	+04:04:29 (56.0%)	9:53	6.1 (44.2%)
696	ŚLACZKA Arkadiusz	2375	FINISZ RYMANÓW	M40	222			02:20:30	03:44:23	05:58:53	07:16:01.45	07:16:50.60	+04:04:35 (56.0%)	9:53	6.1 (44.2%)
697	PISKORSKI Piotr	2604	ENDO GOLUB-DOBRZYŃ	M40	223			02:16:54	03:50:53	05:57:02	07:16:07.65	07:17:04.25	+04:04:49 (56.0%)	9:53	6.1 (44.2%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Drużyna	Schronisko	Bacówka	Schronisko	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
								na Przehybie 14.7km	na Obidzy 24.4km	pod Durbaszką 35.5km					
698	LEŚNIAK Marcin	2741	STANWEX II	M30	231			02:24:20	03:58:38	06:04:56	07:16:44.25	07:17:37.05	+04:05:21 (56.1%)	9:54	6.1 (44.2%)
699	KĘDZIERSKI Waldemar	2498	PODGÓRZ TORUŃ	M50	51			02:21:23	03:53:38	06:00:44	07:17:14.55	07:17:38.15	+04:05:22 (56.1%)	9:54	6.1 (44.2%)
700	KOZON Krzysztof	2420		M50	52			02:19:37	03:49:46	05:58:59	07:17:20.25	07:18:31.15	+04:06:15 (56.2%)	9:55	6.1 (44.2%)
701	KRYSZKIEWICZ Tomasz	2487		M50	53			02:22:20	03:51:14	06:00:55	07:18:18.30	07:18:44.00	+04:06:28 (56.2%)	9:56	6 (43.5%)
702	CHORZĘPA -PASIK Agnieszka	2848	KB HERMES	K50	8			02:18:11	03:51:22	06:04:10	07:18:26.15	07:18:52.75	+04:06:37 (56.2%)	9:56	6 (43.5%)
703	LIPINA Rafał	2795		M40	224			02:25:25	03:55:29	05:58:13	07:17:25.05	07:18:55.20	+04:06:39 (56.2%)	9:55	6 (43.5%)
704	WACHOWIAK Anna	2818		K30	66			02:21:36	03:54:04	05:59:09	07:17:55.45	07:18:57.95	+04:06:42 (56.2%)	9:55	6 (43.5%)
705	WIŚNIEWSKA Justyna	2228		K40	63			02:23:46	03:56:48	06:00:20	07:19:26.25	07:19:59.20	+04:07:43 (56.3%)	9:57	6 (43.5%)
706	WŁODAWIEC Joanna	2357		K20	17			02:05:09	03:33:57	06:00:15	07:19:48.20	07:20:14.85	+04:07:59 (56.3%)	9:58	6 (43.5%)
707	KABALA Joanna	2113	CMKP TEAM	K40	64			02:21:55	03:51:23	05:58:13	07:19:55.75	07:20:31.50	+04:08:16 (56.4%)	9:58	6 (43.5%)
708	KOSTRZEWA Krystian	2969		M20	37			02:12:23	03:44:13	05:57:14	07:20:21.20	07:21:06.50	+04:08:51 (56.4%)	9:59	6 (43.5%)
709	ŠERKŠNAITĖ Odeta	2244	WILD SOULS	K40	65			02:23:02	03:49:55	06:02:28	07:20:21.75	07:21:08.65	+04:08:53 (56.4%)	9:59	6 (43.5%)
710	KAWA Wioletta	2662		K30	67			02:24:00	03:52:47	06:02:36	07:20:58.85	07:22:09.00	+04:09:53 (56.5%)	9:59	6 (43.5%)
711	MILARSKI Andrzej	2383	SKAWINA BIEGA	M50	54			02:12:33	03:46:26	06:07:31	07:21:53.45	07:22:12.75	+04:09:57 (56.5%)	10:01	6 (43.5%)
712	WOLIŃSKA Agnieszka	2925	KUTNO BIEGA	K40	66			02:16:43	03:49:18	05:59:42	07:20:53.85	07:22:14.90	+04:09:59 (56.5%)	9:59	6 (43.5%)
713	GRINIG Arkadiusz	2453		M40	225			02:19:16	03:47:23	05:54:49	07:20:47.20	07:22:15.80	+04:10:00 (56.5%)	9:59	6 (43.5%)
714	GWÓŹDŹ Maciej	2593	ŁOJCE BIEGNO	M40	226			02:21:26	03:51:37	06:05:02	07:20:50.70	07:22:23.95	+04:10:08 (56.5%)	9:59	6 (43.5%)
715	SZYMAŃSKI Radosław	2828		M20	38			02:21:47	03:56:23	06:10:13	07:20:58.90	07:22:27.60	+04:10:12 (56.5%)	9:59	6 (43.5%)
716	WRÓBEL Grzegorz	2221	BYLE DO METY	M40	227			02:18:17	03:49:28	05:58:52	07:21:54.05	07:22:27.75	+04:10:12 (56.5%)	10:01	6 (43.5%)
717	RZEŹNICZEK Anna	2533	SKLEP TRIATHLONISTY	K30	68			02:13:12	03:47:54	06:06:23	07:22:03.35	07:22:46.85	+04:10:31 (56.6%)	10:01	6 (43.5%)
718	RZEPIŃSKI Łukasz	2602		M40	228			02:13:12	03:47:56	06:06:24	07:22:09.05	07:22:52.40	+04:10:37 (56.6%)	10:01	6 (43.5%)
719	CYRAN Grzegorz	2591	ŁOJCE BIEGNO	M40	229			02:21:25	03:51:40	06:05:02	07:23:01.75	07:24:35.65	+04:12:20 (56.8%)	10:02	6 (43.5%)
720	DYCKOWSKI Adam	2006		M20	39			02:11:18	03:43:56	05:55:41	07:23:12.65	07:24:40.25	+04:12:25 (56.8%)	10:02	6 (43.5%)
721	BARYCZA Bogumił	2394		M40	230			02:02:39	03:34:17	06:01:30	07:24:07.30	07:24:40.40	+04:12:25 (56.8%)	10:04	6 (43.5%)
722	BAŚ Anna	2224	LENIWCE	K50	9			02:26:54	03:59:33	06:09:03	07:23:49.85	07:24:46.75	+04:12:31 (56.8%)	10:03	6 (43.5%)
723	KREFT Katarzyna	2916		K40	67			02:18:03	03:55:28	06:02:15	07:23:56.95	07:25:22.85	+04:13:07 (56.8%)	10:03	6 (43.5%)
