

WROCLAW - FINAŁ AKADEMII ZDROWIA SANTANDERA - NORDIC WALKING - 10 KM

B4SPORT

Organizator: PFNW
Data: 2016-10-02
Miejsce: Wrocław
Dystans: 10 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Bike_All 2.45km	Start_All 2.5km	Bike_All 4.95km	Start_All 5km	Bike_All 7.45km	Start_All 7.5km	Bike_All 9.95km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	SKIBA Krzysztof	530	KS METRACO POLKOWICE/ ZG POLKOWICE	M-OPEN	1	00:00:21	00:13:38	00:14:02	00:28:44	00:29:10	00:43:40	00:44:04	00:59:00	00:59:26.65	00:59:47.95		5:56	10.1 (100%)
2	PEŁCZYŃSKI Konrad	525	KS METRACO POLKOWICE	M-OPEN	2	00:00:22	00:14:44	00:15:10	00:31:04	00:31:33	00:47:20	00:47:51	01:04:06	01:04:33.85	01:04:56.05	+00:05:07 (7.9%)	6:27	9.3 (92.1%)
3	KUBIAK Tomasz	516	KB HARCOWNIK	M-OPEN	3	00:00:21	00:15:09	00:15:35	00:31:21	00:31:49	00:47:57	00:48:26	01:04:16	01:04:41.65	01:05:03.05	+00:05:15 (8.1%)	6:28	9.3 (92.1%)
4	ZACZYŃSKA Anna	533	KS METRACO POLKOWICE	K-OPEN	1	00:03:58	00:15:38	00:16:06	00:32:13	00:32:42	00:49:04	00:49:34	01:06:13	01:06:40.50	01:10:39.45	+00:07:13 (10.8%)	6:40	9 (89.1%)
5	DZIURA Beata	504		K-OPEN	2	00:03:59	00:16:06	00:16:37	00:33:27	00:33:58	00:51:03	00:51:32	01:08:50	01:09:18.10	01:13:17.65	+00:09:51 (14.2%)	6:55	8.7 (86.1%)
6	CHMIELEWSKI Michał	503	RIGHTWAY	M-OPEN	4	00:00:20	00:16:47	00:17:16	00:34:31	00:35:02	00:52:27	00:52:58	01:10:18	01:10:48.00	01:11:08.95	+00:11:21 (16.0%)	7:04	8.5 (84.2%)
7	KASPRZAK Ireneusz	509	NORDIC WALKING WE WROCLAWIU	M-OPEN	5	00:00:23	00:16:53	00:17:23	00:34:38	00:35:10	00:52:41	00:53:11	01:10:28	01:10:57.55	01:11:21.40	+00:11:30 (16.2%)	7:05	8.5 (84.2%)
8	MOŹDŻEŃ Barbara	522		K-OPEN	3	00:03:59	00:16:52	00:17:24	00:35:14	00:35:47	00:53:34	00:54:06	01:11:52	01:12:23.90	01:16:23.00	+00:12:57 (17.9%)	7:14	8.3 (82.2%)
9	KOWALCZYK Edyta	513	KS METRACO POLKOWICE	K-OPEN	4	00:03:59	00:17:08	00:17:40	00:35:28	00:36:00	00:53:50	00:54:22	01:12:13	01:12:44.25	01:16:43.35	+00:13:17 (18.3%)	7:16	8.2 (81.2%)
10	MAZIAKOWSKI Krzysztof	534	MAZIAKOWSKI RUNNING TEAM	M-OPEN	6	00:00:22	00:17:42	00:18:16	00:36:27	00:37:00	00:54:50	00:55:21	01:12:51	01:13:20.95	01:13:43.15	+00:13:54 (19.0%)	7:20	8.2 (81.2%)
11	PEŁCZYŃSKA Anna	524	KS METRACO POLKOWICE	K-OPEN	5	00:04:02	00:17:33	00:18:06	00:35:34	00:36:08	00:54:08	00:54:41	01:13:00	01:13:33.45	01:17:35.95	+00:14:06 (19.2%)	7:21	8.2 (81.2%)
12	PŁÓCIENIAK Kasia	526	SANTANDER CONSUMER BANK SA	K-OPEN	6	00:04:03	00:17:31	00:18:04	00:36:08	00:36:40	00:54:47	00:55:19	01:13:35	01:14:06.30	01:18:09.55	+00:14:39 (19.8%)	7:24	8.1 (80.2%)
13	POSTEK Danuta	527	MARSZ PO ZDROWIE	K-OPEN	7	00:03:59	00:17:49	00:18:23	00:36:59	00:37:33	00:56:19	00:56:54	01:15:24	01:15:56.70	01:19:56.25	+00:16:30 (21.7%)	7:35	7.9 (78.2%)
14	GODZIŃSKI Paweł	505		M-OPEN	7	00:00:22	00:18:12	00:18:47	00:37:25	00:37:59	00:56:30	00:57:03	01:15:36	01:16:10.30	01:16:32.65	+00:16:43 (22.0%)	7:37	7.9 (78.2%)
15	JEZIERSKA Jolanta	508	RIGHTWAY	K-OPEN	8	00:03:58	00:17:28	00:18:02	00:36:36	00:37:11	00:56:04	00:56:39	01:15:40	01:16:12.55	01:20:11.50	+00:16:45 (22.0%)	7:37	7.9 (78.2%)
