



# WŁOCŁAWEK - PUCHARY REGIONALNE NORDIC WALKING - 5 KM

B4SPORT

**Event:** Puchary Regionalne Nordic Walking 2019  
**Organiser:** Polska Federacja Nordic Walking  
**Date:** 2019-06-09  
**Place:** Włocławek  
**Distance:** 5 km



Classification: K65-69

Place	Participant	Number	Club	Category	MCat	Żół. kartki	Czer. kartki	Start_All 2.5km	Net time 5km	Gap	Pace min/km	Pace km/h
1	<b>STAŃCZAK Grażyna</b>	<b>105</b>	FACE NORDIC TEAM	K65-69	1			00:18:49	<b>00:38:03.75</b>		7:36	7.9 (100%)
2	<b>DANA Kazimiera</b>	<b>141</b>	KLUB NW PATYCZAKI GRUDZIĄDZ	K65-69	2			00:19:16	<b>00:38:43.70</b>	+00:00:39 (1.7%)	7:44	7.7 (97.5%)
3	<b>WOLIŃSKA Ewa</b>	<b>130</b>	WTW WŁOCŁAWEK	K65-69	3			00:19:06	<b>00:39:09.00</b>	+00:01:05 (2.8%)	7:49	7.7 (97.5%)
4	<b>SZCZEPANIAK Barbara</b>	<b>111</b>	WTW WŁOCŁAWEK	K65-69	4			00:23:32	<b>00:46:22.70</b>	+00:08:18 (17.9%)	9:16	6.5 (82.3%)
5	<b>SKOWROŃSKA-ŁOPIŃSKA Genowefa</b>	<b>132</b>	DAJ RADOŚĆ NIEPEŁNOSPRAWNYM	K65-69	5			00:23:11	<b>00:46:43.25</b>	+00:08:39 (18.5%)	9:20	6.4 (81.0%)
6	<b>KUSIAK Maria</b>	<b>58</b>		K65-69	6			00:23:45	<b>00:47:21.15</b>	+00:09:17 (19.6%)	9:28	6.3 (79.7%)
7	<b>BEDNARSKA Małgorzata</b>	<b>4</b>	SERCE NORDICA WŁOCŁAWEK	K65-69	7			00:24:11	<b>00:48:11.50</b>	+00:10:07 (21.0%)	9:38	6.2 (78.5%)
8	<b>CZERNIK Teresa</b>	<b>16</b>	WTW WŁOCŁAWEK	K65-69	8			00:24:24	<b>00:48:45.50</b>	+00:10:41 (21.9%)	9:45	6.2 (78.5%)
9	<b>ZAKRZEWSKA Bogumiła</b>	<b>134</b>	WTW WŁOCŁAWEK	K65-69	9			00:28:08	<b>00:57:48.25</b>	+00:19:44 (34.2%)	11:33	5.2 (65.8%)
10	<b>JAKUBOWSKA Hanna</b>	<b>34</b>	WTW WŁOCŁAWEK	K65-69	10			00:28:08	<b>00:58:03.20</b>	+00:19:59 (34.4%)	11:36	5.2 (65.8%)
11	<b>JASINSKA Krystyna</b>	<b>36</b>	PARAKULOS KOWAL	K65-69	11			00:27:24	<b>01:00:02.15</b>	+00:21:58 (36.6%)	12:00	5 (63.3%)

Total 11 results.