

**Organizator:** PFNW  
**Data:** 2016-10-02  
**Miejsce:** Wrocław  
**Dystans:** 5 km



Klasyfikacja: K-OPEN

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Start_All 2.5km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	<b>SPYCHAŁA Marzena</b>	<b>187</b>	WESOŁY BORSUK TEAM	K40-49	1	00:36:15	00:16:36	<b>00:33:24.15</b>	<b>01:09:39.30</b>		6:40	9 (100%)
2	<b>PARTYKA Teresa</b>	<b>155</b>	WESOŁY BORSUK TEAM	K50-59	1	00:36:57	00:16:37	<b>00:33:32.50</b>	<b>01:10:30.35</b>	+00:00:08 (0.4%)	6:42	8.9 (98.9%)
3	<b>SULIKOWSKA Agnieszka</b>	<b>196</b>		K30-39	1	00:35:42	00:17:24	<b>00:35:13.90</b>	<b>01:10:56.25</b>	+00:01:49 (5.2%)	7:02	8.5 (94.4%)
4	<b>FEDECZKO Edyta</b>	<b>62</b>		K40-49	2	00:36:15	00:17:25	<b>00:35:38.95</b>	<b>01:11:54.45</b>	+00:02:14 (6.3%)	7:07	8.4 (93.3%)
5	<b>CIEŚLIKIEWICZ Urszula</b>	<b>42</b>		K40-49	3	00:36:22	00:18:11	<b>00:36:08.20</b>	<b>01:12:30.55</b>	+00:02:44 (7.6%)	7:13	8.3 (92.2%)
6	<b>WARCZALSKA Teresa</b>	<b>215</b>	STADION ŚLĄSKI	K60-69	1	00:37:31	00:18:10	<b>00:36:35.25</b>	<b>01:14:06.25</b>	+00:03:11 (8.7%)	7:19	8.2 (91.1%)
7	<b>DROZD Maria</b>	<b>58</b>	NORDIC WALKING KRUSZYNA	K40-49	4	00:36:15	00:18:16	<b>00:36:49.85</b>	<b>01:13:05.35</b>	+00:03:25 (9.3%)	7:22	8.1 (90.0%)
8	<b>CHOŁODECKA Marta</b>	<b>41</b>		K11-14	1	00:34:36	00:18:24	<b>00:37:18.05</b>	<b>01:11:54.55</b>	+00:03:53 (10.5%)	7:27	8 (88.9%)
9	<b>GRZYWOCZ Irena</b>	<b>79</b>	PROFIT SPORT TEAM	K60-69	2	00:37:31	00:18:30	<b>00:37:26.40</b>	<b>01:14:57.40</b>	+00:04:02 (10.8%)	7:29	8 (88.9%)
10	<b>PISAREK Kamila</b>	<b>161</b>	KIJOWE MORSY WROCŁAW	K19-29	1	00:35:18	00:18:36	<b>00:37:29.75</b>	<b>01:12:48.25</b>	+00:04:05 (10.9%)	7:30	8 (88.9%)
11	<b>DOBROWOLSKA-ŚWIĄTEK Elżbieta</b>	<b>53</b>		K50-59	2	00:36:57	00:18:45	<b>00:37:43.75</b>	<b>01:14:41.70</b>	+00:04:19 (11.5%)	7:32	8 (88.9%)
12	<b>MATYJA Anna</b>	<b>127</b>		K40-49	5	00:36:16	00:18:35	<b>00:37:47.85</b>	<b>01:14:03.95</b>	+00:04:23 (11.6%)	7:33	7.9 (87.8%)
13	<b>WOJCIECHOWSKA Katarzyna</b>	<b>223</b>	PLESZEWSKIE WŁÓCZYKIJE	K40-49	6	00:36:17	00:18:44	<b>00:37:50.70</b>	<b>01:14:08.10</b>	+00:04:26 (11.7%)	7:34	7.9 (87.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Start All 2.5km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