724	KOŁDYS Łukasz	2887		M40	231			02:18:03	03:55:36	06:02:16	07:23:57.55	07:25:23.25	+04:13:08 (56.8%)	10:04	6 (43.5%)
725	WÓJCIAK Ewelina	2899		K30	69			02:25:51	04:01:12	06:03:40	07:24:45.60	07:26:11.35	+04:13:56 (56.9%)	10:05	5.9 (42.8%)
726	PRZYDATEK Tomasz	2574	TREKKING TEAM OSTROWIEC	M40	232			02:30:21	04:04:51	06:13:41	07:26:33.25	07:27:11.85	+04:14:56 (57.0%)	10:07	5.9 (42.8%)
727	PRZYDATEK Iwona	2573	TREKKING TEAM OSTROWIEC ŚWIĘTOKRZYSKI	K40	68			02:30:21	04:04:46	06:13:39	07:26:31.60	07:27:11.90	+04:14:56 (57.0%)	10:07	5.9 (42.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski		Schronisko na Przehybie	Bacówka na Obidzy	Schronisko pod Durbaszką	43.7km	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						Drużyna	14.7km	24.4km	35.5km	44.1km		44.1km				
728	<b>SMÓLKOWSKA Iwona</b>	<b>2326</b>	PROJEKT 1000 UP	K40	69			02:25:20	03:56:04	06:06:56		<b>07:26:15.35</b>	<b>07:27:14.00</b>	+04:14:58 (57.0%)	10:07	5.9 (42.8%)
729	<b>MADEJ Marek Madej</b>	<b>2464</b>	KĘCKIE HARPGANY	M30	232			02:19:06	03:55:46	06:05:38		<b>07:26:47.40</b>	<b>07:27:48.85</b>	+04:15:33 (57.1%)	10:07	5.9 (42.8%)
730	<b>MALARCZYK Sławomir</b>	<b>2471</b>	KOZICE GÓRSKIE	M30	233			02:19:02	03:54:18	06:06:37		<b>07:26:48.15</b>	<b>07:27:49.90</b>	+04:15:34 (57.1%)	10:07	5.9 (42.8%)
731	<b>SZYMCZYK Michał</b>	<b>2278</b>		M30	234			02:15:50	03:56:19	06:13:13		<b>07:28:12.80</b>	<b>07:29:40.00</b>	+04:17:24 (57.2%)	10:09	5.9 (42.8%)
732	<b>ZANIEWSKI Daniel</b>	<b>2442</b>		M30	235			02:17:04	03:50:25	06:08:26		<b>07:29:04.55</b>	<b>07:30:20.45</b>	+04:18:05 (57.3%)	10:10	5.9 (42.8%)
733	<b>KORZENIOWSKA Małgorzata</b>	<b>2549</b>		K40	70			02:22:48	04:05:04	06:10:36		<b>07:30:11.80</b>	<b>07:30:37.85</b>	+04:18:22 (57.3%)	10:12	5.9 (42.8%)
734	<b>OCHNIK-KALINOWSKA Justyna</b>	<b>2034</b>		K40	71			02:19:36	03:50:37	06:05:52		<b>07:29:59.10</b>	<b>07:31:07.50</b>	+04:18:52 (57.4%)	10:12	5.9 (42.8%)
734	<b>KALINOWSKI Adam</b>	<b>2033</b>		M40	233			02:17:42	03:50:27	06:05:49		<b>07:29:57.10</b>	<b>07:31:07.50</b>	+04:18:52 (57.4%)	10:12	5.9 (42.8%)
736	<b>KĄKOL Ewelina</b>	<b>2942</b>		K20	18			02:19:41	03:59:13	06:08:52		<b>07:29:48.50</b>	<b>07:31:14.85</b>	+04:18:59 (57.4%)	10:11	5.9 (42.8%)
737	<b>JABŁOŃSKA Anna</b>	<b>2328</b>		K20	19			02:19:40	03:54:20	06:08:51		<b>07:29:48.70</b>	<b>07:31:15.00</b>	+04:18:59 (57.4%)	10:11	5.9 (42.8%)
738	<b>ZARĘBA Jolanta</b>	<b>2715</b>	CWKS RESOVIA	K50	10	MP	CWKS Resovia Rzeszów	02:24:53	04:02:50	06:07:21		<b>07:30:25.50</b>	<b>07:31:29.65</b>	+04:19:14 (57.4%)	10:12	5.9 (42.8%)
739	<b>HUDZIAK-OWCZAREK Ewa</b>	<b>2551</b>		K40	72			02:23:21	03:58:43	06:05:09		<b>07:31:33.95</b>	<b>07:31:47.00</b>	+04:19:31 (57.4%)	10:14	5.9 (42.8%)
740	<b>STAMM Tomasz</b>	<b>2959</b>		M50	55			02:19:57	03:56:56	06:00:51		<b>07:31:00.00</b>	<b>07:31:48.00</b>	+04:19:32 (57.4%)	10:13	5.9 (42.8%)
741	<b>WRÓBEL Tomasz</b>	<b>2169</b>		M30	236			02:18:09	03:43:29	06:00:50		<b>07:31:34.55</b>	<b>07:32:55.70</b>	+04:20:40 (57.6%)	10:14	5.9 (42.8%)
741	<b>KUBECKA Anna</b>	<b>2724</b>		K30	70			02:26:11	03:58:37	06:05:53		<b>07:31:34.30</b>	<b>07:32:55.70</b>	+04:20:40 (57.6%)	10:14	5.9 (42.8%)
743	<b>GOLUB Marcin</b>	<b>2385</b>	CANAL+	M30	237			02:18:45	03:53:10	06:10:28		<b>07:32:53.10</b>	<b>07:34:08.15</b>	+04:21:52 (57.7%)	10:16	5.8 (42.0%)
744	<b>HEBA Tomasz</b>	<b>2682</b>	OSTROBIEC	M40	234			02:14:49	03:53:40	06:12:46		<b>07:33:19.70</b>	<b>07:34:24.50</b>	+04:22:09 (57.7%)	10:16	5.8 (42.0%)
745	<b>MAZUR Łukasz</b>	<b>2696</b>		M40	235			02:14:49	03:53:40	06:12:34		<b>07:33:19.55</b>	<b>07:34:24.65</b>	+04:22:09 (57.7%)	10:16	5.8 (42.0%)
746	<b>DYCKZOWSKI Andrzej</b>	<b>2522</b>	TYGRYSKI KUBUSIA PUCHATKA	M60	9			02:13:31	03:46:38	05:55:43		<b>07:33:22.55</b>	<b>07:34:49.40</b>	+04:22:34 (57.7%)	10:16	5.8 (42.0%)
747	<b>KAŁA Jacek</b>	<b>2937</b>	JACEK TEAM	M40	236			02:23:49	04:03:54	06:14:50		<b>07:34:07.90</b>	<b>07:35:28.30</b>	+04:23:13 (57.8%)	10:17	5.8 (42.0%)
