

**Wydarzenie:**  
**Organizator:**  
**Data:**  
**Miejsce:**  
**Dystans:**

PIENINY ULTRA-TRAIL®  
Fundacja Strefa Przygód  
2024-04-20  
Szczawnica  
43.7 km

Klasyfikacja: M30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Drużyna	Schronisko na Przehybie 14.7km	Bacówka na Obidzy 24.4km	Schronisko pod Durbaszką 35.5km	43.7km	Czas netto 44.1km	Czas brutto 44.1km	Różn	Tempo min/km	Tempo km/h
1	<b>MATUSZCZAK Rafal</b>	<b>2097</b>	SALOMON	M30	1	MP	LLKS Osowa Sień	01:09:10	01:48:15	02:38:50	03:11:31	<b>03:12:13.85</b>	<b>03:12:15.25</b>		4:21	13.8 (100%)
2	<b>MALINA Dawid</b>	<b>2041</b>	DYNAFIT / TL ROW RYBNIK	M30	2	MP	TL ROW Rybnik	01:10:26	01:50:37	02:43:00	03:15:18	<b>03:15:58.80</b>	<b>03:16:00.20</b>	+00:03:44 (1.9%)	4:26	13.5 (97.8%)
3	<b>SZCZEŚNIEWSKI Miłosz</b>	<b>2819</b>	HOKA GARMIN TEAM	M30	3	MP	SBG Salco Niepołomice	01:14:53	01:57:53	02:54:23	03:30:45	<b>03:31:32.60</b>	<b>03:31:33.70</b>	+00:19:18 (9.1%)	4:47	12.5 (90.6%)
4	<b>LEŚNIAK Kamil</b>	<b>2042</b>	HOKA GARMIN TEAM	M30	4	MP	SBG Salco Niepołomice	01:14:52	01:57:25	02:54:57	03:32:13	<b>03:33:06.05</b>	<b>03:33:07.15</b>	+00:20:51 (9.8%)	4:49	12.4 (89.9%)
5	<b>MISIAK Bartosz</b>	<b>2199</b>	DYNAFIT TEAM/ ULTRA TRAIL ACADEMY	M30	5	MP	MUKS SZS Cieszyn	01:15:43	01:59:27	02:57:24	03:34:22	<b>03:35:03.60</b>	<b>03:35:05.20</b>	+00:22:49 (10.6%)	4:52	12.3 (89.1%)
6	<b>MATYSSEK Karol</b>	<b>2566</b>	ODZIEZDLAMEDYKA.PL	M30	6	MP	KS Sprint Bielsko-Biała	01:15:12	01:59:12	02:57:35	03:35:32	<b>03:36:24.80</b>	<b>03:36:25.50</b>	+00:24:10 (11.2%)	4:54	12.2 (88.4%)
7	<b>CZERNAK Paweł</b>	<b>2410</b>	BLACK HAT PRO	M30	7	MP	Black Hat Pro Warszawa	01:18:14	02:02:21	03:01:02	03:37:08	<b>03:37:56.65</b>	<b>03:37:58.45</b>	+00:25:43 (11.8%)	4:56	12.1 (87.7%)
8	<b>SZKOŁUDA Miłosz</b>	<b>2232</b>	BIEGOLAS KOSZALIN	M30	8	MP	UKS Sokół Węgorzewo	01:17:33	02:01:39	03:00:18	03:37:59	<b>03:38:56.50</b>	<b>03:38:56.50</b>	+00:26:41 (12.2%)	4:57	12.1 (87.7%)
9	<b>KARWACZYŃSKI Roger</b>	<b>2401</b>	CODETWO	M30	9	MP	GKS Start Długoleka	01:18:13	02:02:33	03:00:58	03:38:24	<b>03:39:14.55</b>	<b>03:39:17.50</b>	+00:27:02 (12.3%)	4:58	12.1 (87.7%)
10	<b>ŻUCHOWSKI Daniel</b>	<b>2599</b>	HOKA RUNNERS POLAND	M30	10			01:18:35	02:03:07	03:03:44	03:41:29	<b>03:42:14.30</b>	<b>03:42:15.90</b>	+00:30:00 (13.5%)	5:02	11.9 (86.2%)
11	<b>DOMBROWSKI Maciej</b>	<b>2129</b>	ON RUNNING	M30	11	MP	KKB MOSiR Krosno	01:21:00	02:06:52	03:05:30	03:41:42	<b>03:42:25.55</b>	<b>03:42:27.90</b>	+00:30:12 (13.6%)	5:02	11.9 (86.2%)
12	<b>ŚWIERC Marcin</b>	<b>2124</b>	BUFF TEAM POLAND	M30	12	MP	AZS KU Politechniki Opolskiej Opole	01:22:14	02:06:24	03:05:45	03:42:05	<b>03:42:52.05</b>	<b>03:42:53.45</b>	+00:30:38 (13.7%)	5:03	11.9 (86.2%)
13	<b>GALAS Karol</b>	<b>2812</b>	GRUPETTO GORLICE	M30	13			01:20:54	02:06:22	03:06:58	03:46:35	<b>03:47:22.15</b>	<b>03:47:25.45</b>	+00:35:10 (15.5%)	5:09	11.6 (84.1%)
14	<b>MASIAREK Maciej</b>	<b>2141</b>	KB SOBÓTKA	M30	14	MP	KB Sobótka	01:20:30	02:06:03	03:10:02	03:47:16	<b>03:48:01.35</b>	<b>03:48:04.60</b>	+00:35:49 (15.7%)	5:10	11.6 (84.1%)
15	<b>WACHAŁA Łukasz</b>	<b>2104</b>	STJ KW KRAKÓW	M30	15			01:18:52	02:03:17	03:05:22	03:49:00	<b>03:49:55.30</b>	<b>03:49:57.50</b>	+00:37:42 (16.4%)	5:12	11.5 (83.3%)
16	<b>KOMRAUS Krzysztof</b>	<b>2515</b>	PRESSGLASS - BIEGAMY I WSPIERAMY	M30	16			01:23:09	02:10:31	03:13:10	03:52:20	<b>03:53:09.60</b>	<b>03:53:18.85</b>	+00:41:03 (17.6%)	5:17	11.3 (81.9%)
17	<b>RUPIŃSKI Krzysztof</b>	<b>2078</b>		M30	17			01:23:58	02:11:13	03:13:12	03:54:39	<b>03:55:27.20</b>	<b>03:55:30.95</b>	+00:43:15 (18.4%)	5:20	11.2 (81.2%)
18	<b>SIERADZKI Krzysztof</b>	<b>2236</b>	PRZEDWOJEWSKI TEAM	M30	18			01:24:54	02:12:52	03:16:22	03:57:46	<b>03:58:34.65</b>	<b>03:58:39.55</b>	+00:46:24 (19.4%)	5:24	11.1 (80.4%)
19	<b>BOROWSKI Kamil</b>	<b>2426</b>	CHEŁMBIEGA	M30	19			01:22:29	02:09:41	03:16:52	03:59:59	<b>04:00:47.50</b>	<b>04:00:52.30</b>	+00:48:37 (20.2%)	5:27	11 (79.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Drużyna	Schronisko	Bacówka	Schronisko	Czas netto 44.1km	Czas brutto 44.1km	Tempo min/km	Tempo km/h		
								na Przehybie 14.7km	na Obidzy 24.4km	pod Durbaszką 35.5km					43.7km	Różn
20	<b>STAWIŃSKI Michał</b>	<b>2265</b>	AW SZYBCIEJ TEAM	M30	20			01:22:54	02:10:35	03:17:12	04:00:37	<b>04:01:32.05</b>	<b>04:01:36.50</b>	+00:49:21 (20.4%)	5:28	11 (79.7%)
21	<b>BRYSZ Michał</b>	<b>2560</b>		M30	21			01:24:55	02:14:34	03:21:01	04:03:26	<b>04:04:17.20</b>	<b>04:04:23.20</b>	+00:52:07 (21.3%)	5:32	10.8 (78.3%)
22	<b>LEŚNIAK Dawid</b>	<b>2060</b>	LHO	M30	22	MP	UltraBies Biegi Górskie Dołżyca	01:24:47	02:12:21	03:20:26	04:03:50	<b>04:04:41.00</b>	<b>04:04:45.25</b>	+00:52:30 (21.5%)	5:32	10.8 (78.3%)
23	<b>SMOLIŃSKI Marcin</b>	<b>2803</b>	STAJNIAKTEAM	M30	23			01:26:05	02:14:36	03:21:37	04:04:35	<b>04:05:26.00</b>	<b>04:05:29.25</b>	+00:53:14 (21.7%)	5:33	10.8 (78.3%)
24	<b>GOŁĄB Marek</b>	<b>2530</b>	BANDA GRUDNIA	M30	24	MP	MKS Unia Hrubieszów	01:30:03	02:20:30	03:27:36	04:09:12	<b>04:09:58.20</b>	<b>04:10:03.30</b>	+00:57:48 (23.1%)	5:40	10.6 (76.8%)
25	<b>PIĘKNIK Patryk</b>	<b>2693</b>	TRAIL IS OUR WAY	M30	25			01:32:02	02:23:07	03:30:17	04:10:37	<b>04:11:23.65</b>	<b>04:11:23.65</b>	+00:59:08 (23.5%)	5:42	10.5 (76.1%)
26	<b>LEWANDOWSKI Miłosz</b>	<b>2499</b>	EPM	M30	26			01:25:15	02:14:35	03:25:44	04:11:16	<b>04:12:11.00</b>	<b>04:12:13.70</b>	+00:59:58 (23.8%)	5:43	10.5 (76.1%)
27	<b>PAWLIKOWSKI Michał</b>	<b>2153</b>		M30	27			01:27:16	02:17:35	03:29:08	04:13:01	<b>04:13:47.75</b>	<b>04:13:53.35</b>	+01:01:38 (24.3%)	5:45	10.4 (75.4%)
