

# WILCZYM TROPEM - 10 KM

B4SPORT

**Wydarzenie:** Wilczym Tropem 2020  
**Organizator:** Stowarzyszenie KoLiber  
**Data:** 2020-03-01  
**Miejsce:** Gdańsk  
**Dystans:** 10 km

**B4SPORT**  
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer Klub	Kategoria	Mkat	Drużyna	Czas startu	2.5km	5km 5km	7.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	<b>PALASCHKE Michał</b>	<b>214</b>	M-Open	1		00:00:01	00:09:19	00:18:52	00:28:41	<b>00:37:59.40</b>	<b>00:38:01.35</b>		3:48	15.8 (100%)
2	<b>KŁOS Maciej</b>	<b>112</b>	M-Open	2		00:00:00	00:09:10	00:18:47	00:28:35	<b>00:38:23.15</b>	<b>00:38:23.15</b>	+00:00:23 (1.0%)	3:50	15.6 (98.7%)
3	<b>WILOCH Radosław</b>	<b>365</b>	M-Open	3	Konrad Nosarzewski - Badania Dieta Trening	00:00:02	00:09:46	00:19:37	00:29:32	<b>00:39:32.35</b>	<b>00:39:35.20</b>	+00:01:32 (3.9%)	3:57	15.2 (96.2%)
4	<b>KWIATKOWSKI Adrian</b>	<b>152</b>	M-Open	4	Akademia Marynarki Wojennej	00:00:02	00:09:33	00:19:41	00:30:03	<b>00:40:05.20</b>	<b>00:40:07.85</b>	+00:02:05 (5.2%)	4:00	15 (94.9%)
4	<b>KOTŁĘGA Miłosz</b>	<b>135</b>	M-Open	5	Akademia Marynarki Wojennej	00:00:02	00:09:34	00:19:41	00:30:03	<b>00:40:05.30</b>	<b>00:40:07.85</b>	+00:02:05 (5.2%)	4:00	15 (94.9%)
6	<b>GRULKOWSKI Łukasz</b>	<b>82</b>	M-Open	6		00:00:03	00:10:05	00:20:23	00:31:02	<b>00:41:45.80</b>	<b>00:41:49.00</b>	+00:03:46 (9.0%)	4:10	14.4 (91.1%)
7	<b>THEIL Adrian</b>	<b>334</b>	M-Open	7	Akademia Marynarki Wojennej	00:00:04	00:09:51	00:20:08	00:31:14	<b>00:41:58.65</b>	<b>00:42:03.30</b>	+00:03:59 (9.5%)	4:11	14.3 (90.5%)
8	<b>GOŹDZIEWSKI Paweł</b>	<b>75</b>	M-Open	8		00:00:07	00:10:02	00:20:35	00:31:26	<b>00:42:26.10</b>	<b>00:42:33.25</b>	+00:04:26 (10.5%)	4:14	14.1 (89.2%)
9	<b>TOWIAŃSKI Norbert</b>	<b>344</b>	M-Open	9		00:00:05	00:10:29	00:21:13	00:32:12	<b>00:42:58.40</b>	<b>00:43:04.00</b>	+00:04:59 (11.6%)	4:17	14 (88.6%)
10	<b>TEKLIŃSKI Adrian</b>	<b>333</b>	M-Open	10		00:00:08	00:10:33	00:21:18	00:32:15	<b>00:43:02.65</b>	<b>00:43:11.10</b>	+00:05:03 (11.7%)	4:18	13.9 (88.0%)
11	<b>KUKAWKA Maciej</b>	<b>147</b>	M-Open	11		00:00:09	00:10:33	00:21:12	00:32:15	<b>00:43:09.60</b>	<b>00:43:18.60</b>	+00:05:10 (12.0%)	4:18	13.9 (88.0%)
12	<b>WENZERSKI Mateusz</b>	<b>360</b>	M-Open	12		00:00:04	00:10:31	00:21:25	00:32:39	<b>00:43:14.75</b>	<b>00:43:19.10</b>	+00:05:15 (12.2%)	4:19	13.9 (88.0%)
13	<b>LUBNER Karol</b>	<b>168</b>	M-Open	13	Akademia Marynarki Wojennej	00:00:04	00:10:28	00:21:25	00:32:39	<b>00:43:17.90</b>	<b>00:43:22.15</b>	+00:05:18 (12.3%)	4:19	13.9 (88.0%)
14	<b>NAPIWODZKI Tomasz</b>	<b>199</b>	M-Open	14		00:00:04	00:10:28	00:21:25	00:32:40	<b>00:43:48.00</b>	<b>00:43:52.25</b>	+00:05:48 (13.3%)	4:22	13.7 (86.7%)
