

Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

PIENINY ULTRA-TRAIL®
Fundacja Strefa Przygód
2023-04-22
Szczawnica
44.1 km

Klasyfikacja: Premia Górską - Kobiety

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Drużyna	Schronisko na Przehybie 14.7km	Bacówka na Obidzy 24.4km	Premia1 37.2km	Premia2 37.7km	43.6km	Czas netto 44.1km	Czas brutto 44.1km	Różn	Tempo min/km	Tempo km/h
1	KANTOR Martyna	1504	HOKA GARMIN TEAM	K30	1	MP	SBG Salco Niepołomice	01:26:42	02:18:36	03:28:50	03:32:42	04:02:09	04:03:42.00	04:03:45.10	+00:00:00 (-359,900.0%)	5:31	10.9 (100%)
2	WILK Katarzyna	1501		K30	3	MP	KS AZS AWF Kraków	01:29:30	02:22:05	03:38:45	03:42:56	04:15:05	04:16:46.35	04:16:49.15	+00:00:19 (-332,445.4%)	5:49	10.3 (94.5%)
3	PAPROCKA Urszula	2107	NOWA HUTA TEAM	K30	4	MP	LKB Rudnik	01:31:57	02:25:14	03:42:31	03:46:54	04:18:32	04:20:03.60	04:20:08.10	+00:00:32 (-316,155.9%)	5:53	10.2 (93.6%)
4	KIERUZALSKA Małgorzata	1891	CHEŁM BIEGA	K40	68			02:26:54	04:16:59	07:00:14	07:04:41		08:14:59.45	08:15:36.00	+00:00:35 (-312,066.4%)	11:13	5.3 (48.6%)
5	SOLIŃSKA Katarzyna	1503	ON RUNNING POLSKA	K30	2	MP	KKB MOSiR Krosno	01:28:22	02:20:55	03:35:10	03:39:40	04:10:12	04:11:48.05	04:11:51.55	+00:00:38 (-308,138.3%)	5:42	10.5 (96.3%)
6	GUTRAL Magdalena	1726	WKB MARATOŃCZYK WŁOCŁAWEK	K40	2			01:44:39	02:52:42	04:30:54	04:35:53	05:15:31	05:17:08.10	05:17:17.95	+00:01:06 (-279,149.0%)	7:11	8.3 (76.1%)
7	KWIATKOWSKA Kinga	2017	HOKA GARMIN TEAM	K30	5	MP	SBG Salco Niepołomice	01:40:15	02:35:42	03:58:10	04:03:16	04:36:32	04:38:09.70	04:38:13.75	+00:01:14 (-272,254.5%)	6:18	9.5 (87.2%)
8	BIĄŁOBŁOCKA Alicja	2042		K30	6			01:41:24	02:41:26	04:06:58	04:12:17	04:47:29	04:49:09.90	04:49:15.05	+00:01:27 (-260,739.3%)	6:33	9.2 (84.4%)
9	PAPIERZ Marta	1592		K20	2			01:48:26	02:50:00	04:20:00	04:25:23	05:02:41	05:04:29.75	05:04:38.25	+00:01:31 (-257,631.7%)	6:54	8.7 (79.8%)
10	PASTUSZAK Justyna	2096		K30	8			01:46:36	02:49:56	04:27:35	04:33:01	05:10:09	05:12:07.40	05:12:27.25	+00:01:33 (-255,967.6%)	7:04	8.5 (78.0%)
11	WIERZCHOWIAK Karolina	1506	TRAIL IS OUR WAY	K30	7	MP	KKB MOSiR Krosno	01:47:30	02:49:55	04:21:10	04:26:37	05:04:04	05:05:48.75	05:05:52.25	+00:01:35 (-254,558.3%)	6:56	8.7 (79.8%)
12	WRÓBEL Barbara	1695	BIEGAJĄCY ŚWIDNIK	K40	55			02:30:22	04:17:21	06:41:27	06:47:00		07:48:42.70	07:48:49.65	+00:01:41 (-250,158.4%)	10:37	5.6 (51.4%)
13	WIECZERZAK Magdalena	1551	ZABIEGANI MIELEC / MAGDY RULEZ	K30	11			01:54:12	03:06:49	04:45:59	04:51:35	05:32:46	05:34:33.70	05:34:39.90	+00:01:43 (-248,292.5%)	7:35	7.9 (72.5%)
14	URACZ Beata	1841	BARTOSZ GORCZYCA TEAM	K40	3			01:46:17	02:52:53	04:30:41	04:36:16	05:18:25	05:20:30.85	05:20:43.70	+00:01:44 (-247,885.7%)	7:16	8.3 (76.1%)
15	ŁUKASIEWICZ Ewa	1642	140MINUT	K50	1			01:49:10	02:56:01	04:27:28	04:33:05	05:11:43	05:13:36.10	05:13:41.35	+00:01:45 (-247,406.7%)	7:06	8.4 (77.1%)
16	LEWANDOWSKA Milena	1669	GO APTIV	K20	4			01:56:57	03:08:26	04:58:59	05:04:38	05:46:52	05:48:43.00	05:49:09.85	+00:01:47 (-245,400.4%)	7:54	7.6 (69.7%)
17	KSIĄŻEK Ilona	1792	ULTRA RAKIETA	K30	13			02:02:15	03:14:36	04:58:15	05:04:02	05:46:19	05:48:17.15	05:48:27.55	+00:01:55 (-239,710.0%)	7:53	7.6 (69.7%)
18	BYRSKA Sylwia	1505	WMTRISELF	K20	1	MP	Kraków Athletics Team	01:42:32	02:46:12	04:15:53	04:21:43	04:59:34	05:01:34.10	05:01:39.75	+00:01:57 (-238,371.0%)	6:50	8.8 (80.7%)
19	PODSTAWSKA Renata	2008		K40	39			02:25:47	04:16:06	06:28:46	06:34:39		07:26:58.65	07:27:11.75	+00:02:01 (-236,038.4%)	10:08	5.9 (54.1%)
