

**Wydarzenie:**  
**Organizator:**  
**Data:**  
**Miejsce:**  
**Dystans:**

PIENINY ULTRA-TRAIL®  
Fundacja Strefa Przygód  
2024-04-20  
Szczawnica  
43.7 km

Klasyfikacja: PZLA Mistrzostwa Polski w Biegu Górskim Short Trail

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Drużyna	Schronisko na Przehybie 14.7km	Bacówka na Obidzy 24.4km	Schronisko pod Durbaszką 35.5km	43.7km	Czas netto 44.1km	Czas brutto 44.1km	Różn	Tempo min/km	Tempo km/h
1	<b>MATUSZCZAK Rafal</b>	<b>2097</b>	SALOMON	M30	1	MP	LLKS Osowa Sień	01:09:10	01:48:15	02:38:50	03:11:31	<b>03:12:13.85</b>	<b>03:12:15.25</b>		4:21	13.8 (100%)
2	<b>MALINA Dawid</b>	<b>2041</b>	DYNAFIT / TL ROW RYBNIK	M30	2	MP	TL ROW Rybnik	01:10:26	01:50:37	02:43:00	03:15:18	<b>03:15:58.80</b>	<b>03:16:00.20</b>	+00:03:44 (1.9%)	4:26	13.5 (97.8%)
3	<b>FABIAN Marcel</b>	<b>2035</b>	EVANLITE.COM	M20	1	MP	MKS-R Centrum Dziegiełków	01:13:45	01:54:29	02:49:00	03:25:29	<b>03:26:18.30</b>	<b>03:26:19.70</b>	+00:14:04 (6.8%)	4:40	12.8 (92.8%)
4	<b>SZCZEŚNIEWSKI Miłosz</b>	<b>2819</b>	HOKA GARMIN TEAM	M30	3	MP	SBG Salco Niepołomice	01:14:53	01:57:53	02:54:23	03:30:45	<b>03:31:32.60</b>	<b>03:31:33.70</b>	+00:19:18 (9.1%)	4:47	12.5 (90.6%)
5	<b>LEŚNIAK Kamil</b>	<b>2042</b>	HOKA GARMIN TEAM	M30	4	MP	SBG Salco Niepołomice	01:14:52	01:57:25	02:54:57	03:32:13	<b>03:33:06.05</b>	<b>03:33:07.15</b>	+00:20:51 (9.8%)	4:49	12.4 (89.9%)
6	<b>MISIAK Bartosz</b>	<b>2199</b>	DYNAFIT TEAM/ ULTRA TRAIL ACADEMY	M30	5	MP	MUKS SZS Cieszyn	01:15:43	01:59:27	02:57:24	03:34:22	<b>03:35:03.60</b>	<b>03:35:05.20</b>	+00:22:49 (10.6%)	4:52	12.3 (89.1%)
7	<b>MATYSSEK Karol</b>	<b>2566</b>	ODZIEZDLAMEDYKA.PL	M30	6	MP	KS Sprint Bielsko-Biała	01:15:12	01:59:12	02:57:35	03:35:32	<b>03:36:24.80</b>	<b>03:36:25.50</b>	+00:24:10 (11.2%)	4:54	12.2 (88.4%)
8	<b>CZERNAK Paweł</b>	<b>2410</b>	BLACK HAT PRO	M30	7	MP	Black Hat Pro Warszawa	01:18:14	02:02:21	03:01:02	03:37:08	<b>03:37:56.65</b>	<b>03:37:58.45</b>	+00:25:43 (11.8%)	4:56	12.1 (87.7%)
9	<b>SZKOŁUDA Miłosz</b>	<b>2232</b>	BIEGOLAS KOSZALIN	M30	8	MP	UKS Sokół Węgorzewo	01:17:33	02:01:39	03:00:18	03:37:59	<b>03:38:56.50</b>	<b>03:38:56.50</b>	+00:26:41 (12.2%)	4:57	12.1 (87.7%)
10	<b>KARWACZYŃSKI Roger</b>	<b>2401</b>	CODETWO	M30	9	MP	GKS Start Długoleśka	01:18:13	02:02:33	03:00:58	03:38:24	<b>03:39:14.55</b>	<b>03:39:17.50</b>	+00:27:02 (12.3%)	4:58	12.1 (87.7%)