15	<b>WAŻNY Karol</b>	<b>357</b>	M-Open	15	Akademia Marynarki Wojennej	00:00:04	00:10:28	00:21:25	00:32:49	<b>00:44:02.40</b>	<b>00:44:06.95</b>	+00:06:03 (13.7%)	4:24	13.6 (86.1%)

Msc	Zawodnik	Numer Klub	Kategoria	Mkat	Drużyna	Czas				Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						startu	2.5km	5km 5km	7.5km	10km	10km			
16	<b>KAMIŃSKI Daniel</b>	<b>103</b>	M-Open	16	Akademia Marynarki Wojennej	00:00:05	00:10:03	00:21:13	00:33:00	<b>00:44:32.65</b>	<b>00:44:37.80</b>	+00:06:33 (14.7%)	4:27	13.5 (85.4%)
17	<b>SZULTEK Szymon</b>	<b>318</b>	M-Open	17	Akademia Marynarki Wojennej	00:00:02	00:10:32	00:22:13	00:33:48	<b>00:44:35.40</b>	<b>00:44:37.80</b>	+00:06:36 (14.8%)	4:27	13.5 (85.4%)
18	<b>GAWARECKI Kamil</b>	<b>71</b>	M-Open	18	Lotos Running Team	00:00:08	00:10:49	00:21:42	00:33:12	<b>00:44:37.70</b>	<b>00:44:46.65</b>	+00:06:38 (14.9%)	4:27	13.4 (84.8%)
19	<b>WILMOWICZ Bartosz</b>	<b>364</b>	M-Open	19	Akademia Marynarki Wojennej	00:00:05	00:11:05	00:22:18	00:33:45	<b>00:44:43.40</b>	<b>00:44:48.50</b>	+00:06:44 (15.1%)	4:28	13.4 (84.8%)
20		<b>417</b>				00:00:22	00:11:49	00:23:10	00:34:27	<b>00:45:10.60</b>	<b>00:45:32.70</b>	+00:07:11 (15.9%)	4:31	13.3 (84.2%)
21	<b>ĆWIKOWSKI Kamil</b>	<b>47</b>	M-Open	20		00:00:05	00:11:28	00:23:14	00:34:43	<b>00:45:24.00</b>	<b>00:45:29.45</b>	+00:07:24 (16.3%)	4:32	13.2 (83.5%)
22	<b>KWIATKOWSKI Dominik</b>	<b>153</b>	M-Open	21	Akademia Marynarki Wojennej	00:00:06	00:11:05	00:22:17	00:33:44	<b>00:45:25.40</b>	<b>00:45:31.60</b>	+00:07:26 (16.4%)	4:32	13.2 (83.5%)
23	<b>KOWALEWSKI Adam</b>	<b>138</b>	M-Open	22		00:00:20	00:11:19	00:22:47	00:34:30	<b>00:46:01.40</b>	<b>00:46:22.35</b>	+00:08:02 (17.5%)	4:36	13 (82.3%)
24	<b>PIEKUT Łukasz</b>	<b>227</b>	M-Open	23		00:00:29	00:12:14	00:23:46	00:35:15	<b>00:46:05.60</b>	<b>00:46:34.75</b>	+00:08:06 (17.6%)	4:36	13 (82.3%)
25	<b>GAJLEWICZ Nikodem</b>	<b>68</b>	M-Open	24	Akademia Marynarki Wojennej	00:00:05	00:10:27	00:22:10	00:33:46	<b>00:46:19.60</b>	<b>00:46:25.00</b>	+00:08:20 (18.0%)	4:38	12.9 (81.6%)
26	<b>KLECZKOWSKI Szymon</b>	<b>108</b>	M-Open	25	Akademia Marynarki Wojennej	00:00:04	00:11:04	00:22:48	00:34:53	<b>00:46:30.15</b>	<b>00:46:34.95</b>	+00:08:30 (18.3%)	4:39	12.9 (81.6%)
27	<b>DORAWA Hubert</b>	<b>55</b>	M-Open	26	Akademia Marynarki Wojennej	00:00:04	00:10:47	00:22:40	00:34:54	<b>00:46:37.95</b>	<b>00:46:42.00</b>	+00:08:38 (18.5%)	4:39	12.9 (81.6%)
28	<b>JONAK Jakub</b>	<b>100</b>	M-Open	27	Akademia Marynarki Wojennej	00:00:09	00:12:09	00:23:40	00:35:15	<b>00:46:46.15</b>	<b>00:46:55.70</b>	+00:08:46 (18.8%)	4:40	12.8 (81.0%)
