

# WILCZYM TROPEM - 5 KM

B4SPORT

**Wydarzenie:** Wilczym Tropem 2019  
**Organizator:** Stowarzyszenie Ko Liber  
**Data:** 2019-03-03  
**Miejsce:** Gdańsk  
**Dystans:** 5 km

**B4SPORT**  
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K-Open

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Finish_All 2.5km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	<b>RUCHLEWICZ Natalia</b>	<b>309</b>		K-Open	1	00:00:03	00:09:51	<b>00:20:00.45</b>	<b>00:20:03.50</b>		4:00	15 (100%)
2	<b>DORSZ Beata</b>	<b>50</b>		K-Open	2	00:00:07	00:11:16	<b>00:22:42.45</b>	<b>00:22:50.40</b>	+00:02:42 (11.9%)	4:32	13.2 (88.0%)
3	<b>LUDWIKOWSKA Anna</b>	<b>207</b>		K-Open	3	00:00:05	00:11:35	<b>00:23:07.50</b>	<b>00:23:12.70</b>	+00:03:07 (13.5%)	4:37	13 (86.7%)
4	<b>RYCHCIK Ewa</b>	<b>312</b>		K-Open	4	00:00:07	00:11:39	<b>00:23:46.80</b>	<b>00:23:54.15</b>	+00:03:46 (15.9%)	4:45	12.6 (84.0%)
5	<b>PUKOWNIK Judyta</b>	<b>299</b>		K-Open	5	00:00:11	00:12:02	<b>00:24:21.75</b>	<b>00:24:32.80</b>	+00:04:21 (17.9%)	4:52	12.3 (82.0%)
6	<b>LULKIEWICZ Kamilla</b>	<b>209</b>		K-Open	6	00:00:16	00:13:07	<b>00:25:29.10</b>	<b>00:25:45.70</b>	+00:05:28 (21.5%)	5:05	11.8 (78.7%)
7	<b>PIETRASZEWSKA-JADWISZCZOK Agnieszka</b>	<b>279</b>		K-Open	7	00:00:07	00:12:34	<b>00:25:31.95</b>	<b>00:25:39.45</b>	+00:05:31 (21.6%)	5:06	11.7 (78.0%)
8	<b>MAKOSA Barbara</b>	<b>235</b>		K-Open	8	00:00:16	00:13:07	<b>00:25:33.55</b>	<b>00:25:49.55</b>	+00:05:33 (21.7%)	5:06	11.7 (78.0%)
9	<b>WEILAND Karina</b>	<b>392</b>		K-Open	9	00:00:03	00:12:28	<b>00:25:37.55</b>	<b>00:25:41.40</b>	+00:05:37 (21.9%)	5:07	11.7 (78.0%)
10	<b>KOSTRZEWA-CEMBOR Urszula</b>	<b>147</b>		K-Open	10	00:00:13	00:13:05	<b>00:26:21.30</b>	<b>00:26:35.05</b>	+00:06:20 (24.1%)	5:16	11.4 (76.0%)
11	<b>GOZDEK Aleksandra</b>	<b>84</b>		K-Open	11	00:00:26	00:13:44	<b>00:26:42.15</b>	<b>00:27:08.45</b>	+00:06:41 (25.1%)	5:20	11.2 (74.7%)
12	<b>STOLTMANN Paulina</b>	<b>341</b>		K-Open	12	00:00:18	00:13:39	<b>00:27:09.00</b>	<b>00:27:27.05</b>	+00:07:08 (26.3%)	5:25	11 (73.3%)
13	<b>ŚLIMAK Monika</b>	<b>356</b>		K-Open	13	00:00:25	00:13:51	<b>00:27:11.45</b>	<b>00:27:36.65</b>	+00:07:11 (26.4%)	5:26	11 (73.3%)
14	<b>KĄKOLEWSKA Agnieszka</b>	<b>127</b>		K-Open	14	00:00:12	00:13:24	<b>00:27:11.65</b>	<b>00:27:23.85</b>	+00:07:11 (26.4%)	5:26	11 (73.3%)
