

Wydarzenie: PIENINY ULTRA-TRAIL®
Organizator: Fundacja Strefa Przygód
Data: 2024-04-20
Miejsce: Szczawnica
Dystans: 43.7 km

Klasyfikacja: OPEN Kobiety

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Drużyna	Schronisko na Przehybie 14.7km	Bacówka na Obidzy 24.4km	Schronisko pod Durbaszką 35.5km	43.7km	Czas netto 44.1km	Czas brutto 44.1km	Różn	Tempo min/km	Tempo km/h
1	MŁYNARCZYK Martyna	2163	HOKA GARMIN TEAM	K30	1	MP	SBG Salco Niepołomice	01:22:20	02:09:42	03:10:54	03:49:52	03:50:41.25	03:50:42.85		5:13	11.5 (100%)
2	WILK Katarzyna	2970		K30	2	MP	KS AZS AWF Kraków	01:26:00	02:13:41	03:16:16	03:54:18	03:55:06.75	03:55:08.35	+00:04:25 (1.9%)	5:19	11.3 (98.3%)
3	SOLIŃSKA Katarzyna	2046	ON RUNNING POLSKA	K30	3	MP	KKB MOSiR Krosno	01:22:23	02:10:49	03:16:06	03:57:51	03:58:41.70	03:58:44.25	+00:08:01 (3.4%)	5:24	11.1 (96.5%)
4	PAPROCKA Urszula	2043	NOWA HUTA TEAM	K20	1	MP	LKB Rudnik	01:27:05	02:16:11	03:23:00	04:03:23	04:04:09.50	04:04:12.35	+00:13:29 (5.5%)	5:32	10.8 (93.9%)
5	STELMACH Dominika	2156	STELMACH TEAM	K40	1	MP	RK Athletics Warszawa	01:29:58	02:22:08	03:29:27	04:11:30	04:12:22.75	04:12:25.70	+00:21:42 (8.6%)	5:43	10.5 (91.3%)
6	BYRSKA Sylwia	2853	WMTRISELF	K20	2	MP	Kraków Athletics Team	01:32:28	02:24:45	03:33:08	04:17:58	04:18:57.00	04:19:00.75	+00:28:17 (10.9%)	5:52	10.2 (88.7%)
7	WYLEŻAŁEK Alina	2468	INŻYNIERIA BIEGANIA	K30	4	MP	GKS Piast Gliwice	01:32:12	02:24:06	03:34:08	04:18:06	04:18:57.55	04:19:01.25	+00:28:18 (10.9%)	5:52	10.2 (88.7%)
8	KWIATKOWSKA Kinga	2680	HOKA GARMIN TEAM	K30	5	MP	SBG Salco Niepołomice	01:36:31	02:27:59	03:36:33	04:19:23	04:20:18.65	04:20:22.70	+00:29:39 (11.4%)	5:54	10.2 (88.7%)
9	GRUCHAŁA Natalia	2219	HARPAGAN	K20	3	MP	KKS Sfora Bojano	01:35:01	02:27:53	03:37:59	04:21:56	04:22:50.10	04:23:03.00	+00:32:20 (12.3%)	5:57	10.1 (87.8%)
10	NARKOWICZ Aleksandra	2121		K40	2			01:35:49	02:29:58	03:42:04	04:24:24	04:25:11.65	04:25:17.80	+00:34:34 (13.0%)	6:00	10 (87.0%)
11	BAZAN Kinga	2085	TYCZYŃSKI TRIATHLON	K30	6	MP	Wieliszew Heron Team	01:36:27	02:30:39	03:40:44	04:24:12	04:26:10.65	04:26:23.70	+00:35:40 (13.4%)	6:02	9.9 (86.1%)
12	HORTOBAGYIOVA Eszter	2990	ETOS	K30	7			01:38:44	02:33:06	03:44:29	04:26:23	04:27:14.75	04:27:27.35	+00:36:44 (13.7%)	6:03	9.9 (86.1%)
13	BEDNARCZYK Magdalena	2155	WKS OLEŚNICA OLEŚNICZANKA / KRUCZKOWSKITEAM	K30	8	MP	WKS Oleśniczanka Oleśnica	01:31:52	02:25:32	03:40:24	04:28:09	04:28:59.95	04:29:03.95	+00:38:21 (14.3%)	6:05	9.8 (85.2%)
14	LIPNICKA Marta	2106	ULTRAKOTLINA TEAM	K30	9			01:38:13	02:33:22	03:46:32	04:32:03	04:33:02.70	04:33:09.65	+00:42:26 (15.5%)	6:11	9.7 (84.3%)
15	BIAŁOŁOCKA Alicja	2198		K40	3			01:38:51	02:34:38	03:50:19	04:36:48	04:37:44.30	04:37:51.10	+00:47:08 (17.0%)	6:17	9.5 (82.6%)
16	GRZYWACZEWSKA Justyna	2146	CITY TRAIL TEAM	K30	10	MP	AZS UMCS Lublin	01:35:05	02:30:34	03:48:43	04:37:57	04:38:58.70	04:39:01.95	+00:48:19 (17.3%)	6:19	9.5 (82.6%)
17	TOMIK Małgorzata	2161	NNORMAL	K30	11			01:40:06	02:38:47	04:00:34	04:49:50	04:50:58.55	04:51:06.10	+01:00:23 (20.7%)	6:35	9.1 (79.1%)
18	SIERŻĘGA Agnieszka	2270		K20	4			01:38:11	02:38:13	04:02:53	04:55:21	04:56:14.25	04:56:22.70	+01:05:39 (22.2%)	6:43	8.9 (77.4%)
19	LASSOTA-BUJAK Mariola	2744	42KPROTEAM	K40	4	MP	42k Pro Team Tychy	01:44:54	02:44:34	04:05:46	04:58:06	04:59:00.50	04:59:12.10	+01:08:29 (22.9%)	6:46	8.8 (76.5%)
20	DĘBSKA Marta	2072	ZIELONEBIEGANIE.PL	K30	12			01:44:58	02:45:10	04:07:42	04:59:17	05:00:15.10	05:00:25.90	+01:09:43 (23.2%)	6:48	8.8 (76.5%)
21	MILANOWSKA-ZABEL Kaja	2081	#CODEAGAINSTCANCER, BIEGIEM PRZEZ ŻYCIE	K40	5			01:46:01	02:49:42	04:14:08	05:06:56	05:08:02.20	05:08:13.55	+01:17:30 (25.1%)	6:59	8.6 (74.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa		Schronisko	Bacówka	Schronisko	Czas		Tempo	Tempo		
						Polski	Drużyna	na Przehybie 14.7km	na Obidzy 24.4km	pod Durbaszką 35.5km	43.7km	44.1km			44.1km	Różn
22	WYSOCKA Agnieszka	2019	ŁÓDŹ KOCHA SPORT	K40	6											