11	<b>DOMBROWSKI Maciej</b>	<b>2129</b>	ON RUNNING	M30	11	MP	KKB MOSIR Krosno	01:21:00	02:06:52	03:05:30	03:41:42	<b>03:42:25.55</b>	<b>03:42:27.90</b>	+00:30:12 (13.6%)	5:02	11.9 (86.2%)
12	<b>ŚWIERC Marcin</b>	<b>2124</b>	BUFF TEAM POLAND	M30	12	MP	AZS KU Politechniki Opolskiej Opole	01:22:14	02:06:24	03:05:45	03:42:05	<b>03:42:52.05</b>	<b>03:42:53.45</b>	+00:30:38 (13.7%)	5:03	11.9 (86.2%)
13	<b>WOŁĄKIEWICZ Piotr</b>	<b>2839</b>	STAŃCZAK TEAM	M20	3	MP	KS Sprint Bielsko-Biała	01:19:11	02:03:26	03:03:18	03:43:44	<b>03:44:40.00</b>	<b>03:44:40.80</b>	+00:32:25 (14.4%)	5:05	11.8 (85.5%)
14	<b>MASIAREK Maciej</b>	<b>2141</b>	KB SOBÓTKA	M30	14	MP	KB Sobótka	01:20:30	02:06:03	03:10:02	03:47:16	<b>03:48:01.35</b>	<b>03:48:04.60</b>	+00:35:49 (15.7%)	5:10	11.6 (84.1%)
15	<b>MŁYNARCZYK Martyna</b>	<b>2163</b>	HOKA GARMIN TEAM	K30	1	MP	SBG Salco Niepołomice	01:22:20	02:09:42	03:10:54	03:49:52	<b>03:50:41.25</b>	<b>03:50:42.85</b>	+00:38:27 (16.7%)	5:13	11.5 (83.3%)
16	<b>WILK Katarzyna</b>	<b>2970</b>		K30	2	MP	KS AZS AWF Kraków	01:26:00	02:13:41	03:16:16	03:54:18	<b>03:55:06.75</b>	<b>03:55:08.35</b>	+00:42:53 (18.2%)	5:19	11.3 (81.9%)
17	<b>WERNER Kamil</b>	<b>2005</b>	DZIKI BIEG	M40	3	MP	Black Hat Pro Warszawa	01:22:45	02:10:41	03:16:06	03:56:35	<b>03:57:18.10</b>	<b>03:57:26.00</b>	+00:45:10 (19.0%)	5:22	11.2 (81.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Drużyna	Schronisko	Bacówka	Schronisko	Czas		Tempo min/km	Tempo km/h		
								na Przehybie 14.7km	na Obidzy 24.4km	pod Durbaszką 35.5km	43.7km	44.1km			44.1km	Różn
18	<b>SOLIŃSKA Katarzyna</b>	<b>2046</b>	ON RUNNING POLSKA	K30	3	MP	KKB MOSiR Krosno	01:22:23	02:10:49	03:16:06	03:57:51	<b>03:58:41.70</b>	<b>03:58:44.25</b>	+00:46:29 (19.5%)	5:24	11.1 (80.4%)
19	<b>PAPROCKA Urszula</b>	<b>2043</b>	NOWA HUTA TEAM	K20	1	MP	LKB Rudnik	01:27:05	02:16:11	03:23:00	04:03:23	<b>04:04:09.50</b>	<b>04:04:12.35</b>	+00:51:57 (21.3%)	5:32	10.8 (78.3%)
20	<b>LEŚNIAK Dawid</b>	<b>2060</b>	LHO	M30	22	MP	UltraBies Biegi Górskie Dołżyca	01:24:47	02:12:21	03:20:26	04:03:50	<b>04:04:41.00</b>	<b>04:04:45.25</b>	+00:52:30 (21.5%)	5:32	10.8 (78.3%)
21	<b>GOŁĄB Marek</b>	<b>2530</b>	BANDA GRUDNIA	M30	24	MP	MKS Unia Hrubieszów	01:30:03	02:20:30	03:27:36	04:09:12	<b>04:09:58.20</b>	<b>04:10:03.30</b>	+00:57:48 (23.1%)	5:40	10.6 (76.8%)
