



# WODA BYDGOSKA - 650M

B4SPORT

**Wydarzenie:** Woda Bydgoska 2019  
**Organizator:** Aktywna Bydgoszcz  
**Data:** 2019-08-15  
**Miejsce:** Bydgoszcz  
**Dystans:** 0.65 km

**B4SPORT**  
INTELEGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 0.65km	Różn	Tempo min/km	Tempo km/h
1	WINIATOWSKI Patryk	248	MUKS 15 BYDGOSZCZ	M20	1	00:08:14.60		12:40	4.7 (100%)
2	DEMBSKI Patryk	80	TEAM PATROL	M20	2	00:08:14.75	+00:00:00 (0.0%)	12:40	4.7 (100%)
3	DOBRINDT Mikołaj	286	MUKS 15 BYDGOSZCZ	M16	1	00:08:20.45	+00:00:05 (1.2%)	12:49	4.7 (100%)
4	WIECIŃSKI Andrzej	243	MTKP DELFIN TORUŃ	M16	2	00:08:28.15	+00:00:13 (2.7%)	13:01	4.6 (97.9%)
5	HOLAK Marta	110	MUKS 15 BYDGOSZCZ	K16	1	00:08:39.85	+00:00:25 (4.9%)	13:20	4.5 (95.7%)
6	GUS Julia	104	MUKS '15' BYDGOSZCZ	K20	1	00:08:40.25	+00:00:25 (4.9%)	13:20	4.5 (95.7%)
7	WIECZOREK Miłosz	245	UAM TRIATHLON POZNAŃ	M16	3	00:08:42.85	+00:00:28 (5.4%)	13:24	4.5 (95.7%)
8	KRASICKI Artur	139	DELFIN INOWROCŁAW	M20	3	00:08:44.95	+00:00:30 (5.8%)	13:27	4.5 (95.7%)
9	SAWIEŁAJC Jakub	200	FUJI KRYSPORT TEAM	M20	4	00:08:56.50	+00:00:41 (7.8%)	13:46	4.4 (93.6%)
10	MARJAŃSKA Agata	160		K16	2	00:09:02.40	+00:00:47 (8.8%)	13:53	4.3 (91.5%)
11	TUROWIEC Adam	234	UAM TRIATHLON POZNAŃ / APPETITEFORSPORTS.COM	M40	1	00:09:28.50	+00:01:13 (13.0%)	14:33	4.1 (87.2%)
12	PERL Michał	183	UKS DELFIN LEGIONOWO	M20	5	00:09:33.30	+00:01:18 (13.7%)	14:43	4.1 (87.2%)
13	SĄCZYŃSKA Emilia	201	WARSAW MASTERS TEAM	K20	2	00:09:36.10	+00:01:21 (14.1%)	14:46	4.1 (87.2%)
14	DRELISZAK Błażej	85		M30	1	00:09:39.00	+00:01:24 (14.6%)	14:50	4 (85.1%)
15	ROZMIAREK Łukasz	192		M20	6	00:09:53.60	+00:01:39 (16.7%)	15:13	3.9 (83.0%)
16	BLUGE Angelika	61	KS POSNANIA	K20	3	00:10:01.30	+00:01:46 (17.7%)	15:26	3.9 (83.0%)
17	SZOT Mateusz	225	DEEMSPORT	M20	7	00:10:05.20	+00:01:50 (18.3%)	15:30	3.9 (83.0%)
18	BISTRON Alan	60	TEAM KARAŚ	M30	2	00:10:09.95	+00:01:55 (18.9%)	15:38	3.8 (80.9%)
19	WITKOWSKA Karolina	250	ZSE-A	K16	3	00:10:14.35	+00:01:59 (19.5%)	15:44	3.8 (80.9%)
20	NOWICKI Bartosz	173	AQUA+	M30	3	00:10:19.35	+00:02:04 (20.1%)	15:53	3.8 (80.9%)
21	POWALISZ Dariusz	187	TRISPACE	M40	2	00:10:20.45	+00:02:05 (20.3%)	15:53	3.8 (80.9%)
22	OLBIŃSKA Daria	175		K20	4	00:10:26.90	+00:02:12 (21.1%)	16:04	3.7 (78.7%)
23	PRUSSAK Remigiusz	189	WODNY ŚWIAT REMIGIUSZ PRUSSAK	M20	8	00:10:27.85	+00:02:13 (21.2%)	16:06	3.7 (78.7%)
24	GRACZYKOWSKI Maciej	102		M16	4	00:10:28.15	+00:02:13 (21.3%)	16:06	3.7 (78.7%)
25	STEMPOROWSKI Paweł	216	KLUB PŁYWACKI DELFIN INOWROCŁAW	M16	5	00:10:33.10	+00:02:18 (21.9%)	16:13	3.7 (78.7%)