23	ŁUKASIK Anna	2640	MKL BRYGADA BESKIDÓW	K40	7	MP	MKL Brygada Beskidów Nowy Sącz	01:44:50	02:47:33	04:12:18	05:07:48	05:08:56.20	05:09:13.90	+01:18:31 (25.4%)	7:00	8.6 (74.8%)
24	PLAZIAK-KOWALSKA Magdalena	2208	2K	K40	8			01:47:38	02:53:13	04:18:59	05:12:33	05:13:46.40	05:13:56.00	+01:23:13 (26.5%)	7:06	8.4 (73.0%)
25	STAL Katarzyna	2191	KS STASZEWCY	K40	9			01:50:05	02:55:36	04:23:08	05:15:39	05:16:37.65	05:17:19.60	+01:26:36 (27.3%)	7:10	8.4 (73.0%)
26	KOWALSKA Katarzyna	2268	POLSKA	K40	10			01:54:03	03:01:13	04:27:15	05:18:01	05:18:57.15	05:19:12.35	+01:28:29 (27.7%)	7:13	8.3 (72.2%)
27	VAIČAITYTĖ Raimonda	2257	WILD SOULS	K30	13			01:53:12	03:00:09	04:26:53	05:18:11	05:19:06.05	05:19:48.30	+01:29:05 (27.9%)	7:14	8.3 (72.2%)
28	PASTUSZAK Justyna	2939		K40	11			01:49:41	02:53:46	04:22:28	05:18:54	05:20:07.30	05:20:20.20	+01:29:37 (28.0%)	7:15	8.3 (72.2%)
29	SERAPINIENĖ Eglė	2010	WILD SOULS	K30	14			01:51:15	02:59:49	04:29:49	05:22:41	05:23:42.25	05:23:53.30	+01:33:10 (28.8%)	7:20	8.2 (71.3%)
30	MOSIOŁEK Monika	3107	NAPRZÓD MŁOCINYBIEGNĘ, ŻEBY BARTEK MÓGŁ BIEGAĆ	K40	12			01:49:09	02:53:33	04:23:56	05:23:33	05:24:35.45	05:24:53.45	+01:34:10 (29.0%)	7:21	8.2 (71.3%)
31	MARCZYK Irmína	2761	STORM KRAKÓW	K30	15			01:53:20	03:01:56	04:29:18	05:24:11	05:25:10.25	05:25:18.10	+01:34:35 (29.1%)	7:22	8.1 (70.4%)
32	PIĄTEK Joanna	2481		K30	16			01:54:26	02:59:31	04:27:38	05:24:02	05:25:08.80	05:25:28.30	+01:34:45 (29.1%)	7:22	8.1 (70.4%)
33	MADAJ Zuzanna	2025	MAD&GOLD	K30	17			01:53:12	02:59:31	04:29:49	05:25:12	05:26:19.55	05:26:50.85	+01:36:08 (29.4%)	7:23	8.1 (70.4%)
34	FANGOR-GRAB Agata	2764	RESHAPE RUNNERS	K30	18			01:56:31	03:04:32	04:32:30	05:28:03	05:29:04.65	05:29:14.70	+01:38:31 (29.9%)	7:27	8 (69.6%)
35	MARCINKOWSKA-CHOLEWA Katarzyna	2931	GÓRAL Z MAZUR RUNNING TEAM	K50	1			01:56:08	03:06:53	04:36:24	05:29:20	05:30:18.15	05:30:36.60	+01:39:53 (30.2%)	7:29	8 (69.6%)
36	GOŁĘBIEWSKA Oliwia	2904		K20	5			01:55:23	03:02:30	04:35:36	05:30:32	05:31:46.15	05:32:06.00	+01:41:23 (30.5%)	7:31	8 (69.6%)
37	KOROWAJ Paula	2133	NAVIGATORIA	K30	19			01:57:45	03:04:48	04:34:25	05:30:44	05:31:57.80	05:32:28.60	+01:41:45 (30.6%)	7:31	8 (69.6%)
38	KACZMAREK Beata	2524	BIEGAM ŻEBY ŻREĆ WIĘCEJ CIASTKÓW	K30	20			01:58:12	03:06:35	04:37:15	05:31:17	05:32:23.40	05:32:47.55	+01:42:04 (30.7%)	7:32	8 (69.6%)
39	KAPŁON Anna	2707	INFINITY-GYM	K40	13			01:55:02	03:03:19	04:35:17	05:31:50	05:32:59.45	05:33:23.10	+01:42:40 (30.8%)	7:33	7.9 (68.7%)
40	SZNAJDER Joanna	2645	G.O.A.T. TEAM MICHAŁOWICE	K40	14			01:50:15	02:59:15	04:33:56	05:33:53	05:34:58.05	05:35:35.10	+01:44:52 (31.3%)	7:35	7.9 (68.7%)
41	JANCZYK Ewa	2044		K30	21			01:54:17	03:02:59	04:39:30	05:39:20	05:40:19.45	05:40:19.45	+01:49:36 (32.2%)	7:43	7.8 (67.8%)
42	SZOT Iwona	2924	WW TEAM	K50	2			01:53:38	03:06:14	04:40:05	05:39:39	05:40:56.25	05:41:16.45	+01:50:33 (32.4%)	7:43	7.8 (67.8%)
43	KAWIK BARTOSIK Anna	2294	BLACK HAT TEAM	K30	22			01:56:28	03:05:48	04:39:54	05:39:41	05:40:37.45	05:42:03.20	+01:51:20 (32.6%)	7:43	7.8 (67.8%)
44	ŁYCZKO Anna	2844	STREFA FIT	K40	15			02:00:19	03:11:46	04:50:13	05:44:28	05:45:34.05	05:45:49.35	+01:55:06 (33.3%)	7:50	7.7 (67.0%)
45	TROJNAR Klaudia	2820	WATAHA SOBÓTKA	K20	6			02:01:14	03:11:52	04:46:53	05:45:42	05:46:43.40	05:47:37.90	+01:56:55 (33.6%)	7:51	7.6 (66.1%)
46	WÓJCIK Monika	2112	ADIDAS RUNNERS WARSAW	K40	16			01:56:56	03:07:20	04:48:26	05:47:25	05:48:14.75	05:48:41.45	+01:57:58 (33.8%)	7:53	7.6 (66.1%)
47	STACHERA Aleksandra	2516	EFFI RUN TEAM	K20	7			02:00:31	03:12:55	04:51:15	05:48:24	05:49:16.50	05:49:51.90	+01:59:09 (34.1%)	7:55	7.6 (66.1%)
48	BRYSZEWSKA Patrycja	2197	ACCENTURE	K30	23			01:54:51	03:07:27	04:48:00	05:49:23	05:50:19.90	05:50:41.40	+01:59:58 (34.2%)	7:56	7.6 (66.1%)
49	KOCOT Aleksandra	2920	PODIUM - ULTRA STYL ŻYCIA	K20	8			01:58:17	03:14:10	04:50:30	05:50:57	05:52:00.50	05:52:11.10	+02:01:28 (34.5%)	7:58	7.5 (65.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa		Schronisko	Bacówka	Schronisko	Czas netto		Czas brutto	Różn	Tempo min/km	Tempo km/h			
