

Klasyfikacja: OPEN Mężczyźni

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Drużyna	Schronisko na Przehybie 14.7km	Bacówka na Obidzy 24.4km	Premia1 37.2km	Premia2 37.7km	43.6km	Czas netto 44.1km	Czas brutto 44.1km	Różn	Tempo min/km	Tempo km/h
1	WITEK Andrzej	1507	140MINUT.PL	M30	1	MP	MKS Siechnice	01:13:49	01:57:54	02:58:16	03:01:40	03:27:44	<b>03:29:27.65</b>	<b>03:29:30.00</b>		4:44	12.6 (100%)
2	MATUSZCZAK Rafał	1509	LLKS OSOWA SIEŃ	M20	1	MP	LLKS Osowa Sień	01:11:39	01:54:03	02:55:28	02:59:23	03:28:57	<b>03:30:20.05</b>	<b>03:30:22.25</b>	+00:00:52 (0.4%)	4:46	12.6 (100%)
3	RAJCA Michał	1513	HOKA GARMIN TEAM	M30	2	MP	SBG Salco Niepołomice	01:16:02	02:00:16	03:02:53	03:06:39	03:33:24	<b>03:34:50.15</b>	<b>03:34:52.90</b>	+00:05:22 (2.5%)	4:52	12.3 (97.6%)
4	BODURKA Krzysztof	1508	SALOMON TEAM	M30	3			01:16:58	02:01:21	03:04:50	03:08:25	03:34:59	<b>03:36:23.65</b>	<b>03:36:25.60</b>	+00:06:55 (3.2%)	4:54	12.2 (96.8%)
5	FABIAN Marcel	1518	SOCIOS SILESIA	M20	2	MP	SMKS Parasol Wrocław	01:16:12	02:01:11	03:07:37	03:11:39	03:42:09	<b>03:43:45.65</b>	<b>03:43:48.05</b>	+00:14:18 (6.4%)	5:04	11.8 (93.7%)
6	SKUPIEŃ Tomasz	1510		M30	4	MP	SKL Sucha Beskidzka		02:01:24	03:10:06	03:14:50	03:44:21	<b>03:46:08.40</b>	<b>03:46:10.30</b>	+00:16:40 (7.4%)	5:07	11.7 (92.9%)
7	KARWACZYŃSKI Roger	1553	AW-SZYBCIEJ-TEAM	M30	5			01:21:23	02:09:56	03:17:35	03:21:34	03:50:18	<b>03:51:55.50</b>	<b>03:51:58.90</b>	+00:22:28 (9.7%)	5:15	11.4 (90.5%)
8	ŻUCHOWSKI Daniel	2110	HOKA RUNNERS POLAND	M30	6	MP	LKB Rudnik	01:22:01	02:10:00	03:19:28	03:23:38	03:51:42	<b>03:53:09.35</b>	<b>03:53:12.70</b>	+00:23:42 (10.2%)	5:17	11.3 (89.7%)
9	GRZĄDZIEL Dominik	1514	ATTIQ TEAM	M40	1			01:19:15	02:09:22	03:19:07	03:23:01	03:52:40	<b>03:54:19.35</b>	<b>03:54:21.95</b>	+00:24:51 (10.6%)	5:18	11.3 (89.7%)
10	SZKOŁUDA Miłosz	2015	BIEGOLAS KOSZALIN	M20	3	MP	UKS Sokół Węgorzewo	01:22:40	02:11:21	03:22:53	03:27:19	03:56:56	<b>03:58:22.10</b>	<b>03:58:25.60</b>	+00:28:55 (12.1%)	5:24	11.1 (88.1%)
11	PASIK Tomasz	1922	WOLSZTYŃSKI KLUB BIEGOWY	M40	2	MP	Wolsztyński Klub Biegowy	01:22:20	02:11:21	03:22:41	03:27:25	03:56:57	<b>03:58:54.65</b>	<b>03:58:57.75</b>	+00:29:27 (12.3%)	5:25	11.1 (88.1%)
12	FAVERO Alessandro	1905	DUEROCHE ASD	M20	4			01:26:33	02:18:37	03:28:06	03:31:44	04:01:17	<b>04:03:00.35</b>	<b>04:03:03.05</b>	+00:33:33 (13.8%)	5:30	10.9 (86.5%)
13	ŚWIRGOŃ Adam	2108	TRENERBIEGANIA.PL	M20	5	MP	AZS UMCS Lublin	01:24:21	02:15:56	03:34:42	03:39:30	04:09:21	<b>04:10:54.50</b>	<b>04:10:56.65</b>	+00:41:26 (16.5%)	5:41	10.5 (83.3%)
14	MILEWSKI Dominik	1516	RYKOWISKO TEAM	M20	6	MP	TKKF Płock	01:18:37	02:08:16	03:31:44	03:37:19	04:10:11	<b>04:12:14.45</b>	<b>04:12:17.20</b>	+00:42:47 (17.0%)	5:43	10.5 (83.3%)
15	JACHYMIAK Robert	1971	SPECJALISTYCZNY GABINET REHABILITACJI DZIECI	M40	3			01:26:39	02:18:41	03:35:24	03:39:53	04:11:12	<b>04:13:01.95</b>	<b>04:13:03.75</b>	+00:43:33 (17.2%)	5:44	10.5 (83.3%)
16	MAZAN Piotr	1537	FINISZ RYMANÓW	M40	4			01:27:47	02:19:54	03:35:39	03:40:09	04:12:20	<b>04:13:54.80</b>	<b>04:13:57.60</b>	+00:44:27 (17.5%)	5:45	10.4 (82.5%)
17	TARASEK Dariusz	1854	SEVEN7	M40	5			01:28:14	02:20:59	03:38:30	03:42:02	04:12:32	<b>04:14:04.30</b>	<b>04:14:07.60</b>	+00:44:37 (17.6%)	5:45	10.4 (82.5%)
18	GAŁDYN Kamil	1897	GORĄCY POTOK / SALMING	M20	7			01:28:15	02:20:54	03:38:07	03:43:00	04:13:15	<b>04:14:44.40</b>	<b>04:14:48.50</b>	+00:45:18 (17.8%)	5:46	10.4 (82.5%)
19	ŚLIWKA Paweł	1704	RUNPROGRESS	M30	7	MP	MKS Brenna Górki	01:26:37	02:18:39	03:36:03	03:40:58	04:13:51	<b>04:15:33.30</b>	<b>04:15:36.90</b>	+00:46:06 (18.0%)	5:47	10.4 (82.5%)
20	GOC Paweł	1524	RMT TEAM	M40	6			01:31:50	02:24:40	03:40:08	03:44:41	04:16:16	<b>04:17:51.85</b>	<b>04:17:56.70</b>	+00:48:26 (18.8%)	5:50	10.3 (81.7%)
21	BADOWSKI Aleksander	1968	AW - SZYBCIEJ - TEAM	M30	8	MP	MKS Polonia Warszawa	01:26:56	02:19:02	03:35:56	03:41:03	04:16:49	<b>04:18:55.35</b>	<b>04:18:58.45</b>	+00:49:28 (19.1%)	5:52	10.2 (81.0%)
22	DOMBROWSKI Maciej	1519	ON RUNNING	M30	9	MP	KKB MOSiR Krosno	01:21:06	02:13:13	03:36:26	03:41:28	04:17:21	<b>04:19:09.50</b>	<b>04:19:12.60</b>	+00:49:42 (19.2%)	5:52	10.2 (81.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Drużyna	Schronisko	Bacówka	Premia1	Premia2	43.6km	Czas netto 44.1km	Czas brutto 44.1km	Różn	Tempo min/km	Tempo km/h
								na Przehybie 14.7km	na Obidzy 24.4km								
23	PILARSKI Tomasz	2130	MKS SZERSZEŃ BOGATYNIA	M40	7	MP	MKS Szerszeń Bogatynia	01:31:51	02:23:27	03:40:55	03:45:55	04:19:26	04:21:05.35	04:21:11.10	+00:51:41 (19.8%)	5:55	10.1 (80.2%)
24	KANSY Sebastian	2001		M30	10			01:28:31	02:22:18	03:43:49	03:48:40	04:21:00	04:22:42.70	04:22:53.95	+00:53:23 (20.3%)	5:57	10.1 (80.2%)
25	RUTKOWSKI Dawid	2035	GRIZZLYTEAM/140MINUT.PL	M40	8			01:31:09	02:25:27	03:48:02	03:52:51	04:25:54	04:27:39.45	04:27:42.15	+00:58:12 (21.7%)	6:04	9.9 (78.6%)
26	SENDOR Piotr	1890		M40	9			01:31:15	02:24:56	03:45:18	03:50:01	04:28:35	04:30:36.90	04:30:40.60	+01:01:10 (22.6%)	6:08	9.8 (77.8%)
27	WERNER Kamil	1593	DZIKI BIEG	M30	11			01:31:42	02:28:14	03:51:03	03:55:28	04:30:34	04:32:15.70	04:32:23.70	+01:02:53 (23.1%)	6:10	9.7 (77.0%)
28	NIEDŹWIADEK Kamil	1522	NIEDŹWIADKI RUNNING TEAM	M30	12	MP	KS AZS AWF Warszawa	01:31:59	02:28:06	03:52:04	03:57:19	04:32:46	04:34:30.80	04:34:35.00	+01:05:05 (23.7%)	6:13	9.6 (76.2%)
29	PAROL Rafał	1877	ADIDAS RUNNERS	M40	10			01:29:11	02:24:59	03:49:29	03:55:01	04:34:26	04:36:08.45	04:36:12.95	+01:06:42 (24.2%)	6:15	9.6 (76.2%)
30	KNUTELSKI Błażej	2131	PODHALAŃSKIE DZIKI	M20	8			01:25:13	02:16:11	03:47:22	03:53:19	04:35:21	04:37:11.95	04:37:15.70	+01:07:45 (24.4%)	6:17	9.5 (75.4%)
31	SELKE Radosław	1910	MORT!	M30	13	MP	UKS MTE Milanówek	01:30:37	02:28:19	03:55:22	04:00:08	04:36:10	04:37:43.90	04:37:47.30	+01:08:17 (24.6%)	6:17	9.5 (75.4%)
32	TRZASKA Wojciech	1559	FUCHS OIL TEAM	M20	9			01:39:07	02:35:17	04:02:33	04:07:29	04:41:48	04:43:12.35	04:43:32.90	+01:14:02 (26.1%)	6:25	9.3 (73.8%)
33	STANKIEWICZ Tomasz	1612	PLANYBIEGOWE.PL	M30	14	MP	KL Ziemia Kłodzka	01:35:31	02:31:10	03:59:35	04:04:58	04:42:48	04:44:45.75	04:44:50.75	+01:15:20 (26.5%)	6:27	9.3 (73.8%)
34	CHMIELOWIEC Daniel	2078	GORLICKA GRUPA BIEGOWA	M30	15			01:32:15	02:31:21	04:00:30	04:05:17	04:44:14	04:46:18.75	04:46:26.85	+01:16:56 (26.9%)	6:29	9.2 (73.0%)
35	KOZIOŁ Kamil	2122	G.O.A.T. TEAM MICHAŁOWICE	M30	16			01:31:56	02:29:37	04:04:23	04:10:18	04:47:26	04:49:05.75	04:49:10.05	+01:19:40 (27.6%)	6:33	9.2 (73.0%)
36	SZKOŁA Paweł	1809	TLENOWA RADOŚĆ TEAM	M30	17			01:35:07	02:35:00	04:03:01	04:09:45	04:48:02	04:50:26.20	04:50:31.45	+01:21:01 (27.9%)	6:35	9.1 (72.2%)
37	ZAKRZYŃSKI Paweł	1930		M40	11			01:35:06	02:31:16	03:59:06	04:06:49	04:49:13	04:51:15.90	04:51:23.80	+01:21:53 (28.1%)	6:36	9.1 (72.2%)
38	BEDNARZ Jakub	1961		M40	12			01:38:21	02:36:16	04:05:16	04:11:07	04:50:25	04:52:26.95	04:52:32.15	+01:23:02 (28.4%)	6:37	9 (71.4%)
39	PAZDAN Piotr	1557		M40	13			01:36:13	02:33:54	04:08:06	04:14:15	04:51:18	04:53:08.10	04:53:12.70	+01:23:42 (28.5%)	6:38	9 (71.4%)
40	PAWLIKOWSKI Michał	2037		M30	18			01:25:14	02:15:35	03:48:24	03:54:30	04:51:03	04:53:24.50	04:53:27.85	+01:23:57 (28.6%)	6:39	9 (71.4%)
41	ZOŃ Arkadiusz	1936		M30	19			01:44:42	02:47:57	04:14:22	04:20:05	04:54:35	04:56:44.15	04:56:49.60	+01:27:19 (29.4%)	6:43	8.9 (70.6%)
42	JANUSZ Jakub	1938		M30	20			01:44:39	02:48:02	04:14:34	04:20:06	04:54:48	04:56:43.65	04:56:49.70	+01:27:19 (29.4%)	6:43	8.9 (70.6%)
43	PUŁKOWSKI Jakub	1963	#PYZANAGIGANCIE TEAM   CAMELBAK POLSKA   TORQ POLSKA	M30	21			01:36:53	02:36:41	04:10:05	04:16:24	04:57:35	04:59:20.85	04:59:24.90	+01:29:54 (30.0%)	6:47	8.8 (69.8%)
44	BOSAKIEWICZ Tomasz	1761		M40	14			01:45:33	02:46:49	04:17:03	04:21:57	04:57:46	04:59:22.05	04:59:26.90	+01:29:56 (30.0%)	6:47	8.8 (69.8%)
45	POŁUBOK Kajetan	1600		M40	15			01:38:24	02:40:08	04:13:58	04:21:32	04:59:17	05:01:25.15	05:01:28.85	+01:31:58 (30.5%)	6:50	8.8 (69.8%)
46	ŻAK Adam	1956	KB LUPUS OLEŚNICA	M40	16			01:44:37	02:48:46	04:17:35	04:22:59	05:00:11	05:01:51.40	05:02:02.65	+01:32:32 (30.6%)	6:50	8.8 (69.8%)
47	KACZMAREK Tomasz	1984	NIEPOŁOMICE BIEGAJĄ	M40	17			01:39:27	02:38:58	04:11:40	04:16:43	05:00:07	05:02:01.65	05:02:09.30	+01:32:39 (30.7%)	6:50	8.8 (69.8%)
48	SIWEK Michał	1907	NIEPOŁOMICE BIEGAJĄ	M30	22			01:39:27	02:38:58	04:11:39	04:14:47	05:00:07	05:02:02.40	05:02:09.40	+01:32:39 (30.7%)	6:50	8.8 (69.8%)
49	KUSIAK Maciej	2090		M20	10			01:46:57	02:49:48	04:22:09	04:27:02	05:02:40	05:04:18.25	05:04:25.50	+01:34:55 (31.2%)	6:54	8.7 (69.0%)
50	MOŻEJKO Artur	1959	NIEPOŁOMICE BIEGAJĄ	M30	23			01:44:39	02:48:38	04:21:24	04:26:58	05:04:01	05:05:55.85	05:06:13.35	+01:36:43 (31.6%)	6:56	8.6 (68.3%)
51	WIĘCŁAW Paweł	1840	WOLSKI KOLEKTYW BIEGOWY	M30	24			01:54:37	02:56:19	04:24:53	04:30:14	05:05:52	05:07:40.25	05:07:50.60	+01:38:20 (31.9%)	6:58	8.6 (68.3%)
52	ZYGMUNT Tomasz	2040		M20	11			01:31:16	02:23:26	04:04:24	04:11:23	05:05:24	05:07:47.05	05:07:50.65	+01:38:20 (31.9%)	6:58	8.6 (68.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Drużyna	Schronisko na Przehybie 14.7km					Bacówka na Obidzy 24.4km		Czas netto 44.1km	Czas brutto 44.1km	Różn	Tempo min/km	Tempo km/h
								Premia1 37.2km	Premia2 37.7km	43.6km	44.1km	44.1km							
53	<b>MALSKI Tomasz</b>	<b>1947</b>	WOLSKI KOLEKTYW BIEGOWY	M30	25			01:50:11	02:54:35	04:24:54	04:30:14	05:05:53	<b>05:07:40.40</b>	<b>05:07:50.85</b>	+01:38:20 (31.9%)	6:58	8.6 (68.3%)		
54	<b>RUSIN Krzysztof</b>	<b>1889</b>		M30	26			01:38:34	02:39:01	04:19:58	04:26:10	05:06:22	<b>05:08:17.80</b>	<b>05:08:23.05</b>	+01:38:53 (32.1%)	6:59	8.6 (68.3%)		