20	ZIELIŃSKA Malwina	2025	ZA LINIĄ METY	K20	3			01:54:44	03:03:20	04:44:31	04:50:26	05:30:18	05:32:09.10	05:32:20.05	+00:02:03 (-234,574.6%)	7:31	8 (73.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski		Schronisko na Bacówka					Czas netto 44.1km	Czas brutto 44.1km	Różn	Tempo min/km	Tempo km/h
						Drużyna	Przehybie 14.7km	Obidzy 24.4km	Premia1 37.2km	Premia2 37.7km	43.6km						
21	TUNDAK Zuzanna	1725	SZTYWNE KULASY	K30	18			02:07:25	03:27:13	05:28:37	05:34:37	06:22:45	06:24:59.25	06:24:59.25	+00:02:09 (-231,025.3%)	8:43	6.9 (63.3%)
22	LEŚKÓW Joanna	1981	SCI GÓRSCY ENTUZJAŚCI	K30	12			01:54:41	03:06:41	04:47:16	04:53:21	05:36:33	05:38:42.60	05:39:08.90	+00:02:13 (-228,237.2%)	7:40	7.8 (71.6%)
23	TOPORKIEWICZ Anna	1973		K40	1			01:44:19	02:47:48	04:24:03	04:30:10	05:09:03	05:10:48.25	05:10:54.30	+00:02:16 (-226,559.4%)	7:02	8.5 (78.0%)
24	ZAMBRZYCKA Ewa	2093		K40	46			02:19:13	04:05:14	06:26:12	06:32:21		07:32:43.05	07:32:54.90	+00:02:18 (-225,332.4%)	10:15	5.8 (53.2%)
25	MILANOWSKA-ZABEL Kaja	1940	#CODEAGAINSTCANCER, BIEGIEM PRZEZ ŻYCIE	K30	10	MP	Krakowska Akademia Lekkoatletyki	01:52:31	03:00:00	04:41:05	04:47:16	05:30:00	05:32:05.00	05:32:11.10	+00:02:19 (-224,299.8%)	7:31	8 (73.4%)
26	GOŁĘBIEWSKA Oliwia	2099		K20	5			02:01:08	03:16:35	05:10:16	05:16:30	05:59:54	06:01:58.40	06:02:16.60	+00:02:23 (-222,381.6%)	8:12	7.3 (67.0%)
27	MOŻEJKO Jadwiga	1960	NIEPOŁOMICIE BIEGAJĄ	K30	40			02:28:48	04:06:06	06:27:36	06:33:52		07:21:19.85	07:22:06.45	+00:02:24 (-221,582.2%)	10:00	6 (55.0%)
28	PAWLAK Agnieszka	1591		K30	24			02:09:37	03:36:01	05:46:00	05:52:17	06:37:43	06:39:32.40	06:40:17.95	+00:02:25 (-220,847.1%)	9:03	6.6 (60.6%)
28	PAWLAK Milena	1607		K30	24			02:09:37	03:36:03	05:46:00	05:52:18	06:37:44	06:39:32.70	06:40:17.95	+00:02:26 (-220,291.6%)	9:03	6.6 (60.6%)
30	PODKOWSKA Karolina	1717	SILVER WOLFS	K20	8			02:15:21	03:42:04	05:50:17	05:56:36	06:43:56	06:46:16.10	06:46:50.90	+00:02:27 (-219,652.0%)	9:12	6.5 (59.6%)
31	BIERNACKA Agnieszka	1793	YULO RUN TEAM SIEDLCE	K40	19			02:19:24	03:51:03	05:54:22	06:00:42	06:51:06	06:53:33.35	06:54:06.55	+00:02:28 (-219,016.0%)	9:22	6.4 (58.7%)
32	GAWEŁ Julia	2128	CROSSFIT MOKOTÓW	K20	7			02:09:42	03:33:23	05:35:15	05:41:37	06:30:24	06:32:17.70	06:32:37.20	+00:02:31 (-217,612.7%)	8:53	6.7 (61.5%)
33	RĘKAWEK Paulina	2052	TEAM ZABIEGANEDNI	K30	19			02:07:05	03:29:07	05:28:23	05:34:46	06:26:37	06:28:33.25	06:28:33.25	+00:02:31 (-217,413.7%)	8:48	6.8 (62.4%)
34	KURCZ Magdalena	1845		K30	14			02:03:05	03:19:09	05:21:30	05:27:55	06:13:54	06:15:52.35	06:16:04.55	+00:02:33 (-216,508.6%)	8:31	7 (64.2%)
35	KUŁAKOWSKA Monika	1797	W POGONI ZA DUCHEM	K40	7			02:04:54	03:25:46	05:16:46	05:23:12	06:10:50	06:12:51.60	06:13:07.20	+00:02:35 (-215,415.6%)	8:27	7.1 (65.1%)
36	HOŁUBIEC Agnieszka	1828	YULO RUN TEAM SIEDLCE	K40	20			02:16:44	03:47:31	05:54:41	06:01:08	06:51:26	06:53:30.25	06:54:06.60	+00:02:35 (-215,025.9%)	9:22	6.4 (58.7%)
37	GROMEK Edyta	1664	SZYBCIEJ NIE DAM RADY	K30	27			02:14:40	03:41:12	05:46:08	05:52:43	06:43:46	06:46:13.05	06:46:44.70	+00:02:43 (-210,991.1%)	9:12	6.5 (59.6%)
38	ZAJĄC Daria	2065	*	K30	28			02:11:32	03:46:12	05:45:33	05:52:09	06:44:52	06:46:58.60	06:47:11.75	+00:02:44 (-210,430.8%)	9:13	6.5 (59.6%)
39	KOPEĆ Renata	1617	TRAIL IS OUR WAY	K40	9			02:17:52	03:40:44	05:37:28	05:44:05	06:26:37	06:28:28.10	06:28:38.75	+00:02:45 (-210,032.5%)	8:48	6.8 (62.4%)
