



WODA BYDGOSKA - 650M

B4SPORT

Wydarzenie: Woda Bydgoska 2019
Organizator: Aktywna Bydgoszcz
Data: 2019-08-15
Miejsce: Bydgoszcz
Dystans: 0.65 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 0.65km	Różn	Tempo min/km	Tempo km/h
1	WINIATOWSKI Patryk	248	MUKS 15 BYDGOSZCZ	M20	1	00:08:14.60		12:40	4.7 (100%)
2	DEMBSKI Patryk	80	TEAM PATROL	M20	2	00:08:14.75	+00:00:00 (0.0%)	12:40	4.7 (100%)
3	DOBRINDT Mikołaj	286	MUKS 15 BYDGOSZCZ	M16	1	00:08:20.45	+00:00:05 (1.2%)	12:49	4.7 (100%)
4	WIECIŃSKI Andrzej	243	MTKP DELFIN TORUŃ	M16	2	00:08:28.15	+00:00:13 (2.7%)	13:01	4.6 (97.9%)
5	HOLAK Marta	110	MUKS 15 BYDGOSZCZ	K16	1	00:08:39.85	+00:00:25 (4.9%)	13:20	4.5 (95.7%)
6	GUS Julia	104	MUKS '15' BYDGOSZCZ	K20	1	00:08:40.25	+00:00:25 (4.9%)	13:20	4.5 (95.7%)
7	WIECZOREK Miłosz	245	UAM TRIATHLON POZNAŃ	M16	3	00:08:42.85	+00:00:28 (5.4%)	13:24	4.5 (95.7%)
8	KRASICKI Artur	139	DELFIN INOWROCŁAW	M20	3	00:08:44.95	+00:00:30 (5.8%)	13:27	4.5 (95.7%)
9	SAWIEŁAJC Jakub	200	FUJI KRYSPORT TEAM	M20	4	00:08:56.50	+00:00:41 (7.8%)	13:46	4.4 (93.6%)
10	MARJAŃSKA Agata	160		K16	2	00:09:02.40	+00:00:47 (8.8%)	13:53	4.3 (91.5%)
11	TUROWIEC Adam	234	UAM TRIATHLON POZNAŃ / APPETITEFORSPORTS.COM	M40	1	00:09:28.50	+00:01:13 (13.0%)	14:33	4.1 (87.2%)
12	PERL Michał	183	UKS DELFIN LEGIONOWO	M20	5	00:09:33.30	+00:01:18 (13.7%)	14:43	4.1 (87.2%)
13	SĄCZYŃSKA Emilia	201	WARSAW MASTERS TEAM	K20	2	00:09:36.10	+00:01:21 (14.1%)	14:46	4.1 (87.2%)
14	DRELISZAK Błażej	85		M30	1	00:09:39.00	+00:01:24 (14.6%)	14:50	4 (85.1%)
15	ROZMIAREK Łukasz	192		M20	6	00:09:53.60	+00:01:39 (16.7%)	15:13	3.9 (83.0%)
16	BLUGE Angelika	61	KS POSNANIA	K20	3	00:10:01.30	+00:01:46 (17.7%)	15:26	3.9 (83.0%)
17	SZOT Mateusz	225	DEEMSPORT	M20	7	00:10:05.20	+00:01:50 (18.3%)	15:30	3.9 (83.0%)
18	BISTRON Alan	60	TEAM KARAŚ	M30	2	00:10:09.95	+00:01:55 (18.9%)	15:38	3.8 (80.9%)
19	WITKOWSKA Karolina	250	ZSE-A	K16	3	00:10:14.35	+00:01:59 (19.5%)	15:44	3.8 (80.9%)
20	NOWICKI Bartosz	173	AQUA+	M30	3	00:10:19.35	+00:02:04 (20.1%)	15:53	3.8 (80.9%)
21	POWALISZ Dariusz	187	TRISPACE	M40	2	00:10:20.45	+00:02:05 (20.3%)	15:53	3.8 (80.9%)
