

Wydarzenie: PIENINY ULTRA-TRAIL®
Organizator: Fundacja Strefa Przygód
Data: 2023-04-22
Miejsce: Szczawnica
Dystans: 44.1 km

Klasyfikacja: K40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Drużyna	Schronisko Bacówka na Przehybie					Czas netto 44.1km	Czas brutto 44.1km	Różn	Tempo min/km	Tempo km/h
								14.7km	24.4km	Premia1 37.2km	Premia2 37.7km	43.6km					
1	TOPORKIEWICZ Anna	1973		K40	1			01:44:19	02:47:48	04:24:03	04:30:10	05:09:03	05:10:48.25	05:10:54.30		7:02	8.5 (100%)
2	GUTRAL Magdalena	1726	WKB MARATOŃCZYK WŁOCLAWEK	K40	2			01:44:39	02:52:42	04:30:54	04:35:53	05:15:31	05:17:08.10	05:17:17.95	+00:06:23 (2.0%)	7:11	8.3 (97.6%)
3	URACZ Beata	1841	BARTOSZ GORCZYCA TEAM	K40	3			01:46:17	02:52:53	04:30:41	04:36:16	05:18:25	05:20:30.85	05:20:43.70	+00:09:49 (3.1%)	7:16	8.3 (97.6%)
4	SOBIESZEK Sylwia	1928		K40	4			01:54:31	03:04:31	04:58:43	05:06:12	05:55:16	05:57:24.05	05:57:51.00	+00:46:56 (13.1%)	8:06	7.4 (87.1%)
5	CIOSEK Marta	1572		K40	5			02:03:16	03:22:24	05:14:40	05:22:10	06:02:09	06:03:52.05	06:04:08.20	+00:53:13 (14.6%)	8:15	7.3 (85.9%)
6	DASZKOWSKA Olga	1937	BŁĘKITNA XVII-TKA	K40	6			02:05:07	03:21:22	05:13:46	05:20:29	06:05:34	06:07:44.10	06:08:18.60	+00:57:24 (15.6%)	8:20	7.2 (84.7%)
7	KUŁAKOWSKA Monika	1797	W POGONI ZA DUCHEM	K40	7			02:04:54	03:25:46	05:16:46	05:23:12	06:10:50	06:12:51.60	06:13:07.20	+01:02:12 (16.7%)	8:27	7.1 (83.5%)
8	SIWIEC Ewa	1753	RACEFIGHTER GOSIR DĘBE WLK.	K40	8			02:11:09	03:32:03	05:28:48	05:35:33	06:22:03	06:24:08.50	06:24:19.50	+01:13:25 (19.1%)	8:42	6.9 (81.2%)
9	KOPEĆ Renata	1617	TRAIL IS OUR WAY	K40	9			02:17:52	03:40:44	05:37:28	05:44:05	06:26:37	06:28:28.10	06:28:38.75	+01:17:44 (20.0%)	8:48	6.8 (80.0%)
10	GADOMSKA Anna	2070	PZU SPORT TEAM	K40	10			02:08:38	03:31:18	05:31:22	05:38:19	06:27:37	06:29:43.70	06:30:32.00	+01:19:37 (20.4%)	8:50	6.8 (80.0%)
11	DESSAUER Wioletta	1585	LUBARTÓW	K40	11			02:05:03	03:21:40	05:25:33	05:33:14	06:28:44	06:31:28.30	06:31:59.30	+01:21:05 (20.7%)	8:52	6.8 (80.0%)
12	ŁABĘCKA Agata	1765	KLUB BIEGACZA RTV EURO AGD	K40	12			02:11:21	03:35:23	05:41:23	05:48:44	06:35:08	06:37:10.95	06:37:57.70	+01:27:03 (21.9%)	9:00	6.7 (78.8%)
13	JÓZEFczyk Justyna	2120		K40	13			02:19:06	03:44:20	05:44:29	05:51:06	06:37:28	06:39:38.95	06:39:46.20	+01:28:51 (22.2%)	9:03	6.6 (77.6%)
14	GRZĘBSKA-BUJA Małgorzata	1660	GOSIA.SIE.BUJA	K40	14			02:14:08	03:34:49	05:42:15	05:50:07	06:38:41	06:40:32.65	06:41:04.10	+01:30:09 (22.5%)	9:04	6.6 (77.6%)