						Polski	Drużyna	na Przehybie 14.7km	na Obidzy 24.4km	pod Durbaszką 35.5km	43.7km	44.1km	44.1km						
50	RUSIN Anna	2382	KOZICE GÓRSKIE	K40	17						02:02:50	03:15:52	04:51:55	05:51:13	05:52:23.40	05:53:06.15	+02:02:23 (34.7%)	7:59	7.5 (65.2%)
51	SZAFRAŃSKA Emilia	2256		K20	9						02:03:58	03:16:58	04:54:39	05:53:32	05:54:35.45	05:54:53.10	+02:04:10 (35.0%)	8:02	7.5 (65.2%)
52	SIWAK Natalia	2747	UKS LIDER	K30	24						02:06:12	03:23:04	04:56:54	05:53:10	05:54:12.35	05:55:36.55	+02:04:53 (35.1%)	8:01	7.5 (65.2%)
53	REKAWEK Paulina	2733	TEAM ZABIEGANEDNI	K30	25						01:56:22	03:07:32	04:49:08	05:53:54	05:55:00.00	05:55:41.40	+02:04:58 (35.1%)	8:02	7.5 (65.2%)
54	KURCZ Magdalena	2739		K30	26						02:01:36	03:14:49	04:56:46	05:54:11	05:55:10.70	05:56:11.15	+02:05:28 (35.2%)	8:03	7.5 (65.2%)
55	KOPEĆ Renata	2015	TRAIL IS OUR WAY	K40	18						02:06:38	03:19:20	04:58:09	05:55:34	05:56:37.35	05:56:56.50	+02:06:13 (35.4%)	8:05	7.4 (64.3%)
56	SŁOMCZYŃSKA Karolina	2531		K30	27						01:53:48	03:12:31	04:54:50	05:56:31	05:57:29.70	05:57:46.20	+02:07:03 (35.5%)	8:06	7.4 (64.3%)
57	KOLEGOWICZ Klaudia	2674		K30	28						02:00:18	03:15:55		05:57:17	05:58:17.00	05:58:17.00	+02:07:34 (35.6%)	8:07	7.4 (64.3%)
58	CHOJKA-BARTOSZKO Karolina	2914		K40	19						02:02:41	03:15:40	04:55:06	05:56:48	05:57:55.70	05:58:56.90	+02:08:14 (35.7%)	8:06	7.4 (64.3%)
59	BERG Lina	2028	WILD SOULS	K30	29						02:02:27	03:16:27	04:58:38	05:57:05	05:58:11.85	05:58:58.75	+02:08:15 (35.7%)	8:07	7.4 (64.3%)
60	KRAJEWSKA Ewelina	2289	GRUPA BIEGOWA "BEZ GRANIC"	K40	20						02:02:10	03:18:02	04:57:13	05:58:35	05:59:25.00	05:59:37.80	+02:08:54 (35.8%)	8:09	7.4 (64.3%)
61	PUDEŁEK Agnieszka	2071		K40	21						02:02:18	03:13:21	04:54:41	05:59:08	06:00:20.50	06:00:50.15	+02:10:07 (36.1%)	8:10	7.3 (63.5%)
62	KORDECKA Anna	2154	WCHSZT	K40	22						02:02:17	03:13:20	04:54:40	05:59:07	06:00:20.15	06:00:50.45	+02:10:07 (36.1%)	8:10	7.3 (63.5%)
63	GOTKIEWICZ-CICHON Edyta	2859		K40	23						02:04:09	03:21:03	05:03:00	06:02:07	06:03:10.00	06:03:46.50	+02:13:03 (36.6%)	8:14	7.3 (63.5%)
64	PODRAZA Klaudia	2886	PĘDZĄCE ŚLIMAKI	K30	30						02:03:27	03:21:36	05:05:47	06:02:56	06:03:52.70	06:04:07.65	+02:13:24 (36.6%)	8:15	7.3 (63.5%)
65	ZAVADZANOVÁ Kristína	2688	KAJETAJE	K20	10						02:01:29	03:16:00	04:59:19	06:02:47	06:03:54.15	06:04:08.50	+02:13:25 (36.6%)	8:15	7.3 (63.5%)
66	ADAMCZYK Paulina	2740		K30	31						01:59:28	03:13:30	04:59:04	06:03:00	06:04:08.95	06:04:31.85	+02:13:49 (36.7%)	8:15	7.3 (63.5%)
67	STASIK Monika	2765	INFINITY GYM ŁUKASZ SZAPORÓW	K30	32						02:01:42	03:14:42	04:58:58	06:02:59	06:04:08.25	06:04:31.90	+02:13:49 (36.7%)	8:15	7.3 (63.5%)
68	CZERNIAK Anna	2260	RUCH IZBICA / VEGE RUNNERS	K30	33						02:08:28	03:22:26	04:59:52	06:02:23	06:03:17.40	06:04:41.20	+02:13:58 (36.7%)	8:14	7.3 (63.5%)
69	MIKOŁAJEWSKA Zofia	2012	ORT	K30	34						02:02:41	03:14:13	05:00:59	06:04:44	06:05:49.15	06:06:05.90	+02:15:23 (37.0%)	8:17	7.2 (62.6%)
70	STANISZEWSKA Joanna	2116	SPC	K40	24						01:59:33	03:13:22	05:02:56	06:05:28	06:06:23.25	06:07:26.15	+02:16:43 (37.2%)	8:18	7.2 (62.6%)
71	HŁASKO Anna	2953		K30	35						02:03:55	03:18:18	05:00:44	06:05:52	06:07:00.70	06:07:36.10	+02:16:53 (37.2%)	8:19	7.2 (62.6%)
72	DUMSAITE Jurita	2148	WILD SOULS	K30	36						02:03:11	03:23:39	05:04:44	06:07:55	06:08:54.00	06:08:54.00	+02:18:11 (37.5%)	8:21	7.2 (62.6%)
73	SOWA-LEWANDOWSKA Katarzyna	2140	UKS LIDER SIERCZA/TECHNIKAM/4F	K40	25	MP	UKS Lider Siercza				02:07:27	03:21:42	05:05:19	06:06:56	06:08:00.10	06:09:24.85	+02:18:42 (37.5%)	8:20	7.2 (62.6%)
74	SZWAJKA Aneta	2157	STAJNIA BALONA	K50	3						02:06:14	03:21:13	05:06:00	06:10:36	06:11:49.45	06:12:42.70	+02:21:59 (38.1%)	8:25	7.1 (61.7%)
75	STASZCZYK Ania	2830		K40	26						02:03:47	03:21:46	05:09:47	06:14:18	06:15:16.60	06:15:46.70	+02:25:03 (38.6%)	8:30	7.1 (61.7%)
