

Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

PIENINY ULTRA-TRAIL®
Fundacja Strefa Przygód
2023-04-22
Szczawnica
44.1 km

Klasyfikacja: OPEN Kobiety

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Drużyna	Schronisko na Przehybie 14.7km	Bacówka na Obidzy 24.4km	Premia1 37.2km	Premia2 37.7km	43.6km	Czas netto 44.1km	Czas brutto 44.1km	Różn	Tempo min/km	Tempo km/h
1	KANTOR Martyna	1504	HOKA GARMIN TEAM	K30	1	MP	SBG Salco Niepołomice	01:26:42	02:18:36	03:28:50	03:32:42	04:02:09	04:03:42.00	04:03:45.10		5:31	10.9 (100%)
2	SOLIŃSKA Katarzyna	1503	ON RUNNING POLSKA	K30	2	MP	KKB MOSiR Krosno	01:28:22	02:20:55	03:35:10	03:39:40	04:10:12	04:11:48.05	04:11:51.55	+00:08:06 (3.2%)	5:42	10.5 (96.3%)
3	WILK Katarzyna	1501		K30	3	MP	KS AZS AWF Kraków	01:29:30	02:22:05	03:38:45	03:42:56	04:15:05	04:16:46.35	04:16:49.15	+00:13:04 (5.1%)	5:49	10.3 (94.5%)
4	PAPROCKA Urszula	2107	NOWA HUTA TEAM	K30	4	MP	LKB Rudnik	01:31:57	02:25:14	03:42:31	03:46:54	04:18:32	04:20:03.60	04:20:08.10	+00:16:23 (6.3%)	5:53	10.2 (93.6%)
5	KWIATKOWSKA Kinga	2017	HOKA GARMIN TEAM	K30	5	MP	SBG Salco Niepołomice	01:40:15	02:35:42	03:58:10	04:03:16	04:36:32	04:38:09.70	04:38:13.75	+00:34:28 (12.4%)	6:18	9.5 (87.2%)
6	BIAŁOBLÓCKA Alicja	2042		K30	6			01:41:24	02:41:26	04:06:58	04:12:17	04:47:29	04:49:09.90	04:49:15.05	+00:45:29 (15.7%)	6:33	9.2 (84.4%)
7	BYRSKA Sylwia	1505	WMTRISELF	K20	1	MP	Kraków Athletics Team	01:42:32	02:46:12	04:15:53	04:21:43	04:59:34	05:01:34.10	05:01:39.75	+00:57:54 (19.2%)	6:50	8.8 (80.7%)
8	PAPIERZ Marta	1592		K20	2			01:48:26	02:50:00	04:20:00	04:25:23	05:02:41	05:04:29.75	05:04:38.25	+01:00:53 (20.0%)	6:54	8.7 (79.8%)
9	WIERZCHOWIAK Karolina	1506	TRAIL IS OUR WAY	K30	7	MP	KKB MOSiR Krosno	01:47:30	02:49:55	04:21:10	04:26:37	05:04:04	05:05:48.75	05:05:52.25	+01:02:07 (20.3%)	6:56	8.7 (79.8%)
10	TOPORKIEWICZ Anna	1973		K40	1			01:44:19	02:47:48	04:24:03	04:30:10	05:09:03	05:10:48.25	05:10:54.30	+01:07:09 (21.6%)	7:02	8.5 (78.0%)
11	PASTUSZAK Justyna	2096		K30	8			01:46:36	02:49:56	04:27:35	04:33:01	05:10:09	05:12:07.40	05:12:27.25	+01:08:42 (22.0%)	7:04	8.5 (78.0%)
12	ŁUKASIEWICZ Ewa	1642	140MINUT	K50	1			01:49:10	02:56:01	04:27:28	04:33:05	05:11:43	05:13:36.10	05:13:41.35	+01:09:56 (22.3%)	7:06	8.4 (77.1%)
13	GUTRAL Magdalena	1726	WKB MARATOŃCZYK WŁOCŁAWEK	K40	2			01:44:39	02:52:42	04:30:54	04:35:53	05:15:31	05:17:08.10	05:17:17.95	+01:13:32 (23.2%)	7:11	8.3 (76.1%)
14	URACZ Beata	1841	BARTOSZ GORCZYCA TEAM	K40	3			01:46:17	02:52:53	04:30:41	04:36:16	05:18:25	05:20:30.85	05:20:43.70	+01:16:58 (24.0%)	7:16	8.3 (76.1%)
15	PERUCKA Kamila	2111	UKS ROMER RABKA-ZDRÓJ	K30	9	MP	UKS Romer Rabka-Zdrój	01:44:18	02:49:29	04:33:46	04:40:31	05:23:51	05:25:45.40	05:25:49.80	+01:22:04 (25.2%)	7:23	8.1 (74.3%)
16	MILANOWSKA-ZABEL Kaja	1940	#CODEAGAINSTCANCER, BIEGIEM PRZEZ ŻYCIE	K30	10	MP	Krakowska Akademia Lekkoatletyki	01:52:31	03:00:00	04:41:05	04:47:16	05:30:00	05:32:05.00	05:32:11.10	+01:28:26 (26.6%)	7:31	8 (73.4%)
17	ZIELIŃSKA Malwina	2025	ZA LINIĄ METY	K20	3			01:54:44	03:03:20	04:44:31	04:50:26	05:30:18	05:32:09.10	05:32:20.05	+01:28:34 (26.7%)	7:31	8 (73.4%)
18	WIECZERZAK Magdalena	1551	ZABIEGANI MIELEC / MAGDY RULEZ	K30	11			01:54:12	03:06:49	04:45:59	04:51:35	05:32:46	05:34:33.70	05:34:39.90	+01:30:54 (27.2%)	7:35	7.9 (72.5%)