29	<b>CHOIŃSKI Grzegorz</b>	<b>37</b>	M-Open	28		00:00:13	00:11:54	00:23:47	00:35:31	<b>00:46:54.80</b>	<b>00:47:08.35</b>	+00:08:55 (19.0%)	4:41	12.8 (81.0%)
30	<b>WYSOCKI Dariusz</b>	<b>377</b>	M-Open	29		00:00:14	00:11:43	00:23:38	00:35:25	<b>00:47:11.00</b>	<b>00:47:25.85</b>	+00:09:11 (19.5%)	4:43	12.7 (80.4%)
31	<b>SZULBORSKI Michał</b>	<b>317</b>	M-Open	30	Akademia Marynarki Wojennej	00:00:07	00:11:09	00:23:04	00:35:17	<b>00:47:11.35</b>	<b>00:47:18.45</b>	+00:09:11 (19.5%)	4:43	12.7 (80.4%)
32	<b>WYRZYKOWSKI Andrzej</b>	<b>374</b>	M-Open	31	7 Pomorska Brygada Obrony Terytorialnej	00:00:07	00:12:05	00:23:45	00:35:27	<b>00:47:19.05</b>	<b>00:47:26.25</b>	+00:09:19 (19.7%)	4:43	12.7 (80.4%)
33	<b>MARCZAK Marek</b>	<b>183</b>	M-Open	32		00:00:08	00:11:24	00:23:23	00:35:33	<b>00:47:25.95</b>	<b>00:47:34.35</b>	+00:09:26 (19.9%)	4:44	12.6 (79.7%)
34	<b>KOWALIK Hubert</b>	<b>139</b>	M-Open	33		00:00:03	00:10:47	00:22:55	00:35:31	<b>00:47:27.15</b>	<b>00:47:30.20</b>	+00:09:27 (19.9%)	4:44	12.6 (79.7%)
35	<b>SOBIESZCZUK Karol</b>	<b>287</b>	M-Open	34		00:00:06	00:11:07	00:23:10	00:35:37	<b>00:47:52.10</b>	<b>00:47:58.75</b>	+00:09:52 (20.6%)	4:47	12.5 (79.1%)
36	<b>DALECKI Kordian</b>	<b>48</b>	M-Open	35	Akademia Marynarki Wojennej	00:00:07	00:12:08	00:24:18	00:36:19	<b>00:47:55.15</b>	<b>00:48:02.95</b>	+00:09:55 (20.7%)	4:47	12.5 (79.1%)
37	<b>KUZAWIŃSKI Krzysiek</b>	<b>149</b>	M-Open	36		00:00:07	00:11:49	00:23:51	00:36:03	<b>00:47:58.65</b>	<b>00:48:05.85</b>	+00:09:59 (20.8%)	4:47	12.5 (79.1%)
38	<b>KLOS Tomasz</b>	<b>109</b>	M-Open	37		00:00:07	00:11:28	00:23:35	00:35:51	<b>00:48:06.75</b>	<b>00:48:14.55</b>	+00:10:07 (21.0%)	4:48	12.5 (79.1%)

Msc	Zawodnik	Numer Klub	Kategoria	Mkat	Drużyna	Czas startu	2.5km	5km 5km	7.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
39	WOJSA Marcin	371	M-Open	38		00:00:12	00:11:40	00:23:38	00:35:57	00:48:21.55	00:48:34.50	+00:10:22 (21.4%)	4:50	12.4 (78.5%)
40	BEDNAREK Jakub	11	M-Open	39	Akademia Marynarki Wojennej	00:00:04	00:11:04	00:23:02	00:35:41	00:48:22.95	00:48:27.30	+00:10:23 (21.5%)	4:50	12.4 (78.5%)
41	HOŁOWNIA Jakub	86	M-Open	40	Akademia Marynarki Wojennej	00:00:03	00:11:05	00:23:03	00:35:42	00:48:23.75	00:48:27.40	+00:10:24 (21.5%)	4:50	12.4 (78.5%)
42	RYCHTER Wiesław	261	M-Open	41		00:00:10	00:11:43	00:23:47	00:36:12	00:48:33.90	00:48:44.55	+00:10:34 (21.8%)	4:51	12.4 (78.5%)
43	LESIAK Marek	159	M-Open	42		00:00:17	00:12:01	00:24:09	00:36:24	00:48:37.75	00:48:55.00	+00:10:38 (21.9%)	4:51	12.3 (77.8%)
44	CISZEK Sebastian	42	M-Open	43	Iron Team	00:00:11	00:12:17	00:24:06	00:36:36	00:48:47.15	00:48:58.90	+00:10:47 (22.1%)	4:52	12.3 (77.8%)
