

WOLIN NA START - NORDIC WALKING - 5KM

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Wydarzenie: WOLIN NA START
Organizator: Gminne Centrum Kultury, Sportu, Turystyki i Rekreacji
Data: 2021-08-29
Miejsce: Wolin
Dystans: 5 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	DOĘGOWSKI Marek	13	BKS MANIAK WOLIN			00:00:04	00:33:00.84	00:33:05.19		6:36	9.1 (100%)
2	MASŁYK Małgorzata	52				00:00:04	00:34:40.23	00:34:45.12	+00:01:39 (4.8%)	6:56	8.7 (95.6%)
3	KUBIK Krystian	40	RUNGRYF GRYFICE			00:00:04	00:38:05.22	00:38:10.22	+00:05:04 (13.3%)	7:37	7.9 (86.8%)
4	DAJLID Martyna	11				00:00:03	00:38:10.79	00:38:13.79	+00:05:09 (13.5%)	7:38	7.9 (86.8%)
5	MISIEWICZ Bożena	57				00:00:04	00:38:12.28	00:38:16.69	+00:05:11 (13.6%)	7:38	7.9 (86.8%)
6	STEFANICKI Marek	77	WŁÓCZYKIJE ŚWINOUJŚCIE			00:00:05	00:38:20.43	00:38:25.59	+00:05:19 (13.9%)	7:40	7.8 (85.7%)
7	LEDZION Robert	48				00:00:05	00:40:14.92	00:40:20.72	+00:07:14 (18.0%)	8:02	7.5 (82.4%)
8	MARTYNA Ewa	51				00:00:05	00:40:38.66	00:40:44.20	+00:07:37 (18.8%)	8:07	7.4 (81.3%)
9	NAGÓRSKI Zenon	61	SOŁECTWO KOŁCZEWO			00:00:04	00:41:23.61	00:41:28.44	+00:08:22 (20.2%)	8:16	7.2 (79.1%)
10	BARYŁA Dorota	3				00:00:03	00:42:31.11	00:42:34.11	+00:09:30 (22.4%)	8:30	7.1 (78.0%)
11	TARNOWSKI Dariusz	87				00:00:07	00:42:54.18	00:43:01.96	+00:09:53 (23.0%)	8:34	7 (76.9%)
12	DZIEMIDOWICZ Arkadiusz	15	WEGAS			00:00:03	00:42:55.95	00:42:58.95	+00:09:55 (23.1%)	8:35	7 (76.9%)
13	DZIEMIDOWICZ Jadwiga	14	WEGAS			00:00:04	00:42:55.99	00:43:00.97	+00:09:55 (23.1%)	8:35	7 (76.9%)
14	JAROSZ-SZYDŁOWSKA Agnieszka	28	POBIEROWO BIEGA			00:00:05	00:43:20.46	00:43:25.54	+00:10:19 (23.8%)	8:40	6.9 (75.8%)
15	BIELASIEWSKA Arleta	100	POBIEROWO BIEGA			00:00:07	00:43:34.35	00:43:41.71	+00:10:33 (24.2%)	8:42	6.9 (75.8%)
16	CZYŻAK Anetta	10				00:00:06	00:43:39.97	00:43:46.32	+00:10:39 (24.4%)	8:43	6.9 (75.8%)
17	CETERA Janusz	6				00:00:05	00:43:53.51	00:43:58.75	+00:10:52 (24.8%)	8:46	6.8 (74.7%)
18	LINHARD Bożena	49				00:00:06	00:43:57.88	00:44:04.60	+00:10:57 (24.9%)	8:47	6.8 (74.7%)
19	PAKOS Agnieszka	66				00:00:03	00:44:41.86	00:44:44.86	+00:11:41 (26.1%)	8:56	6.7 (73.6%)
20	CIELUCH Bogusława	7				00:00:05	00:45:25.67	00:45:31.50	+00:12:24 (27.3%)	9:05	6.6 (72.5%)
21	CIEŚLIK Ewa	9				00:00:03	00:45:33.50	00:45:36.50	+00:12:32 (27.5%)	9:06	6.6 (72.5%)
22	MIKLAS Aleksandra	54				00:00:03	00:45:53.37	00:45:56.37	+00:12:52 (28.1%)	9:10	6.5 (71.4%)
23	SAJEWICZ Ariadna	72				00:00:02	00:46:02.60	00:46:04.60	+00:13:01 (28.3%)	9:12	6.5 (71.4%)
24	KUBISIAK Marta	41				00:00:08	00:46:27.38	00:46:35.49	+00:13:26 (28.9%)	9:17	6.5 (71.4%)
25	JAMROŻEK Julita	81				00:00:03	00:46:32.35	00:46:35.35	+00:13:31 (29.1%)	9:18	6.4 (70.3%)
26	MISZTAL Krystyna	58	WOLIN			00:00:03	00:46:35.15	00:46:38.15	+00:13:34 (29.1%)	9:19	6.4 (70.3%)

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27	TARNOWSKA Maria	86				00:00:05	00:46:37.61	00:46:43.26	+00:13:36 (29.2%)	9:19	6.4 (70.3%)
28	JUDKIEWICZ Halina	30				00:00:07	00:46:42.99	00:46:50.49	+00:13:42 (29.3%)	9:20	6.4 (70.3%)
29	JABŁOŃSKI Romald	99				00:00:02	00:47:21.32	00:47:23.32	+00:14:20 (30.3%)	9:28	6.3 (69.2%)
30	JAROSZEWICZ Anna	26	WOLIN			00:00:03	00:47:41.18	00:47:44.18	+00:14:40 (30.8%)	9:32	6.3 (69.2%)
31	ZELEK Grażyna	95				00:00:06	00:49:54.02	00:50:00.40	+00:16:53 (33.8%)	9:58	6 (65.9%)
32	ZUŻEWICZ Małgorata	98				00:00:06	00:49:54.33	00:50:00.57	+00:16:53 (33.8%)	9:58	6 (65.9%)
33	JANECKA Renata	25	WOLIN			00:00:03	00:50:18.58	00:50:21.58	+00:17:17 (34.4%)	10:03	6 (65.9%)
34	MISZTAL Jan	59	WOLIN			00:00:03	00:51:49.97	00:51:52.97	+00:18:49 (36.3%)	10:21	5.8 (63.7%)
35	SAJEWICZ Magdalena	71				00:00:03	00:51:55.77	00:51:58.77	+00:18:54 (36.4%)	10:23	5.8 (63.7%)
36	SAJEWICZ Piotr	73				00:00:11	00:52:58.14	00:53:09.46	+00:19:57 (37.7%)	10:35	5.7 (62.6%)
37	MIERZICKA Dorota	53				00:00:08	00:53:19.87	00:53:28.00	+00:20:19 (38.1%)	10:39	5.6 (61.5%)
38	LEDZION Dagmara	47				00:00:08	00:53:20.53	00:53:28.59	+00:20:19 (38.1%)	10:40	5.6 (61.5%)
39	SAJEWICZ Bożena	70				00:00:09	00:54:38.77	00:54:48.15	+00:21:37 (39.6%)	10:55	5.5 (60.4%)
40	JAROSZEWICZ Tomasz	27	WOLIN			00:00:03	00:54:43.40	00:54:46.40	+00:21:42 (39.7%)	10:56	5.5 (60.4%)

Znaleziono 40 wynik(ów)