



Organiser: Fundacja Kozica
Date: 2022-06-05
Place: Stańcowa
Distance: 4,7 km

WIOSENNY BIEG WSCHODZĄCEGO SŁOŃCA

B4SPORT

B4SPORT
INTELGENTNE ZAWODY SPORTOWE

Classification: M2 (36-49)

Place	Participant	Number	Club	Category	MCat	Net time 4.7km	Czas brutto 4.7km	Gap	Pace min/km	Pace km/h
1	SKUPIEŃ Tomasz	207		M2 (36-49)	1	00:39:02.00	00:39:02.00		8:18	7.2 (100%)
2	HANKUS Tadeusz	111	HKS RUN	M2 (36-49)	2	00:42:19.00	00:42:19.00	+00:03:17 (7.8%)	9:00	6.7 (93.1%)
3	STANUCH Dariusz	39	AZS ZAKOPANE	M2 (36-49)	3	00:42:40.00	00:42:40.00	+00:03:38 (8.5%)	9:04	6.6 (91.7%)
4	BUCZYŃSKI Adam	113	NON STOP TRAIL	M2 (36-49)	4	00:44:26.00	00:44:26.00	+00:05:24 (12.2%)	9:27	6.3 (87.5%)
5	WRÓBEL Przemysław	34		M2 (36-49)	5	00:46:50.00	00:46:50.00	+00:07:48 (16.7%)	9:57	6 (83.3%)
6	PÓŁTORAK Sylwester	35	DOBCZYCKIE KLUB BIEGACZA	M2 (36-49)	6	00:47:43.00	00:47:43.00	+00:08:41 (18.2%)	10:09	5.9 (81.9%)
7	KOS Tomasz	120		M2 (36-49)	7	00:49:52.00	00:49:52.00	+00:10:50 (21.7%)	10:36	5.7 (79.2%)
8	MIŚKOWIEC Szymon	202	TC ORZEŁ	M2 (36-49)	8	00:52:35.00	00:52:35.00	+00:13:33 (25.8%)	11:11	5.4 (75.0%)
9	DYRCZ Konrad	115		M2 (36-49)	9	00:53:15.00	00:53:15.00	+00:14:13 (26.7%)	11:19	5.3 (73.6%)
10	PRZYBYŁOWSKI Piotr	193		M2 (36-49)	10	00:53:29.00	00:53:29.00	+00:14:27 (27.0%)	11:22	5.3 (73.6%)
11	SKOWRONEK Łukasz	89		M2 (36-49)	11	00:54:35.00	00:54:35.00	+00:15:33 (28.5%)	11:36	5.2 (72.2%)
12	SZCZUREK Sławomir	185		M2 (36-49)	12	00:55:26.00	00:55:26.00	+00:16:24 (29.6%)	11:47	5.1 (70.8%)
13	JAKCINAIMIĘ Andrzeju	37	ZDRAJCY METALU	M2 (36-49)	13	00:56:08.00	00:56:08.00	+00:17:06 (30.5%)	11:56	5 (69.4%)
14	RAMOTOWSKI Marcin	172		M2 (36-49)	14	00:56:44.00	00:56:44.00	+00:17:42 (31.2%)	12:04	5 (69.4%)
15	LUBOS Dawid	162		M2 (36-49)	15	00:57:14.00	00:57:14.00	+00:18:12 (31.8%)	12:10	4.9 (68.1%)
16	MYSIURA Adam	59	#ADAMCZERWIŃSKITEAM	M2 (36-49)	16	00:57:16.00	00:57:16.00	+00:18:14 (31.8%)	12:11	4.9 (68.1%)
17	WIEWIÓRA Piotr	155	AKRIWOS	M2 (36-49)	17	00:58:29.00	00:58:29.00	+00:19:27 (33.3%)	12:26	4.8 (66.7%)
18	BISKUP Paweł	150		M2 (36-49)	18	00:59:00.00	00:59:00.00	+00:19:58 (33.8%)	12:33	4.8 (66.7%)
19	BIAŁEK Paweł	14		M2 (36-49)	19	00:59:37.00	00:59:37.00	+00:20:35 (34.5%)	12:41	4.7 (65.3%)
20	BORYCZKA Szymon	127		M2 (36-49)	20	00:59:44.00	00:59:44.00	+00:20:42 (34.7%)	12:42	4.7 (65.3%)
21	WITAS Jacek	191		M2 (36-49)	21	01:00:01.00	01:00:01.00	+00:20:59 (35.0%)	12:46	4.7 (65.3%)
22	GRACÍK Vlastimil	209		M2 (36-49)	22	01:00:17.00	01:00:17.00	+00:21:15 (35.3%)	12:49	4.7 (65.3%)
23	GÓRAK Piotr	10	#DIABLAK120	M2 (36-49)	23	01:01:11.00	01:01:11.00	+00:22:09 (36.2%)	13:01	4.6 (63.9%)
24	OCZKOWSKI Mateusz	24	GRUPA BIEGOWA CHTMO	M2 (36-49)	24	01:01:34.00	01:01:34.00	+00:22:32 (36.6%)	13:05	4.6 (63.9%)
25	DOBOSZ Artur	117		M2 (36-49)	25	01:01:49.00	01:01:49.00	+00:22:47 (36.9%)	13:09	4.6 (63.9%)
26	DOBOSZ Mariusz	116	ROZBIEGANY BALIN	M2 (36-49)	26	01:01:57.00	01:01:57.00	+00:22:55 (37.0%)	13:10	4.6 (63.9%)
27	NAWROT Waldek	98	J U V E R U N	M2 (36-49)	27	01:03:27.00	01:03:27.00	+00:24:25 (38.5%)	13:30	4.4 (61.1%)
28	PALEJ Janusz	146	J&J	M2 (36-49)	28	01:03:29.00	01:03:29.00	+00:24:27 (38.5%)	13:30	4.4 (61.1%)