45	FRONCZAK Kamil	67	M-Open	44		00:00:18	00:12:20	00:24:31	00:37:01	00:49:05.75	00:49:23.95	+00:11:06 (22.6%)	4:54	12.2 (77.2%)
46	URBANIAK Marek	349	M-Open	45		00:00:09	00:12:18	00:24:12	00:36:36	00:49:05.85	00:49:15.10	+00:11:06 (22.6%)	4:54	12.2 (77.2%)
47	SWAT Mariusz	299	M-Open	46		00:00:16	00:11:50	00:24:20	00:37:05	00:49:16.20	00:49:32.50	+00:11:16 (22.9%)	4:55	12.2 (77.2%)
48	BOBERSKI Artur	15	M-Open	47		00:00:10	00:11:59	00:24:24	00:37:04	00:49:20.05	00:49:30.70	+00:11:20 (23.0%)	4:56	12.2 (77.2%)
49	TICHANÓW Piotr	335	M-Open	48		00:00:15	00:12:28	00:24:48	00:37:23	00:49:33.40	00:49:49.10	+00:11:34 (23.3%)	4:57	12.1 (76.6%)
50	ZAWACKI Daniel	380	M-Open	49		00:00:24	00:12:23	00:24:58	00:37:39	00:49:35.25	00:49:59.80	+00:11:35 (23.4%)	4:57	12.1 (76.6%)
51	LELIWA Sylwia	156	K-Open	1	Run Beach Morning Team	00:00:07	00:12:08	00:24:39	00:37:15	00:49:53.35	00:50:00.65	+00:11:53 (23.9%)	4:59	12 (75.9%)
52	PAZIEWSKI Łukasz	224	M-Open	50	Akademia Marynarki Wojennej	00:00:09	00:11:58	00:24:32	00:37:34	00:49:58.45	00:50:07.55	+00:11:59 (24.0%)	4:59	12 (75.9%)
53	LEŚKIEWICZ Filip	160	M-Open	51		00:00:17	00:12:50	00:25:16	00:37:45	00:50:00.70	00:50:18.50	+00:12:01 (24.0%)	5:00	12 (75.9%)
54	KRUPA Paweł	146	M-Open	52		00:00:21	00:12:46	00:24:50	00:37:41	00:50:14.70	00:50:36.20	+00:12:15 (24.4%)	5:01	11.9 (75.3%)
55	SAMUŚ Łukasz	265	M-Open	53		00:00:00	00:12:23	00:25:04	00:37:49	00:50:27.15	00:50:27.15	+00:12:27 (24.7%)	5:02	11.9 (75.3%)
56	RŻANY Marcin	263	M-Open	54		00:00:22	00:12:22	00:24:59	00:38:17	00:50:39.15	00:51:01.65	+00:12:39 (25.0%)	5:03	11.8 (74.7%)
57	MERING Paulina	188	K-Open	2		00:00:06	00:11:56	00:24:37	00:37:49	00:50:40.45	00:50:47.15	+00:12:41 (25.0%)	5:04	11.8 (74.7%)
58	MUCHA Filip	195	M-Open	55	Akademia Marynarki Wojennej	00:00:09	00:13:14	00:26:14	00:38:54	00:50:40.80	00:50:49.85	+00:12:41 (25.0%)	5:04	11.8 (74.7%)
59	MAZERSKI Łukasz	186	M-Open	56		00:00:03	00:11:18	00:24:02	00:37:41	00:50:45.30	00:50:48.80	+00:12:45 (25.2%)	5:04	11.8 (74.7%)
60	DULSKI Piotr	58	M-Open	57		00:00:12	00:12:01	00:24:48	00:38:01	00:51:01.35	00:51:14.20	+00:13:01 (25.5%)	5:06	11.8 (74.7%)
61	PLECH Krystian	239	M-Open	58		00:00:08	00:12:18	00:25:02	00:38:20	00:51:03.45	00:51:11.60	+00:13:04 (25.6%)	5:06	11.8 (74.7%)

Msc	Zawodnik	Numer Klub	Kategoria	Mkat	Drużyna	Czas				Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						startu	2.5km	5km 5km	7.5km	10km	10km			
62	<b>BECKER Tomasz</b>	<b>10</b>	M-Open	59		00:00:15	00:12:38	00:25:03	00:38:03	<b>00:51:07.35</b>	<b>00:51:22.90</b>	+00:13:07 (25.7%)	5:06	11.7 (74.1%)