76	MARCINKOWSKA Martyna	2643	42K PRO TEAM	K30	37						02:08:52	03:23:55	05:07:38	06:14:14	06:15:21.75	06:15:52.70	+02:25:09 (38.6%)	8:30	7 (60.9%)
77	KOŚCIELNIAK Oliwia	2439	DORWAC_FORME	K20	11						02:03:04	03:21:52	05:08:56	06:13:57	06:15:20.65	06:15:57.75	+02:25:14 (38.6%)	8:30	7 (60.9%)
78	POPŁAWSKA Magdalena	2854		K40	27						02:11:46	03:32:19	05:13:05	06:13:47	06:14:45.30	06:16:08.30	+02:25:25 (38.7%)	8:29	7.1 (61.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa		Schronisko	Bacówka	Schronisko	Czas netto		Czas	Tempo	Tempo	
						Polski	Drużyna	na Przehybie 14.7km	na Obidzy 24.4km	pod Durbaszką 35.5km	43.7km	44.1km	44.1km			Różn
79	CYRULIK Justyna	2427	KRAKOWSKI KLUB OYAMA	K30	38			02:09:32	03:27:49	05:11:35	06:14:57	06:15:52.85	06:16:28.55	+02:25:45 (38.7%)	8:31	7 (60.9%)
80	KOWALCZYK Monika	2801	UKS LIDER	K40	28			02:05:39	03:25:02	05:08:15	06:14:56	06:15:55.30	06:17:19.80	+02:26:36 (38.9%)	8:31	7 (60.9%)
81	MACHNIK-KAJCA Marta	2415	KAJCA RUNNERS CLUB	K30	39			02:04:02	03:17:47	05:09:33	06:18:19	06:19:19.50	06:19:34.80	+02:28:51 (39.2%)	8:36	7 (60.9%)
82	GRUŽAITĖ Deimantė	2226	WILD SOULS	K40	29			02:07:28	03:29:07	05:10:25	06:17:52	06:19:03.15	06:19:50.60	+02:29:07 (39.3%)	8:35	7 (60.9%)
83	NORAS Alina	2103	ENDURANCE TEAM	K30	40			02:11:06	03:30:44	05:16:07	06:17:57	06:19:10.15	06:20:31.45	+02:29:48 (39.4%)	8:35	7 (60.9%)
84	SZCZYGIĘŁ Agnieszka	2665		K30	41			02:06:37	03:27:19	05:13:57	06:18:29	06:19:42.85	06:20:52.00	+02:30:09 (39.4%)	8:36	7 (60.9%)
85	KACZOR Ewa	2772		K40	30			02:13:52	03:32:46	05:16:03	06:18:38	06:19:46.25	06:21:08.25	+02:30:25 (39.5%)	8:36	7 (60.9%)
86	ŠOKAITYTĖ Viltė	2119	TEAM IGNITE	K20	12			02:14:13	03:30:44	05:15:45	06:19:56	06:20:53.95	06:21:44.10	+02:31:01 (39.6%)	8:38	6.9 (60.0%)
87	STRZELCZYK Grażyna	2395		K40	31			02:19:13	03:37:20	05:17:12	06:19:58	06:20:50.65	06:21:46.25	+02:31:03 (39.6%)	8:38	6.9 (60.0%)
88	CZUCHAJ Anna	2906	ING BANK ŚLĄSKI	K40	32			02:09:49	03:30:23	05:16:25	06:19:55	06:21:07.40	06:22:11.30	+02:31:28 (39.6%)	8:38	6.9 (60.0%)
89	STASZEWICZ-WASILEWSKA Ewa	2332		K40	33			02:07:09	03:29:36	05:14:53	06:23:21	06:24:36.55	06:25:48.10	+02:35:05 (40.2%)	8:43	6.9 (60.0%)
90	SURLAS Izabela	2612	PRZEDWOJEWSKI TEAM	K30	42			02:13:11	03:32:29	05:17:50	06:24:05	06:25:16.05	06:25:52.50	+02:35:09 (40.2%)	8:44	6.9 (60.0%)
91	MADAJ-GOLDMAN Agata	2316	MAD&GOLD	K30	43			02:00:23	03:21:47	05:15:00	06:26:07	06:27:26.90	06:28:01.50	+02:37:18 (40.5%)	8:47	6.8 (59.1%)
92	WÓŁKIEWICZ Dorota	2176	TEAM ZABIEGANEDNI	K50	4			02:14:00	03:34:48	05:22:23	06:26:44	06:27:50.15	06:28:09.85	+02:37:27 (40.6%)	8:47	6.8 (59.1%)
93	JAKÓBCZAK Sylwia	2539	ŁÓDŹ KOCHA SPORT	K30	44			02:09:28	03:30:25	05:19:27	06:27:09	06:28:26.50	06:28:45.10	+02:38:02 (40.7%)	8:48	6.8 (59.1%)
94	WNUK-SCARDACCION Agnieszka	2370	ZNOWU W BIEGU	K30	45			02:10:21	03:30:54	05:20:21	06:29:29	06:30:37.30	06:31:37.15	+02:40:54 (41.1%)	8:51	6.8 (59.1%)
95	JAKUTAVIČIENĖ Inga	2652	LOVE STREAMS RUNNING	K40	34			02:19:28	03:38:52	05:22:28	06:29:34	06:30:47.70	06:31:39.00	+02:40:56 (41.1%)	8:51	6.8 (59.1%)
96	BINIENDA Agnieszka	2694	KOBIETY WATAHY	K40	35			02:10:55	03:36:30	05:26:27	06:29:26	06:30:36.40	06:31:48.50	+02:41:05 (41.1%)	8:51	6.8 (59.1%)
97	SUMIEC-SZYFNER Katarzyna	2279	ZABIEGANI MIELEC	K30	46			02:12:19	03:36:13	05:30:31	06:33:21	06:34:28.10	06:35:05.95	+02:44:23 (41.6%)	8:56	6.7 (58.3%)
98	TARNAWSKA Anna	2378	UKS LIDER SIERCZA	K40	36			02:18:13	03:38:47	05:29:09	06:33:48	06:34:53.60	06:36:17.50	+02:45:34 (41.8%)	8:57	6.7 (58.3%)
99	GROMEK Edyta	2057	SZYBCIEJ NIE DAM RADY	K40	37			02:12:30	03:34:25	05:24:31	06:34:10	06:35:31.65	06:36:19.90	+02:45:37 (41.8%)	8:58	6.7 (58.3%)
100	KUNA Aleksandra	3321	SII RUNNING TEAM	K30	47			02:07:41	03:27:29	05:32:54	06:34:40	06:35:48.15	06:36:41.90	+02:45:59 (41.8%)	8:58	6.7 (58.3%)
101	BURZA Kinga	2630	LKS BURZYN	K40	38			02:12:38	03:34:41	05:25:37	06:36:46	06:38:04.50	06:38:50.70	+02:48:07 (42.2%)	9:01	6.6 (57.4%)