16	MACIĄG Andrzej	521	ACTEAM	M-OPEN	8	00:00:26	00:18:57	00:19:35	00:38:50	00:39:26	00:58:43	00:59:19	01:18:06	01:18:37.55	01:19:03.85	+00:19:10 (24.4%)	7:51	7.6 (75.2%)
17	KIDAWA Danuta	510	SANTANDER CONSUMER BANK SA	K-OPEN	9	00:04:01	00:19:22	00:19:59	00:39:51	00:40:28	01:00:42	01:01:20	01:21:33	01:22:09.35	01:26:11.15	+00:22:42 (27.6%)	8:13	7.3 (72.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Bike_All 2.45km	Start_All 2.5km	Bike_All 4.95km	Start_All 5km	Bike_All 7.45km	Start_All 7.5km	Bike_All 9.95km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
18	KRZYŚCIN Rafał	515	SANTANDER CONSUMER BANK SA	M-OPEN	9	00:00:20	00:19:35	00:20:11	00:39:57	00:40:33	01:00:54	01:01:32	01:22:05	01:22:39.75	01:23:00.55	+00:23:13 (28.1%)	8:16	7.3 (72.3%)
19	ŁUKASZEWSKI Adam	520		M-OPEN	10	00:00:23	00:20:23	00:21:01	00:41:11	00:41:49	01:02:16	01:02:54	01:23:08	01:23:44.15	01:24:07.25	+00:24:17 (29.0%)	8:22	7.2 (71.3%)
20	BUBEL Anna	502		K-OPEN	10	00:04:00	00:20:42	00:21:21	00:41:33	00:42:11	01:02:18	01:02:54	01:23:18	01:23:55.60	01:27:56.45	+00:24:28 (29.2%)	8:23	7.1 (70.3%)
21	OTOK Agnieszka	523		K-OPEN	11	00:04:00	00:20:42	00:21:22	00:41:37	00:42:15	01:02:22	01:03:00	01:23:23	01:24:07.80	01:28:08.00	+00:24:41 (29.3%)	8:24	7.1 (70.3%)
22	BARTNIK Anna	500	SANTANDER CONSUMER BANK SA	K-OPEN	12	00:04:02	00:20:49	00:21:31	00:42:17	00:42:56	01:03:28	01:04:06	01:24:32	01:25:08.90	01:29:11.40	+00:25:42 (30.2%)	8:30	7 (69.3%)
23	GÓRKA Dorota	506		K-OPEN	13	00:04:01	00:20:52	00:21:35	00:42:21	00:43:02	01:03:32	01:04:10	01:24:36	01:25:14.85	01:29:16.15	+00:25:48 (30.3%)	8:31	7 (69.3%)
24	ŁUKASZEWSKA Małgorzata	519		K-OPEN	14	00:04:00	00:20:50	00:21:32	00:42:20	00:43:00	01:03:56	01:04:37	01:25:35	01:26:17.85	01:30:18.15	+00:26:51 (31.1%)	8:37	7 (69.3%)
25	BARTNIK Robert	501	SANTANDER CONSUMER BANK SA	M-OPEN	11	00:00:25	00:24:27	00:25:08	00:45:54	00:46:32	01:07:00	01:07:35	01:28:08	01:28:47.50	01:29:12.75	+00:29:20 (33.1%)	8:52	6.8 (67.3%)
26	KONSTANCIAK Piotr	511	SANTANDER CONSUMER BANK SA	M-OPEN	12	00:00:25	00:24:28	00:25:09	00:45:55	00:46:36	01:07:06	01:07:44	01:28:10	01:28:48.40	01:29:13.95	+00:29:21 (33.1%)	8:52	6.8 (67.3%)
27	SZYMCZYK Maciej	532	SANTANDER CONSUMER BANK SA	M-OPEN	13	00:00:23	00:24:29	00:25:12	00:45:58	00:46:38	01:07:08	01:07:47	01:28:12	01:28:51.15	01:29:15.05	+00:29:24 (33.1%)	8:53	6.8 (67.3%)
28	GÓRKA Jarosław	507		M-OPEN	14	00:00:24	00:24:30	00:25:13	00:45:58	00:46:39	01:07:08	01:07:47	01:28:13	01:28:51.40	01:29:16.35	+00:29:24 (33.1%)	8:53	6.8 (67.3%)
29	SZUREK Magdalena	531		K-OPEN	15	00:04:01	00:21:18	00:21:58	00:43:05	00:43:47	01:05:42	01:06:26	01:29:12	01:29:53.10	01:33:54.65	+00:30:26 (33.9%)	8:59	6.7 (66.3%)
30	LIPIŃSKA Urszula	518	FACE NORDIC WALKING TEAM	K-OPEN	16	00:03:59	00:21:07	00:21:48	00:43:31	00:44:11	01:06:18	01:06:58	01:29:21	01:30:00.15	01:33:59.85	+00:30:33 (34.0%)	9:00	6.7 (66.3%)
31	KOPROWSKI Tomasz	512		M-OPEN	15	00:00:27	00:25:00	00:25:41	00:46:36	00:47:17	01:08:50	01:09:31	01:32:03	01:32:43.25	01:33:10.40	+00:33:16 (35.9%)	9:16	6.5 (64.4%)

Znaleziono 31 wynik(ów)