22	OLBIŃSKA Daria	175		K20	4	00:10:26.90	+00:02:12 (21.1%)	16:04	3.7 (78.7%)
23	PRUSSAK Remigiusz	189	WODNY ŚWIAT REMIGIUSZ PRUSSAK	M20	8	00:10:27.85	+00:02:13 (21.2%)	16:06	3.7 (78.7%)
24	GRACZYKOWSKI Maciej	102		M16	4	00:10:28.15	+00:02:13 (21.3%)	16:06	3.7 (78.7%)
25	STEMPOROWSKI Paweł	216	KLUB PŁYWACKI DELFIN INOWROCŁAW	M16	5	00:10:33.10	+00:02:18 (21.9%)	16:13	3.7 (78.7%)
26	JACKOWSKA Weronika	112		K16	4	00:10:34.30	+00:02:19 (22.0%)	16:16	3.7 (78.7%)
27	OLCZYK Justyna	176	-	K30	1	00:10:42.50	+00:02:27 (23.0%)	16:29	3.6 (76.6%)
28	SOKOŁOWSKI Tomasz	212	KLINIKA TRIATHLONU	M30	4	00:10:47.80	+00:02:33 (23.6%)	16:36	3.6 (76.6%)
29	MAGDZIARZ Jakub	159		M30	5	00:10:53.60	+00:02:39 (24.3%)	16:46	3.6 (76.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas		Tempo min/km	Tempo km/h
						netto	Różn		
30	RUTKOWSKI Radostaw	195	ICE'N'ROLL	M20	9	00:11:00.35	+00:02:45 (25.1%)	16:56	3.5 (74.5%)
31	CUPA Wojciech	531		M40	3	00:11:08.95	+00:02:54 (26.1%)	17:09	3.5 (74.5%)
32	TUCZYŃSKI Maciej	233		M30	6	00:11:13.40	+00:02:58 (26.6%)	17:15	3.5 (74.5%)
33	FALKOWSKI Wojciech	92	RUN BDG	M50	1	00:11:14.00	+00:02:59 (26.6%)	17:16	3.5 (74.5%)
34	STUKAN Łukasz	220		M30	7	00:11:14.30	+00:02:59 (26.6%)	17:16	3.5 (74.5%)
35	ZBORAŁA Dawid	259		M20	10	00:11:15.20	+00:03:00 (26.7%)	17:18	3.5 (74.5%)
36	WAŁĘZA Hubert	236	KANAŁOWA TRITEAM	M30	8	00:11:21.80	+00:03:07 (27.5%)	17:29	3.4 (72.3%)
37	CIURZYŃSKI Radostaw	73	TRITON KONIN	M30	9	00:11:23.70	+00:03:09 (27.7%)	17:30	3.4 (72.3%)
38	KOWALSKA Angelika	137	TRISPACE	K30	2	00:11:28.50	+00:03:13 (28.2%)	17:40	3.4 (72.3%)
39	LEWANDOWSKI Marcin	153		M30	10	00:11:38.20	+00:03:23 (29.2%)	17:55	3.3 (70.2%)
40	BAJGOT-SŁOMSKA Katarzyna	54		K30	3	00:11:45.50	+00:03:30 (29.9%)	18:06	3.3 (70.2%)
41	FIEGEL Wojciech	94	TRISPACE/TREK	M40	4	00:11:47.65	+00:03:33 (30.1%)	18:09	3.3 (70.2%)
42	PIC Dawid	184	ZAWSZE NA 100%	M20	11	00:11:47.95	+00:03:33 (30.1%)	18:09	3.3 (70.2%)
43	FRĄCKOWSKI Łukasz	95		M20	12	00:11:48.60	+00:03:34 (30.2%)	18:09	3.3 (70.2%)
44	WIECZOREK Łukasz	246	RUN4FUN WWW.BYTPAK.PL	M30	11	00:11:49.40	+00:03:34 (30.3%)	18:12	3.3 (70.2%)
45	CZYŻEWSKI Wojciech	78	BYDGOSZCZ	M40	5	00:11:49.75	+00:03:35 (30.3%)	18:10	3.3 (70.2%)