26	JACKOWSKA Weronika	112		K16	4	00:10:34.30	+00:02:19 (22.0%)	16:16	3.7 (78.7%)
27	OLCZYK Justyna	176	-	K30	1	00:10:42.50	+00:02:27 (23.0%)	16:29	3.6 (76.6%)
28	SOKOŁOWSKI Tomasz	212	KLINIKA TRIATHLONU	M30	4	00:10:47.80	+00:02:33 (23.6%)	16:36	3.6 (76.6%)
29	MAGDZIARZ Jakub	159		M30	5	00:10:53.60	+00:02:39 (24.3%)	16:46	3.6 (76.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas		Tempo min/km	Tempo km/h
						netto	Różn		
30	<b>RUTKOWSKI</b> Radostaw	<b>195</b>	ICE'N'ROLL	M20	9	<b>00:11:00.35</b>	+00:02:45 (25.1%)	16:56	3.5 (74.5%)
31	<b>CUPA</b> Wojciech	<b>531</b>		M40	3	<b>00:11:08.95</b>	+00:02:54 (26.1%)	17:09	3.5 (74.5%)
32	<b>TUCZYŃSKI</b> Maciej	<b>233</b>		M30	6	<b>00:11:13.40</b>	+00:02:58 (26.6%)	17:15	3.5 (74.5%)
33	<b>FALKOWSKI</b> Wojciech	<b>92</b>	RUN BDG	M50	1	<b>00:11:14.00</b>	+00:02:59 (26.6%)	17:16	3.5 (74.5%)
34	<b>STUKAN</b> Łukasz	<b>220</b>		M30	7	<b>00:11:14.30</b>	+00:02:59 (26.6%)	17:16	3.5 (74.5%)
35	<b>ZBORAŁA</b> Dawid	<b>259</b>		M20	10	<b>00:11:15.20</b>	+00:03:00 (26.7%)	17:18	3.5 (74.5%)
36	<b>WAŁĘZA</b> Hubert	<b>236</b>	KANAŁOWA TRITEAM	M30	8	<b>00:11:21.80</b>	+00:03:07 (27.5%)	17:29	3.4 (72.3%)
37	<b>CIURZYŃSKI</b> Radostaw	<b>73</b>	TRITON KONIN	M30	9	<b>00:11:23.70</b>	+00:03:09 (27.7%)	17:30	3.4 (72.3%)
38	<b>KOWALSKA</b> Angelika	<b>137</b>	TRISPACE	K30	2	<b>00:11:28.50</b>	+00:03:13 (28.2%)	17:40	3.4 (72.3%)
39	<b>LEWANDOWSKI</b> Marcin	<b>153</b>		M30	10	<b>00:11:38.20</b>	+00:03:23 (29.2%)	17:55	3.3 (70.2%)
40	<b>BAJGOT-SŁOMSKA</b> Katarzyna	<b>54</b>		K30	3	<b>00:11:45.50</b>	+00:03:30 (29.9%)	18:06	3.3 (70.2%)
41	<b>FIEGEL</b> Wojciech	<b>94</b>	TRISPACE/TREK	M40	4	<b>00:11:47.65</b>	+00:03:33 (30.1%)	18:09	3.3 (70.2%)
42	<b>PIC</b> Dawid	<b>184</b>	ZAWSZE NA 100%	M20	11	<b>00:11:47.95</b>	+00:03:33 (30.1%)	18:09	3.3 (70.2%)
43	<b>FRĄCKOWSKI</b> Łukasz	<b>95</b>		M20	12	<b>00:11:48.60</b>	+00:03:34 (30.2%)	18:09	3.3 (70.2%)
44	<b>WIECZOREK</b> Łukasz	<b>246</b>	RUN4FUN WWW.BYTPAK.PL	M30	11	<b>00:11:49.40</b>	+00:03:34 (30.3%)	18:12	3.3 (70.2%)
45	<b>CZYŻEWSKI</b> Wojciech	<b>78</b>	BYDGOSZCZ	M40	5	<b>00:11:49.75</b>	+00:03:35 (30.3%)	18:10	3.3 (70.2%)
46	<b>KONIECZNY</b> Marek	<b>132</b>	WRC POLSKA	M40	6	<b>00:11:51.70</b>	+00:03:37 (30.5%)	18:13	3.3 (70.2%)
47	<b>KANIA</b> Szymon	<b>121</b>		M30	12	<b>00:11:52.15</b>	+00:03:37 (30.5%)	18:15	3.3 (70.2%)
48	<b>TUBAJA</b> Albert	<b>232</b>	KABEL TEAM BYDGOSZCZ	M40	7	<b>00:11:53.00</b>	+00:03:38 (30.6%)	18:16	3.3 (70.2%)
49	<b>WÓJCIK</b> Tomasz	<b>256</b>	MW AQUA	M30	13	<b>00:11:57.00</b>	+00:03:42 (31.0%)	18:23	3.3 (70.2%)