63	<b>PAPLINSKI Mateusz</b>	<b>219</b>	M-Open	60		00:00:14	00:12:40	00:25:04	00:38:05	<b>00:51:07.75</b>	<b>00:51:22.60</b>	+00:13:08 (25.7%)	5:06	11.7 (74.1%)
64	<b>PUCHOWSKA Ewelina</b>	<b>250</b>	K-Open	3		00:00:19	00:12:50	00:25:36	00:38:26	<b>00:51:09.20</b>	<b>00:51:28.40</b>	+00:13:09 (25.7%)	5:06	11.7 (74.1%)
65	<b>GRAJEWSKI Piotr</b>	<b>77</b>	M-Open	61	BBKTS	00:00:06	00:12:15	00:24:52	00:38:10	<b>00:51:15.75</b>	<b>00:51:22.35</b>	+00:13:16 (25.9%)	5:07	11.7 (74.1%)
66	<b>MOLĘDA Dariusz</b>	<b>193</b>	M-Open	62		00:00:26	00:12:24	00:25:04	00:38:34	<b>00:51:28.30</b>	<b>00:51:54.40</b>	+00:13:28 (26.2%)	5:08	11.7 (74.1%)
67	<b>PIEKUTOWSKI Michał</b>	<b>228</b>	M-Open	63	Akademia Marynarki Wojennej	00:00:03	00:11:18	00:24:02	00:37:41	<b>00:51:29.55</b>	<b>00:51:33.45</b>	+00:13:30 (26.2%)	5:09	11.7 (74.1%)
68	<b>BOUŻYK Maciej</b>	<b>22</b>	M-Open	64		00:00:09	00:12:08	00:24:40	00:37:51	<b>00:51:34.35</b>	<b>00:51:43.50</b>	+00:13:34 (26.3%)	5:09	11.6 (73.4%)
69	<b>KOBIERSKA Klaudia</b>	<b>117</b>	K-Open	4	Akademia Marynarki Wojennej	00:00:04	00:12:45	00:25:49	00:38:59	<b>00:51:48.80</b>	<b>00:51:53.15</b>	+00:13:49 (26.7%)	5:10	11.6 (73.4%)
70	<b>WIRKUS Grzegorz</b>	<b>366</b>	M-Open	65		00:00:11	00:13:12	00:26:31	00:40:13	<b>00:51:54.10</b>	<b>00:52:05.10</b>	+00:13:54 (26.8%)	5:11	11.6 (73.4%)
71	<b>SKOWROŃSKA Monika</b>	<b>278</b>	K-Open	5	Akademia Marynarki Wojennej	00:00:05	00:12:15	00:25:06	00:38:34	<b>00:52:04.75</b>	<b>00:52:10.35</b>	+00:14:05 (27.1%)	5:12	11.5 (72.8%)
72	<b>WOJCIESZAK Jan</b>	<b>368</b>	M-Open	66	Akademia Marynarki Wojennej	00:00:08	00:12:08	00:24:59	00:38:39	<b>00:52:06.80</b>	<b>00:52:15.15</b>	+00:14:07 (27.1%)	5:12	11.5 (72.8%)
73	<b>CHMURA Tomasz</b>	<b>34</b>	M-Open	67		00:00:13	00:12:22	00:25:36	00:38:59	<b>00:52:09.00</b>	<b>00:52:22.85</b>	+00:14:09 (27.2%)	5:12	11.5 (72.8%)
74	<b>STROJNOWSKI Konrad</b>	<b>296</b>	M-Open	68		00:00:03	00:11:59	00:25:08	00:38:42	<b>00:52:11.45</b>	<b>00:52:14.95</b>	+00:14:12 (27.2%)	5:13	11.5 (72.8%)
75	<b>RADŁOWSKI Mariusz</b>	<b>254</b>	M-Open	69		00:00:05	00:12:37	00:25:37	00:39:03	<b>00:52:32.95</b>	<b>00:52:38.30</b>	+00:14:33 (27.7%)	5:15	11.4 (72.2%)
76	<b>KŁYS Mateusz</b>	<b>113</b>	M-Open	70		00:00:17	00:13:27	00:27:20	00:40:55	<b>00:52:51.95</b>	<b>00:53:09.05</b>	+00:14:52 (28.1%)	5:17	11.3 (71.5%)
77	<b>KONTEK Patrycja</b>	<b>122</b>	K-Open	6		00:00:17	00:13:55	00:27:18	00:40:35	<b>00:53:31.20</b>	<b>00:53:48.55</b>	+00:15:31 (29.0%)	5:21	11.2 (70.9%)
78	<b>KONRAD Justyna</b>	<b>121</b>	K-Open	7		00:00:16	00:13:36	00:27:21	00:40:36	<b>00:53:31.85</b>	<b>00:53:48.60</b>	+00:15:32 (29.0%)	5:21	11.2 (70.9%)