28	<b>KANSY Sebastian</b>	<b>2756</b>		M30	28			01:26:30	02:17:55	03:27:54	04:13:12	<b>04:14:12.45</b>	<b>04:14:25.95</b>	+01:02:10 (24.4%)	5:45	10.4 (75.4%)
29	<b>BIEŃ Przemysław</b>	<b>2889</b>	KS RYGLICE-SEKCJA BIEGOWA	M30	29			01:28:36	02:19:28	03:31:19	04:15:24	<b>04:16:24.25</b>	<b>04:16:30.40</b>	+01:04:15 (25.0%)	5:48	10.3 (74.6%)
30	<b>VOROBJOV Raimond</b>	<b>2932</b>	WILD SOULS	M30	30			01:26:14	02:17:54	03:28:31	04:16:22	<b>04:17:05.70</b>	<b>04:17:08.55</b>	+01:04:53 (25.2%)	5:49	10.3 (74.6%)
31	<b>LANGNER Radosław</b>	<b>2255</b>	RMT PRO TEAM	M30	31			01:31:41	02:22:48	03:32:18	04:18:18	<b>04:19:17.75</b>	<b>04:19:23.45</b>	+01:07:08 (25.9%)	5:52	10.2 (73.9%)
32	<b>WIDUCH Jarek</b>	<b>2242</b>	ŚOB	M30	32			01:35:36	02:27:05	03:37:14	04:19:20	<b>04:20:14.05</b>	<b>04:20:20.25</b>	+01:08:05 (26.2%)	5:54	10.2 (73.9%)
33	<b>BUNSCH Łukasz</b>	<b>2126</b>		M30	33			01:28:42	02:22:09	03:34:56	04:21:57	<b>04:22:57.30</b>	<b>04:23:02.40</b>	+01:10:47 (26.9%)	5:57	10.1 (73.2%)
34	<b>RACZAK Maciej</b>	<b>2107</b>	42K PRO TEAM	M30	34	MP	42k Pro Team Tychy	01:32:06	02:22:42	03:34:05	04:22:07	<b>04:23:04.70</b>	<b>04:23:18.40</b>	+01:11:03 (27.0%)	5:57	10.1 (73.2%)
35	<b>NIEDŹWIADEK Kamil</b>	<b>2239</b>	GIŻA TEAM	M30	35	MP	KS AZS AWF Warszawa	01:28:01	02:21:44	03:34:21	04:22:51	<b>04:23:45.90</b>	<b>04:23:51.45</b>	+01:11:36 (27.1%)	5:58	10 (72.5%)
36	<b>GAWIN Marek</b>	<b>2895</b>	INFINITY - GYM	M30	36			01:28:13	02:21:28	03:34:12	04:22:49	<b>04:23:55.10</b>	<b>04:23:57.55</b>	+01:11:42 (27.2%)	5:59	10 (72.5%)
37	<b>SZKOŁA Paweł</b>	<b>2073</b>	TLENOWA RADOŚĆ TEAM	M30	37			01:30:27	02:22:19	03:33:50	04:23:44	<b>04:24:33.65</b>	<b>04:24:39.50</b>	+01:12:24 (27.4%)	5:59	10 (72.5%)
38	<b>FRĄCKIEWICZ Mateusz</b>	<b>2691</b>		M30	38			01:29:26	02:21:38	03:37:09	04:25:02	<b>04:25:59.20</b>	<b>04:26:09.95</b>	+01:13:54 (27.8%)	6:01	9.9 (71.7%)
39	<b>RUDNICKI Dariusz</b>	<b>2938</b>	PROJEKT1000UP / PKO BIEGAJMY RAZEM	M30	39			01:39:06	02:32:00	03:45:10	04:29:04	<b>04:30:01.30</b>	<b>04:30:58.60</b>	+01:18:43 (29.1%)	6:07	9.8 (71.0%)
40	<b>STANKIEWICZ Tomasz</b>	<b>2598</b>	PLANYBIEGOWE.PL	M30	40					03:44:15	04:30:48	<b>04:31:45.90</b>	<b>04:31:45.90</b>	+01:19:30 (29.3%)	6:09	9.7 (70.3%)
41	<b>GOLA Daniel</b>	<b>2026</b>	TRAIL IS OUR WAY	M30	41			01:32:53	02:28:40	03:44:07	04:31:06	<b>04:31:59.30</b>	<b>04:32:07.60</b>	+01:19:52 (29.4%)	6:10	9.7 (70.3%)
42	<b>GUT Jacek</b>	<b>2555</b>	KLUB MORSA SŁONECZKO/ AKADEMIA BIEGACZA MATYLDA KOWAL	M30	42			01:31:36	02:24:41	03:40:00	04:31:10	<b>04:32:09.60</b>	<b>04:32:18.05</b>	+01:20:02 (29.4%)	6:10	9.7 (70.3%)
43	<b>KLUSEK Mateusz</b>	<b>2543</b>	SKLEP BIEGACZA KRAKÓW	M30	43			01:31:16	02:24:37	03:42:32	04:32:07	<b>04:33:10.90</b>	<b>04:33:26.15</b>	+01:21:10 (29.7%)	6:11	9.7 (70.3%)
44	<b>NEDRYA Artem</b>	<b>2210</b>		M30	44			01:40:39	02:36:17	03:50:34	04:35:21	<b>04:36:14.95</b>	<b>04:36:23.10</b>	+01:24:07 (30.4%)	6:15	9.6 (69.6%)
45	<b>MATYJASZCZYK Kamil</b>	<b>2416</b>	ŁĘCZNA BIEGA	M30	45			01:31:50	02:26:06	03:44:27	04:36:11	<b>04:37:24.65</b>	<b>04:37:43.50</b>	+01:25:28 (30.8%)	6:17	9.5 (68.8%)
46	<b>NISZCZOT Dariusz</b>	<b>2122</b>		M30	46			01:38:38	02:34:32	03:50:00	04:37:16	<b>04:38:11.15</b>	<b>04:38:32.95</b>	+01:26:17 (31.0%)	6:18	9.5 (68.8%)
47	<b>RUDO Jakub</b>	<b>2229</b>	ŁOCHOWSKA GRUPA BIEGOWA/ PGB SPORTOWA PACZKA	M30	47			01:32:59	02:27:16	03:47:09	04:38:22	<b>04:39:17.05</b>	<b>04:39:44.65</b>	+01:27:29 (31.3%)	6:19	9.5 (68.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Drużyna	Schronisko	Bacówka	Schronisko	Czas		Tempo min/km	Tempo km/h		
								na Przehybie 14.7km	na Obidzy 24.4km	pod Durbaszką 35.5km	43.7km	44.1km			44.1km	Różn
48	ZARĘBA Dariusz	2063	GORĄCY POTOK TEAM	M30	48			01:32:30	02:27:09	03:46:28	04:38:52	<b>04:39:58.80</b>	<b>04:40:02.80</b>	+01:27:47 (31.3%)	6:20	9.5 (68.8%)
49	WRÓBEL Kamil	2690		M30	49			01:35:36	02:32:39	03:50:56	04:39:26	<b>04:40:29.00</b>	<b>04:40:33.70</b>	+01:28:18 (31.5%)	6:21	9.4 (68.1%)
50	STACHOWIAK Łukasz	2649	KAMIL LEŚNIAK TEAM	M30	50			01:34:49	02:29:53	03:52:55	04:40:36	<b>04:41:42.25</b>	<b>04:41:44.90</b>	+01:29:29 (31.8%)	6:23	9.4 (68.1%)
51	BRASSE Krystian	2214		M30	51			01:41:02	02:37:28	03:54:12	04:41:06	<b>04:41:59.45</b>	<b>04:42:26.45</b>	+01:30:11 (31.9%)	6:23	9.4 (68.1%)
52	ŻYŁKA Kamil	2523		M30	52	MP	42k Pro Team Tychy	01:36:31	02:31:51	03:52:03	04:43:47	<b>04:44:47.35</b>	<b>04:44:55.80</b>	+01:32:40 (32.5%)	6:27	9.3 (67.4%)
53	ZAJĄC Stefan	2877		M30	53			01:34:28	02:31:59	03:52:14	04:45:09	<b>04:46:08.25</b>	<b>04:46:21.50</b>	+01:34:06 (32.9%)	6:29	9.2 (66.7%)
54	STASZELIS Krzysztof	2930	POCO LOCO ADVENTURE	M30	54			01:39:30	02:37:40	03:58:05	04:45:23	<b>04:46:16.20</b>	<b>04:46:24.85</b>	+01:34:09 (32.9%)	6:29	9.2 (66.7%)
55	PIWOWARSKI Sławomir	2898	SAMOLOTOWY TEAM	M30	55			01:38:34	02:34:35	03:52:01	04:46:04	<b>04:46:55.65</b>	<b>04:47:15.20</b>	+01:34:59 (33.1%)	6:30	9.2 (66.7%)
56	PRZYBYŁA Amadeusz	2336	4DRINKI	M30	56			01:38:09	02:35:49	03:56:22	04:46:05	<b>04:47:05.55</b>	<b>04:47:15.90</b>	+01:35:00 (33.1%)	6:30	9.2 (66.7%)
57	ZIELIŃSKI Mateusz	2901		M30	57			01:40:55	02:39:10	03:57:39	04:47:13	<b>04:48:12.85</b>	<b>04:48:39.80</b>	+01:36:24 (33.4%)	6:32	9.2 (66.7%)
58	MAJCHRZAK Maciej	2322	AW - SZYBCIEJ - TEAM	M30	58			01:38:25	02:36:58	03:58:36	04:47:47	<b>04:48:43.00</b>	<b>04:49:17.25</b>	+01:37:02 (33.5%)	6:32	9.2 (66.7%)
59	ŚWIERAD Dariusz	2205	ASICS FRONTRUNNER	M30	59			01:36:42	02:33:02	03:51:21	04:48:37	<b>04:49:28.20</b>	<b>04:49:34.40</b>	+01:37:19 (33.6%)	6:33	9.1 (65.9%)