50	<b>CZAPIEWSKA</b> Tina	<b>74</b>		K20	5	<b>00:12:04.10</b>	+00:03:49 (31.7%)	18:33	3.2 (68.1%)
51	<b>KAJAK</b> Wojciech	<b>119</b>		M50	2	<b>00:12:10.35</b>	+00:03:55 (32.3%)	18:43	3.2 (68.1%)
52	<b>WOJTCZAK</b> Adam	<b>253</b>	CASTORAMA	M30	14	<b>00:12:13.85</b>	+00:03:59 (32.6%)	18:47	3.2 (68.1%)
53	<b>LASKOWSKI</b> Hubert	<b>151</b>	WODNY ŚWIAT	M16	6	<b>00:12:15.35</b>	+00:04:00 (32.7%)	18:50	3.2 (68.1%)
54	<b>SZULIST</b> Kazimierz	<b>226</b>	CTS	M30	15	<b>00:12:21.65</b>	+00:04:07 (33.3%)	19:00	3.2 (68.1%)
55	<b>KLIMKOWSKI</b> Mateusz	<b>127</b>	DECATHLON TRIATHLON TEAM	M20	13	<b>00:12:22.00</b>	+00:04:07 (33.3%)	19:01	3.2 (68.1%)
56	<b>SKUBISZEWSKI</b> Damian	<b>207</b>	SELEKCJA NATURALNA	M30	16	<b>00:12:22.25</b>	+00:04:07 (33.4%)	19:01	3.2 (68.1%)
57	<b>FEDE-ZAJĄC</b> Anita	<b>93</b>	DREAM TRI TEAM	K30	4	<b>00:12:22.40</b>	+00:04:07 (33.4%)	19:01	3.2 (68.1%)
58	<b>KUROWSKI</b> Kamil	<b>148</b>	3GRAVITY	M30	17	<b>00:12:22.75</b>	+00:04:08 (33.4%)	19:03	3.1 (66.0%)
59	<b>JAGÓDKA</b> Dariusz	<b>113</b>		M30	18	<b>00:12:23.15</b>	+00:04:08 (33.4%)	19:03	3.1 (66.0%)
60	<b>STEJUK</b> Aleksandra	<b>215</b>	AMS TRIATHLON	K40	1	<b>00:12:23.60</b>	+00:04:09 (33.5%)	19:04	3.1 (66.0%)
61	<b>JANUSZEWSKA</b> Sylwia	<b>114</b>		K40	2	<b>00:12:24.60</b>	+00:04:10 (33.6%)	19:06	3.1 (66.0%)
62	<b>KRZYŻANOWSKI</b> Marek	<b>142</b>	TRIMAR	M50	3	<b>00:12:27.00</b>	+00:04:12 (33.8%)	19:09	3.1 (66.0%)
63	<b>NITKA</b> Dominika	<b>171</b>		K20	6	<b>00:12:29.20</b>	+00:04:14 (34.0%)	19:12	3.1 (66.0%)
64	<b>GACKOWSKI</b> Krzysztof	<b>97</b>		M40	8	<b>00:12:29.80</b>	+00:04:15 (34.0%)	19:13	3.1 (66.0%)
65	<b>SZAFKOWSKI</b> Jakub	<b>223</b>		M16	7	<b>00:12:36.05</b>	+00:04:21 (34.6%)	19:23	3.1 (66.0%)
66	<b>BUCZEK</b> Robert	<b>66</b>		M30	19	<b>00:12:36.55</b>	+00:04:21 (34.6%)	19:24	3.1 (66.0%)
67	<b>PODGÓRSKI</b> Grzegorz	<b>185</b>	MORAŃSKI KLUB PŁYWACKI NARIE 10,5	M40	9	<b>00:12:39.15</b>	+00:04:24 (34.8%)	19:29	3.1 (66.0%)
68	<b>GWIAZDOWSKI</b> Krzysztof	<b>105</b>		M40	10	<b>00:12:44.55</b>	+00:04:29 (35.3%)	19:36	3.1 (66.0%)
68	<b>STĘPNIAK</b> Krzysztof	<b>217</b>		M40	11	<b>00:12:44.55</b>	+00:04:29 (35.3%)	19:36	3.1 (66.0%)
70	<b>WÓJCIK</b> Monika	<b>255</b>	MW AQUA	K30	5	<b>00:12:44.95</b>	+00:04:30 (35.3%)	19:36	3.1 (66.0%)
71	<b>KUBIAK</b> Sławomir	<b>144</b>		M50	4	<b>00:12:46.45</b>	+00:04:31 (35.5%)	19:38	3.1 (66.0%)
72	<b>JUREK</b> Krzysztof	<b>116</b>		M50	5	<b>00:12:46.50</b>	+00:04:31 (35.5%)	19:38	3.1 (66.0%)
73	<b>KWIATOŃ</b> Michał	<b>149</b>		M20	14	<b>00:12:48.00</b>	+00:04:33 (35.6%)	19:41	3 (63.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas		Tempo min/km	Tempo km/h