55	<b>POŻAK Grzegorz</b>	<b>1583</b>	LUBARTÓW	M40	18			01:53:47	02:58:54	04:28:30	04:32:38	05:07:08	<b>05:08:59.95</b>	<b>05:09:30.35</b>	+01:40:00 (32.3%)	7:00	8.6 (68.3%)		
56	<b>DAUKSZO Maciej</b>	<b>1530</b>		M20	12			01:40:55	02:47:54	04:24:08	04:30:08	05:08:16	<b>05:09:48.30</b>	<b>05:09:52.40</b>	+01:40:22 (32.4%)	7:01	8.5 (67.5%)		
57	<b>LIŚKIEWICZ Hubert</b>	<b>2048</b>	MY ENDURANCE COACHING	M20	13			01:46:26	02:49:27	04:24:42	04:30:28	05:08:30	<b>05:10:02.45</b>	<b>05:10:31.35</b>	+01:41:01 (32.5%)	7:01	8.5 (67.5%)		
58	<b>ŁUKASZEWSKI Mateusz</b>	<b>1645</b>		M20	14			01:38:06	02:40:45	04:19:27	04:25:56	05:08:35	<b>05:10:30.05</b>	<b>05:10:45.10</b>	+01:41:15 (32.6%)	7:02	8.5 (67.5%)		
59	<b>STASZELIS Krzysztof</b>	<b>2084</b>	POCO LOCO ADVENTURE	M30	27			01:41:19	02:45:12	04:24:44	04:30:34	05:09:02	<b>05:10:41.75</b>	<b>05:10:46.10</b>	+01:41:16 (32.6%)	7:02	8.5 (67.5%)		
60	<b>OBERWAN Marek</b>	<b>2029</b>	PANFOTOGRAF.EU	M40	19			01:44:09	02:47:48	04:23:52	04:29:57	05:09:10	<b>05:10:47.15</b>	<b>05:11:03.45</b>	+01:41:33 (32.6%)	7:02	8.5 (67.5%)		
61	<b>FRANUSIAK Marek</b>	<b>1909</b>		M30	28			01:54:13	02:57:34	04:27:01	04:32:32	05:09:18	<b>05:10:55.60</b>	<b>05:11:09.40</b>	+01:41:39 (32.7%)	7:03	8.5 (67.5%)		
62	<b>GAWRON Przemysław</b>	<b>1655</b>	SŁOŃCA JURY	M40	20			01:41:15	02:48:13	04:21:49	04:27:36	05:10:16	<b>05:12:03.45</b>	<b>05:12:07.65</b>	+01:42:37 (32.9%)	7:04	8.5 (67.5%)		
63	<b>ORĘZIAK Tomasz</b>	<b>1826</b>		M20	15			01:40:05	02:49:09	04:27:58	04:33:01	05:11:26	<b>05:13:01.90</b>	<b>05:13:08.25</b>	+01:43:38 (33.1%)	7:05	8.5 (67.5%)		
64	<b>TURCHAN Łukasz</b>	<b>1667</b>		M30	29			01:51:00	02:55:40	04:29:57	04:35:31	05:11:26	<b>05:13:05.10</b>	<b>05:13:19.10</b>	+01:43:49 (33.1%)	7:05	8.5 (67.5%)		
65	<b>GIERS Michał</b>	<b>1900</b>		M30	30			01:52:31	02:57:25	04:30:43	04:35:20	05:12:00	<b>05:13:37.05</b>	<b>05:13:50.85</b>	+01:44:20 (33.2%)	7:06	8.4 (66.7%)		
66	<b>LACHOR Krzysztof</b>	<b>2047</b>	RUNNING TEAM NASTOPY.PL	M20	16			01:42:51	02:48:20	04:25:56	04:31:47	05:12:59	<b>05:14:39.35</b>	<b>05:14:47.25</b>	+01:45:17 (33.4%)	7:08	8.4 (66.7%)		
67	<b>BULENDA Bartosz</b>	<b>1588</b>	PIŹDZICA	M20	17			01:46:05	02:50:20	04:28:40	04:33:44	05:12:41	<b>05:14:32.90</b>	<b>05:14:49.10</b>	+01:45:19 (33.5%)	7:07	8.4 (66.7%)		
68	<b>SWOBODA Sebastian</b>	<b>1982</b>	TRAIL IS OUR WAY	M30	31			01:44:30	02:49:23	04:26:21	04:32:29	05:13:40	<b>05:15:28.05</b>	<b>05:15:33.85</b>	+01:46:03 (33.6%)	7:09	8.4 (66.7%)		
69	<b>KOLASA Przemysław</b>	<b>2157</b>		M30	32			01:44:11	02:48:43	04:30:29	04:36:01	05:14:33	<b>05:16:28.95</b>	<b>05:16:37.45</b>	+01:47:07 (33.8%)	7:10	8.4 (66.7%)		
70	<b>ZOŁA Piotr</b>	<b>1541</b>	PIODZO EXTREME	M30	33			01:41:22	02:42:40	04:27:23	04:34:04	05:15:41	<b>05:17:43.45</b>	<b>05:17:52.65</b>	+01:48:22 (34.1%)	7:12	8.3 (65.9%)		
71	<b>WÓJCIK Łukasz</b>	<b>1672</b>	SZYBCIEJ NIE DAM RADY	M30	34			01:45:52	02:50:01	04:27:00	04:32:47	05:15:47	<b>05:17:46.15</b>	<b>05:18:16.10</b>	+01:48:46 (34.2%)	7:12	8.3 (65.9%)		
72	<b>BOROWCZYK Jacek</b>	<b>2020</b>	ANTEK TEAM	M50	1			01:48:46	02:53:42	04:30:25	04:36:26	05:16:20	<b>05:18:10.65</b>	<b>05:18:21.05</b>	+01:48:51 (34.2%)	7:12	8.3 (65.9%)		
73	<b>FILIP Paweł</b>	<b>2127</b>	MOCNA GRUPA CEZARA	M30	35			01:43:04	02:46:17	04:28:19	04:35:32	05:17:04	<b>05:19:04.55</b>	<b>05:19:21.60</b>	+01:49:51 (34.4%)	7:14	8.3 (65.9%)		
74	<b>KRZEMIŃSKI Marcin</b>	<b>2010</b>	SPRINT GORZYCE	M40	21			01:49:38	02:55:11	04:32:17	04:37:50	05:17:06	<b>05:19:20.30</b>	<b>05:20:02.15</b>	+01:50:32 (34.5%)	7:14	8.3 (65.9%)		
75	<b>ZAPAŁA Piotr</b>	<b>1933</b>	DREAMRUN	M30	36			01:52:15	02:59:38	04:36:42	04:41:29	05:19:39	<b>05:21:23.20</b>	<b>05:22:04.45</b>	+01:52:34 (35.0%)	7:17	8.2 (65.1%)		
76	<b>HUBNER Antoni</b>	<b>1914</b>	HUBNER TEAM	M40	22			01:39:10	02:42:35	04:26:22	04:33:12	05:20:09	<b>05:22:19.05</b>	<b>05:22:24.20</b>	+01:52:54 (35.0%)	7:18	8.2 (65.1%)		
77	<b>PERKOWSKI Piotr</b>	<b>2069</b>	MONK SANDALS TEAM	M40	23			01:42:05	02:50:40	04:33:12	04:39:00	05:21:25	<b>05:23:28.55</b>	<b>05:23:34.30</b>	+01:54:04 (35.3%)	7:20	8.2 (65.1%)		
78	<b>GIERSZEWSKI Jarosław</b>	<b>1560</b>	ZALOGA G	M40	24			01:38:46	02:47:24	04:29:36	04:35:54	05:21:37	<b>05:23:37.35</b>	<b>05:23:43.90</b>	+01:54:13 (35.3%)	7:20	8.2 (65.1%)		
79	<b>KUBACZ Norbert</b>	<b>2002</b>	BIEGAM NATURALNIE	M50	2			01:40:47	02:45:16	04:28:45	04:35:18	05:23:10	<b>05:25:03.05</b>	<b>05:25:08.70</b>	+01:55:38 (35.6%)	7:22	8.1 (64.3%)		
80	<b>PŁAZA Radosław</b>	<b>2074</b>	BARUNOWCE	M40	25			01:42:05	02:49:04	04:38:19	04:44:49	05:24:55	<b>05:26:53.70</b>	<b>05:27:12.20</b>	+01:57:42 (36.0%)	7:24	8.1 (64.3%)		
81	<b>GOCZAŁ Mateusz</b>	<b>1648</b>	HOLICLINIC	M30	37			01:46:46	02:53:08	04:36:00	04:42:08	05:25:10	<b>05:27:08.05</b>	<b>05:27:27.05</b>	+01:57:57 (36.0%)	7:25	8.1 (64.3%)		
82	<b>NIERADA Marcin</b>	<b>2044</b>		M40	26			01:45:29	02:49:23	04:35:31	04:41:32	05:25:00	<b>05:26:50.25</b>	<b>05:27:33.40</b>	+01:58:03 (36.0%)	7:24	8.1 (64.3%)		

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Drużyna	Schronisko na Bacówka					Czas netto 44.1km	Czas brutto 44.1km	Różn	Tempo min/km	Tempo km/h
								Przehybie 14.7km	Obidzy 24.4km	Premia1 37.2km	Premia2 37.7km	43.6km					
83	PARWA Michał	1683	MAGAZYN NA SZCZYCIE	M30	38			01:51:52	03:01:35	04:41:35	04:47:03	05:25:41	<b>05:27:33.60</b>	<b>05:27:42.60</b>	+01:58:12 (36.1%)	7:25	8.1 (64.3%)
84	TRĄBICKI Adam	1949	SPREE - CZAPKA Z GŁOWĄ	M30	39			01:48:54	02:53:09	04:36:34	04:43:23	05:26:35	<b>05:28:40.15</b>	<b>05:28:58.75</b>	+01:59:28 (36.3%)	7:27	8.1 (64.3%)
85	POSADOWSKI Szymon	1544	AW SZYBCIEJ TEAM	M30	40			01:51:03	02:58:34	04:40:42	04:46:49	05:28:00	<b>05:29:51.45</b>	<b>05:29:56.90</b>	+02:00:26 (36.5%)	7:28	8 (63.5%)
86	WNĘK Marek	1820		M30	41			01:43:50	02:51:05	04:37:30	04:43:38	05:28:00	<b>05:30:00.25</b>	<b>05:30:15.20</b>	+02:00:45 (36.6%)	7:28	8 (63.5%)
87	TOKARSKI Szymon	2151		M30	42			01:40:23	02:47:47	04:35:29	04:41:04	05:28:28	<b>05:30:28.05</b>	<b>05:30:36.55</b>	+02:01:06 (36.6%)	7:29	8 (63.5%)
88	BIENIEK Patryk	1532	TREC TEAM	M40	27			01:42:54	02:49:13	04:33:20	04:40:00	05:28:13	<b>05:30:32.85</b>	<b>05:30:47.85</b>	+02:01:17 (36.7%)	7:29	8 (63.5%)
89	KURA Piotr	1813	PRZEDWOJEWSKI TEAM	M40	28			01:47:35	02:54:38	04:38:53	04:45:40	05:29:04	<b>05:31:03.40</b>	<b>05:31:12.10</b>	+02:01:42 (36.7%)	7:30	8 (63.5%)
90	ROSIK Robert	1864		M30	43			01:45:17	02:50:53	04:39:42	04:46:04	05:29:08	<b>05:31:07.05</b>	<b>05:31:16.05</b>	+02:01:46 (36.8%)	7:30	8 (63.5%)
91	KASICA Arkadiusz	1584	MIĘDZYRZECKIE GAZELE	M40	29			01:49:48	02:57:19	04:41:54	04:47:35	05:29:17	<b>05:30:56.65</b>	<b>05:31:26.75</b>	+02:01:56 (36.8%)	7:30	8 (63.5%)
92	KRAWCZYK Dariusz	1742		M40	30			01:47:19	02:56:57	04:41:50	04:47:57	05:30:21	<b>05:32:03.05</b>	<b>05:32:15.70</b>	+02:02:45 (36.9%)	7:31	8 (63.5%)
93	IGNACZAK Marcin	1964	TRITON KONIN	M40	31			01:45:45	02:53:20	04:41:04	04:47:35	05:33:31	<b>05:35:32.55</b>	<b>05:35:36.75</b>	+02:06:06 (37.6%)	7:36	7.9 (62.7%)
94	SZNAJDER Jarosław	2050	RUNPROGRESSTEAM.PL TEAM	M50	3			01:46:14	02:52:46	04:44:54	04:51:31	05:34:19	<b>05:35:57.75</b>	<b>05:36:03.65</b>	+02:06:33 (37.7%)	7:37	7.9 (62.7%)
95	BRUŚ Marcin	1603	SASKA	M40	32			01:49:46	03:03:23	04:48:03	04:54:10	05:34:24	<b>05:36:29.15</b>	<b>05:36:35.80</b>	+02:07:05 (37.8%)	7:37	7.9 (62.7%)
96	DĄBROWSKI Michał	1992	CINCLUS	M50	4			01:44:26	02:49:47	04:35:56	04:43:00	05:33:49	<b>05:36:10.20</b>	<b>05:36:42.90</b>	+02:07:12 (37.8%)	7:37	7.9 (62.7%)
97	SARKA Bartłomiej	1989		M30	44			01:50:48	02:57:24	04:45:14	04:51:45	05:34:29	<b>05:36:30.55</b>	<b>05:36:51.00</b>	+02:07:21 (37.8%)	7:37	7.9 (62.7%)
98	PROKULEWICZ Tomasz	2143		M40	33			01:47:16	02:54:32	04:44:30	04:51:07	05:34:47	<b>05:36:41.60</b>	<b>05:36:58.70</b>	+02:07:28 (37.8%)	7:38	7.9 (62.7%)
99	KRAWIEC Sławomir	2005	SAINT-GOBAIN SQUAD/ INFINITY-GYM	M30	45			01:56:46	03:06:49	04:48:10	04:54:47	05:34:58	<b>05:36:49.90</b>	<b>05:37:31.20</b>	+02:08:01 (37.9%)	7:38	7.9 (62.7%)
100	STAŃCZAK Łukasz	1892	NAPRZÓD MŁOCINY	M30	46			01:47:59	02:55:54	04:46:15	04:52:13	05:36:00	<b>05:37:57.55</b>	<b>05:38:06.85</b>	+02:08:36 (38.0%)	7:39	7.8 (61.9%)
101	JAREMA Maciej	1843	LOKOMOTIV MAJDAN	M40	34			01:47:52	02:53:58	04:44:30	04:50:20	05:35:52	<b>05:38:11.90</b>	<b>05:38:35.55</b>	+02:09:05 (38.1%)	7:40	7.8 (61.9%)
102	STOJAK Ireneusz	1529		M40	35			01:47:57	02:54:48	04:37:35	04:43:38	05:35:33	<b>05:37:50.60</b>	<b>05:38:51.15</b>	+02:09:21 (38.2%)	7:39	7.8 (61.9%)
103	KŁOŚ Artur	2080	STAY INSANE	M30	47			01:48:15	02:57:26	04:45:23	04:52:27	05:38:04	<b>05:40:46.50</b>	<b>05:40:52.55</b>	+02:11:22 (38.5%)	7:43	7.8 (61.9%)
104	GIL Maciej	1656	140MINUT	M30	48			01:49:30	02:59:16	04:47:08	04:53:16	05:38:35	<b>05:40:34.05</b>	<b>05:40:52.70</b>	+02:11:22 (38.5%)	7:43	7.8 (61.9%)
105	GRABSKI Michał	1908	KOMBO KURCZAKI	M30	49			01:53:40	03:05:21	04:50:40	04:56:05	05:40:00	<b>05:41:57.85</b>	<b>05:42:06.65</b>	+02:12:36 (38.8%)	7:45	7.7 (61.1%)
106	MUCHA Grzegorz	2146	SYNOWIE ROZGARDIASZU / SPORT GENERATION	M40	36			01:54:12	03:04:34	04:49:44	04:56:11	05:40:34	<b>05:42:36.55</b>	<b>05:43:00.65</b>	+02:13:30 (38.9%)	7:46	7.7 (61.1%)
107	DYDEK Kamil	1896	ALBO GRUBO ALBO WCALE	M30	50			01:46:28	02:54:32	04:51:41	04:57:31	05:41:19	<b>05:43:25.85</b>	<b>05:43:38.85</b>	+02:14:08 (39.0%)	7:47	7.7 (61.1%)
108	ROGALA Kystian	2045		M40	37			01:50:06	02:58:45	04:52:00	04:58:51	05:43:24	<b>05:45:11.95</b>	<b>05:45:21.35</b>	+02:15:51 (39.3%)	7:49	7.7 (61.1%)
109	WOCHOWSKI Tomasz	1718		M40	38			01:54:21	03:01:16	04:56:45	05:02:46	05:43:36	<b>05:45:12.35</b>	<b>05:45:33.10</b>	+02:16:03 (39.4%)	7:49	7.7 (61.1%)