14	<b>WOJCIECHOWSKA Anna</b>	<b>224</b>	PLESZEWSKIE WŁÓCZYKIJE	K15-18	1	00:34:37	00:19:06	<b>00:38:00.25</b>	<b>01:12:38.20</b>	+00:04:36 (12.1%)	7:36	7.9 (87.8%)
15	<b>SZCZEGIELNIAK Joanna</b>	<b>198</b>		K40-49	7	00:36:16	00:19:05	<b>00:38:06.25</b>	<b>01:14:22.50</b>	+00:04:42 (12.3%)	7:37	7.9 (87.8%)
16	<b>AGARWAL Ritu</b>	<b>7</b>		K40-49	8	00:36:20	00:18:55	<b>00:38:06.80</b>	<b>01:14:27.15</b>	+00:04:42 (12.4%)	7:37	7.9 (87.8%)
17	<b>PUZICHOWSKA Małgorzata</b>	<b>169</b>		K50-59	3	00:36:58	00:19:01	<b>00:38:18.75</b>	<b>01:15:17.40</b>	+00:04:54 (12.8%)	7:39	7.8 (86.7%)
18	<b>DOMATOWICZ Dorota</b>	<b>55</b>		K40-49	9	00:36:28	00:19:23	<b>00:38:41.55</b>	<b>01:15:10.05</b>	+00:05:17 (13.7%)	7:44	7.8 (86.7%)
19	<b>WALULIK Aneta</b>	<b>214</b>	NORDIC WALKING WE WROCŁAWIU	K40-49	10	00:36:19	00:19:16	<b>00:38:56.40</b>	<b>01:15:15.85</b>	+00:05:32 (14.2%)	7:47	7.7 (85.6%)
20	<b>ALEKSANDROWICZ Maria</b>	<b>9</b>	NORDIC WALKING WE WROCŁAWIU	K11-14	2	00:33:49	00:19:46	<b>00:39:00.20</b>	<b>01:12:49.55</b>	+00:05:36 (14.4%)	7:48	7.7 (85.6%)
21	<b>DZIERZEGA Ewa</b>	<b>61</b>		K40-49	11	00:36:21	00:19:35	<b>00:39:01.00</b>	<b>01:15:22.35</b>	+00:05:36 (14.4%)	7:48	7.7 (85.6%)
22	<b>ADAMSKA Danuta</b>	<b>3</b>		K60-69	3	00:37:31	00:19:04	<b>00:39:01.55</b>	<b>01:16:33.20</b>	+00:05:37 (14.4%)	7:48	7.7 (85.6%)
23	<b>FEDKO Aleksandra</b>	<b>262</b>	SANTANDER CONSUMER BANK	K11-14	3	00:33:52	00:19:53	<b>00:39:07.75</b>	<b>01:13:00.60</b>	+00:05:43 (14.6%)	7:49	7.7 (85.6%)
24	<b>BOCHMAN Agata</b>	<b>268</b>	SANTANDER CONSUMER BANK	K11-14	4	00:33:52	00:19:36	<b>00:39:07.85</b>	<b>01:13:00.05</b>	+00:05:43 (14.6%)	7:49	7.7 (85.6%)
25	<b>MARKOWSKA Alina</b>	<b>275</b>	SANTANDER CONSUMER BANK	K11-14	5	00:33:53	00:19:43	<b>00:39:11.50</b>	<b>01:13:05.05</b>	+00:05:47 (14.8%)	7:50	7.7 (85.6%)
26	<b>DĘBSKA Małgorzata</b>	<b>51</b>	SANTANDER CONSUMER BANK	K30-39	2	00:35:46	00:19:44	<b>00:39:12.55</b>	<b>01:14:58.65</b>	+00:05:48 (14.8%)	7:50	7.7 (85.6%)
27	<b>NOWACZYK Lidia</b>	<b>144</b>	PLESZEWSKIE WŁÓCZYKIJE	K30-39	3	00:35:41	00:19:34	<b>00:39:13.05</b>	<b>01:14:54.80</b>	+00:05:48 (14.8%)	7:50	7.6 (84.4%)