15	JĘDRZEJCZYK Agnieszka	2056	RZESZOWSKIE GAZELE I GEPARDY	K40	15			02:19:34	03:43:52	05:45:42	05:53:01	06:41:44	06:43:57.45	06:44:39.35	+01:33:45 (23.2%)	9:09	6.6 (77.6%)
16	DOMARADZKA-KASZUBOWICZ Wiktoria	2043		K40	16			02:17:54	03:42:51	05:49:56	05:56:34	06:43:33	06:45:23.20	06:45:48.55	+01:34:54 (23.4%)	9:11	6.5 (76.5%)
17	CZERWIK Monika	1927	#RÓBSWOJE	K40	17			02:12:15	03:38:50	05:48:55	05:56:09	06:45:02	06:47:11.00	06:47:51.80	+01:36:57 (23.8%)	9:13	6.5 (76.5%)
18	BŁAUT Alicja	1844	SMASHING PĄPKINS	K40	18			02:15:51	03:41:45	05:47:17	05:54:57	06:47:01	06:49:30.15	06:50:02.20	+01:39:07 (24.2%)	9:17	6.5 (76.5%)
19	BIERNACKA Agnieszka	1793	YULO RUN TEAM SIEDLCE	K40	19			02:19:24	03:51:03	05:54:22	06:00:42	06:51:06	06:53:33.35	06:54:06.55	+01:43:12 (24.9%)	9:22	6.4 (75.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski		Schronisko	Bacówka	Premia1	Premia2	43.6km	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						Drużyna	Przehybie 14.7km	na Obidzy 24.4km									
20	HOŁUBIEC Agnieszka	1828	YULO RUN TEAM SIEDLCE	K40	20			02:16:44	03:47:31	05:54:41	06:01:08	06:51:26	06:53:30.25	06:54:06.60	+01:43:12 (24.9%)	9:22	6.4 (75.3%)
21	PAKULSKA Dorota	1730		K40	21			02:22:03	03:48:30	06:00:47	06:08:42	06:58:41	07:00:44.85	07:00:51.85	+01:49:57 (26.1%)	9:32	6.3 (74.1%)
22	WIĘCH Kinga	2036		K40	22			02:21:20	03:50:51	06:00:43	06:07:54	06:58:37	07:00:54.75	07:01:36.00	+01:50:41 (26.3%)	9:32	6.3 (74.1%)
23	PRUCHNIEWSKA Agnieszka	1601	ROKIETNICA BIEGA	K40	23	MP	RKL Kusy Rokitnica	02:24:20	03:52:45	06:05:14	06:12:24	07:01:11	07:03:26.15	07:03:32.65	+01:52:38 (26.6%)	9:36	6.2 (72.9%)
24	ROMANIUK Anna	1801		K40	24			02:15:48	03:42:35	06:00:42	06:07:24	07:02:20	07:04:43.15	07:05:12.60	+01:54:18 (26.9%)	9:37	6.2 (72.9%)
25	WÓJCIK Monika	2030	ADIDAS RUNNERS WARSAW	K40	25			02:10:14	03:38:42	06:04:36	06:12:19		07:07:42.40	07:08:07.20	+01:57:12 (27.4%)	9:41	6.2 (72.9%)
26	SZEJKA Katarzyna	1546		K40	26			02:18:44	03:53:19	06:05:29	06:12:14		07:08:14.10	07:09:01.15	+01:58:06 (27.5%)	9:42	6.2 (72.9%)
27	KĘDZIORA Aleksandra	1589	GT RAT	K40	27			02:18:48	03:51:56	06:05:43	06:12:38		07:10:00.15	07:10:37.50	+01:59:43 (27.8%)	9:45	6.2 (72.9%)
27	LICHACZ Ania	1678	GT RAT	K40	27			02:18:40	03:52:21	06:05:53	06:12:39		07:10:00.45	07:10:37.50	+01:59:43 (27.8%)	9:45	6.2 (72.9%)
29	JAKUBISIAK Renata	1810	BIEGAM NA TARCHOMINIE	K40	29			02:09:58	03:38:44	06:05:40	06:12:18		07:12:57.85	07:13:23.70	+02:02:29 (28.3%)	9:49	6.1 (71.8%)
30	MOĆKO Anita	1676	MARKOWI BIEGACZE	K40	30			02:20:15	03:47:05	06:08:03	06:15:46		07:14:34.00	07:15:00.30	+02:04:06 (28.5%)	9:51	6.1 (71.8%)