60	SELKE Radosław	2055	MORT!	M30	60	MP	UKS MTE Milanówek	01:33:38	02:29:59	03:57:33	04:49:42	<b>04:50:43.55</b>	<b>04:50:47.90</b>	+01:38:32 (33.9%)	6:35	9.1 (65.9%)
61	MIKLAS Jarek	2273	AW - SZYBCIEJ	M30	61		Off Road Runners Benefit Systems/ AW - SZYBCIEJ	01:41:52	02:38:10	03:59:06	04:49:17	<b>04:50:16.50</b>	<b>04:50:54.35</b>	+01:38:39 (33.9%)	6:34	9.1 (65.9%)
62	D'AURIA Umberto	2181		M30	62							<b>04:51:45.00</b>	<b>04:51:45.00</b>	+01:39:29 (34.1%)	6:36	9.1 (65.9%)
63	ROGOZIŃSKI Łukasz	2388	ROADTODREAM	M30	63			01:38:04	02:37:04	04:03:02	04:52:59	<b>04:53:53.60</b>	<b>04:53:57.60</b>	+01:41:42 (34.6%)	6:39	9 (65.2%)
64	JANIAK Norbert	2251		M30	64			01:37:07	02:36:40	03:59:17	04:53:02	<b>04:54:07.70</b>	<b>04:54:16.50</b>	+01:42:01 (34.7%)	6:40	9 (65.2%)
65	DOMERADZKI Grzegorz	2520	BIEGAM ŻEBY ŻREĆ WIĘCEJ CIASTKÓW	M30	65			01:45:44	02:45:16	04:05:18	04:53:55	<b>04:54:50.05</b>	<b>04:55:00.10</b>	+01:42:44 (34.8%)	6:41	9 (65.2%)
66	ZDUNEK Grzegorz	2003	PRZEDWOJEWSKI TEAM	M30	66			01:39:27	02:38:46	04:04:39	04:54:46	<b>04:55:45.70</b>	<b>04:55:50.15</b>	+01:43:34 (35.0%)	6:42	8.9 (64.5%)
67	STĘSIK Tomasz	2769	WOLSZTYŃSKA AKADEMIA BIEGOWA	M30	67			01:45:26	02:45:15	04:04:50	04:54:42	<b>04:55:38.65</b>	<b>04:56:00.30</b>	+01:43:45 (35.1%)	6:42	9 (65.2%)
68	CALMET Boris	2402	BORIS TOUT SEUL	M30	68			01:41:29	02:42:43	04:06:04	04:55:14	<b>04:56:06.30</b>	<b>04:56:14.15</b>	+01:43:58 (35.1%)	6:42	8.9 (64.5%)
69	PRZYBYSŁAWSKI Dariusz	2974		M30	69			01:42:37	02:43:18	04:05:22	04:54:57	<b>04:56:01.60</b>	<b>04:56:18.95</b>	+01:44:03 (35.1%)	6:42	8.9 (64.5%)
70	KRAJEWSKI Marcin	2237		M30	70			01:41:12	02:42:02	04:05:24	04:56:22	<b>04:57:17.40</b>	<b>04:57:24.85</b>	+01:45:09 (35.4%)	6:44	8.9 (64.5%)
71	PIETRUCHA Artur	2168	SPORTOWA KRYNICA	M30	71			01:36:40	02:35:24	04:01:55	04:56:14	<b>04:57:32.40</b>	<b>04:57:43.70</b>	+01:45:28 (35.4%)	6:44	8.9 (64.5%)
72	SOLECKI Dominik	2821	SWIM TRI RZESZÓW	M30	72				02:45:49	04:05:24	04:56:09	<b>04:56:59.45</b>	<b>04:58:09.15</b>	+01:45:53 (35.5%)	6:44	8.9 (64.5%)
73	RUSIN Krzysztof	2381		M30	73			01:36:20	02:35:33	04:02:54	04:59:45	<b>05:00:43.50</b>	<b>05:00:48.35</b>	+01:48:33 (36.1%)	6:49	8.8 (63.8%)
74	KOWALCZYK Mateusz	2768	MINUTKA TRAIL / PGB	M30	74			01:38:13	02:38:50	04:10:03	04:59:47	<b>05:00:55.95</b>	<b>05:01:03.50</b>	+01:48:48 (36.1%)	6:49	8.8 (63.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Drużyna	Schronisko	Bacówka	Schronisko	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h	
								na Przehybie 14.7km	na Obidzy 24.4km	pod Durbaszką 35.5km						43.7km
75	<b>WĘGLEWICZ Maciej</b>	<b>2847</b>	BIEGOLAS KOSZALIN	M30	75			01:47:48	02:48:20	04:09:59	05:00:08	<b>05:01:04.20</b>	<b>05:01:50.60</b>	+01:49:35 (36.3%)	6:49	8.8 (63.8%)
76	<b>MANJURA Tomasz</b>	<b>2308</b>	CSC ADVENTURE ACADEMY	M30	76			01:38:52	02:36:16	04:04:56	05:01:09	<b>05:02:15.95</b>	<b>05:02:21.35</b>	+01:50:06 (36.4%)	6:51	8.8 (63.8%)
77	<b>SKRZYPCZYK Michał</b>	<b>2843</b>		M30	77			01:41:46	02:44:21	04:10:34	05:01:43	<b>05:02:41.85</b>	<b>05:02:47.70</b>	+01:50:32 (36.5%)	6:51	8.7 (63.0%)
78	<b>KOSIERADZKI Łukasz</b>	<b>2387</b>		M30	78			01:44:52	02:47:06	04:10:20	05:01:38	<b>05:02:40.75</b>	<b>05:02:53.05</b>	+01:50:37 (36.5%)	6:51	8.7 (63.0%)
79	<b>DYRCZ Dawid</b>	<b>2249</b>	TRAIL IS OUR WAY	M30	79			01:46:35	02:46:47	04:10:55	05:03:12	<b>05:04:08.65</b>	<b>05:04:18.45</b>	+01:52:03 (36.8%)	6:53	8.7 (63.0%)
80	<b>WÓJCIK Robert</b>	<b>2455</b>	42K PRO TEAM	M30	80			01:43:17	02:45:03	04:08:33	05:03:29	<b>05:04:33.85</b>	<b>05:05:02.55</b>	+01:52:47 (37.0%)	6:54	8.7 (63.0%)
81	<b>TAŁANDA Daniel</b>	<b>2203</b>	STOPKA PILAWA	M30	81			01:43:58	02:49:50	04:14:41	05:03:55	<b>05:04:39.95</b>	<b>05:05:03.00</b>	+01:52:47 (37.0%)	6:54	8.7 (63.0%)
82	<b>PALUCH Tobiasz</b>	<b>2872</b>	KS RYGLICE	M30	82			01:47:17	02:47:40	04:12:58	05:04:44	<b>05:05:40.35</b>	<b>05:05:57.10</b>	+01:53:41 (37.2%)	6:55	8.7 (63.0%)
83	<b>MEHRENS Stefan</b>	<b>2331</b>		M30	83			01:40:16	02:45:23	04:14:29	05:05:07	<b>05:05:54.80</b>	<b>05:05:58.25</b>	+01:53:43 (37.2%)	6:56	8.6 (62.3%)
84	<b>WANAT Mateusz</b>	<b>2594</b>	PRZEDWOJEWSKI TEAM	M30	84			01:45:39	02:46:25	04:14:06	05:06:45	<b>05:07:35.50</b>	<b>05:08:12.45</b>	+01:55:57 (37.6%)	6:58	8.6 (62.3%)
85	<b>KMITA Krzysztof</b>	<b>2436</b>		M30	85			01:39:47	02:41:01	04:11:31	05:07:35	<b>05:08:35.00</b>	<b>05:08:45.80</b>	+01:56:30 (37.7%)	6:59	8.6 (62.3%)
86	<b>GOLEC Ireneusz</b>	<b>2258</b>	VEGE RUNNERS / RUCH IZBICA	M30	86			01:41:16	02:40:28	04:06:58	05:07:23	<b>05:08:39.40</b>	<b>05:08:58.90</b>	+01:56:43 (37.8%)	6:59	8.6 (62.3%)
87	<b>SZUKAŁA Michał</b>	<b>2105</b>	HIT THE TRAIL	M30	87			01:35:21	02:35:57	04:08:02	05:07:53	<b>05:09:03.60</b>	<b>05:09:08.70</b>	+01:56:53 (37.8%)	7:00	8.6 (62.3%)
88	<b>STAWIARZ Paweł</b>	<b>2374</b>	AW SZYBCIEJ TEAM	M30	88			01:42:32	02:45:26	04:13:48	05:07:40	<b>05:08:40.95</b>	<b>05:09:11.75</b>	+01:56:56 (37.8%)	6:59	8.6 (62.3%)
89	<b>CIESIELSKI Michał</b>	<b>2611</b>	ADIDAS RUNNERS WARSAW	M30	89			01:42:52	02:45:13	04:14:56	05:08:06	<b>05:09:10.50</b>	<b>05:09:21.00</b>	+01:57:05 (37.9%)	7:00	8.6 (62.3%)
90	<b>KAMIŃSKI Marek</b>	<b>2710</b>		M30	90			01:48:50	02:47:34	04:19:16	05:09:05	<b>05:09:56.65</b>	<b>05:10:10.45</b>	+01:57:55 (38.0%)	7:01	8.5 (61.6%)
91	<b>STANISŁAWSKI Michał</b>	<b>2277</b>	UKS FREE SPORTS BIELSKO-BIAŁA	M30	91			01:49:44	02:55:09	04:18:30	05:09:40	<b>05:10:26.60</b>	<b>05:10:34.60</b>	+01:58:19 (38.1%)	7:02	8.5 (61.6%)