						netto 0.65km	Różn		
74	<b>KRUSIK Aleksandra</b>	<b>141</b>		K20	7	<b>00:12:49.20</b>	+00:04:34 (35.7%)	19:43	3 (63.8%)
75	<b>WIECZOREK Maciek</b>	<b>244</b>	WILKI MORSKIE	M40	12	<b>00:12:51.35</b>	+00:04:36 (35.9%)	19:47	3 (63.8%)
76	<b>SŁOMSKI Marcin</b>	<b>208</b>		M30	20	<b>00:12:53.35</b>	+00:04:38 (36.0%)	19:50	3 (63.8%)
77	<b>KWIATKOWSKI Łukasz</b>	<b>536</b>		M30	21	<b>00:12:56.00</b>	+00:04:41 (36.3%)	19:53	3 (63.8%)
78	<b>DASZKIEWICZ Przemysław</b>	<b>79</b>	CF POLNA	M30	22	<b>00:13:00.05</b>	+00:04:45 (36.6%)	20:01	3 (63.8%)
79	<b>HILLER-SZALA Oskar</b>	<b>109</b>		M16	8	<b>00:13:01.30</b>	+00:04:46 (36.7%)	20:01	3 (63.8%)
80	<b>DRZEWIECKI Rafał</b>	<b>86</b>	RUN4FUN WWW.BYTPAK.PL	M40	13	<b>00:13:03.65</b>	+00:04:49 (36.9%)	20:06	3 (63.8%)
81	<b>SPRYSZYŃSKI Michał</b>	<b>213</b>	TRIRODZINKA.PL	M30	23	<b>00:13:04.35</b>	+00:04:49 (36.9%)	20:07	3 (63.8%)
82	<b>RYBCZYŃSKI Łukasz</b>	<b>196</b>		M20	15	<b>00:13:07.40</b>	+00:04:52 (37.2%)	20:10	3 (63.8%)
83	<b>BOROWSKI Radosław</b>	<b>63</b>	MLKS KRAJNA SĘPÓLNO	M30	24	<b>00:13:09.25</b>	+00:04:54 (37.3%)	20:15	3 (63.8%)
84	<b>WENDA Dawid</b>	<b>241</b>	SZKOŁA JAZDY TOMAS	M20	16	<b>00:13:11.45</b>	+00:04:56 (37.5%)	20:18	3 (63.8%)
85	<b>SUDOŁ Jacek</b>	<b>222</b>		M40	14	<b>00:13:12.25</b>	+00:04:57 (37.6%)	20:18	3 (63.8%)
86	<b>DOŁHUN Adam</b>	<b>82</b>	RUN PASJA BYDGOSZCZ	M30	25	<b>00:13:15.10</b>	+00:05:00 (37.8%)	20:24	2.9 (61.7%)
87	<b>GZYL Mikołaj</b>	<b>107</b>	JANUSZE TRIATHLONU 'EXODUS' TEAM	M30	26	<b>00:13:16.40</b>	+00:05:01 (37.9%)	20:24	2.9 (61.7%)
88	<b>KOTWICA Aleksandra</b>	<b>135</b>		K20	8	<b>00:13:17.10</b>	+00:05:02 (38.0%)	20:26	2.9 (61.7%)
89	<b>KUBALEWSKI Krzysztof</b>	<b>143</b>		M20	17	<b>00:13:17.15</b>	+00:05:02 (38.0%)	20:26	2.9 (61.7%)
90	<b>POPENDA Lech</b>	<b>186</b>	PLYWAM BO LUBIE	M60	1	<b>00:13:17.65</b>	+00:05:03 (38.0%)	20:27	2.9 (61.7%)
91	<b>NURKIEWICZ Jarosław</b>	<b>174</b>	KUNG FU PANDY 3	M40	15	<b>00:13:17.70</b>	+00:05:03 (38.0%)	20:26	2.9 (61.7%)
92	<b>DJOUAMA Anes</b>	<b>81</b>		M30	27	<b>00:13:18.25</b>	+00:05:03 (38.0%)	20:27	2.9 (61.7%)
93	<b>WROBEL Mikołaj</b>	<b>257</b>		M30	28	<b>00:13:18.50</b>	+00:05:03 (38.1%)	20:29	2.9 (61.7%)
94	<b>GODZIK Kamil</b>	<b>100</b>	DYNAMO SKARPA	M40	16	<b>00:13:21.15</b>	+00:05:06 (38.3%)	20:32	2.9 (61.7%)
95	<b>ŁUKASIEWICZ Krzysztof</b>	<b>155</b>	MAJA	M40	17	<b>00:13:22.75</b>	+00:05:08 (38.4%)	20:35	2.9 (61.7%)
96	<b>BUGALSKI Wojciech</b>	<b>67</b>	ARRK	M40	18	<b>00:13:23.05</b>	+00:05:08 (38.4%)	20:35	2.9 (61.7%)
