

**Wydarzenie:** FINAŁ AKADEMII ZDROWIA SANTANDERA  
**Organizator:** PFNW  
**Data:** 2017-09-23  
**Miejsce:** Wrocław  
**Dystans:** 10 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Start_All 2.5km	Start_All 5km	Start_All 7.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	<b>NIECHWIEJCZYK Piotr</b>	<b>355</b>	OPEL ACTIVE TEAM	M40-49	1	00:00:03	00:14:45	00:29:53	00:44:58	<b>01:00:04.60</b>	<b>01:00:08.40</b>		6:00	10 (100%)
2	<b>PIETRZYK Jarosław</b>	<b>362</b>	VIKING NORDIC TEAM CZĘSTOCHOWA	M30-39	1	00:00:03	00:15:21	00:31:12	00:47:11	<b>01:02:54.75</b>	<b>01:02:58.55</b>	+00:02:50 (4.5%)	6:17	9.5 (95.0%)
3	<b>SIWAK Piotr</b>	<b>374</b>	KS METRACO POLKOWICE	M50-59	1	00:00:05	00:15:52	00:32:10	00:48:25	<b>01:04:21.30</b>	<b>01:04:27.25</b>	+00:04:16 (6.6%)	6:26	9.3 (93.0%)
4	<b>BOGACKI Sławek</b>	<b>311</b>	ENERGA NW TEAM	M40-49	2	00:00:04	00:15:44	00:32:12	00:48:27	<b>01:04:39.60</b>	<b>01:04:44.00</b>	+00:04:35 (7.1%)	6:28	9.3 (93.0%)
5	<b>BARCZYK Bogdan</b>	<b>306</b>	ZABIEGANI CZĘSTOCHOWA.KALINOWSKI TEAM	M50-59	2	00:00:06	00:15:53	00:32:11	00:48:47	<b>01:05:02.25</b>	<b>01:05:09.20</b>	+00:04:57 (7.6%)	6:30	9.2 (92.0%)
6	<b>CHAMIELEC Bogusław</b>	<b>312</b>	A EMERYT BIEGA	M50-59	3	00:00:07	00:15:59	00:32:25	00:48:57	<b>01:05:03.75</b>	<b>01:05:11.40</b>	+00:04:59 (7.7%)	6:30	9.2 (92.0%)
7	<b>ŚWISŁOCKI Bogdan</b>	<b>387</b>	FACE NORDIC WALIKNG TEAM	M50-59	4	00:00:08	00:15:55	00:32:18	00:48:53	<b>01:05:07.90</b>	<b>01:05:16.30</b>	+00:05:03 (7.8%)	6:30	9.2 (92.0%)
8	<b>SPYCHAŁA Lesław</b>	<b>207</b>	WESOŁY BORSUK TEAM	M50-59	5	00:00:06	00:16:02	00:32:25	00:48:51	<b>01:05:21.45</b>	<b>01:05:28.40</b>	+00:05:16 (8.1%)	6:32	9.2 (92.0%)
9	<b>KOLARSKA Agnieszka</b>	<b>335</b>	VIKING NORDIC TEAM CZĘSTOCHOWA	K30-39	1	00:06:45	00:16:27	00:33:12	00:49:58	<b>01:06:39.20</b>	<b>01:13:24.95</b>	+00:06:34 (9.9%)	6:39	9 (90.0%)
10	<b>SMUL Andrzej</b>	<b>378</b>	MARSZ PO ZDROWIE POZNAŃ	M60-69	1	00:00:06	00:16:00	00:32:36	00:49:46	<b>01:07:14.55</b>	<b>01:07:21.50</b>	+00:07:09 (10.7%)	6:43	8.9 (89.0%)
11	<b>JĘDRASIK Renata</b>	<b>393</b>	KS METRACO POLKOWICE	K50-59	1	00:06:51	00:16:27	00:33:13	00:50:10	<b>01:07:24.85</b>	<b>01:14:15.90</b>	+00:07:20 (10.9%)	6:44	8.9 (89.0%)
12	<b>ROSADZIŃSKI Sławomir</b>	<b>372</b>	LESZNO :)	M40-49	3	00:00:04	00:16:21	00:33:27	00:50:38	<b>01:07:44.90</b>	<b>01:07:49.25</b>	+00:07:40 (11.3%)	6:46	8.9 (89.0%)