40	JÓZEFczyk Justyna	2120		K40	13			02:19:06	03:44:20	05:44:29	05:51:06	06:37:28	06:39:38.95	06:39:46.20	+00:02:45 (-209,609.2%)	9:03	6.6 (60.6%)
41	JAKUBISIAK Renata	1810	BIEGAM NA TARCHOMINIE	K40	29			02:09:58	03:38:44	06:05:40	06:12:18		07:12:57.85	07:13:23.70	+00:02:46 (-209,213.9%)	9:49	6.1 (56.0%)
42	DOMARADZKA-KASZUBOWICZ Wiktoria	2043		K40	16			02:17:54	03:42:51	05:49:56	05:56:34	06:43:33	06:45:23.20	06:45:48.55	+00:02:46 (-209,161.3%)	9:11	6.5 (59.6%)
43	DUCH Aleksandra	2160		K20	10			02:32:51	04:13:18	06:34:45	06:41:24		07:36:04.80	07:36:32.25	+00:02:47 (-208,741.5%)	10:20	5.8 (53.2%)
44	STELMACH Patrycja	1651	CB163	K30	23			02:05:57	03:28:43	05:38:11	05:44:50	06:35:57	06:37:49.80	06:38:04.40	+00:02:47 (-208,558.4%)	9:01	6.7 (61.5%)
45	LUBOWIECKA Paulina	1705		K20	12			02:36:54		07:00:18	07:06:58		08:11:36.15	08:12:16.55	+00:02:48 (-208,349.5%)	11:08	5.4 (49.5%)
46	ROMANIUK Anna	1801		K40	24			02:15:48	03:42:35	06:00:42	06:07:24	07:02:20	07:04:43.15	07:05:12.60	+00:02:50 (-207,027.6%)	9:37	6.2 (56.9%)
47	DASZKOWSKA Olga	1937	BŁĘKITNA XVII-TKA	K40	6			02:05:07	03:21:22	05:13:46	05:20:29	06:05:34	06:07:44.10	06:08:18.60	+00:02:51 (-206,411.3%)	8:20	7.2 (66.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski		Schronisko na Przehybie 14.7km		Bacówka na Obidzy 24.4km		Premia1 37.2km	Premia2 37.7km	43.6km	Czas netto 44.1km	Czas brutto 44.1km	Różn	Tempo min/km	Tempo km/h
							Drużyna												
48	PADUCH Joanna	1866		K30	21				02:12:30	03:30:27	05:36:12	05:42:56	06:32:12	06:34:25.00	06:35:09.60	+00:02:52 (-206,079.0%)	8:56	6.7 (61.5%)	
49	TUCHOŁKA Marta	2097	LOJA DO TATA ANDRÉ	K30	20				02:05:34	03:27:25	05:37:11	05:43:55	06:31:05	06:33:15.20	06:33:21.30	+00:02:52 (-206,079.0%)	8:55	6.7 (61.5%)	
50	MACHNIK Justyna	1819		K20	6				01:57:16	03:11:51	05:10:38	05:17:22	06:06:56	06:09:12.30	06:09:21.55	+00:02:52 (-206,002.4%)	8:22	7.2 (66.1%)	
51	PERUCKA Kamila	2111	UKS ROMER RABKA-ZDRÓJ	K30	9	MP	UKS Romer Rabka-Zdrój		01:44:18	02:49:29	04:33:46	04:40:31	05:23:51	05:25:45.40	05:25:49.80	+00:02:53 (-205,824.1%)	7:23	8.1 (74.3%)	
52	SZEJKA Katarzyna	1546		K40	26				02:18:44	03:53:19	06:05:29	06:12:14		07:08:14.10	07:09:01.15	+00:02:53 (-205,468.3%)	9:42	6.2 (56.9%)	
53	SIWIEC Ewa	1753	RACEFIGHTER GOSIR DĘBE WLK.	K40	8				02:11:09	03:32:03	05:28:48	05:35:33	06:22:03	06:24:08.50	06:24:19.50	+00:02:53 (-205,392.2%)	8:42	6.9 (63.3%)	
54	LICHACZ Ania	1678	GT RAT	K40	27				02:18:40	03:52:21	06:05:53	06:12:39		07:10:00.45	07:10:37.50	+00:02:54 (-204,987.4%)	9:45	6.2 (56.9%)	
55	MILIK Dagmara	2115		K30	30				02:11:46	03:38:28	05:46:46	05:53:32	06:45:51	06:48:08.95	06:48:56.90	+00:02:54 (-204,886.5%)	9:15	6.5 (59.6%)	
56	WIŚNIEWSKA Justyna	1702		K40	48				02:28:33	04:05:00	06:32:31	06:39:19		07:36:54.30	07:37:21.05	+00:02:56 (-204,182.6%)	10:21	5.8 (53.2%)	
57	POMORSKA Karolina	2125		K30	22				02:07:11	03:29:33	05:39:35	05:46:24	06:35:25	06:37:31.00	06:37:53.00	+00:02:57 (-203,583.1%)	9:00	6.7 (61.5%)	
58	SOBCZAK Karolina	1754		K30	36				02:16:34	03:48:29	06:03:34	06:10:23		07:08:31.80	07:09:10.30	+00:02:57 (-203,533.3%)	9:43	6.2 (56.9%)	
59	GENDVILAITÉ Sonata	2046	WILDSOULS	K40	43				02:33:47	04:13:01	06:29:44	06:36:34		07:29:47.30	07:30:31.00	+00:02:58 (-203,309.5%)	10:11	5.9 (54.1%)	
60	ZAPALSKA Aleksandra	1856	TATRA GANG	K20	9				02:17:42	03:47:03	05:55:32	06:02:22	06:49:19	06:51:27.55	06:51:51.10	+00:02:58 (-203,185.3%)	9:19	6.4 (58.7%)	