748	<b>WAJDOWICZ Ignacy</b>	<b>2424</b>	SPRÓCHNIALI HERKULESI	M40	237			02:24:45	04:03:40	06:14:03		<b>07:34:15.05</b>	<b>07:35:30.35</b>	+04:23:15 (57.8%)	10:18	5.8 (42.0%)
749	<b>CZYŻ Piotr</b>	<b>2339</b>		M40	238			02:22:28	03:55:25	06:13:42		<b>07:35:12.00</b>	<b>07:36:36.80</b>	+04:24:21 (57.9%)	10:19	5.8 (42.0%)
750	<b>TOMASZKIEWICZ Marek</b>	<b>2601</b>		M50	56			02:11:31	03:50:11	06:05:00		<b>07:35:32.80</b>	<b>07:36:41.25</b>	+04:24:26 (57.9%)	10:19	5.8 (42.0%)
751	<b>RZESZOT Łukasz</b>	<b>2592</b>	#TEAMSZÓSTABE	M40	239			02:19:54	03:54:42	06:21:41		<b>07:36:56.90</b>	<b>07:37:49.30</b>	+04:25:34 (58.0%)	10:21	5.8 (42.0%)
752	<b>SIEDLECKI Stanisław</b>	<b>2934</b>	FIZJOSPORT ŁĘCZNA	M50	57			02:16:50	03:47:59	06:17:53		<b>07:39:10.55</b>	<b>07:39:52.80</b>	+04:27:37 (58.2%)	10:24	5.8 (42.0%)
753	<b>FILAK Łukasz</b>	<b>2269</b>	PULPET	M50	58			02:21:33	03:55:48	06:19:02		<b>07:39:02.30</b>	<b>07:40:02.50</b>	+04:27:47 (58.2%)	10:24	5.8 (42.0%)
754	<b>ZWOLIŃSKI Gabriel</b>	<b>2897</b>	HURAGAN LIGOTA	M40	240			02:23:48	04:00:10	06:17:58		<b>07:39:40.45</b>	<b>07:40:19.90</b>	+04:28:04 (58.2%)	10:25	5.8 (42.0%)
755	<b>CHADUŁA Adrian</b>	<b>2376</b>	NIENAŻARTE MISIE	M30	238			02:27:00	04:04:36	06:19:21		<b>07:39:02.55</b>	<b>07:40:32.85</b>	+04:28:17 (58.3%)	10:24	5.8 (42.0%)
756	<b>JABŁOŃSKI Michał</b>	<b>2883</b>		M50	59			02:15:42	03:52:09	06:17:27		<b>07:40:51.10</b>	<b>07:41:16.40</b>	+04:29:01 (58.3%)	10:27	5.7 (41.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Drużyna	Schronisko	Bacówka	Schronisko	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
								na Przehybie 14.7km	na Obidzy 24.4km	pod Durbaszką 35.5km					
757	<b>RYBUS Maciej</b>	<b>2613</b>	GRABSKIEGO TEAM	M40	241			02:23:58	04:03:06	06:19:39	<b>07:40:54.15</b>	<b>07:42:05.40</b>	+04:29:50 (58.4%)	10:27	5.7 (41.3%)
758	<b>NOWAK Karol</b>	<b>2647</b>		M40	242			02:27:16	04:03:59	06:18:20	<b>07:40:51.50</b>	<b>07:42:13.80</b>	+04:29:58 (58.4%)	10:27	5.7 (41.3%)
759	<b>RÓŻAK- RUKUSZEWICZ Magdalena</b>	<b>2059</b>	DZIKIE GRUBASY SZATANA	K40	73			02:29:13	04:05:32	06:19:29	<b>07:41:33.65</b>	<b>07:42:27.70</b>	+04:30:12 (58.4%)	10:27	5.7 (41.3%)
760	<b>KUŁAKOWSKI Piotr</b>	<b>2922</b>	CZLAPACZE	M60	10			02:31:13	04:02:45	06:18:18	<b>07:41:23.25</b>	<b>07:42:59.95</b>	+04:30:44 (58.5%)	10:27	5.7 (41.3%)
761	<b>KRAWCZYK Agnieszka</b>	<b>2263</b>		K40	74			02:22:44	04:07:40	06:17:07	<b>07:42:36.45</b>	<b>07:43:11.05</b>	+04:30:55 (58.5%)	10:29	5.7 (41.3%)
762	<b>SACHA Małgorzata</b>	<b>2261</b>	BKB CZARNA PERŁA	K30	71			02:22:44	04:07:39	06:17:07	<b>07:42:36.80</b>	<b>07:43:11.35</b>	+04:30:56 (58.5%)	10:29	5.7 (41.3%)
763	<b>PAWLAK Agnieszka</b>	<b>2215</b>		K30	72			03:08:15	04:46:40	06:36:05	<b>07:42:47.30</b>	<b>07:44:02.90</b>	+04:31:47 (58.6%)	10:29	5.7 (41.3%)
764	<b>FILON Małgorzata</b>	<b>2900</b>		K40	75			02:26:30	04:03:59	06:12:40	<b>07:42:45.90</b>	<b>07:44:24.50</b>	+04:32:09 (58.6%)	10:29	5.7 (41.3%)
765	<b>ŚMIGIELSKI Marek</b>	<b>2450</b>		M40	243			02:27:54	04:04:14	06:16:51	<b>07:43:22.00</b>	<b>07:44:35.00</b>	+04:32:19 (58.6%)	10:30	5.7 (41.3%)
766	<b>GROCHOWICZ Robert</b>	<b>2280</b>		M50	60			02:21:35	03:59:45	06:10:54	<b>07:43:26.90</b>	<b>07:44:46.95</b>	+04:32:31 (58.6%)	10:30	5.7 (41.3%)
767	<b>DRABIK Jacek</b>	<b>2800</b>	JACEK.DRABIK@GMAIL.COM	M60	11			02:32:30	04:06:27	06:21:51	<b>07:44:13.80</b>	<b>07:45:07.60</b>	+04:32:52 (58.7%)	10:31	5.7 (41.3%)
768	<b>KIEŁBUS Mirosław</b>	<b>2664</b>		M50	61			02:22:57	03:57:59	06:12:21	<b>07:44:30.00</b>	<b>07:45:33.10</b>	+04:33:17 (58.7%)	10:31	5.7 (41.3%)
769	<b>KĘSIK Michał</b>	<b>2397</b>	ZDARTE PODESZWY	M40	244			02:23:24	03:55:51	06:07:20	<b>07:44:13.05</b>	<b>07:45:44.45</b>	+04:33:29 (58.7%)	10:31	5.7 (41.3%)
770	<b>KSIĄŻEK Tomasz</b>	<b>2837</b>		M40	245			02:36:28	04:13:10	06:29:02	<b>07:44:45.95</b>	<b>07:45:58.45</b>	+04:33:43 (58.7%)	10:32	5.7 (41.3%)