19	LEŚKÓW Joanna	1981	SCI GÓRSCY ENTUZJAŚCI	K30	12			01:54:41	03:06:41	04:47:16	04:53:21	05:36:33	05:38:42.60	05:39:08.90	+01:35:23 (28.1%)	7:40	7.8 (71.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Drużyna	Schronisko Bacówka na					Czas netto 44.1km	Czas brutto 44.1km	Różn	Tempo min/km	Tempo km/h
								Przehybie 14.7km	Obidzy 24.4km	Premia1 37.2km	Premia2 37.7km	43.6km					
20	KSIĄŻEK Ilona	1792	ULTRA RAKIETA	K30	13			02:02:15	03:14:36	04:58:15	05:04:02	05:46:19	05:48:17.15	05:48:27.55	+01:44:42 (30.0%)	7:53	7.6 (69.7%)
21	LEWANDOWSKA Milena	1669	GO APTIV	K20	4			01:56:57	03:08:26	04:58:59	05:04:38	05:46:52	05:48:43.00	05:49:09.85	+01:45:24 (30.2%)	7:54	7.6 (69.7%)
22	SOBIESZEK Sylwia	1928		K40	4			01:54:31	03:04:31	04:58:43	05:06:12	05:55:16	05:57:24.05	05:57:51.00	+01:54:05 (31.9%)	8:06	7.4 (67.9%)
23	GOŁĘBIEWSKA Oliwia	2099		K20	5			02:01:08	03:16:35	05:10:16	05:16:30	05:59:54	06:01:58.40	06:02:16.60	+01:58:31 (32.7%)	8:12	7.3 (67.0%)
24	CIOSEK Marta	1572		K40	5			02:03:16	03:22:24	05:14:40	05:22:10	06:02:09	06:03:52.05	06:04:08.20	+02:00:23 (33.1%)	8:15	7.3 (67.0%)
25	DASZKOWSKA Olga	1937	BŁĘKITNA XVII-TKA	K40	6			02:05:07	03:21:22	05:13:46	05:20:29	06:05:34	06:07:44.10	06:08:18.60	+02:04:33 (33.8%)	8:20	7.2 (66.1%)
26	MACHNIK Justyna	1819		K20	6			01:57:16	03:11:51	05:10:38	05:17:22	06:06:56	06:09:12.30	06:09:21.55	+02:05:36 (34.0%)	8:22	7.2 (66.1%)
27	KUŁAKOWSKA Monika	1797	W POGONI ZA DUCHEM	K40	7			02:04:54	03:25:46	05:16:46	05:23:12	06:10:50	06:12:51.60	06:13:07.20	+02:09:22 (34.7%)	8:27	7.1 (65.1%)
28	KURCZ Magdalena	1845		K30	14			02:03:05	03:19:09	05:21:30	05:27:55	06:13:54	06:15:52.35	06:16:04.55	+02:12:19 (35.2%)	8:31	7 (64.2%)
29	KOLANKO Sylwia	1739	PFR SA	K30	15			02:06:10	03:22:56	05:18:55	05:26:54	06:16:33	06:18:24.45	06:18:39.40	+02:14:54 (35.6%)	8:34	7 (64.2%)
30	SŁOMCZYŃSKA Karolina	1663		K30	16			02:01:36	03:25:07	05:25:56	05:33:10	06:16:39	06:18:32.40	06:18:46.25	+02:15:01 (35.6%)	8:35	7 (64.2%)
31	GRADZIK-BOROWSKA Inga	1988		K30	17			02:01:34	03:19:01	05:19:30	05:27:02	06:16:38	06:18:47.70	06:18:59.60	+02:15:14 (35.7%)	8:35	7 (64.2%)
32	SIWIEC Ewa	1753	RACEFIGHTER GOSIR DĘBE WLK.	K40	8			02:11:09	03:32:03	05:28:48	05:35:33	06:22:03	06:24:08.50	06:24:19.50	+02:20:34 (36.6%)	8:42	6.9 (63.3%)
33	TUNDAK Zuzanna	1725	SZTYWNE KULASY	K30	18			02:07:25	03:27:13	05:28:37	05:34:37	06:22:45	06:24:59.25	06:24:59.25	+02:21:14 (36.7%)	8:43	6.9 (63.3%)
34	RĘKAWEK Paulina	2052	TEAM ZABIEGANEDNI	K30	19			02:07:05	03:29:07	05:28:23	05:34:46	06:26:37	06:28:33.25	06:28:33.25	+02:24:48 (37.3%)	8:48	6.8 (62.4%)
35	KOPEĆ Renata	1617	TRAIL IS OUR WAY	K40	9			02:17:52	03:40:44	05:37:28	05:44:05	06:26:37	06:28:28.10	06:28:38.75	+02:24:53 (37.3%)	8:48	6.8 (62.4%)
36	GADOMSKA Anna	2070	PZU SPORT TEAM	K40	10			02:08:38	03:31:18	05:31:22	05:38:19	06:27:37	06:29:43.70	06:30:32.00	+02:26:46 (37.6%)	8:50	6.8 (62.4%)
37	DESSAUER Wioletta	1585	LUBARTÓW	K40	11			02:05:03	03:21:40	05:25:33	05:33:14	06:28:44	06:31:28.30	06:31:59.30	+02:28:14 (37.8%)	8:52	6.8 (62.4%)
38	GAWEŁ Julia	2128	CROSSFIT MOKOTÓW	K20	7			02:09:42	03:33:23	05:35:15	05:41:37	06:30:24	06:32:17.70	06:32:37.20	+02:28:52 (37.9%)	8:53	6.7 (61.5%)
39	TUCHOŁKA Marta	2097	LOJA DO TATA ANDRÉ	K30	20			02:05:34	03:27:25	05:37:11	05:43:55	06:31:05	06:33:15.20	06:33:21.30	+02:29:36 (38.0%)	8:55	6.7 (61.5%)
