

Event: PIENINY ULTRA-TRAIL®
Organiser: Fundacja Strefa Przypód
Date: 2023-04-22
Place: Szczawnica
Distance: 44.1 km

Classification: Premia Górska - Mężczyźni

Place	Participant	Number	Club	Category	MCat	Mistrzostwa		Schronisko na Bacówka					Net time 44.1km	Czas brutto 44.1km	Gap	Pace min/km	Pace km/h
						Polski	Drużyna	Przehybie 14.7km	Obidzy 24.4km	Premia1 37.2km	Premia2 37.7km	43.6km					
1	SIWEK Michał	1907	NIEPOŁOMICE BIEGAJĄ	M30	22			01:39:27	02:38:58	04:11:39	04:14:47	05:00:07	05:02:02.40	05:02:09.40	+00:00:00 (-359,900.0%)	6:50	8.8 (100%)
2	WINIECKI Tomasz	2133	IRON HOUSE TRIATHLON WŁOCLAWEK	M40	176			02:50:51	04:37:04	07:04:22	07:07:45		08:18:18.30	08:18:30.45	+00:00:14 (-334,534.1%)	11:17	5.3 (60.2%)
3	WITEK Andrzej	1507	140MINUT.PL	M30	1	MP	MKS Siechnice	01:13:49	01:57:54	02:58:16	03:01:40	03:27:44	03:29:27.65	03:29:30.00	+00:00:16 (-331,430.4%)	4:44	12.6 (143.2%)
4	TARASEK Dariusz	1854	SEVEN7	M40	5			01:28:14	02:20:59	03:38:30	03:42:02	04:12:32	04:14:04.30	04:14:07.60	+00:00:22 (-320,930.5%)	5:45	10.4 (118.2%)
5	BODURKA Krzysztof	1508	SALOMON TEAM	M30	3			01:16:58	02:01:21	03:04:50	03:08:25	03:34:59	03:36:23.65	03:36:25.60	+00:00:26 (-316,294.1%)	4:54	12.2 (138.6%)
6	FAVERO Alessandro	1905	DUEROCHE ASD	M20	4			01:26:33	02:18:37	03:28:06	03:31:44	04:01:17	04:03:00.35	04:03:03.05	+00:00:29 (-311,360.7%)	5:30	10.9 (123.9%)
7	RAJCA Michał	1513	HOKA GARMIN TEAM	M30	2	MP	SBG Salco Niepołomice	01:16:02	02:00:16	03:02:53	03:06:39	03:33:24	03:34:50.15	03:34:52.90	+00:00:36 (-301,338.1%)	4:52	12.3 (139.8%)
8	GÓRSKI Jakub	1638	RAPID RUNNERS TEAM	M30	129			02:30:38	04:11:54	06:50:30	06:54:16		08:01:31.75	08:02:01.80	+00:00:37 (-300,138.7%)	10:55	5.5 (62.5%)
9	GRZĄDZIEL Dominik	1514	ATTIQ TEAM	M40	1			01:19:15	02:09:22	03:19:07	03:23:01	03:52:40	03:54:19.35	03:54:21.95	+00:00:45 (-290,441.2%)	5:18	11.3 (128.4%)
10	MATUSZCZAK Rafał	1509	LLKS OSOWA SIEŃ	M20	1	MP	LLKS Osowa Sień	01:11:39	01:54:03	02:55:28	02:59:23	03:28:57	03:30:20.05	03:30:22.25	+00:00:45 (-289,697.3%)	4:46	12.6 (143.2%)
11	KARWACZYŃSKI Roger	1553	AW-SZYBCIEJ-TEAM	M30	5			01:21:23	02:09:56	03:17:35	03:21:34	03:50:18	03:51:55.50	03:51:58.90	+00:00:49 (-284,953.5%)	5:15	11.4 (129.5%)
12	FABIAN Marcel	1518	SOCIOS SILESIA	M20	2	MP	SMKS Parasol Wrocław	01:16:12	02:01:11	03:07:37	03:11:39	03:42:09	03:43:45.65	03:43:48.05	+00:00:53 (-280,246.7%)	5:04	11.8 (134.1%)
13	POŻAK Grzegorz	1583	LUBARTÓW	M40	18			01:53:47	02:58:54	04:28:30	04:32:38	05:07:08	05:08:59.95	05:09:30.35	+00:00:59 (-273,526.1%)	7:00	8.6 (97.7%)
14	ŻUCHOWSKI Daniel	2110	HOKA RUNNERS POLAND	M30	6	MP	LKB Rudnik	01:22:01	02:10:00	03:19:28	03:23:38	03:51:42	03:53:09.35	03:53:12.70	+00:01:02 (-270,743.5%)	5:17	11.3 (128.4%)
15	WERNER Kamil	1593	DZIKI BIEG	M30	11			01:31:42	02:28:14	03:51:03	03:55:28	04:30:34	04:32:15.70	04:32:23.70	+00:01:15 (-256,566.7%)	6:10	9.7 (110.2%)
16	SZKOŁUDA Miłosz	2015	BIEGOLAS KOSZALIN	M20	3	MP	UKS Sokół Węgorzewo	01:22:40	02:11:21	03:22:53	03:27:19	03:56:56	03:58:22.10	03:58:25.60	+00:01:17 (-254,641.2%)	5:24	11.1 (126.1%)
17	JACHYMIAK Robert	1971	SPECJALISTYCZNY GABINET REHABILITACJI DZIECI	M40	3			01:26:39	02:18:41	03:35:24	03:39:53	04:11:12	04:13:01.95	04:13:03.75	+00:01:20 (-251,993.5%)	5:44	10.5 (119.3%)
18	MAZAN Piotr	1537	FINISZ RYMANÓW	M40	4			01:27:47	02:19:54	03:35:39	03:40:09	04:12:20	04:13:54.80	04:13:57.60	+00:01:21 (-251,154.2%)	5:45	10.4 (118.2%)
19	GOC Paweł	1524	RMT TEAM	M40	6			01:31:50	02:24:40	03:40:08	03:44:41	04:16:16	04:17:51.85	04:17:56.70	+00:01:24 (-248,532.6%)	5:50	10.3 (117.0%)
20	GIERS Michał	1900		M30	30			01:52:31	02:57:25	04:30:43	04:35:20	05:12:00	05:13:37.05	05:13:50.85	+00:01:28 (-244,988.4%)	7:06	8.4 (95.5%)
21	SENDOR Piotr	1890		M40	9			01:31:15	02:24:56	03:45:18	03:50:01	04:28:35	04:30:36.90	04:30:40.60	+00:01:34 (-239,413.3%)	6:08	9.8 (111.4%)

Place	Participant	Number	Club	Category	MCat	Mistrzostwa Polski		Schronisko na Przehybie 14.7km	Bacówka na Obidzy 24.4km	Premia1 37.2km	Premia2 37.7km	43.6km	Net time 44.1km	Czas brutto 44.1km	Gap	Pace min/km	Pace km/h
						Drużyna											
22	PASIK Tomasz	1922	WOLSZTYŃSKI KLUB BIEGOWY	M40	2	MP	Wolsztyński Klub Biegowy	01:22:20	02:11:21	03:22:41	03:27:25	03:56:57	03:58:54.65	03:58:57.75	+00:01:35 (-239,244.5%)	5:25	11.1 (126.1%)
23	SKUPIEŃ Tomasz	1510		M30	4	MP	SKL Sucha Beskidzka		02:01:24	03:10:06	03:14:50	03:44:21	03:46:08.40	03:46:10.30	+00:01:35 (-239,118.0%)	5:07	11.7 (133.0%)
24	SELKE Radosław	1910	MORT!	M30	13	MP	UKS MTE Milanówek	01:30:37	02:28:19	03:55:22	04:00:08	04:36:10	04:37:43.90	04:37:47.30	+00:01:36 (-237,694.1%)	6:17	9.5 (108.0%)
25	OCHREMIAK Michał	1582	MOKOBIEGACZE	M30	142			02:44:58	04:31:36	07:20:19	07:25:05		08:38:48.50	08:39:29.75	+00:01:37 (-237,486.1%)	11:45	5.1 (58.0%)
26	CHMIELOWIEC Daniel	2078	GORLICKA GRUPA BIEGOWA	M30	15			01:32:15	02:31:21	04:00:30	04:05:17	04:44:14	04:46:18.75	04:46:26.85	+00:01:38 (-236,823.1%)	6:29	9.2 (104.5%)
27	ZAPAŁA Piotr	1933	DREAMRUN	M30	36			01:52:15	02:59:38	04:36:42	04:41:29	05:19:39	05:21:23.20	05:22:04.45	+00:01:38 (-236,575.4%)	7:17	8.2 (93.2%)
28	ŚWIRGOŃ Adam	2108	TRENERBIEGANIA.PL	M20	5	MP	AZS UMCS Lublin	01:24:21	02:15:56	03:34:42	03:39:30	04:09:21	04:10:54.50	04:10:56.65	+00:01:39 (-235,589.7%)	5:41	10.5 (119.3%)
29	RUTKOWSKI Dawid	2035	GRIZZLYTEAM/140MINUT.PL	M40	8			01:31:09	02:25:27	03:48:02	03:52:51	04:25:54	04:27:39.45	04:27:42.15	+00:01:40 (-234,409.7%)	6:04	9.9 (112.5%)
30	KANSY Sebastian	2001		M30	10			01:28:31	02:22:18	03:43:49	03:48:40	04:21:00	04:22:42.70	04:22:53.95	+00:01:41 (-233,844.2%)	5:57	10.1 (114.8%)
31	GAŁDYN Kamil	1897	GORĄCY POTOK / SALMING	M20	7			01:28:15	02:20:54	03:38:07	03:43:00	04:13:15	04:14:44.40	04:14:48.50	+00:01:44 (-231,846.7%)	5:46	10.4 (118.2%)
32	KUSIAK Maciej	2090		M20	10			01:46:57	02:49:48	04:22:09	04:27:02	05:02:40	05:04:18.25	05:04:25.50	+00:01:44 (-231,609.3%)	6:54	8.7 (98.9%)
33	BOSAKIEWICZ Tomasz	1761		M40	14			01:45:33	02:46:49	04:17:03	04:21:57	04:57:46	04:59:22.05	04:59:26.90	+00:01:44 (-231,333.0%)	6:47	8.8 (100%)
34	ŚLIWKA Paweł	1704	RUNPROGRESS	M30	7	MP	MKS Brenna Górki	01:26:37	02:18:39	03:36:03	03:40:58	04:13:51	04:15:33.30	04:15:36.90	+00:01:46 (-229,766.3%)	5:47	10.4 (118.2%)
35	TRZASKA Wojciech	1559	FUCHS OIL TEAM	M20	9			01:39:07	02:35:17	04:02:33	04:07:29	04:41:48	04:43:12.35	04:43:32.90	+00:01:47 (-229,610.8%)	6:25	9.3 (105.7%)
36	WLAZŁOWSKI Radosław	2053		M40	72			02:09:54	03:28:43	05:23:51	05:28:48	06:13:07	06:15:13.10	06:15:53.00	+00:01:48 (-228,720.8%)	8:30	7.1 (80.7%)
37	PILARSKI Tomasz	2130	MKS SZERSZEŃ BOGATYNIA	M40	7	MP	MKS Szerszeń Bogatynia	01:31:51	02:23:27	03:40:55	03:45:55	04:19:26	04:21:05.35	04:21:11.10	+00:01:50 (-226,809.5%)	5:55	10.1 (114.8%)
38	DOMBROWSKI Maciej	1519	ON RUNNING	M30	9	MP	KKB MOSiR Krosno	01:21:06	02:13:13	03:36:26	03:41:28	04:17:21	04:19:09.50	04:19:12.60	+00:01:53 (-224,669.2%)	5:52	10.2 (115.9%)
39	KACZMAREK Tomasz	1984	NIEPOŁOMICIE BIEGAJĄ	M40	17			01:39:27	02:38:58	04:11:40	04:16:43	05:00:07	05:02:01.65	05:02:09.30	+00:01:53 (-224,446.2%)	6:50	8.8 (100%)
40	ORĘZIAK Tomasz	1826		M20	15			01:40:05	02:49:09	04:27:58	04:33:01	05:11:26	05:13:01.90	05:13:08.25	+00:01:54 (-223,816.9%)	7:05	8.5 (96.6%)
41	BULENDA Bartosz	1588	PIŹDZICA	M20	17			01:46:05	02:50:20	04:28:40	04:33:44	05:12:41	05:14:32.90	05:14:49.10	+00:01:56 (-222,751.5%)	7:07	8.4 (95.5%)
42	CZAJKOWSKI Adam	1965	BLACK HAT TEAM	M50	22			02:08:14	03:37:57	05:46:28	05:51:33	06:38:30	06:40:27.00	06:40:39.35	+00:01:56 (-222,313.6%)	9:04	6.6 (75.0%)
43	BADOWSKI Aleksander	1968	AW - SZYBCIEJ - TEAM	M30	8	MP	MKS Polonia Warszawa	01:26:56	02:19:02	03:35:56	03:41:03	04:16:49	04:18:55.35	04:18:58.45	+00:01:58 (-221,190.3%)	5:52	10.2 (115.9%)
44	WOCHNIK Marek	1728	RAPID RUNNERS TEAM	M40	166			02:30:40	04:11:01	06:50:22	06:55:32		07:54:57.15	07:55:27.70	+00:02:01 (-218,942.1%)	10:46	5.6 (63.6%)
45	NIEDŹWIADEK Kamil	1522	NIEDŹWIADKI RUNNING TEAM	M30	12	MP	KS AZS AWF Warszawa	01:31:59	02:28:06	03:52:04	03:57:19	04:32:46	04:34:30.80	04:34:35.00	+00:02:06 (-215,637.0%)	6:13	9.6 (109.1%)
46	MUCOWSKI Jaromir	1935	EMERYCI I RENCISCI	M40	58			02:00:48	03:18:05	05:10:50	05:16:07	05:59:18	06:01:27.10	06:01:55.50	+00:02:08 (-214,376.6%)	8:11	7.3 (83.0%)
47	IWANEK Przemysław	1926	PLANYBIEGOWE.PL / BLACK HAT TEAM	M30	68			01:55:34	03:09:09	05:07:57	05:13:14	05:57:43	05:59:33.45	05:59:59.40	+00:02:08 (-214,106.0%)	8:09	7.4 (84.1%)
48	MALSKI Tomasz	1947	WOLSKI KOLEKTYW BIEGOWY	M30	25			01:50:11	02:54:35	04:24:54	04:30:14	05:05:53	05:07:40.40	05:07:50.85	+00:02:11 (-212,098.1%)	6:58	8.6 (97.7%)
49	WIĘCŁAW Paweł	1840	WOLSKI KOLEKTYW BIEGOWY	M30	24			01:54:37	02:56:19	04:24:53	04:30:14	05:05:52	05:07:40.25	05:07:50.60	+00:02:11 (-211,932.5%)	6:58	8.6 (97.7%)
50	STANKIEWICZ Tomasz	1612	PLANYBIEGOWE.PL	M30	14	MP	KL Ziemia Kłodzka	01:35:31	02:31:10	03:59:35	04:04:58	04:42:48	04:44:45.75	04:44:50.75	+00:02:14 (-210,095.0%)	6:27	9.3 (105.7%)