771	<b>KSIĄŻEK Danuta</b>	<b>2836</b>		K40	76			02:36:29	04:13:11	06:29:03	<b>07:44:46.40</b>	<b>07:45:58.60</b>	+04:33:43 (58.7%)	10:32	5.7 (41.3%)
772	<b>FIC Radosław</b>	<b>2923</b>		M40	246			02:15:08	03:59:33	06:21:37	<b>07:45:37.60</b>	<b>07:46:01.65</b>	+04:33:46 (58.7%)	10:33	5.7 (41.3%)
772	<b>FOGT Monika</b>	<b>2182</b>		K40	77			02:15:08	03:59:32	06:21:36	<b>07:45:37.85</b>	<b>07:46:01.65</b>	+04:33:46 (58.7%)	10:33	5.7 (41.3%)
774	<b>STYPUŁKOWSKI Dariusz</b>	<b>2479</b>	RUNAWAYS	M40	247			02:18:24	03:55:36	06:12:10	<b>07:45:08.80</b>	<b>07:46:18.45</b>	+04:34:03 (58.8%)	10:32	5.7 (41.3%)
775	<b>PAJĄK Jacek</b>	<b>2422</b>	HURAGAN LIGOTA	M20	40			02:20:30	03:51:02	06:12:31	<b>07:45:16.90</b>	<b>07:46:30.70</b>	+04:34:15 (58.8%)	10:33	5.7 (41.3%)
776	<b>ALBINIAK Marcin</b>	<b>2311</b>		M50	62			02:13:00	03:51:24	06:16:35	<b>07:45:58.05</b>	<b>07:46:44.20</b>	+04:34:28 (58.8%)	10:33	5.7 (41.3%)
777	<b>MATWIJCZYK Adam</b>	<b>2206</b>		M30	239			02:28:01	04:03:02	06:18:05	<b>07:46:12.85</b>	<b>07:47:06.00</b>	+04:34:50 (58.8%)	10:34	5.7 (41.3%)
778	<b>WALASIK Piotr</b>	<b>2700</b>		M40	248			02:14:54	03:46:11	06:13:08	<b>07:46:17.15</b>	<b>07:47:33.65</b>	+04:35:18 (58.9%)	10:34	5.7 (41.3%)
779	<b>BIEL Piotr</b>	<b>2389</b>		M30	240			02:15:26	03:54:47	06:15:30	<b>07:46:44.20</b>	<b>07:48:07.75</b>	+04:35:52 (58.9%)	10:35	5.7 (41.3%)
780	<b>STACHURSKI Paweł</b>	<b>2287</b>	KRÓLOWIE ŻYCIA	M30	241			02:21:54	03:55:12	06:14:49	<b>07:46:55.05</b>	<b>07:48:29.15</b>	+04:36:13 (59.0%)	10:35	5.7 (41.3%)
781	<b>OSIAL Anita</b>	<b>2538</b>	BRAK	K40	78			02:30:33	04:06:48	06:17:33	<b>07:48:05.00</b>	<b>07:48:56.65</b>	+04:36:41 (59.0%)	10:36	5.7 (41.3%)
782	<b>KOWALSKI Tomasz</b>	<b>2390</b>	KB PACE	M40	249			02:23:30	04:10:51	06:27:27	<b>07:48:17.95</b>	<b>07:49:27.00</b>	+04:37:11 (59.0%)	10:37	5.7 (41.3%)
783	<b>GOŁDYN Katarzyna</b>	<b>2728</b>	INFINITY - GYM	K50	11			02:32:50	04:18:40	06:28:23	<b>07:50:06.40</b>	<b>07:50:29.55</b>	+04:38:14 (59.1%)	10:39	5.6 (40.6%)
784	<b>PETRO Peter</b>	<b>2743</b>	SWEP REPPE	M30	242			02:30:30	04:05:19	06:28:48	<b>07:51:04.65</b>	<b>07:51:33.00</b>	+04:39:17 (59.2%)	10:40	5.6 (40.6%)
785	<b>BICKUNIENE Danguole</b>	<b>2134</b>	WILD SOULS	K50	12			02:31:39	04:11:51	06:21:41	<b>07:51:08.05</b>	<b>07:52:24.15</b>	+04:40:08 (59.3%)	10:40	5.6 (40.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa		Schronisko	Bacówka	Schronisko	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						Polski	Drużyna	na Przehybie 14.7km	na Obidzy 24.4km	pod Durbaszką 35.5km					
786	<b>HOŁUJ Andrzej</b>	<b>2681</b>		M50	63						<b>07:51:28.90</b>	<b>07:52:48.65</b>	+04:40:33 (59.3%)	10:41	5.6 (40.6%)
787	<b>WARLIKOWSKA Karolina</b>	<b>2428</b>	SPC	K20	20						<b>07:52:40.95</b>	<b>07:53:32.35</b>	+04:41:17 (59.4%)	10:43	5.6 (40.6%)
788	<b>FELKEL Ewa</b>	<b>2403</b>	PIĄTKOWO NA BIEGOWO	K50	13						<b>07:54:17.85</b>	<b>07:55:08.10</b>	+04:42:52 (59.5%)	10:45	5.6 (40.6%)
789	<b>LIETZ Kamil</b>	<b>2473</b>		M20	41						<b>07:54:11.60</b>	<b>07:55:44.70</b>	+04:43:29 (59.6%)	10:45	5.6 (40.6%)
790	<b>MURASZEW DĄBROWSKA Katarzyna</b>	<b>2296</b>	NBRC	K40	79						<b>07:55:19.50</b>	<b>07:55:50.60</b>	+04:43:35 (59.6%)	10:46	5.6 (40.6%)
791	<b>KOLASSA Ryszard</b>	<b>2496</b>	AKTYWNI KOCIEWIACY	M60	12						<b>07:54:26.65</b>	<b>07:56:00.90</b>	+04:43:45 (59.6%)	10:45	5.6 (40.6%)
792	<b>ZAWADZKI Piotr</b>	<b>2022</b>		M40	250						<b>07:55:16.80</b>	<b>07:56:05.65</b>	+04:43:50 (59.6%)	10:46	5.6 (40.6%)
793	<b>ZAJĄC Anna</b>	<b>2754</b>		K40	80						<b>07:55:01.95</b>	<b>07:56:16.35</b>	+04:44:01 (59.6%)	10:46	5.6 (40.6%)
794	<b>SIEKIERA Aleksandra</b>	<b>2220</b>	PURA VIDA TEAM	K30	73						<b>07:55:19.15</b>	<b>07:56:44.90</b>	+04:44:29 (59.7%)	10:46	5.6 (40.6%)