15	<b>KLOCEK Natalia</b>	<b>134</b>		K-Open	15	00:00:05	00:13:11	<b>00:27:13.40</b>	<b>00:27:18.80</b>	+00:07:12 (26.5%)	5:26	11 (73.3%)
16	<b>KOZDEMBA Jagoda</b>	<b>160</b>		K-Open	16	00:00:20	00:13:57	<b>00:27:19.95</b>	<b>00:27:40.20</b>	+00:07:19 (26.8%)	5:28	11 (73.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Finish_All 2.5km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
17	<b>LASZKOWSKA Olga</b>	<b>190</b>		K-Open	17	00:00:07	00:14:01	<b>00:27:34.60</b>	<b>00:27:42.40</b>	+00:07:34 (27.4%)	5:31	10.9 (72.7%)
18	<b>TYKA Izabella</b>	<b>381</b>		K-Open	18	00:00:04	00:13:33	<b>00:27:36.30</b>	<b>00:27:40.55</b>	+00:07:35 (27.5%)	5:31	10.9 (72.7%)
19	<b>KŁOS Katarzyna</b>	<b>136</b>		K-Open	19	00:00:04	00:13:33	<b>00:27:36.80</b>	<b>00:27:40.80</b>	+00:07:36 (27.5%)	5:31	10.9 (72.7%)
20	<b>IGNASZ Aleksandra</b>	<b>107</b>		K-Open	20	00:00:11	00:14:13	<b>00:27:44.75</b>	<b>00:27:55.85</b>	+00:07:44 (27.9%)	5:32	10.8 (72.0%)
21	<b>KOWALSKA Monika</b>	<b>155</b>		K-Open	21	00:00:07	00:13:47	<b>00:27:45.65</b>	<b>00:27:53.05</b>	+00:07:45 (27.9%)	5:33	10.8 (72.0%)
22	<b>FLORYSZCZYK Krystyna</b>	<b>65</b>		K-Open	22	00:00:13	00:14:05	<b>00:27:57.65</b>	<b>00:28:11.45</b>	+00:07:57 (28.4%)	5:35	10.7 (71.3%)
23	<b>JACYNO Paulina</b>	<b>111</b>		K-Open	23	00:00:19	00:13:42	<b>00:28:03.25</b>	<b>00:28:22.35</b>	+00:08:02 (28.7%)	5:36	10.7 (71.3%)
24	<b>KOSTYK Marta</b>	<b>148</b>		K-Open	24	00:00:21	00:14:34	<b>00:28:20.35</b>	<b>00:28:41.75</b>	+00:08:19 (29.4%)	5:40	10.6 (70.7%)
25	<b>GRĘBECKA Magdalena</b>	<b>90</b>		K-Open	25	00:00:19	00:13:52	<b>00:28:23.95</b>	<b>00:28:43.20</b>	+00:08:23 (29.5%)	5:40	10.6 (70.7%)
26	<b>KOISZEWSKA Monika</b>	<b>139</b>		K-Open	26	00:00:17	00:14:39	<b>00:28:37.50</b>	<b>00:28:54.60</b>	+00:08:37 (30.1%)	5:43	10.5 (70.0%)
27	<b>KLASA Wiktoria</b>	<b>131</b>		K-Open	27	00:00:16	00:14:40	<b>00:28:37.80</b>	<b>00:28:54.60</b>	+00:08:37 (30.1%)	5:43	10.5 (70.0%)
28	<b>RESZCZYŃSKA Monika</b>	<b>302</b>		K-Open	28	00:00:21	00:14:17	<b>00:29:00.10</b>	<b>00:29:21.70</b>	+00:08:59 (31.0%)	5:48	10.3 (68.7%)
29	<b>GAWIN Marta</b>	<b>77</b>		K-Open	29	00:00:27	00:14:20	<b>00:29:01.90</b>	<b>00:29:29.30</b>	+00:09:01 (31.1%)	5:48	10.3 (68.7%)
30	<b>PAWELEC Anna</b>	<b>267</b>		K-Open	30	00:00:05	00:14:32	<b>00:29:26.00</b>	<b>00:29:31.60</b>	+00:09:25 (32.0%)	5:53	10.2 (68.0%)