40	PADUCH Joanna	1866		K30	21			02:12:30	03:30:27	05:36:12	05:42:56	06:32:12	06:34:25.00	06:35:09.60	+02:31:24 (38.3%)	8:56	6.7 (61.5%)
41	POMORSKA Karolina	2125		K30	22			02:07:11	03:29:33	05:39:35	05:46:24	06:35:25	06:37:31.00	06:37:53.00	+02:34:07 (38.7%)	9:00	6.7 (61.5%)
42	ŁABĘCKA Agata	1765	KLUB BIEGACZA RTV EURO AGD	K40	12			02:11:21	03:35:23	05:41:23	05:48:44	06:35:08	06:37:10.95	06:37:57.70	+02:34:12 (38.7%)	9:00	6.7 (61.5%)
43	STELMACH Patrycja	1651	CB163	K30	23			02:05:57	03:28:43	05:38:11	05:44:50	06:35:57	06:37:49.80	06:38:04.40	+02:34:19 (38.8%)	9:01	6.7 (61.5%)
44	JÓZEFczyk Justyna	2120		K40	13			02:19:06	03:44:20	05:44:29	05:51:06	06:37:28	06:39:38.95	06:39:46.20	+02:36:01 (39.0%)	9:03	6.6 (60.6%)
45	PAWLAK Agnieszka	1591		K30	24			02:09:37	03:36:01	05:46:00	05:52:17	06:37:43	06:39:32.40	06:40:17.95	+02:36:32 (39.1%)	9:03	6.6 (60.6%)
45	PAWLAK Milena	1607		K30	24			02:09:37	03:36:03	05:46:00	05:52:18	06:37:44	06:39:32.70	06:40:17.95	+02:36:32 (39.1%)	9:03	6.6 (60.6%)
47	GRZĘBSKA-BUJA Małgorzata	1660	GOSIA.SIE.BUJA	K40	14			02:14:08	03:34:49	05:42:15	05:50:07	06:38:41	06:40:32.65	06:41:04.10	+02:37:19 (39.2%)	9:04	6.6 (60.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Drużyna	Schronisko Bacówka na					Czas netto 44.1km	Czas brutto 44.1km	Różn	Tempo min/km	Tempo km/h
								Przehybie 14.7km	Obidzy 24.4km	Premia1 37.2km	Premia2 37.7km	43.6km					
48	JĘDRZEJCZYK Agnieszka	2056	RZESZOWSKIE GAZELE I GEPARDY	K40	15			02:19:34	03:43:52	05:45:42	05:53:01	06:41:44	06:43:57.45	06:44:39.35	+02:40:54 (39.8%)	9:09	6.6 (60.6%)
49	DOMARADZKA-KASZUBOWICZ Wiktoria	2043		K40	16			02:17:54	03:42:51	05:49:56	05:56:34	06:43:33	06:45:23.20	06:45:48.55	+02:42:03 (39.9%)	9:11	6.5 (59.6%)
50	SZMIGIEL Agnieszka	1952		K30	26			02:16:04	03:36:54	05:45:45	05:53:02	06:43:33	06:45:36.45	06:45:55.95	+02:42:10 (40.0%)	9:11	6.5 (59.6%)
51	GROMEK Edyta	1664	SZYBCIEJ NIE DAM RADY	K30	27			02:14:40	03:41:12	05:46:08	05:52:43	06:43:46	06:46:13.05	06:46:44.70	+02:42:59 (40.1%)	9:12	6.5 (59.6%)
52	PODKOWSKA Karolina	1717	SILVER WOLFS	K20	8			02:15:21	03:42:04	05:50:17	05:56:36	06:43:56	06:46:16.10	06:46:50.90	+02:43:05 (40.1%)	9:12	6.5 (59.6%)
53	HABRAT Dorota	1999	HABRAT TEAM	K50	2			02:16:36	03:42:07	05:49:24	05:57:06	06:44:39	06:46:49.90	06:46:55.85	+02:43:10 (40.1%)	9:13	6.5 (59.6%)
54	ZAJĄC Daria	2065	*	K30	28			02:11:32	03:46:12	05:45:33	05:52:09	06:44:52	06:46:58.60	06:47:11.75	+02:43:26 (40.1%)	9:13	6.5 (59.6%)
55	CZERWIK Monika	1927	#RÓBSWOJE	K40	17			02:12:15	03:38:50	05:48:55	05:56:09	06:45:02	06:47:11.00	06:47:51.80	+02:44:06 (40.2%)	9:13	6.5 (59.6%)
56	KOEHLER Ola	2145		K30	29			02:12:16	03:37:49	05:42:46	05:50:17	06:46:02	06:48:33.60	06:48:50.45	+02:45:05 (40.4%)	9:15	6.5 (59.6%)
57	MILIK Dagmara	2115		K30	30			02:11:46	03:38:28	05:46:46	05:53:32	06:45:51	06:48:08.95	06:48:56.90	+02:45:11 (40.4%)	9:15	6.5 (59.6%)
58	BŁAUT Alicja	1844	SMASHING PĄPKINS	K40	18			02:15:51	03:41:45	05:47:17	05:54:57	06:47:01	06:49:30.15	06:50:02.20	+02:46:17 (40.6%)	9:17	6.5 (59.6%)
59	ZAPALSKA Aleksandra	1856	TATRA GANG	K20	9			02:17:42	03:47:03	05:55:32	06:02:22	06:49:19	06:51:27.55	06:51:51.10	+02:48:06 (40.8%)	9:19	6.4 (58.7%)
60	PLEBAN Małgorzata	2116	SKPB WARSZAWA	K30	31			02:10:53	03:36:44	05:47:07	05:54:38	06:49:19	06:51:24.75	06:51:53.45	+02:48:08 (40.8%)	9:19	6.4 (58.7%)