46	KONIECZNY Marek	132	WRC POLSKA	M40	6	00:11:51.70	+00:03:37 (30.5%)	18:13	3.3 (70.2%)
47	KANIA Szymon	121		M30	12	00:11:52.15	+00:03:37 (30.5%)	18:15	3.3 (70.2%)
48	TUBAJA Albert	232	KABEL TEAM BYDGOSZCZ	M40	7	00:11:53.00	+00:03:38 (30.6%)	18:16	3.3 (70.2%)
49	WÓJCIK Tomasz	256	MW AQUA	M30	13	00:11:57.00	+00:03:42 (31.0%)	18:23	3.3 (70.2%)
50	CZAPIEWSKA Tina	74		K20	5	00:12:04.10	+00:03:49 (31.7%)	18:33	3.2 (68.1%)
51	KAJAK Wojciech	119		M50	2	00:12:10.35	+00:03:55 (32.3%)	18:43	3.2 (68.1%)
52	WOJTCZAK Adam	253	CASTORAMA	M30	14	00:12:13.85	+00:03:59 (32.6%)	18:47	3.2 (68.1%)
53	LASKOWSKI Hubert	151	WODNY ŚWIAT	M16	6	00:12:15.35	+00:04:00 (32.7%)	18:50	3.2 (68.1%)
54	SZULIST Kazimierz	226	CTS	M30	15	00:12:21.65	+00:04:07 (33.3%)	19:00	3.2 (68.1%)
55	KLIMKOWSKI Mateusz	127	DECATHLON TRIATHLON TEAM	M20	13	00:12:22.00	+00:04:07 (33.3%)	19:01	3.2 (68.1%)
56	SKUBISZEWSKI Damian	207	SELEKCJA NATURALNA	M30	16	00:12:22.25	+00:04:07 (33.4%)	19:01	3.2 (68.1%)
57	FEDE-ZAJĄC Anita	93	DREAM TRI TEAM	K30	4	00:12:22.40	+00:04:07 (33.4%)	19:01	3.2 (68.1%)
58	KUROWSKI Kamil	148	3GRAVITY	M30	17	00:12:22.75	+00:04:08 (33.4%)	19:03	3.1 (66.0%)
59	JAGÓDKA Dariusz	113		M30	18	00:12:23.15	+00:04:08 (33.4%)	19:03	3.1 (66.0%)
60	STEJUK Aleksandra	215	AMS TRIATHLON	K40	1	00:12:23.60	+00:04:09 (33.5%)	19:04	3.1 (66.0%)
61	JANUSZEWSKA Sylwia	114		K40	2	00:12:24.60	+00:04:10 (33.6%)	19:06	3.1 (66.0%)
62	KRZYŻANOWSKI Marek	142	TRIMAR	M50	3	00:12:27.00	+00:04:12 (33.8%)	19:09	3.1 (66.0%)
63	NITKA Dominika	171		K20	6	00:12:29.20	+00:04:14 (34.0%)	19:12	3.1 (66.0%)
64	GACKOWSKI Krzysztof	97		M40	8	00:12:29.80	+00:04:15 (34.0%)	19:13	3.1 (66.0%)
65	SZAFKOWSKI Jakub	223		M16	7	00:12:36.05	+00:04:21 (34.6%)	19:23	3.1 (66.0%)
66	BUCZEK Robert	66		M30	19	00:12:36.55	+00:04:21 (34.6%)	19:24	3.1 (66.0%)
67	PODGÓRSKI Grzegorz	185	MORAŃSKI KLUB PŁYWACKI NARIE 10,5	M40	9	00:12:39.15	+00:04:24 (34.8%)	19:29	3.1 (66.0%)
68	GWIAZDOWSKI Krzysztof	105		M40	10	00:12:44.55	+00:04:29 (35.3%)	19:36	3.1 (66.0%)
68	STĘPNIAK Krzysztof	217		M40	11	00:12:44.55	+00:04:29 (35.3%)	19:36	3.1 (66.0%)