110	MRÓZ Rafał	2087		M50	5			01:51:20	03:04:35	04:52:36	04:58:52	05:43:31	<b>05:45:29.75</b>	<b>05:45:41.20</b>	+02:16:11 (39.4%)	7:50	7.7 (61.1%)
111	WARZECHA Kamil	2023	RMT TEAM	M30	51			01:48:12	02:56:06	04:48:22	04:55:14	05:43:52	<b>05:45:40.55</b>	<b>05:45:49.15</b>	+02:16:19 (39.4%)	7:50	7.7 (61.1%)
112	GACEK Michał	1759		M40	39			01:52:31	03:03:00	04:54:26	05:00:30	05:43:38	<b>05:46:01.25</b>	<b>05:46:12.35</b>	+02:16:42 (39.5%)	7:50	7.6 (60.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Drużyna	Schronisko na Bacówka					Czas netto 44.1km	Czas brutto 44.1km	Różn	Tempo min/km	Tempo km/h
								Przehybie 14.7km	Obidzy 24.4km	Premia1 37.2km	Premia2 37.7km	43.6km					
113	ZAMBRZYCKI Maciej	1943	RESHAPE RUNNERS	M40	40			01:54:32	03:07:21	04:54:19	05:00:47	05:44:46	<b>05:46:33.70</b>	<b>05:46:41.50</b>	+02:17:11 (39.6%)	7:51	7.6 (60.3%)
114	GONDOR Jarosław	1772	UKS LIDER	M40	41			01:54:10	03:05:54	04:57:16	05:03:18	05:44:50	<b>05:46:28.45</b>	<b>05:46:44.60</b>	+02:17:14 (39.6%)	7:51	7.6 (60.3%)
115	FUKS Szymon	1783	MCBIEGACZE	M40	42			01:47:09	02:54:36	04:51:45	04:58:48	05:44:54	<b>05:46:55.70</b>	<b>05:47:04.40</b>	+02:17:34 (39.6%)	7:51	7.6 (60.3%)
116	ŚWIDZIŃSKI Tomasz	1849	LOKOMOTIV MAJDAN	M40	43			01:58:55	03:09:54	04:54:52	05:01:03	05:44:58	<b>05:46:58.05</b>	<b>05:47:21.25</b>	+02:17:51 (39.7%)	7:52	7.6 (60.3%)
117	BUĆKO Marcin	1602	ROMAN STAWIA PIWO	M40	44			01:58:10	03:09:56	04:54:54	05:01:08	05:45:04	<b>05:47:10.85</b>	<b>05:47:28.20</b>	+02:17:58 (39.7%)	7:52	7.6 (60.3%)
118	ANDRZEJEWSKI Lukasz	1786	FTI RACE TEAM	M40	45			01:55:42	03:08:36	04:56:31	05:02:35	05:45:54	<b>05:47:51.30</b>	<b>05:48:10.20</b>	+02:18:40 (39.8%)	7:53	7.6 (60.3%)
119	BIERNAT Mateusz	1736		M30	52			01:58:52	03:12:03	05:00:12	05:06:09	05:46:36	<b>05:48:28.55</b>	<b>05:48:54.35</b>	+02:19:24 (40.0%)	7:54	7.6 (60.3%)
120	JANIAK Norbert	1528		M30	53			01:40:05	02:48:36	04:45:27	04:52:35	05:46:57	<b>05:49:20.10</b>	<b>05:49:25.55</b>	+02:19:55 (40.0%)	7:55	7.6 (60.3%)
121	BASHFORD Marcus	1540		M30	54			01:55:57	03:08:13	04:57:45	05:03:56	05:46:44	<b>05:48:36.55</b>	<b>05:49:27.10</b>	+02:19:57 (40.0%)	7:54	7.6 (60.3%)
122	POSTUPALSKI Michał	1980	RUNPASSION.PL TEAM	M40	46			02:01:07	03:11:54	04:59:14	05:05:11	05:46:43	<b>05:49:17.80</b>	<b>05:49:40.10</b>	+02:20:10 (40.1%)	7:55	7.6 (60.3%)
123	GDULA Jakub	1586	KAMIL LEŚNIAK FANPAGE TEAM	M30	55			01:57:50	03:07:23	04:56:21	05:03:02	05:47:19	<b>05:49:39.85</b>	<b>05:49:54.30</b>	+02:20:24 (40.1%)	7:55	7.6 (60.3%)
124	KUNZ Tomasz	1665		M50	6			01:51:16	03:01:34	04:55:04	05:02:24	05:48:37	<b>05:50:48.85</b>	<b>05:51:08.45</b>	+02:21:38 (40.3%)	7:57	7.5 (59.5%)
125	BARTECKI Tomasz	1610		M40	47			01:58:39	03:08:39	05:00:24	05:06:40	05:49:58	<b>05:51:37.35</b>	<b>05:51:47.20</b>	+02:22:17 (40.4%)	7:58	7.5 (59.5%)
126	REIMUS Maciej	2159	AKTYWNI KOCIEWIACY	M40	48			01:54:36	03:11:49	04:59:48	05:05:41	05:50:09	<b>05:51:57.85</b>	<b>05:52:05.75</b>	+02:22:35 (40.5%)	7:58	7.5 (59.5%)
127	PIWOWAR Dawid	1802		M40	49			01:54:12	03:03:45	04:59:51	05:06:20	05:50:21	<b>05:52:33.90</b>	<b>05:52:45.65</b>	+02:23:15 (40.6%)	7:59	7.5 (59.5%)
128	SZKODZIAK Mateusz	1862		M30	56			01:48:23	03:01:51	05:01:44	05:07:46	05:50:55	<b>05:53:00.15</b>	<b>05:53:00.15</b>	+02:23:30 (40.7%)	8:00	7.5 (59.5%)
129	UBYCH Mariusz	1712	FIZJO PLUS ACTIVE	M30	57			01:54:06	03:07:31	05:01:09	05:07:00	05:51:16	<b>05:53:30.30</b>	<b>05:53:48.80</b>	+02:24:18 (40.8%)	8:00	7.5 (59.5%)
130	RAJNER Krzysztof	1944	ULTRA KOSZALIN	M40	50			01:56:57	03:07:53	04:58:30	05:05:04	05:51:38	<b>05:53:47.75</b>	<b>05:54:14.50</b>	+02:24:44 (40.9%)	8:01	7.5 (59.5%)
131	BAGSIK Łukasz	2071	QTEAM	M30	58			01:53:05	03:05:51	05:03:40	05:09:50	05:52:16	<b>05:54:13.75</b>	<b>05:54:55.80</b>	+02:25:25 (41.0%)	8:01	7.5 (59.5%)
132	WANAT Mateusz	1957	PRZEDWOJEWSKI TEAM	M30	59			01:53:31	03:06:05	04:56:51	05:04:31	05:52:59	<b>05:54:56.80</b>	<b>05:55:10.10</b>	+02:25:40 (41.0%)	8:02	7.5 (59.5%)
133	KNAP Tomasz	1760		M40	51			01:52:40	03:03:37	04:59:18	05:06:28	05:53:05	<b>05:55:16.40</b>	<b>05:55:28.45</b>	+02:25:58 (41.1%)	8:03	7.4 (58.7%)
134	PIETRAS Ryszard	2076	BIEGAM Z ABS	M50	7			01:48:05	03:00:01	04:56:33	05:03:25	05:53:20	<b>05:55:25.00</b>	<b>05:55:33.10</b>	+02:26:03 (41.1%)	8:03	7.4 (58.7%)
135	HOJAN Łukasz	1614	FEHLAU RUN TEAM	M30	60			01:59:07	03:12:24	05:03:34	05:09:44	05:53:32	<b>05:55:38.35</b>	<b>05:55:58.80</b>	+02:26:28 (41.1%)	8:03	7.4 (58.7%)
136	BARAN Kamil	1599		M30	61			01:58:45	03:12:57	05:03:05	05:09:30	05:54:35	<b>05:56:16.65</b>	<b>05:56:33.00</b>	+02:27:03 (41.2%)	8:04	7.4 (58.7%)
137	CIEPŁY Maciej	1707		M30	62			01:47:49	03:05:04	05:03:45	05:10:15	05:54:47	<b>05:56:31.65</b>	<b>05:56:37.85</b>	+02:27:07 (41.3%)	8:05	7.4 (58.7%)
138	DITTMAR Bartosz	1875		M30	63			02:01:10	03:15:03	05:04:32	05:10:32	05:54:32	<b>05:56:43.70</b>	<b>05:56:58.95</b>	+02:27:28 (41.3%)	8:05	7.4 (58.7%)
139	MITAN Kamil	1825		M30	64			02:01:07	03:13:11	05:05:55	05:11:59	05:54:33	<b>05:56:38.85</b>	<b>05:57:13.35</b>	+02:27:43 (41.4%)	8:05	7.4 (58.7%)
140	TOPA Mateusz	2141		M30	65			01:53:43	03:04:25	05:02:38	05:08:52	05:54:47	<b>05:56:50.75</b>	<b>05:57:14.70</b>	+02:27:44 (41.4%)	8:05	7.4 (58.7%)
141	BRZUSKA Lesław	1623		M40	52			01:52:51	03:08:54	05:09:40	05:15:38	05:55:15	<b>05:57:23.75</b>	<b>05:57:30.50</b>	+02:28:00 (41.4%)	8:06	7.4 (58.7%)
142	KOŻŁOWSKI Paweł	1629		M40	53			01:53:50	03:08:46	05:00:53	05:07:19	05:55:04	<b>05:57:20.70</b>	<b>05:57:36.55</b>	+02:28:06 (41.4%)	8:06	7.4 (58.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Drużyna	Schronisko na Bacówka					Czas netto 44.1km	Czas brutto 44.1km	Różn	Tempo min/km	Tempo km/h
								Przehybie 14.7km	Obidzy 24.4km	Premia1 37.2km	Premia2 37.7km	43.6km					
143	KLIMEK Marek	1904	ADIDAS RUNNERS WARSAW	M30	66			01:53:13	03:06:01	05:00:13	05:06:42	05:56:18	<b>05:58:20.00</b>	<b>05:58:36.20</b>	+02:29:06 (41.6%)	8:07	7.4 (58.7%)
144	MAJ Marek	2064		M30	67			01:58:08	03:14:37	05:10:45	05:16:33	05:57:15	<b>05:59:08.15</b>	<b>05:59:50.15</b>	+02:30:20 (41.8%)	8:08	7.4 (58.7%)
145	NIEDŹWIEDŹ Tomasz	2004	SOBASTEAM	M40	54			01:53:57	03:08:07	05:06:38	05:12:48	05:56:36	<b>05:59:48.45</b>	<b>05:59:55.40</b>	+02:30:25 (41.8%)	8:09	7.4 (58.7%)
146	IWANEK Przemysław	1926	PLANYBIEGOWE.PL / BLACK HAT TEAM	M30	68			01:55:34	03:09:09	05:07:57	05:13:14	05:57:43	<b>05:59:33.45</b>	<b>05:59:59.40</b>	+02:30:29 (41.8%)	8:09	7.4 (58.7%)
147	WRÓBEL Krzysztof	1724	BIEGAJĄCY ŚWIDNIK	M40	55			01:48:01	03:03:23	05:05:28	05:11:23	05:57:40	<b>05:59:53.45</b>	<b>05:59:59.80</b>	+02:30:29 (41.8%)	8:09	7.4 (58.7%)
148	GALA Grzegorz	1886	SCHENKER TECHNOLOGY CENTER RUNNERS	M40	56			01:54:54	03:06:09	05:08:05	05:14:34	05:57:33	<b>05:59:31.90</b>	<b>06:00:01.20</b>	+02:30:31 (41.8%)	8:09	7.4 (58.7%)
149	MATECKI Tomasz	1604		M40	57			01:54:25	03:04:56	05:00:47	05:08:20	05:57:13	<b>05:59:41.15</b>	<b>06:00:12.45</b>	+02:30:42 (41.8%)	8:09	7.4 (58.7%)
150	SZAFRAŃSKI Dominik	1701	OBORNICKI KLUB LEKKOATLETYCZNY	M30	69			01:49:49	02:59:33	05:02:27	05:09:24	05:58:03	<b>06:00:01.80</b>	<b>06:00:14.95</b>	+02:30:44 (41.8%)	8:09	7.3 (57.9%)
151	DUCH Rafał	1719		M30	70			02:00:59	03:16:36	05:09:30	05:15:29	05:58:26	<b>06:00:08.95</b>	<b>06:00:31.85</b>	+02:31:01 (41.9%)	8:09	7.3 (57.9%)
152	JANKOWSKI Dawid	1698		M30	71			01:52:25	03:05:25	05:03:35	05:10:07	05:58:15	<b>06:00:35.75</b>	<b>06:01:05.85</b>	+02:31:35 (42.0%)	8:10	7.3 (57.9%)
153	SZCZEPAŃSKI Jakub	1920		M50	8			02:02:50	03:16:06	05:06:34	05:12:33	05:58:47	<b>06:01:01.75</b>	<b>06:01:16.05</b>	+02:31:46 (42.0%)	8:11	7.3 (57.9%)
154	SZKLARCZYK Dariusz	1668	MY ENDURANCE COACHING	M30	72			02:01:00	03:16:27	05:09:33	05:15:47	05:58:55	<b>06:00:43.00</b>	<b>06:01:26.20</b>	+02:31:56 (42.0%)	8:10	7.3 (57.9%)
155	MUCOWSKI Jaromir	1935	EMERYCI I RENCISCI	M40	58			02:00:48	03:18:05	05:10:50	05:16:07	05:59:18	<b>06:01:27.10</b>	<b>06:01:55.50</b>	+02:32:25 (42.1%)	8:11	7.3 (57.9%)
156	KOLONKO Stanisław	1720	GÓRKI	M50	9			01:59:26	03:14:34	05:06:03	05:12:32	05:59:40	<b>06:01:39.70</b>	<b>06:01:58.60</b>	+02:32:28 (42.1%)	8:12	7.3 (57.9%)
157	MARCZAK Krzysztof	1852	STARE BABICE BIEGAJĄ	M20	18			01:59:35	03:13:00	05:12:39	05:18:08	06:00:38	<b>06:02:29.65</b>	<b>06:02:36.90</b>	+02:33:06 (42.2%)	8:13	7.3 (57.9%)
158	RYBAK Łukasz	2142		M40	59			01:52:26	03:05:57	05:07:33	05:14:22	06:00:28	<b>06:02:32.35</b>	<b>06:02:49.00</b>	+02:33:19 (42.3%)	8:13	7.3 (57.9%)
159	PAJĄK Andrzej	1833	BIEGAM Z ABS	M40	60			01:57:52	03:14:37	05:09:16	05:15:38	06:01:47	<b>06:03:53.60</b>	<b>06:04:02.40</b>	+02:34:32 (42.5%)	8:15	7.3 (57.9%)
160	DYBALSKI Mariusz	2026		M40	61			01:53:02	03:07:01	05:03:38	05:10:16	06:01:56	<b>06:04:19.05</b>	<b>06:04:32.85</b>	+02:35:02 (42.5%)	8:15	7.3 (57.9%)
161	ZABRZEWSKI Patryk	1722	KLUB WYSOKOGÓRSKI JASTRZĘBIE ZDRÓJ	M40	62			01:53:40	03:11:55	05:11:11	05:17:31	06:03:47	<b>06:05:44.55</b>	<b>06:05:49.15</b>	+02:36:19 (42.7%)	8:17	7.2 (57.1%)
162	FABISIAK Andrzej	1966	STANWEX II	M50	10			01:56:45	03:15:58	05:10:36	05:16:30	06:03:22	<b>06:05:19.55</b>	<b>06:06:03.55</b>	+02:36:33 (42.8%)	8:17	7.2 (57.1%)
163	NOWAK Filip	1680		M30	73			02:03:56	03:24:42	05:16:58	05:23:16	06:04:18	<b>06:06:08.50</b>	<b>06:06:52.80</b>	+02:37:22 (42.9%)	8:18	7.2 (57.1%)
164	RATAJEWICZ Maciek	1800	SKPB WARSZAWA	M40	63			02:02:50	03:17:14	05:11:26	05:17:07	06:05:38	<b>06:07:36.35</b>	<b>06:08:04.85</b>	+02:38:34 (43.1%)	8:20	7.2 (57.1%)
165	LESZCZAK Grzegorz	1775		M40	64			02:00:15	03:16:40	05:14:00	05:20:55	06:06:19	<b>06:08:01.80</b>	<b>06:08:28.55</b>	+02:38:58 (43.1%)	8:20	7.2 (57.1%)