22	<b>STELMACH Dominika</b>	<b>2156</b>	STELMACH TEAM	K40	1	MP	RK Athletics Warszawa	01:29:58	02:22:08	03:29:27	04:11:30	<b>04:12:22.75</b>	<b>04:12:25.70</b>	+01:00:10 (23.8%)	5:43	10.5 (76.1%)
23	<b>RUSEK Marcin</b>	<b>2335</b>	KS LIMANOWA FORREST	M40	7	MP	KS Limanowa Forrest	01:31:46	02:24:41	03:32:34	04:14:32	<b>04:15:23.90</b>	<b>04:15:29.60</b>	+01:03:14 (24.8%)	5:47	10.4 (75.4%)
24	<b>BYRSKA Sylwia</b>	<b>2853</b>	WMTRISELF	K20	2	MP	Kraków Athletics Team	01:32:28	02:24:45	03:33:08	04:17:58	<b>04:18:57.00</b>	<b>04:19:00.75</b>	+01:06:45 (25.8%)	5:52	10.2 (73.9%)
25	<b>WYLEŻAŁEK Alina</b>	<b>2468</b>	INŻYNIERIA BIEGANIA	K30	4	MP	GKS Piast Gliwice	01:32:12	02:24:06	03:34:08	04:18:06	<b>04:18:57.55</b>	<b>04:19:01.25</b>	+01:06:46 (25.8%)	5:52	10.2 (73.9%)
26	<b>KWIATKOWSKA Kinga</b>	<b>2680</b>	HOKA GARMIN TEAM	K30	5	MP	SBG Salco Niepotomice	01:36:31	02:27:59	03:36:33	04:19:23	<b>04:20:18.65</b>	<b>04:20:22.70</b>	+01:08:07 (26.2%)	5:54	10.2 (73.9%)
27	<b>GRUCHAŁA Natalia</b>	<b>2219</b>	HARPAGAN	K20	3	MP	KKS Sfora Bojano	01:35:01	02:27:53	03:37:59	04:21:56	<b>04:22:50.10</b>	<b>04:23:03.00</b>	+01:10:47 (26.9%)	5:57	10.1 (73.2%)
28	<b>RACZAK Maciej</b>	<b>2107</b>	42K PRO TEAM	M30	34	MP	42k Pro Team Tychy	01:32:06	02:22:42	03:34:05	04:22:07	<b>04:23:04.70</b>	<b>04:23:18.40</b>	+01:11:03 (27.0%)	5:57	10.1 (73.2%)
29	<b>NIEDŹWIADEK Kamil</b>	<b>2239</b>	GIŻA TEAM	M30	35	MP	KS AZS AWF Warszawa	01:28:01	02:21:44	03:34:21	04:22:51	<b>04:23:45.90</b>	<b>04:23:51.45</b>	+01:11:36 (27.1%)	5:58	10 (72.5%)
30	<b>WŁODARCZYK Bartłomiej</b>	<b>2419</b>	INŻYNIERA BIEGANIA / DZIABA_RUNNER	M20	8	MP	TL ROW Rybnik	01:34:14	02:28:04	03:40:38	04:23:18	<b>04:24:10.95</b>	<b>04:24:14.65</b>	+01:11:59 (27.2%)	5:59	10 (72.5%)
31	<b>BAZAN Kinga</b>	<b>2085</b>	TYCZYNSKI TRIATHLON	K30	6	MP	Wieliszew Heron Team	01:36:27	02:30:39	03:40:44	04:24:12	<b>04:26:10.65</b>	<b>04:26:23.70</b>	+01:14:08 (27.8%)	6:02	9.9 (71.7%)
32	<b>BEDNARCZYK Magdalena</b>	<b>2155</b>	WKS OLEŚNICA OLEŚNICZANKA / KRUCZKOWSKITEAM	K30	8	MP	WKS Oleśniczanka Oleśnica	01:31:52	02:25:32	03:40:24	04:28:09	<b>04:28:59.95</b>	<b>04:29:03.95</b>	+01:16:48 (28.5%)	6:05	9.8 (71.0%)
33	<b>GRZYWACZEWSKA Justyna</b>	<b>2146</b>	CITY TRAIL TEAM	K30	10	MP	AZS UMCS Lublin	01:35:05	02:30:34	03:48:43	04:37:57	<b>04:38:58.70</b>	<b>04:39:01.95</b>	+01:26:46 (31.1%)	6:19	9.5 (68.8%)