795	<b>SOKOŁOWSKI Artur</b>	<b>2947</b>	TEAM ZABIEGANEDNI	M40	251						<b>07:56:41.75</b>	<b>07:57:33.55</b>	+04:45:18 (59.7%)	10:48	5.6 (40.6%)
796	<b>SZYMANIK Paweł</b>	<b>2454</b>		M50	64						<b>07:57:12.65</b>	<b>07:57:38.75</b>	+04:45:23 (59.7%)	10:49	5.5 (39.9%)
797	<b>TOKARSKI Rafał</b>	<b>2178</b>		M40	252						<b>07:56:57.80</b>	<b>07:57:42.05</b>	+04:45:26 (59.8%)	10:48	5.5 (39.9%)
798	<b>CIESZYŃSKI Mariusz</b>	<b>2637</b>	BEAUTY-STUDIO LOĘBORK	M50	65						<b>07:56:44.35</b>	<b>07:58:12.75</b>	+04:45:57 (59.8%)	10:48	5.6 (40.6%)
799	<b>SŁOWIK Konrad</b>	<b>2653</b>	TREKKING TEAM OSTROWIEC	M30	243						<b>07:58:46.50</b>	<b>07:59:26.60</b>	+04:47:11 (59.9%)	10:51	5.5 (39.9%)
800	<b>BITTNER Łukasz</b>	<b>2884</b>		M30	244						<b>07:59:07.00</b>	<b>08:00:16.10</b>	+04:48:00 (60.0%)	10:51	5.5 (39.9%)
801	<b>BIĄTORUCKI Adrian</b>	<b>2120</b>		M30	245						<b>08:00:58.05</b>	<b>08:02:20.00</b>	+04:50:04 (60.1%)	10:54	5.5 (39.9%)
802	<b>CAGARA Edyta</b>	<b>2658</b>		K40	81						<b>08:00:59.70</b>	<b>08:02:21.55</b>	+04:50:06 (60.1%)	10:54	5.5 (39.9%)
803	<b>CAGARA Dawid</b>	<b>2657</b>		M40	253						<b>08:01:00.40</b>	<b>08:02:21.80</b>	+04:50:06 (60.1%)	10:54	5.5 (39.9%)
804	<b>PARYSZ Anna</b>	<b>2966</b>	STARE BABICE BIEGAJĄ	K60	1						<b>08:04:16.10</b>	<b>08:05:03.75</b>	+04:52:48 (60.4%)	10:58	5.5 (39.9%)
805	<b>NIZIOLEK Marek</b>	<b>2858</b>	ZADYSZKA	M50	66						<b>08:06:03.75</b>	<b>08:06:53.90</b>	+04:54:38 (60.5%)	11:01	5.4 (39.1%)
806	<b>HOBİK Tomasz</b>	<b>2559</b>		M40	254						<b>08:06:54.20</b>	<b>08:07:05.90</b>	+04:54:50 (60.5%)	11:02	5.4 (39.1%)
807	<b>ADAMCZYK Łukasz</b>	<b>1436</b>	3XL	M40	255						<b>08:06:18.20</b>	<b>08:07:13.65</b>	+04:54:58 (60.5%)	11:01	5.4 (39.1%)
808	<b>BOŻEK Aleksandra</b>	<b>2929</b>	TEAM ZABIEGANEDNI	K30	74						<b>08:06:34.90</b>	<b>08:07:19.15</b>	+04:55:03 (60.5%)	11:01	5.4 (39.1%)
809	<b>RACIBORSKI Filip</b>	<b>2480</b>		M40	256						<b>08:06:56.50</b>	<b>08:07:27.10</b>	+04:55:11 (60.6%)	11:02	5.4 (39.1%)
810	<b>SADOWSKA Agata</b>	<b>2482</b>		K40	82						<b>08:06:57.75</b>	<b>08:07:27.40</b>	+04:55:12 (60.6%)	11:02	5.4 (39.1%)
811	<b>CIBORSKI Jakub</b>	<b>2474</b>	TESTERZY GLEBY	M40	257						<b>08:08:31.85</b>	<b>08:09:43.55</b>	+04:57:28 (60.7%)	11:04	5.4 (39.1%)
812	<b>GAJEK Aleksandra</b>	<b>2980</b>		K20	21						<b>08:08:19.00</b>	<b>08:09:48.30</b>	+04:57:33 (60.7%)	11:04	5.4 (39.1%)
813	<b>BREMER Helena</b>	<b>2246</b>		K30	75						<b>08:08:19.40</b>	<b>08:09:48.45</b>	+04:57:33 (60.7%)	11:04	5.4 (39.1%)
814	<b>CZEKALSKI Wojciech</b>	<b>2476</b>		M20	42						<b>08:08:42.30</b>	<b>08:10:15.20</b>	+04:57:59 (60.8%)	11:04	5.4 (39.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa		Schronisko	Bacówka	Schronisko	Czas		Różn	Tempo min/km	Tempo km/h	
						Polski	Drużyna	na Przehybie 14.7km	na Obidzy 24.4km	pod Durbaszką 35.5km	43.7km	44.1km				44.1km
815	<b>BINKIEWICZ-KOWALCZYK Agnieszka</b>	<b>2223</b>		K30	76							<b>08:10:45.40</b>	<b>08:11:08.70</b>	+04:58:53 (60.9%)	11:07	5.4 (39.1%)
816	<b>BAK Magdalena</b>	<b>2145</b>	ROZBIEGANY PIASTÓW	K40	83							<b>08:12:03.60</b>	<b>08:13:07.30</b>	+05:00:52 (61.0%)	11:09	5.4 (39.1%)
817	<b>TUREK Marzena</b>	<b>2077</b>	ROZBIEGANY PIASTÓW	K40	84							<b>08:12:05.65</b>	<b>08:13:07.35</b>	+05:00:52 (61.0%)	11:09	5.4 (39.1%)
818	<b>ZACHWIEJA Katarzyna</b>	<b>2037</b>		K50	14							<b>08:12:02.15</b>	<b>08:13:07.40</b>	+05:00:52 (61.0%)	11:09	5.4 (39.1%)
819	<b>NOWACKA Magda</b>	<b>2144</b>	ROZBIEGANY PIASTOW	K50	15							<b>08:12:01.85</b>	<b>08:13:07.90</b>	+05:00:52 (61.0%)	11:09	5.4 (39.1%)
820	<b>WEBER Agata</b>	<b>2720</b>		K40	85							<b>08:13:46.70</b>	<b>08:14:34.10</b>	+05:02:18 (61.1%)	11:11	5.4 (39.1%)
821	<b>TUROWSKI Przemysław</b>	<b>2384</b>	DRUŻYNA BIEGOWA CANAL+	M30	246							<b>08:14:09.40</b>	<b>08:15:24.30</b>	+05:03:09 (61.2%)	11:12	5.4 (39.1%)