97	<b>ROŚ Sławek</b>	<b>191</b>	SELEKCJA NATURALNA	M30	29	<b>00:13:26.05</b>	+00:05:11 (38.6%)	20:40	2.9 (61.7%)
98	<b>BINDEK Łukasz</b>	<b>59</b>		M30	30	<b>00:13:29.95</b>	+00:05:15 (38.9%)	20:46	2.9 (61.7%)
99	<b>GRYGOREWICZ Michał</b>	<b>103</b>		M30	31	<b>00:13:31.55</b>	+00:05:16 (39.1%)	20:49	2.9 (61.7%)
100	<b>KULEWICZ-SOBOCIŃSKA Natalia</b>	<b>147</b>		K20	9	<b>00:13:32.60</b>	+00:05:18 (39.1%)	20:50	2.9 (61.7%)
101	<b>DZIEL Michał</b>	<b>91</b>	POD PRĄD	M20	18	<b>00:13:35.90</b>	+00:05:21 (39.4%)	20:55	2.9 (61.7%)
102	<b>DULIŃSKA Dorota</b>	<b>87</b>	TRISPACE	K40	3	<b>00:13:36.95</b>	+00:05:22 (39.5%)	20:56	2.9 (61.7%)
103	<b>DULIŃSKI Jacek</b>	<b>88</b>		M40	19	<b>00:13:37.30</b>	+00:05:22 (39.5%)	20:56	2.9 (61.7%)
104	<b>RUTKOWSKI Tomasz</b>	<b>194</b>		M40	20	<b>00:13:37.95</b>	+00:05:23 (39.5%)	20:58	2.9 (61.7%)
105	<b>SZCZEPANEK Aleksandra</b>	<b>42</b>		K20	10	<b>00:13:38.25</b>	+00:05:23 (39.6%)	20:58	2.9 (61.7%)
106	<b>MACKOWSKI Andrzej</b>	<b>156</b>		M60	2	<b>00:13:39.55</b>	+00:05:24 (39.6%)	21:01	2.9 (61.7%)
107	<b>PACZKOWSKI Mirosław</b>	<b>178</b>	CB163	M40	21	<b>00:13:42.25</b>	+00:05:27 (39.8%)	21:04	2.8 (59.6%)
108	<b>GÓRECKI Łukasz</b>	<b>101</b>	BYDGOSKIE OKONIE	M30	32	<b>00:13:42.45</b>	+00:05:27 (39.9%)	21:06	2.8 (59.6%)
109	<b>KADEJ Adam</b>	<b>118</b>		M40	22	<b>00:13:42.75</b>	+00:05:28 (39.9%)	21:06	2.8 (59.6%)
110	<b>MICHALSKI Marcin</b>	<b>165</b>		M40	23	<b>00:13:43.00</b>	+00:05:28 (39.9%)	21:06	2.8 (59.6%)
111	<b>KOWALSKI Marek</b>	<b>138</b>	REKINY OSIELSKO	M40	24	<b>00:13:43.10</b>	+00:05:28 (39.9%)	21:06	2.8 (59.6%)
112	<b>KABLUKA Valeria</b>	<b>117</b>		K20	11	<b>00:13:45.20</b>	+00:05:30 (40.1%)	21:09	2.8 (59.6%)
113	<b>WĘGIELEWSKI Szymon</b>	<b>242</b>		M30	33	<b>00:13:49.25</b>	+00:05:34 (40.4%)	21:15	2.8 (59.6%)
114	<b>MORDAKA Maciej</b>	<b>168</b>		M30	34	<b>00:13:49.50</b>	+00:05:34 (40.4%)	21:15	2.8 (59.6%)
115	<b>DYBOWSKI Dominik</b>	<b>89</b>	PUA	M20	19	<b>00:13:50.15</b>	+00:05:35 (40.4%)	21:16	2.8 (59.6%)
116	<b>WNUK Roman</b>	<b>252</b>		M30	35	<b>00:13:56.10</b>	+00:05:41 (40.8%)	21:26	2.8 (59.6%)
117	<b>KANTORSKI Zbysław</b>	<b>122</b>	COCA-COLA RUNNERS	M50	6	<b>00:13:57.90</b>	+00:05:43 (41.0%)	21:29	2.8 (59.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto		Tempo min/km	Tempo km/h
						0.65km	Różn		
118	<b>CIESIELSKA Iwona</b>	<b>72</b>		K50	1	<b>00:13:58.20</b>	+00:05:43 (41.0%)	21:30	2.8 (59.6%)
119	<b>KAMIŃSKA Agnieszka</b>	<b>120</b>	SAN ESCOBAR TRIATHLON TEAM	K40	4	<b>00:13:58.45</b>	+00:05:43 (41.0%)	21:30	2.8 (59.6%)
120	<b>KARCZEWSKI Filip</b>	<b>123</b>		M30	36	<b>00:13:59.15</b>	+00:05:44 (41.1%)	21:30	2.8 (59.6%)