Place	Participant	Number	Club	Category	MCat	Mistrzostwa Polski		Schronisko	Bacówka	Premia1 37.2km	Premia2 37.7km	43.6km	Net	Czas	Pace min/km	Pace km/h	
						Przehybie 14.7km	Obidzy 24.4km	Drużyna	time 44.1km				brutto 44.1km	Gap			
81	BEDNARZ Jakub	1961		M40	12			01:38:21	02:36:16	04:05:16	04:11:07	04:50:25	04:52:26.95	04:52:32.15	+00:02:42 (-193,552.7%)	6:37	9 (102.3%)
82	UBYCH Mariusz	1712	FIZJO PLUS ACTIVE	M30	57			01:54:06	03:07:31	05:01:09	05:07:00	05:51:16	05:53:30.30	05:53:48.80	+00:02:42 (-193,552.7%)	8:00	7.5 (85.2%)
83	AMBICKI Miłosz	1794	---	M30	104			02:20:21	03:55:14	06:12:03	06:17:54	07:02:22	07:04:25.50	07:05:12.00	+00:02:42 (-193,332.1%)	9:37	6.2 (70.5%)
84	LACHOR Krzysztof	2047	RUNNING TEAM NASTOPY.PL	M20	16			01:42:51	02:48:20	04:25:56	04:31:47	05:12:59	05:14:39.35	05:14:47.25	+00:02:42 (-193,084.5%)	7:08	8.4 (95.5%)
85	REIMUS Maciej	2159	AKTYWNI KOCEWIACY	M40	48			01:54:36	03:11:49	04:59:48	05:05:41	05:50:09	05:51:57.85	05:52:05.75	+00:02:44 (-192,318.2%)	7:58	7.5 (85.2%)
86	FABISIAK Andrzej	1966	STANWEX II	M50	10			01:56:45	03:15:58	05:10:36	05:16:30	06:03:22	06:05:19.55	06:06:03.55	+00:02:45 (-191,503.9%)	8:17	7.2 (81.8%)
87	KOZIOŁ Kamil	2122	G.O.A.T. TEAM MICHAŁOWICE	M30	16			01:31:56	02:29:37	04:04:23	04:10:18	04:47:26	04:49:05.75	04:49:10.05	+00:02:45 (-191,422.8%)	6:33	9.2 (104.5%)
88	WRÓBEL Krzysztof	1724	BIEGAJĄCY ŚWIDNIK	M40	55			01:48:01	03:03:23	05:05:28	05:11:23	05:57:40	05:59:53.45	05:59:59.80	+00:02:46 (-191,207.0%)	8:09	7.4 (84.1%)
89	KNUTELSKI Błażej	2131	PODHALAŃSKIE DZIKI	M20	8			01:25:13	02:16:11	03:47:22	03:53:19	04:35:21	04:37:11.95	04:37:15.70	+00:02:48 (-190,241.9%)	6:17	9.5 (108.0%)
90	POSTUPALSKI Michał	1980	RUNPASSION.PL TEAM	M40	46			02:01:07	03:11:54	04:59:14	05:05:11	05:46:43	05:49:17.80	05:49:40.10	+00:02:48 (-190,161.9%)	7:55	7.6 (86.4%)
91	BIERNAT Mateusz	1736		M30	52			01:58:52	03:12:03	05:00:12	05:06:09	05:46:36	05:48:28.55	05:48:54.35	+00:02:48 (-190,135.3%)	7:54	7.6 (86.4%)
92	STAŃCZAK Łukasz	1892	NAPRZÓD MŁOCINY	M30	46			01:47:59	02:55:54	04:46:15	04:52:13	05:36:00	05:37:57.55	05:38:06.85	+00:02:48 (-189,895.8%)	7:39	7.8 (88.6%)
93	BRZUSKA Lesław	1623		M40	52			01:52:51	03:08:54	05:09:40	05:15:38	05:55:15	05:57:23.75	05:57:30.50	+00:02:49 (-189,656.9%)	8:06	7.4 (84.1%)
94	SZCZEPAŃSKI Jakub	1920		M50	8			02:02:50	03:16:06	05:06:34	05:12:33	05:58:47	06:01:01.75	06:01:16.05	+00:02:50 (-188,996.5%)	8:11	7.3 (83.0%)
95	DUCH Rafał	1719		M30	70			02:00:59	03:16:36	05:09:30	05:15:29	05:58:26	06:00:08.95	06:00:31.85	+00:02:51 (-188,654.9%)	8:09	7.3 (83.0%)
96	DAUKSZO Maciej	1530		M20	12			01:40:55	02:47:54	04:24:08	04:30:08	05:08:16	05:09:48.30	05:09:52.40	+00:02:51 (-188,576.2%)	7:01	8.5 (96.6%)
97	DITTMAR Bartosz	1875		M30	63			02:01:10	03:15:03	05:04:32	05:10:32	05:54:32	05:56:43.70	05:56:58.95	+00:02:51 (-188,497.6%)	8:05	7.4 (84.1%)
98	CZERNECKI Jacek	1987	CARBON SILESIA SPORT	M30	79			01:53:56	03:10:03	05:21:24	05:27:24	06:13:21	06:15:29.70	06:15:57.80	+00:02:51 (-188,366.8%)	8:30	7 (79.5%)
99	NIERADA Marcin	2044		M40	26			01:45:29	02:49:23	04:35:31	04:41:32	05:25:00	05:26:50.25	05:27:33.40	+00:02:52 (-188,131.7%)	7:24	8.1 (92.0%)
100	WOCHOWSKI Tomasz	1718		M40	38			01:54:21	03:01:16	04:56:45	05:02:46	05:43:36	05:45:12.35	05:45:33.10	+00:02:52 (-188,079.6%)	7:49	7.7 (87.5%)
101	BOROWCZYK Jacek	2020	ANTEK TEAM	M50	1			01:48:46	02:53:42	04:30:25	04:36:26	05:16:20	05:18:10.65	05:18:21.05	+00:02:52 (-188,001.4%)	7:12	8.3 (94.3%)
102	SURANSKY Tomasz	2104		M50	41			02:29:48	04:16:34	06:53:43	06:59:45		07:58:10.30	07:58:58.05	+00:02:52 (-187,949.3%)	10:50	5.5 (62.5%)
103	SZKODZIAK Mateusz	1862		M30	56			01:48:23	03:01:51	05:01:44	05:07:46	05:50:55	05:53:00.15	05:53:00.15	+00:02:53 (-187,663.3%)	8:00	7.5 (85.2%)
104	PIOTROWIAK Tomasz	1887	ENTOPI.PL	M30	120			02:16:25	03:57:29	06:31:05	06:37:07		07:36:28.70	07:37:22.60	+00:02:53 (-187,637.4%)	10:21	5.8 (65.9%)
105	GONDOR Jarosław	1772	UKS LIDER	M40	41			01:54:10	03:05:54	04:57:16	05:03:18	05:44:50	05:46:28.45	05:46:44.60	+00:02:53 (-187,455.9%)	7:51	7.6 (86.4%)
106	BODZIOCH Grzegorz	1621	GORLICKA GRUPA BIEGOWA	M50	14			02:09:17	03:28:51	05:31:47	05:37:49	06:24:14	06:26:29.85	06:26:38.40	+00:02:53 (-187,326.5%)	8:45	6.8 (77.3%)
107	STOJAK Ireneusz	1529		M40	35			01:47:57	02:54:48	04:37:35	04:43:38	05:35:33	05:37:50.60	05:38:51.15	+00:02:54 (-187,042.5%)	7:39	7.8 (88.6%)
108	WRUK Remigiusz	1954		M50	35			01:59:39	03:46:57	06:34:32	06:40:35		07:35:06.65	07:35:06.65	+00:02:54 (-186,965.1%)	10:19	5.8 (65.9%)
109	ANDRZEJEWSKI Łukasz	1786	FTI RACE TEAM	M40	45			01:55:42	03:08:36	04:56:31	05:02:35	05:45:54	05:47:51.30	05:48:10.20	+00:02:54 (-186,785.0%)	7:53	7.6 (86.4%)
110	MITAN Kamil	1825		M30	64			02:01:07	03:13:11	05:05:55	05:11:59	05:54:33	05:56:38.85	05:57:13.35	+00:02:55 (-186,476.9%)	8:05	7.4 (84.1%)

Place	Participant	Number	Club	Category	MCat	Mistrzostwa Polski		Schronisko na Przehybie 14.7km					Bacówka na Obidzy 24.4km		Premia1 37.2km		Premia2 37.7km		43.6km		Net time 44.1km	Czas brutto 44.1km	Gap	Pace min/km	Pace km/h	
						Drużyna																				
111	ZASŁONKA Paweł	1571		M30	139																	08:31:44.70	08:32:39.30	+00:02:55 (-186,348.9%)	11:36	5.2 (59.1%)
112	GACEK Michał	1759		M40	39																	05:46:01.25	05:46:12.35	+00:02:55 (-186,297.7%)	7:50	7.6 (86.4%)
113	OBERWAN Marek	2029	PANFOTOGRAF.EU	M40	19																	05:10:47.15	05:11:03.45	+00:02:56 (-185,762.1%)	7:02	8.5 (96.6%)
114	MARCINIAK Maciej	1996		M50	19																	06:33:42.10	06:34:10.80	+00:02:57 (-185,584.2%)	8:55	6.7 (76.1%)
115	PAWLIKOWSKI Michał	2037		M30	18																	04:53:24.50	04:53:27.85	+00:02:57 (-185,482.7%)	6:39	9 (102.3%)
116	BRUŚ Marcin	1603	SASKA	M40	32																	05:36:29.15	05:36:35.80	+00:02:57 (-185,406.7%)	7:37	7.9 (89.8%)
117	KUREK Tomasz	1998	OPALENICKI KLUB BIEGACZA	M40	95																	06:33:43.40	06:34:11.85	+00:02:58 (-184,926.6%)	8:55	6.7 (76.1%)
118	TKACZYK Michał	2121	OBSTACLE CENTER TEAM	M20	21																	06:24:39.10	06:24:53.60	+00:02:58 (-184,851.0%)	8:43	6.9 (78.4%)
119	KRAWCZYK Dariusz	1742		M40	30																	05:32:03.05	05:32:15.70	+00:02:58 (-184,825.8%)	7:31	8 (90.9%)
120	GOCZAŁ Mateusz	1648	HOLICLINIC	M30	37																	05:27:08.05	05:27:27.05	+00:02:58 (-184,725.1%)	7:25	8.1 (92.0%)
121	POSADOWSKI Szymon	1544	AW SZYBCIEJ TEAM	M30	40																	05:29:51.45	05:29:56.90	+00:02:58 (-184,725.1%)	7:28	8 (90.9%)
122	BASTER Krzysztof	1634	MATNER RUNNING TEAM	M50	29																	07:10:49.70	07:11:11.05	+00:02:58 (-184,700.0%)	9:46	6.1 (69.3%)
123	SWOBODA Sebastian	1982	TRAIL IS OUR WAY	M30	31																	05:15:28.05	05:15:33.85	+00:02:59 (-184,624.6%)	7:09	8.4 (95.5%)
124	SZCZUREK Jakub	1929		M30	83																	06:18:33.75	06:19:23.55	+00:02:59 (-184,599.5%)	8:35	7 (79.5%)
125	WNĘK Marek	1820		M30	41																	05:30:00.25	05:30:15.20	+00:02:59 (-184,499.1%)	7:28	8 (90.9%)
126	GIL Maciej	1656	140MINUT	M30	48																	05:40:34.05	05:40:52.70	+00:03:00 (-184,123.5%)	7:43	7.8 (88.6%)
127	PAZDAN Piotr	1557		M40	13																	04:53:08.10	04:53:12.70	+00:03:00 (-183,849.1%)	6:38	9 (102.3%)
128	HOJAN Łukasz	1614	FEHLAU RUN TEAM	M30	60																	05:55:38.35	05:55:58.80	+00:03:01 (-183,575.5%)	8:03	7.4 (84.1%)
129	NIEDŹWIEDŹ Tomasz	2004	SOBASTEAM	M40	54																	05:59:48.45	05:59:55.40	+00:03:01 (-183,525.8%)	8:09	7.4 (84.1%)
130	BAGSIK Łukasz	2071	QTEAM	M30	58																	05:54:13.75	05:54:55.80	+00:03:01 (-183,253.1%)	8:01	7.5 (85.2%)
131	BASHFORD Marcus	1540		M30	54																	05:48:36.55	05:49:27.10	+00:03:01 (-183,178.9%)	7:54	7.6 (86.4%)
132	SZMIDT Karol	2089	SZMIDT I SYN	M30	82																	06:19:01.00	06:19:07.55	+00:03:01 (-183,178.9%)	8:35	7 (79.5%)
133	ŁASKI Radosław	1575	FOURTRISQUAD	M40	158																	07:39:51.45	07:40:33.00	+00:03:02 (-183,006.0%)	10:25	5.8 (65.9%)
134	LISAK Tomasz	1985	KS RYGLICE SEKCJA BIEGOWA	M40	65																	06:08:48.90	06:09:00.65	+00:03:02 (-182,882.6%)	8:21	7.2 (81.8%)
135	RUSIN Krzysztof	1889		M30	26																	05:08:17.80	05:08:23.05	+00:03:02 (-182,759.5%)	6:59	8.6 (97.7%)
136	ŚWIDZIŃSKI Tomasz	1849	LOKOMOTIV MAJDAN	M40	43																	05:46:58.05	05:47:21.25	+00:03:02 (-182,685.6%)	7:52	7.6 (86.4%)
137	DUDEK Paweł	2072	RUCH IZBICA	M40	136																	07:12:56.80	07:13:31.95	+00:03:04 (-182,072.7%)	9:49	6.1 (69.3%)
138	MLAK Dariusz	2011		M40	106																	06:45:40.90	06:45:45.80	+00:03:04 (-181,950.7%)	9:11	6.5 (73.9%)
139	DUDEK Michał	1791		M40	127																	07:02:01.80	07:02:25.20	+00:03:05 (-181,512.5%)	9:34	6.3 (71.6%)
140	BUĆKO Marcin	1602	ROMAN STAWIA PIWO	M40	44																	05:47:10.85	05:47:28.20	+00:03:05 (-181,391.2%)	7:52	7.6 (86.4%)