13	<b>ADAMSKI Robert</b>	<b>302</b>		M40-49	4	00:00:06	00:17:08	00:34:41	00:52:19	<b>01:09:24.55</b>	<b>01:09:30.90</b>	+00:09:19 (13.4%)	6:56	8.6 (86.0%)
14	<b>CZEKAJŁO Franciszek</b>	<b>317</b>	REMI	M60-69	2	00:00:08	00:16:43	00:34:05	00:51:48	<b>01:09:32.95</b>	<b>01:09:41.15</b>	+00:09:28 (13.6%)	6:57	8.6 (86.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Start_All 2.5km	Start_All 5km	Start_All 7.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
15	<b>SPYCHAŁA Marzena</b>	<b>379</b>	WESOŁY BORSUK TEAM	K40-49	1	00:06:46	00:17:13	00:34:48	00:52:24	<b>01:10:07.80</b>	<b>01:16:54.65</b>	+00:10:03 (14.3%)	7:00	8.6 (86.0%)
16	<b>STĘPIEŃ Lucyna</b>	<b>381</b>	KS METRACO POLKOWICE	K60-69	1	00:06:54	00:17:20	00:35:01	00:52:51	<b>01:10:11.50</b>	<b>01:17:06.30</b>	+00:10:06 (14.4%)	7:01	8.5 (85.0%)
17	<b>SKRYCKA Katarzyna</b>	<b>377</b>		K30-39	2	00:06:45	00:17:25	00:34:51	00:52:43	<b>01:10:17.85</b>	<b>01:17:03.70</b>	+00:10:13 (14.5%)	7:01	8.5 (85.0%)
18	<b>DUSIEL Ewa</b>	<b>320</b>	VIKING NORDIC TEAM CZĘSTOCHOWA	K50-59	2	00:06:51	00:17:11	00:34:53	00:52:50	<b>01:11:08.30</b>	<b>01:17:59.45</b>	+00:11:03 (15.5%)	7:06	8.4 (84.0%)
19	<b>WIKTORSKA Małgorzata</b>	<b>392</b>	TRENUJZNAMI.PL	K30-39	3	00:06:46	00:17:12	00:34:57	00:52:58	<b>01:11:18.75</b>	<b>01:18:05.60</b>	+00:11:14 (15.8%)	7:07	8.4 (84.0%)
20	<b>BAJ Stanisław</b>	<b>305</b>	ŚCINAWSKA GRUPA NORDIC WALKING	M50-59	6	00:00:09	00:17:51	00:36:05	00:54:06	<b>01:12:01.30</b>	<b>01:12:10.40</b>	+00:11:56 (16.6%)	7:12	8.3 (83.0%)
21	<b>ŻYDACZEWSKI Ryszard</b>	<b>401</b>	NIEZRZESZONY	M50-59	7	00:00:05	00:17:23	00:35:40	00:54:14	<b>01:12:05.75</b>	<b>01:12:11.55</b>	+00:12:01 (16.7%)	7:12	8.3 (83.0%)
22	<b>ROGOS Henryk</b>	<b>370</b>	ŚCINAWSKA GRUPA NORDIC WALKING	M70+	1	00:00:11	00:18:13	00:36:16	00:54:22	<b>01:12:10.55</b>	<b>01:12:22.20</b>	+00:12:05 (16.8%)	7:13	8.3 (83.0%)
23	<b>KWIATKOWSKA Stanisława</b>	<b>345</b>		K50-59	3	00:06:50	00:18:01	00:36:16	00:54:17	<b>01:12:27.70</b>	<b>01:19:18.25</b>	+00:12:23 (17.1%)	7:14	8.3 (83.0%)
24	<b>FRYDECKI Sławomir</b>	<b>385</b>		M50-59	8	00:00:06	00:18:10	00:37:00	00:55:25	<b>01:12:32.75</b>	<b>01:12:39.20</b>	+00:12:28 (17.2%)	7:15	8.3 (83.0%)
25	<b>PŁOCIENIAK Katarzyna</b>	<b>364</b>	ACTEAM	K30-39	4	00:06:46	00:17:56	00:36:19	00:54:29	<b>01:12:47.95</b>	<b>01:19:34.10</b>	+00:12:43 (17.5%)	7:16	8.2 (82.0%)
