



# WROCLAW - FINAŁ AKADEMII ZDROWIA SANTANDERA - BIEG - 10 KM

B4SPORT

**Wydarzenie:** FINAŁ AKADEMII ZDROWIA SANTANDERA  
**Organizator:** PFNW  
**Data:** 2017-09-23  
**Miejsce:** Wrocław  
**Dystans:** 10 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Start_All 2.5km	Start_All 5km	Start_All 7.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	<b>SOBCZYK Tomasz</b>	<b>602</b>	TEAM LUKS ŻÓRAWINA - WROCLAW	M40-49	1	00:00:03	00:08:52	00:17:56	00:27:05	<b>00:36:01.30</b>	<b>00:36:04.55</b>		3:36	16.7 (100%)
2	<b>BORZYŃSKI Mateusz</b>	<b>499</b>		M30-39	1	00:00:04	00:09:26	00:18:39	00:28:03	<b>00:37:18.90</b>	<b>00:37:23.30</b>	+00:01:17 (3.5%)	3:43	16.1 (96.4%)
3	<b>GIDEL Witold</b>	<b>628</b>	FOTOTRIO.PL	M50-59	1	00:00:04	00:09:31	00:19:14	00:29:06	<b>00:38:51.85</b>	<b>00:38:56.55</b>	+00:02:50 (7.3%)	3:53	15.4 (92.2%)
4	<b>CZERSKI Marian</b>	<b>403</b>		M60-69	1	00:00:05	00:09:39	00:19:27	00:29:14	<b>00:39:00.40</b>	<b>00:39:06.00</b>	+00:02:59 (7.7%)	3:54	15.4 (92.2%)
5	<b>GRONDYS Paweł</b>	<b>629</b>		M30-39	2	00:00:03	00:09:37	00:19:30	00:29:23	<b>00:39:08.95</b>	<b>00:39:12.40</b>	+00:03:07 (8.0%)	3:54	15.3 (91.6%)
6	<b>RZECZKOWSKI Dariusz</b>	<b>667</b>	#SOBASTEAM/PRO RUN WROCLAW	M40-49	2	00:00:03	00:09:40	00:19:31	00:29:23	<b>00:39:15.15</b>	<b>00:39:18.90</b>	+00:03:13 (8.2%)	3:55	15.3 (91.6%)
7	<b>CHODOR Mariusz</b>	<b>405</b>	ŚLĘZAK TEAM	M30-39	3	00:00:04	00:09:39	00:19:28	00:29:34	<b>00:39:43.45</b>	<b>00:39:48.25</b>	+00:03:42 (9.3%)	3:58	15.1 (90.4%)
8	<b>MARTOWSKI Maciej</b>	<b>654</b>	EUROPA UBEZPIECZENIA	M40-49	3	00:00:04	00:09:38	00:19:45	00:30:03	<b>00:40:03.35</b>	<b>00:40:07.60</b>	+00:04:02 (10.1%)	4:00	15 (89.8%)
9	<b>HUTYRA Marcin</b>	<b>434</b>		M30-39	4	00:00:05	00:09:47	00:20:03	00:30:30	<b>00:40:44.65</b>	<b>00:40:49.80</b>	+00:04:43 (11.6%)	4:04	14.7 (88.0%)
10	<b>MADZIAŁA Oskar</b>	<b>650</b>		M18-29	1	00:00:05	00:09:56	00:20:12	00:30:49	<b>00:40:44.95</b>	<b>00:40:50.85</b>	+00:04:43 (11.6%)	4:04	14.7 (88.0%)
11	<b>SZPAK Marek</b>	<b>675</b>	OIRP WROCLAW	M18-29	2	00:00:05	00:09:36	00:19:51	00:31:00	<b>00:41:28.10</b>	<b>00:41:33.60</b>	+00:05:26 (13.1%)	4:08	14.5 (86.8%)
12	<b>PODWÓRNY Jan</b>	<b>664</b>	21K.PL / TRENUJZNAMI.PL	M40-49	4	00:00:05	00:09:49	00:20:05	00:30:51	<b>00:41:44.35</b>	<b>00:41:49.35</b>	+00:05:43 (13.7%)	4:10	14.4 (86.2%)