61	STRUSIŃSKA Katarzyna	2640	MIŃSKA GRUPA ROWEROWA / KS BARAKUDA	K40	54				02:30:10	04:11:35	06:41:18	06:48:10		07:46:59.95	07:47:12.30	+00:03:00 (-202,148.7%)	10:35	5.7 (52.3%)	
62	PIETRZAK Agnieszka	1774	CZARNE OWCE	K30	41				02:18:58	03:58:23	06:24:10	06:31:02		07:29:26.85	07:30:03.70	+00:03:00 (-202,026.0%)	10:11	5.9 (54.1%)	
63	MACIEJEWSKA Karolina	1816		K40	31				02:19:36	03:53:01	06:07:26	06:14:19		07:16:18.10	07:16:57.05	+00:03:01 (-201,609.9%)	9:53	6.1 (56.0%)	
64	KĘDZIORA Aleksandra	1589	GT RAT	K40	27				02:18:48	03:51:56	06:05:43	06:12:38		07:10:00.15	07:10:37.50	+00:03:03 (-200,468.3%)	9:45	6.2 (56.9%)	
65	GADOMSKA Anna	2070	PZU SPORT TEAM	K40	10				02:08:38	03:31:18	05:31:22	05:38:19	06:27:37	06:29:43.70	06:30:32.00	+00:03:05 (-199,770.4%)	8:50	6.8 (62.4%)	
66	ŁATKOWSKA Monika	2013	GRUPA BIEGOWA CHTMO	K40	33				02:21:08	03:58:04	06:17:49	06:24:49		07:18:53.50	07:19:03.35	+00:03:08 (-198,294.5%)	9:57	6 (55.0%)	
67	ODOLCZYK Joanna	1710		K50	4				02:18:51	03:45:16	06:07:13	06:14:14	07:04:36	07:07:17.35	07:08:13.45	+00:03:08 (-198,129.2%)	9:41	6.2 (56.9%)	
68	KRAJEWSKA-PALUCH Ewa	1983		K40	37				02:16:09	03:52:28	06:15:01	06:22:02		07:24:31.50	07:24:55.30	+00:03:09 (-197,588.1%)	10:04	6 (55.0%)	
69	BISKUPSKA Ewa	2119		K40	57				02:29:15	04:14:50	06:48:39	06:55:44		07:57:49.00	07:57:56.30	+00:03:13 (-196,167.2%)	10:50	5.5 (50.5%)	
70	SZYDŁOWSKA - DOROSZ Patrycja	1637	TEAM ZABIEGANEDNI	K40	62				02:37:46	04:28:32	06:55:10	07:02:14		08:08:15.75	08:08:47.85	+00:03:13 (-195,913.2%)	11:04	5.4 (49.5%)	
71	NOWAK Ewelina	2109	GROMNIK RUN TEAM	K40	45				02:31:18	04:04:51	06:25:48	06:32:55		07:30:41.65	07:31:11.60	+00:03:15 (-195,177.8%)	10:13	5.9 (54.1%)	
72	PIOTROWSKA Ewa	2118	META NADARZYN	K50	11				02:41:20	04:37:33	07:16:02	07:23:10		08:24:08.80	08:24:58.50	+00:03:16 (-194,721.1%)	11:25	5.2 (47.7%)	
73	NOWAK Paulina	1595	ADIDAS RUNNERS POZNAŃ	K30	48				02:37:32	04:28:28	06:57:39	07:04:49		08:16:45.75	08:17:27.90	+00:03:18 (-193,543.3%)	11:15	5.3 (48.6%)	
74	PRUCHNIEWSKA Agnieszka	1601	ROKIETNICA BIEGA	K40	23	MP	RKL Kusy Rokietnica		02:24:20	03:52:45	06:05:14	06:12:24	07:01:11	07:03:26.15	07:03:32.65	+00:03:19 (-193,251.1%)	9:36	6.2 (56.9%)	
75	WIĘCH Kinga	2036		K40	22				02:21:20	03:50:51	06:00:43	06:07:54	06:58:37	07:00:54.75	07:01:36.00	+00:03:19 (-193,049.4%)	9:32	6.3 (57.8%)	

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Drużyna	Schronisko na Bacówka					Czas netto 44.1km	Czas brutto 44.1km	Różn	Tempo min/km	Tempo km/h
								Przehybie 14.7km	Obidzy 24.4km	Premia1 37.2km	Premia2 37.7km	43.6km					
76	GUSZCZA Ewa	1737	MARKOWI BIEGACZE	K40	38			02:16:56	03:57:18	06:19:24	06:26:35		07:24:54.85	07:25:37.15	+00:03:20 (-192,803.3%)	10:05	5.9 (54.1%)
77	ADAMOWICZ Agnieszka	1941	ZWOLEŃNICY BIEGANIA	K40	34			02:24:58	03:58:16	06:17:18	06:24:30		07:21:17.45	07:21:45.25	+00:03:21 (-192,491.1%)	10:00	6 (55.0%)
78	PUCHALSKA Olga	163		K40	59			02:37:45	04:16:42	06:49:25	06:56:38		08:01:10.80	08:01:59.70	+00:03:21 (-192,446.5%)	10:54	5.5 (50.5%)
79	BRATKOWSKA Agnieszka	1822		K40	32			02:19:13	03:57:15	06:15:11	06:22:25		07:17:45.80	07:18:32.15	+00:03:21 (-192,135.4%)	9:55	6 (55.0%)
80	FIRA-KREMPA Edyta	2049		K50	3			02:17:52	03:43:49	05:59:54	06:07:08	07:01:23	07:03:48.60	07:03:59.00	+00:03:22 (-191,736.9%)	9:36	6.2 (56.9%)
81	CZERWIK Monika	1927	#RÓBSWOJE	K40	17			02:12:15	03:38:50	05:48:55	05:56:09	06:45:02	06:47:11.00	06:47:51.80	+00:03:22 (-191,692.7%)	9:13	6.5 (59.6%)