79	<b>SZOSTKOWSKI Artur</b>	<b>315</b>	M-Open	71		00:00:12	00:12:57	00:26:31	00:40:27	<b>00:53:34.85</b>	<b>00:53:47.55</b>	+00:15:35 (29.1%)	5:21	11.2 (70.9%)
80	<b>KOMIN Ewa</b>	<b>119</b>	K-Open	8		00:00:16	00:13:24	00:26:56	00:40:47	<b>00:54:10.05</b>	<b>00:54:26.65</b>	+00:16:10 (29.9%)	5:25	11.1 (70.3%)
81	<b>ADAMOWICZ Rafał</b>	<b>2</b>	M-Open	72		00:00:17	00:13:23	00:26:56	00:40:46	<b>00:54:16.05</b>	<b>00:54:33.05</b>	+00:16:16 (30.0%)	5:25	11.1 (70.3%)
82	<b>BUTOWSKI Krzysztof</b>	<b>30</b>	M-Open	73		00:00:18	00:13:23	00:26:40	00:40:26	<b>00:54:16.50</b>	<b>00:54:34.65</b>	+00:16:17 (30.0%)	5:25	11.1 (70.3%)
83	<b>GWOŹDZIOWSKI Marcin</b>	<b>84</b>	M-Open	74		00:00:08	00:12:40	00:26:13	00:40:22	<b>00:54:36.05</b>	<b>00:54:44.20</b>	+00:16:36 (30.4%)	5:27	11 (69.6%)
84	<b>CEGLARZ Marta</b>	<b>31</b>	K-Open	9		00:00:17	00:14:09	00:28:04	00:41:37	<b>00:54:43.15</b>	<b>00:55:00.25</b>	+00:16:43 (30.6%)	5:28	11 (69.6%)

Msc	Zawodnik	Numer Klub	Kategoria	Mkat	Drużyna	Czas				Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						startu	2.5km	5km	7.5km	10km	10km			
85	ŁUKASZÓW Lucyna	173	K-Open	10		00:00:16	00:13:29	00:27:18	00:41:04	00:54:43.70	00:55:00.35	+00:16:44 (30.6%)	5:28	11 (69.6%)
86	SMOLEŃ Ewa	280	K-Open	11		00:00:06	00:13:57	00:27:55	00:41:48	00:55:02.60	00:55:09.45	+00:17:03 (31.0%)	5:30	10.9 (69.0%)
87	CYBULSKI Damian	44	M-Open	75		00:00:04	00:12:39	00:26:35	00:40:58	00:55:07.85	00:55:11.90	+00:17:08 (31.1%)	5:30	10.9 (69.0%)
88	OSIEJ Maciej	210	M-Open	76	Akademia Marynarki Wojennej	00:00:06	00:12:18	00:25:47	00:40:24	00:55:23.70	00:55:30.20	+00:17:24 (31.4%)	5:32	10.8 (68.4%)
89	MANYŚ Waldemar	181	M-Open	77		00:00:27	00:14:03	00:27:18	00:41:26	00:55:31.65	00:55:58.95	+00:17:32 (31.6%)	5:33	10.8 (68.4%)
90	SIKORA Katarzyna	272	K-Open	12		00:00:06	00:12:23	00:25:50	00:41:13	00:55:43.00	00:55:49.95	+00:17:43 (31.8%)	5:34	10.8 (68.4%)
91	WÓJCIK Bartłomiej	372	M-Open	78		00:00:17	00:14:12	00:28:22	00:42:47	00:55:57.25	00:56:14.95	+00:17:57 (32.1%)	5:35	10.7 (67.7%)
92	DOPIERAŁA Przemek	54	M-Open	79		00:00:18	00:14:31	00:28:45	00:42:47	00:56:14.55	00:56:33.10	+00:18:15 (32.5%)	5:37	10.7 (67.7%)
93	USCHPELKAT Izabela	350	K-Open	13		00:00:12	00:13:21	00:27:01	00:41:34	00:56:17.30	00:56:29.75	+00:18:17 (32.5%)	5:37	10.7 (67.7%)
94	BŁASZCZAK Waldemar	13	M-Open	80		00:00:11	00:14:14	00:28:23	00:42:56	00:57:29.90	00:57:41.70	+00:19:30 (33.9%)	5:45	10.4 (65.8%)
95	DYGUŁA Bartosz	59	M-Open	81		00:00:21	00:14:27	00:28:44	00:43:16	00:57:46.85	00:58:08.35	+00:19:47 (34.3%)	5:46	10.4 (65.8%)