166	LISAK Tomasz	1985	KS RYGLICE SEKCJA BIEGOWA	M40	65			02:06:14	03:25:33	05:17:17	05:23:28	06:06:57	<b>06:08:48.90</b>	<b>06:09:00.65</b>	+02:39:30 (43.2%)	8:21	7.2 (57.1%)
167	RÓŻYCKI Marcin	1690		M40	66			01:54:21	03:11:07	05:10:06	05:16:29	06:06:46	<b>06:08:53.00</b>	<b>06:09:06.60</b>	+02:39:36 (43.2%)	8:21	7.2 (57.1%)
168	SZYMULA Mariusz	1850	SZYMULA RUNNERS RYCZÓW/KRAKÓW	M40	67			02:00:25	03:16:02	05:14:02	05:20:53	06:06:35	<b>06:08:39.80</b>	<b>06:09:15.90</b>	+02:39:45 (43.3%)	8:21	7.2 (57.1%)
169	VERHEYEN Kurt	1738		M30	74			01:58:56	03:13:14	05:11:37	05:18:02	06:06:25	<b>06:08:55.00</b>	<b>06:09:16.25</b>	+02:39:46 (43.3%)	8:21	7.2 (57.1%)
170	ADAMUS Jakub	1615		M30	75			02:05:36	03:22:45	05:17:41	05:23:57	06:07:11	<b>06:09:04.60</b>	<b>06:09:24.75</b>	+02:39:54 (43.3%)	8:22	7.2 (57.1%)
171	OPOZDA Michal	2009		M40	68			01:57:14	03:14:03	05:19:41	05:26:43	06:07:28	<b>06:09:24.50</b>	<b>06:09:32.70</b>	+02:40:02 (43.3%)	8:22	7.2 (57.1%)
172	MYCIELSKI Mariusz	1692	W DRODZE	M50	11			02:03:14	03:18:30	05:14:16	05:21:22	06:07:49	<b>06:09:57.25</b>	<b>06:10:26.75</b>	+02:40:56 (43.4%)	8:23	7.2 (57.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Drużyna	Schronisko na Bacówka					Czas netto 44.1km	Czas brutto 44.1km	Różn	Tempo min/km	Tempo km/h
								Przehybie 14.7km	Obidzy 24.4km	Premia1 37.2km	Premia2 37.7km	43.6km					
173	HETMANCZYK Jakub	2031		M40	69			01:57:41	03:17:30	05:18:54	05:25:23	06:09:22	<b>06:11:34.50</b>	<b>06:11:46.55</b>	+02:42:16 (43.6%)	8:25	7.1 (56.3%)
174	KOCJAN Paweł	1727	KIDS RUN TEAM	M40	70			02:04:52	03:19:24	05:19:00	05:25:28	06:09:42	<b>06:11:32.65</b>	<b>06:11:51.75</b>	+02:42:21 (43.7%)	8:25	7.1 (56.3%)
175	SZATKOWSKI Michał	1597	MARCINŚWIERCTEAM	M20	19			01:58:45	03:13:03	05:14:18	05:21:26	06:09:59	<b>06:11:52.90</b>	<b>06:12:04.20</b>	+02:42:34 (43.7%)	8:25	7.1 (56.3%)
176	KRZYŻOWSKI Hubert	1865		M40	71			01:57:14	03:11:05	05:15:53	05:22:29	06:10:39	<b>06:12:52.55</b>	<b>06:12:52.55</b>	+02:43:22 (43.8%)	8:27	7.1 (56.3%)
177	STRZELECKI Robert	2100	TEAM ZABIEGANEDNI	M30	76			02:06:33	03:24:19	05:19:23	05:26:14	06:10:59	<b>06:13:25.10</b>	<b>06:13:42.80</b>	+02:44:12 (43.9%)	8:28	7.1 (56.3%)
178	JEGER Piotr	2144	SKLEP BIEGACZA RUNNING TEAM	M30	77			02:02:50	03:18:57	05:17:07	05:23:41	06:11:10	<b>06:13:28.45</b>	<b>06:14:17.10</b>	+02:44:47 (44.0%)	8:28	7.1 (56.3%)
179	ROJEK Maciej	1899		M30	78			02:01:06	03:16:57	05:17:10	05:24:19	06:12:58	<b>06:15:11.65</b>	<b>06:15:32.75</b>	+02:46:02 (44.2%)	8:30	7.1 (56.3%)
180	PAŁYSA Robert	2124	STANWEX II	M20	20			02:05:11	03:19:01	05:22:13	05:29:19	06:12:16	<b>06:14:50.65</b>	<b>06:15:39.45</b>	+02:46:09 (44.2%)	8:29	7.1 (56.3%)
181	WLAZŁOWSKI Radosław	2053		M40	72			02:09:54	03:28:43	05:23:51	05:28:48	06:13:07	<b>06:15:13.10</b>	<b>06:15:53.00</b>	+02:46:23 (44.3%)	8:30	7.1 (56.3%)
182	CZERNECKI Jacek	1987	CARBON SILESIA SPORT	M30	79			01:53:56	03:10:03	05:21:24	05:27:24	06:13:21	<b>06:15:29.70</b>	<b>06:15:57.80</b>	+02:46:27 (44.3%)	8:30	7 (55.6%)
183	KOWALCZYK Mateusz	2101	MINUTKA TRAIL / PRZEWORSKA GRUPA BIEGOWA	M30	80			01:56:49	03:18:36	05:24:02	05:29:33	06:12:20	<b>06:16:15.85</b>	<b>06:16:20.50</b>	+02:46:50 (44.3%)	8:31	7 (55.6%)
184	BACHURSKI Tomasz	1732	140MINUT/KB HARCOWNIK	M40	73			01:59:08	03:14:27	05:12:32	05:20:13	06:13:46	<b>06:16:13.45</b>	<b>06:16:29.80</b>	+02:46:59 (44.4%)	8:31	7 (55.6%)
185	PAPRZYCKI Romuald	2034	NORBULLO TEAM BIEGA NATURALNIE	M50	12			02:04:41	03:18:38	05:21:33	05:28:48	06:14:00	<b>06:16:09.35</b>	<b>06:16:31.75</b>	+02:47:01 (44.4%)	8:31	7 (55.6%)
186	MATAK Paweł	1906	ŁASUCH	M30	81			02:02:21	03:18:47	05:18:54	05:25:22	06:13:55	<b>06:16:10.50</b>	<b>06:16:46.10</b>	+02:47:16 (44.4%)	8:31	7 (55.6%)
187	NOWAK Tomasz	1750	BW BIEGACZE WYMIATACZE	M40	74			02:08:08	03:28:34	05:23:13	05:29:49	06:15:44	<b>06:17:50.70</b>	<b>06:18:03.30</b>	+02:48:33 (44.6%)	8:34	7 (55.6%)
188	RATKOWSKI Karol	2154	WARJOTY Z DZIEWICZEJ GÓRY	M40	75			02:00:07	03:17:32	05:19:27	05:25:47	06:16:51	<b>06:18:41.55</b>	<b>06:18:55.55</b>	+02:49:25 (44.7%)	8:35	7 (55.6%)
189	SZMIDT Karol	2089	SZMIDT I SYN	M30	82			01:59:32	03:18:38	05:18:12	05:24:23	06:16:51	<b>06:19:01.00</b>	<b>06:19:07.55</b>	+02:49:37 (44.7%)	8:35	7 (55.6%)
190	DZIOB Grzegorz	1769	NIEPOŁOMICIE BIEGAJĄ	M40	76			01:59:58	03:17:43	05:21:31	05:28:44	06:16:38	<b>06:18:51.90</b>	<b>06:19:10.10</b>	+02:49:40 (44.7%)	8:35	7 (55.6%)
191	SZCZUREK Jakub	1929		M30	83			02:03:01	03:19:46	05:25:33	05:31:41	06:16:01	<b>06:18:33.75</b>	<b>06:19:23.55</b>	+02:49:53 (44.8%)	8:35	7 (55.6%)
192	LEWKOWSKI Aleksander	1756		M40	77			02:02:35	03:20:56	05:21:17	05:28:06	06:17:44	<b>06:19:40.70</b>	<b>06:20:17.35</b>	+02:50:47 (44.9%)	8:36	7 (55.6%)
193	WESOŁOWSKI Krzysztof	1590	LASKOWE LUDKI	M40	78			01:55:03	03:07:26	05:13:41	05:21:14	06:18:01	<b>06:20:06.75</b>	<b>06:20:23.65</b>	+02:50:53 (44.9%)	8:37	7 (55.6%)
194	MILIAN Kamil	1650	FORZA MILAN	M40	79			01:58:10	03:12:44	05:17:43	05:24:40	06:18:11	<b>06:20:09.85</b>	<b>06:20:28.55</b>	+02:50:58 (44.9%)	8:37	7 (55.6%)
195	KOKOSZKA Wojciech	1986	SLOW JOGGING SIEDLCE	M40	80			02:01:11	03:23:35	05:26:06	05:32:24	06:18:29	<b>06:20:26.50</b>	<b>06:21:03.55</b>	+02:51:33 (45.0%)	8:37	7 (55.6%)
196	TURLEJ Dariusz	2319	BEZ KONDYCJI	M60	1			02:09:23	03:27:53	05:24:45	05:31:15	06:18:11	<b>06:20:14.95</b>	<b>06:21:11.80</b>	+02:51:41 (45.0%)	8:37	7 (55.6%)
197	FEODORÓW Wojciech	2137	RESHAPE RUNNERS	M50	13			02:09:31	03:23:53	05:21:03	05:28:24	06:19:21	<b>06:21:21.65</b>	<b>06:21:50.75</b>	+02:52:20 (45.1%)	8:38	6.9 (54.8%)
198	GACHOWSKI Łukasz	1627		M40	81			01:56:40	03:13:20	05:21:08	05:28:09	06:19:39	<b>06:21:43.40</b>	<b>06:21:56.40</b>	+02:52:26 (45.1%)	8:39	6.9 (54.8%)
199	FEDOREK Dawid	2028		M30	84			02:10:33	03:32:16	05:34:10	05:39:43	06:19:38	<b>06:21:37.45</b>	<b>06:22:07.50</b>	+02:52:37 (45.2%)	8:39	6.9 (54.8%)
200	BARWICKI Marcin	2082		M40	82			02:09:33	03:29:40	05:26:59	05:33:20	06:19:41	<b>06:21:59.05</b>	<b>06:22:16.50</b>	+02:52:46 (45.2%)	8:39	6.9 (54.8%)
201	GIERSZEWSKI Maciek	1587	ZAŁOGA G	M30	85			02:04:52	03:23:15	05:23:22	05:29:57	06:20:02	<b>06:22:22.40</b>	<b>06:22:31.70</b>	+02:53:01 (45.2%)	8:40	6.9 (54.8%)
202	GAJDECKI Tomek	1911	ACCENTURE	M40	83			02:05:02	03:22:12	05:24:12	05:31:14	06:21:03	<b>06:23:06.60</b>	<b>06:23:49.10</b>	+02:54:19 (45.4%)	8:41	6.9 (54.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Drużyna	Schronisko na Bacówka					Czas netto 44.1km	Czas brutto 44.1km	Różn	Tempo min/km	Tempo km/h
								Przehybie 14.7km	Obidzy 24.4km	Premia1 37.2km	Premia2 37.7km	43.6km					
203	PIETRZAK Michał	1857	3	M30	86			02:01:35	03:17:31	05:26:44	05:34:08	06:21:27	<b>06:23:46.05</b>	<b>06:24:10.45</b>	+02:54:40 (45.5%)	8:42	6.9 (54.8%)
204	TKACZYK Michał	2121	OBSTACLE CENTER TEAM	M20	21			02:01:11	03:23:07	05:27:31	05:33:38	06:22:37	<b>06:24:39.10</b>	<b>06:24:53.60</b>	+02:55:23 (45.6%)	8:43	6.9 (54.8%)
205	GRABOWSKI Mariusz	1874	KLUB FANÓW SUPER ZUZI	M30	87			02:07:00	03:27:05	05:28:11		06:22:20	<b>06:24:34.75</b>	<b>06:24:59.15</b>	+02:55:29 (45.6%)	8:43	6.9 (54.8%)
206	KONSEK Jacek	1608		M30	88			02:07:24	03:28:50	05:28:52	05:35:13	06:22:52	<b>06:25:23.10</b>	<b>06:25:41.50</b>	+02:56:11 (45.7%)	8:44	6.9 (54.8%)
207	KACPRZAK Marcin	2024		M40	84			01:57:01	03:17:19	05:27:26	05:34:16	06:23:50	<b>06:26:19.50</b>	<b>06:26:35.35</b>	+02:57:05 (45.8%)	8:45	6.8 (54.0%)
208	BODZIOCH Grzegorz	1621	GORLICKA GRUPA BIEGOWA	M50	14			02:09:17	03:28:51	05:31:47	05:37:49	06:24:14	<b>06:26:29.85</b>	<b>06:26:38.40</b>	+02:57:08 (45.8%)	8:45	6.8 (54.0%)
209	ŻACZEK Łukasz	1654	JZDL	M30	89			01:57:48	03:19:56	05:29:23	05:37:02	06:25:24	<b>06:27:06.20</b>	<b>06:27:28.45</b>	+02:57:58 (45.9%)	8:46	6.8 (54.0%)
210	MNICH Zbigniew	2051		M40	85			02:10:32	03:29:09	05:28:23	05:34:46	06:26:37	<b>06:28:33.15</b>	<b>06:28:33.15</b>	+02:59:03 (46.1%)	8:48	6.8 (54.0%)
211	SZYMKIEWICZ Robert	2098	REAKTYWACJA MIEDZYRZECZ	M50	15			02:00:44	03:18:40	05:27:32	05:34:21	06:26:10	<b>06:28:31.80</b>	<b>06:29:02.65</b>	+02:59:32 (46.2%)	8:48	6.8 (54.0%)
212	NOWOSADZKI Wojciech	1609	TRAIL IS OUR WAY TEAM	M40	86			02:05:26	03:23:29	05:24:54	05:32:36	06:26:21	<b>06:28:56.25</b>	<b>06:29:14.55</b>	+02:59:44 (46.2%)	8:49	6.8 (54.0%)
213	KARDASZEWSKI Tomasz	1711		M40	87			02:04:29	03:19:56	05:27:26	05:34:07	06:27:01	<b>06:29:13.45</b>	<b>06:29:33.35</b>	+03:00:03 (46.2%)	8:49	6.8 (54.0%)
214	WYSPIAŃSKI Tomasz	1700	KOSTERA TEAM	M40	88			02:05:15	03:22:24	05:25:44	05:33:25	06:26:36	<b>06:29:07.50</b>	<b>06:29:51.00</b>	+03:00:21 (46.3%)	8:49	6.8 (54.0%)
215	HRONOWSKI Jakub	1567		M30	90			02:02:42	03:17:54	05:24:41	05:31:22	06:28:03	<b>06:29:46.50</b>	<b>06:29:58.25</b>	+03:00:28 (46.3%)	8:50	6.8 (54.0%)
216	PIETRZYK Tomasz	1543	LANIE NA ŚLĘŻY	M40	89			02:01:00	03:17:04	05:30:39	05:38:43	06:28:02	<b>06:30:05.40</b>	<b>06:30:05.40</b>	+03:00:35 (46.3%)	8:50	6.8 (54.0%)
217	MOTYKA Marcin	1735	RAKOŃ WARRIORS	M40	90			02:00:51	03:28:54	05:34:48	05:41:02	06:28:00	<b>06:30:02.95</b>	<b>06:30:29.70</b>	+03:00:59 (46.4%)	8:50	6.8 (54.0%)
218	NOWOTKA Krzysztof	1548	RYKOWISKO TEAM	M40	91			02:08:14	03:31:56	05:34:06	05:41:06	06:28:10	<b>06:30:11.35</b>	<b>06:30:33.70</b>	+03:01:03 (46.4%)	8:50	6.8 (54.0%)
219	RADZIWANOWSKI Leszek	2027		M40	92			02:03:45	03:23:00	05:31:40	05:38:34	06:27:59	<b>06:30:10.85</b>	<b>06:30:46.10</b>	+03:01:16 (46.4%)	8:50	6.8 (54.0%)
220	HABRAT Maciej	2000	HABRAT TEAM	M50	16			02:07:21	03:29:09	05:31:56	05:39:30	06:28:39	<b>06:30:58.05</b>	<b>06:31:04.25</b>	+03:01:34 (46.4%)	8:51	6.8 (54.0%)