102	PELCZAR Joanna	2380	TRAIL IS OUR WAY TEAM	K30	48			02:06:55	03:27:50	05:22:25	06:37:17	06:38:40.95	06:38:55.85	+02:48:13 (42.2%)	9:02	6.6 (57.4%)
103	BOGUSZEWSKA Agata	2810		K30	49			02:12:51	03:33:17	05:26:47	06:37:56	06:39:09.05	06:40:36.80	+02:49:53 (42.4%)	9:03	6.6 (57.4%)
104	MARKOWSKA Hania	2967		K20	13			02:11:21	03:36:29	05:28:40	06:38:09	06:39:23.30	06:40:50.10	+02:50:07 (42.4%)	9:03	6.6 (57.4%)
105	KURAS Olga	2546	NUNEK SPITFIRE	K30	50			02:13:20	03:40:13	05:35:01	06:40:17	06:41:16.60	06:42:16.45	+02:51:33 (42.6%)	9:05	6.6 (57.4%)
106	LUBOWIECKA Katarzyna	2313		K50	5			02:13:19	03:35:53	05:28:19	06:40:34	06:41:40.55	06:42:21.95	+02:51:39 (42.7%)	9:06	6.6 (57.4%)
107	SZYPROWSKA Joanna	2435		K40	39			02:11:53	03:32:15	05:30:08	06:41:01	06:42:30.70	06:43:49.10	+02:53:06 (42.9%)	9:07	6.6 (57.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa		Schronisko	Bacówka	Schronisko	Czas		Tempo	Tempo		
						Polski	Drużyna	na Przehybie 14.7km	na Obidzy 24.4km	pod Durbaszką 35.5km	43.7km	netto 44.1km			brutto 44.1km	Różn
108	LASYK Agnieszka	2158		K40	40							06:44:58.25	06:45:27.10	+02:54:44 (43.1%)	9:10	6.5 (56.5%)
109	DOKUPIŁ Kinga	2512		K20	14							06:45:26.60	06:46:23.30	+02:55:40 (43.2%)	9:11	6.5 (56.5%)
110	KOWALSKA-WALIŚ Agnieszka	2568	DOGOŃ GRODZISK MAZOWIECKI	K40	41							06:45:51.60	06:46:31.80	+02:55:48 (43.2%)	9:12	6.5 (56.5%)
111	DAC Agata	2525		K30	51							06:45:56.60	06:47:01.25	+02:56:18 (43.3%)	9:12	6.5 (56.5%)
112	DOSKOCZ Nina	2333	BIEGAJĄCE ZĄBKI	K30	52							06:46:15.05	06:47:02.70	+02:56:19 (43.3%)	9:12	6.5 (56.5%)
113	CZAPLA Aleksandra	2090		K30	53							06:46:16.85	06:47:10.10	+02:56:27 (43.3%)	9:12	6.5 (56.5%)
114	RUCIŃSKA Honorata	2753	KILOMETRY ZBIERAMY & MALUJEMY-UŚMIECHY DZIECIOM	K40	42							06:46:41.40	06:47:22.30	+02:56:39 (43.4%)	9:13	6.5 (56.5%)
115	JASTRZĘBSKA Marlena	2581		K40	43							06:46:46.75	06:47:43.05	+02:57:00 (43.4%)	9:13	6.5 (56.5%)
116	PAKULSKA Dorota	2048		K40	44							06:47:12.85	06:47:58.35	+02:57:15 (43.4%)	9:14	6.5 (56.5%)
117	PAUZAITE Juste	2610	WILD SOULS	K20	15							06:47:32.95	06:48:23.40	+02:57:40 (43.5%)	9:14	6.5 (56.5%)
118	GENDVILAITĖ Sonata	2254	#UNBREAKABLE / LITHUANIAN MILITARY ASSOCIATION TRAVELER'S CLUB	K50	6							06:47:33.25	06:48:23.45	+02:57:40 (43.5%)	9:14	6.5 (56.5%)
119	CZARDYBON Laura	2139		K40	45							06:48:05.35	06:49:19.65	+02:58:36 (43.6%)	9:15	6.5 (56.5%)
120	KAŃTOCH Weronika	2266	PROJEKT1000UP	K30	54							06:48:54.30	06:49:53.25	+02:59:10 (43.7%)	9:16	6.5 (56.5%)
121	NOWOSIELSKA Magdalena	2787	ASICS FRONTRUNNER POLAND	K30	55							06:49:13.40	06:49:57.05	+02:59:14 (43.7%)	9:16	6.5 (56.5%)
122	WASIEWICZ Jolanta	2307		K40	46							06:49:08.25	06:50:03.65	+02:59:20 (43.7%)	9:16	6.5 (56.5%)
123	LECHVÁR Renáta	2783		K30	56							06:51:58.10	06:52:09.95	+03:01:27 (44.0%)	9:20	6.4 (55.7%)
124	PRUCHNIEWSKA Agnieszka	2147	ROKIETNICA BIEGA	K40	47							06:51:53.55	06:52:16.30	+03:01:33 (44.0%)	9:20	6.4 (55.7%)
125	GRZYWA Kinga	2944	PORUNNE FURGANIE	K40	48							06:51:40.55	06:52:34.05	+03:01:51 (44.1%)	9:20	6.4 (55.7%)
126	KĘDZIORA Aleksandra	2027	-	K40	49							06:51:56.00	06:52:44.85	+03:02:02 (44.1%)	9:20	6.4 (55.7%)
127	STAHOVEC Dominika	2793	MARAS TEAM	K30	57							06:53:31.50	06:54:17.20	+03:03:34 (44.3%)	9:22	6.4 (55.7%)
128	WOJEWÓDZKA Anna	2972	WOJEWÓDZCY TEAM	K30	58							06:53:18.45	06:54:19.30	+03:03:36 (44.3%)	9:22	6.4 (55.7%)
129	LEBODA Katarzyna	2911	WILD DOGS TEAM	K30	59							06:53:25.85	06:54:35.85	+03:03:53 (44.4%)	9:22	6.4 (55.7%)
130	KĄŁAMAGA Agnieszka	2413	FUNDACJA DZIĘKI TOBIE	K40	50							06:54:06.25	06:54:46.20	+03:04:03 (44.4%)	9:23	6.4 (55.7%)
131	OSTROWSKA Natalia	2052		K30	60							06:54:13.20	06:54:49.90	+03:04:07 (44.4%)	9:23	6.4 (55.7%)
132	MEUS Martyna	2684		K30	61							06:54:29.30	06:55:06.25	+03:04:23 (44.4%)	9:23	6.4 (55.7%)
133	WATARZYSZYN Marzena	2644		K20	16							06:53:41.65	06:55:11.90	+03:04:29 (44.4%)	9:22	6.4 (55.7%)
