



## WILCZYM TROPEM - 5 KM

B4SPORT

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INTELIGENTNE ZAWODY SPORTOWE

**Wydarzenie:** Wilczym Tropem 2018  
**Organizator:** Stowarzyszenie Nasza Świerczyna  
**Data:** 2018-09-15  
**Miejsce:** Świerczyna  
**Dystans:** 5,5 km

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	BURDA Robert	15	KOSPEL	M40-49	1	00:00:01	00:20:51.27	00:20:53.00		4:10	14.4 (100%)
2	SZYMCZAK Arkadiusz	40	SYSTEM11.PL	M16-29	1	00:00:00	00:22:16.51	00:22:17.21	+00:01:25 (6.4%)	4:27	13.5 (93.8%)
3	PIECHOTA Mariusz	18	WATAHA WAŁCZ	M50-59	1	00:00:02	00:22:21.32	00:22:23.71	+00:01:30 (6.7%)	4:28	13.4 (93.1%)
4	OSTROWSKI Marian	132		M60-69	1	00:00:01	00:23:23.60	00:23:25.56	+00:02:32 (10.9%)	4:40	12.8 (88.9%)
5	SZŁAPAK Krzysztof	21	ZDRUN EXTREME	M50-59	2	00:00:01	00:23:27.14	00:23:28.65	+00:02:35 (11.1%)	4:41	12.8 (88.9%)
6	PYREK Krzysztof	2	1 RBLOG	M30-39	1	00:00:02	00:23:35.42	00:23:37.53	+00:02:44 (11.6%)	4:43	12.7 (88.2%)
7	KATRYCZ Zbigniew	38		M50-59	3	00:00:00	00:23:42.56	00:23:42.56	+00:02:51 (12.0%)	4:44	12.7 (88.2%)
8	CHUPTYS Adrian	12	RUNDORFINA CZAPLINEK	M30-39	2	00:00:02	00:24:05.85	00:24:08.11	+00:03:14 (13.5%)	4:49	12.4 (86.1%)
9	KUBIAK Daniel	54	PRECON POLSKA JASTROWIE	M30-39	3	00:00:01	00:24:12.07	00:24:13.56	+00:03:20 (13.8%)	4:50	12.4 (86.1%)
10	SZYMCZAK Krzysztof	41	SYSTEM11.PL	M50-59	4	00:00:02	00:24:23.84	00:24:26.57	+00:03:32 (14.5%)	4:52	12.3 (85.4%)
11	PAWŁOWSKI Michał	39	PRECON-POLSKA JASTROWIE	M30-39	4	00:00:03	00:24:40.78	00:24:44.00	+00:03:49 (15.5%)	4:56	12.2 (84.7%)
12	SKONIECZNY Michał	66	PROBODYFITNESS	M16-29	2	00:00:05	00:25:00.90	00:25:06.08	+00:04:09 (16.6%)	5:00	12 (83.3%)
