

Organizator: PFNW
Data: 2016-10-02
Miejsce: Wrocław
Dystans: 10 km



Klasyfikacja: K-OPEN

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Start_All 2.5km	Start_All 5km	Start_All 7.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	ADAMSKA Joanna	600	MKS MOS WROCLAW	K19-29	1	00:00:04	00:10:56	00:22:08	00:33:34	00:44:38.65	00:44:42.90		4:27	13.4 (100%)
2	POLAK Michalina	686	MAZIOWSKI RUNNING TEAM	K19-29	2	00:00:08	00:11:07	00:22:52	00:34:43	00:46:31.55	00:46:40.30	+00:01:52 (4.0%)	4:39	12.9 (96.3%)
3	PETRYNA Jagoda	657		K19-29	3	00:00:11	00:11:50	00:23:54	00:36:11	00:48:17.05	00:48:28.25	+00:03:38 (7.5%)	4:49	12.4 (92.5%)
4	BIAZIK Aneta	607		K30-39	1	00:00:07	00:12:09	00:24:42	00:37:24	00:50:17.60	00:50:25.45	+00:05:38 (11.2%)	5:01	11.9 (88.8%)
5	BASZYŃSKA Agnieszka	605		K30-39	2	00:00:05	00:12:39	00:25:39	00:38:39	00:51:29.70	00:51:34.80	+00:06:51 (13.3%)	5:08	11.7 (87.3%)
6	MARTOWSKA Barbara	646		K30-39	3	00:00:04	00:12:56	00:26:01	00:39:28	00:52:52.35	00:52:57.30	+00:08:13 (15.6%)	5:17	11.3 (84.3%)
7	BAJURA Sara	602		K19-29	4	00:00:15	00:13:43	00:26:57	00:41:00	00:53:53.40	00:54:08.70	+00:09:14 (17.2%)	5:23	11.1 (82.8%)
8	CHOMA Katarzyna	616		K30-39	4	00:00:03	00:12:56	00:26:38	00:40:54	00:54:29.25	00:54:33.10	+00:09:50 (18.1%)	5:27	11 (82.1%)
9	RYCERZ-PAL Magdalena	664		K30-39	5	00:00:11	00:13:13	00:27:20	00:41:55	00:55:54.25	00:56:05.65	+00:11:15 (20.1%)	5:35	10.7 (79.9%)
10	KOWALCZYK Bogusława	638		K50-59	1	00:00:05	00:13:20	00:27:36	00:42:11	00:56:47.10	00:56:53.00	+00:12:08 (21.4%)	5:40	10.6 (79.1%)
11	KISIELEWSKA-BORGUL Aneta	636		K19-29	5	00:00:12	00:13:15	00:28:06	00:43:41	00:59:00.40	00:59:13.15	+00:14:21 (24.3%)	5:54	10.2 (76.1%)
12	KOZAK Monika	640	WROCLAW MARATHON TEAM	K19-29	6	00:00:15	00:13:59	00:28:55	00:44:05	00:59:00.60	00:59:15.80	+00:14:21 (24.3%)	5:54	10.2 (76.1%)
13	WITTENBECK Patrycja	694	WROCLAW MARATHON TEAM	K19-29	7	00:00:14	00:14:00	00:28:56	00:44:07	00:59:00.85	00:59:15.80	+00:14:22 (24.4%)	5:54	10.2 (76.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Start_All 2.5km	Start_All 5km	Start_All 7.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
14	STAPIŃSKA Celina	669		K40-49	1	00:00:16	00:14:31	00:29:19	00:44:46	00:59:44.85	01:00:00.95	+00:15:06 (25.3%)	5:58	10 (74.6%)
15	BIŁEŃKIJ Joanna	609		K19-29	8	00:00:15	00:15:02	00:30:26	00:45:48	01:00:20.15	01:00:35.95	+00:15:41 (26.0%)	6:02	9.9 (73.9%)
16	ROSGA Anna	689		K40-49	2	00:00:06	00:14:22	00:29:57	00:47:00	01:00:22.40	01:00:28.40	+00:15:43 (26.1%)	6:02	9.9 (73.9%)
17	CHORZĘPA Joanna	618		K19-29	9	00:00:05	00:13:56	00:28:57	00:44:32	01:00:35.25	01:00:40.85	+00:15:56 (26.3%)	6:03	9.9 (73.9%)
18	BUBNOWICZ Ela	613		K30-39	6	00:00:05	00:14:07	00:29:45	00:45:53	01:01:28.20	01:01:33.75	+00:16:49 (27.4%)	6:08	9.8 (73.1%)
19	KOZAKIEWICZ Marzena	641		K30-39	7	00:00:06	00:14:09	00:29:28	00:45:38	01:01:42.55	01:01:49.05	+00:17:03 (27.7%)	6:10	9.7 (72.4%)
20	JANUS Magdalena	631		K30-39	8	00:00:07	00:16:47	00:35:56	00:56:26	01:16:35.55	01:16:43.15	+00:31:56 (41.7%)	7:39	7.8 (58.2%)
21	BŁASZCZYK Róża	611	NIGHT RUNNERS WROCŁAW	K19-29	10	00:00:14	00:18:59	00:39:20	00:59:19	01:18:59.60	01:19:14.05	+00:34:20 (43.5%)	7:54	7.6 (56.7%)

Znaleziono 21 wynik(ów)