13	<b>ŁOZIŃSKI Wojciech</b>	<b>648</b>	ULTRA SPEED KWEZAL	M30-39	5	00:00:03	00:09:56	00:20:31	00:31:11	<b>00:41:49.75</b>	<b>00:41:53.65</b>	+00:05:48 (13.9%)	4:11	14.3 (85.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Start_All 2.5km	Start_All 5km	Start_All 7.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
14	<b>KALICIŃSKA Monika</b>	<b>427</b>		K18-29	1	00:00:05	00:09:55	00:20:15	00:31:02	<b>00:42:06.00</b>	<b>00:42:11.05</b>	+00:06:04 (14.4%)	4:12	14.3 (85.6%)
15	<b>SOŁTYS Jacek</b>	<b>671</b>		M50-59	2	00:00:05	00:10:09	00:20:47	00:31:39	<b>00:42:17.95</b>	<b>00:42:23.60</b>	+00:06:16 (14.8%)	4:13	14.2 (85.0%)
16	<b>CZECHOWSKI Paweł</b>	<b>620</b>		M30-39	6	00:00:05	00:10:12	00:20:51	00:31:42	<b>00:42:23.45</b>	<b>00:42:28.95</b>	+00:06:22 (15.0%)	4:14	14.2 (85.0%)
17	<b>KĘDZIERSKI Jakub</b>	<b>638</b>		M18-29	3	00:00:06	00:10:10	00:21:00	00:31:56	<b>00:42:31.45</b>	<b>00:42:37.55</b>	+00:06:30 (15.3%)	4:15	14.1 (84.4%)
18	<b>RESPONDEK Dariusz</b>	<b>666</b>		M40-49	5	00:00:07	00:10:47	00:21:39	00:32:22	<b>00:42:43.30</b>	<b>00:42:51.05</b>	+00:06:42 (15.7%)	4:16	14 (83.8%)
19	<b>ZBYRYT Marek</b>	<b>688</b>	UKS LUDWIKOWICE	M50-59	3	00:00:04	00:10:18	00:21:02	00:32:01	<b>00:42:55.65</b>	<b>00:42:59.80</b>	+00:06:54 (16.1%)	4:17	14 (83.8%)
20	<b>GRZEGORCZYK Wojciech</b>	<b>630</b>		M30-39	7	00:00:05	00:10:17	00:21:15	00:32:14	<b>00:42:58.35</b>	<b>00:43:03.85</b>	+00:06:57 (16.2%)	4:17	14 (83.8%)
21	<b>BAŁKA Jacek</b>	<b>606</b>	FOREST GUMP REVENGE	M30-39	8	00:00:06	00:10:33	00:21:20	00:32:18	<b>00:43:00.10</b>	<b>00:43:06.30</b>	+00:06:58 (16.2%)	4:18	14 (83.8%)
22	<b>DĄBROWSKI Mariusz</b>	<b>622</b>		M40-49	6	00:00:03	00:10:28	00:21:40	00:32:50	<b>00:43:45.20</b>	<b>00:43:49.15</b>	+00:07:43 (17.7%)	4:22	13.7 (82.0%)
23	<b>CHROSTOWSKI. Adam</b>	<b>617</b>		M18-29	4	00:00:06	00:10:18	00:21:28	00:33:01	<b>00:43:53.50</b>	<b>00:43:59.70</b>	+00:07:52 (17.9%)	4:23	13.7 (82.0%)
24	<b>JABŁOŃSKI Sebastian</b>	<b>632</b>	POSITIV VIBRATION	M30-39	9	00:00:04	00:10:56	00:22:09	00:33:08	<b>00:43:53.70</b>	<b>00:43:57.75</b>	+00:07:52 (17.9%)	4:23	13.7 (82.0%)
25	<b>ADAMSKA Joanna</b>	<b>601</b>	MOS WROCŁAW	K18-29	2	00:00:04	00:10:29	00:21:36	00:32:55	<b>00:44:19.75</b>	<b>00:44:24.60</b>	+00:08:18 (18.7%)	4:26	13.5 (80.8%)