96	LUSTYK Hanna	169	K-Open	14		00:00:20	00:13:41	00:27:53	00:43:05	00:57:57.45	00:58:18.05	+00:19:58 (34.5%)	5:47	10.4 (65.8%)
97	DĘBOWSKI Michał	51	M-Open	82	Podatki to kradzież	00:00:18	00:13:47	00:28:10	00:43:35	00:58:20.40	00:58:38.75	+00:20:21 (34.9%)	5:50	10.3 (65.2%)
98	LICHTENSZTEJN Adam	161	M-Open	83	Akademia Marynarki Wojennej	00:00:08	00:12:59	00:30:07	00:44:38	00:58:25.15	00:58:33.80	+00:20:25 (35.0%)	5:50	10.3 (65.2%)
99	STRADOMSKI Roman	295	M-Open	84		00:00:22	00:15:34	00:31:23	00:45:05	00:58:27.45	00:58:49.70	+00:20:28 (35.0%)	5:50	10.3 (65.2%)
100	CHMURA Ewa	35	K-Open	15		00:00:13	00:14:09	00:28:31	00:43:41	00:58:27.50	00:58:41.05	+00:20:28 (35.0%)	5:50	10.3 (65.2%)
101	JANKOWSKI Mateusz	96	M-Open	85		00:00:13	00:14:15	00:28:50	00:43:40	00:58:43.80	00:58:57.05	+00:20:44 (35.3%)	5:52	10.2 (64.6%)
102	MALINOWSKI Kacper	180	M-Open	86		00:00:21	00:13:40	00:28:10	00:43:54	00:58:50.95	00:59:11.95	+00:20:51 (35.4%)	5:53	10.2 (64.6%)
103	KAŁUGA Kordian	102	M-Open	87		00:00:15	00:14:54	00:30:56	00:44:56	00:58:52.05	00:59:07.60	+00:20:52 (35.5%)	5:53	10.2 (64.6%)
104	CZECHLEWSKA Iwona	45	K-Open	16		00:00:11	00:15:15	00:30:15	00:45:06	00:59:19.10	00:59:30.20	+00:21:19 (36.0%)	5:55	10.1 (63.9%)
105	KORNER Ewa	129	K-Open	17		00:00:00	00:15:36	00:29:59	00:44:51	00:59:33.00	00:59:33.00	+00:21:33 (36.2%)	5:57	10.1 (63.9%)
106	BOGUSZEWSKI Michał	17	M-Open	88		00:00:07	00:13:41	00:28:51	00:44:29	01:00:04.80	01:00:12.25	+00:22:05 (36.8%)	6:00	10 (63.3%)
107	SZYMAK Ewelina	320	K-Open	18		00:00:08	00:14:14	00:29:27	00:44:59	01:00:45.35	01:00:53.40	+00:22:45 (37.5%)	6:04	9.9 (62.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Czas startu	2.5km	5km 5km	7.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
108	<b>ŻULEWSKA Monika</b>	<b>389</b>		K-Open	19		00:00:13	00:14:42	00:30:13	00:45:37	<b>01:01:12.00</b>	<b>01:01:25.85</b>	+00:23:12 (37.9%)	6:07	9.8 (62.0%)
109	<b>KOWALSKI Kamil</b>	<b>400</b>		M-Open	89		00:00:22	00:15:13	00:30:42	00:46:37	<b>01:01:16.80</b>	<b>01:01:39.55</b>	+00:23:17 (38.0%)	6:07	9.8 (62.0%)
110	<b>RADAWIEC Marcin</b>	<b>253</b>		M-Open	90		00:00:26	00:14:46	00:30:08	00:45:57	<b>01:01:58.60</b>	<b>01:02:25.30</b>	+00:23:59 (38.7%)	6:11	9.7 (61.4%)
111	<b>CIERLUK Kinga</b>	<b>41</b>		K-Open	20		00:00:12	00:14:38	00:29:54	00:46:17	<b>01:02:59.10</b>	<b>01:03:11.40</b>	+00:24:59 (39.7%)	6:17	9.5 (60.1%)
112	<b>LIDER RADŁOWSKA Małgorzata</b>	<b>162</b>		K-Open	21		00:00:06	00:15:11	00:30:56	00:47:03	<b>01:03:15.80</b>	<b>01:03:22.00</b>	+00:25:16 (39.9%)	6:19	9.5 (60.1%)
113	<b>MISZEWSKI Grzegorz</b>	<b>192</b>		M-Open	91	7 Pomorska Brygada Obrony Terytorialnej	00:00:24	00:14:45	00:30:37	00:47:11	<b>01:03:29.70</b>	<b>01:03:54.10</b>	+00:25:30 (40.2%)	6:21	9.4 (59.5%)