31	MACIEJEWSKA Karolina	1816		K40	31			02:19:36	03:53:01	06:07:26	06:14:19		07:16:18.10	07:16:57.05	+02:06:02 (28.8%)	9:53	6.1 (71.8%)
32	BRATKOWSKA Agnieszka	1822		K40	32			02:19:13	03:57:15	06:15:11	06:22:25		07:17:45.80	07:18:32.15	+02:07:37 (29.1%)	9:55	6 (70.6%)
33	ŁATKOWSKA Monika	2013	GRUPA BIEGOWA CHTMO	K40	33			02:21:08	03:58:04	06:17:49	06:24:49		07:18:53.50	07:19:03.35	+02:08:09 (29.2%)	9:57	6 (70.6%)
34	ADAMOWICZ Agnieszka	1941	ZWOLEŃNICY BIEGANIA	K40	34			02:24:58	03:58:16	06:17:18	06:24:30		07:21:17.45	07:21:45.25	+02:10:50 (29.6%)	10:00	6 (70.6%)
35	PACEK Katarzyna	1814		K40	35			02:21:47	03:54:00	06:11:02	06:19:41		07:21:47.30	07:22:00.70	+02:11:06 (29.7%)	10:01	6 (70.6%)
36	KORZENIOWSKA Małgorzata	1842		K40	36			02:19:00	03:51:00	06:11:18	06:19:01		07:23:54.30	07:24:11.05	+02:13:16 (30.0%)	10:03	6 (70.6%)
37	KRAJEWSKA-PALUCH Ewa	1983		K40	37			02:16:09	03:52:28	06:15:01	06:22:02		07:24:31.50	07:24:55.30	+02:14:01 (30.1%)	10:04	6 (70.6%)
38	GUSZCZA Ewa	1737	MARKOWI BIEGACZE	K40	38			02:16:56	03:57:18	06:19:24	06:26:35		07:24:54.85	07:25:37.15	+02:14:42 (30.2%)	10:05	5.9 (69.4%)
39	PODSTAWSKA Renata	2008		K40	39			02:25:47	04:16:06	06:28:46	06:34:39		07:26:58.65	07:27:11.75	+02:16:17 (30.5%)	10:08	5.9 (69.4%)
40	PURGAL Magdalena	1883	SŁOŃCA JURY	K40	40			02:23:08	03:56:25	06:17:33	06:25:07		07:27:24.40	07:27:39.70	+02:16:45 (30.5%)	10:08	5.9 (69.4%)
41	WAWRZYŃIAK Ilona	1688	NORBULLO TEAM	K40	41			02:15:56	03:58:12	06:26:39	06:33:58		07:27:19.65	07:27:39.80	+02:16:45 (30.5%)	10:08	5.9 (69.4%)
42	JANOWSKA Urszula	1618		K40	42			02:19:31	04:04:43	06:21:59	06:29:27		07:28:35.00	07:29:17.05	+02:18:22 (30.8%)	10:10	5.9 (69.4%)
43	GENDVILAITÉ Sonata	2046	WILDSOULS	K40	43			02:33:47	04:13:01	06:29:44	06:36:34		07:29:47.30	07:30:31.00	+02:19:36 (31.0%)	10:11	5.9 (69.4%)
44	SZYMANEK Anna	1622	NAPRZÓD MŁOCINY	K40	44			02:20:51	04:08:48	06:34:54	06:42:31		07:30:38.70	07:31:02.35	+02:20:08 (31.1%)	10:13	5.9 (69.4%)
45	NOWAK Ewelina	2109	GROMNIK RUN TEAM	K40	45			02:31:18	04:04:51	06:25:48	06:32:55		07:30:41.65	07:31:11.60	+02:20:17 (31.1%)	10:13	5.9 (69.4%)
46	ZAMBRZYCKA Ewa	2093		K40	46			02:19:13	04:05:14	06:26:12	06:32:21		07:32:43.05	07:32:54.90	+02:22:00 (31.4%)	10:15	5.8 (68.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski		Schronisko na Przehybie					Bacówka na Obidzy		Premia1 37.2km	Premia2 37.7km	43.6km	Czas netto 44.1km	Czas brutto 44.1km	Różn	Tempo min/km	Tempo km/h
							Drużyna	14.7km	24.4km													