26	<b>WIACEK Marek</b>	<b>681</b>	TEAM LUKS ŻÓRAWINA - WROCŁAW	M50-59	4	00:00:05	00:10:22	00:21:39	00:33:05	<b>00:44:37.25</b>	<b>00:44:42.70</b>	+00:08:35 (19.3%)	4:27	13.4 (80.2%)
27	<b>BAŃKA Piotr</b>	<b>608</b>		M18-29	5	00:00:06	00:10:27	00:21:39	00:33:34	<b>00:45:00.50</b>	<b>00:45:06.55</b>	+00:08:59 (20.0%)	4:30	13.3 (79.6%)
28	<b>NIEZGÓDKA Przemysław</b>	<b>660</b>	NIGHT RUNNERS WROCŁAW	M30-39	10	00:00:09	00:10:32	00:22:05	00:33:48	<b>00:45:08.70</b>	<b>00:45:17.75</b>	+00:09:07 (20.2%)	4:30	13.3 (79.6%)
29	<b>BRODA Dominik</b>	<b>611</b>	POSITIV VIBRATION	M30-39	11	00:00:05	00:11:15	00:22:44	00:34:12	<b>00:45:21.70</b>	<b>00:45:27.30</b>	+00:09:20 (20.6%)	4:32	13.2 (79.0%)
30	<b>SYNOWIEC Adam</b>	<b>673</b>	KB SUKCES ŻMIGRÓD	M40-49	7	00:00:11	00:11:01	00:22:21	00:34:03	<b>00:45:24.60</b>	<b>00:45:36.00</b>	+00:09:23 (20.7%)	4:32	13.2 (79.0%)
31	<b>BAGIŃSKI Łukasz</b>	<b>605</b>	GRUPA BIEGOWA ANZELM	M30-39	12	00:00:08	00:10:45	00:22:15	00:33:53	<b>00:45:26.00</b>	<b>00:45:34.35</b>	+00:09:24 (20.7%)	4:32	13.2 (79.0%)
32	<b>KURAL Łukasz</b>	<b>644</b>	POLMERUN	M18-29	6	00:00:05	00:10:55	00:22:28	00:34:12	<b>00:45:32.10</b>	<b>00:45:37.25</b>	+00:09:30 (20.9%)	4:33	13.2 (79.0%)
33	<b>WALUŚKIEWICZ Artur</b>	<b>679</b>		M50-59	5	00:00:14	00:10:47	00:22:33	00:34:21	<b>00:46:09.65</b>	<b>00:46:23.80</b>	+00:10:08 (22.0%)	4:36	13 (77.8%)
34	<b>LECHOWSKI Jan</b>	<b>645</b>	VOLVO POLSKA	M50-59	6	00:00:06	00:11:13	00:22:50	00:34:36	<b>00:46:33.45</b>	<b>00:46:39.85</b>	+00:10:32 (22.6%)	4:39	12.9 (77.2%)
35	<b>ADAMSKI Rafał</b>	<b>603</b>		M40-49	8	00:00:06	00:11:26	00:23:20	00:35:13	<b>00:47:08.20</b>	<b>00:47:15.15</b>	+00:11:06 (23.6%)	4:42	12.7 (76.0%)
36	<b>GAZDULSKI Krzysztof</b>	<b>626</b>		M40-49	9	00:00:08	00:11:26	00:23:42	00:36:04	<b>00:47:29.55</b>	<b>00:47:37.70</b>	+00:11:28 (24.2%)	4:44	12.6 (75.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Start_All 2.5km	Start_All 5km	Start_All 7.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
37	<b>PASTUSZEŃKO Ewa</b>	<b>661</b>		K40-49	1	00:00:09	00:11:50	00:23:40	00:35:38	<b>00:47:30.10</b>	<b>00:47:39.15</b>	+00:11:28 (24.2%)	4:45	12.6 (75.4%)
38	<b>WOROCH Roman</b>	<b>687</b>	KS METRACO POLKOWICE	M50-59	7	00:00:07	00:11:33	00:23:28	00:35:30	<b>00:47:40.05</b>	<b>00:47:47.50</b>	+00:11:38 (24.4%)	4:46	12.6 (75.4%)