28	<b>KLEPACZ Natalia</b>	<b>284</b>	SANTANDER CONSUMER BANK	K15-18	2	00:35:19	00:19:59	<b>00:39:14.30</b>	<b>01:14:33.70</b>	+00:05:50 (14.9%)	7:50	7.6 (84.4%)
29	<b>NOWAK Małgorzata</b>	<b>145</b>	SANTANDER CONSUMER BANK	K30-39	4	00:35:44	00:19:38	<b>00:39:24.10</b>	<b>01:15:08.75</b>	+00:05:59 (15.2%)	7:52	7.6 (84.4%)
30	<b>WORONKO-ZACZYŃSKA Janina</b>	<b>229</b>	KS METRACO POLKOWICE	K70+	1	00:37:46	00:19:40	<b>00:39:26.20</b>	<b>01:17:12.80</b>	+00:06:02 (15.3%)	7:53	7.6 (84.4%)
31	<b>MUCIEK Karolina</b>	<b>141</b>	SANTANDER CONSUMER BANK	K15-18	3	00:34:36	00:19:43	<b>00:39:27.50</b>	<b>01:14:03.65</b>	+00:06:03 (15.3%)	7:53	7.6 (84.4%)
32	<b>GRABNA Joanna</b>	<b>75</b>		K30-39	5	00:35:41	00:19:45	<b>00:39:28.20</b>	<b>01:15:09.75</b>	+00:06:04 (15.4%)	7:53	7.6 (84.4%)
33	<b>WNĘTRZAK Aneta</b>	<b>222</b>		K19-29	2	00:35:17	00:20:00	<b>00:39:39.25</b>	<b>01:14:56.65</b>	+00:06:15 (15.8%)	7:55	7.6 (84.4%)
34	<b>PAWLUKIEWICZ Lena</b>	<b>263</b>	SANTANDER CONSUMER BANK	K11-14	6	00:33:52	00:19:53	<b>00:39:40.35</b>	<b>01:13:33.15</b>	+00:06:16 (15.8%)	7:56	7.6 (84.4%)
35	<b>KOSICKA Beata</b>	<b>98</b>	NORDIC WALKING KIEKRZ	K40-49	12	00:36:25	00:20:05	<b>00:39:42.05</b>	<b>01:16:07.10</b>	+00:06:17 (15.9%)	7:56	7.6 (84.4%)
36	<b>FIUK Basia</b>	<b>312</b>		K15-18	4	00:34:36	00:19:49	<b>00:39:46.30</b>	<b>01:14:22.70</b>	+00:06:22 (16.0%)	7:57	7.5 (83.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Start All 2.5km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
37	<b>MORAWIEC Anna</b>	<b>136</b>	SANTANDER CONSUMER BANK	K40-49	13	00:36:26	00:20:05	<b>00:39:48.15</b>	<b>01:16:15.00</b>	+00:06:24 (16.1%)	7:57	7.5 (83.3%)
38	<b>RUTKOWSKA Małgorzata</b>	<b>176</b>	AZS DSW	K40-49	14	00:36:24	00:20:04	<b>00:39:49.05</b>	<b>01:16:13.10</b>	+00:06:24 (16.1%)	7:57	7.5 (83.3%)
39	<b>KUBICKA Barbara</b>	<b>260</b>		K50-59	4	00:37:05	00:20:12	<b>00:40:01.20</b>	<b>01:17:06.40</b>	+00:06:37 (16.5%)	8:00	7.5 (83.3%)
40	<b>MAJ Amelia</b>	<b>258</b>		K11-14	7	00:33:51	00:20:14	<b>00:40:01.75</b>	<b>01:13:53.55</b>	+00:06:37 (16.6%)	8:00	7.5 (83.3%)