121	<b>RYMARKIEWICZ Małgorzata</b>	<b>197</b>	KLINIKA TRIATHLONU	K30	6	<b>00:14:00.05</b>	+00:05:45 (41.1%)	21:32	2.8 (59.6%)
122	<b>ŚWIATOWY Krystian</b>	<b>229</b>	ŚLIMAKI BARCIN	M30	37	<b>00:14:00.25</b>	+00:05:45 (41.1%)	21:33	2.8 (59.6%)
123	<b>WIŚNIEWSKI Piotr</b>	<b>249</b>		M30	38	<b>00:14:04.30</b>	+00:05:49 (41.4%)	21:38	2.8 (59.6%)
124	<b>CZARNECKI Sławomir</b>	<b>76</b>		M40	25	<b>00:14:05.25</b>	+00:05:50 (41.5%)	21:40	2.8 (59.6%)
125	<b>CZAPIEWSKI Krzysztof</b>	<b>75</b>		M30	39	<b>00:14:05.50</b>	+00:05:50 (41.5%)	21:40	2.8 (59.6%)
126	<b>GINTER Michał</b>	<b>99</b>		M30	40	<b>00:14:05.75</b>	+00:05:51 (41.5%)	21:41	2.8 (59.6%)
127	<b>JANKOWSKI Jarosław</b>	<b>37</b>		M50	7	<b>00:14:07.00</b>	+00:05:52 (41.6%)	21:43	2.8 (59.6%)
128	<b>WALCZAK Mariusz Marek</b>	<b>235</b>	PŁYWAM BO LUBIĘ	M50	8	<b>00:14:10.25</b>	+00:05:55 (41.8%)	21:47	2.8 (59.6%)
129	<b>ŁOŚ Dariusz</b>	<b>154</b>		M60	3	<b>00:14:12.40</b>	+00:05:57 (42.0%)	21:50	2.7 (57.4%)
130	<b>SOBIESZAK-SKURA Paulina</b>	<b>211</b>		K40	5	<b>00:14:13.85</b>	+00:05:59 (42.1%)	21:53	2.7 (57.4%)
131	<b>STOPPA Sławomir</b>	<b>218</b>		M30	41	<b>00:14:20.10</b>	+00:06:05 (42.5%)	22:03	2.7 (57.4%)
132	<b>GĘDEK Krzysztof</b>	<b>98</b>		M30	42	<b>00:14:21.55</b>	+00:06:06 (42.6%)	22:04	2.7 (57.4%)
133	<b>WEDEŁ Agnieszka</b>	<b>240</b>		K30	7	<b>00:14:22.10</b>	+00:06:07 (42.6%)	22:06	2.7 (57.4%)
134	<b>HUZARSKI Kamil</b>	<b>111</b>		M20	20	<b>00:14:22.15</b>	+00:06:07 (42.6%)	22:06	2.7 (57.4%)
135	<b>DZIEKAN Wojciech</b>	<b>90</b>	KABEL TEAM BYDGOSZCZ	M40	26	<b>00:14:22.25</b>	+00:06:07 (42.6%)	22:07	2.7 (57.4%)
136	<b>PAWEŁKIEWICZ Mateusz</b>	<b>180</b>		M20	21	<b>00:14:22.50</b>	+00:06:07 (42.7%)	22:07	2.7 (57.4%)
137	<b>RZYMSKI Wojciech</b>	<b>198</b>		M30	43	<b>00:14:26.60</b>	+00:06:12 (42.9%)	22:13	2.7 (57.4%)
138	<b>CYRANKOWSKI Paweł</b>	<b>282</b>		M16	9	<b>00:14:28.40</b>	+00:06:13 (43.0%)	22:15	2.7 (57.4%)
139	<b>SADKIEWICZ Jacek</b>	<b>14</b>		M50	9	<b>00:14:29.65</b>	+00:06:15 (43.1%)	22:18	2.7 (57.4%)
140	<b>TRIEBWASSER Mirosław</b>	<b>231</b>		M50	10	<b>00:14:29.80</b>	+00:06:15 (43.1%)	22:18	2.7 (57.4%)
141	<b>CICHULSKA-QUAAS Izabela</b>	<b>71</b>		K40	6	<b>00:14:31.15</b>	+00:06:16 (43.2%)	22:21	2.7 (57.4%)
142	<b>SKIBA Karol</b>	<b>205</b>		M30	44	<b>00:14:36.45</b>	+00:06:21 (43.6%)	22:29	2.7 (57.4%)
143	<b>ŚCIBAK Wojciech</b>	<b>228</b>	JFTC SU	M30	45	<b>00:14:40.20</b>	+00:06:25 (43.8%)	22:33	2.7 (57.4%)
144	<b>KLISZEWSKA Katarzyna</b>	<b>129</b>		K20	12	<b>00:14:45.60</b>	+00:06:31 (44.2%)	22:43	2.6 (55.3%)