31	<b>PARZYCH Emilia</b>	<b>264</b>	RUNNING TURTLE	K-Open	31	00:00:08	00:16:03	<b>00:29:41.50</b>	<b>00:29:49.50</b>	+00:09:41 (32.6%)	5:56	10.1 (67.3%)
32	<b>RYŚ Milena</b>	<b>317</b>		K-Open	32	00:00:23	00:15:23	<b>00:29:55.90</b>	<b>00:30:19.15</b>	+00:09:55 (33.2%)	5:59	10 (66.7%)
33	<b>KUKIEŁCZAK Monika</b>	<b>176</b>		K-Open	33	00:00:14	00:14:34	<b>00:30:02.00</b>	<b>00:30:16.35</b>	+00:10:01 (33.4%)	6:00	10 (66.7%)
34	<b>KARBOWSKA Aneta</b>	<b>124</b>		K-Open	34	00:00:20	00:14:52	<b>00:30:13.25</b>	<b>00:30:33.70</b>	+00:10:12 (33.8%)	6:02	9.9 (66.0%)
35	<b>GŁÓW Kasia</b>	<b>79</b>		K-Open	35	00:00:28	00:15:43	<b>00:30:31.25</b>	<b>00:30:59.70</b>	+00:10:30 (34.4%)	6:06	9.8 (65.3%)
36	<b>DOMARADZKA Anna</b>	<b>49</b>	RADUNICA RUN	K-Open	36	00:00:17	00:15:20	<b>00:30:32.40</b>	<b>00:30:49.40</b>	+00:10:31 (34.5%)	6:06	9.8 (65.3%)
37	<b>KRAWIECKA Klaudia</b>	<b>165</b>	AKADEMIA BIEGOWA KIEŁPINO	K-Open	37	00:00:10	00:15:20	<b>00:30:52.80</b>	<b>00:31:03.00</b>	+00:10:52 (35.2%)	6:10	9.7 (64.7%)
38	<b>DUBASIEWICZ Jan</b>	<b>53</b>	KASZTANKI	K-Open	38	00:00:18	00:15:20	<b>00:30:54.05</b>	<b>00:31:12.70</b>	+00:10:53 (35.3%)	6:10	9.7 (64.7%)
39	<b>LICHOTA Małgorzata</b>	<b>196</b>		K-Open	39	00:00:20	00:15:31	<b>00:30:57.25</b>	<b>00:31:17.85</b>	+00:10:56 (35.4%)	6:11	9.7 (64.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Finish_All 2.5km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
40	<b>PIOTROWSKA Mirosława</b>	<b>281</b>		K-Open	40	00:00:15	00:15:46	<b>00:31:31.80</b>	<b>00:31:46.90</b>	+00:11:31 (36.5%)	6:18	9.5 (63.3%)
41	<b>WOJLANIS Alicja</b>	<b>433</b>	LPP TEAM	K-Open	41	00:00:16	00:15:44	<b>00:31:52.25</b>	<b>00:32:08.90</b>	+00:11:51 (37.2%)	6:22	9.4 (62.7%)
42	<b>BURCZYŃSKA Beata</b>	<b>29</b>		K-Open	42	00:00:05	00:16:06	<b>00:32:15.60</b>	<b>00:32:21.20</b>	+00:12:15 (38.0%)	6:27	9.3 (62.0%)
43	<b>HOPPE Katarzyna</b>	<b>105</b>	KOBIETY W BIEGU	K-Open	43	00:00:31	00:15:55	<b>00:32:18.70</b>	<b>00:32:49.85</b>	+00:12:18 (38.1%)	6:27	9.3 (62.0%)
44	<b>BASZCZYŃSKA Katarzyna</b>	<b>11</b>		K-Open	44	00:00:11	00:15:36	<b>00:32:22.25</b>	<b>00:32:33.95</b>	+00:12:21 (38.2%)	6:28	9.3 (62.0%)
45	<b>ZARĘBSKA Kamila</b>	<b>423</b>		K-Open	45	00:00:29	00:16:24	<b>00:32:45.65</b>	<b>00:33:15.30</b>	+00:12:45 (38.9%)	6:33	9.2 (61.3%)