221	BIJATOWSKI Adrian	1873	MADA RUNNERS	M40	93			01:59:41	03:16:19	05:27:44	05:34:45	06:29:09	<b>06:31:18.85</b>	<b>06:31:32.70</b>	+03:02:02 (46.5%)	8:52	6.8 (54.0%)
222	LIPIŃSKI Oskar	2079		M30	91			02:04:52	03:22:58	05:26:30	05:34:00	06:28:42	<b>06:30:59.35</b>	<b>06:31:42.65</b>	+03:02:12 (46.5%)	8:51	6.8 (54.0%)
223	MICHAŁOWSKI Piotr	1523		M30	92			02:07:46	03:24:38	05:31:08	05:37:53	06:29:10	<b>06:31:32.75</b>	<b>06:31:53.80</b>	+03:02:23 (46.5%)	8:52	6.8 (54.0%)
224	MAŁEK Adam	1830		M40	94			02:01:54	03:19:00	05:34:42	05:41:55	06:29:40	<b>06:31:55.30</b>	<b>06:32:14.90</b>	+03:02:44 (46.6%)	8:53	6.8 (54.0%)
225	PYTEL Waldek	2039	YULO RUN TEAM SIEDLCE	M50	17			02:12:36	03:30:48	05:30:12	05:37:34	06:30:28	<b>06:32:37.85</b>	<b>06:32:58.05</b>	+03:03:28 (46.7%)	8:54	6.7 (53.2%)
226	SZUMIŃSKI Artur	1573		M50	18			02:06:14	03:29:19	05:32:01	05:38:33	06:30:19	<b>06:32:23.50</b>	<b>06:33:00.95</b>	+03:03:30 (46.7%)	8:53	6.7 (53.2%)
227	MARCINIAK Maciej	1996		M50	19			02:08:31	03:33:41	05:36:37	05:42:43	06:31:26	<b>06:33:42.10</b>	<b>06:34:10.80</b>	+03:04:40 (46.9%)	8:55	6.7 (53.2%)
228	KUREK Tomasz	1998	OPALENICKI KLUB BIEGACZA	M40	95			02:11:00	03:33:43	05:36:37	05:42:44	06:31:28	<b>06:33:43.40</b>	<b>06:34:11.85</b>	+03:04:41 (46.9%)	8:55	6.7 (53.2%)
229	SYCHOWSKI Dawid	1675		M30	93			02:01:46	03:23:36	05:31:18	05:38:11	06:32:03	<b>06:34:19.90</b>	<b>06:35:02.55</b>	+03:05:32 (47.0%)	8:56	6.7 (53.2%)
230	ZYGMUNT Paweł	1818		M50	20			02:09:12	03:30:12	05:34:14	05:41:12	06:35:06	<b>06:37:12.85</b>	<b>06:37:22.75</b>	+03:07:52 (47.3%)	9:00	6.7 (53.2%)
231	GAJEWSKI Jacek	2086	DOGOŃ GRODZISK MAZOWIECKI	M40	96			02:13:38	03:36:18	05:43:25	05:50:25	06:34:58	<b>06:37:01.55</b>	<b>06:37:25.80</b>	+03:07:55 (47.3%)	9:00	6.7 (53.2%)
232	CHOLEWA Tomasz	2022		M40	97			02:09:06	03:31:34	05:39:41	05:47:19	06:35:25	<b>06:37:32.85</b>	<b>06:38:10.95</b>	+03:08:40 (47.4%)	9:00	6.7 (53.2%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Drużyna	Schronisko na Bacówka					Czas netto 44.1km	Czas brutto 44.1km	Różn	Tempo min/km	Tempo km/h
								Przehybie 14.7km	Obidzy 24.4km	Premia1 37.2km	Premia2 37.7km	43.6km					
233	<b>KARCZMARCZYK Tomasz</b>	<b>1878</b>		M40	98			02:12:15	03:32:39	05:37:23	05:44:09	06:35:17	<b>06:37:20.55</b>	<b>06:38:15.95</b>	+03:08:45 (47.4%)	9:00	6.7 (53.2%)
234	<b>RAMS Dariusz</b>	<b>2152</b>	CASTA	M40	99			02:02:40	03:25:46	05:38:22	05:44:43	06:35:46	<b>06:37:50.05</b>	<b>06:38:17.95</b>	+03:08:47 (47.4%)	9:01	6.7 (53.2%)
235	<b>WIŚNIEWSKI Piotr</b>	<b>2055</b>	AKTYWNI KOCIEWICY	M50	21			02:08:43	03:27:55	05:33:50	05:41:17	06:35:31	<b>06:37:42.30</b>	<b>06:38:27.25</b>	+03:08:57 (47.4%)	9:01	6.7 (53.2%)
236	<b>KOZERA Bartłomiej</b>	<b>1708</b>		M30	94			02:04:58	03:25:48	05:41:46	05:48:31	06:36:32	<b>06:38:17.65</b>	<b>06:38:39.70</b>	+03:09:09 (47.4%)	9:01	6.6 (52.4%)
237	<b>CZAJKOWSKI Adam</b>	<b>1965</b>	BLACK HAT TEAM	M50	22			02:08:14	03:37:57	05:46:28	05:51:33	06:38:30	<b>06:40:27.00</b>	<b>06:40:39.35</b>	+03:11:09 (47.7%)	9:04	6.6 (52.4%)
238	<b>KAZEKO Ivan</b>	<b>2155</b>		M40	100			02:03:50	03:21:59	05:39:23	05:46:12	06:38:36	<b>06:40:22.80</b>	<b>06:41:00.25</b>	+03:11:30 (47.8%)	9:04	6.6 (52.4%)
239	<b>KISIECKI Damian</b>	<b>1699</b>	HURAGAN LIGOTA	M40	101			02:07:48	03:32:44	05:41:23	05:47:50	06:40:18	<b>06:42:32.00</b>	<b>06:42:59.50</b>	+03:13:29 (48.0%)	9:07	6.6 (52.4%)
240	<b>LISIK Wojciech</b>	<b>1812</b>	KS WINO	M40	102			02:00:17	03:20:35	05:41:28	05:48:38	06:40:18	<b>06:42:27.75</b>	<b>06:43:04.25</b>	+03:13:34 (48.0%)	9:07	6.6 (52.4%)
241	<b>KOROSTYŃSKI Damian</b>	<b>1666</b>		M40	103			02:04:16	03:24:04	05:37:35	05:44:31	06:40:05	<b>06:42:21.65</b>	<b>06:43:07.80</b>	+03:13:37 (48.0%)	9:07	6.6 (52.4%)
242	<b>KOWALSKI Jakub</b>	<b>1647</b>	TEAM ZABIEGANEDNI	M20	22			02:10:25	03:35:46	05:41:52	05:47:24	06:41:04	<b>06:43:35.00</b>	<b>06:44:16.40</b>	+03:14:46 (48.2%)	9:09	6.6 (52.4%)
243	<b>GOLASZ Marek</b>	<b>1817</b>		M50	23			02:01:08	03:24:02	05:46:16	05:53:11	06:41:32	<b>06:43:40.30</b>	<b>06:44:23.60</b>	+03:14:53 (48.2%)	9:09	6.6 (52.4%)
244	<b>ŚCIĘGOSZ Daniel</b>	<b>1997</b>	STANWEX II	M30	95			02:11:57	03:38:11	05:48:06	05:55:00	06:41:58	<b>06:43:49.30</b>	<b>06:44:38.50</b>	+03:15:08 (48.2%)	9:09	6.6 (52.4%)
245	<b>MIREK Sławomir</b>	<b>2054</b>		M40	104			02:09:47	03:34:30	05:46:53	05:53:32	06:42:08	<b>06:44:02.85</b>	<b>06:44:41.35</b>	+03:15:11 (48.2%)	9:09	6.5 (51.6%)
246	<b>KOSZCZUK Łukasz</b>	<b>1689</b>	NATIONALE-NEDERLANDEN RUNNING TEAM	M40	105			02:10:08	03:33:54	05:40:35	05:47:10	06:42:20	<b>06:44:15.50</b>	<b>06:44:47.30</b>	+03:15:17 (48.2%)	9:10	6.5 (51.6%)
247	<b>MLAK Dariusz</b>	<b>2011</b>		M40	106			02:01:35	03:24:32	05:45:01	05:51:14	06:43:28	<b>06:45:40.90</b>	<b>06:45:45.80</b>	+03:16:15 (48.4%)	9:11	6.5 (51.6%)
248	<b>LIKA Michał</b>	<b>1884</b>		M30	96			02:01:10	03:23:46	05:46:57	05:53:37	06:43:35	<b>06:45:42.55</b>	<b>06:46:10.75</b>	+03:16:40 (48.4%)	9:11	6.5 (51.6%)
248	<b>UCIŃSKI Grzegorz</b>	<b>1555</b>		M40	107			02:08:21	03:35:42	05:48:10	05:54:54	06:43:38	<b>06:45:53.90</b>	<b>06:46:10.75</b>	+03:16:40 (48.4%)	9:12	6.5 (51.6%)
250	<b>ILKOVIC Matus</b>	<b>1781</b>		M30	97			02:05:38	03:26:36	05:50:30	05:57:36	06:43:44	<b>06:47:34.85</b>	<b>06:47:45.80</b>	+03:18:15 (48.6%)	9:14	6.5 (51.6%)
251	<b>ŁATWIŃSKI Mateusz</b>	<b>1716</b>	MOCNA GRUPA CEZARA	M20	23			02:10:25	03:33:36	05:46:27	05:53:24	06:45:44	<b>06:48:00.35</b>	<b>06:48:18.05</b>	+03:18:48 (48.7%)	9:15	6.5 (51.6%)
252	<b>DADAŚ Janusz</b>	<b>1696</b>	BP RUNNING TEAM GLIWICE	M50	24			02:17:11	03:44:48	05:51:43	05:58:16	06:46:01	<b>06:48:15.30</b>	<b>06:48:26.05</b>	+03:18:56 (48.7%)	9:15	6.5 (51.6%)
253	<b>KIELAR Łukasz</b>	<b>1576</b>		M40	108			02:15:38	03:42:18	05:51:04	05:57:29	06:46:25	<b>06:48:22.50</b>	<b>06:48:40.70</b>	+03:19:10 (48.7%)	9:15	6.5 (51.6%)
254	<b>PIENKOSZ Wojciech</b>	<b>2153</b>	PGE ENERGETIC RUNNING/PODIUM	M40	109			02:09:40	03:38:24	05:47:53	05:55:37	06:46:26	<b>06:48:34.70</b>	<b>06:48:59.80</b>	+03:19:29 (48.8%)	9:15	6.5 (51.6%)
255	<b>KOŁODZIEJ Marcin</b>	<b>1605</b>	KRULOWIE ZYCIA	M30	98			02:12:17	03:30:49	05:46:02	05:52:56	06:45:54	<b>06:48:13.40</b>	<b>06:49:01.05</b>	+03:19:31 (48.8%)	9:15	6.5 (51.6%)
256	<b>SZYMULA Janusz</b>	<b>1916</b>		M40	110			02:06:55	03:31:10	05:48:28	05:55:37	06:46:38	<b>06:48:40.90</b>	<b>06:49:16.20</b>	+03:19:46 (48.8%)	9:16	6.5 (51.6%)
257	<b>NOWAK Łukasz</b>	<b>2140</b>		M40	111			02:09:36	03:33:37	05:40:29	05:48:38	06:45:47	<b>06:49:14.50</b>	<b>06:50:08.90</b>	+03:20:38 (48.9%)	9:16	6.5 (51.6%)
258	<b>BUJNOWSKI Rafał</b>	<b>1901</b>	PĘDZĄCE KAPCIE	M40	112			02:05:25	03:26:57	05:46:52	05:53:44	06:47:37	<b>06:49:44.10</b>	<b>06:50:21.55</b>	+03:20:51 (48.9%)	9:17	6.5 (51.6%)
259	<b>GAWLIK Tomasz</b>	<b>1636</b>		M20	24			02:09:58	03:36:59	05:48:45	05:55:18	06:48:25	<b>06:50:33.20</b>	<b>06:51:26.70</b>	+03:21:56 (49.1%)	9:18	6.4 (50.8%)
260	<b>NYKIEL Rafał</b>	<b>2077</b>	ULTRA DIABŁY TEAM LUBRZA	M40	113			02:11:23	03:39:08	05:51:21	05:58:20	06:49:59	<b>06:52:05.70</b>	<b>06:52:39.60</b>	+03:23:09 (49.2%)	9:20	6.4 (50.8%)
261	<b>ZDAŃSKI Paweł</b>	<b>1837</b>		M40	114			02:16:01	03:43:52	05:55:27	06:02:17	06:52:34	<b>06:54:59.30</b>	<b>06:55:17.40</b>	+03:25:47 (49.6%)	9:24	6.4 (50.8%)
262	<b>MAJDA Maciej</b>	<b>2088</b>	MKL BRYGADA BESKIDÓW	M30	99			02:05:16	03:28:11	05:46:04	05:55:20	06:53:20	<b>06:55:28.60</b>	<b>06:55:41.10</b>	+03:26:11 (49.6%)	9:25	6.4 (50.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Drużyna	Schronisko na Bacówka					Czas netto 44.1km	Czas brutto 44.1km	Różn	Tempo min/km	Tempo km/h
								Przehybie 14.7km	Obidzy 24.4km	Premia1 37.2km	Premia2 37.7km	43.6km					
263	BARTULA Jan	1784	PARKRUN CHRZANÓW	M40	115			02:08:04	03:34:19	05:51:19	05:57:56	06:52:34	<b>06:54:42.75</b>	<b>06:55:43.65</b>	+03:26:13 (49.6%)	9:24	6.4 (50.8%)
264	TEODOROWICZ Sylwester	1534		M40	116			02:09:00	03:32:56	05:45:08	05:52:18	06:52:24	<b>06:55:03.80</b>	<b>06:55:59.00</b>	+03:26:29 (49.6%)	9:24	6.4 (50.8%)
265	KARPIESIUK Adam	1525	AKTYWNIIE UZALEŻNIAMY	M40	117			02:11:35	03:40:56	05:59:03	06:05:19	06:54:07	<b>06:56:17.10</b>	<b>06:56:39.25</b>	+03:27:09 (49.7%)	9:26	6.4 (50.8%)
265	WERESZCZYŃSKI Tomasz	1554	AKTYWNIIE UZALEŻNIAMY	M40	117			02:11:36	03:40:58	05:59:12	06:05:39	06:54:09	<b>06:56:17.50</b>	<b>06:56:39.25</b>	+03:27:09 (49.7%)	9:26	6.4 (50.8%)
267	BERGIER Paweł	2073	BIEGAMBOMUSZĘ XFIT ULTRA	M40	119			02:10:41	03:35:53	05:58:55	06:07:43	06:55:28	<b>06:57:32.75</b>	<b>06:57:41.70</b>	+03:28:11 (49.8%)	9:28	6.3 (50.0%)
267	SYGIET Andrzej	1917		M40	119			02:10:37	03:35:51	05:59:03	06:07:29	06:55:21	<b>06:57:30.85</b>	<b>06:57:41.70</b>	+03:28:11 (49.8%)	9:28	6.3 (50.0%)
269	JAROS Mirek	1903		M40	121			02:12:13	03:35:15	05:52:27	05:59:47	06:55:44	<b>06:57:44.80</b>	<b>06:58:08.60</b>	+03:28:38 (49.9%)	9:28	6.3 (50.0%)
270	KRÓL Łukasz	1918		M30	100			02:07:02	03:36:32	05:52:30	05:59:04	06:55:25	<b>06:57:39.70</b>	<b>06:58:18.10</b>	+03:28:48 (49.9%)	9:28	6.3 (50.0%)
271	TOKARZEWSKI Dariusz	1990		M50	25			02:22:09	03:52:53	05:58:38	06:05:06	06:55:50	<b>06:57:56.85</b>	<b>06:58:58.60</b>	+03:29:28 (50.0%)	9:28	6.3 (50.0%)
272	PRĘDKI Mirosław	1870		M40	122			02:23:40	03:49:48	06:01:23	06:09:10	06:56:58	<b>06:59:20.00</b>	<b>06:59:20.00</b>	+03:29:50 (50.0%)	9:30	6.3 (50.0%)
273	CHOMA Marek	1795	PĘDZACE LENIWCE	M40	123			02:14:11	03:40:20	05:58:03	06:04:25	06:57:09	<b>06:58:53.75</b>	<b>06:59:48.65</b>	+03:30:18 (50.1%)	9:29	6.3 (50.0%)
274	BORYCKI Artur	2112		M40	124			02:10:30	03:33:20	05:52:52	06:01:47	06:57:37	<b>06:59:43.45</b>	<b>07:00:09.10</b>	+03:30:39 (50.1%)	9:31	6.3 (50.0%)