61	KONS Katarzyna	2134		K30	32			02:16:39	03:43:10	05:51:27	05:58:57	06:50:08	06:52:26.60	06:53:02.65	+02:49:17 (41.0%)	9:21	6.4 (58.7%)
62	BIERNACKA Agnieszka	1793	YULO RUN TEAM SIEDLCE	K40	19			02:19:24	03:51:03	05:54:22	06:00:42	06:51:06	06:53:33.35	06:54:06.55	+02:50:21 (41.1%)	9:22	6.4 (58.7%)
63	HOŁUBIEC Agnieszka	1828	YULO RUN TEAM SIEDLCE	K40	20			02:16:44	03:47:31	05:54:41	06:01:08	06:51:26	06:53:30.25	06:54:06.60	+02:50:21 (41.1%)	9:22	6.4 (58.7%)
64	JAKÓBCZAK Sylwia	1744	ŁÓDŹ KOCHA SPORT	K30	33			02:14:37	03:43:43	05:55:29	06:03:24	06:56:03	06:58:24.25	06:59:03.65	+02:55:18 (41.8%)	9:29	6.3 (57.8%)
65	PIETRUSZEWSKA Ewa	1881	IM INSPIRATION	K30	34			02:14:37	03:43:43	05:55:29	06:03:24	06:56:03	06:58:24.15	06:59:03.70	+02:55:18 (41.8%)	9:29	6.3 (57.8%)
66	KRUPA Natalia	1770	CHSBD W RUCHU	K30	35			02:17:04	03:42:22	05:56:01	06:04:19	06:57:11	06:59:23.65	06:59:49.45	+02:56:04 (41.9%)	9:30	6.3 (57.8%)
67	PAKULSKA Dorota	1730		K40	21			02:22:03	03:48:30	06:00:47	06:08:42	06:58:41	07:00:44.85	07:00:51.85	+02:57:06 (42.1%)	9:32	6.3 (57.8%)
68	WIĘCH Kinga	2036		K40	22			02:21:20	03:50:51	06:00:43	06:07:54	06:58:37	07:00:54.75	07:01:36.00	+02:57:50 (42.2%)	9:32	6.3 (57.8%)
69	PRUCHNIEWSKA Agnieszka	1601	ROKIETNICA BIEGA	K40	23	MP	RKL Kusy Rokietnica	02:24:20	03:52:45	06:05:14	06:12:24	07:01:11	07:03:26.15	07:03:32.65	+02:59:47 (42.4%)	9:36	6.2 (56.9%)
70	FIRA-KREMPA Edyta	2049		K50	3			02:17:52	03:43:49	05:59:54	06:07:08	07:01:23	07:03:48.60	07:03:59.00	+03:00:13 (42.5%)	9:36	6.2 (56.9%)
71	ROMANIUK Anna	1801		K40	24			02:15:48	03:42:35	06:00:42	06:07:24	07:02:20	07:04:43.15	07:05:12.60	+03:01:27 (42.7%)	9:37	6.2 (56.9%)
72	WÓJCIK Monika	2030	ADIDAS RUNNERS WARSAW	K40	25			02:10:14	03:38:42	06:04:36	06:12:19		07:07:42.40	07:08:07.20	+03:04:22 (43.1%)	9:41	6.2 (56.9%)
73	ODOLCZYK Joanna	1710		K50	4			02:18:51	03:45:16	06:07:13	06:14:14	07:04:36	07:07:17.35	07:08:13.45	+03:04:28 (43.1%)	9:41	6.2 (56.9%)
74	SZEJKA Katarzyna	1546		K40	26			02:18:44	03:53:19	06:05:29	06:12:14		07:08:14.10	07:09:01.15	+03:05:16 (43.2%)	9:42	6.2 (56.9%)

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								Przehybie 14.7km	Obidzy 24.4km	Premia1 37.2km	Premia2 37.7km	43.6km					
75	SOBCZAK Karolina	1754		K30	36			02:16:34	03:48:29	06:03:34	06:10:23		07:08:31.80	07:09:10.30	+03:05:25 (43.2%)	9:43	6.2 (56.9%)
76	KĘDZIORA Aleksandra	1589	GT RAT	K40	27			02:18:48	03:51:56	06:05:43	06:12:38		07:10:00.15	07:10:37.50	+03:06:52 (43.4%)	9:45	6.2 (56.9%)
76	LICHACZ Ania	1678	GT RAT	K40	27			02:18:40	03:52:21	06:05:53	06:12:39		07:10:00.45	07:10:37.50	+03:06:52 (43.4%)	9:45	6.2 (56.9%)
78	JAKUBISIAK Renata	1810	BIEGAM NA TARCHOMINIE	K40	29			02:09:58	03:38:44	06:05:40	06:12:18		07:12:57.85	07:13:23.70	+03:09:38 (43.8%)	9:49	6.1 (56.0%)
79	TADLA Izabela	2075	#NOLIMITS	K30	37			02:20:31	03:47:26	06:08:19	06:15:49		07:14:24.05	07:14:50.00	+03:11:04 (43.9%)	9:51	6.1 (56.0%)
80	MOĆKO Anita	1676	MARKOWI BIEGACZE	K40	30			02:20:15	03:47:05	06:08:03	06:15:46		07:14:34.00	07:15:00.30	+03:11:15 (44.0%)	9:51	6.1 (56.0%)
81	MIKOŁAJEWSKA Zofia	1653	ORT	K30	38			02:18:46	03:49:18	06:08:21	06:16:43		07:16:26.25	07:16:46.40	+03:13:01 (44.2%)	9:53	6.1 (56.0%)
82	MACIEJEWSKA Karolina	1816		K40	31			02:19:36	03:53:01	06:07:26	06:14:19		07:16:18.10	07:16:57.05	+03:13:11 (44.2%)	9:53	6.1 (56.0%)