Place	Participant	Number	Club	Category	MCat	Mistrzostwa Polski		Schronisko	Bacówka	Premia1 37.2km	Premia2 37.7km	43.6km	Net	Czas	Pace min/km	Pace km/h	
						Polski	Drużyna	na Przehybie 14.7km	na Obidzy 24.4km				time 44.1km	brutto 44.1km			Gap
141	TOPA Mateusz	2141		M30	65			01:53:43	03:04:25	05:02:38	05:08:52	05:54:47	05:56:50.75	05:57:14.70	+00:03:05 (-181,342.7%)	8:05	7.4 (84.1%)
142	SZKLARCZYK Dariusz	1668	MY ENDURANCE COACHING	M30	72			02:01:00	03:16:27	05:09:33	05:15:47	05:58:55	06:00:43.00	06:01:26.20	+00:03:05 (-181,270.0%)	8:10	7.3 (83.0%)
143	MOTYKA Marcin	1735	RAKOŃ WARRIORS	M40	90			02:00:51	03:28:54	05:34:48	05:41:02	06:28:00	06:30:02.95	06:30:29.70	+00:03:06 (-181,173.2%)	8:50	6.8 (77.3%)
144	MRÓZ Rafał	2087		M50	5			01:51:20	03:04:35	04:52:36	04:58:52	05:43:31	05:45:29.75	05:45:41.20	+00:03:07 (-180,570.4%)	7:50	7.7 (87.5%)
145	BARTECKI Tomasz	1610		M40	47			01:58:39	03:08:39	05:00:24	05:06:40	05:49:58	05:51:37.35	05:51:47.20	+00:03:07 (-180,498.3%)	7:58	7.5 (85.2%)
146	KARPIESIUK Adam	1525	AKTYWNIE UZALEŻNIAMY	M40	117			02:11:35	03:40:56	05:59:03	06:05:19	06:54:07	06:56:17.10	06:56:39.25	+00:03:07 (-180,474.3%)	9:26	6.4 (72.7%)
147	ADAMUS Jakub	1615		M30	75			02:05:36	03:22:45	05:17:41	05:23:57	06:07:11	06:09:04.60	06:09:24.75	+00:03:07 (-180,330.4%)	8:22	7.2 (81.8%)
148	GIERSZEWSKI Jarosław	1560	ZĄŁOGA G	M40	24			01:38:46	02:47:24	04:29:36	04:35:54	05:21:37	05:23:37.35	05:23:43.90	+00:03:09 (-179,614.2%)	7:20	8.2 (93.2%)
149	KOKOSZKA Wojciech	1986	SLOW JOGGING SIEDLCE	M40	80			02:01:11	03:23:35	05:26:06	05:32:24	06:18:29	06:20:26.50	06:21:03.55	+00:03:09 (-179,614.2%)	8:37	7 (79.5%)
150	NOWAK Filip	1680		M30	73			02:03:56	03:24:42	05:16:58	05:23:16	06:04:18	06:06:08.50	06:06:52.80	+00:03:09 (-179,519.1%)	8:18	7.2 (81.8%)
151	PUŁKOWSKI Jakub	1963	#PYZANAGIGANCIE TEAM CAMELBAK POLSKA TORQ POLSKA	M30	21			01:36:53	02:36:41	04:10:05	04:16:24	04:57:35	04:59:20.85	04:59:24.90	+00:03:09 (-179,424.2%)	6:47	8.8 (100%)
152	FALISZEWSKI Sebastian	1876		M40	144			02:16:27	03:57:41	06:15:01	06:21:20		07:21:57.60	07:22:21.15	+00:03:10 (-178,974.5%)	10:01	6 (68.2%)
153	RATKOWSKI Karol	2154	WARJOTY Z DZIEWICZEJ GÓRY	M40	75			02:00:07	03:17:32	05:19:27	05:25:47	06:16:51	06:18:41.55	06:18:55.55	+00:03:10 (-178,809.4%)	8:35	7 (79.5%)
154	KAWIK Janusz	1703		M50	37			02:22:59	04:06:26	06:39:31	06:45:52		07:43:08.25	07:43:39.40	+00:03:11 (-178,456.6%)	10:30	5.7 (64.8%)
155	ZABRZEWSKI Patryk	1722	KLUB WYSOKOGÓRSKI JĄSTRZĘBIE ZDRÓJ	M40	62			01:53:40	03:11:55	05:11:11	05:17:31	06:03:47	06:05:44.55	06:05:49.15	+00:03:12 (-178,269.0%)	8:17	7.2 (81.8%)
156	KONSEK Jacek	1608		M30	88			02:07:24	03:28:50	05:28:52	05:35:13	06:22:52	06:25:23.10	06:25:41.50	+00:03:12 (-178,105.2%)	8:44	6.9 (78.4%)
157	ROSIK Robert	1864		M30	43			01:45:17	02:50:53	04:39:42	04:46:04	05:29:08	05:31:07.05	05:31:16.05	+00:03:12 (-178,081.8%)	7:30	8 (90.9%)
158	RAMS Dariusz	2152	CASTA	M40	99			02:02:40	03:25:46	05:38:22	05:44:43	06:35:46	06:37:50.05	06:38:17.95	+00:03:12 (-178,011.7%)	9:01	6.7 (76.1%)
159	ANTKOWIAK Mirosław	1580	BIEGAM BO CHCĘ KROSNO ODRZAŃSKIE	M50	42			02:29:39	04:16:33	06:47:05	06:53:26		07:58:21.35	07:59:14.25	+00:03:12 (-178,011.7%)	10:50	5.5 (62.5%)
160	BARWICKI Marcin	2082		M40	82			02:09:33	03:29:40	05:26:59	05:33:20	06:19:41	06:21:59.05	06:22:16.50	+00:03:12 (-177,918.3%)	8:39	6.9 (78.4%)
161	FURICH Dariusz	1972	SIEMIANOWICE I PRZYJACIELE BIEGAJĄ	M50	34			02:20:07	04:01:39	06:29:07	06:35:29		07:29:49.85	07:30:40.15	+00:03:12 (-177,918.3%)	10:11	5.9 (67.0%)
162	FOGEL Wiktor	1880	WARSZAWELITERUNNERS	M20	28			01:51:14	03:03:25	06:17:49	06:24:11		07:19:47.70	07:19:56.30	+00:03:12 (-177,895.0%)	9:58	6 (68.2%)
163	PAJĄK Andrzej	1833	BIEGAM Z ABS	M40	60			01:57:52	03:14:37	05:09:16	05:15:38	06:01:47	06:03:53.60	06:04:02.40	+00:03:13 (-177,848.4%)	8:15	7.3 (83.0%)
164	CHOMA Marek	1795	PĘDZĄCE LENIWCE	M40	123			02:14:11	03:40:20	05:58:03	06:04:25	06:57:09	06:58:53.75	06:59:48.65	+00:03:13 (-177,731.9%)	9:29	6.3 (71.6%)
165	RÓŻYCKI Marcin	1690		M40	66			01:54:21	03:11:07	05:10:06	05:16:29	06:06:46	06:08:53.00	06:09:06.60	+00:03:14 (-177,290.6%)	8:21	7.2 (81.8%)
166	MNICH Zbigniew	2051		M40	85			02:10:32	03:29:09	05:28:23	05:34:46	06:26:37	06:28:33.15	06:28:33.15	+00:03:14 (-177,128.6%)	8:48	6.8 (77.3%)
167	RZYSKIEWICZ Tomasz	1796	PĘDZĄCE LENIWCE	M50	26			02:14:11	03:40:34	05:58:04	06:04:28	06:59:42	07:01:40.20	07:02:34.75	+00:03:14 (-177,013.1%)	9:33	6.3 (71.6%)
168	BARAN Kamil	1599		M30	61			01:58:45	03:12:57	05:03:05	05:09:30	05:54:35	05:56:16.65	05:56:33.00	+00:03:16 (-176,437.6%)	8:04	7.4 (84.1%)
169	KIELAR Łukasz	1576		M40	108			02:15:38	03:42:18	05:51:04	05:57:29	06:46:25	06:48:22.50	06:48:40.70	+00:03:16 (-176,391.7%)	9:15	6.5 (73.9%)
170	VERHEYEN Kurt	1738		M30	74			01:58:56	03:13:14	05:11:37	05:18:02	06:06:25	06:08:55.00	06:09:16.25	+00:03:16 (-176,048.4%)	8:21	7.2 (81.8%)