41	<b>CZERWIŃSKA Dominika</b>	<b>45</b>	SANTANDER CONSUMER BANK	K11-14	8	00:33:49	00:19:45	<b>00:40:03.15</b>	<b>01:13:52.60</b>	+00:06:39 (16.6%)	8:00	7.5 (83.3%)
42	<b>WITKOWSKA Elżbieta</b>	<b>221</b>	RIGHT WAY	K60-69	4	00:37:32	00:19:43	<b>00:40:06.45</b>	<b>01:17:39.25</b>	+00:06:42 (16.7%)	8:01	7.5 (83.3%)
43	<b>WOŹNIAKIEWICZ Julia</b>	<b>230</b>	LICEUM OGÓLNOKSZTAŁCĄCE NR XV WE WROCŁAWIU	K15-18	5	00:34:37	00:19:59	<b>00:40:10.15</b>	<b>01:14:47.50</b>	+00:06:46 (16.8%)	8:02	7.5 (83.3%)
44	<b>MAJERCZYK-GODLEWSKA Jadwiga</b>	<b>123</b>		K40-49	15	00:36:18	00:19:57	<b>00:40:12.60</b>	<b>01:16:30.95</b>	+00:06:48 (16.9%)	8:02	7.5 (83.3%)
45	<b>LENDOR Żaneta</b>	<b>251</b>		K30-39	6	00:35:43	00:19:58	<b>00:40:14.70</b>	<b>01:15:58.50</b>	+00:06:50 (17.0%)	8:03	7.5 (83.3%)
46	<b>BORUCH Joanna</b>	<b>32</b>	NIEZRZESZONA	K50-59	5	00:36:58	00:19:51	<b>00:40:15.30</b>	<b>01:17:14.20</b>	+00:06:51 (17.0%)	8:03	7.5 (83.3%)
47	<b>BIELAWSKA Natalia</b>	<b>299</b>	SANTANDER CONSUMER BANK	K19-29	3	00:35:19	00:20:00	<b>00:40:25.30</b>	<b>01:15:44.30</b>	+00:07:01 (17.4%)	8:05	7.4 (82.2%)
48	<b>GAŚIOREK Danuta</b>	<b>70</b>	AKTYWNY WAŁBRZYCH	K50-59	6	00:37:00	00:20:20	<b>00:40:28.65</b>	<b>01:17:29.15</b>	+00:07:04 (17.5%)	8:05	7.4 (82.2%)
49	<b>SZCZEPANIAK Justyna</b>	<b>199</b>	SANTANDER CONSUMER BANK	K30-39	7	00:35:47	00:20:05	<b>00:40:33.85</b>	<b>01:16:21.00</b>	+00:07:09 (17.7%)	8:06	7.4 (82.2%)
50	<b>FEDKO Małgorzata</b>	<b>261</b>	SANTANDER CONSUMER BANK	K30-39	8	00:35:47	00:20:08	<b>00:40:43.75</b>	<b>01:16:31.70</b>	+00:07:19 (18.0%)	8:08	7.4 (82.2%)
51	<b>PAPIERNIK Justyna</b>	<b>154</b>		K30-39	9	00:35:44	00:20:06	<b>00:40:44.25</b>	<b>01:16:28.35</b>	+00:07:20 (18.0%)	8:08	7.4 (82.2%)
52	<b>KOWALCZYK Magdalena</b>	<b>100</b>		K30-39	10	00:35:45	00:20:26	<b>00:40:46.10</b>	<b>01:16:31.70</b>	+00:07:21 (18.1%)	8:09	7.4 (82.2%)
53	<b>HERMAN Ewa</b>	<b>297</b>		K50-59	7	00:36:59	00:20:32	<b>00:40:57.30</b>	<b>01:17:56.80</b>	+00:07:33 (18.4%)	8:11	7.3 (81.1%)
54	<b>GOLENIA Irmgarda</b>	<b>73</b>	NIEZRZESZONA	K50-59	8	00:36:58	00:20:32	<b>00:41:00.20</b>	<b>01:17:58.20</b>	+00:07:36 (18.5%)	8:12	7.3 (81.1%)