92	<b>GAMROT Filip</b>	<b>2407</b>	RRR	M30	92			01:44:43	02:46:55	04:18:11	05:10:55	<b>05:11:46.05</b>	<b>05:12:14.00</b>	+01:59:58 (38.4%)	7:04	8.5 (61.6%)
93	<b>MÓJTA Grzegorz</b>	<b>2075</b>	KOŁO BIEGA	M30	93			01:43:39	02:47:08	04:16:13	05:11:36	<b>05:12:35.30</b>	<b>05:12:45.90</b>	+02:00:30 (38.5%)	7:05	8.5 (61.6%)
94	<b>HRONOWSKI Kamil</b>	<b>2444</b>		M30	94			01:45:37	02:51:35	04:17:53	05:11:55	<b>05:12:52.60</b>	<b>05:13:25.25</b>	+02:01:10 (38.7%)	7:05	8.5 (61.6%)
95	<b>GIL Maciej</b>	<b>2132</b>	AW - SZYBCIEJ - TEAM	M30	95			01:43:08	02:47:43	04:17:21	05:13:02	<b>05:13:58.65</b>	<b>05:14:14.55</b>	+02:01:59 (38.8%)	7:07	8.4 (60.9%)
96	<b>GEDIMINAS Valerijus</b>	<b>2626</b>	WILD SOULS	M30	96			01:43:07	02:44:23	04:19:52	05:13:31	<b>05:14:24.60</b>	<b>05:14:42.00</b>	+02:02:26 (38.9%)	7:07	8.4 (60.9%)
97	<b>ANIOŁEK Michał</b>	<b>2705</b>		M30	97			01:47:57	02:51:08	04:20:16	05:13:29	<b>05:14:28.20</b>	<b>05:14:57.55</b>	+02:02:42 (39.0%)	7:07	8.4 (60.9%)
98	<b>KAŁKOWSKI Roman</b>	<b>2685</b>		M30	98			01:49:30	02:54:05	04:22:59	05:17:17	<b>05:18:26.05</b>	<b>05:18:39.85</b>	+02:06:24 (39.7%)	7:13	8.3 (60.1%)
99	<b>RZADKOSZ Wojciech</b>	<b>2483</b>		M30	99			01:42:34	02:45:31	04:18:23	05:18:05	<b>05:19:17.95</b>	<b>05:19:27.65</b>	+02:07:12 (39.8%)	7:14	8.3 (60.1%)
100	<b>MIŁOŚ Grzegorz</b>	<b>2919</b>		M30	100			01:56:53	03:06:03	04:27:54	05:18:38	<b>05:19:31.15</b>	<b>05:19:45.10</b>	+02:07:29 (39.9%)	7:14	8.3 (60.1%)
101	<b>JANCZY Grzegorz</b>	<b>2736</b>	GNUŚNIAK POSPOLITY	M30	101			01:49:34	02:54:43	04:25:21	05:21:45	<b>05:22:44.15</b>	<b>05:23:44.05</b>	+02:11:28 (40.6%)	7:19	8.2 (59.4%)
102	<b>GIERS Michał</b>	<b>2618</b>		M30	102			01:49:16	02:53:53	04:26:23	05:23:49	<b>05:24:46.15</b>	<b>05:24:55.60</b>	+02:12:40 (40.8%)	7:21	8.1 (58.7%)
103	<b>GŁOWACKI Paweł</b>	<b>2004</b>		M30	103			01:51:20	02:56:12	04:30:50	05:23:23	<b>05:24:24.95</b>	<b>05:25:38.40</b>	+02:13:23 (41.0%)	7:21	8.2 (59.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Drużyna	Schronisko	Bacówka	Schronisko	Czas		Różn	Tempo min/km	Tempo km/h	
								na Przehybie 14.7km	na Obidzy 24.4km	pod Durbaszką 35.5km	43.7km	44.1km				44.1km
104	KLUZ Marcin	2518	PRO-RUN WROCLAW	M30	104			01:46:31	02:51:21	04:25:23	05:24:58	<b>05:25:53.25</b>	<b>05:26:12.30</b>	+02:13:57 (41.1%)	7:23	8.1 (58.7%)
105	KROBICKI Bartek	2565		M30	105			01:52:06	02:58:19	04:27:09	05:25:18	<b>05:26:06.95</b>	<b>05:27:06.20</b>	+02:14:50 (41.2%)	7:23	8.1 (58.7%)
106	BURDA Jarosław	2177	RAKOŃ WARRIORS	M30	106			01:53:50	02:58:41	04:29:14	05:25:56	<b>05:27:01.70</b>	<b>05:27:34.05</b>	+02:15:18 (41.3%)	7:24	8.1 (58.7%)
107	ŚLEPIAK Adam	2902	STAJNIA BALONA	M30	107			01:49:13	02:52:31	04:28:39	05:29:23	<b>05:30:16.50</b>	<b>05:30:28.65</b>	+02:18:13 (41.8%)	7:29	8 (58.0%)
108	SKWAREK Marcin	2065	SMASHING PAPKINS	M30	108			01:50:58	02:57:30	04:29:45	05:29:52	<b>05:30:54.25</b>	<b>05:31:41.95</b>	+02:19:26 (42.0%)	7:30	8 (58.0%)
109	LUŻNIAK Damian	2195	SCI GÓRSCY ENTUZJAŚCI	M30	109			01:51:08	03:00:06	04:37:39	05:32:51	<b>05:33:41.65</b>	<b>05:33:49.65</b>	+02:21:34 (42.4%)	7:33	7.9 (57.2%)
110	MARCIŃSKI Łukasz	2125		M30	110			01:50:44	02:58:47	04:36:13	05:32:37	<b>05:33:38.55</b>	<b>05:33:50.80</b>	+02:21:35 (42.4%)	7:33	7.9 (57.2%)
111	SZKODZIAK Mateusz	2894		M30	111			01:59:38	03:08:33	04:40:15	05:31:50	<b>05:32:40.60</b>	<b>05:33:51.55</b>	+02:21:36 (42.4%)	7:32	8 (58.0%)
112	SMACZNY Bartłomiej	2054	WTM	M30	112			01:52:55	03:00:02	04:37:11	05:33:57	<b>05:35:04.70</b>	<b>05:35:43.05</b>	+02:23:27 (42.7%)	7:35	7.9 (57.2%)
113	WILAMOWSKI Bartłomiej	2362	ZOSTAĆ ULTRASEM	M30	113			01:55:57	03:04:10	04:37:26	05:34:11	<b>05:35:11.65</b>	<b>05:35:45.50</b>	+02:23:30 (42.7%)	7:36	7.9 (57.2%)
114	NIESZPOREK Adam	2491	INTO THE WILD	M30	114			01:45:51	02:54:01	04:36:02	05:35:14	<b>05:36:12.65</b>	<b>05:36:23.95</b>	+02:24:08 (42.8%)	7:37	7.9 (57.2%)
115	MARCINKOWSKI Maciej	2596	MM RUN TEAM	M30	115			01:50:00	02:59:05	04:37:18	05:35:13	<b>05:36:11.15</b>	<b>05:36:44.15</b>	+02:24:28 (42.9%)	7:37	7.9 (57.2%)
116	OGNIEWSKI Marcin	2880	WATAHA	M30	116			01:49:38	02:57:44	04:33:38	05:35:35	<b>05:36:32.05</b>	<b>05:36:48.45</b>	+02:24:33 (42.9%)	7:37	7.9 (57.2%)
117	AVERIN Pavel	2669		M30	117			01:47:52	02:58:21	04:36:12	05:36:15	<b>05:37:18.85</b>	<b>05:37:47.05</b>	+02:25:31 (43.1%)	7:38	7.8 (56.5%)
118	BIERNAT Mateusz	2827		M30	118			01:54:28	03:05:31	04:42:29	05:36:36	<b>05:37:30.20</b>	<b>05:37:50.10</b>	+02:25:34 (43.1%)	7:39	7.8 (56.5%)
119	RÓG Krzysiek	2773	ZBLĄZ TEAM	M30	119			01:47:31	02:58:44	04:40:05	05:36:27	<b>05:37:47.35</b>	<b>05:37:58.25</b>	+02:25:43 (43.1%)	7:39	7.8 (56.5%)
120	GILOWSKI Kamil	2408	UKS FREE SPORTS BIELSKO-BIAŁA	M30	120			01:49:44	02:56:13	04:39:57	05:36:57	<b>05:37:52.25</b>	<b>05:38:00.00</b>	+02:25:44 (43.1%)	7:39	7.8 (56.5%)
121	CZOPUR Paweł	2377	DREAM TEAM	M30	121			01:50:50	03:00:38	04:36:23	05:36:23	<b>05:37:21.50</b>	<b>05:38:03.30</b>	+02:25:48 (43.1%)	7:38	7.8 (56.5%)
122	PERNAL Maciej	2751		M30	122			01:50:31	03:01:12	04:39:25	05:36:40	<b>05:37:41.20</b>	<b>05:38:17.95</b>	+02:26:02 (43.2%)	7:39	7.8 (56.5%)
123	ŁADNO Paweł	2692	WE RUN CLAN	M30	123			01:48:08	02:54:08	04:41:36	05:37:28	<b>05:38:16.15</b>	<b>05:38:38.90</b>	+02:26:23 (43.2%)	7:40	7.8 (56.5%)
124	TOKARCZYK Tomasz	2014	NONE	M30	124			01:52:21	03:01:03	04:35:55	05:37:00	<b>05:38:21.65</b>	<b>05:38:57.85</b>	+02:26:42 (43.3%)	7:40	7.8 (56.5%)
125	CHOCHOROWSKI Łukasz	2351	SUP KULTURA KRAKÓW	M30	125			01:50:23	02:58:21	04:35:21	05:37:09	<b>05:38:05.85</b>	<b>05:39:04.80</b>	+02:26:49 (43.3%)	7:39	7.8 (56.5%)