Place	Participant	Number	Club	Category	MCat	Mistrzostwa Polski	Drużyna	Schronisko na Przehybie 14.7km			Bacówka na Obidzy 24.4km			Premia1 37.2km		Premia2 37.7km		43.6km		Net time 44.1km	Czas brutto 44.1km		Pace min/km	Pace km/h
								14.7km	24.4km	37.2km	37.7km	43.6km	44.1km	44.1km	Gap									
171	KISIECKI Damian	1699	HURAGAN LIGOTA	M40	101			02:07:48	03:32:44	05:41:23	05:47:50	06:40:18	06:42:32.00	06:42:59.50	+00:03:17 (-175,683.6%)	9:07	6.6 (75.0%)							
172	KOZŁOWSKI Paweł	1629		M40	53			01:53:50	03:08:46	05:00:53	05:07:19	05:55:04	05:57:20.70	05:57:36.55	+00:03:18 (-175,524.5%)	8:06	7.4 (84.1%)							
173	WERESZCZYŃSKI Tomasz	1554	AKTYWNI UZALEŻNIAMY	M40	117			02:11:36	03:40:58	05:59:12	06:05:39	06:54:09	06:56:17.50	06:56:39.25	+00:03:18 (-175,524.5%)	9:26	6.4 (72.7%)							
174	MUCHA Grzegorz	2146	SYNOWIE ROZGARDIASZU / SPORT GENERATION	M40	36			01:54:12	03:04:34	04:49:44	04:56:11	05:40:34	05:42:36.55	05:43:00.65	+00:03:18 (-175,297.7%)	7:46	7.7 (87.5%)							
175	MATAK Paweł	1906	ŁASUCH	M30	81			02:02:21	03:18:47	05:18:54	05:25:22	06:13:55	06:16:10.50	06:16:46.10	+00:03:18 (-175,229.8%)	8:31	7 (79.5%)							
176	TOKARZEWSKI Dariusz	1990		M50	25			02:22:09	03:52:53	05:58:38	06:05:06	06:55:50	06:57:56.85	06:58:58.60	+00:03:19 (-175,094.1%)	9:28	6.3 (71.6%)							
177	ZAMBRZYCKI Maciej	1943	RESHAPE RUNNERS	M40	40			01:54:32	03:07:21	04:54:19	05:00:47	05:44:46	05:46:33.70	05:46:41.50	+00:03:19 (-174,958.6%)	7:51	7.6 (86.4%)							
178	ŁUKASZEWSKI Mateusz	1645		M20	14			01:38:06	02:40:45	04:19:27	04:25:56	05:08:35	05:10:30.05	05:10:45.10	+00:03:19 (-174,913.5%)	7:02	8.5 (96.6%)							
179	GALA Grzegorz	1886	SCHENKER TECHNOLOGY CENTER RUNNERS	M40	56			01:54:54	03:06:09	05:08:05	05:14:34	05:57:33	05:59:31.90	06:00:01.20	+00:03:19 (-174,710.8%)	8:09	7.4 (84.1%)							
180	HETMANCZYK Jakub	2031		M40	69			01:57:41	03:17:30	05:18:54	05:25:23	06:09:22	06:11:34.50	06:11:46.55	+00:03:19 (-174,710.8%)	8:25	7.1 (80.7%)							
181	KOCJAN Paweł	1727	KIDS RUN TEAM	M40	70			02:04:52	03:19:24	05:19:00	05:25:28	06:09:42	06:11:32.65	06:11:51.75	+00:03:19 (-174,688.3%)	8:25	7.1 (80.7%)							
182	PIWOWAR Dawid	1802		M40	49			01:54:12	03:03:45	04:59:51	05:06:20	05:50:21	05:52:33.90	05:52:45.65	+00:03:20 (-174,531.0%)	7:59	7.5 (85.2%)							
183	KLIMEK Marek	1904	ADIDAS RUNNERS WARSAW	M30	66			01:53:13	03:06:01	05:00:13	05:06:42	05:56:18	05:58:20.00	05:58:36.20	+00:03:20 (-174,418.8%)	8:07	7.4 (84.1%)							
184	KOLONKO Stanisław	1720	GÓRKI	M50	9			01:59:26	03:14:34	05:06:03	05:12:32	05:59:40	06:01:39.70	06:01:58.60	+00:03:21 (-174,194.9%)	8:12	7.3 (83.0%)							
185	TURLEJ Dariusz	2319	BEZ KONDYCJI	M60	1			02:09:23	03:27:53	05:24:45	05:31:15	06:18:11	06:20:14.95	06:21:11.80	+00:03:21 (-174,060.8%)	8:37	7 (79.5%)							
186	PŁAZA Radosław	2074	BARUNOWCE	M40	25			01:42:05	02:49:04	04:38:19	04:44:49	05:24:55	05:26:53.70	05:27:12.20	+00:03:21 (-174,038.5%)	7:24	8.1 (92.0%)							
187	CIEPŁY Maciej	1707		M30	62			01:47:49	03:05:04	05:03:45	05:10:15	05:54:47	05:56:31.65	05:56:37.85	+00:03:21 (-173,860.0%)	8:05	7.4 (84.1%)							
188	SARKA Bartłomiej	1989		M30	44			01:50:48	02:57:24	04:45:14	04:51:45	05:34:29	05:36:30.55	05:36:51.00	+00:03:21 (-173,771.0%)	7:37	7.9 (89.8%)							
189	JANKOWSKI Dawid	1698		M30	71			01:52:25	03:05:25	05:03:35	05:10:07	05:58:15	06:00:35.75	06:01:05.85	+00:03:22 (-173,437.8%)	8:10	7.3 (83.0%)							
190	IGNACZAK Marcin	1964	TRITON KONIN	M40	31			01:45:45	02:53:20	04:41:04	04:47:35	05:33:31	05:35:32.55	05:35:36.75	+00:03:22 (-173,371.3%)	7:36	7.9 (89.8%)							
191	PIETRUSZEWSKI Bartek	1804		M40	168			02:24:44	04:11:45	06:50:33	06:57:04		08:05:57.35	08:06:31.15	+00:03:23 (-173,238.4%)	11:01	5.4 (61.4%)							
192	SZUMIŃSKI Artur	1573		M50	18			02:06:14	03:29:19	05:32:01	05:38:33	06:30:19	06:32:23.50	06:33:00.95	+00:03:23 (-173,127.9%)	8:53	6.7 (76.1%)							
193	KUBACZ Norbert	2002	BIEGAM NATURALNIE	M50	2			01:40:47	02:45:16	04:28:45	04:35:18	05:23:10	05:25:03.05	05:25:08.70	+00:03:23 (-172,929.3%)	7:22	8.1 (92.0%)							
194	BOCIAGA Paweł	1953		M40	135			02:16:24	03:57:41	06:14:53	06:21:26		07:11:07.35	07:11:30.75	+00:03:23 (-172,885.2%)	9:46	6.1 (69.3%)							
195	JEGER Piotr	2144	SKLEP BIEGACZA RUNNING TEAM	M30	77			02:02:50	03:18:57	05:17:07	05:23:41	06:11:10	06:13:28.45	06:14:17.10	+00:03:24 (-172,621.3%)	8:28	7.1 (80.7%)							
196	GAWLIK Tomasz	1636		M20	24			02:09:58	03:36:59	05:48:45	05:55:18	06:48:25	06:50:33.20	06:51:26.70	+00:03:24 (-172,599.3%)	9:18	6.4 (72.7%)							
197	DADAŚ Janusz	1696	BP RUNNING TEAM GLIWICE	M50	24			02:17:11	03:44:48	05:51:43	05:58:16	06:46:01	06:48:15.30	06:48:26.05	+00:03:24 (-172,467.7%)	9:15	6.5 (73.9%)							
198	GIERSZEWSKI Maciek	1587	ZĄŁOGA G	M30	85			02:04:52	03:23:15	05:23:22	05:29:57	06:20:02	06:22:22.40	06:22:31.70	+00:03:25 (-172,248.7%)	8:40	6.9 (78.4%)							
199	RAJNER Krzysztof	1944	ULTRA KOSZALIN	M40	50			01:56:57	03:07:53	04:58:30	05:05:04	05:51:38	05:53:47.75	05:54:14.50	+00:03:25 (-172,052.1%)	8:01	7.5 (85.2%)							
200	KOSZCZUK Łukasz	1689	NATIONALE-NEDERLANDEN RUNNING TEAM	M40	105			02:10:08	03:33:54	05:40:35	05:47:10	06:42:20	06:44:15.50	06:44:47.30	+00:03:25 (-172,052.1%)	9:10	6.5 (73.9%)							

Place	Participant	Number	Club	Category	MCat	Mistrzostwa Polski	Drużyna	Schronisko na Bacówka					Net time 44.1km	Czas brutto 44.1km	Pace min/km	Pace km/h	
								Przehybie 14.7km	Obidzy 24.4km	Premia1 37.2km	Premia2 37.7km	43.6km					
201	KRÓL Łukasz	1918		M30	100			02:07:02	03:36:32	05:52:30	05:59:04	06:55:25	06:57:39.70	06:58:18.10	+00:03:26 (-171,943.1%)	9:28	6.3 (71.6%)
202	LEGUTKO Bartłomiej	1531		M40	129			02:01:35	03:31:54	05:54:43	06:01:18	07:03:23	07:05:48.00	07:06:10.80	+00:03:26 (-171,899.5%)	9:39	6.2 (70.5%)
203	NOWAK Tomasz	1750	BW BIEGACZE WYMIATACZE	M40	74			02:08:08	03:28:34	05:23:13	05:29:49	06:15:44	06:17:50.70	06:18:03.30	+00:03:26 (-171,616.8%)	8:34	7 (79.5%)
204	PAŚNIK Paweł	1693	LUPUS_GO	M50	27			02:10:48	03:44:12	06:05:22	06:11:58	07:00:50	07:02:44.70	07:02:57.25	+00:03:27 (-171,443.3%)	9:35	6.3 (71.6%)
205	SZCZEPANIAK Jakub	1785		M20	30			02:23:29	03:57:04	06:16:31	06:23:07		07:26:18.30	07:27:17.50	+00:03:27 (-171,443.3%)	10:07	5.9 (67.0%)
206	KRZYŻOWSKI Hubert	1865		M40	71			01:57:14	03:11:05	05:15:53	05:22:29	06:10:39	06:12:52.55	06:12:52.55	+00:03:27 (-171,400.0%)	8:27	7.1 (80.7%)
207	KOZIŃSKI Wojciech	1723		M30	108			02:17:22	03:45:30	06:09:43	06:16:20		07:14:08.55	07:14:37.35	+00:03:28 (-170,989.6%)	9:50	6.1 (69.3%)
208	SZNAJDER Jarosław	2050	RUNPROGRESSTEAM.PL TEAM	M50	3			01:46:14	02:52:46	04:44:54	04:51:31	05:34:19	05:35:57.75	05:36:03.65	+00:03:28 (-170,838.8%)	7:37	7.9 (89.8%)
209	KRAWIEC Sławomir	2005	SAINT-GOBAIN SQUAD/ INFINITY-GYM	M30	45			01:56:46	03:06:49	04:48:10	04:54:47	05:34:58	05:36:49.90	05:37:31.20	+00:03:28 (-170,838.8%)	7:38	7.9 (89.8%)
210	BARTULA Jan	1784	PARKRUN CHRZANÓW	M40	115			02:08:04	03:34:19	05:51:19	05:57:56	06:52:34	06:54:42.75	06:55:43.65	+00:03:28 (-170,838.8%)	9:24	6.4 (72.7%)
211	CIEŚLA Dawid	1861		M30	145			02:39:56	04:44:42	07:31:35	07:38:12		08:52:49.40	08:53:23.70	+00:03:28 (-170,817.3%)	12:04	5 (56.8%)
212	PROKULEWICZ Tomasz	2143		M40	33			01:47:16	02:54:32	04:44:30	04:51:07	05:34:47	05:36:41.60	05:36:58.70	+00:03:28 (-170,709.9%)	7:38	7.9 (89.8%)
213	WILMAN Andrzej	1950		M30	112			02:15:38	03:48:21	06:10:50	06:17:28		07:18:49.10	07:19:36.20	+00:03:29 (-170,538.2%)	9:57	6 (68.2%)
214	ŁAŻEŃSKI Rafał	1863		M30	144			02:39:56	04:44:37	07:31:34	07:38:12		08:52:48.45	08:53:22.85	+00:03:29 (-170,516.8%)	12:04	5 (56.8%)
215	DYBALSKI Mariusz	2026		M40	61			01:53:02	03:07:01	05:03:38	05:10:16	06:01:56	06:04:19.05	06:04:32.85	+00:03:29 (-170,345.5%)	8:15	7.3 (83.0%)
216	WIETRZYCKI Marcin	1624		M40	162			02:15:57	03:57:08	06:31:24	06:38:03		07:43:12.35	07:43:33.70	+00:03:30 (-170,110.5%)	10:30	5.7 (64.8%)
217	MIREK Sławomir	2054		M40	104			02:09:47	03:34:30	05:46:53	05:53:32	06:42:08	06:44:02.85	06:44:41.35	+00:03:30 (-170,003.9%)	9:09	6.5 (73.9%)
218	MATOĞA Przemysław	1962		M20	29			02:16:16	03:49:09	06:17:37	06:24:17		07:25:55.30	07:26:48.15	+00:03:31 (-169,706.2%)	10:06	5.9 (67.0%)
219	BIENIEK Patryk	1532	TREC TEAM	M40	27			01:42:54	02:49:13	04:33:20	04:40:00	05:28:13	05:30:32.85	05:30:47.85	+00:03:31 (-169,642.6%)	7:29	8 (90.9%)
220	LIKA Michał	1884		M30	96			02:01:10	03:23:46	05:46:57	05:53:37	06:43:35	06:45:42.55	06:46:10.75	+00:03:31 (-169,473.0%)	9:11	6.5 (73.9%)
221	ZOŁA Piotr	1541	PIODZO EXTREME	M30	33			01:41:22	02:42:40	04:27:23	04:34:04	05:15:41	05:17:43.45	05:17:52.65	+00:03:31 (-169,430.7%)	7:12	8.3 (94.3%)
222	KARDASZEWSKI Tomasz	1711		M40	87			02:04:29	03:19:56	05:27:26	05:34:07	06:27:01	06:29:13.45	06:29:33.35	+00:03:32 (-169,177.2%)	8:49	6.8 (77.3%)
223	HRONOWSKI Jakub	1567		M30	90			02:02:42	03:17:54	05:24:41	05:31:22	06:28:03	06:29:46.50	06:29:58.25	+00:03:32 (-169,092.8%)	8:50	6.8 (77.3%)
224	GDULA Jakub	1586	KAMIL LEŚNIAK FANPAGE TEAM	M30	55			01:57:50	03:07:23	04:56:21	05:03:02	05:47:19	05:49:39.85	05:49:54.30	+00:03:32 (-169,050.7%)	7:55	7.6 (86.4%)
225	UCIŃSKI Grzegorz	1555		M40	107			02:08:21	03:35:42	05:48:10	05:54:54	06:43:38	06:45:53.90	06:46:10.75	+00:03:35 (-168,066.4%)	9:12	6.5 (73.9%)
226	SZKOŁA Paweł	1809	TLENOWA RADOŚĆ TEAM	M30	17			01:35:07	02:35:00	04:03:01	04:09:45	04:48:02	04:50:26.20	04:50:31.45	+00:03:35 (-167,983.2%)	6:35	9.1 (103.4%)
227	LEŚNIAK Marcin	1967	STANWEX II	M30	109			02:28:17	04:06:36	06:14:59	06:21:43		07:14:02.30	07:14:46.20	+00:03:35 (-167,837.7%)	9:50	6.1 (69.3%)
228	KOZERA Bartłomiej	1708		M30	94			02:04:58	03:25:48	05:41:46	05:48:31	06:36:32	06:38:17.65	06:38:39.70	+00:03:36 (-167,506.1%)	9:01	6.6 (75.0%)
229	MICHAŁOWSKI Piotr	1523		M30	92			02:07:46	03:24:38	05:31:08	05:37:53	06:29:10	06:31:32.75	06:31:53.80	+00:03:36 (-167,423.4%)	8:52	6.8 (77.3%)
230	KARCZMARCZYK Tomasz	1878		M40	98			02:12:15	03:32:39	05:37:23	05:44:09	06:35:17	06:37:20.55	06:38:15.95	+00:03:37 (-167,278.9%)	9:00	6.7 (76.1%)