275	ZAJKOWSKI Mariusz	2092	STAJNIA BALONA	M40	125			02:16:47	03:42:51	05:59:48	06:07:09	06:58:11	<b>06:59:59.85</b>	<b>07:00:27.40</b>	+03:30:57 (50.2%)	9:31	6.3 (50.0%)
276	SYDOR Piotr	1921		M40	126			02:11:57	03:38:20	05:58:52	06:06:41	06:58:45	<b>07:00:44.95</b>	<b>07:00:54.65</b>	+03:31:24 (50.2%)	9:32	6.3 (50.0%)
277	KORPAK Adam	1747	PLOTWISE	M30	101			02:17:37	03:47:25	05:57:37	06:04:49	06:59:36	<b>07:01:39.90</b>	<b>07:01:50.40</b>	+03:32:20 (50.3%)	9:33	6.3 (50.0%)
278	DUDEK Michał	1791		M40	127			02:07:29	03:33:25	06:02:00	06:08:14	06:59:49	<b>07:02:01.80</b>	<b>07:02:25.20</b>	+03:32:55 (50.4%)	9:34	6.3 (50.0%)
279	RZYSZKIEWICZ Tomasz	1796	PĘDZĄCE LENIWCE	M50	26			02:14:11	03:40:34	05:58:04	06:04:28	06:59:42	<b>07:01:40.20</b>	<b>07:02:34.75</b>	+03:33:04 (50.4%)	9:33	6.3 (50.0%)
280	BOŁDYS Paweł	1934	TRENER BIEGACZY RUNONLINE.PL	M30	102			02:15:12	03:39:28	05:57:39	06:05:01	07:00:12	<b>07:02:40.25</b>	<b>07:02:51.70</b>	+03:33:21 (50.5%)	9:35	6.3 (50.0%)
281	PAŚNIK Paweł	1693	LUPUS_GO	M50	27			02:10:48	03:44:12	06:05:22	06:11:58	07:00:50	<b>07:02:44.70</b>	<b>07:02:57.25</b>	+03:33:27 (50.5%)	9:35	6.3 (50.0%)
282	WOJTKOWIAK Paweł	2068	NSH SP. Z O.O.	M50	28			02:09:44	03:34:04	05:57:28	06:05:15	07:00:23	<b>07:02:25.60</b>	<b>07:03:05.65</b>	+03:33:35 (50.5%)	9:34	6.3 (50.0%)
283	SZYDŁOWSKI Bogdan	1858	2ROWERY.COM.PL	M30	103			02:05:22	03:33:19	05:57:40	06:04:37	07:00:33	<b>07:02:49.25</b>	<b>07:03:38.85</b>	+03:34:08 (50.5%)	9:35	6.3 (50.0%)
284	AMBICKI Miłosz	1794	---	M30	104			02:20:21	03:55:14	06:12:03	06:17:54	07:02:22	<b>07:04:25.50</b>	<b>07:05:12.00</b>	+03:35:42 (50.7%)	9:37	6.2 (49.2%)
285	RĄCZKOWSKI Adam	1815	MYKK	M40	128			02:13:28	03:48:14	06:03:52	06:11:04	07:02:20	<b>07:04:43.80</b>	<b>07:05:12.60</b>	+03:35:42 (50.7%)	9:37	6.2 (49.2%)
286	BARAŃSKI Ernest	1851		M20	25			02:04:05	03:23:41	05:51:27	05:59:38	07:03:10	<b>07:05:23.15</b>	<b>07:05:40.60</b>	+03:36:10 (50.8%)	9:38	6.2 (49.2%)
287	LEGUTKO Bartłomiej	1531		M40	129			02:01:35	03:31:54	05:54:43	06:01:18	07:03:23	<b>07:05:48.00</b>	<b>07:06:10.80</b>	+03:36:40 (50.8%)	9:39	6.2 (49.2%)
288	KUCIA Łukasz	2147	KB MARATON TUREK	M30	105			02:10:17	03:34:31	05:57:22	06:05:19	07:03:14	<b>07:06:00.00</b>	<b>07:06:15.00</b>	+03:36:45 (50.9%)	9:39	6.2 (49.2%)
289	SMURA Rafał	1919		M30	106			02:10:16	03:34:41	05:57:30	06:04:57	07:03:12	<b>07:05:59.05</b>	<b>07:06:15.10</b>	+03:36:45 (50.9%)	9:39	6.2 (49.2%)
290	ŁUCZAK Marcin	2149	***** ***	M40	130			02:09:37	03:34:46	05:57:27	06:05:22	07:03:14	<b>07:06:00.70</b>	<b>07:06:16.05</b>	+03:36:46 (50.9%)	9:39	6.2 (49.2%)
291	NAPIERAŁA Marcin	2123	#	M40	131			02:23:03	03:52:42	06:05:13	06:12:44		<b>07:08:23.25</b>	<b>07:08:30.35</b>	+03:39:00 (51.1%)	9:42	6.2 (49.2%)
292	SKÓRA Wojciech	2113		M40	132			02:13:41	03:41:58	06:01:31	06:08:53		<b>07:08:42.35</b>	<b>07:09:31.75</b>	+03:40:01 (51.2%)	9:43	6.2 (49.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Drużyna	Schronisko		Bacówka		43.6km	Czas netto 44.1km	Czas brutto 44.1km	Różn	Tempo min/km	Tempo km/h
								na Przehybie 14.7km	na Obidzy 24.4km	Premia1 37.2km	Premia2 37.7km						
293	<b>GĄGOR Sebastian</b>	<b>1628</b>		M20	26			02:19:35	03:49:11	05:59:43	06:06:43		<b>07:09:02.15</b>	<b>07:09:41.85</b>	+03:40:11 (51.2%)	9:43	6.2 (49.2%)
294	<b>SYNOWIEC Grzegorz</b>	<b>1611</b>		M40	133			02:12:47	03:37:23	06:01:27	06:08:20		<b>07:09:32.50</b>	<b>07:09:59.80</b>	+03:40:29 (51.3%)	9:44	6.2 (49.2%)
295	<b>PRZEPERSKI Krzysztof</b>	<b>1836</b>		M40	134			02:16:00	03:40:43	06:05:17	06:12:18		<b>07:09:24.80</b>	<b>07:10:04.20</b>	+03:40:34 (51.3%)	9:44	6.2 (49.2%)
296	<b>BASTER Krzysztof</b>	<b>1634</b>	MATNER RUNNING TEAM	M50	29			02:26:19	03:55:29	06:10:55	06:17:02		<b>07:10:49.70</b>	<b>07:11:11.05</b>	+03:41:41 (51.4%)	9:46	6.1 (48.4%)
297	<b>BOCIĄGA Paweł</b>	<b>1953</b>		M40	135			02:16:24	03:57:41	06:14:53	06:21:26		<b>07:11:07.35</b>	<b>07:11:30.75</b>	+03:42:00 (51.4%)	9:46	6.1 (48.4%)
298	<b>TERESIŃSKI Tomasz</b>	<b>2012</b>	PRZEDWOJEWSKI TEAM	M20	27			02:16:07	03:44:34	06:02:10	06:10:17		<b>07:11:30.95</b>	<b>07:11:51.45</b>	+03:42:21 (51.5%)	9:47	6.1 (48.4%)
299	<b>NALEPA Paweł</b>	<b>1885</b>	CHILLOUT CREW	M30	107			02:09:37	03:33:46	06:14:27	06:21:27		<b>07:11:25.50</b>	<b>07:11:54.40</b>	+03:42:24 (51.5%)	9:46	6.1 (48.4%)
300	<b>DUDEK Paweł</b>	<b>2072</b>	RUCH IZBICA	M40	136			02:09:39	03:39:24	06:06:12	06:12:25		<b>07:12:56.80</b>	<b>07:13:31.95</b>	+03:44:01 (51.7%)	9:49	6.1 (48.4%)
301	<b>KOZIŃSKI Wojciech</b>	<b>1723</b>		M30	108			02:17:22	03:45:30	06:09:43	06:16:20		<b>07:14:08.55</b>	<b>07:14:37.35</b>	+03:45:07 (51.8%)	9:50	6.1 (48.4%)
302	<b>LEŚNIAK Marcin</b>	<b>1967</b>	STANWEX II	M30	109			02:28:17	04:06:36	06:14:59	06:21:43		<b>07:14:02.30</b>	<b>07:14:46.20</b>	+03:45:16 (51.8%)	9:50	6.1 (48.4%)
303	<b>WOJTCZAK Michał</b>	<b>1839</b>		M30	110			02:17:35	03:52:41	06:11:09	06:18:24		<b>07:16:50.00</b>	<b>07:17:08.40</b>	+03:47:38 (52.1%)	9:54	6.1 (48.4%)
304	<b>SANIAK Przemysław</b>	<b>1767</b>		M30	111			02:19:39	03:56:59	06:21:11	06:28:23		<b>07:17:52.55</b>	<b>07:18:02.15</b>	+03:48:32 (52.2%)	9:55	6 (47.6%)
305	<b>ŁATKOWSKI Łukasz</b>	<b>2014</b>	01LLATKOWSKI@GMAIL.COM	M40	137			02:21:07	03:58:04	06:17:48	06:24:48		<b>07:18:52.05</b>	<b>07:19:03.35</b>	+03:49:33 (52.3%)	9:57	6 (47.6%)
306	<b>ZEMBATY Marek</b>	<b>1777</b>		M40	138			02:12:27	03:41:29	06:04:23	06:11:29		<b>07:18:43.85</b>	<b>07:19:22.65</b>	+03:49:52 (52.3%)	9:56	6 (47.6%)
307	<b>DRABIŃSKI Adrian</b>	<b>1743</b>	BEERSPIRIT	M40	139			02:20:15	03:52:19	06:14:48	06:21:53		<b>07:19:00.30</b>	<b>07:19:34.00</b>	+03:50:04 (52.3%)	9:57	6 (47.6%)
308	<b>OBŁUDKA Adam</b>	<b>1749</b>	BEERSPIRIT	M40	140			02:20:15	03:52:20	06:14:49	06:21:43		<b>07:19:00.75</b>	<b>07:19:34.35</b>	+03:50:04 (52.3%)	9:57	6 (47.6%)
309	<b>WILMAN Andrzej</b>	<b>1950</b>		M30	112			02:15:38	03:48:21	06:10:50	06:17:28		<b>07:18:49.10</b>	<b>07:19:36.20</b>	+03:50:06 (52.3%)	9:57	6 (47.6%)
310	<b>RAJTAR Robert</b>	<b>1955</b>	BRYGADA RR	M40	141			02:25:42	03:58:14	06:10:57	06:17:53		<b>07:18:38.55</b>	<b>07:19:38.60</b>	+03:50:08 (52.3%)	9:56	6 (47.6%)
311	<b>FOGEL Wiktor</b>	<b>1880</b>	WARSAWELITERUNNERS	M20	28			01:51:14	03:03:25	06:17:49	06:24:11		<b>07:19:47.70</b>	<b>07:19:56.30</b>	+03:50:26 (52.4%)	9:58	6 (47.6%)
312	<b>GAWRÓŃSKI Adrian</b>	<b>1970</b>	ZABIEGANymi CZĘSTOCHOWA	M40	142			02:04:55	03:33:30	06:10:34	06:17:39		<b>07:19:39.00</b>	<b>07:20:01.60</b>	+03:50:31 (52.4%)	9:58	6 (47.6%)
313	<b>KŁOS Daniel</b>	<b>1871</b>	KAPITAN KLOSS	M50	30			02:20:02	03:53:18	06:10:47	06:17:54		<b>07:19:43.20</b>	<b>07:20:09.05</b>	+03:50:39 (52.4%)	9:58	6 (47.6%)
314	<b>ZARZECZNY Radosław</b>	<b>1888</b>		M30	113			02:20:11	03:53:00	06:12:29	06:19:35		<b>07:20:12.45</b>	<b>07:20:27.45</b>	+03:50:57 (52.4%)	9:58	6 (47.6%)
315	<b>BALUTA Paweł</b>	<b>2132</b>	BEZPIECZNY KAZBEK	M40	143			02:16:06	03:42:51	06:17:18	06:25:22		<b>07:20:03.60</b>	<b>07:20:57.85</b>	+03:51:27 (52.5%)	9:58	6 (47.6%)
316	<b>FALISZEWSKI Sebastian</b>	<b>1876</b>		M40	144			02:16:27	03:57:41	06:15:01	06:21:20		<b>07:21:57.60</b>	<b>07:22:21.15</b>	+03:52:51 (52.6%)	10:01	6 (47.6%)
317	<b>LEŚNOWOLSKI Piotr</b>	<b>1762</b>	KLUB BIEGACZA RTV EURO AGD	M50	31			02:29:41	04:07:09	06:20:20	06:27:21		<b>07:22:17.65</b>	<b>07:23:08.45</b>	+03:53:38 (52.7%)	10:01	6 (47.6%)
318	<b>ŁUKASZEWICZ Dawid</b>	<b>2018</b>	Z GÓRKI I POD GÓRKĘ	M40	145			02:15:18	03:48:42	06:16:01	06:23:04		<b>07:22:49.45</b>	<b>07:23:11.60</b>	+03:53:41 (52.7%)	10:02	6 (47.6%)
319	<b>KOWALSKI Krzysztof</b>	<b>2066</b>	STS BIEGATON	M50	32			02:21:29	03:54:22	06:18:57	06:25:57		<b>07:24:30.35</b>	<b>07:24:47.85</b>	+03:55:17 (52.9%)	10:04	6 (47.6%)
320	<b>TUCHOWSKI Janusz</b>	<b>1798</b>		M40	146			02:09:54	03:54:05	06:16:31	06:23:36		<b>07:24:47.10</b>	<b>07:25:37.20</b>	+03:56:07 (53.0%)	10:05	5.9 (46.8%)
321	<b>KAMIŃSKI Piotr</b>	<b>1670</b>		M40	147			02:32:33	04:06:06	06:24:24	06:31:39		<b>07:25:38.40</b>	<b>07:26:23.00</b>	+03:56:53 (53.1%)	10:06	5.9 (46.8%)
322	<b>MATOGA Przemysław</b>	<b>1962</b>		M20	29			02:16:16	03:49:09	06:17:37	06:24:17		<b>07:25:55.30</b>	<b>07:26:48.15</b>	+03:57:18 (53.1%)	10:06	5.9 (46.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Drużyna	Schronisko		Bacówka		43.6km	Czas netto 44.1km	Czas brutto 44.1km	Różn	Tempo min/km	Tempo km/h
								na Przehybie 14.7km	na Obidzy 24.4km	Premia1 37.2km	Premia2 37.7km						
323	<b>SZCZEPANIAK Jakub</b>	<b>1785</b>		M20	30			02:23:29	03:57:04	06:16:31	06:23:07		<b>07:26:18.30</b>	<b>07:27:17.50</b>	+03:57:47 (53.2%)	10:07	5.9 (46.8%)
324	<b>KORPAK Piotr</b>	<b>1821</b>		M30	114			01:59:42	03:22:43	06:00:32	06:05:59		<b>07:27:41.95</b>	<b>07:27:49.20</b>	+03:58:19 (53.2%)	10:09	5.9 (46.8%)
325	<b>STASZEWSKI Pawel</b>	<b>2117</b>	BARTOSZ GORCZYCA TEAM	M50	33			02:19:13	03:51:55	06:18:21	06:26:09		<b>07:27:04.50</b>	<b>07:27:52.70</b>	+03:58:22 (53.2%)	10:08	5.9 (46.8%)
326	<b>KOŚCIUCZUK Łukasz</b>	<b>2041</b>	FUNDACJA RAK'N'ROLL	M40	148			02:16:04	03:43:54	06:03:42	06:12:05		<b>07:27:11.85</b>	<b>07:28:11.15</b>	+03:58:41 (53.3%)	10:08	5.9 (46.8%)
327	<b>MITER Damian</b>	<b>1898</b>	RUNNERSI	M30	115			02:16:02	03:42:46	06:18:59	06:27:19		<b>07:29:17.30</b>	<b>07:29:25.80</b>	+03:59:55 (53.4%)	10:11	5.9 (46.8%)
328	<b>RAKOWSKI Krzysztof</b>	<b>1939</b>	RUNNERSI	M40	149			02:16:08	03:51:04	06:19:00	06:27:26		<b>07:29:17.05</b>	<b>07:29:25.85</b>	+03:59:55 (53.4%)	10:11	5.9 (46.8%)
329	<b>KOŚCIOŁEK Mariusz</b>	<b>1925</b>	RUNNERSI	M30	116			02:16:05	03:51:02	06:19:01	06:27:22		<b>07:29:18.60</b>	<b>07:29:26.15</b>	+03:59:56 (53.4%)	10:11	5.9 (46.8%)