70	WÓJCIK Monika	255	MW AQUA	K30	5	00:12:44.95	+00:04:30 (35.3%)	19:36	3.1 (66.0%)
71	KUBIAK Sławomir	144		M50	4	00:12:46.45	+00:04:31 (35.5%)	19:38	3.1 (66.0%)
72	JUREK Krzysztof	116		M50	5	00:12:46.50	+00:04:31 (35.5%)	19:38	3.1 (66.0%)
73	KWIATOŃ Michał	149		M20	14	00:12:48.00	+00:04:33 (35.6%)	19:41	3 (63.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas		Tempo min/km	Tempo km/h
						netto 0.65km	Różn		
74	KRUSIK Aleksandra	141		M40	7	00:12:49.20	+00:04:34 (35.7%)	19:43	3 (63.8%)
75	WIECZOREK Maciek	244	WILKI MORSKIE	M40	12	00:12:51.35	+00:04:36 (35.9%)	19:47	3 (63.8%)
76	SŁOMSKI Marcin	208		M30	20	00:12:53.35	+00:04:38 (36.0%)	19:50	3 (63.8%)
77	KWIATKOWSKI Łukasz	536		M30	21	00:12:56.00	+00:04:41 (36.3%)	19:53	3 (63.8%)
78	DASZKIEWICZ Przemysław	79	CF POLNA	M30	22	00:13:00.05	+00:04:45 (36.6%)	20:01	3 (63.8%)
79	HILLER-SZALA Oskar	109		M16	8	00:13:01.30	+00:04:46 (36.7%)	20:01	3 (63.8%)
80	DRZEWIECKI Rafał	86	RUN4FUN WWW.BYTPAK.PL	M40	13	00:13:03.65	+00:04:49 (36.9%)	20:06	3 (63.8%)
81	SPRYSZYŃSKI Michał	213	TRIRODZINKA.PL	M30	23	00:13:04.35	+00:04:49 (36.9%)	20:07	3 (63.8%)
82	RYBCZYŃSKI Łukasz	196		M20	15	00:13:07.40	+00:04:52 (37.2%)	20:10	3 (63.8%)
83	BOROWSKI Radosław	63	MLKS KRAJNA SĘPÓLNO	M30	24	00:13:09.25	+00:04:54 (37.3%)	20:15	3 (63.8%)
84	WENDA Dawid	241	SZKOŁA JAZDY TOMAS	M20	16	00:13:11.45	+00:04:56 (37.5%)	20:18	3 (63.8%)
85	SUDOŁ Jacek	222		M40	14	00:13:12.25	+00:04:57 (37.6%)	20:18	3 (63.8%)
86	DOŁHUN Adam	82	RUN PASJA BYDGOSZCZ	M30	25	00:13:15.10	+00:05:00 (37.8%)	20:24	2.9 (61.7%)
87	GZYL Mikołaj	107	JANUSZE TRIATHLONU 'EXODUS' TEAM	M30	26	00:13:16.40	+00:05:01 (37.9%)	20:24	2.9 (61.7%)
88	KOTWICA Aleksandra	135		K20	8	00:13:17.10	+00:05:02 (38.0%)	20:26	2.9 (61.7%)
89	KUBALEWSKI Krzysztof	143		M20	17	00:13:17.15	+00:05:02 (38.0%)	20:26	2.9 (61.7%)
90	POPENDA Lech	186	PLYWAM BO LUBIE	M60	1	00:13:17.65	+00:05:03 (38.0%)	20:27	2.9 (61.7%)
91	NURKIEWICZ Jarosław	174	KUNG FU PANDY 3	M40	15	00:13:17.70	+00:05:03 (38.0%)	20:26	2.9 (61.7%)
92	DJOUAMA Anes	81		M30	27	00:13:18.25	+00:05:03 (38.0%)	20:27	2.9 (61.7%)
93	WROBEL Mikołaj	257		M30	28	00:13:18.50	+00:05:03 (38.1%)	20:29	2.9 (61.7%)