126	STRASZEK Piotr	2589		M30	126			01:47:35	02:55:02	04:37:21	05:40:37	<b>05:41:31.50</b>	<b>05:41:59.10</b>	+02:29:43 (43.8%)	7:44	7.7 (55.8%)
127	DĄBROWSKI Andrzej	2638		M30	127			01:59:26	03:09:42	04:44:35	05:40:48	<b>05:41:49.90</b>	<b>05:42:57.80</b>	+02:30:42 (43.9%)	7:45	7.7 (55.8%)
128	MADYCKI Jerzy	2802		M30	128			01:51:43	02:57:07	04:41:31	05:41:27	<b>05:42:30.00</b>	<b>05:43:37.50</b>	+02:31:22 (44.1%)	7:45	7.7 (55.8%)
129	ŻŁOBIŃSKI Tomasz	3113	42K PRO TEAM	M30	129			01:52:17	02:59:31	04:41:34	05:42:10	<b>05:43:15.90</b>	<b>05:43:50.25</b>	+02:31:35 (44.1%)	7:47	7.7 (55.8%)
130	ILKOVIC Matus	2548		M30	130			01:54:32	03:06:56	04:44:18	05:42:38	<b>05:43:45.00</b>	<b>05:44:22.60</b>	+02:32:07 (44.2%)	7:47	7.7 (55.8%)
131	ZIĘBA Łukasz	2569		M30	131			02:01:27	03:15:02	04:45:34		<b>05:44:29.30</b>	<b>05:44:29.30</b>	+02:32:14 (44.2%)	7:48	7.7 (55.8%)
132	DZIKOWSKI Michał	2016		M30	132			01:48:07	02:55:06	04:37:21	05:43:49	<b>05:44:49.60</b>	<b>05:45:03.95</b>	+02:32:48 (44.3%)	7:49	7.7 (55.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Drużyna	Schronisko	Bacówka	Schronisko	Czas		Tempo min/km	Tempo km/h		
								na Przehybie 14.7km	na Obidzy 24.4km	pod Durbaszką 35.5km	43.7km	44.1km			Różn	
133	<b>SŁUGOCKI Mateusz</b>	<b>2508</b>		M30	133			01:59:14	03:08:47	04:45:05	05:44:14	<b>05:45:21.95</b>	<b>05:46:09.35</b>	+02:33:54 (44.5%)	7:49	7.7 (55.8%)
134	<b>MICEK Maciej</b>	<b>2108</b>		M30	134			01:53:23	02:59:09	04:39:54	05:43:38	<b>05:44:51.30</b>	<b>05:46:21.15</b>	+02:34:05 (44.5%)	7:49	7.7 (55.8%)
135	<b>DUBOVIKAS Tomas</b>	<b>2608</b>	WILD SOULS	M30	135			01:53:16	03:06:21	04:45:44	05:45:03	<b>05:46:20.55</b>	<b>05:46:39.20</b>	+02:34:23 (44.5%)	7:51	7.6 (55.1%)
136	<b>MALIGRANDA Mariusz</b>	<b>2347</b>		M30	136			01:57:10	03:10:38	04:48:41	05:47:13	<b>05:48:11.15</b>	<b>05:48:20.40</b>	+02:36:05 (44.8%)	7:53	7.6 (55.1%)
137	<b>PYTLIK Wojciech</b>	<b>2968</b>	DYSON RUNNING CLUB	M30	137			01:52:57	03:05:44	04:49:31	05:46:59	<b>05:47:50.50</b>	<b>05:48:48.60</b>	+02:36:33 (44.9%)	7:53	7.6 (55.1%)
138	<b>KOSAR David</b>	<b>2013</b>	RZB	M30	138			01:58:45	03:13:42	04:55:33	05:48:26	<b>05:49:18.70</b>	<b>05:49:53.90</b>	+02:37:38 (45.1%)	7:55	7.6 (55.1%)
139	<b>PALUCZAK Tadeusz</b>	<b>2672</b>	KWK BUDRYK	M30	139			01:51:59	03:03:05	04:46:48	05:50:23	<b>05:51:26.20</b>	<b>05:52:15.40</b>	+02:40:00 (45.4%)	7:58	7.5 (54.3%)
140	<b>TOLIUIŠIS Matas</b>	<b>2677</b>	WILD SOULS	M30	140			01:50:10	02:59:31	04:45:10	05:51:30	<b>05:52:18.40</b>	<b>05:52:34.10</b>	+02:40:18 (45.5%)	7:59	7.5 (54.3%)
141	<b>MARCZEWSKI Maciej</b>	<b>2763</b>		M30	141			01:50:13	03:02:50	04:49:58	05:51:22	<b>05:52:17.60</b>	<b>05:52:39.55</b>	+02:40:24 (45.5%)	7:59	7.5 (54.3%)
142	<b>KRUPA Krzysztof</b>	<b>2755</b>	MOUNTAIN RUNNING GUIDES	M30	142			02:00:19	03:10:48	04:50:15	05:51:23	<b>05:52:12.60</b>	<b>05:53:18.05</b>	+02:41:02 (45.6%)	7:59	7.5 (54.3%)
143	<b>CHOINA Kamil</b>	<b>2721</b>	NIE BIEGAM Z KAMILEM	M30	143			02:05:09	03:17:36	04:55:33	05:50:59	<b>05:52:00.30</b>	<b>05:53:31.95</b>	+02:41:16 (45.6%)	7:58	7.5 (54.3%)
144	<b>CIEPŁY Maciej</b>	<b>2875</b>	MOUNTAIN RUNNING GUIDES	M30	144			01:55:53	03:12:32	04:52:40	05:51:54	<b>05:52:56.60</b>	<b>05:53:38.70</b>	+02:41:23 (45.6%)	8:00	7.5 (54.3%)
145	<b>BUROKAS Tomas</b>	<b>2084</b>	WILD SOULS	M30	145			02:00:12	03:18:29	04:55:05	05:52:52	<b>05:53:46.50</b>	<b>05:54:11.90</b>	+02:41:56 (45.7%)	8:01	7.5 (54.3%)
146	<b>ORIOŁAS Edgaras</b>	<b>2136</b>	WILD SOULS	M30	146			02:01:26	03:16:54	04:55:35	05:52:57	<b>05:54:13.20</b>	<b>05:54:28.80</b>	+02:42:13 (45.8%)	8:01	7.5 (54.3%)
147	<b>JÓZEF Mateusz</b>	<b>2606</b>	ULTRAJÓZKI	M30	147			01:50:25	03:02:39	04:55:39	05:53:24	<b>05:54:25.20</b>	<b>05:54:41.60</b>	+02:42:26 (45.8%)	8:02	7.5 (54.3%)
148	<b>SZALAST Paweł</b>	<b>2189</b>	Z16	M30	148			01:58:25	03:08:09	04:48:54	05:52:41	<b>05:53:45.60</b>	<b>05:55:14.80</b>	+02:42:59 (45.9%)	8:01	7.5 (54.3%)
149	<b>BAGSIK Łukasz</b>	<b>2946</b>	QTEAM	M30	149			01:52:22	03:09:17	04:56:46	05:53:44	<b>05:54:48.35</b>	<b>05:55:19.85</b>	+02:43:04 (45.9%)	8:02	7.5 (54.3%)
150	<b>KOPIŃSKI Oskar</b>	<b>2634</b>		M30	150			01:52:03	03:08:10	04:55:08	05:53:54	<b>05:54:48.00</b>	<b>05:55:56.60</b>	+02:43:41 (46.0%)	8:02	7.5 (54.3%)
151	<b>STANOWSKI Bartłomiej</b>	<b>2868</b>	RUNNERS CIESZANÓW	M30	151			01:59:08	03:12:27	04:53:17	05:53:50	<b>05:54:59.05</b>	<b>05:55:57.10</b>	+02:43:41 (46.0%)	8:02	7.5 (54.3%)
152	<b>MAŃKO Robert</b>	<b>2774</b>	BOKS HARNAŚ ZAKOPANE	M30	152			01:49:58	03:01:26	04:51:29	05:55:29	<b>05:56:43.10</b>	<b>05:56:49.55</b>	+02:44:34 (46.1%)	8:05	7.4 (53.6%)
153	<b>CZYŻEWSKI Łukasz</b>	<b>2614</b>	INFLOW	M30	153			01:55:39	03:06:06	04:51:42	05:56:03	<b>05:56:52.20</b>	<b>05:57:26.45</b>	+02:45:11 (46.2%)	8:05	7.4 (53.6%)
154	<b>ADAMUS Jakub</b>	<b>2271</b>		M30	154			01:58:31	03:11:49	04:55:09	05:56:10	<b>05:57:09.65</b>	<b>05:57:38.80</b>	+02:45:23 (46.2%)	8:05	7.4 (53.6%)
155	<b>SKOLIMOWSKI Jakub</b>	<b>2532</b>		M30	155			01:53:47	03:12:31	04:54:48	05:56:31	<b>05:57:29.55</b>	<b>05:57:46.30</b>	+02:45:31 (46.3%)	8:06	7.4 (53.6%)
156	<b>TRZÓŚŁO Tomasz</b>	<b>2190</b>	TOMASZ TRZÓŚŁO	M30	156			02:00:22	03:12:24	04:54:21	05:57:42	<b>05:58:30.90</b>	<b>05:59:34.20</b>	+02:47:18 (46.5%)	8:07	7.4 (53.6%)
157	<b>ZAWADKA Darek</b>	<b>2160</b>		M30	157			01:56:49	03:11:00	04:55:57	05:58:53	<b>05:59:52.25</b>	<b>06:00:04.10</b>	+02:47:48 (46.6%)	8:09	7.4 (53.6%)
158	<b>KĘDZIERSKI Michał</b>	<b>2429</b>	HTF LUDWIK SIKORSKI	M30	158			02:00:18	03:14:56	04:57:02	05:59:54	<b>06:01:03.65</b>	<b>06:01:44.55</b>	+02:49:29 (46.9%)	8:11	7.3 (52.9%)