82	SZULENCKA Aleksandra	1768	ZABIEGANI PO USZY	K30	55			03:04:00	04:47:22	07:27:43	07:34:58		08:37:47.10	08:38:47.20	+00:03:23 (-191,648.6%)	11:44	5.1 (46.8%)
83	SŁOMCZYŃSKA Karolina	1663		K30	16			02:01:36	03:25:07	05:25:56	05:33:10	06:16:39	06:18:32.40	06:18:46.25	+00:03:23 (-191,516.2%)	8:35	7 (64.2%)
84	SZMIGIEL Agnieszka	1952		K30	26			02:16:04	03:36:54	05:45:45	05:53:02	06:43:33	06:45:36.45	06:45:55.95	+00:03:25 (-190,464.0%)	9:11	6.5 (59.6%)
85	WAWRZYŃIAK Ilona	1688	NORBULLO TEAM	K40	41			02:15:56	03:58:12	06:26:39	06:33:58		07:27:19.65	07:27:39.80	+00:03:26 (-189,920.5%)	10:08	5.9 (54.1%)
86	JĘDRZEJCZYK Agnieszka	2056	RZESZOWSKIE GAZELE I GEPARDY	K40	15			02:19:34	03:43:52	05:45:42	05:53:01	06:41:44	06:43:57.45	06:44:39.35	+00:03:27 (-189,531.1%)	9:09	6.6 (60.6%)
87	ŁABĘCKA Agata	1765	KLUB BIEGACZA RTV EURO AGD	K40	12			02:11:21	03:35:23	05:41:23	05:48:44	06:35:08	06:37:10.95	06:37:57.70	+00:03:29 (-188,907.1%)	9:00	6.7 (61.5%)
88	RUCYK Justyna	1867		K40	64			02:33:35	04:28:29	06:51:41	06:59:06		08:08:32.25	08:09:14.80	+00:03:33 (-186,996.5%)	11:04	5.4 (49.5%)
89	WOJTASIK Marta	2006		K40	61			02:33:03	04:18:38	06:51:04	06:58:31		08:07:29.30	08:07:40.90	+00:03:35 (-186,284.7%)	11:03	5.4 (49.5%)
90	JANOWSKA Urszula	1618		K40	42			02:19:31	04:04:43	06:21:59	06:29:27		07:28:35.00	07:29:17.05	+00:03:36 (-185,806.3%)	10:10	5.9 (54.1%)
91	BURZA Kinga	1823	LKS BURZYN	K40	53			02:31:16	04:16:52	06:39:33	06:47:01		07:44:05.55	07:44:37.80	+00:03:36 (-185,764.8%)	10:31	5.7 (52.3%)
92	SOBIESZEK Sylwia	1928		K40	4			01:54:31	03:04:31	04:58:43	05:06:12	05:55:16	05:57:24.05	05:57:51.00	+00:03:36 (-185,702.6%)	8:06	7.4 (67.9%)
93	BUNIEWSKA Wiktoria	1755		K20	11			02:36:53		07:00:23	07:07:51		08:11:35.55	08:12:16.50	+00:03:37 (-185,661.1%)	11:08	5.4 (49.5%)
94	KONS Katarzyna	2134		K30	32			02:16:39	03:43:10	05:51:27	05:58:57	06:50:08	06:52:26.60	06:53:02.65	+00:03:38 (-185,021.1%)	9:21	6.4 (58.7%)
95	CIOSEK Marta	1572		K40	5			02:03:16	03:22:24	05:14:40	05:22:10	06:02:09	06:03:52.05	06:04:08.20	+00:03:38 (-184,980.0%)	8:15	7.3 (67.0%)
96	TADLA Izabela	2075	#NOLIMITS	K30	37			02:20:31	03:47:26	06:08:19	06:15:49		07:14:24.05	07:14:50.00	+00:03:38 (-184,980.0%)	9:51	6.1 (56.0%)
97	MALCZEWSKA-CHAŁADAJ Karina	2148		K40	56			02:36:30	04:20:56	06:45:15	06:52:45		07:52:51.15	07:53:22.65	+00:03:38 (-184,897.8%)	10:43	5.6 (51.4%)
98	KOEHLER Ola	2145		K30	29			02:12:16	03:37:49	05:42:46	05:50:17	06:46:02	06:48:33.60	06:48:50.45	+00:03:39 (-184,549.2%)	9:15	6.5 (59.6%)
99	PLEBAN Małgorzata	2116	SKPB WARSZAWA	K30	31			02:10:53	03:36:44	05:47:07	05:54:38	06:49:19	06:51:24.75	06:51:53.45	+00:03:39 (-184,528.7%)	9:19	6.4 (58.7%)
100	GRADZIK-BOROWSKA Inga	1988		K30	17			02:01:34	03:19:01	05:19:30	05:27:02	06:16:38	06:18:47.70	06:18:59.60	+00:03:40 (-184,324.3%)	8:35	7 (64.2%)
101	GÓRSKA Alicja	2032		K40	58			02:17:07	04:04:51	06:42:55	06:50:29		08:00:44.05	08:01:24.10	+00:03:42 (-183,470.6%)	10:54	5.5 (50.5%)
102	PURGAL Magdalena	1883	SŁOŃCA JURY	K40	40			02:23:08	03:56:25	06:17:33	06:25:07		07:27:24.40	07:27:39.70	+00:03:42 (-183,248.4%)	10:08	5.9 (54.1%)
103	BAKALARSKA Mariola	1644		K50	7			02:25:34	04:07:12	06:40:22	06:47:57		07:52:47.90	07:53:04.20	+00:03:43 (-183,147.5%)	10:43	5.6 (51.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Drużyna	Schronisko na Bacówka					Czas netto 44.1km	Czas brutto 44.1km	Różn	Tempo min/km	Tempo km/h