114	<b>WITKOWSKI Jarosław</b>	<b>367</b>		M-Open	92	RMDC	00:00:11	00:14:41	00:30:09	00:46:25	<b>01:03:30.55</b>	<b>01:03:41.70</b>	+00:25:31 (40.2%)	6:21	9.4 (59.5%)
115	<b>TARASOW Marcin</b>	<b>329</b>		M-Open	93		00:00:14	00:14:55	00:30:57	00:47:41	<b>01:04:04.90</b>	<b>01:04:19.05</b>	+00:26:05 (40.7%)	6:24	9.4 (59.5%)
116	<b>KMERA Rafał</b>	<b>114</b>		M-Open	94	PH BYSEWO GDAŃSK	00:00:11	00:14:37	00:30:35	00:47:58	<b>01:04:13.80</b>	<b>01:04:24.95</b>	+00:26:14 (40.9%)	6:25	9.3 (58.9%)
117	<b>SOCHA Tomasz</b>	<b>408</b>		M-Open	95		00:00:18	00:14:37	00:30:42	00:47:46	<b>01:04:59.75</b>	<b>01:05:18.00</b>	+00:27:00 (41.6%)	6:30	9.2 (58.2%)
118	<b>ZAPAŚNIK Karolina</b>	<b>378</b>		K-Open	22		00:00:18	00:14:37	00:30:42	00:47:46	<b>01:05:00.65</b>	<b>01:05:18.80</b>	+00:27:01 (41.6%)	6:30	9.2 (58.2%)
119	<b>POZORSKA Agnieszka</b>	<b>242</b>		K-Open	23		00:00:23	00:14:48	00:31:05	00:47:58	<b>01:05:17.75</b>	<b>01:05:41.45</b>	+00:27:18 (41.8%)	6:31	9.2 (58.2%)
120	<b>WIECZOREK Justyna</b>	<b>362</b>		K-Open	24		00:00:02	00:15:31	00:32:52	00:49:44	<b>01:06:47.60</b>	<b>01:06:50.50</b>	+00:28:48 (43.1%)	6:40	9 (57.0%)
121	<b>KARCZ Bartek</b>	<b>104</b>		M-Open	96		00:00:05	00:15:29	00:31:54	00:50:10	<b>01:06:52.05</b>	<b>01:06:57.95</b>	+00:28:52 (43.2%)	6:41	9 (57.0%)
122	<b>KARCZ Sylwia</b>	<b>105</b>		K-Open	25		00:00:06	00:15:28	00:31:53	00:50:09	<b>01:06:53.60</b>	<b>01:06:59.65</b>	+00:28:54 (43.2%)	6:41	9 (57.0%)
123	<b>ZAWISZEWSKI Piotr</b>	<b>381</b>		M-Open	97		00:00:20	00:16:06	00:32:55	00:49:58	<b>01:07:38.10</b>	<b>01:07:59.05</b>	+00:29:38 (43.8%)	6:45	8.9 (56.3%)
124	<b>CUBER Aneta</b>	<b>43</b>		K-Open	26		00:00:07	00:15:49	00:32:52	00:50:06	<b>01:08:05.90</b>	<b>01:08:13.65</b>	+00:30:06 (44.2%)	6:48	8.8 (55.7%)
125	<b>KOZIK Magdalena</b>	<b>143</b>		K-Open	27		00:00:22	00:16:08	00:34:58	00:53:25	<b>01:11:18.35</b>	<b>01:11:40.65</b>	+00:33:18 (46.7%)	7:07	8.4 (53.2%)
126	<b>BABIŃSKI Sebastian</b>	<b>5</b>		M-Open	98		00:00:23	00:15:49	00:32:33	00:53:10			+00:24:29	7:05	8.5 (53.8%)
127	<b>PAWEŁEK Mikołaj</b>	<b>220</b>		M-Open	99	Akademia Marynarki Wojennej	00:00:06	00:11:08	00:23:01				+00:04:09	4:36	13 (82.3%)
128	<b>SOKOŁOWSKI Krzysztof</b>	<b>289</b>		M-Open	100		00:00:04	00:11:48	00:25:34				+00:06:43	5:06	11.7 (74.1%)
129		<b>420</b>					00:00:10	00:14:02	00:28:19				+00:09:28	5:39	10.6 (67.1%)
	<b>KWIATKOWSKA Monika</b>	<b>151</b>		K-Open			DNF	00:16:32 DNF	00:33:57 DNF	00:51:37 DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)

Znaleziono 130 wynik(ów)