



Organizator: Fundacja Kozica
Data: 2021-06-06
Miejsce: Stańcowa
Dystans: 4,5 km

WIOSENNY BIEG WSCHODZĄCEGO SŁOŃCA

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: OPEN Mężczyźni

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 4.5km	Czas brutto 4.5km	Różn	Tempo min/km	Tempo km/h
1	JAWORSKI Zbigniew	114		M2 (36-49)	1	00:38:59.00	00:38:59.00		8:39	6.9 (100%)
2	MAREK Dariusz	124	MONK SANDALS / INOV-8	M2 (36-49)	2	00:39:45.00	00:39:45.00	+00:00:46 (1.9%)	8:50	6.8 (98.6%)
3	TUKA Michał	13	NIŻNĄ	M1 (18-35)	1	00:40:21.00	00:40:21.00	+00:01:22 (3.4%)	8:58	6.7 (97.1%)
4	ŻÓŁTEK Grzegorz	51		M1 (18-35)	2	00:40:46.00	00:40:46.00	+00:01:47 (4.4%)	9:03	6.6 (95.7%)
5	KIDOŃ Robert	36	ORAWARUN	M1 (18-35)	3	00:41:51.00	00:41:51.00	+00:02:52 (6.8%)	9:18	6.5 (94.2%)
6	ORZEŁ Krzysztof	136	GRUPA ZUE	M2 (36-49)	3	00:44:27.00	00:44:27.00	+00:05:28 (12.3%)	9:52	6.1 (88.4%)
7	WRÓBEL Przemysław	119		M2 (36-49)	4	00:44:39.00	00:44:39.00	+00:05:40 (12.7%)	9:55	6 (87.0%)
8	AUGUSTYŃSKI Sylwester	161	GRUPA LUKTRANS	M2 (36-49)	5	00:44:54.00	00:44:54.00	+00:05:55 (13.2%)	9:58	6 (87.0%)
9	MAGERCAK Miłos	56	DYNAMECKO	M1 (18-35)	4	00:45:11.00	00:45:11.00	+00:06:12 (13.7%)	10:02	6 (87.0%)
10	LAZAR Paweł	41		M1 (18-35)	5	00:45:49.00	00:45:49.00	+00:06:50 (14.9%)	10:10	5.9 (85.5%)
11	GÓRA Daniel	165		M1 (18-35)	6	00:46:08.00	00:46:08.00	+00:07:09 (15.5%)	10:15	5.9 (85.5%)
12	PYREK Przemysław	30	TRAINING BY PP	M1 (18-35)	7	00:46:30.00	00:46:30.00	+00:07:31 (16.2%)	10:20	5.8 (84.1%)
13	KUCEK Wojciech	71		M1 (18-35)	8	00:47:35.00	00:47:35.00	+00:08:36 (18.1%)	10:34	5.7 (82.6%)
14	KUBIN Ireneusz	164	TG SOKÓŁ ZAKOPANE	M2 (36-49)	6	00:47:49.00	00:47:49.00	+00:08:50 (18.5%)	10:37	5.6 (81.2%)
15	JĘDRASZCZYK Mateusz	113		M1 (18-35)	9	00:48:10.00	00:48:10.00	+00:09:11 (19.1%)	10:42	5.6 (81.2%)
16	BUCHERT Filip	61	MULKS JUVENIA GŁUCHOŁAZY	M1 (18-35)	10	00:48:50.00	00:48:50.00	+00:09:51 (20.2%)	10:51	5.5 (79.7%)
17	LAZAR Paweł	38		M1 (18-35)	11	00:49:16.00	00:49:16.00	+00:10:17 (20.9%)	10:56	5.5 (79.7%)
18	KUŁAGA Sebastian	155	MIRAZ RACE TEAM	M2 (36-49)	7	00:49:19.00	00:49:19.00	+00:10:20 (21.0%)	10:57	5.5 (79.7%)
19	ZACHARA Dawid	173		M1 (18-35)	12	00:50:12.00	00:50:12.00	+00:11:13 (22.3%)	11:09	5.4 (78.3%)
20	WOŹNIAK Michał	3	GLADIATORS BY RMF4RT	M1 (18-35)	13	00:50:14.00	00:50:14.00	+00:11:15 (22.4%)	11:09	5.4 (78.3%)
21	KIEC Mateusz	77	PRZENOSIMY GÓRY	M1 (18-35)	14	00:50:57.00	00:50:57.00	+00:11:58 (23.5%)	11:19	5.3 (76.8%)
22	DZIEDZIC Marcin	117		M1 (18-35)	15	00:51:21.00	00:51:21.00	+00:12:22 (24.1%)	11:24	5.3 (76.8%)
23	JAGÓDKA Paweł	141	TC ORZEŁ SPYTKOWICE	M2 (36-49)	8	00:51:35.00	00:51:35.00	+00:12:36 (24.4%)	11:27	5.2 (75.4%)