								Przehybie 14.7km	Obidzy 24.4km	Premia1 37.2km	Premia2 37.7km	43.6km					
104	SZYMANEK Anna	1622	NAPRZÓD MŁOCINY	K40	44			02:20:51	04:08:48	06:34:54	06:42:31		07:30:38.70	07:31:02.35	+00:03:45 (-182,185.0%)	10:13	5.9 (54.1%)
105	SADOWSKA Agata	1706		K40	63			02:25:12	04:13:26	06:56:16	07:03:54		08:08:33.65	08:08:59.00	+00:03:46 (-181,747.2%)	11:04	5.4 (49.5%)
106	IDZIKOWSKA-ŚLEDŹ Marta	1790	NAPRZÓD MŁOCINY	K40	49			02:24:13	04:08:49	06:34:58	06:42:37		07:38:30.65	07:38:54.20	+00:03:47 (-181,548.9%)	10:23	5.8 (53.2%)
107	MASTALERZ Katarzyna	2007	DZIENNIK CZASÓW ZARAŻY	K50	9			02:30:34	04:12:50	06:50:34	06:58:13		08:06:57.60	08:07:40.70	+00:03:47 (-181,351.0%)	11:02	5.4 (49.5%)
108	SPISS Maria	1807		K40	60			02:41:16	04:28:50	06:59:07	07:06:47		08:06:46.15	08:07:11.05	+00:03:48 (-180,936.8%)	11:02	5.4 (49.5%)
109	BŁAUT Alicja	1844	SMASHING PĄPKINS	K40	18			02:15:51	03:41:45	05:47:17	05:54:57	06:47:01	06:49:30.15	06:50:02.20	+00:03:49 (-180,799.2%)	9:17	6.5 (59.6%)
110	TRZOSIŃSKA Katarzyna	2129	STAJNIA BALONA	K30	42			02:31:18	04:05:05	06:25:49	06:33:29		07:30:41.60	07:31:11.85	+00:03:49 (-180,701.0%)	10:13	5.9 (54.1%)
111	BACZYŃSKA Aneta	1649	YULO RUN TEAM SIEDLCE	K40	51			02:30:08	04:11:21	06:36:25	06:44:06		07:43:11.20	07:43:44.50	+00:03:49 (-180,485.4%)	10:30	5.7 (52.3%)
112	MADEJAK Sylwia	1764	RTVEUROAGD	K50	12			02:52:28	04:40:39	07:27:04	07:34:45		08:40:01.95	08:40:53.30	+00:03:50 (-180,387.6%)	11:47	5.1 (46.8%)
113	DESSAUER Wioletta	1585	LUBARTÓW	K40	11			02:05:03	03:21:40	05:25:33	05:33:14	06:28:44	06:31:28.30	06:31:59.30	+00:03:50 (-180,368.0%)	8:52	6.8 (62.4%)
114	HABRAT Dorota	1999	HABRAT TEAM	K50	2			02:16:36	03:42:07	05:49:24	05:57:06	06:44:39	06:46:49.90	06:46:55.85	+00:03:50 (-180,231.3%)	9:13	6.5 (59.6%)
115	WÓJCIK Monika	2030	ADIDAS RUNNERS WARSAW	K40	25			02:10:14	03:38:42	06:04:36	06:12:19		07:07:42.40	07:08:07.20	+00:03:51 (-179,802.8%)	9:41	6.2 (56.9%)
116	MOĆKO Anita	1676	MARKOWI BIEGACZE	K40	30			02:20:15	03:47:05	06:08:03	06:15:46		07:14:34.00	07:15:00.30	+00:03:51 (-179,763.9%)	9:51	6.1 (56.0%)
117	KORZENIOWSKA Małgorzata	1842		K40	36			02:19:00	03:51:00	06:11:18	06:19:01		07:23:54.30	07:24:11.05	+00:03:51 (-179,763.9%)	10:03	6 (55.0%)
Przekroczony limit czasu: 09:00:00																	
118	SADOWSKA Justyna	1838	UKS HERKULES SULEJÓWEK	K50	13			03:37:31	05:26:49	07:58:31	08:06:15		09:11:31.05	09:12:28.85	+00:03:51 (-179,705.7%)	12:30	4.8 (44.0%)
119	PYRAK Joanna	1808	AEGON RUN	K30	58			02:48:21	04:51:54	08:02:18	08:10:05		09:33:08.25	09:33:39.40	+00:03:55 (-178,261.7%)	12:59	4.6 (42.2%)
120	FELCZAK Klaudia	1741		K20	13			02:33:40	04:13:18	07:00:24	07:08:11		08:22:14.80	08:23:14.00	+00:03:55 (-178,204.4%)	11:23	5.3 (48.6%)
121	PIOTROWSKA Kamila	1846		K30	50			02:37:27	04:37:05	07:15:01	07:22:49		08:27:21.40	08:27:41.00	+00:03:56 (-177,842.5%)	11:30	5.2 (47.7%)
122	SZCZEPANIAK Anna	2138	AS CAMPS	K30	47			02:16:09	04:02:22	06:37:22	06:45:11		07:55:21.85	07:55:43.05	+00:03:57 (-177,482.1%)	10:46	5.6 (51.4%)
123	KĘDZIA Edyta	1746	GRUPA BIEGOWA 65	K50	8			02:39:11	04:18:32	06:44:54	06:52:44		07:53:49.90	07:54:43.70	+00:03:58 (-177,179.7%)	10:44	5.6 (51.4%)
124	GRZĘBSKA-BUJA Małgorzata	1660	GOSIA.SIE.BUJA	K40	14			02:14:08	03:34:49	05:42:15	05:50:07	06:38:41	06:40:32.65	06:41:04.10	+00:04:00 (-176,596.7%)	9:04	6.6 (60.6%)
125	PIETRUSZEWSKA Katarzyna	1811	ORANGE POLSKA	K40	75			03:01:05	04:52:04	07:23:32	07:31:25		08:34:43.00	08:35:16.30	+00:04:01 (-175,905.9%)	11:40	5.1 (46.8%)