46	<b>ŁAWRÓW Sylwia</b>	<b>210</b>		K-Open	46	00:00:27	00:16:25	<b>00:32:45.75</b>	<b>00:33:13.55</b>	+00:12:45 (38.9%)	6:33	9.2 (61.3%)
47	<b>BADOWSKA Marta</b>	<b>5</b>		K-Open	47	00:00:19	00:16:13	<b>00:32:49.70</b>	<b>00:33:09.45</b>	+00:12:49 (39.1%)	6:34	9.1 (60.7%)
48	<b>MARCZAK Renata</b>	<b>232</b>		K-Open	48	00:00:10	00:15:58	<b>00:32:56.80</b>	<b>00:33:07.55</b>	+00:12:56 (39.3%)	6:35	9.1 (60.7%)
49	<b>SUTKOWSKA Elżbieta</b>	<b>347</b>	PRUSZCZ BIEGA	K-Open	49	00:00:09	00:15:59	<b>00:32:57.95</b>	<b>00:33:07.60</b>	+00:12:57 (39.3%)	6:35	9.1 (60.7%)
50	<b>RÓWINSKA Małgorzata</b>	<b>308</b>		K-Open	50	00:00:07	00:15:52	<b>00:33:20.00</b>	<b>00:33:27.15</b>	+00:13:19 (40.0%)	6:40	9 (60.0%)
51	<b>BARANOWSKA Anna</b>	<b>8</b>		K-Open	51	00:00:31	00:16:19	<b>00:33:39.90</b>	<b>00:34:11.75</b>	+00:13:39 (40.6%)	6:44	8.9 (59.3%)
52	<b>MALINOWSKA Ewelina</b>	<b>228</b>		K-Open	52	00:00:09	00:16:19	<b>00:33:42.30</b>	<b>00:33:52.10</b>	+00:13:41 (40.6%)	6:44	8.9 (59.3%)
53	<b>TORŁOP Małgorzata</b>	<b>375</b>	GRUPA TRÓJMIASTO	K-Open	53	00:00:22	00:17:07	<b>00:34:24.35</b>	<b>00:34:46.75</b>	+00:14:23 (41.8%)	6:52	8.7 (58.0%)
54	<b>NIJAK Jolanta</b>	<b>250</b>		K-Open	54	00:00:09	00:16:57	<b>00:34:44.55</b>	<b>00:34:54.00</b>	+00:14:44 (42.4%)	6:57	8.6 (57.3%)
55	<b>PILECKA Agnieszka</b>	<b>280</b>	AGAPILECKA.PL	K-Open	55	00:00:24	00:17:01	<b>00:35:22.95</b>	<b>00:35:46.95</b>	+00:15:22 (43.5%)	7:04	8.5 (56.7%)
56	<b>MALINOWSKA Monika</b>	<b>227</b>	RUN BEACH MORNING TEAM	K-Open	56	00:00:27	00:16:58	<b>00:35:24.85</b>	<b>00:35:52.15</b>	+00:15:24 (43.5%)	7:05	8.5 (56.7%)
57	<b>KLAWITTER Antonina</b>	<b>132</b>		K-Open	57	00:00:27	00:17:33	<b>00:36:37.35</b>	<b>00:37:04.55</b>	+00:16:36 (45.4%)	7:19	8.2 (54.7%)
58	<b>WESOŁOWSKA Agnieszka</b>	<b>394</b>	TRIMAMA	K-Open	58	00:00:07	00:16:10	<b>00:36:49.50</b>	<b>00:36:56.70</b>	+00:16:49 (45.7%)	7:21	8.1 (54.0%)
59	<b>BOGDANOWICZ Monika</b>	<b>18</b>		K-Open	59	00:00:03	00:18:14	<b>00:38:18.90</b>	<b>00:38:21.95</b>	+00:18:18 (47.8%)	7:39	7.8 (52.0%)
60	<b>WALCZUKIEWICZ Małgorzata</b>	<b>384</b>		K-Open	60	00:00:22	00:18:17	<b>00:38:37.10</b>	<b>00:38:59.20</b>	+00:18:36 (48.2%)	7:43	7.8 (52.0%)
61	<b>BUBIAK Agata</b>	<b>28</b>		K-Open	61	00:00:25	00:17:08			+00:07:17	6:51	8.8 (58.7%)

Znaleziono 61 wynik(ów)