83	PIOTROWICZ Małgorzata	1945	INFINITY-GYM	K30	39			02:28:28	04:02:47	06:13:45	06:21:43		07:17:22.70	07:17:38.40	+03:13:53 (44.3%)	9:55	6 (55.0%)
84	BRATKOWSKA Agnieszka	1822		K40	32			02:19:13	03:57:15	06:15:11	06:22:25		07:17:45.80	07:18:32.15	+03:14:47 (44.4%)	9:55	6 (55.0%)
85	ŁATKOWSKA Monika	2013	GRUPA BIEGOWA CHTMO	K40	33			02:21:08	03:58:04	06:17:49	06:24:49		07:18:53.50	07:19:03.35	+03:15:18 (44.5%)	9:57	6 (55.0%)
86	ADAMOWICZ Agnieszka	1941	ZWOLEŃNICY BIEGANIA	K40	34			02:24:58	03:58:16	06:17:18	06:24:30		07:21:17.45	07:21:45.25	+03:18:00 (44.8%)	10:00	6 (55.0%)
87	PACEK Katarzyna	1814		K40	35			02:21:47	03:54:00	06:11:02	06:19:41		07:21:47.30	07:22:00.70	+03:18:15 (44.9%)	10:01	6 (55.0%)
88	MOŻEJKO Jadwiga	1960	NIEPOŁOMICE BIEGAJĄ	K30	40			02:28:48	04:06:06	06:27:36	06:33:52		07:21:19.85	07:22:06.45	+03:18:21 (44.9%)	10:00	6 (55.0%)
89	KORZENIOWSKA Małgorzata	1842		K40	36			02:19:00	03:51:00	06:11:18	06:19:01		07:23:54.30	07:24:11.05	+03:20:25 (45.1%)	10:03	6 (55.0%)
90	KRAJEWSKA-PALUCH Ewa	1983		K40	37			02:16:09	03:52:28	06:15:01	06:22:02		07:24:31.50	07:24:55.30	+03:21:10 (45.2%)	10:04	6 (55.0%)
91	GUSZCZA Ewa	1737	MARKOWI BIEGACZE	K40	38			02:16:56	03:57:18	06:19:24	06:26:35		07:24:54.85	07:25:37.15	+03:21:52 (45.3%)	10:05	5.9 (54.1%)
92	PODSTAWSKA Renata	2008		K40	39			02:25:47	04:16:06	06:28:46	06:34:39		07:26:58.65	07:27:11.75	+03:23:26 (45.5%)	10:08	5.9 (54.1%)
93	PURGAL Magdalena	1883	SŁOŃCA JURY	K40	40			02:23:08	03:56:25	06:17:33	06:25:07		07:27:24.40	07:27:39.70	+03:23:54 (45.6%)	10:08	5.9 (54.1%)
94	WAWRZY尼亚K Ilona	1688	NORBULLO TEAM	K40	41			02:15:56	03:58:12	06:26:39	06:33:58		07:27:19.65	07:27:39.80	+03:23:54 (45.6%)	10:08	5.9 (54.1%)
95	JANOWSKA Urszula	1618		K40	42			02:19:31	04:04:43	06:21:59	06:29:27		07:28:35.00	07:29:17.05	+03:25:31 (45.7%)	10:10	5.9 (54.1%)
96	PIETRZAK Agnieszka	1774	CZARNE OWCE	K30	41			02:18:58	03:58:23	06:24:10	06:31:02		07:29:26.85	07:30:03.70	+03:26:18 (45.8%)	10:11	5.9 (54.1%)
97	GENDVILAITĖ Sonata	2046	WILDSOULS	K40	43			02:33:47	04:13:01	06:29:44	06:36:34		07:29:47.30	07:30:31.00	+03:26:45 (45.9%)	10:11	5.9 (54.1%)
98	SZYMANEK Anna	1622	NAPRZÓD MŁOCINY	K40	44			02:20:51	04:08:48	06:34:54	06:42:31		07:30:38.70	07:31:02.35	+03:27:17 (46.0%)	10:13	5.9 (54.1%)
99	NOWAK Ewelina	2109	GROMNIK RUN TEAM	K40	45			02:31:18	04:04:51	06:25:48	06:32:55		07:30:41.65	07:31:11.60	+03:27:26 (46.0%)	10:13	5.9 (54.1%)
100	TRZOSIŃSKA Katarzyna	2129	STAJNIA BALONA	K30	42			02:31:18	04:05:05	06:25:49	06:33:29		07:30:41.60	07:31:11.85	+03:27:26 (46.0%)	10:13	5.9 (54.1%)
101	ZAMBRZYCKA Ewa	2093		K40	46			02:19:13	04:05:14	06:26:12	06:32:21		07:32:43.05	07:32:54.90	+03:29:09 (46.2%)	10:15	5.8 (53.2%)
102	KULAS Katarzyna	1787	SZTYWNE KULASY	K30	43			02:27:01	04:02:21	06:20:56	06:29:03		07:33:17.15	07:33:44.10	+03:29:59 (46.3%)	10:16	5.8 (53.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Drużyna	Schronisko Bacówka na					Czas netto 44.1km	Czas brutto 44.1km	Różn	Tempo min/km	Tempo km/h
								Przehybie 14.7km	Obidzy 24.4km	Premia1 37.2km	Premia2 37.7km	43.6km					
103	ŁÓJ-KONIECZNA Edyta	1748	INFINITY-GYM	K40	47			02:29:59	04:05:41	06:28:29	06:36:27		07:33:32.00	07:34:00.40	+03:30:15 (46.3%)	10:17	5.8 (53.2%)