145	<b>SENSKI Przemysław</b>	<b>202</b>		M30	46	<b>00:14:49.65</b>	+00:06:35 (44.4%)	22:49	2.6 (55.3%)
146	<b>NOWAK Adrian</b>	<b>172</b>		M30	47	<b>00:14:53.20</b>	+00:06:38 (44.6%)	22:53	2.6 (55.3%)
147	<b>BORUTA Gracja</b>	<b>64</b>		K20	13	<b>00:14:54.00</b>	+00:06:39 (44.7%)	22:55	2.6 (55.3%)
148	<b>KOWAL Sebastian</b>	<b>136</b>	HARPAGAN RZESZÓW	M30	48	<b>00:15:01.10</b>	+00:06:46 (45.1%)	23:06	2.6 (55.3%)
149	<b>KLISZEWSKI Damian</b>	<b>130</b>		M40	27	<b>00:15:06.20</b>	+00:06:51 (45.4%)	23:13	2.6 (55.3%)
150	<b>PALMA Mirosław</b>	<b>179</b>	PODGÓRZ TORUŃ	M60	4	<b>00:15:08.10</b>	+00:06:53 (45.5%)	23:18	2.6 (55.3%)
151	<b>BIELICKI Waldemar</b>	<b>57</b>		M30	49	<b>00:15:09.35</b>	+00:06:54 (45.6%)	23:18	2.6 (55.3%)
152	<b>BYRZYKOWSKI Wojciech</b>	<b>69</b>		M40	28	<b>00:15:15.95</b>	+00:07:01 (46.0%)	23:29	2.6 (55.3%)
153	<b>BOROWIECKI Maciej</b>	<b>62</b>		M50	11	<b>00:15:19.65</b>	+00:07:05 (46.2%)	23:35	2.5 (53.2%)
154	<b>WOŹNIAK Radek</b>	<b>254</b>	BOZITA POLSKA	M30	50	<b>00:15:22.05</b>	+00:07:07 (46.4%)	23:38	2.5 (53.2%)
155	<b>WRÓBEL Adrian</b>	<b>258</b>		M20	22	<b>00:15:28.80</b>	+00:07:14 (46.7%)	23:49	2.5 (53.2%)
156	<b>MAZANY Marek</b>	<b>162</b>		M50	12	<b>00:15:29.30</b>	+00:07:14 (46.8%)	23:49	2.5 (53.2%)
157	<b>SZYMAŃSKI Bartłomiej</b>	<b>227</b>		M20	23	<b>00:15:31.75</b>	+00:07:17 (46.9%)	23:53	2.5 (53.2%)
158	<b>WITUCKA-KRYGIER Malwina</b>	<b>251</b>	VOIP24SKLEP.PL SPORT	K30	8	<b>00:15:35.00</b>	+00:07:20 (47.1%)	23:58	2.5 (53.2%)
159	<b>KLINIEWSKI Piotr</b>	<b>128</b>	BRZOZA BIEGA	M50	13	<b>00:15:36.75</b>	+00:07:22 (47.2%)	24:00	2.5 (53.2%)
160	<b>JUNKA Małgorzata</b>	<b>115</b>		K40	7	<b>00:15:51.80</b>	+00:07:37 (48.0%)	24:24	2.5 (53.2%)
161	<b>BERES Marcin</b>	<b>56</b>	HARPAGAN RZESZÓW	M30	51	<b>00:15:58.85</b>	+00:07:44 (48.4%)	24:35	2.4 (51.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas		Tempo min/km	Tempo km/h
						netto	Różn		
162	<b>ARENT Piotr</b>	<b>53</b>		M20	24	<b>00:16:03.00</b>	+00:07:48 (48.6%)	24:41	2.4 (51.1%)
163	<b>SZATKIEWICZ Adam</b>	<b>224</b>		M60	5	<b>00:16:05.20</b>	+00:07:50 (48.8%)	24:44	2.4 (51.1%)
164	<b>KONWIŃSKI Daniel</b>	<b>133</b>	SELEKCJA NATURALNA	M30	52	<b>00:16:06.45</b>	+00:07:51 (48.8%)	24:47	2.4 (51.1%)
165	<b>RUCIŃSKI Rafał</b>	<b>193</b>	SELEKCJA NATURALNA	M30	53	<b>00:16:13.05</b>	+00:07:58 (49.2%)	24:56	2.4 (51.1%)
166	<b>LANGOWSKI Robert</b>	<b>150</b>	NOWOCZESNA BYDGOSZCZ	M40	29	<b>00:16:15.60</b>	+00:08:01 (49.3%)	25:01	2.4 (51.1%)
167	<b>PAWĘTA Marcin</b>	<b>181</b>		M30	54	<b>00:16:25.65</b>	+00:08:11 (49.8%)	25:16	2.4 (51.1%)