159	<b>BUDZOŃ Bartosz</b>	<b>2204</b>	PMKW	M30	159			02:02:36	03:15:39	04:58:38	06:00:46	<b>06:01:57.15</b>	<b>06:02:21.85</b>	+02:50:06 (46.9%)	8:12	7.3 (52.9%)
160	<b>TROJNAR Daniel</b>	<b>2673</b>		M30	160			01:58:48	03:15:28	04:56:59	06:00:48	<b>06:01:46.00</b>	<b>06:02:28.10</b>	+02:50:12 (47.0%)	8:12	7.3 (52.9%)
161	<b>ILCZUK Paweł</b>	<b>2936</b>	WATAHA	M30	161			01:56:43	03:08:11	04:52:29	06:00:18	<b>06:02:32.85</b>	<b>06:02:48.75</b>	+02:50:33 (47.0%)	8:13	7.3 (52.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Drużyna	Schronisko	Bacówka	Schronisko	Czas		Tempo min/km	Tempo km/h		
								na Przehybie 14.7km	na Obidzy 24.4km	pod Durbaszką 35.5km	43.7km	44.1km			44.1km	Różn
162	<b>KAMARŪNAS Darius</b>	<b>2064</b>	WILD SOULS	M30	162			01:47:31	02:57:42	04:48:15	06:01:40	<b>06:02:34.65</b>	<b>06:03:35.95</b>	+02:51:20 (47.1%)	8:13	7.3 (52.9%)
163	<b>KOTULSKI Paweł</b>	<b>2927</b>		M30	163			02:11:47	03:26:39	05:07:06	06:01:35	<b>06:02:33.75</b>	<b>06:04:07.15</b>	+02:51:51 (47.2%)	8:13	7.3 (52.9%)
164	<b>HOLÝ Michal</b>	<b>2687</b>	VEREDASPORT/KAJETAJE	M30	164			02:01:29	03:15:59	04:59:56	06:02:34	<b>06:03:54.20</b>	<b>06:04:08.80</b>	+02:51:53 (47.2%)	8:15	7.3 (52.9%)
165	<b>KWIATKOWSKI Przemysław</b>	<b>2202</b>		M30	165			01:58:12	03:12:22	04:57:58	06:02:31	<b>06:03:42.15</b>	<b>06:04:17.95</b>	+02:52:02 (47.2%)	8:14	7.3 (52.9%)
166	<b>BOŁDYS Paweł</b>	<b>2211</b>	AW SZYBCIEJ TEAM	M30	166			02:01:17	03:16:01	05:00:16	06:02:50	<b>06:03:49.00</b>	<b>06:04:18.60</b>	+02:52:03 (47.2%)	8:14	7.3 (52.9%)
167	<b>MALINOWSKI Tomasz</b>	<b>2285</b>	UKS LIDER SIERCZA	M30	167			02:04:27	03:14:49	04:57:07	06:02:13	<b>06:03:13.05</b>	<b>06:04:36.30</b>	+02:52:21 (47.3%)	8:14	7.3 (52.9%)
168	<b>SULTANOV Ruslan</b>	<b>2458</b>		M30	168			02:01:46	03:07:32	04:55:36	06:02:37	<b>06:03:51.85</b>	<b>06:05:02.70</b>	+02:52:47 (47.3%)	8:15	7.3 (52.9%)
169	<b>BASIAK Michał</b>	<b>2867</b>		M30	169			02:01:27	03:15:50	05:00:44	06:04:52	<b>06:05:51.15</b>	<b>06:06:25.00</b>	+02:54:09 (47.5%)	8:17	7.2 (52.2%)
170	<b>KALBARCZYK Wojciech</b>	<b>2952</b>	ADIDAS RUNNERS WARSAW	M30	170			02:03:32	03:14:49	05:01:45	06:05:41	<b>06:06:45.50</b>	<b>06:08:03.60</b>	+02:55:48 (47.8%)	8:18	7.2 (52.2%)
171	<b>NOWICKI Artur Nowicki</b>	<b>2345</b>		M30	171			01:58:30	03:16:35	05:03:08	06:07:31	<b>06:08:32.75</b>	<b>06:08:44.60</b>	+02:56:29 (47.9%)	8:21	7.2 (52.2%)
172	<b>WRÓBEL Tomasz</b>	<b>2392</b>	MATNER TEAM	M30	172			02:01:40	03:19:17	05:08:17	06:08:05	<b>06:09:03.80</b>	<b>06:09:12.40</b>	+02:56:57 (47.9%)	8:22	7.2 (52.2%)
173	<b>SZCZEKUTOWICZ Adrian</b>	<b>2405</b>	TYLKO MIĘCHO	M30	173			02:02:43	03:19:45	05:07:55	06:08:48	<b>06:09:37.75</b>	<b>06:09:59.40</b>	+02:57:44 (48.0%)	8:22	7.2 (52.2%)
174	<b>KOZŁOWSKI Dawid</b>	<b>2701</b>		M30	174			02:07:04	03:25:18	05:10:14	06:10:29	<b>06:11:18.75</b>	<b>06:11:41.30</b>	+02:59:26 (48.3%)	8:25	7.1 (51.4%)
175	<b>ŚMIAŁEK Szymon</b>	<b>2011</b>		M30	175			02:11:13	03:29:08	05:09:52	06:09:52	<b>06:10:43.85</b>	<b>06:11:41.90</b>	+02:59:26 (48.3%)	8:24	7.1 (51.4%)
176	<b>MAJDA Maciej</b>	<b>2834</b>	MKL BRYGADA BESKIDÓW	M30	176			02:03:27	03:21:39	05:05:45	06:10:53	<b>06:12:00.90</b>	<b>06:12:16.10</b>	+03:00:00 (48.4%)	8:26	7.1 (51.4%)
177	<b>PYTEL Stanisław</b>	<b>2817</b>	SCYZORYK	M30	177			01:49:48	03:07:44	04:53:34	06:11:12	<b>06:12:33.90</b>	<b>06:12:54.70</b>	+03:00:39 (48.4%)	8:26	7.1 (51.4%)
178	<b>FLEJSZAR Marcin</b>	<b>2284</b>		M30	178			02:10:21	03:28:49	05:12:14	06:12:29	<b>06:13:27.55</b>	<b>06:14:25.05</b>	+03:02:09 (48.7%)	8:28	7.1 (51.4%)
179	<b>PASEK Paweł</b>	<b>2585</b>		M30	179			02:04:17	03:16:46	05:05:14	06:12:36	<b>06:13:40.75</b>	<b>06:15:14.95</b>	+03:02:59 (48.8%)	8:28	7.1 (51.4%)
180	<b>FIGIEL Bartosz</b>	<b>2368</b>		M30	180			01:59:58	03:19:44	05:08:08	06:13:23	<b>06:14:29.10</b>	<b>06:15:17.85</b>	+03:03:02 (48.8%)	8:29	7.1 (51.4%)
181	<b>DUKIBAN Tomasz</b>	<b>2679</b>	BIEGAJ Z URSUSEM	M30	181			01:52:33	03:10:08	05:07:17	06:13:52	<b>06:15:00.55</b>	<b>06:15:28.00</b>	+03:03:12 (48.8%)	8:30	7.1 (51.4%)
182	<b>BAKIERA Kamil</b>	<b>2264</b>		M30	182			02:02:08	03:17:14	05:07:10	06:14:56	<b>06:15:54.30</b>	<b>06:16:41.50</b>	+03:04:26 (49.0%)	8:31	7 (50.7%)
183	<b>MIZGAŁA Łukasz</b>	<b>2940</b>	SŁOŃCA JURY	M30	183			01:56:17	03:18:26	05:08:00	06:17:12	<b>06:18:21.85</b>	<b>06:18:47.25</b>	+03:06:32 (49.2%)	8:34	7 (50.7%)
184	<b>SZCZEPANIAK Michał</b>	<b>2451</b>	SAMOLOTOWY	M30	184			02:02:34	03:22:39	05:15:37	06:17:54	<b>06:18:55.40</b>	<b>06:19:13.85</b>	+03:06:58 (49.3%)	8:35	7 (50.7%)
185	<b>BABICZ Marek</b>	<b>2340</b>		M30	185			02:06:13	03:23:11	05:13:28	06:17:50	<b>06:18:53.50</b>	<b>06:19:28.50</b>	+03:07:13 (49.3%)	8:35	7 (50.7%)
186	<b>DITTMAR Bartosz</b>	<b>2621</b>		M30	186			02:03:16	03:20:57	05:12:03	06:17:35	<b>06:18:37.00</b>	<b>06:19:34.70</b>	+03:07:19 (49.4%)	8:35	7 (50.7%)
187	<b>FRYDRYCH Mateusz</b>	<b>2300</b>	PAWKO RUNNER TEAM	M30	187			02:18:04	03:38:55	05:20:58	06:18:04	<b>06:19:00.80</b>	<b>06:20:21.05</b>	+03:08:05 (49.5%)	8:35	7 (50.7%)
188	<b>JANOWSKI Krzysztof</b>	<b>2811</b>	CB 163	M30	188			02:04:43	03:24:45	05:18:04	06:18:25	<b>06:19:28.00</b>	<b>06:20:24.20</b>	+03:08:08 (49.5%)	8:36	7 (50.7%)
189	<b>TUROWSKI Michał</b>	<b>2745</b>	42K PRO TEAM	M30	189			02:10:28	03:31:13	05:13:57	06:20:04	<b>06:21:18.55</b>	<b>06:21:52.85</b>	+03:09:37 (49.7%)	8:38	6.9 (50.0%)