104	WOJSŁAW Krystyna	2094		K50	5			02:19:55	03:59:32	06:29:42	06:37:40		07:33:47.30	07:34:06.80	+03:30:21 (46.3%)	10:17	5.8 (53.2%)
105	DUCH Aleksandra	2160		K20	10			02:32:51	04:13:18	06:34:45	06:41:24		07:36:04.80	07:36:32.25	+03:32:47 (46.6%)	10:20	5.8 (53.2%)
106	WIŚNIEWSKA Justyna	1702		K40	48			02:28:33	04:05:00	06:32:31	06:39:19		07:36:54.30	07:37:21.05	+03:33:35 (46.7%)	10:21	5.8 (53.2%)
107	IDZIKOWSKA-ŚLEDŹ Marta	1790	NAPRZÓD MŁOCINY	K40	49			02:24:13	04:08:49	06:34:58	06:42:37		07:38:30.65	07:38:54.20	+03:35:09 (46.9%)	10:23	5.8 (53.2%)
108	RÓŻAK-RUKUSZEWICZ Magdalena	1882	DZIKIE GRUBASY SZATANA	K40	50			02:23:56	03:58:15	06:29:50	06:38:26		07:39:01.00	07:39:25.60	+03:35:40 (46.9%)	10:24	5.8 (53.2%)
109	DOPIERAŁA Kinga	1520	TRAIL IS OUR WAY / #PIGWATRIL	K30	44			02:32:44	04:02:02	06:35:41	06:43:38		07:40:57.40	07:41:08.35	+03:37:23 (47.1%)	10:27	5.7 (52.3%)
110	WOŹNIAKOWSKA Małgorzata	1879		K30	45			02:37:21	04:15:50	06:38:03	06:45:58		07:42:10.60	07:43:05.40	+03:39:20 (47.4%)	10:28	5.7 (52.3%)
111	BACZYŃSKA Aneta	1649	YULO RUN TEAM SIEDLCE	K40	51			02:30:08	04:11:21	06:36:25	06:44:06		07:43:11.20	07:43:44.50	+03:39:59 (47.4%)	10:30	5.7 (52.3%)
112	TOKARSKA Bożena	2062	#ADAMCZERWIŃSKITEAM	K40	52			02:35:59	04:14:26	06:38:35	06:46:35		07:43:49.80	07:44:08.40	+03:40:23 (47.5%)	10:31	5.7 (52.3%)
113	BURZA Kinga	1823	LKS BURZYN	K40	53			02:31:16	04:16:52	06:39:33	06:47:01		07:44:05.55	07:44:37.80	+03:40:52 (47.5%)	10:31	5.7 (52.3%)
114	STRUSIŃSKA Katarzyna	2640	MIŃSKA GRUPA ROWEROWA / KS BARAKUDA	K40	54			02:30:10	04:11:35	06:41:18	06:48:10		07:46:59.95	07:47:12.30	+03:43:27 (47.8%)	10:35	5.7 (52.3%)
115	WRÓBEL Barbara	1695	BIEGAJĄCY ŚWIDNIK	K40	55			02:30:22	04:17:21	06:41:27	06:47:00		07:48:42.70	07:48:49.65	+03:45:04 (48.0%)	10:37	5.6 (51.4%)
116	WOJDAK Anna	1657		K50	6			02:24:30	04:07:01	06:45:23	06:53:35		07:50:51.70	07:51:09.05	+03:47:23 (48.3%)	10:40	5.6 (51.4%)
117	BAKALARSKA Mariola	1644		K50	7			02:25:34	04:07:12	06:40:22	06:47:57		07:52:47.90	07:53:04.20	+03:49:19 (48.5%)	10:43	5.6 (51.4%)
118	MALCZEWSKA-CHAŁADAJ Karina	2148		K40	56			02:36:30	04:20:56	06:45:15	06:52:45		07:52:51.15	07:53:22.65	+03:49:37 (48.5%)	10:43	5.6 (51.4%)
119	KĘDZIA Edyta	1746	GRUPA BIEGOWA 65	K50	8			02:39:11	04:18:32	06:44:54	06:52:44		07:53:49.90	07:54:43.70	+03:50:58 (48.7%)	10:44	5.6 (51.4%)
120	WINNICKA Edyta	1805	ADIDAS RUNNERS WARSAW SŁODKIE PĄCZKI	K30	46			02:40:53	04:18:20	06:42:27	06:51:21		07:54:20.00	07:55:03.85	+03:51:18 (48.7%)	10:45	5.6 (51.4%)
121	SZCZEPANIAK Anna	2138	AS CAMPS	K30	47			02:16:09	04:02:22	06:37:22	06:45:11		07:55:21.85	07:55:43.05	+03:51:57 (48.8%)	10:46	5.6 (51.4%)
122	BISKUPSKA Ewa	2119		K40	57			02:29:15	04:14:50	06:48:39	06:55:44		07:57:49.00	07:57:56.30	+03:54:11 (49.0%)	10:50	5.5 (50.5%)
123	GÓRSKA Alicja	2032		K40	58			02:17:07	04:04:51	06:42:55	06:50:29		08:00:44.05	08:01:24.10	+03:57:39 (49.4%)	10:54	5.5 (50.5%)
124	PUCHALSKA Olga	163		K40	59			02:37:45	04:16:42	06:49:25	06:56:38		08:01:10.80	08:01:59.70	+03:58:14 (49.4%)	10:54	5.5 (50.5%)
125	SPISS Maria	1807		K40	60			02:41:16	04:28:50	06:59:07	07:06:47		08:06:46.15	08:07:11.05	+04:03:25 (50.0%)	11:02	5.4 (49.5%)
126	MASTALERZ Katarzyna	2007	DZIENNIK CZASÓW ZARAŻY	K50	9			02:30:34	04:12:50	06:50:34	06:58:13		08:06:57.60	08:07:40.70	+04:03:55 (50.0%)	11:02	5.4 (49.5%)