Place	Participant	Number	Club	Category	MCat	Net time 4.7km	Czas brutto 4.7km	Gap	Pace min/km	Pace km/h
29	SKWAREK Grzegorz	112		M2 (36-49)	29	01:03:53.00	01:03:53.00	+00:24:51 (38.9%)	13:35	4.4 (61.1%)
30	CHMIELEWSKI Maciej	58		M2 (36-49)	30	01:04:36.00	01:04:36.00	+00:25:34 (39.6%)	13:44	4.4 (61.1%)
31	MILER Robert	64		M2 (36-49)	31	01:05:16.00	01:05:16.00	+00:26:14 (40.2%)	13:53	4.3 (59.7%)
32	KOCZENASZ Mariusz	151		M2 (36-49)	32	01:05:19.00	01:05:19.00	+00:26:17 (40.2%)	13:53	4.3 (59.7%)
33	SERAFIN Krzysztof	16		M2 (36-49)	33	01:05:23.00	01:05:23.00	+00:26:21 (40.3%)	13:54	4.3 (59.7%)
34	CIASTOŃ Bartłomiej	100	OLA&BARTLO	M2 (36-49)	34	01:06:29.00	01:06:29.00	+00:27:27 (41.3%)	14:08	4.2 (58.3%)
35	GABRYŚ Arkadiusz	163		M2 (36-49)	35	01:06:40.00	01:06:40.00	+00:27:38 (41.5%)	14:11	4.2 (58.3%)
36	SKOCZYLAS Piotr	142	ENDURANCE TEAM	M2 (36-49)	36	01:06:56.00	01:06:56.00	+00:27:54 (41.7%)	14:14	4.2 (58.3%)
37	CZAPCZYK Adrian	73		M2 (36-49)	37	01:07:11.00	01:07:11.00	+00:28:09 (41.9%)	14:17	4.2 (58.3%)
38	PARZNIEWSKI Maciej	55	TOWARZYSTWO TURYSTYCZNE AKS POLONIA WARSZAWA	M2 (36-49)	38	01:07:31.00	01:07:31.00	+00:28:29 (42.2%)	14:21	4.2 (58.3%)
39	CISZAK Wojtek	43		M2 (36-49)	39	01:07:54.00	01:07:54.00	+00:28:52 (42.5%)	14:26	4.2 (58.3%)
40	SOWIŃSKI Dariusz	29	SOWSTOL	M2 (36-49)	40	01:09:06.00	01:09:06.00	+00:30:04 (43.5%)	14:42	4.1 (56.9%)
41	KADYK Łukasz	50	CEZAR	M2 (36-49)	41	01:09:28.00	01:09:28.00	+00:30:26 (43.8%)	14:46	4.1 (56.9%)
42	STANISZEWSKI Rafał	23	TURBODZIKI	M2 (36-49)	42	01:10:06.00	01:10:06.00	+00:31:04 (44.3%)	14:54	4 (55.6%)
43	ZIAJA Robert	109	ROBERT ALKOHOLIK	M2 (36-49)	43	01:12:21.00	01:12:21.00	+00:33:19 (46.0%)	15:23	3.9 (54.2%)
44	KSIĘŻYK Mirosław	96		M2 (36-49)	44	01:14:29.00	01:14:29.00	+00:35:27 (47.6%)	15:50	3.8 (52.8%)
45	MENDREK Ireneusz	40	TURBODZIKI	M2 (36-49)	45	01:15:54.00	01:15:54.00	+00:36:52 (48.6%)	16:08	3.7 (51.4%)
46	ŚLÓSARCZYK Jakub	166	SS RUNNING CLUB	M2 (36-49)	46	01:20:50.00	01:20:50.00	+00:41:48 (51.7%)	17:11	3.5 (48.6%)
47	KUTYŁA Marek	176		M2 (36-49)	47	01:21:06.00	01:21:06.00	+00:42:04 (51.9%)	17:15	3.5 (48.6%)
48	IWASZKO Paweł	45		M2 (36-49)	48	01:24:40.00	01:24:40.00	+00:45:38 (53.9%)	18:00	3.3 (45.8%)
49	OCHALSKI Grzegorz	86		M2 (36-49)	49	01:25:21.00	01:25:21.00	+00:46:19 (54.3%)	18:09	3.3 (45.8%)
50	RADKOWSKI Michał	44		M2 (36-49)	50	01:27:08.00	01:27:08.00	+00:48:06 (55.2%)	18:32	3.2 (44.4%)
51	OKSIENIUK Marcin	22	TURBODZIKI	M2 (36-49)	51	01:32:59.00	01:32:59.00	+00:53:57 (58.0%)	19:47	3 (41.7%)
52	PAWLAK Roman	157		M2 (36-49)	52	01:38:23.00	01:38:23.00	+00:59:21 (60.3%)	20:55	2.9 (40.3%)
53	DZIEMIERA Daniel	156		M2 (36-49)	53	01:38:25.00	01:38:25.00	+00:59:23 (60.3%)	20:56	2.9 (40.3%)

Total 53 results.