26	<b>KRÓL Janusz</b>	<b>340</b>		M50-59	9	00:00:06	00:17:27	00:35:54	00:54:35	<b>01:13:26.50</b>	<b>01:13:32.85</b>	+00:13:21 (18.2%)	7:20	8.2 (82.0%)
27	<b>DĄBROWA Wojciech</b>	<b>318</b>		M50-59	10	00:00:07	00:18:19	00:36:59	00:55:36	<b>01:13:54.75</b>	<b>01:14:02.05</b>	+00:13:50 (18.7%)	7:23	8.1 (81.0%)
28	<b>URBAN Joanna</b>	<b>390</b>	AMATOR	K40-49	2	00:06:47	00:18:02	00:36:56	00:56:00	<b>01:14:29.40</b>	<b>01:21:17.10</b>	+00:14:24 (19.3%)	7:27	8.1 (81.0%)
29	<b>JUSZCZAK Romuald</b>	<b>330</b>		M60-69	3	00:00:10	00:18:35	00:37:41	00:56:16	<b>01:14:40.40</b>	<b>01:14:51.35</b>	+00:14:35 (19.5%)	7:28	8 (80.0%)
30	<b>SURIAK Michał</b>	<b>383</b>	VIKING NORDIC TEAM CZĘSTOCHOWA	M18-29	1	00:00:04	00:18:39	00:37:40	00:56:21	<b>01:14:47.60</b>	<b>01:14:51.80</b>	+00:14:43 (19.7%)	7:28	8 (80.0%)
31	<b>ROSADZIŃSKA Natalia</b>	<b>371</b>	LESZNO :)	K18-29	1	00:06:45	00:18:05	00:36:45	00:55:50	<b>01:14:51.80</b>	<b>01:21:37.35</b>	+00:14:47 (19.8%)	7:29	8 (80.0%)
32	<b>KALICIŃSKA Monika</b>	<b>331</b>		K18-29	2	00:06:45	00:17:44	00:36:44	00:56:08	<b>01:15:17.90</b>	<b>01:22:03.15</b>	+00:15:13 (20.2%)	7:31	8 (80.0%)
33	<b>KRZEMIŃSKI Rafał</b>	<b>342</b>	SANTANDER CONSUMER BANK	M30-39	2	00:00:03	00:18:00	00:36:58	00:56:18	<b>01:15:22.30</b>	<b>01:15:25.75</b>	+00:15:17 (20.3%)	7:32	8 (80.0%)
34	<b>MOŹDŻEN Barbara</b>	<b>353</b>	NIEZRZESZONA	K50-59	4	00:06:50	00:17:50	00:36:38	00:56:00	<b>01:15:28.20</b>	<b>01:22:18.85</b>	+00:15:23 (20.4%)	7:32	8 (80.0%)
35	<b>POSTEK Danuta</b>	<b>365</b>	MARSZ PO ZDROWIE	K50-59	5	00:06:51	00:18:43	00:37:47	00:56:50	<b>01:15:29.70</b>	<b>01:22:21.35</b>	+00:15:25 (20.4%)	7:33	7.9 (79.0%)
36	<b>SURIAK Ewelina</b>	<b>384</b>	VIKING NORDIC TEAM CZĘSTOCHOWA	K18-29	3	00:06:45	00:18:19	00:37:29	00:56:49	<b>01:16:02.15</b>	<b>01:22:47.45</b>	+00:15:57 (21.0%)	7:36	7.9 (79.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Start_All 2.5km	Start_All 5km	Start_All 7.5km	Czas		Różn	Tempo min/km	Tempo km/h
										netto 10km	brutto 10km			
37	<b>THOMALLA Bogdan</b>	<b>389</b>	TOMCHEM OBR	M70+	2	00:00:13	00:18:20	00:37:17	00:56:29	<b>01:16:08.20</b>	<b>01:16:21.35</b>	+00:16:03 (21.1%)	7:36	7.9 (79.0%)
38	<b>BAJ Danuta</b>	<b>304</b>	ŚCINAWSKA GRUPA NORDIC WALKING	K50-59	6	00:06:50	00:18:47	00:37:55	00:57:10	<b>01:16:49.55</b>	<b>01:23:40.30</b>	+00:16:44 (21.8%)	7:41	7.8 (78.0%)
39	<b>CHMIELEWSKA Anna</b>	<b>314</b>		K30-39	5	00:06:46	00:18:15	00:37:31	00:57:01	<b>01:16:59.35</b>	<b>01:23:45.65</b>	+00:16:54 (22.0%)	7:41	7.8 (78.0%)