47	ŁÓJ-KONIECZNA Edyta	1748	INFINITY-GYM	K40	47			02:29:59	04:05:41	06:28:29	06:36:27							07:33:32.00	07:34:00.40	+02:23:06 (31.5%)	10:17	5.8 (68.2%)
48	WIŚNIEWSKA Justyna	1702		K40	48			02:28:33	04:05:00	06:32:31	06:39:19							07:36:54.30	07:37:21.05	+02:26:26 (32.0%)	10:21	5.8 (68.2%)
49	IDZIKOWSKA-SLEDŹ Marta	1790	NAPRZÓD MŁOCINY	K40	49			02:24:13	04:08:49	06:34:58	06:42:37							07:38:30.65	07:38:54.20	+02:27:59 (32.3%)	10:23	5.8 (68.2%)
50	RÓŻAK-RUKUSZEWICZ Magdalena	1882	DZIKIE GRUBASY SZATANA	K40	50			02:23:56	03:58:15	06:29:50	06:38:26							07:39:01.00	07:39:25.60	+02:28:31 (32.3%)	10:24	5.8 (68.2%)
51	BACZYŃSKA Aneta	1649	YULO RUN TEAM SIEDLCE	K40	51			02:30:08	04:11:21	06:36:25	06:44:06							07:43:11.20	07:43:44.50	+02:32:50 (33.0%)	10:30	5.7 (67.1%)
52	TOKARSKA Bożena	2062	#ADAMCZERWIŃSKITEAM	K40	52			02:35:59	04:14:26	06:38:35	06:46:35							07:43:49.80	07:44:08.40	+02:33:14 (33.0%)	10:31	5.7 (67.1%)
53	BURZA Kinga	1823	LKS BURZYN	K40	53			02:31:16	04:16:52	06:39:33	06:47:01							07:44:05.55	07:44:37.80	+02:33:43 (33.1%)	10:31	5.7 (67.1%)
54	STRUSIŃSKA Katarzyna	2640	MIŃSKA GRUPA ROWEROWA / KS BARAKUDA	K40	54			02:30:10	04:11:35	06:41:18	06:48:10							07:46:59.95	07:47:12.30	+02:36:18 (33.5%)	10:35	5.7 (67.1%)
55	WRÓBEL Barbara	1695	BIEGAJĄCY ŚWIDNIK	K40	55			02:30:22	04:17:21	06:41:27	06:47:00							07:48:42.70	07:48:49.65	+02:37:55 (33.7%)	10:37	5.6 (65.9%)
56	MALCZEWSKA-CHAŁADAJ Karina	2148		K40	56			02:36:30	04:20:56	06:45:15	06:52:45							07:52:51.15	07:53:22.65	+02:42:28 (34.3%)	10:43	5.6 (65.9%)
57	BISKUPSKA Ewa	2119		K40	57			02:29:15	04:14:50	06:48:39	06:55:44							07:57:49.00	07:57:56.30	+02:47:02 (34.9%)	10:50	5.5 (64.7%)
58	GÓRSKA Alicja	2032		K40	58			02:17:07	04:04:51	06:42:55	06:50:29							08:00:44.05	08:01:24.10	+02:50:29 (35.4%)	10:54	5.5 (64.7%)
59	PUCHALSKA Olga	163		K40	59			02:37:45	04:16:42	06:49:25	06:56:38							08:01:10.80	08:01:59.70	+02:51:05 (35.5%)	10:54	5.5 (64.7%)
60	SPISS Maria	1807		K40	60			02:41:16	04:28:50	06:59:07	07:06:47							08:06:46.15	08:07:11.05	+02:56:16 (36.2%)	11:02	5.4 (63.5%)
61	WOJTASIK Marta	2006		K40	61			02:33:03	04:18:38	06:51:04	06:58:31							08:07:29.30	08:07:40.90	+02:56:46 (36.2%)	11:03	5.4 (63.5%)
62	SZYDŁOWSKA - DOROSZ Patrycja	1637	TEAM ZABIEGANEDNI	K40	62			02:37:46	04:28:32	06:55:10	07:02:14							08:08:15.75	08:08:47.85	+02:57:53 (36.4%)	11:04	5.4 (63.5%)
63	SADOWSKA Agata	1706		K40	63			02:25:12	04:13:26	06:56:16	07:03:54							08:08:33.65	08:08:59.00	+02:58:04 (36.4%)	11:04	5.4 (63.5%)