Place	Participant	Number	Club	Category	MCat	Mistrzostwa Polski		Schronisko	Bacówka	Premia1 37.2km	Premia2 37.7km	43.6km	Net	Czas	Pace	Pace	
						Polski	Drużyna	na Przehybie 14.7km	na Obidzy 24.4km				time 44.1km	brutto 44.1km			Gap
231	KURA Piotr	1813	PRZEDWOJEWSKI TEAM	M40	28			01:47:35	02:54:38	04:38:53	04:45:40	05:29:04	05:31:03.40	05:31:12.10	+00:03:38 (-166,846.9%)	7:30	8 (90.9%)
232	DENKOWSKI Wojciech	1776	---	M60	4			02:41:32	04:25:44	06:54:02	07:00:49		08:03:43.25	08:03:54.80	+00:03:38 (-166,744.4%)	10:58	5.5 (62.5%)
233	SZYMKIEWICZ Robert	2098	REAKTYWACJA MIEDZYRZECZ	M50	15			02:00:44	03:18:40	05:27:32	05:34:21	06:26:10	06:28:31.80	06:29:02.65	+00:03:39 (-166,131.8%)	8:48	6.8 (77.3%)
234	KAZEKO Ivan	2155		M40	100			02:03:50	03:21:59	05:39:23	05:46:12	06:38:36	06:40:22.80	06:41:00.25	+00:03:40 (-166,030.1%)	9:04	6.6 (75.0%)
235	RYBAK Łukasz	2142		M40	59			01:52:26	03:05:57	05:07:33	05:14:22	06:00:28	06:02:32.35	06:02:49.00	+00:03:40 (-165,948.9%)	8:13	7.3 (83.0%)
236	LEWKOWSKI Aleksander	1756		M40	77			02:02:35	03:20:56	05:21:17	05:28:06	06:17:44	06:19:40.70	06:20:17.35	+00:03:40 (-165,847.5%)	8:36	7 (79.5%)
237	TRĄBICKI Adam	1949	SPREE - CZAPKA Z GŁOWĄ	M30	39			01:48:54	02:53:09	04:36:34	04:43:23	05:26:35	05:28:40.15	05:28:58.75	+00:03:40 (-165,725.9%)	7:27	8.1 (92.0%)
238	KOŚCIUCH Kamil	1979	DZIKI Z WARSZAWY	M30	141			02:34:21	04:24:40	07:15:16	07:22:06		08:38:02.50	08:38:52.75	+00:03:41 (-165,604.5%)	11:44	5.1 (58.0%)
239	FRĄCZEK Rafał	1671	EKO-KONSULT	M40	180			02:41:00	04:37:03	07:20:28	07:27:18		08:30:28.80	08:31:13.00	+00:03:41 (-165,503.5%)	11:34	5.2 (59.1%)
240	HUBNER Antoni	1914	HUBNER TEAM	M40	22			01:39:10	02:42:35	04:26:22	04:33:12	05:20:09	05:22:19.05	05:22:24.20	+00:03:41 (-165,443.0%)	7:18	8.2 (93.2%)
241	KACPRZAK Marcin	2024		M40	84			01:57:01	03:17:19	05:27:26	05:34:16	06:23:50	06:26:19.50	06:26:35.35	+00:03:41 (-165,422.8%)	8:45	6.8 (77.3%)
242	ZDAŃSKI Paweł	1837		M40	114			02:16:01	03:43:52	05:55:27	06:02:17	06:52:34	06:54:59.30	06:55:17.40	+00:03:41 (-165,342.1%)	9:24	6.4 (72.7%)
243	SZYMULA Mariusz	1850	SZYMULA RUNNERS RYCZÓW/KRAKÓW	M40	67			02:00:25	03:16:02	05:14:02	05:20:53	06:06:35	06:08:39.80	06:09:15.90	+00:03:42 (-165,241.4%)	8:21	7.2 (81.8%)
244	STRZELECKI Robert	2100	TEAM ZABIEGANEDNI	M30	76			02:06:33	03:24:19	05:19:23	05:26:14	06:10:59	06:13:25.10	06:13:42.80	+00:03:42 (-165,181.1%)	8:28	7.1 (80.7%)
245	ROGAŁA Kystian	2045		M40	37			01:50:06	02:58:45	04:52:00	04:58:51	05:43:24	05:45:11.95	05:45:21.35	+00:03:42 (-165,080.6%)	7:49	7.7 (87.5%)
246	PIETRAS Ryszard	2076	BIEGAM Z ABS	M50	7			01:48:05	03:00:01	04:56:33	05:03:25	05:53:20	05:55:25.00	05:55:33.10	+00:03:42 (-165,040.4%)	8:03	7.4 (84.1%)
247	WARZECHA Kamil	2023	RMT TEAM	M30	51			01:48:12	02:56:06	04:48:22	04:55:14	05:43:52	05:45:40.55	05:45:49.15	+00:03:43 (-164,719.8%)	7:50	7.7 (87.5%)
248	BUJNOWSKI Rafał	1901	PĘDZĄCE KAPCIE	M40	112			02:05:25	03:26:57	05:46:52	05:53:44	06:47:37	06:49:44.10	06:50:21.55	+00:03:43 (-164,659.8%)	9:17	6.5 (73.9%)
249	SYNOWIEC Grzegorz	1611		M40	133			02:12:47	03:37:23	06:01:27	06:08:20		07:09:32.50	07:09:59.80	+00:03:44 (-164,320.8%)	9:44	6.2 (70.5%)
250	RADZIWANOWSKI Leszek	2027		M40	92			02:03:45	03:23:00	05:31:40	05:38:34	06:27:59	06:30:10.85	06:30:46.10	+00:03:44 (-164,221.3%)	8:50	6.8 (77.3%)
251	ŚCIĘGOSZ Daniel	1997	STANWEX II	M30	95			02:11:57	03:38:11	05:48:06	05:55:00	06:41:58	06:43:49.30	06:44:38.50	+00:03:44 (-164,161.7%)	9:09	6.6 (75.0%)
252	SYCHOWSKI Dawid	1675		M30	93			02:01:46	03:23:36	05:31:18	05:38:11	06:32:03	06:34:19.90	06:35:02.55	+00:03:45 (-164,082.3%)	8:56	6.7 (76.1%)
253	OBŁUDKA Adam	1749	BEERSPIRIT	M40	140			02:20:15	03:52:20	06:14:49	06:21:43		07:19:00.75	07:19:34.35	+00:03:45 (-163,963.3%)	9:57	6 (68.2%)
254	DYCKOWSKI Adadm	1773		M20	31			02:20:39	04:05:39	06:30:00	06:36:54		07:36:16.65	07:36:55.20	+00:03:45 (-163,765.4%)	10:20	5.8 (65.9%)
255	KOŁODZIEJ Marcin	1605	KRULOWIE ZYCIA	M30	98			02:12:17	03:30:49	05:46:02	05:52:56	06:45:54	06:48:13.40	06:49:01.05	+00:03:45 (-163,745.6%)	9:15	6.5 (73.9%)
256	LESZCZAK Grzegorz	1775		M40	64			02:00:15	03:16:40	05:14:00	05:20:55	06:06:19	06:08:01.80	06:08:28.55	+00:03:45 (-163,725.8%)	8:20	7.2 (81.8%)
257	KORAL Jakub	2067		M30	123			02:16:28	04:00:33	06:35:58	06:42:52		07:41:18.75	07:41:34.65	+00:03:46 (-163,686.3%)	10:27	5.7 (64.8%)
258	GOLASZ Marek	1817		M50	23			02:01:08	03:24:02	05:46:16	05:53:11	06:41:32	06:43:40.30	06:44:23.60	+00:03:46 (-163,646.8%)	9:09	6.6 (75.0%)
259	DZIADOŃ Łukasz	2509	BITKA ZA ZIVOT	M30	122			02:19:07	03:51:47	06:25:29	06:32:25		07:37:00.20	07:38:03.80	+00:03:47 (-163,154.8%)	10:21	5.8 (65.9%)
260	RAJTAR Robert	1955	BRYGADA RR	M40	141			02:25:42	03:58:14	06:10:57	06:17:53		07:18:38.55	07:19:38.60	+00:03:47 (-163,135.2%)	9:56	6 (68.2%)

Place	Participant	Number	Club	Category	MCat	Mistrzostwa Polski		Schronisko na Bacówka			Net time 44.1km	Czas brutto 44.1km	Pace min/km	Pace km/h			
						Polski	Drużyna	Przehybie 14.7km	Obidzy 24.4km	Premia1 37.2km					Premia2 37.7km	43.6km	
261	KOROSTYŃSKI Damian	1666		M40	103			02:04:16	03:24:04	05:37:35	05:44:31	06:40:05	06:42:21.65	06:43:07.80	+00:03:47 (-163,096.0%)	9:07	6.6 (75.0%)
262	PUCHALSKI Piotr	2083	PZU SPORT TEAM	M50	43			02:37:46	04:16:44	06:51:04	06:58:00		08:01:10.85	08:01:59.65	+00:03:47 (-162,978.4%)	10:54	5.5 (62.5%)
263	NAWROT Łukasz	1969	BIEG Z CHRYSUSEM	M30	119			02:16:33	03:54:49	06:25:13	06:32:09		07:34:34.55	07:35:08.60	+00:03:47 (-162,939.3%)	10:18	5.8 (65.9%)
264	SZAFRAŃSKI Dominik	1701	OBORNICKI KLUB LEKKOATLETYCZNY	M30	69			01:49:49	02:59:33	05:02:27	05:09:24	05:58:03	06:00:01.80	06:00:14.95	+00:03:48 (-162,802.4%)	8:09	7.3 (83.0%)
265	SZYDŁOWSKI Bogdan	1858	2ROWERY.COM.PL	M30	103			02:05:22	03:33:19	05:57:40	06:04:37	07:00:33	07:02:49.25	07:03:38.85	+00:03:48 (-162,802.4%)	9:35	6.3 (71.6%)
266	MILIAN Kamil	1650	FORZA MILAN	M40	79			01:58:10	03:12:44	05:17:43	05:24:40	06:18:11	06:20:09.85	06:20:28.55	+00:03:48 (-162,782.8%)	8:37	7 (79.5%)
267	ŁATWIŃSKI Mateusz	1716	MOCNA GRUPA CEZARA	M20	23			02:10:25	03:33:36	05:46:27	05:53:24	06:45:44	06:48:00.35	06:48:18.05	+00:03:48 (-162,626.7%)	9:15	6.5 (73.9%)
268	ZYGMUNT Paweł	1818		M50	20			02:09:12	03:30:12	05:34:14	05:41:12	06:35:06	06:37:12.85	06:37:22.75	+00:03:49 (-162,373.7%)	9:00	6.7 (76.1%)
269	ZYGMUNT Tomasz	2040		M20	11			01:31:16	02:23:26	04:04:24	04:11:23	05:05:24	05:07:47.05	05:07:50.65	+00:03:50 (-162,082.7%)	6:58	8.6 (97.7%)
270	GAJEWSKI Jacek	2086	DOGOŃ GRODZISK MAZOWIECKI	M40	96			02:13:38	03:36:18	05:43:25	05:50:25	06:34:58	06:37:01.55	06:37:25.80	+00:03:50 (-161,927.9%)	9:00	6.7 (76.1%)
271	NYKIEL Rafał	2077	ULTRA DIABŁY TEAM LUBRZA	M40	113			02:11:23	03:39:08	05:51:21	05:58:20	06:49:59	06:52:05.70	06:52:39.60	+00:03:50 (-161,812.0%)	9:20	6.4 (72.7%)
272	ŁATKOWSKI Łukasz	2014	01LLATKOWSKI@GMAIL.COM	M40	137			02:21:07	03:58:04	06:17:48	06:24:48		07:18:52.05	07:19:03.35	+00:03:50 (-161,773.4%)	9:57	6 (68.2%)
273	NALEPA Paweł	1885	CHILLOUT CREW	M30	107			02:09:37	03:33:46	06:14:27	06:21:27		07:11:25.50	07:11:54.40	+00:03:50 (-161,754.1%)	9:46	6.1 (69.3%)
274	NOWOTKA Krzysztof	1548	RYKOWISKO TEAM	M40	91			02:08:14	03:31:56	05:34:06	05:41:06	06:28:10	06:30:11.35	06:30:33.70	+00:03:51 (-161,657.8%)	8:50	6.8 (77.3%)
275	GĄGOR Sebastian	1628		M20	26			02:19:35	03:49:11	05:59:43	06:06:43		07:09:02.15	07:09:41.85	+00:03:51 (-161,542.3%)	9:43	6.2 (70.5%)
276	KOWALSKI Krzysztof	2066	STS BIEGATON	M50	32			02:21:29	03:54:22	06:18:57	06:25:57		07:24:30.35	07:24:47.85	+00:03:51 (-161,369.3%)	10:04	6 (68.2%)
277	LEŚNOWOLSKI Piotr	1762	KLUB BIEGACZA RTV EURO AGD	M50	31			02:29:41	04:07:09	06:20:20	06:27:21		07:22:17.65	07:23:08.45	+00:03:52 (-161,292.6%)	10:01	6 (68.2%)
278	BIJATOWSKI Adrian	1873	MADA RUNNERS	M40	93			01:59:41	03:16:19	05:27:44	05:34:45	06:29:09	06:31:18.85	06:31:32.70	+00:03:52 (-161,254.2%)	8:52	6.8 (77.3%)
279	DYCZKOWSKI Andrzej	1758	TYGRYSKI KUBUSIA PUCHATKA	M60	3			02:20:40	04:05:41	06:30:03	06:37:04		07:36:21.35	07:36:58.90	+00:03:52 (-161,235.1%)	10:20	5.8 (65.9%)
280	GACHOWSKI Łukasz	1627		M40	81			01:56:40	03:13:20	05:21:08	05:28:09	06:19:39	06:21:43.40	06:21:56.40	+00:03:52 (-161,196.8%)	8:39	6.9 (78.4%)
281	PRZEPERSKI Krzysztof	1836		M40	134			02:16:00	03:40:43	06:05:17	06:12:18		07:09:24.80	07:10:04.20	+00:03:52 (-161,024.6%)	9:44	6.2 (70.5%)
282	OPOZDA Michał	2009		M40	68			01:57:14	03:14:03	05:19:41	05:26:43	06:07:28	06:09:24.50	06:09:32.70	+00:03:53 (-160,871.8%)	8:22	7.2 (81.8%)
283	GAJDECKI Tomek	1911	ACCENTURE	M40	83			02:05:02	03:22:12	05:24:12	05:31:14	06:21:03	06:23:06.60	06:23:49.10	+00:03:53 (-160,833.6%)	8:41	6.9 (78.4%)
284	ŁUKASZEWICZ Dawid	2018	Z GÓRKI I POD GÓRKĘ	M40	145			02:15:18	03:48:42	06:16:01	06:23:04		07:22:49.45	07:23:11.60	+00:03:53 (-160,757.4%)	10:02	6 (68.2%)
285	SAINTEMARIE Bernard	1946	MARCHE NORDIQUE PERIGORD VERT	M60	2			02:13:31	03:47:11	06:18:47	06:25:50		07:30:57.25	07:31:27.65	+00:03:53 (-160,605.2%)	10:13	5.9 (67.0%)
286	FUKS Szymon	1783	MCBIEGACZE	M40	42			01:47:09	02:54:36	04:51:45	04:58:48	05:44:54	05:46:55.70	05:47:04.40	+00:03:54 (-160,453.2%)	7:51	7.6 (86.4%)
287	DĄBROWSKI Michał	1992	CINCLUS	M50	4			01:44:26	02:49:47	04:35:56	04:43:00	05:33:49	05:36:10.20	05:36:42.90	+00:03:54 (-160,282.6%)	7:37	7.9 (89.8%)
288	KŁOŚ Artur	2080	STAY INSANE	M30	47			01:48:15	02:57:26	04:45:23	04:52:27	05:38:04	05:40:46.50	05:40:52.55	+00:03:55 (-160,150.1%)	7:43	7.8 (88.6%)
289	KRZYSZTOFOWICZ Andrzej	1831	ULTRASY	M40	168			02:24:44	04:11:47	06:50:32	06:57:37		08:05:57.85	08:06:31.15	+00:03:56 (-159,810.5%)	11:01	5.4 (61.4%)
290	KONCA Mariusz	1547	KB OŻARÓW MAZOWIECKI BIEGA	M50	38			02:30:10	04:10:56	06:39:08	06:46:13		07:46:13.55	07:46:45.80	+00:03:56 (-159,791.7%)	10:34	5.7 (64.8%)