190	<b>SZELAGOWSKI Michał</b>	<b>2675</b>	POCHWAŁA NIEKONSEKWENCJI RC	M30	190			02:04:08	03:22:29	05:14:30	06:21:23	<b>06:22:29.20</b>	<b>06:22:47.80</b>	+03:10:32 (49.8%)	8:40	6.9 (50.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Drużyna	Schronisko	Bacówka	Schronisko	Czas		Tempo min/km	Tempo km/h		
								na Przehybie 14.7km	na Obidzy 24.4km	pod Durbaszką 35.5km	43.7km	44.1km			44.1km	Różn
191	CHUDY Kamil	2986		M30	191			02:05:00	03:19:18	05:12:48	06:22:50	<b>06:23:56.95</b>	<b>06:24:42.45</b>	+03:12:27 (50.0%)	8:42	6.9 (50.0%)
192	GRABKOWSKI Adam	2671	CB163	M30	192			02:04:39	03:24:45	05:18:05	06:22:52	<b>06:23:55.55</b>	<b>06:24:52.05</b>	+03:12:36 (50.0%)	8:42	6.9 (50.0%)
193	CZAJKOWSKI Krzysztof	2238	BRAK	M30	193			02:04:30	03:23:55	05:15:30	06:23:34	<b>06:24:38.70</b>	<b>06:25:10.60</b>	+03:12:55 (50.1%)	8:43	6.9 (50.0%)
194	KOZERA Bartłomiej	2373		M30	194			02:03:14	03:22:41	05:16:26	06:23:43	<b>06:24:30.50</b>	<b>06:25:37.80</b>	+03:13:22 (50.1%)	8:43	6.9 (50.0%)
195	KLAWIKOWSKI Mateusz	2866		M30	195			02:02:53	03:20:07	05:14:08	06:24:02	<b>06:25:05.30</b>	<b>06:25:39.25</b>	+03:13:24 (50.1%)	8:43	6.9 (50.0%)
196	LIKA Michał	2806		M30	196			01:59:17	03:21:17	05:20:16	06:24:10	<b>06:25:12.70</b>	<b>06:25:44.50</b>	+03:13:29 (50.2%)	8:44	6.9 (50.0%)
197	DOBRUT Krzysztof	2622	MIG ŚLIMAKI	M30	197			02:04:42	03:22:55	05:16:22	06:23:46	<b>06:24:53.30</b>	<b>06:25:54.05</b>	+03:13:38 (50.2%)	8:43	6.9 (50.0%)
198	SZYSZKO Stanisław	2933		M30	198			02:05:13	03:23:43	05:16:39	06:26:13	<b>06:27:15.60</b>	<b>06:27:47.80</b>	+03:15:32 (50.4%)	8:46	6.8 (49.3%)
199	ZBOZIEN Jakub	2352		M30	199			02:04:11	03:28:35	05:17:09	06:25:59	<b>06:27:24.85</b>	<b>06:28:11.25</b>	+03:15:56 (50.5%)	8:47	6.8 (49.3%)
200	PRZYDAŁSKI Wojtek	2841		M30	200			02:01:50	03:19:45	05:18:22	06:27:59	<b>06:29:13.20</b>	<b>06:29:30.35</b>	+03:17:15 (50.6%)	8:49	6.8 (49.3%)
201	NAMACZYŃSKI-KAPAŁA Brunon	2241		M30	201			02:03:03	03:21:34	05:18:20	06:27:50	<b>06:28:50.95</b>	<b>06:29:48.65</b>	+03:17:33 (50.7%)	8:49	6.8 (49.3%)
202	SYROKA Radosław	2024	TLENOWA RADOŚĆ TEAM	M30	202			02:14:34	03:36:41	05:26:11	06:30:03	<b>06:31:06.85</b>	<b>06:32:04.25</b>	+03:19:49 (51.0%)	8:52	6.8 (49.3%)
203	MAŁECKI Kamil	2446		M30	203			02:06:05	03:27:54	05:21:45	06:31:13	<b>06:32:19.65</b>	<b>06:32:35.45</b>	+03:20:20 (51.0%)	8:53	6.7 (48.6%)
204	FOLTYN Maksymilian	2505	FEDORKI	M30	204			02:15:58	03:40:29	05:24:21	06:31:21	<b>06:32:32.85</b>	<b>06:33:08.55</b>	+03:20:53 (51.1%)	8:54	6.7 (48.6%)
205	NAWROCKI Piotr	2131		M30	205			01:57:49	03:19:50	05:13:22	06:32:18	<b>06:33:19.90</b>	<b>06:33:26.60</b>	+03:21:11 (51.1%)	8:55	6.7 (48.6%)
206	BANASIAK Krzysztof	2412		M30	206			02:04:03	03:20:11	05:14:35	06:32:44	<b>06:34:13.00</b>	<b>06:34:52.50</b>	+03:22:37 (51.3%)	8:56	6.7 (48.6%)
207	DRAŃKO Piotr	2192	HEINEKEN KRAKÓW RUNNING CLUB	M30	207			01:57:05	03:14:34	05:15:18	06:33:07	<b>06:34:10.05</b>	<b>06:35:08.25</b>	+03:22:53 (51.3%)	8:56	6.7 (48.6%)
208	ULAS Jarosław	2852	LUBIĘPIWO	M30	208			02:11:28	03:31:31	05:22:27	06:33:04	<b>06:34:26.85</b>	<b>06:35:34.05</b>	+03:23:18 (51.4%)	8:56	6.7 (48.6%)
209	CZAPLA Marcin	2089		M30	209			02:16:54	03:39:29	05:31:12	06:34:06	<b>06:35:23.65</b>	<b>06:36:17.60</b>	+03:24:02 (51.5%)	8:57	6.7 (48.6%)
210	ŻARNICKI Kamil	2807	BANDA GRUDNIA	M30	210			02:01:42	03:13:26	05:04:25	06:36:09	<b>06:38:10.55</b>	<b>06:39:18.55</b>	+03:27:03 (51.9%)	9:01	6.6 (47.8%)
211	KALISZUK Przemysław	2780	BANDA GRUDNIA	M30	211			02:01:42	03:13:28	05:04:26	06:36:10	<b>06:38:10.85</b>	<b>06:39:18.85</b>	+03:27:03 (51.9%)	9:01	6.6 (47.8%)
212	KOLANEK Dawid	2314		M30	212			02:15:28	03:34:13	05:23:55	06:38:10	<b>06:39:37.35</b>	<b>06:40:45.80</b>	+03:28:30 (52.0%)	9:03	6.6 (47.8%)
213	KOŃPA Arkadiusz	2785	OLIMPIC ACADEMY	M30	213			02:11:22	03:36:29	05:28:40	06:38:09	<b>06:39:23.15</b>	<b>06:40:50.20</b>	+03:28:34 (52.0%)	9:03	6.6 (47.8%)
214	JUSZCZAK Zbigniew	2180	PKB KMP KALISZ	M30	214			02:12:02	03:33:47	05:28:25	06:40:10	<b>06:41:32.10</b>	<b>06:42:04.45</b>	+03:29:49 (52.2%)	9:06	6.6 (47.8%)
215	MUCHA Marek	2771	APOSTLES OF STARS	M30	215			02:14:12	03:43:12	05:35:10		<b>06:45:33.05</b>	<b>06:46:17.65</b>	+03:34:02 (52.7%)	9:11	6.5 (47.1%)
216	JODELIUK Jevgenij	2053	JD SPORTS	M30	216			02:01:48	03:22:44	05:20:20		<b>06:45:36.30</b>	<b>06:46:36.80</b>	+03:34:21 (52.7%)	9:11	6.5 (47.1%)
217	CIEŻ Michał	2526		M30	217			02:24:35	03:42:29	05:38:17		<b>06:45:56.45</b>	<b>06:47:01.20</b>	+03:34:45 (52.8%)	9:12	6.5 (47.1%)
218	DOSKOCZ Mikołaj	2334	BIEGAJĄCE ZĄBKI	M30	218			02:08:02	03:30:50	05:36:25		<b>06:46:11.70</b>	<b>06:47:02.90</b>	+03:34:47 (52.8%)	9:12	6.5 (47.1%)
219	KONIECZNY Tomasz	2466		M30	219			02:10:47	03:34:52	05:31:48		<b>06:46:02.75</b>	<b>06:47:17.75</b>	+03:35:02 (52.8%)	9:12	6.5 (47.1%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Drużyna	Schronisko	Bacówka	Schronisko	Czas netto	Czas brutto	Tempo min/km	Tempo km/h	
								na Przehybie 14.7km	na Obidzy 24.4km	pod Durbaszką 35.5km					Różn
220	<b>BONDAR Paweł</b>	<b>2349</b>		M30	220			02:12:47	03:40:41	05:38:45	<b>06:51:31.25</b>	<b>06:52:10.60</b>	+03:39:55 (53.4%)	9:19	6.4 (46.4%)
221	<b>DŁUŻEWSKI Rafał</b>	<b>2668</b>	ŁÓDŹ KOCHA SPORT	M30	221			02:10:11	03:34:21	05:41:02	<b>06:55:39.95</b>	<b>06:55:57.90</b>	+03:43:42 (53.8%)	9:25	6.4 (46.4%)
222	<b>WIDEŁ Karol</b>	<b>2850</b>		M30	222			02:19:10	03:42:57	05:36:55	<b>06:54:33.50</b>	<b>06:56:10.45</b>	+03:43:55 (53.8%)	9:24	6.4 (46.4%)
223	<b>GAĞOR Sebastian</b>	<b>2475</b>		M30	223			02:15:42	03:46:44	05:41:54	<b>06:56:57.30</b>	<b>06:57:34.90</b>	+03:45:19 (54.0%)	9:27	6.3 (45.7%)
224	<b>PSZONAK Damian</b>	<b>2135</b>		M30	224			02:12:20	03:42:31	05:45:25	<b>06:56:13.50</b>	<b>06:57:45.20</b>	+03:45:29 (54.0%)	9:26	6.4 (46.4%)