24	OLECHNOWICZ Robert	133		M3 (50+)	1	00:51:56.00	00:51:56.00	+00:12:57 (24.9%)	11:32	5.2 (75.4%)
25	KARPIEL Tomasz	149		M1 (18-35)	16	00:52:47.00	00:52:47.00	+00:13:48 (26.1%)	11:43	5.1 (73.9%)
26	WRUK Remigiusz	40	TATRA RUNNING TEAM	M3 (50+)	2	00:53:40.00	00:53:40.00	+00:14:41 (27.4%)	11:55	5 (72.5%)
27	SAŁACIAK Bartłomiej	147		M1 (18-35)	17	00:53:54.00	00:53:54.00	+00:14:55 (27.7%)	11:58	5 (72.5%)
28	BARABASZ Radosław	103	SEKCJA BIEGOWA GRUPY PIWNEJ	M1 (18-35)	18	00:54:42.00	00:54:42.00	+00:15:43 (28.7%)	12:09	4.9 (71.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 4.5km	Czas brutto 4.5km	Różn	Tempo min/km	Tempo km/h
29	WIELGOS Łukasz	55		M1 (18-35)	19	00:54:45.00	00:54:45.00	+00:15:46 (28.8%)	12:10	4.9 (71.0%)
30	TRUSZEL Marcin Truszel	54	KW KRAKÓW	M2 (36-49)	9	00:55:02.00	00:55:02.00	+00:16:03 (29.2%)	12:13	4.9 (71.0%)
31	KASZUBA Bartosz	130	FIT&SPORT	M2 (36-49)	10	00:55:31.00	00:55:31.00	+00:16:32 (29.8%)	12:20	4.9 (71.0%)
32	IŚTOK Sebastian	170		M1 (18-35)	20	00:56:41.00	00:56:41.00	+00:17:42 (31.2%)	12:35	4.8 (69.6%)
33	SZWAGRZYK Marcin	99	SEKCJA BIEGOWA GRUPY PIWNEJ	M1 (18-35)	21	00:57:18.00	00:57:18.00	+00:18:19 (32.0%)	12:44	4.7 (68.1%)
34	GAWEŁ Bogdan	22	SYNTHOS	M3 (50+)	3	00:57:45.00	00:57:45.00	+00:18:46 (32.5%)	12:50	4.7 (68.1%)
35	ŁYCZAK Artur	85	KNURÓW MASTERS	M3 (50+)	4	00:57:57.00	00:57:57.00	+00:18:58 (32.7%)	12:52	4.7 (68.1%)
36	LASZCZAK Robert	70		M1 (18-35)	22	00:58:18.00	00:58:18.00	+00:19:19 (33.1%)	12:57	4.6 (66.7%)
37	OTRĘBIAK Mateusz	167		M1 (18-35)	23	00:58:40.00	00:58:40.00	+00:19:41 (33.6%)	13:02	4.6 (66.7%)
38	CEMBALA Tomasz	151		M2 (36-49)	11	00:58:52.00	00:58:52.00	+00:19:53 (33.8%)	13:04	4.6 (66.7%)
39	PARZNIEMSKI Maciej	95	TOWARZYSTWO TURYSTYCZNE AKS POLONIA WARSZAWA	M2 (36-49)	12	00:59:07.00	00:59:07.00	+00:20:08 (34.1%)	13:08	4.6 (66.7%)
40	DRWAŁ Tomasz	160	SKRAJNA 5	M2 (36-49)	13	00:59:12.00	00:59:12.00	+00:20:13 (34.1%)	13:09	4.6 (66.7%)
41	KOZAK Matt	125	KOZAK TEAM	M1 (18-35)	24	00:59:30.00	00:59:30.00	+00:20:31 (34.5%)	13:13	4.5 (65.2%)
42	SZCZERBA Adam	176		M1 (18-35)	25	00:59:37.00	00:59:37.00	+00:20:38 (34.6%)	13:14	4.5 (65.2%)
43	SERWATKA Adrian	148	BIALI I MŁODZI	M1 (18-35)	26	00:59:39.00	00:59:39.00	+00:20:40 (34.6%)	13:15	4.5 (65.2%)
44	ŠPRLAK Miloš	23		M1 (18-35)	27	01:00:04.00	01:00:04.00	+00:21:05 (35.1%)	13:20	4.5 (65.2%)
45	PUCHACZ Piotr	109	MPK/VELO	M2 (36-49)	14	01:00:16.00	01:00:16.00	+00:21:17 (35.3%)	13:23	4.5 (65.2%)
46	GORKA Robert	157	WISLA-HOUSES	M2 (36-49)	15	01:00:49.00	01:00:49.00	+00:21:50 (35.9%)	13:30	4.4 (63.8%)
47	GRUCA Mariusz	128		M1 (18-35)	28	01:00:52.00	01:00:52.00	+00:21:53 (36.0%)	13:31	4.4 (63.8%)
48	DZIERŻANOWSKI Tomasz	101		M2 (36-49)	16	01:01:07.00	01:01:07.00	+00:22:08 (36.2%)	13:34	4.4 (63.8%)