Place	Participant	Number	Club	Category	MCat	Mistrzostwa Polski	Drużyna	Schronisko na Bacówka					Net time 44.1km	Czas brutto 44.1km	Pace min/km	Pace km/h	
								Przehybie 14.7km	Obidzy 24.4km	Premia1 37.2km	Premia2 37.7km	43.6km					
291	DRABIŃSKI Adrian	1743	BEERSPIRIT	M40	139			02:20:15	03:52:19	06:14:48	06:21:53		07:19:00.30	07:19:34.00	+00:03:56 (-159,754.1%)	9:57	6 (68.2%)
292	KRACZKOWSKI Krzysztof	1847	CHEŁM BIEGA	M40	174			02:24:43	04:16:58	07:00:15	07:07:20		08:14:59.15	08:15:35.80	+00:03:56 (-159,622.5%)	11:13	5.3 (60.2%)
293	GAWROŃSKI Adrian	1970	ZABIEGANymi CZĘSTOCHOWA	M40	142			02:04:55	03:33:30	06:10:34	06:17:39		07:19:39.00	07:20:01.60	+00:03:56 (-159,491.1%)	9:58	6 (68.2%)
294	ZARZECZNY Radosław	1888		M30	113			02:20:11	03:53:00	06:12:29	06:19:35		07:20:12.45	07:20:27.45	+00:03:56 (-159,491.1%)	9:58	6 (68.2%)
295	TUCHOWSKI Janusz	1798		M40	146			02:09:54	03:54:05	06:16:31	06:23:36		07:24:47.10	07:25:37.20	+00:03:56 (-159,491.1%)	10:05	5.9 (67.0%)
296	ILKOVIC Matus	1781		M30	97			02:05:38	03:26:36	05:50:30	05:57:36	06:43:44	06:47:34.85	06:47:45.80	+00:03:57 (-159,266.4%)	9:14	6.5 (73.9%)
297	ZEMBATY Marek	1777		M40	138			02:12:27	03:41:29	06:04:23	06:11:29		07:18:43.85	07:19:22.65	+00:03:57 (-159,247.7%)	9:56	6 (68.2%)
298	MYCIELSKI Mariusz	1692	W DRODZE	M50	11			02:03:14	03:18:30	05:14:16	05:21:22	06:07:49	06:09:57.25	06:10:26.75	+00:03:57 (-159,191.7%)	8:23	7.2 (81.8%)
299	TKACZ Przemysław	1673	PRZEMYSKI KLUB BIEGACZA	M50	40			02:28:45	04:05:57	06:34:23	06:41:30		07:50:16.80	07:50:57.00	+00:03:57 (-159,135.6%)	10:39	5.6 (63.6%)
300	PAŁYSA Robert	2124	STANWEX II	M20	20			02:05:11	03:19:01	05:22:13	05:29:19	06:12:16	06:14:50.65	06:15:39.45	+00:03:57 (-159,098.3%)	8:29	7.1 (80.7%)
301	KLOS Daniel	1871	KAPITAN KLOSS	M50	30			02:20:02	03:53:18	06:10:47	06:17:54		07:19:43.20	07:20:09.05	+00:03:58 (-159,023.7%)	9:58	6 (68.2%)
302	SZATKOWSKI Michał	1597	MARCINŚWIERCTEAM	M20	19			01:58:45	03:13:03	05:14:18	05:21:26	06:09:59	06:11:52.90	06:12:04.20	+00:03:59 (-158,651.8%)	8:25	7.1 (80.7%)
303	JANIAK Norbert	1528		M30	53			01:40:05	02:48:36	04:45:27	04:52:35	05:46:57	05:49:20.10	05:49:25.55	+00:03:59 (-158,540.5%)	7:55	7.6 (86.4%)
304	PŁOSKONKA Paweł	1869		M40	189					07:42:51	07:49:59		08:52:09.10	08:52:09.10	+00:03:59 (-158,540.5%)	12:04	5 (56.8%)
305	ROJEK Maciej	1899		M30	78			02:01:06	03:16:57	05:17:10	05:24:19	06:12:58	06:15:11.65	06:15:32.75	+00:04:00 (-158,152.4%)	8:30	7.1 (80.7%)
306	SZYMULA Janusz	1916		M40	110			02:06:55	03:31:10	05:48:28	05:55:37	06:46:38	06:48:40.90	06:49:16.20	+00:04:00 (-157,986.6%)	9:16	6.5 (73.9%)
307	LISIK Wojciech	1812	KS WINO	M40	102			02:00:17	03:20:35	05:41:28	05:48:38	06:40:18	06:42:27.75	06:43:04.25	+00:04:01 (-157,968.2%)	9:07	6.6 (75.0%)
308	TEODOROWICZ Sylwester	1534		M40	116			02:09:00	03:32:56	05:45:08	05:52:18	06:52:24	06:55:03.80	06:55:59.00	+00:04:01 (-157,931.4%)	9:24	6.4 (72.7%)
309	KNAP Tomasz	1760		M40	51			01:52:40	03:03:37	04:59:18	05:06:28	05:53:05	05:55:16.40	05:55:28.45	+00:04:01 (-157,747.8%)	8:03	7.4 (84.1%)
310	RĄCZKOWSKI Adam	1815	MYKK	M40	128			02:13:28	03:48:14	06:03:52	06:11:04	07:02:20	07:04:43.80	07:05:12.60	+00:04:03 (-157,072.0%)	9:37	6.2 (70.5%)
311	KORPAK Adam	1747	PLOTWISE	M30	101			02:17:37	03:47:25	05:57:37	06:04:49	06:59:36	07:01:39.90	07:01:50.40	+00:04:03 (-157,017.4%)	9:33	6.3 (71.6%)
312	SANIAK Przemysław	1767		M30	111			02:19:39	03:56:59	06:21:11	06:28:23		07:17:52.55	07:18:02.15	+00:04:03 (-156,962.9%)	9:55	6 (68.2%)
313	WOJTYŁA Paweł	1526	AKS POLONIA WARSZAWA	M30	127			02:24:55	04:05:25	06:38:34	06:45:47		07:51:54.55	07:52:45.80	+00:04:04 (-156,835.9%)	10:42	5.6 (63.6%)
314	FILIP Paweł	2127	MOCNA GRUPA CEZARA	M30	35			01:43:04	02:46:17	04:28:19	04:35:32	05:17:04	05:19:04.55	05:19:21.60	+00:04:04 (-156,709.1%)	7:14	8.3 (94.3%)
315	DZIOB Grzegorz	1769	NIEPOŁOMICIE BIEGAJĄ	M40	76			01:59:58	03:17:43	05:21:31	05:28:44	06:16:38	06:18:51.90	06:19:10.10	+00:04:04 (-156,672.9%)	8:35	7 (79.5%)
316	MĄLEK Adam	1830		M40	94			02:01:54	03:19:00	05:34:42	05:41:55	06:29:40	06:31:55.30	06:32:14.90	+00:04:04 (-156,600.5%)	8:53	6.8 (77.3%)
317	NĘCKI Łukasz	1697		M40	164			02:25:19	04:02:54	06:37:57	06:45:10		07:47:52.35	07:48:07.45	+00:04:05 (-156,456.0%)	10:36	5.7 (64.8%)
318	PAPRZYCKI Romuald	2034	NORBULLO TEAM BIEGA NATURALNIE	M50	12			02:04:41	03:18:38	05:21:33	05:28:48	06:14:00	06:16:09.35	06:16:31.75	+00:04:05 (-156,203.8%)	8:31	7 (79.5%)
319	ROSZKOWSKI Marcin	2114	ZABIEGANI PO USZY	M50	51			03:04:01	04:47:21	07:27:43	07:34:57		08:37:47.45	08:38:47.35	+00:04:06 (-156,131.9%)	11:44	5.1 (58.0%)
320	KAMIŃSKI Piotr	1670		M40	147			02:32:33	04:06:06	06:24:24	06:31:39		07:25:38.40	07:26:23.00	+00:04:06 (-156,042.1%)	10:06	5.9 (67.0%)

