



WŁOCŁAWEK - PUCHARY REGIONALNE NORDIC WALKING - 10 KM

B4SPORT

Event: Puchary Regionalne Nordic Walking 2019
Organiser: Polska Federacja Nordic Walking
Date: 2019-06-09
Place: Włocławek
Distance: 10 km



Classification: M40-49

Place	Participant	Number	Club	Category	MCat	Żół. kartki	Czer. kartki	Start_All 2.5km	Start_All 5km	Start_All 7.5km	Net time 10km	Gap	Pace min/km	Pace km/h
1	GRABOWSKI Krzysztof	179	4 WOG GLIWICE	M40-49	1			00:17:49	00:36:07	00:54:30	01:12:47.40		7:16	8.2 (100%)
2	STANOWSKI Stanisław	197	WŁOCŁAWEK	M40-49	2			00:20:22	00:39:47	00:59:27	01:18:52.45	+00:06:05 (7.7%)	7:53	7.6 (92.7%)
3	JAŚKIEWICZ Rafał	182	WKB MARATOŃCZYK WŁOCŁAWEK	M40-49	3			00:19:08	00:39:14	00:59:21	01:19:53.55	+00:07:06 (8.9%)	7:59	7.5 (91.5%)

Total 3 results.