39	<b>CHOMA Katarzyna</b>	<b>614</b>	ZORKA JELONKI RUNNING TEAM	K30-39	1	00:00:05	00:11:25	00:23:20	00:35:35	<b>00:47:44.00</b>	<b>00:47:49.00</b>	+00:11:42 (24.5%)	4:46	12.6 (75.4%)
40	<b>BLAZIK Aneta</b>	<b>692</b>	WKB PIAST WROCLAW	K30-39	2	00:00:06	00:11:47	00:23:49	00:35:50	<b>00:47:55.40</b>	<b>00:48:02.30</b>	+00:11:54 (24.8%)	4:47	12.5 (74.9%)
41	<b>JĘDRZEJEWSKI Zbigniew</b>	<b>433</b>		M50-59	8	00:00:07	00:11:43	00:23:39	00:35:56	<b>00:47:59.40</b>	<b>00:48:06.70</b>	+00:11:58 (24.9%)	4:47	12.5 (74.9%)
42	<b>FABJAŃSKI Augustyn</b>	<b>498</b>		M60-69	2	00:00:08	00:11:42	00:23:48	00:36:10	<b>00:48:02.95</b>	<b>00:48:11.05</b>	+00:12:01 (25.0%)	4:48	12.5 (74.9%)
43	<b>WARWAS Artur</b>	<b>680</b>	WKB PIAST WROCLAW	M50-59	9	00:00:06	00:11:28	00:23:27	00:35:44	<b>00:48:05.15</b>	<b>00:48:12.00</b>	+00:12:03 (25.1%)	4:48	12.5 (74.9%)
44	<b>ŁOPUSIEWICZ Janusz</b>	<b>432</b>		M30-39	13	00:00:10	00:12:42	00:24:58	00:36:53	<b>00:48:10.65</b>	<b>00:48:20.85</b>	+00:12:09 (25.2%)	4:49	12.5 (74.9%)
45	<b>DRELICHOWSKI Daniel</b>	<b>624</b>	MEBLE ITP	M40-49	10	00:00:06	00:11:47	00:24:01	00:36:20	<b>00:48:41.25</b>	<b>00:48:47.65</b>	+00:12:39 (26.0%)	4:52	12.3 (73.7%)
46	<b>CYTAWA Arkadiusz</b>	<b>435</b>		M40-49	11	00:00:07	00:11:11	00:23:15	00:35:53	<b>00:48:55.30</b>	<b>00:49:02.75</b>	+00:12:54 (26.4%)	4:53	12.3 (73.7%)
47	<b>SOKOŁOWSKI Krzysztof</b>	<b>670</b>	KLUB BIEGACZA SANTANDERA	M40-49	12	00:00:12	00:12:04	00:24:43	00:37:13	<b>00:49:25.20</b>	<b>00:49:37.20</b>	+00:13:23 (27.1%)	4:56	12.1 (72.5%)
48	<b>PIERZCHAŁA Monika</b>	<b>663</b>		K40-49	2	00:00:07	00:11:44	00:24:17	00:37:02	<b>00:49:49.90</b>	<b>00:49:57.20</b>	+00:13:48 (27.7%)	4:59	12 (71.9%)
49	<b>MARTOWSKA Barbara</b>	<b>653</b>		K30-39	3	00:00:08	00:12:18	00:24:47	00:37:22	<b>00:49:53.55</b>	<b>00:50:01.60</b>	+00:13:52 (27.8%)	4:59	12 (71.9%)
50	<b>CHMIELEWSKI Paweł</b>	<b>613</b>	RODZINA NA PIĄTKĘ	M40-49	13	00:00:08	00:11:34	00:24:20	00:37:20	<b>00:50:04.85</b>	<b>00:50:13.30</b>	+00:14:03 (28.1%)	5:00	12 (71.9%)
51	<b>MINKOWSKI Kamil</b>	<b>657</b>		M18-29	7	00:00:07	00:12:18	00:24:48	00:37:43	<b>00:50:23.25</b>	<b>00:50:30.70</b>	+00:14:21 (28.5%)	5:02	11.9 (71.3%)