Place	Participant	Number	Club	Category	MCat	Mistrzostwa Polski	Drużyna	Schronisko na Bacówka					Net time 44.1km	Czas brutto 44.1km	Pace min/km	Pace km/h	
								Przehybie 14.7km	Obidzy 24.4km	Premia1 37.2km	Premia2 37.7km	43.6km					
321	RONDUDA Robert	1893		M40	167			02:28:22	04:13:33	06:47:15	06:54:30		07:59:18.45	08:00:03.85	+00:04:06 (-155,988.3%)	10:52	5.5 (62.5%)
322	WOJTCZAK Michał	1839		M30	110			02:17:35	03:52:41	06:11:09	06:18:24		07:16:50.00	07:17:08.40	+00:04:06 (-155,952.4%)	9:54	6.1 (69.3%)
323	SZULC Rafał	1578	PREGRES	M30	132			02:23:16	04:08:27	06:53:49	07:01:05		08:03:28.90	08:03:56.90	+00:04:07 (-155,541.1%)	10:57	5.5 (62.5%)
324	PIECH Adam	2021	PORANNY PATROL	M40	150			02:17:26	03:53:28	06:18:13	06:25:30		07:29:20.80	07:29:55.30	+00:04:08 (-155,398.6%)	10:11	5.9 (67.0%)
325	KIERSZNIKIEWICZ Łukasz	1598		M40	153			02:18:16	04:02:50	06:23:03	06:30:20		07:30:19.55	07:31:12.85	+00:04:09 (-154,990.2%)	10:12	5.9 (67.0%)
326	JAROS Mirek	1903		M40	121			02:12:13	03:35:15	05:52:27	05:59:47	06:55:44	06:57:44.80	06:58:08.60	+00:04:10 (-154,495.9%)	9:28	6.3 (71.6%)
327	KUNZ Tomasz	1665		M50	6			01:51:16	03:01:34	04:55:04	05:02:24	05:48:37	05:50:48.85	05:51:08.45	+00:04:11 (-154,267.5%)	7:57	7.5 (85.2%)
328	ZAJKOWSKI Mariusz	2092	STAJNIA BALONA	M40	125			02:16:47	03:42:51	05:59:48	06:07:09	06:58:11	06:59:59.85	07:00:27.40	+00:04:12 (-154,004.8%)	9:31	6.3 (71.6%)
329	FEODORÓW Wojciech	2137	RESHAPE RUNNERS	M50	13			02:09:31	03:23:53	05:21:03	05:28:24	06:19:21	06:21:21.65	06:21:50.75	+00:04:12 (-153,952.4%)	8:38	6.9 (78.4%)
330	KORCZYŃSKI Daniel	2106		M30	121			02:20:16	04:05:26	06:29:43	06:37:05		07:37:34.90	07:37:49.90	+00:04:13 (-153,655.9%)	10:22	5.8 (65.9%)
331	SKÓRA Wojciech	2113		M40	132			02:13:41	03:41:58	06:01:31	06:08:53		07:08:42.35	07:09:31.75	+00:04:13 (-153,569.0%)	9:43	6.2 (70.5%)
332	PYTEL Waldek	2039	YULO RUN TEAM SIEDLCE	M50	17			02:12:36	03:30:48	05:30:12	05:37:34	06:30:28	06:32:37.85	06:32:58.05	+00:04:13 (-153,464.7%)	8:54	6.7 (76.1%)
333	BOŁDYS Paweł	1934	TRENER BIEGACZY RUNONLINE.PL	M30	102			02:15:12	03:39:28	05:57:39	06:05:01	07:00:12	07:02:40.25	07:02:51.70	+00:04:14 (-153,308.6%)	9:35	6.3 (71.6%)
334	NASTAZIAK Andrzej	2091	ZABIEGANY WOŁOMIN	M50	36			02:16:54	03:46:54	06:22:01	06:29:24		07:35:16.95	07:35:49.65	+00:04:14 (-153,204.7%)	10:19	5.8 (65.9%)
335	POLAKÓW Sławomir	1550	Z GÓRKI I POD GÓRKĘ	M50	50			02:43:04	04:40:04	07:18:24	07:25:47		08:35:51.55	08:36:14.85	+00:04:14 (-153,170.1%)	11:41	5.1 (58.0%)
336	RUBASZKO Michał	1951		M40	172			02:22:24	04:05:01	06:55:46	07:03:09		08:08:16.60	08:09:09.25	+00:04:14 (-153,118.3%)	11:04	5.4 (61.4%)
337	LATAŁA Wojciech	1574	LEŚNE GRUBASY	M40	187			02:49:44	04:40:40	07:26:59	07:34:23		08:43:15.20	08:44:11.45	+00:04:15 (-152,980.1%)	11:51	5.1 (58.0%)
338	PIETRZAK Michał	1857	3	M30	86			02:01:35	03:17:31	05:26:44	05:34:08	06:21:27	06:23:46.05	06:24:10.45	+00:04:16 (-152,584.4%)	8:42	6.9 (78.4%)
339	SZYMEROWSKI Łukasz	1872		M40	152			02:25:08	04:02:50	06:23:06	06:30:31		07:30:06.10	07:30:58.40	+00:04:16 (-152,378.7%)	10:12	5.9 (67.0%)
340	KOZIELEC Tomasz	1556	PĘDZĄCE MISIE	M40	151			02:20:07	03:52:40	06:19:41	06:27:08		07:30:15.10	07:30:54.80	+00:04:18 (-151,798.9%)	10:12	5.9 (67.0%)
341	WIŚNIEWSKI Piotr	2055	AKTYWNI KOCIEWICY	M50	21			02:08:43	03:27:55	05:33:50	05:41:17	06:35:31	06:37:42.30	06:38:27.25	+00:04:18 (-151,764.9%)	9:01	6.7 (76.1%)
342	SMURA Rafał	1919		M30	106			02:10:16	03:34:41	05:57:30	06:04:57	07:03:12	07:05:59.05	07:06:15.10	+00:04:18 (-151,646.2%)	9:39	6.2 (70.5%)
343	LIPIŃSKI Oskar	2079		M30	91			02:04:52	03:22:58	05:26:30	05:34:00	06:28:42	06:30:59.35	06:31:42.65	+00:04:21 (-150,820.0%)	8:51	6.8 (77.3%)
344	STĘPIEŃ Piotr	1568		M30	134			02:32:58	04:23:24	06:52:34	07:00:05		08:14:15.30	08:15:13.40	+00:04:22 (-150,535.5%)	11:12	5.4 (61.4%)
345	NAPIERAŁA Marcin	2123	#	M40	131			02:23:03	03:52:42	06:05:13	06:12:44		07:08:23.25	07:08:30.35	+00:04:22 (-150,485.4%)	9:42	6.2 (70.5%)
346	WRÓBEL Tomasz	1782		M30	118			02:16:14	03:48:12	06:26:57	06:34:29		07:33:27.25	07:33:48.90	+00:04:22 (-150,368.6%)	10:16	5.8 (65.9%)
347	WESOŁOWSKI Krzysztof	1590	LASKOWE LUDKI	M40	78			01:55:03	03:07:26	05:13:41	05:21:14	06:18:01	06:20:06.75	06:20:23.65	+00:04:23 (-150,019.4%)	8:37	7 (79.5%)
348	PARTYKA Gabriel	1834		M30	117			02:17:39	03:48:39	06:16:44	06:24:17		07:30:47.25	07:31:37.85	+00:04:24 (-149,820.5%)	10:13	5.9 (67.0%)
349	JAWORSKI Bartek	2103		M40	171			02:32:59	04:16:35	06:53:47	07:01:20		08:06:36.10	08:07:24.40	+00:04:24 (-149,787.4%)	11:02	5.4 (61.4%)
350	MATECKI Tomasz	1604		M40	57			01:54:25	03:04:56	05:00:47	05:08:20	05:57:13	05:59:41.15	06:00:12.45	+00:04:24 (-149,688.3%)	8:09	7.4 (84.1%)

Place	Participant	Number	Club	Category	MCat	Mistrzostwa Polski		Schronisko na Bacówka					Net time	Czas brutto	Pace	Pace	
						Polski	Drużyna	Przehybie 14.7km	Obidzy 24.4km	Premia1 37.2km	Premia2 37.7km	43.6km					44.1km
351	POŁUBOK Kajetan	1600		M40	15			01:38:24	02:40:08	04:13:58	04:21:32	04:59:17	05:01:25.15	05:01:28.85	+00:04:25 (-149,490.3%)	6:50	8.8 (100%)
352	HABRAT Maciej	2000	HABRAT TEAM	M50	16			02:07:21	03:29:09	05:31:56	05:39:30	06:28:39	06:30:58.05	06:31:04.25	+00:04:25 (-149,424.4%)	8:51	6.8 (77.3%)
353	PYTLEWSKI Łukasz	2059		M40	165			02:28:10	04:05:42	06:42:48	06:50:23		07:53:22.95	07:54:03.00	+00:04:26 (-149,194.4%)	10:44	5.6 (63.6%)
354	CHOLEWA Tomasz	2022		M40	97			02:09:06	03:31:34	05:39:41	05:47:19	06:35:25	06:37:32.85	06:38:10.95	+00:04:28 (-148,345.9%)	9:00	6.7 (76.1%)
355	OLZACKI Piotr	1679		M30	135			02:24:41	04:04:05	06:44:54	06:52:32		08:20:32.70	08:21:07.40	+00:04:29 (-148,281.0%)	11:20	5.3 (60.2%)
356	TENDAJ Daniel	1824		M50	46			02:24:28	04:03:06	06:44:39	06:52:17		08:09:56.80	08:10:46.45	+00:04:29 (-148,200.0%)	11:06	5.4 (61.4%)
357	ZAK Robert	2105		M40	170			02:29:47	04:16:31	06:53:42	07:01:20		08:06:35.05	08:07:24.15	+00:04:29 (-148,183.8%)	11:02	5.4 (61.4%)
358	TURKOWSKI Maciej	1733	SLOW JOGGING SIEDLCE	M50	44			02:24:31	04:07:32	06:54:56	07:02:35		08:08:29.20	08:08:58.70	+00:04:30 (-147,844.7%)	11:04	5.4 (61.4%)
359	ŻACZEK Łukasz	1654	JZDL	M30	89			01:57:48	03:19:56	05:29:23	05:37:02	06:25:24	06:27:06.20	06:27:28.45	+00:04:30 (-147,796.3%)	8:46	6.8 (77.3%)
Przekroczony limit czasu: 09:00:00																	
360	TYMBURSKI Michał	1620	SPARTA LUBLIN	M40	192			02:51:45	04:57:45	07:50:07	07:57:47		09:18:27.45	09:18:27.45	+00:04:31 (-147,651.6%)	12:39	4.7 (53.4%)
361	WANAT Mateusz	1957	PRZEDWOJEWSKI TEAM	M30	59			01:53:31	03:06:05	04:56:51	05:04:31	05:52:59	05:54:56.80	05:55:10.10	+00:04:31 (-147,635.5%)	8:02	7.5 (85.2%)
362	BACHURSKI Tomasz	1732	140MINUT/KB HARCOWNIK	M40	73			01:59:08	03:14:27	05:12:32	05:20:13	06:13:46	06:16:13.45	06:16:29.80	+00:04:32 (-147,314.8%)	8:31	7 (79.5%)
363	WYSPIAŃSKI Tomasz	1700	KOSTERA TEAM	M40	88			02:05:15	03:22:24	05:25:44	05:33:25	06:26:36	06:29:07.50	06:29:51.00	+00:04:32 (-147,202.9%)	8:49	6.8 (77.3%)
364	LACHOWSKI Karol	1848	FILIP RUNNING TEAM	M40	193			02:48:22	04:51:50	08:02:18	08:10:00		09:33:07.75	09:33:39.20	+00:04:32 (-147,091.2%)	12:59	4.6 (52.3%)
365	NOWOSADZKI Wojciech	1609	TRAIL IS OUR WAY TEAM	M40	86			02:05:26	03:23:29	05:24:54	05:32:36	06:26:21	06:28:56.25	06:29:14.55	+00:04:32 (-147,059.3%)	8:49	6.8 (77.3%)
366	ZAKRZYŃSKI Paweł	1930		M40	11			01:35:06	02:31:16	03:59:06	04:06:49	04:49:13	04:51:15.90	04:51:23.80	+00:04:35 (-146,297.9%)	6:36	9.1 (103.4%)
367	ŻYDEK Piotr	1713	CHSBD W RUCHU	M30	133			02:17:11	04:01:47	06:41:10	06:48:54		08:08:47.35	08:09:13.05	+00:04:35 (-146,203.3%)	11:05	5.4 (61.4%)
368	PIENKOSZ Wojciech	2153	PGE ENERGETIC RUNNING/PODIUM	M40	109			02:09:40	03:38:24	05:47:53	05:55:37	06:46:26	06:48:34.70	06:48:59.80	+00:04:35 (-146,171.8%)	9:15	6.5 (73.9%)
369	WŁODARCZYK Jan	1715	AKTYWNI KOCIEWIACY	M60	5			02:48:53	04:50:30	07:40:27	07:48:12		08:50:27.40	08:51:05.90	+00:04:36 (-145,779.1%)	12:01	5 (56.8%)
370	MALINOWSKI Marcin	1740		M40	179			02:34:03	04:15:54	07:14:10	07:21:56		08:25:59.95	08:26:59.25	+00:04:37 (-145,669.5%)	11:28	5.2 (59.1%)
371	PRĘDKI Mirosław	1870		M40	122			02:23:40	03:49:48	06:01:23	06:09:10	06:56:58	06:59:20.00	06:59:20.00	+00:04:37 (-145,450.8%)	9:30	6.3 (71.6%)
372	ROZNER Artur	2038	ROZNER.ARTUR@GMAIL.COM	M40	154			02:19:09	04:05:19	06:26:12	06:33:59		07:32:41.00	07:32:54.60	+00:04:38 (-145,326.1%)	10:15	5.8 (65.9%)
373	PASIEKA Grzegorz	1757	SZTYWNE KULASY	M30	126			02:27:01	04:06:12	06:33:29	06:41:17		07:51:06.50	07:51:34.10	+00:04:38 (-145,170.6%)	10:40	5.6 (63.6%)
374	WOJTKOWIAK Paweł	2068	NSH SP. Z O.O.	M50	28			02:09:44	03:34:04	05:57:28	06:05:15	07:00:23	07:02:25.60	07:03:05.65	+00:04:39 (-145,124.0%)	9:34	6.3 (71.6%)
375	KALINOWSKI Bartek	1731	KS SCIEK	M40	161			02:21:29	03:52:04	06:33:05	06:40:53		07:42:05.75	07:43:01.10	+00:04:39 (-145,061.9%)	10:28	5.7 (64.8%)
376	STASZEWSKI Paweł	2117	BARTOSZ GORCZYCA TEAM	M50	33			02:19:13	03:51:55	06:18:21	06:26:09		07:27:04.50	07:27:52.70	+00:04:39 (-144,999.9%)	10:08	5.9 (67.0%)
377	SYDOR Piotr	1921		M40	126			02:11:57	03:38:20	05:58:52	06:06:41	06:58:45	07:00:44.95	07:00:54.65	+00:04:39 (-144,891.5%)	9:32	6.3 (71.6%)
378	KOZIEŁ Jarosław	1564	ŁÓDŹ KOCHA SPORT	M30	137			02:32:58	04:23:25	07:04:34	07:12:23		08:30:39.55	08:31:37.65	+00:04:40 (-144,767.7%)	11:34	5.2 (59.1%)
379	ŚLACZKA Arkadiusz	1948	FINISZ RYMANÓW	M40	160			02:31:19	04:06:23	06:34:37	06:42:30		07:40:49.60	07:41:46.20	+00:04:43 (-143,633.3%)	10:26	5.7 (64.8%)
380	ŁUCZAK Marcin	2149	***** ***	M40	130			02:09:37	03:34:46	05:57:27	06:05:22	07:03:14	07:06:00.70	07:06:16.05	+00:04:46 (-142,771.6%)	9:39	6.2 (70.5%)