13	THOMAS Daniel	37	PRECON POLSKA JASTROWIE	M30-39	5	00:00:02	00:25:14.35	00:25:16.47	+00:04:23 (17.4%)	5:02	11.9 (82.6%)
14	HNATRYKO Wiesław	131		M40-49	2	00:00:00	00:26:06.47	00:26:07.35	+00:05:15 (20.1%)	5:13	11.5 (79.9%)
15	WIŚNIEWSKA Magdalena	25		K30-39	1	00:00:01	00:26:17.09	00:26:18.45	+00:05:25 (20.7%)	5:15	11.4 (79.2%)
16	LASKOWSKI Andrzej	55		M40-49	3	00:00:05	00:26:17.92	00:26:23.77	+00:05:26 (20.7%)	5:15	11.4 (79.2%)
17	ZAKIELARZ Jan	35	PRECON POLSKA JASTROWIE	M50-59	5	00:00:01	00:26:40.55	00:26:42.51	+00:05:49 (21.8%)	5:20	11.2 (77.8%)
18	ŚWIERCZ Dariusz	50	WAŁECKA ŚCIEMA	M50-59	6	00:00:07	00:27:43.15	00:27:50.42	+00:06:51 (24.8%)	5:32	10.8 (75.0%)
19	SZŁAPAK Beata	22	ZDRUN EXTREME	K40-49	1	00:00:01	00:27:58.60	00:27:59.86	+00:07:07 (25.5%)	5:35	10.7 (74.3%)
20	DZIURDZ Joanna	28		K30-39	2	00:00:01	00:28:01.48	00:28:02.78	+00:07:10 (25.6%)	5:36	10.7 (74.3%)
21	PAZIEWSKI Lech	123		M50-59	7	00:00:01	00:28:21.11	00:28:22.66	+00:07:29 (26.4%)	5:40	10.6 (73.6%)
22	SŁOMKA Maciej	69	STOWARZYSZENIE NASZA ŚWIERCZYNA	M40-49	4	00:00:03	00:28:33.57	00:28:37.29	+00:07:42 (27.0%)	5:42	10.5 (72.9%)
23	KUŚMIDER Katarzyna	5	RUNDORFINA	K30-39	3	00:00:04	00:28:50.25	00:28:55.04	+00:07:58 (27.7%)	5:46	10.4 (72.2%)
24	PIĘTOSA Daniel	56	RUNDORFINA	M40-49	5	00:00:00	00:28:57.29	00:28:57.29	+00:08:06 (28.0%)	5:47	10.4 (72.2%)
25	ZAKIELARZ Anna	36	PRECON POLSKA JASTROWIE	K16-29	1	00:00:02	00:29:09.32	00:29:11.79	+00:08:18 (28.5%)	5:49	10.3 (71.5%)
26	JAROSZEWICZ Andrzej	13		M40-49	6	00:00:03	00:29:17.01	00:29:20.16	+00:08:25 (28.8%)	5:51	10.2 (70.8%)
27	BARTNICZAK Karolina	60		K16-29	2	00:00:00	00:29:22.63	00:29:23.55	+00:08:31 (29.0%)	5:52	10.2 (70.8%)