55	<b>WYSOCKA Magdalena</b>	<b>233</b>		K19-29	4	00:35:18	00:20:12	<b>00:41:03.30</b>	<b>01:16:21.95</b>	+00:07:39 (18.6%)	8:12	7.3 (81.1%)
56	<b>WARGOCKA Agnieszka</b>	<b>217</b>		K40-49	16	00:36:26	00:20:48	<b>00:41:06.85</b>	<b>01:17:32.90</b>	+00:07:42 (18.8%)	8:13	7.3 (81.1%)
57	<b>ŁADOŃSKA Ewa</b>	<b>115</b>		K50-59	9	00:37:03	00:20:36	<b>00:41:12.85</b>	<b>01:18:16.65</b>	+00:07:48 (19.0%)	8:14	7.3 (81.1%)
58	<b>MUCHA Honorata</b>	<b>140</b>	NIEZRZESZONA	K40-49	17	00:36:19	00:20:39	<b>00:41:14.60</b>	<b>01:17:34.15</b>	+00:07:50 (19.0%)	8:15	7.3 (81.1%)
59	<b>ADAMSKA Iwona</b>	<b>4</b>		K40-49	18	00:36:23	00:21:00	<b>00:41:16.50</b>	<b>01:17:39.65</b>	+00:07:52 (19.1%)	8:15	7.3 (81.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Start All 2.5km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
60	<b>TURONEK-PRZYBYSZ Roberta</b>	<b>209</b>		K30-39	11	00:35:45	00:20:33	<b>00:41:25.25</b>	<b>01:17:11.20</b>	+00:08:01 (19.4%)	8:17	7.2 (80.0%)
61	<b>ARTYMICZ Maria</b>	<b>291</b>		K60-69	5	00:37:30	00:20:18	<b>00:41:25.55</b>	<b>01:18:56.35</b>	+00:08:01 (19.4%)	8:17	7.2 (80.0%)
62	<b>BARTUSIK-URBAN Jadwiga</b>	<b>15</b>	SANTANDER CONSUMER BANK	K40-49	19	00:36:16	00:20:32	<b>00:41:28.15</b>	<b>01:17:44.45</b>	+00:08:04 (19.5%)	8:17	7.2 (80.0%)
63	<b>ROMIANIUK Krystyna</b>	<b>300</b>	KOLBUSZOWA	K50-59	10	00:36:59	00:20:44	<b>00:41:41.30</b>	<b>01:18:40.40</b>	+00:08:17 (19.9%)	8:20	7.2 (80.0%)
64	<b>WARPAS Barbara</b>	<b>218</b>	SANTANDER CONSUMER BANK	K30-39	12	00:35:49	00:20:30	<b>00:41:42.90</b>	<b>01:17:32.10</b>	+00:08:18 (19.9%)	8:20	7.2 (80.0%)
65	<b>KNOPEK Hanna</b>	<b>93</b>		K40-49	20	00:36:21	00:20:46	<b>00:41:48.50</b>	<b>01:18:10.10</b>	+00:08:24 (20.1%)	8:21	7.2 (80.0%)
66	<b>PARTYKA Anna</b>	<b>292</b>	SANTANDER CONSUMER BANK	K11-14	9	00:34:37	00:20:46	<b>00:41:54.80</b>	<b>01:16:32.05</b>	+00:08:30 (20.3%)	8:23	7.2 (80.0%)
67	<b>JASZCZ Alina</b>	<b>87</b>	RIGHT WAY	K60-69	6	00:37:35	00:20:17	<b>00:41:55.95</b>	<b>01:19:31.20</b>	+00:08:31 (20.3%)	8:23	7.2 (80.0%)
68	<b>ŁUKASIEWICZ Barbara</b>	<b>119</b>	TRENUJE Z NAMI	K30-39	13	00:35:44	00:20:53	<b>00:41:58.75</b>	<b>01:17:43.35</b>	+00:08:34 (20.4%)	8:23	7.1 (78.9%)