64	RUCYK Justyna	1867		K40	64			02:33:35	04:28:29	06:51:41	06:59:06							08:08:32.25	08:09:14.80	+02:58:20 (36.5%)	11:04	5.4 (63.5%)
65	HUBNER Ilona	1915	TLENOWA RADOŚĆ TEAM	K40	65			02:50:09	04:35:56	07:00:38	07:09:02							08:11:32.40	08:12:15.15	+03:01:20 (36.8%)	11:08	5.4 (63.5%)
66	SACKIEWICZ-WIĄCEK Agnieszka	1745		K40	66			02:40:50	04:25:18	06:55:01	07:04:30							08:13:26.85	08:13:56.15	+03:03:01 (37.1%)	11:11	5.4 (63.5%)
67	OCHNIK-KALINOWSKA Justyna	1658		K40	67			02:27:49	04:17:36	07:03:59	07:13:18							08:13:00.50	08:13:56.20	+03:03:01 (37.1%)	11:10	5.4 (63.5%)
68	KRĘPACKA Monika	1853	CHEŁM BIEGA	K40	68			02:29:28	04:17:13	07:00:15	07:09:09							08:15:00.25	08:15:36.00	+03:04:41 (37.3%)	11:13	5.3 (62.4%)
68	KIERUZALSKA Małgorzata	1891	CHEŁM BIEGA	K40	68			02:26:54	04:16:59	07:00:14	07:04:41							08:14:59.45	08:15:36.00	+03:04:41 (37.3%)	11:13	5.3 (62.4%)
70	BAKUN Jolka	1709	CHEŁM	K40	70			02:26:52	04:17:00	07:00:38	07:09:45							08:14:58.55	08:15:36.15	+03:04:41 (37.3%)	11:13	5.3 (62.4%)
71	WINIECKA Ewa	1539	IRON HOUSE TRIATHLON WŁOCLAWEK	K40	71			02:50:56	04:37:10	07:04:24	07:13:15							08:18:17.70	08:18:29.75	+03:07:35 (37.6%)	11:17	5.3 (62.4%)
72	KARAŚ-GMITRZUK Marzena	2085	BESTIE OCR LEGIONOWO	K40	72			02:46:19	04:39:32	07:19:25	07:27:44							08:25:04.80	08:25:15.65	+03:14:21 (38.5%)	11:27	5.2 (61.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa		Schronisko Bacówka					Czas netto 44.1km	Czas brutto 44.1km	Różn	Tempo min/km	Tempo km/h
						Polski	Drużyna	na Przehybie 14.7km	na Obidzy 24.4km	Premia1 37.2km	Premia2 37.7km	43.6km					
73	KOWALCZYK Katarzyna	1752	DROGA DO ULTRA	K40	73			02:44:04	04:35:17	07:15:18	07:23:20		08:26:10.45	08:26:55.75	+03:16:01 (38.7%)	11:28	5.2 (61.2%)
74	MRUCZYŃSKA-PIETRUCZANIS Katarzyna	1646	AKTYWNI WĘGRÓW / DEVI HIMAL TEAM	K40	74			02:42:54	04:32:19	07:10:21	07:18:22		08:31:31.85	08:32:17.70	+03:21:23 (39.3%)	11:35	5.2 (61.2%)
75	PIETRUSZEWSKA Katarzyna	1811	ORANGE POLSKA	K40	75			03:01:05	04:52:04	07:23:32	07:31:25		08:34:43.00	08:35:16.30	+03:24:22 (39.7%)	11:40	5.1 (60.0%)
76	KRZYSZTOFOWICZ Karolina	1829	ULTRASY	K40	76			02:44:50	04:38:51	07:17:03	07:25:35		08:36:33.75	08:37:05.70	+03:26:11 (39.9%)	11:42	5.1 (60.0%)
77	PRZETAKIEWICZ Magdalena	2061		K40	77			02:41:36	04:41:22	07:20:56	07:29:21		08:47:01.40	08:47:47.30	+03:36:53 (41.1%)	11:57	5 (58.8%)
	GÓRSKA Yvonne	1788		K40				03:37:32 DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)

Znaleziono 78 wynik(ów)