822	<b>ICIEK Sławomir</b>	<b>2961</b>	BIEGAM BO LUBIĘ	M30	247							<b>08:14:20.05</b>	<b>08:15:41.65</b>	+05:03:26 (61.2%)	11:12	5.4 (39.1%)
823	<b>SADOWSKA Justyna</b>	<b>2080</b>	UKS HERKULES SULEJÓWEK	K50	16							<b>08:14:34.10</b>	<b>08:15:53.25</b>	+05:03:38 (61.2%)	11:12	5.4 (39.1%)
824	<b>PAŁKA Łukasz</b>	<b>2805</b>	3XL	M40	258							<b>08:15:37.05</b>	<b>08:16:32.05</b>	+05:04:16 (61.3%)	11:14	5.3 (38.4%)
825	<b>ŚLIWOWSKI Marcin</b>	<b>2317</b>	STARE WILKI	M40	259							<b>08:15:34.00</b>	<b>08:16:50.10</b>	+05:04:34 (61.3%)	11:14	5.3 (38.4%)
826	<b>SZMOŁOWSKI Grzegorz</b>	<b>2393</b>	KILOMETRYZBIERAMY & MALUJEMY UŚMIECHY	M40	260							<b>08:17:25.10</b>	<b>08:18:05.30</b>	+05:05:50 (61.4%)	11:16	5.3 (38.4%)
827	<b>STAŃCZAK Bartłomiej</b>	<b>2718</b>		M30	248							<b>08:18:37.00</b>	<b>08:19:29.40</b>	+05:07:14 (61.5%)	11:18	5.3 (38.4%)
828	<b>LECH Arkadiusz</b>	<b>2892</b>	OBSTACLE CENTER TEAM	M30	249							<b>08:19:11.90</b>	<b>08:19:56.85</b>	+05:07:41 (61.5%)	11:19	5.3 (38.4%)
829	<b>MODZELEWSKA Karolina</b>	<b>2945</b>	SPC	K40	86							<b>08:19:02.60</b>	<b>08:20:05.10</b>	+05:07:49 (61.6%)	11:18	5.3 (38.4%)
830	<b>TUREK Przemysław</b>	<b>2958</b>		M40	261							<b>08:18:38.65</b>	<b>08:20:14.15</b>	+05:07:58 (61.6%)	11:18	5.3 (38.4%)
831	<b>HUNIA Konrad</b>	<b>2323</b>		M30	250							<b>08:19:57.30</b>	<b>08:20:53.00</b>	+05:08:37 (61.6%)	11:20	5.3 (38.4%)
832	<b>TRZPIS Matusz</b>	<b>2327</b>		M30	251							<b>08:19:57.15</b>	<b>08:20:53.10</b>	+05:08:37 (61.6%)	11:20	5.3 (38.4%)
833	<b>SZCZEPKOWSKI Robert</b>	<b>2702</b>		M40	262							<b>08:21:02.60</b>	<b>08:21:22.75</b>	+05:09:07 (61.7%)	11:21	5.3 (38.4%)
834	<b>GODEK Tomasz</b>	<b>2535</b>		M50	67							<b>08:21:12.45</b>	<b>08:21:25.20</b>	+05:09:09 (61.7%)	11:21	5.3 (38.4%)
835	<b>WOJTASIK Marta</b>	<b>2960</b>		K40	87							<b>08:20:28.70</b>	<b>08:21:42.00</b>	+05:09:26 (61.7%)	11:20	5.3 (38.4%)
836	<b>MRÓZ Artur</b>	<b>2776</b>	PĘDZĄCE LENIWCE	M40	263							<b>08:20:39.55</b>	<b>08:21:59.10</b>	+05:09:43 (61.7%)	11:21	5.3 (38.4%)
837	<b>WOLAŃSKI Witosław</b>	<b>2049</b>	JESZCZE TROCHĘ TRÓJMIASTO	M60	13							<b>08:21:12.50</b>	<b>08:22:47.55</b>	+05:10:32 (61.8%)	11:21	5.3 (38.4%)
838	<b>JĘDRAS Łukasz</b>	<b>2459</b>		M40	264							<b>08:22:04.45</b>	<b>08:23:04.00</b>	+05:10:48 (61.8%)	11:23	5.3 (38.4%)
839	<b>SZPILA Robert</b>	<b>2541</b>		M40	265							<b>08:22:30.60</b>	<b>08:23:15.20</b>	+05:10:59 (61.8%)	11:23	5.3 (38.4%)
839	<b>KARASIŃSKA Karolina</b>	<b>2540</b>		K40	88							<b>08:22:31.10</b>	<b>08:23:15.20</b>	+05:10:59 (61.8%)	11:23	5.3 (38.4%)
841	<b>KASPROWICZ Grzegorz</b>	<b>2449</b>		M40	266							<b>08:21:52.65</b>	<b>08:23:25.30</b>	+05:11:10 (61.8%)	11:22	5.3 (38.4%)
842	<b>SZYSZKA Michał</b>	<b>2443</b>		M40	267							<b>08:21:53.15</b>	<b>08:23:25.70</b>	+05:11:10 (61.8%)	11:22	5.3 (38.4%)
843	<b>CIOK Anna</b>	<b>2411</b>		K40	89							<b>08:23:43.55</b>	<b>08:24:39.30</b>	+05:12:24 (61.9%)	11:25	5.3 (38.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Drużyna	Schronisko	Bacówka	Schronisko	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
								na Przehybie 14.7km	na Obidzy 24.4km	pod Durbaszką 35.5km					
844	<b>LUBSZCZYK Adrian</b>	<b>2561</b>		M30	252			02:24:03	04:09:07	06:37:32	<b>08:25:29.60</b>	<b>08:26:49.05</b>	+05:14:33 (62.1%)	11:27	5.2 (37.7%)
845	<b>HRONOWSKI Piotr</b>	<b>2580</b>	KITOWCY	M20	43			02:37:21	04:33:39	06:55:24	<b>08:28:24.40</b>	<b>08:29:36.85</b>	+05:17:21 (62.3%)	11:31	5.2 (37.7%)
846	<b>KRÓL Natalia</b>	<b>2582</b>	KITOWCY	K20	22			02:37:21	04:33:41	06:55:35	<b>08:28:24.95</b>	<b>08:29:37.05</b>	+05:17:21 (62.3%)	11:31	5.2 (37.7%)
847	<b>ZAWISZA Beata</b>	<b>2973</b>	KOBIETY WATACHY	K50	17			02:37:39	04:24:05	06:52:28	<b>08:28:49.20</b>	<b>08:30:02.70</b>	+05:17:47 (62.3%)	11:32	5.2 (37.7%)
848	<b>GROMADZKA Justyna</b>	<b>2729</b>	KOBIETY WATAHY	K40	90			02:37:40	04:24:09	06:52:27	<b>08:28:49.45</b>	<b>08:30:02.95</b>	+05:17:47 (62.3%)	11:32	5.2 (37.7%)