69	<b>GLAZER Natalia</b>	<b>314</b>		K19-29	5	00:45:28	00:21:54	<b>00:42:00.65</b>	<b>01:27:28.95</b>	+00:08:36 (20.5%)	8:24	7.1 (78.9%)
70	<b>KUREK Monika</b>	<b>110</b>		K40-49	21	00:45:27	00:21:57	<b>00:42:02.70</b>	<b>01:27:29.90</b>	+00:08:38 (20.6%)	8:24	7.1 (78.9%)
71	<b>RUTKOWSKA Monika</b>	<b>175</b>	AZS DSW	K11-14	10	00:33:54	00:21:01	<b>00:42:04.55</b>	<b>01:15:58.80</b>	+00:08:40 (20.6%)	8:24	7.1 (78.9%)
72	<b>DĄBROWA Karolina</b>	<b>50</b>		K19-29	6	00:35:17	00:20:51	<b>00:42:08.65</b>	<b>01:17:25.80</b>	+00:08:44 (20.7%)	8:25	7.1 (78.9%)
73	<b>PRZYBYLSKA-JÓZEFIAK Beata</b>	<b>168</b>		K40-49	22	00:36:19	00:21:03	<b>00:42:09.35</b>	<b>01:18:28.60</b>	+00:08:45 (20.8%)	8:25	7.1 (78.9%)
74	<b>KŁOSAK Żaneta</b>	<b>307</b>	SANTANDER CONSUMER BANK	K19-29	7	00:35:19	00:20:54	<b>00:42:18.05</b>	<b>01:17:37.85</b>	+00:08:53 (21.0%)	8:27	7.1 (78.9%)
75	<b>BANACH Maja</b>	<b>274</b>	SANTANDER CONSUMER BANK	K11-14	11	00:33:50	00:20:29	<b>00:42:20.10</b>	<b>01:16:10.70</b>	+00:08:55 (21.1%)	8:28	7.1 (78.9%)
76	<b>NOWAK Danuta</b>	<b>146</b>	SANTANDER CONSUMER BANK	K40-49	23	00:36:25	00:21:36	<b>00:42:34.35</b>	<b>01:19:00.10</b>	+00:09:10 (21.5%)	8:31	7 (77.8%)
77	<b>ANDRZEJEWSKA Bogusława</b>	<b>10</b>	MARSZ PO ZDROWIE	K50-59	11	00:36:58	00:21:14	<b>00:42:37.30</b>	<b>01:19:35.90</b>	+00:09:13 (21.6%)	8:31	7 (77.8%)
78	<b>FLAM Katarzyna</b>	<b>250</b>	LICEUM OGÓLNOKSZTAŁCĄCE NR XV WE WROCŁAWIU	K15-18	6	00:34:37	00:21:03	<b>00:42:39.40</b>	<b>01:17:17.35</b>	+00:09:15 (21.7%)	8:32	7 (77.8%)
79	<b>ORZECH Agnieszka</b>	<b>149</b>	SANTANDER CONSUMER BANK	K30-39	14	00:35:50	00:21:23	<b>00:42:43.15</b>	<b>01:18:33.15</b>	+00:09:19 (21.8%)	8:32	7 (77.8%)
80	<b>CZERWIŃSKA Małgorzata</b>	<b>44</b>	SANTANDER CONSUMER BANK	K40-49	24	00:36:18	00:21:37	<b>00:42:44.75</b>	<b>01:19:03.30</b>	+00:09:20 (21.9%)	8:33	7 (77.8%)
81	<b>WÓJCIK Irena</b>	<b>252</b>	UTW OLEŚNICA	K70+	2	00:37:46	00:21:23	<b>00:42:52.30</b>	<b>01:20:39.00</b>	+00:09:28 (22.1%)	8:34	7 (77.8%)
82	<b>KULBAKA Grażyna</b>	<b>288</b>	SANTANDER CONSUMER BANK	K60-69	7	00:37:31	00:21:40	<b>00:42:55.45</b>	<b>01:20:27.40</b>	+00:09:31 (22.2%)	8:35	7 (77.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Start All 2.5km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