127	WOJTASIK Marta	2006		K40	61			02:33:03	04:18:38	06:51:04	06:58:31		08:07:29.30	08:07:40.90	+04:03:55 (50.0%)	11:03	5.4 (49.5%)
128	SZYDŁOWSKA - DOROSZ Patrycja	1637	TEAM ZABIEGANEDNI	K40	62			02:37:46	04:28:32	06:55:10	07:02:14		08:08:15.75	08:08:47.85	+04:05:02 (50.1%)	11:04	5.4 (49.5%)
129	SADOWSKA Agata	1706		K40	63			02:25:12	04:13:26	06:56:16	07:03:54		08:08:33.65	08:08:59.00	+04:05:13 (50.2%)	11:04	5.4 (49.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Drużyna	Schronisko Bacówka na					Czas		Różn	Tempo min/km	Tempo km/h	
								Przehybie 14.7km	Obidzy 24.4km	Premia1 37.2km	Premia2 37.7km	43.6km	44.1km	44.1km				
130	RUCYK Justyna	1867		K40	64			02:33:35	04:28:29	06:51:41	06:59:06			08:08:32.25	08:09:14.80	+04:05:29 (50.2%)	11:04	5.4 (49.5%)
131	HUBNER Ilona	1915	TLENOWA RADOŚĆ TEAM	K40	65			02:50:09	04:35:56	07:00:38	07:09:02			08:11:32.40	08:12:15.15	+04:08:30 (50.5%)	11:08	5.4 (49.5%)
132	BUNIEWSKA Wiktoria	1755		K20	11			02:36:53		07:00:23	07:07:51			08:11:35.55	08:12:16.50	+04:08:31 (50.5%)	11:08	5.4 (49.5%)
133	LUBOWIECKA Paulina	1705		K20	12			02:36:54		07:00:18	07:06:58			08:11:36.15	08:12:16.55	+04:08:31 (50.5%)	11:08	5.4 (49.5%)
134	SIKORA Agnieszka	1542	MATNER RUNNING TEAM	K50	10			02:38:19	04:31:07	07:01:28	07:09:49			08:12:08.90	08:12:29.70	+04:08:44 (50.5%)	11:09	5.4 (49.5%)
135	SACKIEWICZ-WIĄCEK Agnieszka	1745		K40	66			02:40:50	04:25:18	06:55:01	07:04:30			08:13:26.85	08:13:56.15	+04:10:11 (50.7%)	11:11	5.4 (49.5%)
136	OCHNIK-KALINOWSKA Justyna	1658		K40	67			02:27:49	04:17:36	07:03:59	07:13:18			08:13:00.50	08:13:56.20	+04:10:11 (50.7%)	11:10	5.4 (49.5%)
137	KRĘPACKA Monika	1853	CHEŁM BIEGA	K40	68			02:29:28	04:17:13	07:00:15	07:09:09			08:15:00.25	08:15:36.00	+04:11:50 (50.8%)	11:13	5.3 (48.6%)
137	KIERUZALSKA Małgorzata	1891	CHEŁM BIEGA	K40	68			02:26:54	04:16:59	07:00:14	07:04:41			08:14:59.45	08:15:36.00	+04:11:50 (50.8%)	11:13	5.3 (48.6%)
139	BAKUN Jolka	1709	CHEŁM	K40	70			02:26:52	04:17:00	07:00:38	07:09:45			08:14:58.55	08:15:36.15	+04:11:51 (50.8%)	11:13	5.3 (48.6%)
140	NOWAK Paulina	1595	ADIDAS RUNNERS POZNAŃ	K30	48			02:37:32	04:28:28	06:57:39	07:04:49			08:16:45.75	08:17:27.90	+04:13:42 (51.0%)	11:15	5.3 (48.6%)
141	WINIECKA Ewa	1539	IRON HOUSE TRIATHLON WŁOCŁAWEK	K40	71			02:50:56	04:37:10	07:04:24	07:13:15			08:18:17.70	08:18:29.75	+04:14:44 (51.1%)	11:17	5.3 (48.6%)
142	FELCZAK Klaudia	1741		K20	13			02:33:40	04:13:18	07:00:24	07:08:11			08:22:14.80	08:23:14.00	+04:19:28 (51.6%)	11:23	5.3 (48.6%)
143	PIOTROWSKA Ewa	2118	META NADARZYN	K50	11			02:41:20	04:37:33	07:16:02	07:23:10			08:24:08.80	08:24:58.50	+04:21:13 (51.7%)	11:25	5.2 (47.7%)
144	KARAŚ-GMITRZUK Marzena	2085	BESTIE OCR LEGIONOWO	K40	72			02:46:19	04:39:32	07:19:25	07:27:44			08:25:04.80	08:25:15.65	+04:21:30 (51.8%)	11:27	5.2 (47.7%)
145	KOWALCZYK Katarzyna	1752	DROGA DO ULTRA	K40	73			02:44:04	04:35:17	07:15:18	07:23:20			08:26:10.45	08:26:55.75	+04:23:10 (51.9%)	11:28	5.2 (47.7%)
146	BOGDAŁ Ewelina	1977		K30	49			02:46:14	04:33:52	07:10:21	07:18:52			08:26:57.70	08:27:40.25	+04:23:55 (52.0%)	11:29	5.2 (47.7%)
147	PIOTROWSKA Kamila	1846		K30	50			02:37:27	04:37:05	07:15:01	07:22:49			08:27:21.40	08:27:41.00	+04:23:55 (52.0%)	11:30	5.2 (47.7%)
148	KĘDZIOREK Elżbieta	1974	TEAM ZABIEGANEDNI	K30	51			02:37:45	04:27:44	07:10:34	07:19:13			08:27:58.00	08:28:30.75	+04:24:45 (52.1%)	11:31	5.2 (47.7%)
