



## WILCZYM TROPEM - 5 KM

B4SPORT

**Event:** Wilczym Tropem 2018  
**Organiser:** Stowarzyszenie Nasza Świerczyna  
**Date:** 2018-09-15  
**Place:** Świerczyna  
**Distance:** 5,5 km

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

Classification: K-Open

Place	Participant	Number	Club	Category	MCat	Start time	Net time 5km	Czas brutto 5km	Gap	Pace min/km	Pace km/h
1	WIŚNIEWSKA Magdalena	25		K30-39	1	00:00:01	00:26:17.09	00:26:18.45		5:15	11.4 (100%)
2	SZŁAPAK Beata	22	ZDRUN EXTREME	K40-49	1	00:00:01	00:27:58.60	00:27:59.86	+00:01:41 (6.0%)	5:35	10.7 (93.9%)
3	DZIURDZ Joanna	28		K30-39	2	00:00:01	00:28:01.48	00:28:02.78	+00:01:44 (6.2%)	5:36	10.7 (93.9%)
4	KUŚMIDER Katarzyna	5	RUNDORFINA	K30-39	3	00:00:04	00:28:50.25	00:28:55.04	+00:02:33 (8.9%)	5:46	10.4 (91.2%)
5	ZAKIELARZ Anna	36	PRECON POLSKA JASTROWIE	K16-29	1	00:00:02	00:29:09.32	00:29:11.79	+00:02:52 (9.8%)	5:49	10.3 (90.4%)
6	BARTNICZAK Karolina	60		K16-29	2	00:00:00	00:29:22.63	00:29:23.55	+00:03:05 (10.5%)	5:52	10.2 (89.5%)
7	PRALICZ Joanna	48		K30-39	4	00:00:02	00:29:47.68	00:29:50.46	+00:03:30 (11.8%)	5:57	10.1 (88.6%)
8	SIMIŃSKA Anna	51		K30-39	5	00:00:03	00:29:51.13	00:29:54.22	+00:03:34 (11.9%)	5:58	10.1 (88.6%)
9	PIECHOTA Elżbieta	17	WATAHA WAŁCZ	K40-49	2	00:00:03	00:30:10.41	00:30:14.00	+00:03:53 (12.9%)	6:02	9.9 (86.8%)
10	MĘCINA Violetta	43		K40-49	3	00:00:03	00:30:48.44	00:30:51.45	+00:04:31 (14.7%)	6:09	9.7 (85.1%)
11	MATUSZAK Justyna	6	RUNDORFINA	K16-29	3	00:00:04	00:30:58.60	00:31:02.67	+00:04:41 (15.1%)	6:11	9.7 (85.1%)
12	RABCZUK Anna	49		K30-39	6	00:00:02	00:31:16.12	00:31:18.97	+00:04:59 (15.9%)	6:15	9.6 (84.2%)
13	SKWIROWSKA Agnieszka	47		K30-39	7	00:00:01	00:31:38.02	00:31:39.64	+00:05:20 (16.9%)	6:19	9.5 (83.3%)
14	BOLDYSZ Iwona	8		K30-39	8	00:00:00	00:32:32.00	00:32:32.00	+00:06:14 (19.2%)	6:30	9.2 (80.7%)
15	ZALESKA Elżbieta	59		K40-49	4	00:00:03	00:32:37.17	00:32:40.45	+00:06:20 (19.4%)	6:31	9.2 (80.7%)
16	DOLINSKA Angelika	70		K16-29	4	00:00:04	00:33:11.73	00:33:16.23	+00:06:54 (20.8%)	6:38	9 (78.9%)
17	JAROSZEWICZ Joanna	14		K40-49	5	00:00:03	00:33:16.21	00:33:19.74	+00:06:59 (21.0%)	6:39	9 (78.9%)
18	SYDOR Katarzyna	4	RUNDORFINA	K30-39	9	00:00:04	00:34:34.50	00:34:38.86	+00:08:17 (24.0%)	6:54	8.7 (76.3%)
19	APANEL Iwona	1		K50-59	1	00:00:05	00:35:00.20	00:35:05.53	+00:08:43 (24.9%)	7:00	8.6 (75.4%)
20	GRABKA Zuzanna	53		K16-29	5	00:00:08	00:35:44.34	00:35:52.86	+00:09:27 (26.5%)	7:08	8.4 (73.7%)
21	PYREK Iwona	3		K30-39	10	00:00:04	00:36:07.37	00:36:11.55	+00:09:50 (27.2%)	7:13	8.3 (72.8%)
22	MOWCZAN Regina	57		K30-39	11	00:00:07	00:36:07.77	00:36:15.58	+00:09:50 (27.2%)	7:13	8.3 (72.8%)
23	SUCHOŃSKA Joanna	63		K40-49	6	00:00:04	00:36:07.80	00:36:12.48	+00:09:50 (27.2%)	7:13	8.3 (72.8%)
24	KUROWSKA Renata	124		K30-39	12	00:00:04	00:36:10.94	00:36:15.07	+00:09:53 (27.4%)	7:14	8.3 (72.8%)
25	EWERT Sylwia	46	ROZBIEGANE TUCZNO	K30-39	13	00:00:01	00:37:03.02	00:37:04.45	+00:10:45 (29.1%)	7:24	8.1 (71.1%)
26	JACYK Klaudia	65		K16-29	6	00:00:04	00:38:36.53	00:38:40.54	+00:12:19 (31.9%)	7:43	7.8 (68.4%)
27	ŚWIERCZ Beata	52	WAŁECKA ŚCIEMA	K40-49	7	00:00:08	00:39:42.66	00:39:51.14	+00:13:25 (33.8%)	7:56	7.6 (66.7%)

Place	Participant	Number	Club	Category	MCat	Start time	Net time 5km	Czas brutto 5km	Gap	Pace min/km	Pace km/h
28	<b>WILCZYŃSKA Agata</b>	<b>58</b>		K50-59	2	00:00:07	<b>00:39:42.87</b>	<b>00:39:50.87</b>	+00:13:25 (33.8%)	7:56	7.6 (66.7%)
29	<b>MIKULSKA Jadwiga</b>	<b>127</b>		K60-69	1	00:00:05	<b>00:46:48.98</b>	<b>00:46:54.03</b>	+00:20:31 (43.9%)	9:21	6.4 (56.1%)
30	<b>KLONEK Jolanta</b>	<b>10</b>		K50-59	3	00:00:00	<b>01:15:04.78</b>	<b>01:15:04.78</b>	+00:48:47 (65.0%)	15:00	4 (35.1%)
31	<b>OSTROWSKA Anita</b>	<b>32</b>	ROZBIEGANE TUCZNO	K30-39	14	00:00:00	<b>01:15:04.79</b>	<b>01:15:04.79</b>	+00:48:47 (65.0%)	15:00	4 (35.1%)

Total 31 results.