849	<b>PIOTROWSKA Kamila</b>	<b>2655</b>		K30	77			02:35:01	04:27:12	07:03:01	<b>08:31:16.50</b>	<b>08:31:51.60</b>	+05:19:36 (62.4%)	11:35	5.2 (37.7%)
850	<b>NIEDZIELSKA Anna</b>	<b>2712</b>		K40	91			02:36:43	04:25:01	06:53:48	<b>08:32:31.25</b>	<b>08:33:09.10</b>	+05:20:53 (62.5%)	11:37	5.2 (37.7%)
851	<b>BURCZYK Celina</b>	<b>2703</b>	HURAGAN LIGOTA	K50	18			02:41:44	04:25:58	06:52:58	<b>08:33:10.05</b>	<b>08:34:15.90</b>	+05:22:00 (62.6%)	11:38	5.2 (37.7%)
852	<b>WIERBIŁOWICZ Dariusz</b>	<b>2461</b>		M50	68			02:26:19	04:27:12	07:06:06	<b>08:34:10.20</b>	<b>08:34:28.00</b>	+05:22:12 (62.6%)	11:39	5.1 (37.0%)
853	<b>BERNAT Sebastian</b>	<b>2272</b>	STARE WILKI	M40	268			02:35:59	04:26:06	07:05:11	<b>08:34:15.45</b>	<b>08:35:32.20</b>	+05:23:16 (62.7%)	11:39	5.1 (37.0%)
854	<b>KOŁODZIEJ Paulina</b>	<b>2987</b>		K40	92			02:48:07	04:32:01	07:04:54	<b>08:34:48.05</b>	<b>08:36:16.05</b>	+05:24:00 (62.8%)	11:40	5.1 (37.0%)
855	<b>MIŚTA-DOROBISZ Sylwia</b>	<b>2879</b>	MYSZKÓW BIEGA	K50	19			02:46:49	04:35:18	06:57:59	<b>08:37:22.25</b>	<b>08:38:17.55</b>	+05:26:02 (62.9%)	11:43	5.1 (37.0%)
856	<b>GÓRSKA Yvonne</b>	<b>2259</b>		K40	93			02:45:06	04:32:17	06:58:41	<b>08:37:14.75</b>	<b>08:38:33.15</b>	+05:26:17 (62.9%)	11:43	5.1 (37.0%)
857	<b>BARNAŚ Arkadiusz</b>	<b>2804</b>		M40	269			02:48:20	04:32:09	06:58:41	<b>08:37:26.40</b>	<b>08:38:40.80</b>	+05:26:25 (62.9%)	11:43	5.1 (37.0%)
858	<b>ZARĘBA Jarosław</b>	<b>2501</b>		M50	69			02:26:19	04:27:26	07:06:14	<b>08:38:26.25</b>	<b>08:38:43.65</b>	+05:26:28 (62.9%)	11:45	5.1 (37.0%)
859	<b>BECHTA Damian</b>	<b>2440</b>		M30	253			02:28:01	04:12:09	06:44:34	<b>08:38:21.35</b>	<b>08:38:48.20</b>	+05:26:32 (62.9%)	11:45	5.1 (37.0%)
860	<b>CHAMIER-GLISZCZYŃSKI Daniel</b>	<b>2069</b>	ZWINIĘTE SZYNECZKI	M50	70			02:27:51	04:17:42	07:00:20	<b>08:37:36.25</b>	<b>08:39:02.60</b>	+05:26:47 (63.0%)	11:44	5.1 (37.0%)
861	<b>SZCZĘSNA Hanna</b>	<b>2164</b>		K20	23			02:42:47	04:32:11	07:04:52	<b>08:41:22.05</b>	<b>08:42:51.65</b>	+05:30:36 (63.2%)	11:49	5.1 (37.0%)
862	<b>ŻERKO Marcin</b>	<b>2222</b>		M40	270			03:08:12	04:46:46	07:18:25	<b>08:42:07.75</b>	<b>08:43:24.55</b>	+05:31:09 (63.3%)	11:50	5.1 (37.0%)
863	<b>GRABARA Adam</b>	<b>2907</b>	ING BANK ŚLĄSKI	M50	71			02:49:52	04:35:51	07:00:13	<b>08:42:37.70</b>	<b>08:43:41.05</b>	+05:31:25 (63.3%)	11:51	5.1 (37.0%)
864	<b>SOWIŃSKI Zbigniew</b>	<b>2513</b>	AKTYWNI KOCIEWIACY	M60	14			02:49:51	04:34:15	07:06:49	<b>08:42:58.85</b>	<b>08:44:00.90</b>	+05:31:45 (63.3%)	11:51	5.1 (37.0%)
865	<b>GIZELSKA Agnieszka</b>	<b>2430</b>	PIĄTKOWO NA BIEGOWO	K50	20			02:45:55	04:36:25	07:03:17	<b>08:46:32.55</b>	<b>08:47:23.05</b>	+05:35:07 (63.5%)	11:56	5 (36.2%)
866	<b>ZAPAŚNIK Michał</b>	<b>2486</b>	BIEGIEM PO WINO	M40	271			02:31:06	04:09:48	06:43:59	<b>08:47:04.05</b>	<b>08:48:16.55</b>	+05:36:01 (63.6%)	11:57	5 (36.2%)
866	<b>KIFNER Hubert</b>	<b>2485</b>	BIEGIEM PO WINO	M40	271			02:31:06	04:09:52	06:43:58	<b>08:47:03.75</b>	<b>08:48:16.55</b>	+05:36:01 (63.6%)	11:57	5 (36.2%)
868	<b>SEMIENIUK Tomasz</b>	<b>2386</b>	GRAJEK PRASKI	M50	72			02:29:33	04:19:02	07:01:22	<b>08:47:30.35</b>	<b>08:48:49.25</b>	+05:36:34 (63.6%)	11:57	5 (36.2%)
869	<b>MISIÓROWSKI Marcin</b>	<b>2304</b>	STARE WILKI	M40	273			02:35:59	04:39:11	07:13:09	<b>08:50:24.00</b>	<b>08:51:41.05</b>	+05:39:25 (63.8%)	12:01	5 (36.2%)
870	<b>KEGEL Zbigniew</b>	<b>2404</b>	PIĄTKOWO NA BIEGOWO	M60	15			02:48:09	04:40:52	07:15:31	<b>08:52:26.65</b>	<b>08:53:19.45</b>	+05:41:04 (64.0%)	12:04	5 (36.2%)
871	<b>LATAŁA Wojciech</b>	<b>2007</b>	LEŚNE GRUBASY	M40	274			02:52:48	04:39:48	07:14:52	<b>08:51:47.90</b>	<b>08:53:21.70</b>	+05:41:06 (64.0%)	12:03	5 (36.2%)