134	SACKIEWICZ-WIĄCEK Agnieszka	2579		K40	51							06:54:11.70	06:55:25.50	+03:04:42 (44.5%)	9:23	6.4 (55.7%)
135	ZALEWSKA Anna	2661	WIEDŹMY BIEGOWE	K40	52							06:54:37.00	06:55:38.15	+03:04:55 (44.5%)	9:24	6.4 (55.7%)
136	ŁATKOWSKA Monika	2752	GRUPA BIEGOWA CHTMO	K40	53							06:54:37.70	06:55:38.20	+03:04:55 (44.5%)	9:24	6.4 (55.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa		Schronisko	Bacówka	Schronisko	Czas		Tempo	Tempo		
						Polski	Drużyna	na Przehybie 14.7km	na Obidzy 24.4km	pod Durbaszką 35.5km	43.7km	netto 44.1km			brutto 44.1km	Różn
137	MACIEJEWSKA Karolina	2039		K40	54							06:55:46.05	06:56:34.30	+03:05:51 (44.6%)	9:25	6.4 (55.7%)
138	LICHACZ Ania	2320	GT RAT	K40	55							06:55:47.80	06:56:34.35	+03:05:51 (44.6%)	9:25	6.4 (55.7%)
139	NAPIERAŁA Katarzyna	2506		K40	56							06:55:59.95	06:56:44.80	+03:06:01 (44.6%)	9:25	6.4 (55.7%)
140	SOCHACKA Zuzanna	2344		K40	57							06:58:29.70	06:59:13.80	+03:08:30 (45.0%)	9:29	6.3 (54.8%)
141	WOJEWODA Renata	2143		K40	58							07:03:48.75	07:04:26.80	+03:13:43 (45.6%)	9:36	6.2 (53.9%)
142	JĘDRZEJCZYK Agnieszka	2791		K50	7							07:03:37.65	07:04:44.75	+03:14:01 (45.7%)	9:36	6.2 (53.9%)
143	PIÓRKOWSKA Jolanta	2529	KOŁO BIEGA	K40	59							07:04:49.55	07:06:03.80	+03:15:20 (45.8%)	9:37	6.2 (53.9%)
144	CHUDA Joanna	2759		K30	62							07:07:29.00	07:08:14.05	+03:17:31 (46.1%)	9:41	6.2 (53.9%)
145	KOWALCZYK Magda	2726	WARRIORS ŁÓDŹ	K30	63							07:08:06.15	07:09:31.70	+03:18:48 (46.3%)	9:42	6.2 (53.9%)
146	CYMBORSKA Jolanta	2295	NEW BALANCE RUN CLUB	K40	60							07:09:34.30	07:09:51.20	+03:19:08 (46.3%)	9:44	6.2 (53.9%)
147	SZYMAŃSKA Kinga	2281	WARRIORS ŁÓDŹ	K30	64							07:08:44.00	07:10:09.00	+03:19:26 (46.4%)	9:43	6.2 (53.9%)
148	PRZYBYŁA Eliza	2337	IRONTEAM TOMASZ MARCINEK	K30	65							07:09:55.00	07:11:22.60	+03:20:39 (46.5%)	9:44	6.2 (53.9%)
149	TOKARSKA Bożena	2179	#ADAMCZERWIŃSKITEAM	K40	61							07:14:26.15	07:15:09.50	+03:24:26 (47.0%)	9:51	6.1 (53.0%)
150	PENCONEK Agata	2023		K40	62							07:15:31.20	07:16:18.70	+03:25:35 (47.1%)	9:52	6.1 (53.0%)
151	CHORZĘPA -PASIK Agnieszka	2848	KB HERMES	K50	8							07:18:26.15	07:18:52.75	+03:28:09 (47.4%)	9:56	6 (52.2%)
152	WACHOWIAK Anna	2818		K30	66							07:17:55.45	07:18:57.95	+03:28:15 (47.4%)	9:55	6 (52.2%)
153	WIŚNIEWSKA Justyna	2228		K40	63							07:19:26.25	07:19:59.20	+03:29:16 (47.6%)	9:57	6 (52.2%)
154	WŁODAWIEC Joanna	2357		K20	17							07:19:48.20	07:20:14.85	+03:29:32 (47.6%)	9:58	6 (52.2%)
155	KABALA Joanna	2113	CMKP TEAM	K40	64							07:19:55.75	07:20:31.50	+03:29:48 (47.6%)	9:58	6 (52.2%)
156	ŠERKŠNAITĒ Odeta	2244	WILD SOULS	K40	65							07:20:21.75	07:21:08.65	+03:30:25 (47.7%)	9:59	6 (52.2%)
157	KAWA Wioletta	2662		K30	67							07:20:58.85	07:22:09.00	+03:31:26 (47.8%)	9:59	6 (52.2%)
158	WOLIŃSKA Agnieszka	2925	KUTNO BIEGA	K40	66							07:20:53.85	07:22:14.90	+03:31:32 (47.8%)	9:59	6 (52.2%)
159	RZEŹNICZEK Anna	2533	SKLEP TRIATHLONISTY	K30	68							07:22:03.35	07:22:46.85	+03:32:04 (47.9%)	10:01	6 (52.2%)
160	BAŚ Anna	2224	LENIWCE	K50	9							07:23:49.85	07:24:46.75	+03:34:03 (48.1%)	10:03	6 (52.2%)
161	KREFT Katarzyna	2916		K40	67							07:23:56.95	07:25:22.85	+03:34:40 (48.2%)	10:03	6 (52.2%)
162	WÓJCIAK Ewelina	2899		K30	69							07:24:45.60	07:26:11.35	+03:35:28 (48.3%)	10:05	5.9 (51.3%)
163	PRZYDATEK Iwona	2573	TREKKING TEAM OSTROWIEC ŚWIĘTOKRZYSKI	K40	68							07:26:31.60	07:27:11.90	+03:36:29 (48.4%)	10:07	5.9 (51.3%)
164	SMÓŁKOWSKA Iwona	2326	PROJEKT 1000 UP	K40	69							07:26:15.35	07:27:14.00	+03:36:31 (48.4%)	10:07	5.9 (51.3%)
165	KORZENIOWSKA Małgorzata	2549		K40	70							07:30:11.80	07:30:37.85	+03:39:55 (48.8%)	10:12	5.9 (51.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa		Schronisko	Bacówka	Schronisko	Czas netto		Czas	Tempo	Tempo		
						Polski	Drużyna	na Przehybie 14.7km	na Obidzy 24.4km	pod Durbaszką 35.5km	43.7km	44.1km	44.1km			Różn	