330	<b>PIECH Adam</b>	<b>2021</b>	PORANNY PATROL	M40	150			02:17:26	03:53:28	06:18:13	06:25:30		<b>07:29:20.80</b>	<b>07:29:55.30</b>	+04:00:25 (53.4%)	10:11	5.9 (46.8%)
331	<b>FURICH Dariusz</b>	<b>1972</b>	SIEMIANOWICE I PRZYJACIELE BIEGAJĄ	M50	34			02:20:07	04:01:39	06:29:07	06:35:29		<b>07:29:49.85</b>	<b>07:30:40.15</b>	+04:01:10 (53.5%)	10:11	5.9 (46.8%)
332	<b>KOZIELEC Tomasz</b>	<b>1556</b>	PĘDZĄCE MISIE	M40	151			02:20:07	03:52:40	06:19:41	06:27:08		<b>07:30:15.10</b>	<b>07:30:54.80</b>	+04:01:24 (53.5%)	10:12	5.9 (46.8%)
333	<b>SZYMEROWSKI Łukasz</b>	<b>1872</b>		M40	152			02:25:08	04:02:50	06:23:06	06:30:31		<b>07:30:06.10</b>	<b>07:30:58.40</b>	+04:01:28 (53.5%)	10:12	5.9 (46.8%)
334	<b>KIERSZNIKIEWICZ Łukasz</b>	<b>1598</b>		M40	153			02:18:16	04:02:50	06:23:03	06:30:20		<b>07:30:19.55</b>	<b>07:31:12.85</b>	+04:01:42 (53.6%)	10:12	5.9 (46.8%)
335	<b>SAINTEMARIE Bernard</b>	<b>1946</b>	MARCHE NORDIQUE PERIGORD VERT	M60	2			02:13:31	03:47:11	06:18:47	06:25:50		<b>07:30:57.25</b>	<b>07:31:27.65</b>	+04:01:57 (53.6%)	10:13	5.9 (46.8%)
336	<b>PARTYKA Gabriel</b>	<b>1834</b>		M30	117			02:17:39	03:48:39	06:16:44	06:24:17		<b>07:30:47.25</b>	<b>07:31:37.85</b>	+04:02:07 (53.6%)	10:13	5.9 (46.8%)
337	<b>ROZNER Artur</b>	<b>2038</b>	ROZNER.ARTUR@GMAIL.COM	M40	154			02:19:09	04:05:19	06:26:12	06:33:59		<b>07:32:41.00</b>	<b>07:32:54.60</b>	+04:03:24 (53.7%)	10:15	5.8 (46.0%)
338	<b>WRÓBEL Tomasz</b>	<b>1782</b>		M30	118			02:16:14	03:48:12	06:26:57	06:34:29		<b>07:33:27.25</b>	<b>07:33:48.90</b>	+04:04:18 (53.8%)	10:16	5.8 (46.0%)
339	<b>BARCIK Witold</b>	<b>1958</b>	BIEGAM ŻEBY ŻREĆ WIĘCEJ CIASTKÓW	M40	155			02:08:35	03:41:54	06:09:35	06:18:00		<b>07:33:48.95</b>	<b>07:34:26.20</b>	+04:04:56 (53.9%)	10:17	5.8 (46.0%)
340	<b>WRUK Remigiusz</b>	<b>1954</b>		M50	35			01:59:39	03:46:57	06:34:32	06:40:35		<b>07:35:06.65</b>	<b>07:35:06.65</b>	+04:05:36 (54.0%)	10:19	5.8 (46.0%)
341	<b>NAWROT Łukasz</b>	<b>1969</b>	BIEG Z CHRYSTUSEM	M30	119			02:16:33	03:54:49	06:25:13	06:32:09		<b>07:34:34.55</b>	<b>07:35:08.60</b>	+04:05:38 (54.0%)	10:18	5.8 (46.0%)
342	<b>NASTAZIAK Andrzej</b>	<b>2091</b>	ZABIEGANY WOŁOMIN	M50	36			02:16:54	03:46:54	06:22:01	06:29:24		<b>07:35:16.95</b>	<b>07:35:49.65</b>	+04:06:19 (54.0%)	10:19	5.8 (46.0%)
343	<b>DYCZKOWSKI Adam</b>	<b>1773</b>		M20	31			02:20:39	04:05:39	06:30:00	06:36:54		<b>07:36:16.65</b>	<b>07:36:55.20</b>	+04:07:25 (54.1%)	10:20	5.8 (46.0%)
344	<b>DYCZKOWSKI Andrzej</b>	<b>1758</b>	TYGRYSKI KUBUSIA PUCHATKA	M60	3			02:20:40	04:05:41	06:30:03	06:37:04		<b>07:36:21.35</b>	<b>07:36:58.90</b>	+04:07:28 (54.2%)	10:20	5.8 (46.0%)
345	<b>PIOTROWIAK Tomasz</b>	<b>1887</b>	ENTOPI.PL	M30	120			02:16:25	03:57:29	06:31:05	06:37:07		<b>07:36:28.70</b>	<b>07:37:22.60</b>	+04:07:52 (54.2%)	10:21	5.8 (46.0%)
346	<b>KORCZYŃSKI Daniel</b>	<b>2106</b>		M30	121			02:20:16	04:05:26	06:29:43	06:37:05		<b>07:37:34.90</b>	<b>07:37:49.90</b>	+04:08:19 (54.2%)	10:22	5.8 (46.0%)
347	<b>DZIADOŃ Łukasz</b>	<b>2509</b>	BITKA ZA ZIVOT	M30	122			02:19:07	03:51:47	06:25:29	06:32:25		<b>07:37:00.20</b>	<b>07:38:03.80</b>	+04:08:33 (54.3%)	10:21	5.8 (46.0%)
348	<b>ZIELIŃSKI Michał</b>	<b>1626</b>	DZIKIE ŻYCIE RUN TEAM	M40	156			02:23:53	04:00:05	06:26:25	06:34:54		<b>07:39:06.30</b>	<b>07:39:39.35</b>	+04:10:09 (54.4%)	10:24	5.8 (46.0%)
349	<b>KARDASZ Jacek</b>	<b>1533</b>	ATTYLA	M40	157			02:20:19	03:56:53	06:30:29	06:39:02		<b>07:40:10.65</b>	<b>07:40:27.85</b>	+04:10:57 (54.5%)	10:26	5.8 (46.0%)
350	<b>ŁASKI Radosław</b>	<b>1575</b>	FOURTRISQUAD	M40	158			02:15:48	04:00:51	06:34:44	06:40:55		<b>07:39:51.45</b>	<b>07:40:33.00</b>	+04:11:03 (54.5%)	10:25	5.8 (46.0%)
351	<b>CHMURA Łukasz</b>	<b>1778</b>	NAPRZÓD MŁOCINY-BAT	M40	159			02:18:57	04:02:25	06:30:03	06:38:18		<b>07:40:27.50</b>	<b>07:40:37.25</b>	+04:11:07 (54.5%)	10:26	5.7 (45.2%)
352	<b>KORAL Jakub</b>	<b>2067</b>		M30	123			02:16:28	04:00:33	06:35:58	06:42:52		<b>07:41:18.75</b>	<b>07:41:34.65</b>	+04:12:04 (54.6%)	10:27	5.7 (45.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Drużyna	Schronisko		Bacówka		43.6km	Czas netto 44.1km	Czas brutto 44.1km	Różn	Tempo min/km	Tempo km/h
								na Przehybie 14.7km	na Obidzy 24.4km	Premia1 37.2km	Premia2 37.7km						
353	<b>ŚLACZKA Arkadiusz</b>	<b>1948</b>	FINISZ RYMANÓW	M40	160			02:31:19	04:06:23	06:34:37	06:42:30		<b>07:40:49.60</b>	<b>07:41:46.20</b>	+04:12:16 (54.6%)	10:26	5.7 (45.2%)
354	<b>KALINOWSKI Bartek</b>	<b>1731</b>	KS SCIEK	M40	161			02:21:29	03:52:04	06:33:05	06:40:53		<b>07:42:05.75</b>	<b>07:43:01.10</b>	+04:13:31 (54.8%)	10:28	5.7 (45.2%)
355	<b>WIETRZYCKI Marcin</b>	<b>1624</b>		M40	162			02:15:57	03:57:08	06:31:24	06:38:03		<b>07:43:12.35</b>	<b>07:43:33.70</b>	+04:14:03 (54.8%)	10:30	5.7 (45.2%)
356	<b>KAWIK Janusz</b>	<b>1703</b>		M50	37			02:22:59	04:06:26	06:39:31	06:45:52		<b>07:43:08.25</b>	<b>07:43:39.40</b>	+04:14:09 (54.8%)	10:30	5.7 (45.2%)
357	<b>KONCA Mariusz</b>	<b>1547</b>	KB OŻARÓW MAZOWIECKI BIEGA	M50	38			02:30:10	04:10:56	06:39:08	06:46:13		<b>07:46:13.55</b>	<b>07:46:45.80</b>	+04:17:15 (55.1%)	10:34	5.7 (45.2%)
358	<b>CIESZYŃSKI Mariusz</b>	<b>1859</b>	BEAUTY-STUDIO LOĘBORK	M40	163			02:33:21	04:12:59	06:41:35	06:49:44		<b>07:46:37.45</b>	<b>07:47:30.95</b>	+04:18:00 (55.2%)	10:34	5.7 (45.2%)
359	<b>SZYMCZAK Dawid</b>	<b>2063</b>		M30	124			02:25:24	04:06:52	06:36:49	06:44:46		<b>07:47:05.80</b>	<b>07:47:37.00</b>	+04:18:07 (55.2%)	10:35	5.7 (45.2%)
360	<b>NECKI Łukasz</b>	<b>1697</b>		M40	164			02:25:19	04:02:54	06:37:57	06:45:10		<b>07:47:52.35</b>	<b>07:48:07.45</b>	+04:18:37 (55.2%)	10:36	5.7 (45.2%)
361	<b>OSTROWSKI Sławomir</b>	<b>1694</b>	BIEGAJĄCY ŚWIDNIK	M50	39			02:30:23	04:17:22	06:41:27	06:46:59		<b>07:48:43.10</b>	<b>07:48:49.95</b>	+04:19:19 (55.3%)	10:37	5.6 (44.4%)
362	<b>BĘBENEK Marcin</b>	<b>2150</b>	KW KRAKÓW	M30	125			02:30:15	04:12:03	06:39:05	06:47:51		<b>07:49:16.10</b>	<b>07:50:03.00</b>	+04:20:33 (55.4%)	10:38	5.6 (44.4%)
363	<b>TKACZ Przemysław</b>	<b>1673</b>	PRZEMYSKI KLUB BIEGACZA	M50	40			02:28:45	04:05:57	06:34:23	06:41:30		<b>07:50:16.80</b>	<b>07:50:57.00</b>	+04:21:27 (55.5%)	10:39	5.6 (44.4%)
364	<b>PASIEKA Grzegorz</b>	<b>1757</b>	SZTYWNE KULASY	M30	126			02:27:01	04:06:12	06:33:29	06:41:17		<b>07:51:06.50</b>	<b>07:51:34.10</b>	+04:22:04 (55.6%)	10:40	5.6 (44.4%)
365	<b>WOJTYŁA Paweł</b>	<b>1526</b>	AKS POLONIA WARSZAWA	M30	127			02:24:55	04:05:25	06:38:34	06:45:47		<b>07:51:54.55</b>	<b>07:52:45.80</b>	+04:23:15 (55.7%)	10:42	5.6 (44.4%)
366	<b>PYBLEWSKI Łukasz</b>	<b>2059</b>		M40	165			02:28:10	04:05:42	06:42:48	06:50:23		<b>07:53:22.95</b>	<b>07:54:03.00</b>	+04:24:33 (55.8%)	10:44	5.6 (44.4%)
367	<b>WOCHNIK Marek</b>	<b>1728</b>	RAPID RUNNERS TEAM	M40	166			02:30:40	04:11:01	06:50:22	06:55:32		<b>07:54:57.15</b>	<b>07:55:27.70</b>	+04:25:57 (55.9%)	10:46	5.6 (44.4%)
368	<b>WĄTORSKI Michał</b>	<b>1552</b>		M30	128			02:19:36	04:00:02	06:34:37	06:43:33		<b>07:56:02.80</b>	<b>07:56:34.65</b>	+04:27:04 (56.0%)	10:47	5.6 (44.4%)
369	<b>SURANSKY Tomas</b>	<b>2104</b>		M50	41			02:29:48	04:16:34	06:53:43	06:59:45		<b>07:58:10.30</b>	<b>07:58:58.05</b>	+04:29:28 (56.3%)	10:50	5.5 (43.7%)
370	<b>ANTKOWIAK Mirosław</b>	<b>1580</b>	BIEGAM BO CHCĘ KROSNO ODRZAŃSKIE	M50	42			02:29:39	04:16:33	06:47:05	06:53:26		<b>07:58:21.35</b>	<b>07:59:14.25</b>	+04:29:44 (56.3%)	10:50	5.5 (43.7%)
371	<b>RONDUDA Robert</b>	<b>1893</b>		M40	167			02:28:22	04:13:33	06:47:15	06:54:30		<b>07:59:18.45</b>	<b>08:00:03.85</b>	+04:30:33 (56.4%)	10:52	5.5 (43.7%)
372	<b>PUCHALSKI Piotr</b>	<b>2083</b>	PZU SPORT TEAM	M50	43			02:37:46	04:16:44	06:51:04	06:58:00		<b>08:01:10.85</b>	<b>08:01:59.65</b>	+04:32:29 (56.5%)	10:54	5.5 (43.7%)
373	<b>GÓRSKI Jakub</b>	<b>1638</b>	RAPID RUNNERS TEAM	M30	129			02:30:38	04:11:54	06:50:30	06:54:16		<b>08:01:31.75</b>	<b>08:02:01.80</b>	+04:32:31 (56.5%)	10:55	5.5 (43.7%)
374	<b>DĄBROWSKI Artur</b>	<b>2136</b>		M30	130			02:32:59	04:14:16	06:49:05	06:57:13		<b>08:02:38.30</b>	<b>08:03:22.30</b>	+04:33:52 (56.7%)	10:56	5.5 (43.7%)
375	<b>HETEL Adam</b>	<b>1763</b>	KLUB BIEGACZA RTV EURO AGD	M30	131			02:36:46	04:16:21	06:48:25	06:56:39		<b>08:02:41.80</b>	<b>08:03:32.40</b>	+04:34:02 (56.7%)	10:56	5.5 (43.7%)
376	<b>DENKOWSKI Wojciech</b>	<b>1776</b>	---	M60	4			02:41:32	04:25:44	06:54:02	07:00:49		<b>08:03:43.25</b>	<b>08:03:54.80</b>	+04:34:24 (56.7%)	10:58	5.5 (43.7%)
377	<b>SZULC Rafał</b>	<b>1578</b>	PREGRES	M30	132			02:23:16	04:08:27	06:53:49	07:01:05		<b>08:03:28.90</b>	<b>08:03:56.90</b>	+04:34:26 (56.7%)	10:57	5.5 (43.7%)
378	<b>PIETRUSZEWSKI Bartek</b>	<b>1804</b>		M40	168			02:24:44	04:11:45	06:50:33	06:57:04		<b>08:05:57.35</b>	<b>08:06:31.15</b>	+04:37:01 (56.9%)	11:01	5.4 (42.9%)
378	<b>KRZYSZTOFOWICZ Andrzej</b>	<b>1831</b>	ULTRASZY	M40	168			02:24:44	04:11:47	06:50:32	06:57:37		<b>08:05:57.85</b>	<b>08:06:31.15</b>	+04:37:01 (56.9%)	11:01	5.4 (42.9%)
380	<b>ZAK Robert</b>	<b>2105</b>		M40	170			02:29:47	04:16:31	06:53:42	07:01:20		<b>08:06:35.05</b>	<b>08:07:24.15</b>	+04:37:54 (57.0%)	11:02	5.4 (42.9%)
381	<b>JAWORSKI Bartek</b>	<b>2103</b>		M40	171			02:32:59	04:16:35	06:53:47	07:01:20		<b>08:06:36.10</b>	<b>08:07:24.40</b>	+04:37:54 (57.0%)	11:02	5.4 (42.9%)
382	<b>TURKOWSKI Maciej</b>	<b>1733</b>	SLOW JOGGING SIEDLCE	M50	44			02:24:31	04:07:32	06:54:56	07:02:35		<b>08:08:29.20</b>	<b>08:08:58.70</b>	+04:39:28 (57.2%)	11:04	5.4 (42.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Drużyna	Schronisko		Bacówka		43.6km	Czas netto 44.1km	Czas brutto 44.1km	Różn	Tempo min/km	Tempo km/h