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28	<b>SZŁAPAK Dawid</b>	<b>33</b>		M16-29	3	00:00:02	<b>00:29:45.50</b>	<b>00:29:47.86</b>	+00:08:54 (29.9%)	5:57	10.1 (70.1%)
29	<b>PRALICZ Joanna</b>	<b>48</b>		K30-39	4	00:00:02	<b>00:29:47.68</b>	<b>00:29:50.46</b>	+00:08:56 (30.0%)	5:57	10.1 (70.1%)
30	<b>SIMIŃSKA Anna</b>	<b>51</b>		K30-39	5	00:00:03	<b>00:29:51.13</b>	<b>00:29:54.22</b>	+00:08:59 (30.1%)	5:58	10.1 (70.1%)
31	<b>FRANKOWSKI Krzysztof</b>	<b>61</b>	PRECON POLSKA JASTROWIE	M40-49	7	00:00:06	<b>00:29:51.71</b>	<b>00:29:58.14</b>	+00:09:00 (30.2%)	5:58	10 (69.4%)
32	<b>WICHA Rafał</b>	<b>62</b>	PRECON POLSKA JASTROWIE	M40-49	8	00:00:05	<b>00:29:55.30</b>	<b>00:30:01.26</b>	+00:09:04 (30.3%)	5:59	10 (69.4%)
33	<b>SUCHOŃSKI Tomasz</b>	<b>64</b>		M40-49	9	00:00:04	<b>00:30:05.43</b>	<b>00:30:10.10</b>	+00:09:14 (30.7%)	6:01	10 (69.4%)
34	<b>PIECHOTA Elżbieta</b>	<b>17</b>	WATAHA WAŁCZ	K40-49	2	00:00:03	<b>00:30:10.41</b>	<b>00:30:14.00</b>	+00:09:19 (30.9%)	6:02	9.9 (68.8%)
35	<b>NOWAK Marek</b>	<b>23</b>		M50-59	8	00:00:04	<b>00:30:24.59</b>	<b>00:30:29.01</b>	+00:09:33 (31.4%)	6:05	9.9 (68.8%)
36	<b>SKRZYPA Dariusz</b>	<b>68</b>	PRECON POLSKA JASTROWIE	M40-49	10	00:00:05	<b>00:30:32.34</b>	<b>00:30:38.30</b>	+00:09:41 (31.7%)	6:06	9.8 (68.1%)
37	<b>GRODZIŃSKI Grzegorz</b>	<b>27</b>		M16-29	4	00:00:06	<b>00:30:34.75</b>	<b>00:30:41.34</b>	+00:09:43 (31.8%)	6:07	9.8 (68.1%)
38	<b>SZYMCZAK Bartosz</b>	<b>42</b>	SYSTEM11.PL	M16-29	5	00:00:02	<b>00:30:36.63</b>	<b>00:30:39.27</b>	+00:09:45 (31.9%)	6:07	9.8 (68.1%)
39	<b>MĘCINA Violetta</b>	<b>43</b>		K40-49	3	00:00:03	<b>00:30:48.44</b>	<b>00:30:51.45</b>	+00:09:57 (32.3%)	6:09	9.7 (67.4%)
40	<b>MATUSZAK Justyna</b>	<b>6</b>	RUNDORFINA	K16-29	3	00:00:04	<b>00:30:58.60</b>	<b>00:31:02.67</b>	+00:10:07 (32.7%)	6:11	9.7 (67.4%)
41	<b>NOWAK Karol</b>	<b>133</b>		M16-29	6	00:00:03	<b>00:31:09.32</b>	<b>00:31:13.28</b>	+00:10:18 (33.1%)	6:14	9.6 (66.7%)
42	<b>RABCZUK Anna</b>	<b>49</b>		K30-39	6	00:00:02	<b>00:31:16.12</b>	<b>00:31:18.97</b>	+00:10:24 (33.3%)	6:15	9.6 (66.7%)
43	<b>SKWIROWSKA Agnieszka</b>	<b>47</b>		K30-39	7	00:00:01	<b>00:31:38.02</b>	<b>00:31:39.64</b>	+00:10:46 (34.1%)	6:19	9.5 (66.0%)
44	<b>JANICKI Dominik</b>	<b>7</b>		M30-39	6	00:00:06	<b>00:32:23.98</b>	<b>00:32:30.29</b>	+00:11:32 (35.6%)	6:28	9.3 (64.6%)
45	<b>BOLDYSZ Iwona</b>	<b>8</b>		K30-39	8	00:00:00	<b>00:32:32.00</b>	<b>00:32:32.00</b>	+00:11:40 (35.9%)	6:30	9.2 (63.9%)
46	<b>ZALESKA Elżbieta</b>	<b>59</b>		K40-49	4	00:00:03	<b>00:32:37.17</b>	<b>00:32:40.45</b>	+00:11:45 (36.1%)	6:31	9.2 (63.9%)