149	MRUCZYŃSKA-PIETRUCZANIS Katarzyna	1646	AKTYWNI WĘGRÓW / DEVI HIMAL TEAM	K40	74			02:42:54	04:32:19	07:10:21	07:18:22			08:31:31.85	08:32:17.70	+04:28:32 (52.4%)	11:35	5.2 (47.7%)
150	GROSZAK Joanna	1685		K30	52			02:36:21	04:30:35	07:15:33	07:23:35			08:32:21.85	08:33:03.10	+04:29:18 (52.5%)	11:37	5.2 (47.7%)
151	LAMPRYCHT-JANEK Natalia	1994		K30	53			02:36:21	04:30:35	07:15:34	07:23:44			08:32:21.95	08:33:03.20	+04:29:18 (52.5%)	11:37	5.2 (47.7%)
152	PIETRUSZEWSKA Katarzyna	1811	ORANGE POLSKA	K40	75			03:01:05	04:52:04	07:23:32	07:31:25			08:34:43.00	08:35:16.30	+04:31:31 (52.7%)	11:40	5.1 (46.8%)
153	KRZYSZTOFOWICZ Karolina	1829	ULTRAS	K40	76			02:44:50	04:38:51	07:17:03	07:25:35			08:36:33.75	08:37:05.70	+04:33:20 (52.9%)	11:42	5.1 (46.8%)
154	DOMOWICZ Anna	1799		K30	54			02:48:07	04:37:21	07:19:09	07:27:45			08:36:28.00	08:37:07.85	+04:33:22 (52.9%)	11:42	5.1 (46.8%)
155	SZULENCKA Aleksandra	1768	ZABIEGANI PO USZY	K30	55			03:04:00	04:47:22	07:27:43	07:34:58			08:37:47.10	08:38:47.20	+04:35:02 (53.0%)	11:44	5.1 (46.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Drużyna	Schronisko Bacówka na					Czas netto 44.1km	Czas brutto 44.1km	Różn	Tempo min/km	Tempo km/h
								Przehybie 14.7km	Obidzy 24.4km	Premia1 37.2km	Premia2 37.7km	43.6km					
156	OCHREMIAK Aleksandra	1581	MOKOBIEGACZE	K30	56			02:44:58	04:31:38	07:20:38	07:28:56		08:38:49.10	08:39:29.85	+04:35:44 (53.1%)	11:45	5.1 (46.8%)
157	MADEJAK Sylwia	1764	RTVEUROAGD	K50	12			02:52:28	04:40:39	07:27:04	07:34:45		08:40:01.95	08:40:53.30	+04:37:08 (53.2%)	11:47	5.1 (46.8%)
158	PIECUCH Małgorzata	1569		K60	1			02:53:42	04:49:40	07:35:18	07:43:59		08:46:56.05	08:47:46.55	+04:44:01 (53.8%)	11:56	5 (45.9%)
159	PRZETAKIEWICZ Magdalena	2061		K40	77			02:41:36	04:41:22	07:20:56	07:29:21		08:47:01.40	08:47:47.30	+04:44:02 (53.8%)	11:57	5 (45.9%)
160	LARWA Katarzyna	1674		K30	57			02:45:15	04:44:40	07:35:03	07:43:17		08:50:26.20	08:51:13.40	+04:47:28 (54.1%)	12:01	5 (45.9%)
Przekroczony limit czasu: 09:00:00																	
161	MORAWSKA Anna	1681		K70	1			02:49:00	04:45:42	07:45:01	07:53:42		09:09:00.00	09:09:55.80	+05:06:10 (55.7%)	12:26	4.8 (44.0%)
162	SADOWSKA Justyna	1838	UKS HERKULES SULEJÓWEK	K50	13			03:37:31	05:26:49	07:58:31	08:06:15		09:11:31.05	09:12:28.85	+05:08:43 (55.9%)	12:30	4.8 (44.0%)
163	KEMPISTY Anna	1806	OIL WARSZAWA/12TRI.PL	K50	14			02:58:39	05:01:33	07:53:16	08:03:24		09:24:14.45	09:25:06.10	+05:21:21 (56.9%)	12:47	4.7 (43.1%)
164	PYRAK Joanna	1808	AEGON RUN	K30	58			02:48:21	04:51:54	08:02:18	08:10:05		09:33:08.25	09:33:39.40	+05:29:54 (57.5%)	12:59	4.6 (42.2%)
165	CIBOROWSKA Hanna	1579	META NADARZYN	K60	2			03:15:12	05:26:51	08:26:48	08:35:47		09:56:53.85	09:57:51.65	+05:54:06 (59.2%)	13:32	4.4 (40.4%)
166	BARTOSZEWICZ Beata	2158		K30	59			03:19:52	05:22:30	08:24:17	08:34:14		10:01:32.15	10:02:14.70	+05:58:29 (59.5%)	13:38	4.4 (40.4%)
167	MIŁOSZ Maria	1535	KASZANKI	K30	60			03:22:36	05:28:59	08:33:47	08:42:53		10:02:53.80	10:03:50.55	+06:00:05 (59.6%)	13:40	4.4 (40.4%)
	GÓRSKA Yvonne	1788		K40				03:37:32 DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	GLIWKA Małgorzata	1619	SPARTA LUBLIN	K30				DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)

Znaleziono 169 wyników