49	HOŁUJ Andrzej	8		M3 (50+)	5	01:01:14.00	01:01:14.00	+00:22:15 (36.3%)	13:36	4.4 (63.8%)
50	ZAJĄC Krystian	143		M1 (18-35)	29	01:01:56.00	01:01:56.00	+00:22:57 (37.1%)	13:45	4.4 (63.8%)
51	CZYŁOK Tomasz	88		M2 (36-49)	17	01:02:48.00	01:02:48.00	+00:23:49 (37.9%)	13:57	4.3 (62.3%)
52	DAŁOMIS Karol	98	CAPOTEAM	M1 (18-35)	30	01:03:02.00	01:03:02.00	+00:24:03 (38.2%)	14:00	4.3 (62.3%)
53	KAMIŃSKI Marcin	17	BURTON	M3 (50+)	6	01:03:25.00	01:03:25.00	+00:24:26 (38.5%)	14:05	4.3 (62.3%)
54	ŻYLSKI Janusz	108		M3 (50+)	7	01:03:37.00	01:03:37.00	+00:24:38 (38.7%)	14:08	4.2 (60.9%)
55	WNUK Adrian	96		M1 (18-35)	31	01:04:02.00	01:04:02.00	+00:25:03 (39.1%)	14:13	4.2 (60.9%)
56	PODLEWSKI Wojciech	90	KS SPORTIVA	M3 (50+)	8	01:04:54.00	01:04:54.00	+00:25:55 (39.9%)	14:25	4.2 (60.9%)
57	SZABELAK Witold	112	KINGRUNNER ULTRA	M2 (36-49)	18	01:06:17.00	01:06:17.00	+00:27:18 (41.2%)	14:43	4.1 (59.4%)
58	GÓRAK Piotr	53		M2 (36-49)	19	01:06:23.00	01:06:23.00	+00:27:24 (41.3%)	14:45	4.1 (59.4%)
59	MAJEWSKI Szymon	26		M2 (36-49)	20	01:06:27.00	01:06:27.00	+00:27:28 (41.3%)	14:46	4.1 (59.4%)
60	SKOCZYŁAS Piotr	172	ENDURANCE TEAM	M2 (36-49)	21	01:06:37.00	01:06:37.00	+00:27:38 (41.5%)	14:48	4.1 (59.4%)
61	BYRCZEK Bartosz	97	BEFIT24TEAM	M2 (36-49)	22	01:08:38.00	01:08:38.00	+00:29:39 (43.2%)	15:15	3.9 (56.5%)
62	CZOSNEK Daniel	105	SEKCJA BIEGOWA GRUPY PIWNEJ	M1 (18-35)	32	01:09:44.00	01:09:44.00	+00:30:45 (44.1%)	15:29	3.9 (56.5%)
63	DUDA Paweł	144		M1 (18-35)	33	01:10:06.00	01:10:06.00	+00:31:07 (44.4%)	15:34	3.9 (56.5%)
64	JACH Dariusz	82		M3 (50+)	9	01:10:11.00	01:10:11.00	+00:31:12 (44.5%)	15:35	3.8 (55.1%)
65	KUKLA Grzegorz	162		M2 (36-49)	23	01:10:58.00	01:10:58.00	+00:31:59 (45.1%)	15:46	3.8 (55.1%)
66	ŻUREK Mariusz	86		M3 (50+)	10	01:12:11.00	01:12:11.00	+00:33:12 (46.0%)	16:02	3.7 (53.6%)
67	MATUSZEK Piotr	52	#DIABLA120	M1 (18-35)	34	01:12:42.00	01:12:42.00	+00:33:43 (46.4%)	16:09	3.7 (53.6%)
68	SOWIŃSKI Dariusz	116	SOWSTOL	M2 (36-49)	24	01:13:39.00	01:13:39.00	+00:34:40 (47.1%)	16:22	3.7 (53.6%)
69	SERAFIN Krzysztof	89		M2 (36-49)	25	01:16:56.00	01:16:56.00	+00:37:57 (49.3%)	17:05	3.5 (50.7%)
70	MAJECKI Tomasz	6		M1 (18-35)	35	01:21:48.00	01:21:48.00	+00:42:49 (52.3%)	18:10	3.3 (47.8%)
71	JELIŃSKI Sebastian	121		M2 (36-49)	26	01:25:28.00	01:25:28.00	+00:46:29 (54.4%)	18:59	3.2 (46.4%)
72	HABIERA Robert	60		M3 (50+)	11	01:29:01.00	01:29:01.00	+00:50:02 (56.2%)	19:46	3 (43.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 4.5km	Czas brutto 4.5km	Różn	Tempo min/km	Tempo km/h
73	SMORAĞIEWICZ Marcin	65		M2 (36-49)	27	01:31:57.00	01:31:57.00	+00:52:58 (57.6%)	20:26	2.9 (42.0%)

Znaleziono 73 wynik(ów)