52	<b>CZYŻYKOWSKI Patryk</b>	<b>621</b>		M18-29	8	00:00:04	00:10:58	00:24:10	00:37:32	<b>00:50:37.95</b>	<b>00:50:42.70</b>	+00:14:36 (28.9%)	5:03	11.8 (70.7%)
53	<b>SIENKIEWICZ Arkadiusz</b>	<b>669</b>		M40-49	14	00:00:09	00:12:35	00:25:24	00:38:16	<b>00:50:45.80</b>	<b>00:50:55.15</b>	+00:14:44 (29.0%)	5:04	11.8 (70.7%)
54	<b>TUISKULA Tom</b>	<b>677</b>		M30-39	14	00:00:08	00:11:44	00:24:09	00:37:33	<b>00:51:00.25</b>	<b>00:51:08.90</b>	+00:14:58 (29.4%)	5:06	11.8 (70.7%)
55	<b>BANDURA Dorota</b>	<b>607</b>		K60-69	1	00:00:07	00:12:20	00:24:56	00:37:52	<b>00:51:00.80</b>	<b>00:51:08.75</b>	+00:14:59 (29.4%)	5:06	11.8 (70.7%)
56	<b>FIJARCZYK Tomasz</b>	<b>691</b>		M30-39	15	00:00:12	00:12:41	00:25:26	00:38:17	<b>00:51:08.05</b>	<b>00:51:20.90</b>	+00:15:06 (29.6%)	5:06	11.7 (70.1%)
57	<b>SZYMAŃSKI Paweł</b>	<b>445</b>		M18-29	9	00:00:11	00:13:21	00:26:12	00:38:54	<b>00:51:11.20</b>	<b>00:51:22.50</b>	+00:15:09 (29.6%)	5:07	11.7 (70.1%)
58	<b>LEWANDOWSKI Tadeusz</b>	<b>436</b>	WKB PIAST WROCLAW	M60-69	3	00:00:10	00:12:57	00:25:52	00:38:52	<b>00:51:45.30</b>	<b>00:51:55.95</b>	+00:15:44 (30.4%)	5:10	11.6 (69.5%)
59	<b>WAWRZYNIAK Leon</b>	<b>438</b>	MARATON OSTRÓW	M70+	1	00:00:09	00:12:40	00:25:52	00:38:53	<b>00:51:54.90</b>	<b>00:52:04.00</b>	+00:15:53 (30.6%)	5:11	11.6 (69.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Start_All 2.5km	Start_All 5km	Start_All 7.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
60	JÓZEFIAK Dariusz	634	SANTANDER CONSUMER BANK	M40-49	15	00:00:12	00:12:31	00:25:18	00:38:37	00:52:19.30	00:52:31.45	+00:16:18 (31.2%)	5:13	11.5 (68.9%)
61	WESOŁOWSKI Artur	497		M30-39	16	00:00:10	00:12:25	00:25:51	00:39:06	00:52:37.30	00:52:48.25	+00:16:36 (31.5%)	5:15	11.4 (68.3%)
62	STANIEWSKI Eugeniusz	431		M60-69	4	00:00:11	00:13:03	00:26:13	00:39:28	00:52:47.75	00:52:58.75	+00:16:46 (31.8%)	5:16	11.4 (68.3%)
63	BIOŁY Małgorzata	610	WROCLAW MARATON TEAM	K40-49	3	00:00:06	00:12:34	00:25:54	00:39:28	00:52:50.75	00:52:56.85	+00:16:49 (31.8%)	5:17	11.4 (68.3%)
64	KALISKI Piotr	636		M40-49	16	00:00:09	00:13:41	00:27:26	00:40:55	00:53:32.70	00:53:42.30	+00:17:31 (32.7%)	5:21	11.2 (67.1%)
65	PORĘBSKI Tomasz	665		M18-29	10	00:00:12	00:13:40	00:27:27	00:40:55	00:54:05.95	00:54:18.35	+00:18:04 (33.4%)	5:24	11.1 (66.5%)
66	DIBELKA Urszula	446		K40-49	4	00:00:10	00:13:46	00:27:26	00:41:23	00:54:48.25	00:54:58.75	+00:18:46 (34.3%)	5:28	10.9 (65.3%)