94	GODZIK Kamil	100	DYNAMO SKARPA	M40	16	00:13:21.15	+00:05:06 (38.3%)	20:32	2.9 (61.7%)
95	ŁUKASIEWICZ Krzysztof	155	MAJA	M40	17	00:13:22.75	+00:05:08 (38.4%)	20:35	2.9 (61.7%)
96	BUGALSKI Wojciech	67	ARRK	M40	18	00:13:23.05	+00:05:08 (38.4%)	20:35	2.9 (61.7%)
97	ROŚ Sławek	191	SELEKCJA NATURALNA	M30	29	00:13:26.05	+00:05:11 (38.6%)	20:40	2.9 (61.7%)
98	BINDEK Łukasz	59		M30	30	00:13:29.95	+00:05:15 (38.9%)	20:46	2.9 (61.7%)
99	GRYGOREWICZ Michał	103		M30	31	00:13:31.55	+00:05:16 (39.1%)	20:49	2.9 (61.7%)
100	KULEWICZ-SOBOCIŃSKA Natalia	147		K20	9	00:13:32.60	+00:05:18 (39.1%)	20:50	2.9 (61.7%)
101	DZIEL Michał	91	POD PRĄD	M20	18	00:13:35.90	+00:05:21 (39.4%)	20:55	2.9 (61.7%)
102	DULIŃSKA Dorota	87	TRISPACE	K40	3	00:13:36.95	+00:05:22 (39.5%)	20:56	2.9 (61.7%)
103	DULIŃSKI Jacek	88		M40	19	00:13:37.30	+00:05:22 (39.5%)	20:56	2.9 (61.7%)
104	RUTKOWSKI Tomasz	194		M40	20	00:13:37.95	+00:05:23 (39.5%)	20:58	2.9 (61.7%)
105	SZCZEPANEK Aleksandra	42		K20	10	00:13:38.25	+00:05:23 (39.6%)	20:58	2.9 (61.7%)
106	MACKOWSKI Andrzej	156		M60	2	00:13:39.55	+00:05:24 (39.6%)	21:01	2.9 (61.7%)
107	PACZKOWSKI Mirosław	178	CB163	M40	21	00:13:42.25	+00:05:27 (39.8%)	21:04	2.8 (59.6%)
108	GÓRECKI Łukasz	101	BYDGOSKIE OKONIE	M30	32	00:13:42.45	+00:05:27 (39.9%)	21:06	2.8 (59.6%)
109	KADEJ Adam	118		M40	22	00:13:42.75	+00:05:28 (39.9%)	21:06	2.8 (59.6%)
110	MICHALSKI Marcin	165		M40	23	00:13:43.00	+00:05:28 (39.9%)	21:06	2.8 (59.6%)
111	KOWALSKI Marek	138	REKINY OSIELSKO	M40	24	00:13:43.10	+00:05:28 (39.9%)	21:06	2.8 (59.6%)
112	KABLUKA Valeria	117		K20	11	00:13:45.20	+00:05:30 (40.1%)	21:09	2.8 (59.6%)
113	WĘGIELEWSKI Szymon	242		M30	33	00:13:49.25	+00:05:34 (40.4%)	21:15	2.8 (59.6%)
114	MORDAKA Maciej	168		M30	34	00:13:49.50	+00:05:34 (40.4%)	21:15	2.8 (59.6%)
115	DYBOWSKI Dominik	89	PUA	M20	19	00:13:50.15	+00:05:35 (40.4%)	21:16	2.8 (59.6%)
116	WNUK Roman	252		M30	35	00:13:56.10	+00:05:41 (40.8%)	21:26	2.8 (59.6%)
117	KANTORSKI Zbysław	122	COCA-COLA RUNNERS	M50	6	00:13:57.90	+00:05:43 (41.0%)	21:29	2.8 (59.6%)

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						netto	Różn		