Place	Participant	Number	Club	Category	MCat	Mistrzostwa Polski		Schronisko na Bacówka					Net time 44.1km	Czas brutto 44.1km	Pace min/km	Pace km/h	
						Polski	Drużyna	Przehybie 14.7km	Obidzy 24.4km	Premia1 37.2km	Premia2 37.7km	43.6km					44.1km
381	KUCIA Łukasz	2147	KB MARATON TUREK	M30	105			02:10:17	03:34:31	05:57:22	06:05:19	07:03:14	07:06:00.00	07:06:15.00	+00:04:47 (-142,456.7%)	9:39	6.2 (70.5%)
382	SZYMCZAK Dawid	2063		M30	124			02:25:24	04:06:52	06:36:49	06:44:46		07:47:05.80	07:47:37.00	+00:04:49 (-142,039.0%)	10:35	5.7 (64.8%)
383	COLAUTTI Enrico	1536	BAD ORGANIZER TEAM	M50	48			02:19:29	03:56:45	07:12:02	07:20:00		08:18:27.30	08:19:04.95	+00:04:49 (-142,039.0%)	11:18	5.3 (60.2%)
384	TOMASZKIEWICZ Marek	1558		M50	54			02:35:49	04:49:07	07:49:26	07:57:28		09:36:11.15	09:36:59.25	+00:04:53 (-140,639.8%)	13:03	4.6 (52.3%)
385	PIETRZYK Tomasz	1543	LANIE NA ŚLĘZY	M40	89			02:01:00	03:17:04	05:30:39	05:38:43	06:28:02	06:30:05.40	06:30:05.40	+00:04:55 (-140,290.7%)	8:50	6.8 (77.3%)
386	BALUTA Paweł	2132	BEZPIECZNY KAZBEK	M40	143			02:16:06	03:42:51	06:17:18	06:25:22		07:20:03.60	07:20:57.85	+00:04:55 (-140,044.4%)	9:58	6 (68.2%)
387	BUGAJCZYK Cezary	1677		M40	191			02:41:20	04:50:04	07:49:50	07:57:56		09:17:31.45	09:18:24.15	+00:04:57 (-139,597.6%)	12:38	4.7 (53.4%)
388	TERESIŃSKI Tomasz	2012	PRZEDWOJEWSKI TEAM	M20	27			02:16:07	03:44:34	06:02:10	06:10:17		07:11:30.95	07:11:51.45	+00:04:58 (-139,210.8%)	9:47	6.1 (69.3%)
389	RUSEK Jarosław	1976		M40	173			02:22:23	04:05:02	06:55:44	07:03:51		08:08:16.95	08:09:09.85	+00:04:58 (-139,210.8%)	11:04	5.4 (61.4%)
390	SOIŃSKI Przemysław	1686	KB MANIAC POZNAŃ	M40	183			02:36:23	04:30:26	07:15:36	07:23:44		08:32:24.85	08:33:05.30	+00:04:59 (-139,025.3%)	11:37	5.2 (59.1%)
391	DĄBROWSKI Artur	2136		M30	130			02:32:59	04:14:16	06:49:05	06:57:13		08:02:38.30	08:03:22.30	+00:04:59 (-138,925.6%)	10:56	5.5 (62.5%)
392	NOWAK Łukasz	2140		M40	111			02:09:36	03:33:37	05:40:29	05:48:38	06:45:47	06:49:14.50	06:50:08.90	+00:05:00 (-138,826.1%)	9:16	6.5 (73.9%)
393	CIESZYŃSKI Mariusz	1859	BEAUTY-STUDIO LOĘBORK	M40	163			02:33:21	04:12:59	06:41:35	06:49:44		07:46:37.45	07:47:30.95	+00:05:00 (-138,826.1%)	10:34	5.7 (64.8%)
394	BARNAŚ Arkadiusz	1635		M40	182			02:42:32	04:30:31	07:14:17	07:22:26		08:31:40.80	08:32:31.90	+00:05:00 (-138,669.9%)	11:36	5.2 (59.1%)
395	DRABIK Jacek	1991		M50	45			02:40:01	04:24:47	06:57:17	07:05:27		08:08:54.90	08:09:19.65	+00:05:02 (-138,274.1%)	11:05	5.4 (61.4%)
396	BARAŃSKI Ernest	1851		M20	25			02:04:05	03:23:41	05:51:27	05:59:38	07:03:10	07:05:23.15	07:05:40.60	+00:05:02 (-138,133.3%)	9:38	6.2 (70.5%)
397	JAWORSKI Mateusz	2019		M30	143			02:36:37	04:30:44	07:16:25	07:24:39		08:39:02.85	08:39:38.30	+00:05:04 (-137,558.9%)	11:46	5.1 (58.0%)
398	WIERZBICKI Michał	1639	MORSY SWARZĘDZ	M40	177			02:40:58	04:35:23	07:10:14	07:18:28		08:19:05.55	08:19:40.70	+00:05:05 (-137,419.5%)	11:19	5.3 (60.2%)
399	HETEL Adam	1763	KLUB BIEGACZA RTV EURO AGD	M30	131			02:36:46	04:16:21	06:48:25	06:56:39		08:02:41.80	08:03:32.40	+00:05:05 (-137,349.9%)	10:56	5.5 (62.5%)
400	CHMURA Łukasz	1778	NAPRZÓD MŁOCINY-BAT	M40	159			02:18:57	04:02:25	06:30:03	06:38:18		07:40:27.50	07:40:37.25	+00:05:06 (-137,100.0%)	10:26	5.7 (64.8%)
401	CZARNIECKI Tadeusz	2139	OSHEE RUNNERS TEAM	M40	178			02:36:33	04:31:18	07:14:06	07:22:23		08:23:36.15	08:24:14.70	+00:05:07 (-136,658.0%)	11:25	5.3 (60.2%)
402	MITER Damian	1898	RUNNERSI	M30	115			02:16:02	03:42:46	06:18:59	06:27:19		07:29:17.30	07:29:25.80	+00:05:10 (-135,850.4%)	10:11	5.9 (67.0%)
403	KOŚCIOŁEK Mariusz	1925	RUNNERSI	M30	116			02:16:05	03:51:02	06:19:01	06:27:22		07:29:18.60	07:29:26.15	+00:05:13 (-135,267.7%)	10:11	5.9 (67.0%)
404	KOŚCIUCZUK Łukasz	2041	FUNDACJA RAK'N'ROLL	M40	148			02:16:04	03:43:54	06:03:42	06:12:05		07:27:11.85	07:28:11.15	+00:05:14 (-134,877.6%)	10:08	5.9 (67.0%)
405	RAKOWSKI Krzysztof	1939	RUNNERSI	M40	149			02:16:08	03:51:04	06:19:00	06:27:26		07:29:17.05	07:29:25.85	+00:05:17 (-134,197.0%)	10:11	5.9 (67.0%)
406	SYGIET Andrzej	1917		M40	119			02:10:37	03:35:51	05:59:03	06:07:29	06:55:21	06:57:30.85	06:57:41.70	+00:05:17 (-134,183.7%)	9:28	6.3 (71.6%)
407	BARCIK Witold	1958	BIEGAM ŻEBY ŻREĆ WIĘCEJ CIASTKÓW	M40	155			02:08:35	03:41:54	06:09:35	06:18:00		07:33:48.95	07:34:26.20	+00:05:17 (-134,157.2%)	10:17	5.8 (65.9%)
408	ZIELIŃSKI Michał	1626	DZIKIE ŻYCIE RUN TEAM	M40	156			02:23:53	04:00:05	06:26:25	06:34:54		07:39:06.30	07:39:39.35	+00:05:20 (-133,313.2%)	10:24	5.8 (65.9%)
409	KOWALSKI Andrzej	1661		M40	175			02:39:15	04:21:24	07:02:14	07:10:44		08:17:41.85	08:18:08.25	+00:05:22 (-132,856.1%)	11:17	5.3 (60.2%)
410	KARDASZ Jacek	1533	ATTYLA	M40	157			02:20:19	03:56:53	06:30:29	06:39:02		07:40:10.65	07:40:27.85	+00:05:24 (-132,247.3%)	10:26	5.8 (65.9%)

Place	Participant	Number	Club	Category	MCat	Mistrzostwa Polski	Drużyna	Schronisko na Bacówka			Net time 44.1km	Czas brutto 44.1km	Gap	Pace min/km	Pace km/h		
								Przehybie 14.7km	Obidzy 24.4km	Premia1 37.2km						Premia2 37.7km	43.6km
411	TOKARSKI Jacek	1771		M40	188			02:41:02	04:28:05	07:30:41	07:39:19		08:45:30.00	08:45:40.20	+00:05:29 (-130,995.5%)	11:54	5 (56.8%)
412	DZIAŁA Piotr	1606	KB OŻARÓW MAZOWIECKI BIEGA	M40	184			02:39:51	04:34:08	07:15:39	07:24:17		08:33:53.90	08:34:25.75	+00:05:29 (-130,982.8%)	11:39	5.1 (58.0%)
413	MZYK Fabian	1827	STS BIEGATON	M40	186			02:38:45	04:34:51	07:14:44	07:23:30		08:40:54.25	08:41:12.05	+00:05:37 (-129,001.8%)	11:48	5.1 (58.0%)
414	BĘBENEK Marcin	2150	KW KRAKÓW	M30	125			02:30:15	04:12:03	06:39:05	06:47:51		07:49:16.10	07:50:03.00	+00:05:37 (-128,977.3%)	10:38	5.6 (63.6%)
415	TATUŚKO Tomasz	2003		M50	52			02:42:05	04:32:46	07:15:30	07:24:18		08:39:17.55	08:40:09.20	+00:05:39 (-128,537.2%)	11:46	5.1 (58.0%)
416	HOJDA Mariusz	1632		M40	190			02:47:15	04:40:41	07:36:08	07:44:56		08:51:37.65	08:52:29.95	+00:05:39 (-128,512.8%)	12:03	5 (56.8%)
417	BERGIER Paweł	2073	BIEGAMBOMUSZĘ XFIT ULTRA	M40	119			02:10:41	03:35:53	05:58:55	06:07:43	06:55:28	06:57:32.75	06:57:41.70	+00:05:39 (-128,439.8%)	9:28	6.3 (71.6%)
418	KĘDZIOREK Rafał	1975	TEAM ZABIEGANEDNI	M30	136			02:19:46	04:27:45	07:10:22	07:19:13		08:27:59.40	08:28:31.00	+00:05:42 (-127,846.5%)	11:31	5.2 (59.1%)
419	BORYCKI Artur	2112		M40	124			02:10:30	03:33:20	05:52:52	06:01:47	06:57:37	06:59:43.45	07:00:09.10	+00:05:47 (-126,688.0%)	9:31	6.3 (71.6%)
420	WĄTORSKI Michał	1552		M30	128			02:19:36	04:00:02	06:34:37	06:43:33		07:56:02.80	07:56:34.65	+00:05:47 (-126,652.5%)	10:47	5.6 (63.6%)
421	MILCARZ Andrzej	1596	FESTINA LENTE	M70	1			03:14:10	05:35:57	08:53:04	09:02:09		10:23:28.65	10:24:33.75	+00:05:56 (-124,501.4%)	14:08	4.2 (47.7%)
422	BAKUN Mariusz	1687	CHEŁM	M50	47			02:26:52	04:16:55	07:00:39	07:09:46		08:14:58.50	08:15:35.80	+00:05:58 (-124,125.4%)	11:13	5.3 (60.2%)
423	SIUCIAK Robert	1549		M50	49			02:40:41	04:28:57	07:11:46	07:20:54		08:32:09.10	08:33:01.10	+00:05:59 (-123,762.8%)	11:36	5.2 (59.1%)
424	POKOTYCKI Denis	1641		M30	140			02:41:47	04:26:43	07:15:53	07:25:02		08:34:46.50	08:35:37.85	+00:05:59 (-123,706.4%)	11:40	5.1 (58.0%)
425	MAJDA Maciej	2088	MKL BRYGADA BESKIDÓW	M30	99			02:05:16	03:28:11	05:46:04	05:55:20	06:53:20	06:55:28.60	06:55:41.10	+00:06:07 (-122,113.4%)	9:25	6.4 (72.7%)
426	ŁOKAS Andrzej	1562		M50	53			02:49:30	04:41:42	07:28:32	07:38:09		08:44:48.95	08:45:36.20	+00:06:28 (-117,591.7%)	11:54	5 (56.8%)
427	ŚMIETANKA Adam	1860		M20	32			02:40:01	04:37:01	07:24:32	07:34:49		08:47:00.40	08:47:39.80	+00:07:07 (-110,087.4%)	11:57	5 (56.8%)
428	GRABOWSKI Leszek	1594	STARE BABICE BIEGAJĄ	M50	55			03:06:43	05:15:09	08:30:46	08:41:03		10:02:58.60	10:03:54.00	+00:07:08 (-109,971.3%)	13:40	4.4 (50.0%)
429	SMORAĞIEWICZ Marcin	1545		M40	194			03:06:46	05:15:38	08:32:00	08:42:59		10:10:31.70	10:11:22.45	+00:07:49 (-103,018.7%)	13:50	4.3 (48.9%)

Total 429 results.