40	<b>BADECKI Ryszard</b>	<b>303</b>	NIEZRZESZONY	M50-59	11	00:00:08	00:17:57	00:36:33	00:56:22	<b>01:17:07.80</b>	<b>01:17:16.30</b>	+00:17:03 (22.1%)	7:42	7.8 (78.0%)
41	<b>ZWOLIŃSKI Radomir</b>	<b>400</b>		M50-59	12	00:00:06	00:18:54	00:38:23	00:57:49	<b>01:17:19.05</b>	<b>01:17:26.00</b>	+00:17:14 (22.3%)	7:44	7.8 (78.0%)
42	<b>TERESIŃSKA Jolanta</b>	<b>388</b>		K40-49	3	00:06:49	00:19:06	00:38:45	00:58:05	<b>01:17:36.80</b>	<b>01:24:26.70</b>	+00:17:32 (22.6%)	7:45	7.7 (77.0%)
43	<b>JEZIERSKA Jolanta</b>	<b>328</b>	RIGHTWAY	K50-59	7	00:06:50	00:18:17	00:37:37	00:57:31	<b>01:17:43.25</b>	<b>01:24:33.35</b>	+00:17:38 (22.7%)	7:46	7.7 (77.0%)
44	<b>ADAMCZYK-GAJDA Dorota</b>	<b>301</b>		K50-59	8	00:06:52	00:19:18	00:38:54	00:58:22	<b>01:17:44.95</b>	<b>01:24:37.90</b>	+00:17:40 (22.7%)	7:46	7.7 (77.0%)
45	<b>SKAWIŃSKA Ewa</b>	<b>375</b>	RIGHTWAY	K40-49	4	00:06:48	00:19:10	00:38:48	00:58:30	<b>01:17:48.10</b>	<b>01:24:37.00</b>	+00:17:43 (22.8%)	7:46	7.7 (77.0%)
46	<b>HORACZEWSKA Krystyna</b>	<b>325</b>	ŚCINAWSKA GRUPA NW	K60-69	2	00:06:54	00:19:21	00:38:58	00:58:53	<b>01:18:48.95</b>	<b>01:25:43.05</b>	+00:18:44 (23.8%)	7:52	7.6 (76.0%)
47	<b>BARCZYK Jolanta</b>	<b>307</b>	ZABIEGANI CZĘSTOCHOWA	K50-59	9	00:06:51	00:19:37	00:39:44	00:59:33	<b>01:18:55.40</b>	<b>01:25:46.90</b>	+00:18:50 (23.9%)	7:53	7.6 (76.0%)
48	<b>OSADCZUK Andrzej</b>	<b>359</b>		M40-49	5	00:00:04	00:19:36	00:39:22	00:59:27	<b>01:19:10.70</b>	<b>01:19:15.60</b>	+00:19:06 (24.1%)	7:55	7.6 (76.0%)
49	<b>KOPROWSKI Tomasz</b>	<b>338</b>	NORDIKI	M40-49	6	00:00:05	00:19:04	00:38:42	00:59:03	<b>01:19:15.00</b>	<b>01:19:20.15</b>	+00:19:10 (24.2%)	7:55	7.6 (76.0%)
50	<b>KIDAWA Danuta</b>	<b>332</b>	SANTANDER CONSUMER BANK	K40-49	5	00:06:47	00:19:21	00:39:06	00:59:03	<b>01:19:15.80</b>	<b>01:26:03.05</b>	+00:19:11 (24.2%)	7:55	7.6 (76.0%)
51	<b>ZAWADZKA Maria</b>	<b>399</b>	KS METRACO POLKOWICE	K60-69	3	00:06:52	00:19:48	00:40:05	00:59:42	<b>01:19:18.00</b>	<b>01:26:10.75</b>	+00:19:13 (24.2%)	7:55	7.6 (76.0%)
52	<b>GIBKI Łukasz</b>	<b>324</b>	SANTANDER CONSUMER BANK	M30-39	3	00:00:04	00:18:48	00:38:42	00:59:08	<b>01:19:32.25</b>	<b>01:19:36.60</b>	+00:19:27 (24.5%)	7:57	7.5 (75.0%)
53	<b>NAPORA Dorota</b>	<b>354</b>	RIGHTWAY	K40-49	6	00:06:49	00:20:42	00:40:52	01:00:28	<b>01:19:37.30</b>	<b>01:26:26.65</b>	+00:19:32 (24.5%)	7:57	7.5 (75.0%)