118	CIESIELSKA Iwona	72		K50	1	00:13:58.20	+00:05:43 (41.0%)	21:30	2.8 (59.6%)
119	KAMIŃSKA Agnieszka	120	SAN ESCOBAR TRIATHLON TEAM	K40	4	00:13:58.45	+00:05:43 (41.0%)	21:30	2.8 (59.6%)
120	KARCZEWSKI Filip	123		M30	36	00:13:59.15	+00:05:44 (41.1%)	21:30	2.8 (59.6%)
121	RYMARKIEWICZ Małgorzata	197	KLINIKA TRIATHLONU	K30	6	00:14:00.05	+00:05:45 (41.1%)	21:32	2.8 (59.6%)
122	ŚWIATOWY Krystian	229	ŚLIMAKI BARCIN	M30	37	00:14:00.25	+00:05:45 (41.1%)	21:33	2.8 (59.6%)
123	WIŚNIEWSKI Piotr	249		M30	38	00:14:04.30	+00:05:49 (41.4%)	21:38	2.8 (59.6%)
124	CZARNECKI Sławomir	76		M40	25	00:14:05.25	+00:05:50 (41.5%)	21:40	2.8 (59.6%)
125	CZAPIEWSKI Krzysztof	75		M30	39	00:14:05.50	+00:05:50 (41.5%)	21:40	2.8 (59.6%)
126	GINTER Michał	99		M30	40	00:14:05.75	+00:05:51 (41.5%)	21:41	2.8 (59.6%)
127	JANKOWSKI Jarosław	37		M50	7	00:14:07.00	+00:05:52 (41.6%)	21:43	2.8 (59.6%)
128	WALCZAK Mariusz Marek	235	PŁYWAM BO LUBIĘ	M50	8	00:14:10.25	+00:05:55 (41.8%)	21:47	2.8 (59.6%)
129	ŁOŚ Dariusz	154		M60	3	00:14:12.40	+00:05:57 (42.0%)	21:50	2.7 (57.4%)
130	SOBIESZAK-SKURA Paulina	211		K40	5	00:14:13.85	+00:05:59 (42.1%)	21:53	2.7 (57.4%)
131	STOPPA Sławomir	218		M30	41	00:14:20.10	+00:06:05 (42.5%)	22:03	2.7 (57.4%)
132	GĘDEK Krzysztof	98		M30	42	00:14:21.55	+00:06:06 (42.6%)	22:04	2.7 (57.4%)
133	WEDEŁ Agnieszka	240		K30	7	00:14:22.10	+00:06:07 (42.6%)	22:06	2.7 (57.4%)
134	HUZARSKI Kamil	111		M20	20	00:14:22.15	+00:06:07 (42.6%)	22:06	2.7 (57.4%)
135	DZIEKAN Wojciech	90	KABEL TEAM BYDGOSZCZ	M40	26	00:14:22.25	+00:06:07 (42.6%)	22:07	2.7 (57.4%)
136	PAWEŁKIEWICZ Mateusz	180		M20	21	00:14:22.50	+00:06:07 (42.7%)	22:07	2.7 (57.4%)
137	RZYMSKI Wojciech	198		M30	43	00:14:26.60	+00:06:12 (42.9%)	22:13	2.7 (57.4%)
138	CYRANKOWSKI Paweł	282		M16	9	00:14:28.40	+00:06:13 (43.0%)	22:15	2.7 (57.4%)
139	SADKIEWICZ Jacek	14		M50	9	00:14:29.65	+00:06:15 (43.1%)	22:18	2.7 (57.4%)
140	TRIEBWASSER Mirosław	231		M50	10	00:14:29.80	+00:06:15 (43.1%)	22:18	2.7 (57.4%)
141	CICHULSKA-QUAAS Izabela	71		K40	6	00:14:31.15	+00:06:16 (43.2%)	22:21	2.7 (57.4%)
142	SKIBA Karol	205		M30	44	00:14:36.45	+00:06:21 (43.6%)	22:29	2.7 (57.4%)