225	<b>WEIS Michał</b>	<b>2683</b>	OBSTACLE CENTER TEAM	M30	225			02:22:41	03:51:18	05:46:29	<b>07:00:51.20</b>	<b>07:01:37.75</b>	+03:49:22 (54.4%)	9:32	6.3 (45.7%)
226	<b>ROSTEK Robert</b>	<b>2928</b>		M30	226			02:07:13	03:31:10	05:46:55	<b>07:06:08.50</b>	<b>07:06:30.00</b>	+03:54:14 (54.9%)	9:39	6.2 (44.9%)
227	<b>REITER Jacek</b>	<b>2917</b>		M30	227			02:23:41	03:45:45	05:54:21	<b>07:06:32.30</b>	<b>07:08:08.85</b>	+03:55:53 (55.1%)	9:40	6.2 (44.9%)
228	<b>BUGAJ Krzysztof Bugaj</b>	<b>2379</b>	NIENAŻARTE MISIE	M30	228			02:26:16	04:00:22	06:01:56	<b>07:08:21.10</b>	<b>07:09:51.85</b>	+03:57:36 (55.3%)	9:42	6.2 (44.9%)
229	<b>KULA Damian</b>	<b>2319</b>	SKPB KATOWICE	M30	229			02:15:24	03:46:32	05:46:13	<b>07:08:53.30</b>	<b>07:10:19.90</b>	+03:58:04 (55.3%)	9:43	6.2 (44.9%)
230	<b>SZCZECH Łukasz</b>	<b>2670</b>	BRACIAKISQUAD	M30	230			02:14:33	03:37:46	05:48:47	<b>07:10:46.65</b>	<b>07:11:15.00</b>	+03:58:59 (55.4%)	9:46	6.1 (44.2%)
231	<b>LEŚNIAK Marcin</b>	<b>2741</b>	STANWEX II	M30	231			02:24:20	03:58:38	06:04:56	<b>07:16:44.25</b>	<b>07:17:37.05</b>	+04:05:21 (56.1%)	9:54	6.1 (44.2%)
232	<b>MADEJ Marek Madej</b>	<b>2464</b>	KĘCKIE HARPANY	M30	232			02:19:06	03:55:46	06:05:38	<b>07:26:47.40</b>	<b>07:27:48.85</b>	+04:15:33 (57.1%)	10:07	5.9 (42.8%)
233	<b>MALARCZYK Sławomir</b>	<b>2471</b>	KOZICE GÓRSKIE	M30	233			02:19:02	03:54:18	06:06:37	<b>07:26:48.15</b>	<b>07:27:49.90</b>	+04:15:34 (57.1%)	10:07	5.9 (42.8%)
234	<b>SZYMCZYK Michał</b>	<b>2278</b>		M30	234			02:15:50	03:56:19	06:13:13	<b>07:28:12.80</b>	<b>07:29:40.00</b>	+04:17:24 (57.2%)	10:09	5.9 (42.8%)
235	<b>ZANIEWSKI Daniel</b>	<b>2442</b>		M30	235			02:17:04	03:50:25	06:08:26	<b>07:29:04.55</b>	<b>07:30:20.45</b>	+04:18:05 (57.3%)	10:10	5.9 (42.8%)
236	<b>WRÓBEL Tomasz</b>	<b>2169</b>		M30	236			02:18:09	03:43:29	06:00:50	<b>07:31:34.55</b>	<b>07:32:55.70</b>	+04:20:40 (57.6%)	10:14	5.9 (42.8%)
237	<b>GOLUB Marcin</b>	<b>2385</b>	CANAL+	M30	237			02:18:45	03:53:10	06:10:28	<b>07:32:53.10</b>	<b>07:34:08.15</b>	+04:21:52 (57.7%)	10:16	5.8 (42.0%)
238	<b>CHADUŁA Adrian</b>	<b>2376</b>	NIENAŻARTE MISIE	M30	238			02:27:00	04:04:36	06:19:21	<b>07:39:02.55</b>	<b>07:40:32.85</b>	+04:28:17 (58.3%)	10:24	5.8 (42.0%)
239	<b>MATWIJCZYK Adam</b>	<b>2206</b>		M30	239			02:28:01	04:03:02	06:18:05	<b>07:46:12.85</b>	<b>07:47:06.00</b>	+04:34:50 (58.8%)	10:34	5.7 (41.3%)
240	<b>BIEL Piotr</b>	<b>2389</b>		M30	240			02:15:26	03:54:47	06:15:30	<b>07:46:44.20</b>	<b>07:48:07.75</b>	+04:35:52 (58.9%)	10:35	5.7 (41.3%)
241	<b>STACHURSKI Paweł</b>	<b>2287</b>	KRÓLOWIE ŻYCIA	M30	241			02:21:54	03:55:12	06:14:49	<b>07:46:55.05</b>	<b>07:48:29.15</b>	+04:36:13 (59.0%)	10:35	5.7 (41.3%)
242	<b>PETRO Peter</b>	<b>2743</b>	SWEP REPPE	M30	242			02:30:30	04:05:19	06:28:48	<b>07:51:04.65</b>	<b>07:51:33.00</b>	+04:39:17 (59.2%)	10:40	5.6 (40.6%)
243	<b>SŁOWIK Konrad</b>	<b>2653</b>	TREKKING TEAM OSTROWIEC	M30	243			02:27:04	04:16:19	06:20:46	<b>07:58:46.50</b>	<b>07:59:26.60</b>	+04:47:11 (59.9%)	10:51	5.5 (39.9%)
244	<b>BITTNER Łukasz</b>	<b>2884</b>		M30	244			02:23:29	04:03:21	06:25:05	<b>07:59:07.00</b>	<b>08:00:16.10</b>	+04:48:00 (60.0%)	10:51	5.5 (39.9%)
245	<b>BIAŁORUCKI Adrian</b>	<b>2120</b>		M30	245			02:18:43	03:59:00	06:22:22	<b>08:00:58.05</b>	<b>08:02:20.00</b>	+04:50:04 (60.1%)	10:54	5.5 (39.9%)
246	<b>TUROWSKI Przemysław</b>	<b>2384</b>	DRUŻYNA BIEGOWA CANAL+	M30	246			02:18:46	03:56:09	06:20:51	<b>08:14:09.40</b>	<b>08:15:24.30</b>	+05:03:09 (61.2%)	11:12	5.4 (39.1%)
247	<b>ICIEK Sławomir</b>	<b>2961</b>	BIEGAM BO LUBIĘ	M30	247			02:27:23	04:10:13	06:37:31	<b>08:14:20.05</b>	<b>08:15:41.65</b>	+05:03:26 (61.2%)	11:12	5.4 (39.1%)
248	<b>STAŃCZAK Bartłomiej</b>	<b>2718</b>		M30	248			02:27:10	04:07:29	06:35:38	<b>08:18:37.00</b>	<b>08:19:29.40</b>	+05:07:14 (61.5%)	11:18	5.3 (38.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Drużyna	Schronisko	Bacówka	Schronisko	Czas netto 44.1km	Czas brutto 44.1km	Różn	Tempo min/km	Tempo km/h
								na Przehybie 14.7km	na Obidzy 24.4km	pod Durbaszką 35.5km					
249	LECH Arkadiusz	2892	OBSTACLE CENTER TEAM	M30	249			02:19:11	03:58:34	06:35:16	<b>08:19:11.90</b>	<b>08:19:56.85</b>	+05:07:41 (61.5%)	11:19	5.3 (38.4%)
250	HUNIA Konrad	2323		M30	250			02:19:36	04:07:50	06:46:26	<b>08:19:57.30</b>	<b>08:20:53.00</b>	+05:08:37 (61.6%)	11:20	5.3 (38.4%)
251	TRZPIS Matuesz	2327		M30	251			02:19:35	04:07:47	06:46:23	<b>08:19:57.15</b>	<b>08:20:53.10</b>	+05:08:37 (61.6%)	11:20	5.3 (38.4%)
252	LUBSZCZYK Adrian	2561		M30	252			02:24:03	04:09:07	06:37:32	<b>08:25:29.60</b>	<b>08:26:49.05</b>	+05:14:33 (62.1%)	11:27	5.2 (37.7%)
253	BECHTA Damian	2440		M30	253			02:28:01	04:12:09	06:44:34	<b>08:38:21.35</b>	<b>08:38:48.20</b>	+05:26:32 (62.9%)	11:45	5.1 (37.0%)
254	ZAŃ Marcin	2470		M30	254			02:25:23	04:25:34	07:17:40	<b>08:57:19.35</b>	<b>08:58:36.55</b>	+05:46:21 (64.3%)	12:11	4.9 (35.5%)
255	ZASADNI Andrzej	4081		M30	255			02:14:54	03:51:12				+02:03:50	9:28	6.3 (45.7%)
	MŁYNARZ Kamil	2983	SKB KRAŚNIK	M30				01:29:20 DNF	02:30:49 DNF	04:22:14 DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)
	KSIĄŻKIEWICZ Piotr	2128	CITY TRAIL TEAM / SOPOTRAIL TEAM	M30		MP	MKS Unia Hrubieszów	01:27:11 DNF	02:16:58 DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)
	ROJEK Maciej	2882		M30				02:08:29 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)
	MAŁECKI Marcin	2651		M30				DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)

Znaleziono 259 wynik(ów)