67	ZIĘBA Wojciech	689		M30-39	17	00:00:10	00:13:37	00:27:24	00:41:32	00:55:30.45	00:55:40.75	+00:19:29 (35.1%)	5:33	10.8 (64.7%)
68	DOLIŃSKI Tomasz	623	TOMASZ DOLIŃSKI	M50-59	10	00:00:10	00:14:15	00:28:19	00:42:11	00:55:36.35	00:55:46.70	+00:19:35 (35.2%)	5:33	10.8 (64.7%)
69	WITTENBECK Patrycja	684	WROCLAW MARATHON TEAM	K18-29	3	00:00:06	00:13:51	00:27:43	00:41:45	00:55:58.05	00:56:04.75	+00:19:56 (35.6%)	5:35	10.7 (64.1%)
70	KAWOŃ Andrzej	637		M60-69	5	00:00:07	00:13:36	00:27:51	00:42:19	00:56:31.40	00:56:38.65	+00:20:30 (36.3%)	5:39	10.6 (63.5%)
71	KWIATKOWSKA Marta	500		K30-39	4	00:00:08	00:13:19	00:27:44	00:42:28	00:56:57.45	00:57:05.95	+00:20:56 (36.8%)	5:41	10.5 (62.9%)
72	JANKOWSKA Agnieszka	694		K18-29	4	00:00:08	00:13:29	00:27:44	00:42:29	00:57:01.85	00:57:10.80	+00:21:00 (36.8%)	5:42	10.5 (62.9%)
73	DRUŻYŁOWSKA Ewa	693	PRO-RUN WROCŁAW	K50-59	1	00:00:19	00:13:49	00:28:03	00:42:39	00:57:21.35	00:57:41.00	+00:21:20 (37.2%)	5:44	10.5 (62.9%)
74	MALINOWSKA Magdalena	652		K50-59	2	00:00:11	00:14:00	00:28:55	00:43:25	00:57:48.70	00:58:00.55	+00:21:47 (37.7%)	5:46	10.4 (62.3%)
75	WILCZYŃSKA Anna	683		K30-39	5	00:00:10	00:14:03	00:28:50	00:44:00	00:59:03.40	00:59:13.90	+00:23:02 (39.0%)	5:54	10.2 (61.1%)
76	ŁAPTUCH-MALINOWSKA Urszula	647		K30-39	6	00:00:09	00:14:04	00:28:51	00:44:03	00:59:03.85	00:59:13.80	+00:23:02 (39.0%)	5:54	10.2 (61.1%)
77	ALEKSANDROWICZ Krzysztof	604	FIZJO RUNNERS UMED WROCŁAW	M50-59	11	00:00:15	00:15:09	00:29:22	00:44:01	00:59:14.70	00:59:30.55	+00:23:13 (39.2%)	5:55	10.1 (60.5%)
78	CHRYPLEWICZ Anita	618		K30-39	7	00:00:09	00:14:36	00:29:55	00:45:00	00:59:36.90	00:59:46.80	+00:23:35 (39.6%)	5:57	10.1 (60.5%)
79	WAWRZYNIAK Sławomir	437		M40-49	17	00:00:11	00:14:33	00:29:55	00:45:03	00:59:40.95	00:59:52.10	+00:23:39 (39.6%)	5:58	10.1 (60.5%)
80	JAKIMIUK Dorota	633		K18-29	5	00:00:07	00:15:15	00:30:35	00:45:51	01:01:09.35	01:01:16.60	+00:25:08 (41.1%)	6:06	9.8 (58.7%)
81	KOZAKIEWICZ Marzena	641	KLUB BOBIKA	K30-39	8	00:00:09	00:14:05	00:29:26	00:45:37	01:01:34.65	01:01:44.60	+00:25:33 (41.5%)	6:09	9.7 (58.1%)
82	MIRSKI Michał	658		M18-29	11	00:00:04	00:13:25	00:28:57	00:45:07	01:01:37.25	01:01:41.30	+00:25:35 (41.5%)	6:09	9.7 (58.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Start_All 2.5km	Start_All 5km	Start_All 7.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