143	ŚCIBAK Wojciech	228	JFTC SU	M30	45	00:14:40.20	+00:06:25 (43.8%)	22:33	2.7 (57.4%)
144	KLISZEWSKA Katarzyna	129		K20	12	00:14:45.60	+00:06:31 (44.2%)	22:43	2.6 (55.3%)
145	SENSKI Przemysław	202		M30	46	00:14:49.65	+00:06:35 (44.4%)	22:49	2.6 (55.3%)
146	NOWAK Adrian	172		M30	47	00:14:53.20	+00:06:38 (44.6%)	22:53	2.6 (55.3%)
147	BORUTA Gracja	64		K20	13	00:14:54.00	+00:06:39 (44.7%)	22:55	2.6 (55.3%)
148	KOWAL Sebastian	136	HARPAGAN RZESZÓW	M30	48	00:15:01.10	+00:06:46 (45.1%)	23:06	2.6 (55.3%)
149	KLISZEWSKI Damian	130		M40	27	00:15:06.20	+00:06:51 (45.4%)	23:13	2.6 (55.3%)
150	PALMA Mirosław	179	PODGÓRZ TORUŃ	M60	4	00:15:08.10	+00:06:53 (45.5%)	23:18	2.6 (55.3%)
151	BIELICKI Waldemar	57		M30	49	00:15:09.35	+00:06:54 (45.6%)	23:18	2.6 (55.3%)
152	BYRZYKOWSKI Wojciech	69		M40	28	00:15:15.95	+00:07:01 (46.0%)	23:29	2.6 (55.3%)
153	BOROWIECKI Maciej	62		M50	11	00:15:19.65	+00:07:05 (46.2%)	23:35	2.5 (53.2%)
154	WOŹNIAK Radek	254	BOZITA POLSKA	M30	50	00:15:22.05	+00:07:07 (46.4%)	23:38	2.5 (53.2%)
155	WRÓBEL Adrian	258		M20	22	00:15:28.80	+00:07:14 (46.7%)	23:49	2.5 (53.2%)
156	MAZANY Marek	162		M50	12	00:15:29.30	+00:07:14 (46.8%)	23:49	2.5 (53.2%)
157	SZYMAŃSKI Bartłomiej	227		M20	23	00:15:31.75	+00:07:17 (46.9%)	23:53	2.5 (53.2%)
158	WITUCKA-KRYGIER Malwina	251	VOIP24SKLEP.PL SPORT	K30	8	00:15:35.00	+00:07:20 (47.1%)	23:58	2.5 (53.2%)
159	KLINIEWSKI Piotr	128	BRZOZA BIEGA	M50	13	00:15:36.75	+00:07:22 (47.2%)	24:00	2.5 (53.2%)
160	JUNKA Małgorzata	115		K40	7	00:15:51.80	+00:07:37 (48.0%)	24:24	2.5 (53.2%)
161	BERES Marcin	56	HARPAGAN RZESZÓW	M30	51	00:15:58.85	+00:07:44 (48.4%)	24:35	2.4 (51.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas		Tempo min/km	Tempo km/h
						netto	Różn		
						0.65km			
162	ARENT Piotr	53		M20	24	00:16:03.00	+00:07:48 (48.6%)	24:41	2.4 (51.1%)
163	SZATKIEWICZ Adam	224		M60	5	00:16:05.20	+00:07:50 (48.8%)	24:44	2.4 (51.1%)
164	KONWIŃSKI Daniel	133	SELEKCJA NATURALNA	M30	52	00:16:06.45	+00:07:51 (48.8%)	24:47	2.4 (51.1%)
165	RUCIŃSKI Rafał	193	SELEKCJA NATURALNA	M30	53	00:16:13.05	+00:07:58 (49.2%)	24:56	2.4 (51.1%)
166	LANGOWSKI Robert	150	NOWOCZESNA BYDGOSZCZ	M40	29	00:16:15.60	+00:08:01 (49.3%)	25:01	2.4 (51.1%)