126	WOŹNIAKOWSKA Małgorzata	1879		K30	45			02:37:21	04:15:50	06:38:03	06:45:58		07:42:10.60	07:43:05.40	+00:04:02 (-175,534.8%)	10:28	5.7 (52.3%)
127	PIETRUSZEWSKA Ewa	1881	IM INSPIRATION	K30	34			02:14:37	03:43:43	05:55:29	06:03:24	06:56:03	06:58:24.15	06:59:03.70	+00:04:03 (-175,331.3%)	9:29	6.3 (57.8%)
128	PAKULSKA Dorota	1730		K40	21			02:22:03	03:48:30	06:00:47	06:08:42	06:58:41	07:00:44.85	07:00:51.85	+00:04:03 (-175,202.0%)	9:32	6.3 (57.8%)
129	JAKÓBCZAK Sylwia	1744	ŁÓDŹ KOCHA SPORT	K30	33			02:14:37	03:43:43	05:55:29	06:03:24	06:56:03	06:58:24.25	06:59:03.65	+00:04:03 (-175,183.6%)	9:29	6.3 (57.8%)
130	DOPIERAŁA Kinga	1520	TRAIL IS OUR WAY / #PIGWATRIL	K30	44			02:32:44	04:02:02	06:35:41	06:43:38		07:40:57.40	07:41:08.35	+00:04:05 (-174,522.1%)	10:27	5.7 (52.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Drużyna	Schronisko na Bacówka					Czas netto 44.1km	Czas brutto 44.1km	Różn	Tempo min/km	Tempo km/h
								Przehybie 14.7km	Obidzy 24.4km	Premia1 37.2km	Premia2 37.7km	43.6km					
131	WOJSŁAW Krystyna	2094		K50	5			02:19:55	03:59:32	06:29:42	06:37:40		07:33:47.30	07:34:06.80	+00:04:06 (-174,320.9%)	10:17	5.8 (53.2%)
132	ŁÓJ-KONIECZNA Edyta	1748	INFINITY-GYM	K40	47			02:29:59	04:05:41	06:28:29	06:36:27		07:33:32.00	07:34:00.40	+00:04:06 (-174,211.4%)	10:17	5.8 (53.2%)
133	PIOTROWICZ Małgorzata	1945	INFINITY-GYM	K30	39			02:28:28	04:02:47	06:13:45	06:21:43		07:17:22.70	07:17:38.40	+00:04:06 (-174,065.6%)	9:55	6 (55.0%)
134	KOLANKO Sylwia	1739	PFR SA	K30	15			02:06:10	03:22:56	05:18:55	05:26:54	06:16:33	06:18:24.45	06:18:39.40	+00:04:08 (-173,430.6%)	8:34	7 (64.2%)
135	TOKARSKA Bożena	2062	#ADAMCZERWIŃSKITEAM	K40	52			02:35:59	04:14:26	06:38:35	06:46:35		07:43:49.80	07:44:08.40	+00:04:08 (-173,358.3%)	10:31	5.7 (52.3%)
136	MRUCZYŃSKA-PIETRUCZANIS Katarzyna	1646	AKTYWNI WĘGRÓW / DEVI HIMAL TEAM	K40	74			02:42:54	04:32:19	07:10:21	07:18:22		08:31:31.85	08:32:17.70	+00:04:09 (-173,087.8%)	11:35	5.2 (47.7%)
137	KOWALCZYK Katarzyna	1752	DROGA DO ULTRA	K40	73			02:44:04	04:35:17	07:15:18	07:23:20		08:26:10.45	08:26:55.75	+00:04:09 (-173,015.8%)	11:28	5.2 (47.7%)
138	GROSZAK Joanna	1685		K30	52			02:36:21	04:30:35	07:15:33	07:23:35		08:32:21.85	08:33:03.10	+00:04:10 (-172,746.3%)	11:37	5.2 (47.7%)
139	KULAS Katarzyna	1787	SZTYWNE KULASY	K30	43			02:27:01	04:02:21	06:20:56	06:29:03		07:33:17.15	07:33:44.10	+00:04:15 (-170,848.3%)	10:16	5.8 (53.2%)
140	LAMPRYCHT-JANEK Natalia	1994		K30	53			02:36:21	04:30:35	07:15:34	07:23:44		08:32:21.95	08:33:03.20	+00:04:17 (-170,184.2%)	11:37	5.2 (47.7%)
141	WOJDAK Anna	1657		K50	6			02:24:30	04:07:01	06:45:23	06:53:35		07:50:51.70	07:51:09.05	+00:04:20 (-169,111.7%)	10:40	5.6 (51.4%)
142	LARWA Katarzyna	1674		K30	57			02:45:15	04:44:40	07:35:03	07:43:17		08:50:26.20	08:51:13.40	+00:04:22 (-168,409.9%)	12:01	5 (45.9%)
143	KRUPA Natalia	1770	CHSBD W RUCHU	K30	35			02:17:04	03:42:22	05:56:01	06:04:19	06:57:11	06:59:23.65	06:59:49.45	+00:04:26 (-167,057.0%)	9:30	6.3 (57.8%)
144	OCHREMIAK Aleksandra	1581	MOKOBIEGACZE	K30	56			02:44:58	04:31:38	07:20:38	07:28:56		08:38:49.10	08:39:29.85	+00:04:27 (-167,006.7%)	11:45	5.1 (46.8%)
145	KARAS-GMITRZUK Marzena	2085	BESTIE OCR LEGIONOWO	K40	72			02:46:19	04:39:32	07:19:25	07:27:44		08:25:04.80	08:25:15.65	+00:04:27 (-166,856.0%)	11:27	5.2 (47.7%)
146	SIKORA Agnieszka	1542	MATNER RUNNING TEAM	K50	10			02:38:19	04:31:07	07:01:28	07:09:49		08:12:08.90	08:12:29.70	+00:04:29 (-166,272.4%)	11:09	5.4 (49.5%)