166	OCHNIK-KALINOWSKA Justyna	2034		K40	71								07:29:59.10	07:31:07.50	+03:40:24 (48.9%)	10:12	5.9 (51.3%)
167	KĄKOL Ewelina	2942		K20	18								07:29:48.50	07:31:14.85	+03:40:32 (48.9%)	10:11	5.9 (51.3%)
168	JABŁOŃSKA Anna	2328		K20	19								07:29:48.70	07:31:15.00	+03:40:32 (48.9%)	10:11	5.9 (51.3%)
169	ZARĘBA Jolanta	2715	CWKS RESOVIA	K50	10	MP	CWKS Resovia Rzeszów						07:30:25.50	07:31:29.65	+03:40:46 (48.9%)	10:12	5.9 (51.3%)
170	HUDZIAK-OWCZAREK Ewa	2551		K40	72								07:31:33.95	07:31:47.00	+03:41:04 (48.9%)	10:14	5.9 (51.3%)
171	KUBECKA Anna	2724		K30	70								07:31:34.30	07:32:55.70	+03:42:12 (49.1%)	10:14	5.9 (51.3%)
172	RÓŻAK-RUKUSZEWICZ Magdalena	2059	DZIKIE GRUBASY SZATANA	K40	73								07:41:33.65	07:42:27.70	+03:51:44 (50.1%)	10:27	5.7 (49.6%)
173	KRAWCZYK Agnieszka	2263		K40	74								07:42:36.45	07:43:11.05	+03:52:28 (50.2%)	10:29	5.7 (49.6%)
174	SACHA Małgorzata	2261	BKB CZARNA PERŁA	K30	71								07:42:36.80	07:43:11.35	+03:52:28 (50.2%)	10:29	5.7 (49.6%)
175	PAWLAK Agnieszka	2215		K30	72								07:42:47.30	07:44:02.90	+03:53:20 (50.3%)	10:29	5.7 (49.6%)
176	FILON Małgorzata	2900		K40	75								07:42:45.90	07:44:24.50	+03:53:41 (50.3%)	10:29	5.7 (49.6%)
177	KSIĄŻEK Danuta	2836		K40	76								07:44:46.40	07:45:58.60	+03:55:15 (50.5%)	10:32	5.7 (49.6%)
178	FOGT Monika	2182		K40	77								07:45:37.85	07:46:01.65	+03:55:18 (50.5%)	10:33	5.7 (49.6%)
179	OSIAL Anita	2538	BRAK	K40	78								07:48:05.00	07:48:56.65	+03:58:13 (50.8%)	10:36	5.7 (49.6%)
180	GOŁDYN Katarzyna	2728	INFINITY - GYM	K50	11								07:50:06.40	07:50:29.55	+03:59:46 (51.0%)	10:39	5.6 (48.7%)
181	BICKUNIENE Danguole	2134	WILD SOULS	K50	12								07:51:08.05	07:52:24.15	+04:01:41 (51.2%)	10:40	5.6 (48.7%)
182	WARLIKOWSKA Karolina	2428	SPC	K20	20								07:52:40.95	07:53:32.35	+04:02:49 (51.3%)	10:43	5.6 (48.7%)
183	FELKEL Ewa	2403	PIĄTKOWO NA BIEGOWO	K50	13								07:54:17.85	07:55:08.10	+04:04:25 (51.4%)	10:45	5.6 (48.7%)
184	MURASZEW DĄBROWSKA Katarzyna	2296	NBRC	K40	79								07:55:19.50	07:55:50.60	+04:05:07 (51.5%)	10:46	5.6 (48.7%)
185	ZAJĄC Anna	2754		K40	80								07:55:01.95	07:56:16.35	+04:05:33 (51.6%)	10:46	5.6 (48.7%)
186	SIEKIERA Aleksandra	2220	PURA VIDA TEAM	K30	73								07:55:19.15	07:56:44.90	+04:06:02 (51.6%)	10:46	5.6 (48.7%)
187	CAGARA Edyta	2658		K40	81								08:00:59.70	08:02:21.55	+04:11:38 (52.2%)	10:54	5.5 (47.8%)
188	PARYSZ Anna	2966	STARE BABICE BIEGAJĄ	K60	1								08:04:16.10	08:05:03.75	+04:14:20 (52.4%)	10:58	5.5 (47.8%)
189	BOŻEK Aleksandra	2929	TEAM ZABIEGANEDNI	K30	74								08:06:34.90	08:07:19.15	+04:16:36 (52.7%)	11:01	5.4 (47.0%)
190	SADOWSKA Agata	2482		K40	82								08:06:57.75	08:07:27.40	+04:16:44 (52.7%)	11:02	5.4 (47.0%)
191	GAJEK Aleksandra	2980		K20	21								08:08:19.00	08:09:48.30	+04:19:05 (52.9%)	11:04	5.4 (47.0%)
192	BREMER Helena	2246		K30	75								08:08:19.40	08:09:48.45	+04:19:05 (52.9%)	11:04	5.4 (47.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa		Schronisko	Bacówka	Schronisko	Czas		Tempo	Tempo		
						Polski	Drużyna	na Przehybie 14.7km	na Obidzy 24.4km	pod Durbaszką 35.5km	43.7km	netto 44.1km			brutto 44.1km	Różn
193	BINKIEWICZ-KOWALCZYK Agnieszka	2223		K30	76							08:10:45.40	08:11:08.70	+04:20:25 (53.0%)	11:07	5.4 (47.0%)
194	BAK Magdalena	2145	ROZBIEGANY PIASTÓW	K40	83							08:12:03.60	08:13:07.30	+04:22:24 (53.2%)	11:09	5.4 (47.0%)
195	TUREK Marzena	2077	ROZBIEGANY PIASTÓW	K40	84							08:12:05.65	08:13:07.35	+04:22:24 (53.2%)	11:09	5.4 (47.0%)
196	ZACHWIEJA Katarzyna	2037		K50	14							08:12:02.15	08:13:07.40	+04:22:24 (53.2%)	11:09	5.4 (47.0%)
197	NOWACKA Magda	2144	ROZBIEGANY PIASTOW	K50	15							08:12:01.85	08:13:07.90	+04:22:25 (53.2%)	11:09	5.4 (47.0%)
198	WEBER Agata	2720		K40	85							08:13:46.70	08:14:34.10	+04:23:51 (53.4%)	11:11	5.4 (47.0%)
199	SADOWSKA Justyna	2080	UKS HERKULES SULEJÓWEK	K50	16							08:14:34.10	08:15:53.25	+04:25:10 (53.5%)	11:12	5.4 (47.0%)