167	PAWĘTA Marcin	181		M30	54	00:16:25.65	+00:08:11 (49.8%)	25:16	2.4 (51.1%)
168	PAŻĄTKA LIPIŃSKA Marlena	182		K30	9	00:16:26.50	+00:08:11 (49.9%)	25:16	2.4 (51.1%)
169	NALEWALSKA Justyna	169	SERCE TYBETU/ WKURW_TEAM	K30	10	00:16:27.15	+00:08:12 (49.9%)	25:18	2.4 (51.1%)
170	DOŁKOWSKI Grzegorz	83		M60	6	00:16:29.45	+00:08:14 (50.0%)	25:21	2.4 (51.1%)
171	SKOPOWSKI Krzysztof	206		M40	30	00:16:39.45	+00:08:24 (50.5%)	25:38	2.3 (48.9%)
172	MAĆKIEWICZ Mariusz	158		M30	55	00:16:46.05	+00:08:31 (50.8%)	25:47	2.3 (48.9%)
173	MOŁDOCH Filip	167		M20	25	00:17:10.70	+00:08:56 (52.0%)	26:24	2.3 (48.9%)
174	KLUGIEWICZ Dorota	131		K40	8	00:17:30.65	+00:09:16 (52.9%)	26:56	2.2 (46.8%)
175	DOMŻALSKI Kamil	84		M30	56	00:17:54.20	+00:09:39 (54.0%)	27:32	2.2 (46.8%)
176	BIERYT Arkadiusz	58	POLI-FAX UL. BOCZNA 10	M50	14	00:17:58.95	+00:09:44 (54.2%)	27:40	2.2 (46.8%)
177	KORDAS Jacek	134		M30	57	00:18:40.55	+00:10:25 (55.9%)	28:44	2.1 (44.7%)
178	MICHALSKI Łukasz	164		M30	58	00:18:40.80	+00:10:26 (55.9%)	28:44	2.1 (44.7%)
179	BURACZEWSKI Roman	68		M50	15	00:18:49.95	+00:10:35 (56.2%)	28:58	2.1 (44.7%)
180	BŁAŻEJEWSKA Agnieszka	535		K30	11	00:19:22.05	+00:11:07 (57.4%)	29:47	2 (42.6%)
181	SALA Maciej	199	HARPAGAN RZESZÓW	M20	26	00:19:40.95	+00:11:26 (58.1%)	30:16	2 (42.6%)
182	KAZUBOWSKA Małgorzata	125		K50	2	00:19:50.25	+00:11:35 (58.4%)	30:30	2 (42.6%)
183	KAYA Kaya	124		K30	12	00:20:23.05	+00:12:08 (59.6%)	31:21	1.9 (40.4%)
184	SMERLIŃSKI Robert	209		M40	31	00:21:02.90	+00:12:48 (60.8%)	32:23	1.9 (40.4%)
185	CZYŻEWSKI Piotr	77	MELTICA TEAM	M30	59	00:21:19.60	+00:13:05 (61.3%)	32:49	1.8 (38.3%)
186	NIEWIADOMSKA Anna	170		K20	14	00:21:52.80	+00:13:38 (62.3%)	33:40	1.8 (38.3%)
187	FRITZKOWSKA Joanna	96	ICF BYDGOSZCZ	K40	9	00:23:22.85	+00:15:08 (64.7%)	35:58	1.7 (36.2%)
DNC	KORZENIOWSKI Paweł	527		M30		00:07:18.65		0:00	5.3 (112.8%)
DNC	CIEŚLAK Marcin	528		M20		00:07:24.75		0:00	5.3 (112.8%)
	ROMAN Kinga	190		K30		DNF		-	- (0.0%)
	FRANKOWSKA Anna	608		K30		DNF		-	- (0.0%)
	ARENT Marzena	52		K50		DNF		-	- (0.0%)
	LEWANDOWSKI Rafał	609		M40		DNF		-	- (0.0%)

Znaleziono 193 wynik(ów)