147	MIKOŁAJEWSKA Zofia	1653	ORT	K30	38			02:18:46	03:49:18	06:08:21	06:16:43		07:16:26.25	07:16:46.40	+00:04:30 (-165,973.8%)	9:53	6.1 (56.0%)
148	HUBNER Ilona	1915	TLENOWA RADOŚĆ TEAM	K40	65			02:50:09	04:35:56	07:00:38	07:09:02		08:11:32.40	08:12:15.15	+00:04:32 (-165,297.7%)	11:08	5.4 (49.5%)
149	PRZETAKIEWICZ Magdalena	2061		K40	77			02:41:36	04:41:22	07:20:56	07:29:21		08:47:01.40	08:47:47.30	+00:04:33 (-164,790.1%)	11:57	5 (45.9%)
150	BOGDAŁ Ewelina	1977		K30	49			02:46:14	04:33:52	07:10:21	07:18:52		08:26:57.70	08:27:40.25	+00:04:39 (-162,838.5%)	11:29	5.2 (47.7%)
151	KRZYSZTOFOWICZ Karolina	1829	ULTRASY	K40	76			02:44:50	04:38:51	07:17:03	07:25:35		08:36:33.75	08:37:05.70	+00:04:41 (-162,377.6%)	11:42	5.1 (46.8%)
152	RÓŻAK-RUKUSZEWICZ Magdalena	1882	DZIKIE GRUBASY SZATANA	K40	50			02:23:56	03:58:15	06:29:50	06:38:26		07:39:01.00	07:39:25.60	+00:04:44 (-161,416.5%)	10:24	5.8 (53.2%)
153	DOMOWICZ Anna	1799		K30	54			02:48:07	04:37:21	07:19:09	07:27:45		08:36:28.00	08:37:07.85	+00:04:44 (-161,369.6%)	11:42	5.1 (46.8%)
154	PACEK Katarzyna	1814		K40	35			02:21:47	03:54:00	06:11:02	06:19:41		07:21:47.30	07:22:00.70	+00:04:47 (-160,389.4%)	10:01	6 (55.0%)
155	KĘDZIOREK Elzbieta	1974	TEAM ZABIEGANEDNI	K30	51			02:37:45	04:27:44	07:10:34	07:19:13		08:27:58.00	08:28:30.75	+00:04:47 (-160,389.4%)	11:31	5.2 (47.7%)
156	PIECUCH Małgorzata	1569		K60	1			02:53:42	04:49:40	07:35:18	07:43:59		08:46:56.05	08:47:46.55	+00:04:49 (-159,942.3%)	11:56	5 (45.9%)
157	MORAWSKA Anna	1681		K70	1			02:49:00	04:45:42	07:45:01	07:53:42		09:09:00.00	09:09:55.80	+00:04:49 (-159,834.7%)	12:26	4.8 (44.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa		Schronisko	Bacówka	Premia1	Premia2	43.6km	Czas netto 44.1km	Czas brutto 44.1km	Różn	Tempo min/km	Tempo km/h
						Polski	Drużyna	na Przehybie 14.7km	na Obidzy 24.4km								
158	WINIECKA Ewa	1539	IRON HOUSE TRIATHLON WŁOCŁAWEK	K40	71			02:50:56	04:37:10	07:04:24	07:13:15		08:18:17.70	08:18:29.75	+00:04:59 (-156,777.0%)	11:17	5.3 (48.6%)
159	KRĘPACKA Monika	1853	CHEŁM BIEGA	K40	68			02:29:28	04:17:13	07:00:15	07:09:09		08:15:00.25	08:15:36.00	+00:05:03 (-155,749.6%)	11:13	5.3 (48.6%)
160	WINNICKA Edyta	1805	ADIDAS RUNNERS WARSAW SŁODKIE PĄCZKI	K30	46			02:40:53	04:18:20	06:42:27	06:51:21		07:54:20.00	07:55:03.85	+00:05:03 (-155,720.4%)	10:45	5.6 (51.4%)
161	CIBOROWSKA Hanna	1579	META NADARZYN	K60	2			03:15:12	05:26:51	08:26:48	08:35:47		09:56:53.85	09:57:51.65	+00:05:07 (-154,419.5%)	13:32	4.4 (40.4%)
162	MIŁOSZ Maria	1535	KASZANKI	K30	60			03:22:36	05:28:59	08:33:47	08:42:53		10:02:53.80	10:03:50.55	+00:05:15 (-152,187.4%)	13:40	4.4 (40.4%)
163	BAKUN Jolka	1709	CHEŁM	K40	70			02:26:52	04:17:00	07:00:38	07:09:45		08:14:58.55	08:15:36.15	+00:05:15 (-152,173.5%)	11:13	5.3 (48.6%)
164	OCHNIK-KALINOWSKA Justyna	1658		K40	67			02:27:49	04:17:36	07:03:59	07:13:18		08:13:00.50	08:13:56.20	+00:05:27 (-148,957.7%)	11:10	5.4 (49.5%)
165	SACKIEWICZ-WIĄCEK Agnieszka	1745		K40	66			02:40:50	04:25:18	06:55:01	07:04:30		08:13:26.85	08:13:56.15	+00:05:37 (-146,414.2%)	11:11	5.4 (49.5%)
166	BARTOSZEWICZ Beata	2158		K30	59			03:19:52	05:22:30	08:24:17	08:34:14		10:01:32.15	10:02:14.70	+00:06:04 (-139,618.2%)	13:38	4.4 (40.4%)
167	KEMPISTY Anna	1806	OIL WARSZAWA/12TRI.PL	K50	14			02:58:39	05:01:33	07:53:16	08:03:24		09:24:14.45	09:25:06.10	+00:06:15 (-137,052.7%)	12:47	4.7 (43.1%)

Znaleziono 167 wynik(ów)