200	MODZELEWSKA Karolina	2945	SPC	K40	86							08:19:02.60	08:20:05.10	+04:29:22 (53.9%)	11:18	5.3 (46.1%)
201	WOJTASIK Marta	2960		K40	87							08:20:28.70	08:21:42.00	+04:30:59 (54.0%)	11:20	5.3 (46.1%)
202	KARASIŃSKA Karolina	2540		K40	88							08:22:31.10	08:23:15.20	+04:32:32 (54.2%)	11:23	5.3 (46.1%)
203	CIOK Anna	2411		K40	89							08:23:43.55	08:24:39.30	+04:33:56 (54.3%)	11:25	5.3 (46.1%)
204	KRÓL Natalia	2582	KITOWCY	K20	22							08:28:24.95	08:29:37.05	+04:38:54 (54.7%)	11:31	5.2 (45.2%)
205	ZAWISZA Beata	2973	KOBIETY WATACHY	K50	17							08:28:49.20	08:30:02.70	+04:39:19 (54.8%)	11:32	5.2 (45.2%)
206	GROMADZKA Justyna	2729	KOBIETY WATAHY	K40	90							08:28:49.45	08:30:02.95	+04:39:20 (54.8%)	11:32	5.2 (45.2%)
207	PIOTROWSKA Kamila	2655		K30	77							08:31:16.50	08:31:51.60	+04:41:08 (54.9%)	11:35	5.2 (45.2%)
208	NIEDZIELSKA Anna	2712		K40	91							08:32:31.25	08:33:09.10	+04:42:26 (55.0%)	11:37	5.2 (45.2%)
209	BURCZYK Celina	2703	HURAGAN LIGOTA	K50	18							08:33:10.05	08:34:15.90	+04:43:33 (55.1%)	11:38	5.2 (45.2%)
210	KOŁODZIEJ Paulina	2987		K40	92							08:34:48.05	08:36:16.05	+04:45:33 (55.3%)	11:40	5.1 (44.3%)
211	MIŚTA-DOROBISZ Sylwia	2879	MYSZKÓW BIEGA	K50	19							08:37:22.25	08:38:17.55	+04:47:34 (55.5%)	11:43	5.1 (44.3%)
212	GÓRSKA Yvonne	2259		K40	93							08:37:14.75	08:38:33.15	+04:47:50 (55.5%)	11:43	5.1 (44.3%)
213	SZCZĘSNA Hanna	2164		K20	23							08:41:22.05	08:42:51.65	+04:52:08 (55.9%)	11:49	5.1 (44.3%)
214	GIZELSKA Agnieszka	2430	PIĄTKOWO NA BIEGOWO	K50	20							08:46:32.55	08:47:23.05	+04:56:40 (56.3%)	11:56	5 (43.5%)
215	ZWIEROWICZ Agnieszka	2076		K30	78							08:54:51.35	08:56:05.75	+05:05:22 (57.0%)	12:07	4.9 (42.6%)
216	STERKOWICZ Olga	2760	GNUŚNIAKI	K30	79							08:55:35.20	08:56:34.90	+05:05:52 (57.0%)	12:08	4.9 (42.6%)
217	SZCZYGIELSKA Julia	2002	SOCIOS SILESIA	K30	80							08:55:33.60	08:56:52.40	+05:06:09 (57.0%)	12:08	4.9 (42.6%)
Przekroczony limit czasu: 09:00:00																
218	KWIETNIEWSKA Katarzyna	2799		K50	21							09:07:38.35	09:08:19.45	+05:17:36 (57.9%)	12:25	4.8 (41.7%)
219	CIESZYŃSKA Marta	2650	BEAUTY STUDIO LĘBORK	K40	94							09:19:59.00	09:21:27.50	+05:30:44 (58.9%)	12:41	4.7 (40.9%)
220	KAPAŁKA Bożena	2360	LACHO TEAM	K50	22							09:30:08.30	09:31:36.50	+05:40:53 (59.6%)	12:55	4.6 (40.0%)
221	ILCZUK Monika	2666		K40	95							09:31:44.80	09:33:03.30	+05:42:20 (59.7%)	12:57	4.6 (40.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa		Schronisko	Bacówka	Schronisko	Czas		Różn	Tempo min/km	Tempo km/h	
						Polski	Drużyna	na Przehybie 14.7km	na Obidzy 24.4km	pod Durbaszką 35.5km	43.7km	netto 44.1km				brutto 44.1km
222	LISIK Justyna	2722	DECATHLON SŁUPSK	K40	96							10:34:48.60	10:35:29.95	+06:44:47 (63.7%)	14:23	4.2 (36.5%)
223	CHEŁCHOWSKA Kasia	2874		K30	81									+02:09:56	10:37	5.6 (48.7%)
224	PASZKOWSKA Katarzyna	2511	ZWINIĘTE SZYNECZKI	K40	97									+02:13:40	14:36	4.1 (35.7%)
225	CICHOLSKA Anna	2245		K40	98									+02:21:32	15:08	4 (34.8%)
	LUTOSTAŃSKA Monika	2067	ZWINIĘTE SZYNECZKI	K40				03:33:53 DNF	05:44:36 DNF	09:05:04 DNF	DNF	DNF	DNF	-	-	- (0.0%)
	BABIŃSKA- POPIŁKA Ewelina	2577		K40				01:48:14 DNF	02:50:27 DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)
	FIRA-KREMPA Edyta	2267		K50				02:14:02 DNF	03:36:22 DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)
	LEHMANN Alicja	2068	ZWINIĘTE SZYNECZKI	K50				02:41:43 DNF	04:33:29 DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)
	STAJER Małgorzata	2697		K50				03:14:19 DNF	05:26:53 DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)
	DZIĘCZKOWSKA- NIKLEWICZ Joanna	2021		K40				01:59:19 DNF	DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)
	JĘDRZEJEWSKA Aleksandra	2099	CTS	K30		MP	Świdnicka Grupa Biegowa	DNF	DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)
	PAWLAK Milena	2231		K30				DNF	DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)

Znaleziono 233 wynik(ów)