83	<b>WOJEWÓDZKA Katarzyna</b>	<b>686</b>		K40-49	5	00:00:04	00:15:27	00:31:13	00:46:41	<b>01:02:04.30</b>	<b>01:02:09.05</b>	+00:26:03 (42.0%)	6:12	9.7 (58.1%)
84	<b>LESZKIEWICZ Iwona</b>	<b>646</b>	WROCLAW MARATHON TEAM	K40-49	6	00:00:06	00:15:07	00:30:35	00:46:17	<b>01:02:29.50</b>	<b>01:02:36.35</b>	+00:26:28 (42.4%)	6:15	9.6 (57.5%)
85	<b>KRUCZKIEWICZ Mateusz</b>	<b>643</b>	KRUKI	M30-39	18	00:00:14	00:14:54	00:30:18	00:46:12	<b>01:02:34.75</b>	<b>01:02:49.00</b>	+00:26:33 (42.4%)	6:15	9.6 (57.5%)
86	<b>SZYDA Jacek</b>	<b>676</b>		M40-49	18	00:00:12	00:15:35	00:31:51	00:48:12	<b>01:03:59.10</b>	<b>01:04:12.05</b>	+00:27:57 (43.7%)	6:24	9.4 (56.3%)
87	<b>MAZUR Dariusz</b>	<b>655</b>		M30-39	19	00:00:11	00:15:21	00:31:24	00:47:41	<b>01:04:03.90</b>	<b>01:04:15.60</b>	+00:28:02 (43.8%)	6:24	9.4 (56.3%)
88	<b>ZARYCKA Anna</b>	<b>428</b>		K30-39	9	00:00:10	00:15:13	00:31:19	00:47:41	<b>01:04:16.45</b>	<b>01:04:26.50</b>	+00:28:15 (44.0%)	6:25	9.3 (55.7%)
89	<b>GIDEL Halina</b>	<b>627</b>	FOTOTRIO.PL	K50-59	3	00:00:11	00:15:22	00:31:20	00:47:56	<b>01:04:44.10</b>	<b>01:04:55.65</b>	+00:28:42 (44.4%)	6:28	9.3 (55.7%)
90	<b>MOŹDŹEŃ Barbara</b>	<b>659</b>	NIEZRZESZONA	K50-59	4	00:00:08	00:15:38	00:33:37	00:51:52	<b>01:10:02.75</b>	<b>01:10:11.40</b>	+00:34:01 (48.6%)	7:00	8.6 (51.5%)
	<b>MĘTEL Sandra</b>	<b>656</b>		K18-29		DNF	00:12:25 DNF	00:25:59 DNF	00:39:22 DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>WIKTORSKI Mieszko</b>	<b>682</b>	TRENUJZNAMI.PL	M30-39		DNF	00:09:29 DNF	00:19:57 DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>ALEKSANDROWICZ Marcin</b>	<b>449</b>		M18-29		DNF	00:15:06 DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>JĘDREK Krzysztof</b>	<b>699</b>		M18-29		DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>MACIEJEWSKI Mateusz</b>	<b>698</b>		M18-29		DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>ŁOŚ Mateusz</b>	<b>697</b>		M18-29		DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>BARAN Martyna</b>	<b>696</b>		K18-29		DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>FILIPEK Agnieszka</b>	<b>625</b>	KLUB BOBIKA	K30-39		DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)

Znaleziono 98 wynik(ów)