54	<b>NOWAK Beata</b>	<b>356</b>	SAILING TEAM FERAJNA	K40-49	7	00:06:48	00:19:18	00:38:57	00:59:00	<b>01:19:44.10</b>	<b>01:26:32.55</b>	+00:19:39 (24.7%)	7:58	7.5 (75.0%)
55	<b>KOŁACIŃSKA Arleta</b>	<b>336</b>		K50-59	10	00:06:52	00:19:18	00:38:57	00:59:06	<b>01:19:52.20</b>	<b>01:26:44.80</b>	+00:19:47 (24.8%)	7:59	7.5 (75.0%)
56	<b>WÓJCIK Barbara</b>	<b>397</b>		K50-59	11	00:06:52	00:19:16	00:39:16	00:59:44	<b>01:19:58.95</b>	<b>01:26:51.10</b>	+00:19:54 (24.9%)	7:59	7.5 (75.0%)
57	<b>KIEŁBIK Marek</b>	<b>334</b>	SKRZYDLATA	M60-69	4	00:00:09	00:19:38	00:39:33	00:59:48	<b>01:20:04.70</b>	<b>01:20:14.55</b>	+00:20:00 (25.0%)	8:00	7.5 (75.0%)
58	<b>DĘBSKA Beata</b>	<b>319</b>	WYSOKA	K40-49	8	00:06:48	00:19:53	00:39:51	00:59:58	<b>01:20:21.70</b>	<b>01:27:10.30</b>	+00:20:17 (25.2%)	8:02	7.5 (75.0%)
59	<b>CZAKIERT Marek</b>	<b>316</b>	VIKING NORDIC TEAM CZĘSTOCHOWA	M40-49	7	00:00:05	00:19:29	00:39:40	01:00:28	<b>01:21:15.45</b>	<b>01:21:20.65</b>	+00:21:10 (26.1%)	8:07	7.4 (74.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Start_All 2.5km	Start_All 5km	Start_All 7.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
60	<b>LULEK Lucyna</b>	<b>347</b>	ŚCINAWSKA GRUPA NORDIC WALKING	K60-69	4	00:06:54	00:19:36	00:39:48	01:00:26	<b>01:21:24.50</b>	<b>01:28:18.60</b>	+00:21:19 (26.2%)	8:08	7.4 (74.0%)
61	<b>CIASTOCH Eliza</b>	<b>315</b>		K30-39	6	00:06:47	00:19:55	00:40:22	01:00:57	<b>01:21:50.90</b>	<b>01:28:38.35</b>	+00:21:46 (26.6%)	8:11	7.3 (73.0%)
62	<b>GĄTEK Gerard</b>	<b>323</b>	CALYPSO FITNESS GALERIA JURAJSKA CZESTOCHOWA	M70+	3	00:00:11	00:20:01	00:40:47	01:01:32	<b>01:22:26.45</b>	<b>01:22:38.00</b>	+00:22:21 (27.1%)	8:14	7.3 (73.0%)
63	<b>KRAWCZYK Dariusz</b>	<b>339</b>		M60-69	5	00:00:09	00:20:24	00:41:04	01:01:48	<b>01:22:35.65</b>	<b>01:22:45.35</b>	+00:22:31 (27.3%)	8:15	7.3 (73.0%)
64	<b>MĘDRAK Alicja</b>	<b>351</b>		K60-69	5	00:06:53	00:20:39	00:41:49	01:02:21	<b>01:23:15.00</b>	<b>01:30:08.65</b>	+00:23:10 (27.8%)	8:19	7.2 (72.0%)
65	<b>HRABIA Józef</b>	<b>326</b>	VIKING NORDIC TEAM CZĘSTOCHOWA	M60-69	6	00:00:09	00:20:36	00:41:31	01:02:37	<b>01:23:17.15</b>	<b>01:23:26.70</b>	+00:23:12 (27.9%)	8:19	7.2 (72.0%)
66	<b>ŻAKIEWICZ Marta</b>	<b>402</b>	UNIwersYTET MEDYCYNy	K40-49	9	00:06:49	00:20:40	00:41:49	01:03:06	<b>01:24:29.75</b>	<b>01:31:19.45</b>	+00:24:25 (28.9%)	8:27	7.1 (71.0%)