34	<b>ŻYŁKA Kamil</b>	<b>2523</b>		M30	52	MP	42k Pro Team Tychy	01:36:31	02:31:51	03:52:03	04:43:47	<b>04:44:47.35</b>	<b>04:44:55.80</b>	+01:32:40 (32.5%)	6:27	9.3 (67.4%)
35	<b>SELKE Radosław</b>	<b>2055</b>	MORT!	M30	60	MP	UKS MTE Milanówek	01:33:38	02:29:59	03:57:33	04:49:42	<b>04:50:43.55</b>	<b>04:50:47.90</b>	+01:38:32 (33.9%)	6:35	9.1 (65.9%)
36	<b>LASSOTA-BUJAK Mariola</b>	<b>2744</b>	42KPROTEAM	K40	4	MP	42k Pro Team Tychy	01:44:54	02:44:34	04:05:46	04:58:06	<b>04:59:00.50</b>	<b>04:59:12.10</b>	+01:46:56 (35.7%)	6:46	8.8 (63.8%)
37	<b>ŁUKASIK Anna</b>	<b>2640</b>	MKL BRYGADA BESKIDÓW	K40	7	MP	MKL Brygada Beskidów Nowy Sącz	01:45:05	02:50:07	04:15:05	05:10:14	<b>05:11:22.50</b>	<b>05:11:56.25</b>	+01:59:41 (38.4%)	7:03	8.5 (61.6%)
38	<b>MALINOWSKI Marek</b>	<b>2282</b>	UKS LIDER SIERCZA	M40	50	MP	UKS Lider Siercza	01:49:07	02:51:32	04:16:52	05:10:04	<b>05:10:56.40</b>	<b>05:12:18.90</b>	+02:00:03 (38.4%)	7:03	8.5 (61.6%)
39	<b>BADOWSKI Jerzy</b>	<b>2576</b>	TRI AMIGOS	M50	4	MP	MKS Polonia Warszawa	01:43:20	02:44:38	04:13:26	05:12:02	<b>05:13:02.30</b>	<b>05:13:29.80</b>	+02:01:14 (38.7%)	7:05	8.5 (61.6%)
40	<b>KORECKI Andrzej</b>	<b>2777</b>	ŁOCHOWO TRAIL TEAM	M40	66	MP	UKS Czapla Białe Błota	01:46:01	02:48:01	04:24:57	05:22:51	<b>05:23:39.20</b>	<b>05:23:41.75</b>	+02:11:26 (40.6%)	7:20	8.2 (59.4%)
41	<b>SOWA-LEWANDOWSKA Katarzyna</b>	<b>2140</b>	UKS LIDER SIERCZA/TECHNIKAM/4F	K40	25	MP	UKS Lider Siercza	02:07:27	03:21:42	05:05:19	06:06:56	<b>06:08:00.10</b>	<b>06:09:24.85</b>	+02:57:09 (48.0%)	8:20	7.2 (52.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Drużyna	Schronisko na Przehybie 14.7km	Bacówka na Obidzy 24.4km	Schronisko pod Durbaszką 35.5km	43.7km	Czas netto 44.1km	Czas brutto 44.1km	Różn	Tempo min/km	Tempo km/h
42	<b>ZARĘBA Jolanta</b>	<b>2715</b>	CWKS RESOVIA	K50	10	MP	CWKS Resovia Rzeszów	02:24:53	04:02:50	06:07:21		<b>07:30:25.50</b>	<b>07:31:29.65</b>	+04:19:14 (57.4%)	10:12	5.9 (42.8%)
	<b>KSIĄŻKIEWICZ Piotr</b>	<b>2128</b>	CITY TRAIL TEAM / SOPOTRAIL TEAM	M30		MP	MKS Unia Hrubieszów	01:27:11 DNF	02:16:58 DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>JĘDRZEJEWSKA Aleksandra</b>	<b>2099</b>	CTS	K30		MP	Świdnicka Grupa Biegowa	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)

Znaleziono 44 wynik(ów)