								na Przehybie 14.7km	na Obidzy 24.4km	Premia1 37.2km	Premia2 37.7km						
383	RUBASZKO Michał	1951		M40	172			02:22:24	04:05:01	06:55:46	07:03:09		08:08:16.60	08:09:09.25	+04:39:39 (57.2%)	11:04	5.4 (42.9%)
384	RUSEK Jarosław	1976		M40	173			02:22:23	04:05:02	06:55:44	07:03:51		08:08:16.95	08:09:09.85	+04:39:39 (57.2%)	11:04	5.4 (42.9%)
385	ŻYDEK Piotr	1713	CHSBD W RUCHU	M30	133			02:17:11	04:01:47	06:41:10	06:48:54		08:08:47.35	08:09:13.05	+04:39:43 (57.2%)	11:05	5.4 (42.9%)
386	DRABIK Jacek	1991		M50	45			02:40:01	04:24:47	06:57:17	07:05:27		08:08:54.90	08:09:19.65	+04:39:49 (57.2%)	11:05	5.4 (42.9%)
387	TENDAJ Daniel	1824		M50	46			02:24:28	04:03:06	06:44:39	06:52:17		08:09:56.80	08:10:46.45	+04:41:16 (57.3%)	11:06	5.4 (42.9%)
388	STĘPIEŃ Piotr	1568		M30	134			02:32:58	04:23:24	06:52:34	07:00:05		08:14:15.30	08:15:13.40	+04:45:43 (57.7%)	11:12	5.4 (42.9%)
389	BAKUN Mariusz	1687	CHEŁM	M50	47			02:26:52	04:16:55	07:00:39	07:09:46		08:14:58.50	08:15:35.80	+04:46:05 (57.7%)	11:13	5.3 (42.1%)
389	KRACZKOWSKI Krzysztof	1847	CHEŁM BIEGA	M40	174			02:24:43	04:16:58	07:00:15	07:07:20		08:14:59.15	08:15:35.80	+04:46:05 (57.7%)	11:13	5.3 (42.1%)
391	KOWALSKI Andrzej	1661		M40	175			02:39:15	04:21:24	07:02:14	07:10:44		08:17:41.85	08:18:08.25	+04:48:38 (57.9%)	11:17	5.3 (42.1%)
392	WINIECKI Tomasz	2133	IRON HOUSE TRIATHLON WŁOCŁAWEK	M40	176			02:50:51	04:37:04	07:04:22	07:07:45		08:18:18.30	08:18:30.45	+04:49:00 (58.0%)	11:17	5.3 (42.1%)
393	COLAUTTI Enrico	1536	BAD ORGANIZER TEAM	M50	48			02:19:29	03:56:45	07:12:02	07:20:00		08:18:27.30	08:19:04.95	+04:49:34 (58.0%)	11:18	5.3 (42.1%)
394	WIERZBICKI Michał	1639	MORSY SWARZĘDZ	M40	177			02:40:58	04:35:23	07:10:14	07:18:28		08:19:05.55	08:19:40.70	+04:50:10 (58.1%)	11:19	5.3 (42.1%)
395	OLZACKI Piotr	1679		M30	135			02:24:41	04:04:05	06:44:54	06:52:32		08:20:32.70	08:21:07.40	+04:51:37 (58.2%)	11:20	5.3 (42.1%)
396	CZARNIECKI Tadeusz	2139	OSHEE RUNNERS TEAM	M40	178			02:36:33	04:31:18	07:14:06	07:22:23		08:23:36.15	08:24:14.70	+04:54:44 (58.5%)	11:25	5.3 (42.1%)
397	MALINOWSKI Marcin	1740		M40	179			02:34:03	04:15:54	07:14:10	07:21:56		08:25:59.95	08:26:59.25	+04:57:29 (58.7%)	11:28	5.2 (41.3%)
398	KĘDZIOREK Rafał	1975	TEAM ZABIEGANEDNI	M30	136			02:19:46	04:27:45	07:10:22	07:19:13		08:27:59.40	08:28:31.00	+04:59:01 (58.8%)	11:31	5.2 (41.3%)
399	FRĄCZEK Rafał	1671	EKO-KONSULT	M40	180			02:41:00	04:37:03	07:20:28	07:27:18		08:30:28.80	08:31:13.00	+05:01:43 (59.0%)	11:34	5.2 (41.3%)
400	KALINOWSKI Adam	1625		M40	181			02:26:25		07:06:18			08:31:29.00	08:31:29.00	+05:01:59 (59.0%)	11:35	5.2 (41.3%)
401	KOZIEŁ Jarosław	1564	ŁÓDŹ KOCHA SPORT	M30	137			02:32:58	04:23:25	07:04:34	07:12:23		08:30:39.55	08:31:37.65	+05:02:07 (59.1%)	11:34	5.2 (41.3%)
402	BARNAŚ Arkadiusz	1635		M40	182			02:42:32	04:30:31	07:14:17	07:22:26		08:31:40.80	08:32:31.90	+05:03:01 (59.1%)	11:36	5.2 (41.3%)
403	KOZIEŁ Tadeusz	1570	SZCZĘŚCIARZ BIEGA	M30	138			02:27:54	04:10:06	07:13:04	07:18:46		08:31:44.55	08:32:39.25	+05:03:09 (59.1%)	11:36	5.2 (41.3%)
404	ZASŁONKA Paweł	1571		M30	139			02:28:10	04:10:16	07:12:58	07:19:02		08:31:44.70	08:32:39.30	+05:03:09 (59.1%)	11:36	5.2 (41.3%)
405	SIUCIAK Robert	1549		M50	49			02:40:41	04:28:57	07:11:46	07:20:54		08:32:09.10	08:33:01.10	+05:03:31 (59.2%)	11:36	5.2 (41.3%)
406	SOIŃSKI Przemysław	1686	KB MANIAC POZNAŃ	M40	183			02:36:23	04:30:26	07:15:36	07:23:44		08:32:24.85	08:33:05.30	+05:03:35 (59.2%)	11:37	5.2 (41.3%)
407	DZIAŁA Piotr	1606	KB OŻARÓW MAZOWIECKI BIEGA	M40	184			02:39:51	04:34:08	07:15:39	07:24:17		08:33:53.90	08:34:25.75	+05:04:55 (59.3%)	11:39	5.1 (40.5%)
408	POKOTYCKI Denis	1641		M30	140			02:41:47	04:26:43	07:15:53	07:25:02		08:34:46.50	08:35:37.85	+05:06:07 (59.4%)	11:40	5.1 (40.5%)
409	POLAKÓW Sławomir	1550	Z GÓRKI I POD GÓRKĘ	M50	50			02:43:04	04:40:04	07:18:24	07:25:47		08:35:51.55	08:36:14.85	+05:06:44 (59.4%)	11:41	5.1 (40.5%)
410	ROSZKOWSKI Marcin	2114	ZABIEGANI PO USZY	M50	51			03:04:01	04:47:21	07:27:43	07:34:57		08:37:47.45	08:38:47.35	+05:09:17 (59.6%)	11:44	5.1 (40.5%)
411	KOŚCIUCH Kamil	1979	DZIKI Z WARSZAWY	M30	141			02:34:21	04:24:40	07:15:16	07:22:06		08:38:02.50	08:38:52.75	+05:09:22 (59.6%)	11:44	5.1 (40.5%)
412	OCHREMIAK Michał	1582	MOKOBIEGACZE	M30	142			02:44:58	04:31:36	07:20:19	07:25:05		08:38:48.50	08:39:29.75	+05:09:59 (59.7%)	11:45	5.1 (40.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Drużyna	Schronisko na Bacówka					Czas netto 44.1km	Czas brutto 44.1km	Różn	Tempo min/km	Tempo km/h
								Przehybie 14.7km	Obidzy 24.4km	Premia1 37.2km	Premia2 37.7km	43.6km					
413	JAWORSKI Mateusz	2019		M30	143			02:36:37	04:30:44	07:16:25	07:24:39		08:39:02.85	08:39:38.30	+05:10:08 (59.7%)	11:46	5.1 (40.5%)
414	TATUŚKO Tomasz	2003		M50	52			02:42:05	04:32:46	07:15:30	07:24:18		08:39:17.55	08:40:09.20	+05:10:39 (59.7%)	11:46	5.1 (40.5%)
415	KONEFAŁ Włodzimierz	1566	REMBERTÓW TEAM	M40	185			02:38:07	04:27:18	07:09:50			08:39:35.25	08:40:29.05	+05:10:59 (59.7%)	11:46	5.1 (40.5%)
416	MZYK Fabian	1827	STS BIEGATON	M40	186			02:38:45	04:34:51	07:14:44	07:23:30		08:40:54.25	08:41:12.05	+05:11:42 (59.8%)	11:48	5.1 (40.5%)
417	LATAŁA Wojciech	1574	LEŚNE GRUBASY	M40	187			02:49:44	04:40:40	07:26:59	07:34:23		08:43:15.20	08:44:11.45	+05:14:41 (60.0%)	11:51	5.1 (40.5%)
418	ŁOKAS Andrzej	1562		M50	53			02:49:30	04:41:42	07:28:32	07:38:09		08:44:48.95	08:45:36.20	+05:16:06 (60.1%)	11:54	5 (39.7%)
419	TOKARSKI Jacek	1771		M40	188			02:41:02	04:28:05	07:30:41	07:39:19		08:45:30.00	08:45:40.20	+05:16:10 (60.1%)	11:54	5 (39.7%)
420	ŚMIETANKA Adam	1860		M20	32			02:40:01	04:37:01	07:24:32	07:34:49		08:47:00.40	08:47:39.80	+05:18:09 (60.3%)	11:57	5 (39.7%)
421	WŁODARCZYK Jan	1715	AKTYWNI KOCIEWIACY	M60	5			02:48:53	04:50:30	07:40:27	07:48:12		08:50:27.40	08:51:05.90	+05:21:35 (60.6%)	12:01	5 (39.7%)
422	PŁOSKONKA Paweł	1869		M40	189					07:42:51	07:49:59		08:52:09.10	08:52:09.10	+05:22:39 (60.6%)	12:04	5 (39.7%)
423	HOJDA Mariusz	1632		M40	190			02:47:15	04:40:41	07:36:08	07:44:56		08:51:37.65	08:52:29.95	+05:22:59 (60.7%)	12:03	5 (39.7%)
424	ŁAŻEŃSKI Rafał	1863		M30	144			02:39:56	04:44:37	07:31:34	07:38:12		08:52:48.45	08:53:22.85	+05:23:52 (60.7%)	12:04	5 (39.7%)
425	CIEŚLA Dawid	1861		M30	145			02:39:56	04:44:42	07:31:35	07:38:12		08:52:49.40	08:53:23.70	+05:23:53 (60.7%)	12:04	5 (39.7%)
<b>Przekroczony limit czasu: 09:00:00</b>																	
426	BUGAJCZYK Cezary	1677		M40	191			02:41:20	04:50:04	07:49:50	07:57:56		09:17:31.45	09:18:24.15	+05:48:54 (62.5%)	12:38	4.7 (37.3%)
427	TYMBURSKI Michał	1620	SPARTA LUBLIN	M40	192			02:51:45	04:57:45	07:50:07	07:57:47		09:18:27.45	09:18:27.45	+05:48:57 (62.5%)	12:39	4.7 (37.3%)
428	LACHOWSKI Karol	1848	FILIP RUNNING TEAM	M40	193			02:48:22	04:51:50	08:02:18	08:10:00		09:33:07.75	09:33:39.20	+06:04:09 (63.5%)	12:59	4.6 (36.5%)
429	TOMASZKIEWICZ Marek	1558		M50	54			02:35:49	04:49:07	07:49:26	07:57:28		09:36:11.15	09:36:59.25	+06:07:29 (63.7%)	13:03	4.6 (36.5%)
430	GRABOWSKI Leszek	1594	STARE BABICE BIEGAJĄ	M50	55			03:06:43	05:15:09	08:30:46	08:41:03		10:02:58.60	10:03:54.00	+06:34:24 (65.3%)	13:40	4.4 (34.9%)
431	SMORAĞIEWICZ Marcin	1545		M40	194			03:06:46	05:15:38	08:32:00	08:42:59		10:10:31.70	10:11:22.45	+06:41:52 (65.7%)	13:50	4.3 (34.1%)
432	MILCARZ Andrzej	1596	FESTINA LENTE	M70	1			03:14:10	05:35:57	08:53:04	09:02:09		10:23:28.65	10:24:33.75	+06:55:03 (66.5%)	14:08	4.2 (33.3%)
	KUJAWSKI Bartek	2126	GRUPETTO GORLICE	M30				01:28:10 DNF	02:20:52 DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	STAJNIAK Bartłomiej	2033		M30		MP	AZS KU Politechniki Opolskiej Opole	01:18:41 DNF	02:16:18 DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	KOBOS Tomasz	1517	METODA FELDENKRAISA	M30		MP	LKB Rudnik	01:21:05 DNF	02:22:06 DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	KOZIK Adam	2102		M20				01:34:19 DNF	02:41:37 DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	PELA Dariusz	1913	PURGA	M40				01:44:04 DNF	02:48:37 DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	MANJURA Tomasz	1924	CSC ADVENTURE ACADEMY	M20				01:44:34 DNF	02:54:17 DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	ZAJĄC Robert	1643	ORANGE POLSKA	M40				01:47:22 DNF	02:57:53 DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	ZABOLSKI Mateusz	1779	ZABOL TEAM	M30				02:06:18 DNF	03:24:33 DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Drużyna	Schronisko na Przehybie 14.7km	Bacówka na Obidzy 24.4km	Premia1 37.2km	Premia2 37.7km	43.6km	Czas netto 44.1km	Czas brutto 44.1km	Różn	Tempo min/km	Tempo km/h
	<b>JANICKI Patryk</b>	<b>2057</b>	PORANNY PATROL	M40				02:18:12 DNF	03:41:27 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>KOZON Krzysztof</b>	<b>1640</b>		M50				02:15:55 DNF	04:02:51 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>PYSZEL Florian</b>	<b>1512</b>	PIEKIELNI WARSZAWA	M20		MP	Stowarzyszenie Piekiełni Warszawa	01:20:19 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>ZDANOWSKI Łukasz</b>	<b>2058</b>	WLKS NOWE IGANIE	M30		MP	WLKS Nowe Iganie	01:27:35 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>WÓJCIK Jacek</b>	<b>2016</b>	FINISZ RYMANÓW	M40				01:43:43 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>GŁOWACKI Krzysztof</b>	<b>1577</b>	WIDZEW RUNNING TEAM	M30				02:08:41 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>MIŚKIEWICZ Mariusz</b>	<b>1515</b>	STAŃCZAK TEAM	M40				DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>CZERNIAK Paweł</b>	<b>1511</b>	BLACK HAT PRO	M30		MP	Black Hat Pro Warszawa	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)

Znaleziono 448 wynik(ów)