47	<b>SZCZECHOWSKI Adrian</b>	<b>11</b>	STOWARZYSZENIE AKTYWNEGO WAŁU POMORSKIEGO	M30-39	7	00:00:01	<b>00:32:51.93</b>	<b>00:32:53.60</b>	+00:12:00 (36.5%)	6:34	9.1 (63.2%)
48	<b>DOLINSKA Angelika</b>	<b>70</b>		K16-29	4	00:00:04	<b>00:33:11.73</b>	<b>00:33:16.23</b>	+00:12:20 (37.2%)	6:38	9 (62.5%)
49	<b>JAROSZEWICZ Joanna</b>	<b>14</b>		K40-49	5	00:00:03	<b>00:33:16.21</b>	<b>00:33:19.74</b>	+00:12:24 (37.3%)	6:39	9 (62.5%)
50	<b>SYDOR Katarzyna</b>	<b>4</b>	RUNDORFINA	K30-39	9	00:00:04	<b>00:34:34.50</b>	<b>00:34:38.86</b>	+00:13:43 (39.7%)	6:54	8.7 (60.4%)
51	<b>APANEL Iwona</b>	<b>1</b>		K50-59	1	00:00:05	<b>00:35:00.20</b>	<b>00:35:05.53</b>	+00:14:08 (40.4%)	7:00	8.6 (59.7%)
52	<b>MIKITYSZYN Grzegorz</b>	<b>128</b>		M40-49	11	00:00:06	<b>00:35:07.87</b>	<b>00:35:14.78</b>	+00:14:16 (40.6%)	7:01	8.5 (59.0%)
53	<b>GRABKA Zuzanna</b>	<b>53</b>		K16-29	5	00:00:08	<b>00:35:44.34</b>	<b>00:35:52.86</b>	+00:14:53 (41.6%)	7:08	8.4 (58.3%)
54	<b>PYREK Iwona</b>	<b>3</b>		K30-39	10	00:00:04	<b>00:36:07.37</b>	<b>00:36:11.55</b>	+00:15:16 (42.3%)	7:13	8.3 (57.6%)
55	<b>MOWCZAN Regina</b>	<b>57</b>		K30-39	11	00:00:07	<b>00:36:07.77</b>	<b>00:36:15.58</b>	+00:15:16 (42.3%)	7:13	8.3 (57.6%)
56	<b>SUCHOŃSKA Joanna</b>	<b>63</b>		K40-49	6	00:00:04	<b>00:36:07.80</b>	<b>00:36:12.48</b>	+00:15:16 (42.3%)	7:13	8.3 (57.6%)
57	<b>KUROWSKA Renata</b>	<b>124</b>		K30-39	12	00:00:04	<b>00:36:10.94</b>	<b>00:36:15.07</b>	+00:15:19 (42.4%)	7:14	8.3 (57.6%)
58	<b>MADAJCZYK Marcin</b>	<b>31</b>	ROZBIEGANE TUCZNO	M50-59	9	00:00:02	<b>00:37:02.19</b>	<b>00:37:04.28</b>	+00:16:10 (43.7%)	7:24	8.1 (56.3%)
59	<b>EWERT Sylwia</b>	<b>46</b>	ROZBIEGANE TUCZNO	K30-39	13	00:00:01	<b>00:37:03.02</b>	<b>00:37:04.45</b>	+00:16:11 (43.7%)	7:24	8.1 (56.3%)
60	<b>JACYK Klaudia</b>	<b>65</b>		K16-29	6	00:00:04	<b>00:38:36.53</b>	<b>00:38:40.54</b>	+00:17:45 (46.0%)	7:43	7.8 (54.2%)
61	<b>ŚWIERCZ Beata</b>	<b>52</b>	WAŁECKA ŚCIEMA	K40-49	7	00:00:08	<b>00:39:42.66</b>	<b>00:39:51.14</b>	+00:18:51 (47.5%)	7:56	7.6 (52.8%)
62	<b>WILCZYŃSKA Agata</b>	<b>58</b>		K50-59	2	00:00:07	<b>00:39:42.87</b>	<b>00:39:50.87</b>	+00:18:51 (47.5%)	7:56	7.6 (52.8%)
63	<b>MIKULSKA Jadwiga</b>	<b>127</b>		K60-69	1	00:00:05	<b>00:46:48.98</b>	<b>00:46:54.03</b>	+00:25:57 (55.5%)	9:21	6.4 (44.4%)
64	<b>KLONEK Jolanta</b>	<b>10</b>		K50-59	3	00:00:00	<b>01:15:04.78</b>	<b>01:15:04.78</b>	+00:54:13 (72.2%)	15:00	4 (27.8%)
65	<b>OSTROWSKA Anita</b>	<b>32</b>	ROZBIEGANE TUCZNO	K30-39	14	00:00:00	<b>01:15:04.79</b>	<b>01:15:04.79</b>	+00:54:13 (72.2%)	15:00	4 (27.8%)

Znaleziono 65 wynik(ów)