168	<b>PAŻĄTKA LIPIŃSKA Marlena</b>	<b>182</b>		K30	9	<b>00:16:26.50</b>	+00:08:11 (49.9%)	25:16	2.4 (51.1%)
169	<b>NALEWALSKA Justyna</b>	<b>169</b>	SERCE TYBETU/ WKURW_TEAM	K30	10	<b>00:16:27.15</b>	+00:08:12 (49.9%)	25:18	2.4 (51.1%)
170	<b>DOŁKOWSKI Grzegorz</b>	<b>83</b>		M60	6	<b>00:16:29.45</b>	+00:08:14 (50.0%)	25:21	2.4 (51.1%)
171	<b>SKOPOWSKI Krzysztof</b>	<b>206</b>		M40	30	<b>00:16:39.45</b>	+00:08:24 (50.5%)	25:38	2.3 (48.9%)
172	<b>MAĆKIEWICZ Mariusz</b>	<b>158</b>		M30	55	<b>00:16:46.05</b>	+00:08:31 (50.8%)	25:47	2.3 (48.9%)
173	<b>MOŁDOCH Filip</b>	<b>167</b>		M20	25	<b>00:17:10.70</b>	+00:08:56 (52.0%)	26:24	2.3 (48.9%)
174	<b>KLUGIEWICZ Dorota</b>	<b>131</b>		K40	8	<b>00:17:30.65</b>	+00:09:16 (52.9%)	26:56	2.2 (46.8%)
175	<b>DOMŻALSKI Kamil</b>	<b>84</b>		M30	56	<b>00:17:54.20</b>	+00:09:39 (54.0%)	27:32	2.2 (46.8%)
176	<b>BIERYT Arkadiusz</b>	<b>58</b>	POLI-FAX UL. BOCZNA 10	M50	14	<b>00:17:58.95</b>	+00:09:44 (54.2%)	27:40	2.2 (46.8%)
177	<b>KORDAS Jacek</b>	<b>134</b>		M30	57	<b>00:18:40.55</b>	+00:10:25 (55.9%)	28:44	2.1 (44.7%)
178	<b>MICHALSKI Łukasz</b>	<b>164</b>		M30	58	<b>00:18:40.80</b>	+00:10:26 (55.9%)	28:44	2.1 (44.7%)
179	<b>BURACZEWSKI Roman</b>	<b>68</b>		M50	15	<b>00:18:49.95</b>	+00:10:35 (56.2%)	28:58	2.1 (44.7%)
180	<b>BŁAŻEJEWSKA Agnieszka</b>	<b>535</b>		K30	11	<b>00:19:22.05</b>	+00:11:07 (57.4%)	29:47	2 (42.6%)
181	<b>SALA Maciej</b>	<b>199</b>	HARPAGAN RZESZÓW	M20	26	<b>00:19:40.95</b>	+00:11:26 (58.1%)	30:16	2 (42.6%)
182	<b>KAZUBOWSKA Małgorzata</b>	<b>125</b>		K50	2	<b>00:19:50.25</b>	+00:11:35 (58.4%)	30:30	2 (42.6%)
183	<b>KAYA Kaya</b>	<b>124</b>		K30	12	<b>00:20:23.05</b>	+00:12:08 (59.6%)	31:21	1.9 (40.4%)
184	<b>SMERLIŃSKI Robert</b>	<b>209</b>		M40	31	<b>00:21:02.90</b>	+00:12:48 (60.8%)	32:23	1.9 (40.4%)
185	<b>CZYŻEWSKI Piotr</b>	<b>77</b>	MELTICA TEAM	M30	59	<b>00:21:19.60</b>	+00:13:05 (61.3%)	32:49	1.8 (38.3%)
186	<b>NIEWIADOMSKA Anna</b>	<b>170</b>		K20	14	<b>00:21:52.80</b>	+00:13:38 (62.3%)	33:40	1.8 (38.3%)
187	<b>FRITZKOWSKA Joanna</b>	<b>96</b>	ICF BYDGOSZCZ	K40	9	<b>00:23:22.85</b>	+00:15:08 (64.7%)	35:58	1.7 (36.2%)
DNC	<b>KORZENIOWSKI Paweł</b>	<b>527</b>		M30		<b>00:07:18.65</b>		0:00	5.3 (112.8%)
DNC	<b>CIEŚLAK Marcin</b>	<b>528</b>		M20		<b>00:07:24.75</b>		0:00	5.3 (112.8%)
	<b>ROMAN Kinga</b>	<b>190</b>		K30		<b>DNF</b>		-	- (0.0%)
	<b>FRANKOWSKA Anna</b>	<b>608</b>		K30		<b>DNF</b>		-	- (0.0%)
	<b>ARENT Marzena</b>	<b>52</b>		K50		<b>DNF</b>		-	- (0.0%)
	<b>LEWANDOWSKI Rafał</b>	<b>609</b>		M40		<b>DNF</b>		-	- (0.0%)

Znaleziono 193 wynik(ów)