872	<b>ADAMSKI Marcin</b>	<b>2118</b>		M40	275			02:29:22	04:18:57	06:48:33	<b>08:52:56.05</b>	<b>08:54:24.85</b>	+05:42:09 (64.0%)	12:05	5 (36.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa		Schronisko	Bacówka	Schronisko	Czas		Tempo	Tempo		
						Polski	Drużyna	na Przehybie 14.7km	na Obidzy 24.4km	pod Durbaszką 35.5km	43.7km	netto 44.1km			brutto 44.1km	Różn
873	ZWIEROWICZ Agnieszka	2076		K30	78							08:54:51.35	08:56:05.75	+05:43:50 (64.1%)	12:07	4.9 (35.5%)
874	STERKOWICZ Olga	2760	GNUŚNIAKI	K30	79							08:55:35.20	08:56:34.90	+05:44:19 (64.2%)	12:08	4.9 (35.5%)
875	SZCZYGIELSKA Julia	2002	SOCIOS SILESIA	K30	80							08:55:33.60	08:56:52.40	+05:44:37 (64.2%)	12:08	4.9 (35.5%)
876	ZAŃ Marcin	2470		M30	254							08:57:19.35	08:58:36.55	+05:46:21 (64.3%)	12:11	4.9 (35.5%)
<b>Przekroczony limit czasu: 09:00:00</b>																
877	WTOREK Szymon	2746	CB163 - CROSSFIT BYDGOSZCZ	M20	44							09:03:30.60	09:04:59.90	+05:52:44 (64.7%)	12:19	4.9 (35.5%)
878	KWIETNIEWSKA Katarzyna	2799		K50	21							09:07:38.35	09:08:19.45	+05:56:04 (64.9%)	12:25	4.8 (34.8%)
879	CIESZYŃSKA Marta	2650	BEAUTY STUDIO LĘBORK	K40	94							09:19:59.00	09:21:27.50	+06:09:12 (65.8%)	12:41	4.7 (34.1%)
880	KAPAŁKA Bożena	2360	LACHO TEAM	K50	22							09:30:08.30	09:31:36.50	+06:19:21 (66.4%)	12:55	4.6 (33.3%)
881	ILCZUK Monika	2666		K40	95							09:31:44.80	09:33:03.30	+06:20:48 (66.5%)	12:57	4.6 (33.3%)
882	SŁAWETA Michał	2066	ZWINIĘTE SZYNECZKI	M50	73							10:20:19.80	10:21:45.05	+07:09:29 (69.1%)	14:03	4.3 (31.2%)
883	LISIK Justyna	2722	DECATHLON SŁUPSK	K40	96							10:34:48.60	10:35:29.95	+07:23:14 (69.7%)	14:23	4.2 (30.4%)
884	ZASADNI Andrzej	4081		M30	255									+02:03:50	9:28	6.3 (45.7%)
885	CHEŁCHOWSKA Kasia	2874		K30	81									+02:31:22	10:37	5.6 (40.6%)
886	PASIK Tomasz	2150	WOLSZTYŃSKI KLUB BIEGOWY	M40	276									+00:14:04	5:39	10.6 (76.8%)
887	KANCIRUK Paweł	2619		M20	45									+01:39:43	11:24	5.3 (38.4%)
888	BAŚ Mateusz	3540	LENIWCE	M40	277									+01:41:12	11:31	5.2 (37.7%)
889	ŚLUSARCZYK Tomek	3551	MOUNTAIN RUNNING GUIDES	M40	278									+01:47:58	11:58	5 (36.2%)
890	PASZKOWSKA Katarzyna	2511	ZWINIĘTE SZYNECZKI	K40	97									+02:26:50	14:36	4.1 (29.7%)
891	CICHOLSKA Anna	2245		K40	98									+02:34:42	15:08	4 (29.0%)
	MŁYNARZ Kamil	2983	SKB KRAŚNIK	M30											-	- (0.0%)
	LUTOSTAŃSKA Monika	2067	ZWINIĘTE SZYNECZKI	K40											-	- (0.0%)
	KSIĄŻKIEWICZ Piotr	2128	CITY TRAIL TEAM / SOPOTRAIL TEAM	M30		MP	MKS Unia Hrubieszów	01:27:11 DNF	02:16:58 DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	BABIŃSKA-POPIŁKA Ewelina	2577		K40				01:48:14 DNF	02:50:27 DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	KRAICZICZEK Krzysztof	2151	RRUNNERS	M40				01:56:14 DNF	03:02:55 DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	FIRA-KREMPA Edyta	2267		K50				02:14:02 DNF	03:36:22 DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	LEHMANN Alicja	2068	ZWINIĘTE SZYNECZKI	K50				02:41:43 DNF	04:33:29 DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	WRÓBEL Dariusz	3082	TEAM ZABIEGANEDNI	M50				02:51:19 DNF	05:03:14 DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	STAJER Małgorzata	2697		K50				03:14:19 DNF	05:26:53 DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	DZIĘCZKOWSKA-NIKLEWICZ Joanna	2021		K40				01:59:19 DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Drużyna	Schronisko na Przehybie 14.7km	Bacówka na Obidzy 24.4km	Schronisko pod Durbaszką 35.5km	43.7km	Czas netto 44.1km	Czas brutto 44.1km	Różn	Tempo min/km	Tempo km/h
	<b>ROJEK Maciej</b>	<b>2882</b>		M30				02:08:29 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>MAŁECKI Marcin</b>	<b>2651</b>		M30				DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>JĘDRZEJEWSKA Aleksandra</b>	<b>2099</b>	CTS	K30		MP	Świdnicka Grupa Biegowa	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>PAWLAK Milena</b>	<b>2231</b>		K30				DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)

Znaleziono 905 wynik(ów)