67	<b>OSUMEK Anna</b>	<b>360</b>	RIGHTWAY	K30-39	7	00:06:46	00:20:34	00:41:40	01:03:05	<b>01:24:43.65</b>	<b>01:31:30.60</b>	+00:24:39 (29.1%)	8:28	7.1 (71.0%)
68	<b>WALKOWIAK Piotrek</b>	<b>391</b>		M40-49	8	00:00:05	00:21:39	00:43:03	01:04:46	<b>01:25:05.55</b>	<b>01:25:10.75</b>	+00:25:00 (29.4%)	8:30	7.1 (71.0%)
69	<b>KOTOVITCH Marina</b>	<b>321</b>		K50-59	12	00:06:51	00:21:54	00:43:36	01:04:38	<b>01:25:12.75</b>	<b>01:32:04.20</b>	+00:25:08 (29.5%)	8:31	7 (70.0%)
70	<b>BELA Beata</b>	<b>310</b>		K40-49	10	00:06:50	00:21:54	00:43:37	01:04:40	<b>01:25:28.25</b>	<b>01:32:18.75</b>	+00:25:23 (29.7%)	8:32	7 (70.0%)
71	<b>JASTRZĄBEK Katarzyna</b>	<b>327</b>		K30-39	8	00:06:46	00:21:29	00:43:03	01:04:49	<b>01:26:25.00</b>	<b>01:33:11.55</b>	+00:26:20 (30.5%)	8:38	6.9 (69.0%)
72	<b>RAGANOWICZ Krzesimir</b>	<b>368</b>		M70+	4	00:00:12	00:21:18	00:43:03	01:04:53	<b>01:26:25.15</b>	<b>01:26:37.15</b>	+00:26:20 (30.5%)	8:38	6.9 (69.0%)
73	<b>MALCEWICZ Marcin</b>	<b>350</b>	RIGHT WAY	M50-59	13	00:00:08	00:20:48	00:42:34	01:04:53	<b>01:27:08.80</b>	<b>01:27:17.35</b>	+00:27:04 (31.1%)	8:42	6.9 (69.0%)
74	<b>MOSOŃ Marek</b>	<b>352</b>	NIEZRZESZONY	M60-69	7	00:00:10	00:21:54	00:44:11	01:06:11	<b>01:27:21.60</b>	<b>01:27:32.05</b>	+00:27:17 (31.2%)	8:44	6.9 (69.0%)
75	<b>PAŁASZ Jadwiga</b>	<b>366</b>		K50-59	13	00:06:53	00:21:39	00:43:18	01:05:36	<b>01:27:40.80</b>	<b>01:34:34.00</b>	+00:27:36 (31.5%)	8:46	6.8 (68.0%)
76	<b>JAZ Bogusław</b>	<b>363</b>		K50-59	14	00:06:53	00:22:03	00:44:07	01:06:28	<b>01:28:11.65</b>	<b>01:35:05.15</b>	+00:28:07 (31.9%)	8:49	6.8 (68.0%)
77	<b>GAWROŃSKA Natalia</b>	<b>322</b>		K18-29	4	00:06:44	00:21:47	00:44:08	01:06:21	<b>01:28:17.30</b>	<b>01:35:02.20</b>	+00:28:12 (32.0%)	8:49	6.8 (68.0%)
78	<b>JĘDRASZCZYK Michał</b>	<b>329</b>		M30-39	4	00:00:05	00:22:59	00:44:58	01:06:52	<b>01:28:38.10</b>	<b>01:28:43.25</b>	+00:28:33 (32.2%)	8:51	6.8 (68.0%)
79	<b>NOWAK Janina</b>	<b>358</b>		K40-49	11	00:06:48	00:22:14	00:44:49	01:07:38	<b>01:31:12.70</b>	<b>01:38:01.30</b>	+00:31:08 (34.1%)	9:07	6.6 (66.0%)
80	<b>NOWAK Agata</b>	<b>357</b>		K30-39	9	00:06:47	00:22:15	00:44:48	01:07:39	<b>01:31:13.20</b>	<b>01:38:00.95</b>	+00:31:08 (34.1%)	9:07	6.6 (66.0%)
81	<b>WNUK Joanna</b>	<b>394</b>	WYSOKA	K30-39	10	00:06:45	00:21:44	00:45:10	01:09:09			+1247:21:	3186:02	0 (0.0%)
DQ	<b>RATUŚ Bogusław</b>	<b>367</b>		M50-59		DQ	00:16:53 DQ	00:35:30 DQ	00:54:08 DQ	<b>DQ</b>	<b>DQ</b>		-	- (0.0%)

Znaleziono 82 wynik(ów)