83	<b>ADAMIN Grażyna</b>	<b>1</b>	KALISKA GRUPA ROWEROWA G7	K60-69	8	00:37:33	00:21:44	<b>00:42:57.00</b>	<b>01:20:30.95</b>	+00:09:32 (22.2%)	8:35	7 (77.8%)
84	<b>FIGIEL Anna</b>	<b>63</b>		K30-39	15	00:35:53	00:20:41	<b>00:43:05.60</b>	<b>01:18:59.15</b>	+00:09:41 (22.5%)	8:37	7 (77.8%)
85	<b>ŻAKIEWICZ Marta</b>	<b>248</b>	PARTNERZY-UNIWERSYTET MEDYCZNY WROCŁAW	K40-49	25	00:36:18	00:21:50	<b>00:43:07.15</b>	<b>01:19:26.05</b>	+00:09:43 (22.5%)	8:37	7 (77.8%)
86	<b>DYBALSKA Teresa</b>	<b>60</b>	SANTANDER CONSUMER BANK	K60-69	9	00:37:33	00:21:39	<b>00:43:20.25</b>	<b>01:20:53.40</b>	+00:09:56 (22.9%)	8:40	6.9 (76.7%)
87	<b>KLEPACZ Beata</b>	<b>283</b>	SANTANDER CONSUMER BANK	K40-49	26	00:36:20	00:21:47	<b>00:43:23.65</b>	<b>01:19:44.10</b>	+00:09:59 (23.0%)	8:40	6.9 (76.7%)
88	<b>RZEPKA Agnieszka</b>	<b>179</b>		K30-39	16	00:35:41	00:22:00	<b>00:43:34.65</b>	<b>01:19:16.55</b>	+00:10:10 (23.3%)	8:43	6.9 (76.7%)
89	<b>KOWALSKA-MAZUR Iwona</b>	<b>101</b>		K40-49	27	00:35:42	00:22:12	<b>00:43:47.10</b>	<b>01:19:30.00</b>	+00:10:22 (23.7%)	8:45	6.8 (75.6%)
90	<b>KUDLIŃSKA Wiktoria</b>	<b>109</b>	LICEUM OGÓLNOKSZTAŁCĄCE NR XV WE WROCŁAWIU	K15-18	7	00:34:37	00:21:48	<b>00:43:50.50</b>	<b>01:18:28.45</b>	+00:10:26 (23.8%)	8:46	6.8 (75.6%)
91	<b>JURCZAK Dominika</b>	<b>88</b>	LICEUM OGÓLNOKSZTAŁCĄCE NR XV WE WROCŁAWIU	K15-18	8	00:34:37	00:21:49	<b>00:43:52.35</b>	<b>01:18:29.40</b>	+00:10:28 (23.9%)	8:46	6.8 (75.6%)
92	<b>KWACH Małgorzata</b>	<b>311</b>	SANTANDER CONSUMER BANK	K30-39	17	00:35:50	00:22:07	<b>00:44:02.55</b>	<b>01:19:52.55</b>	+00:10:38 (24.2%)	8:48	6.8 (75.6%)
93	<b>JAKUBOWSKA Olga</b>	<b>84</b>		K50-59	12	00:37:02	00:22:02	<b>00:44:07.25</b>	<b>01:21:10.20</b>	+00:10:43 (24.3%)	8:49	6.8 (75.6%)
94	<b>BOJKO-JARNICKA Agnieszka</b>	<b>264</b>		K30-39	18	00:35:48	00:21:48	<b>00:44:15.70</b>	<b>01:20:04.15</b>	+00:10:51 (24.5%)	8:51	6.8 (75.6%)
95	<b>SZUMIŁO Klara</b>	<b>201</b>		K19-29	8	00:35:18	00:22:25	<b>00:44:21.55</b>	<b>01:19:39.60</b>	+00:10:57 (24.7%)	8:52	6.8 (75.6%)
96	<b>SEKUŁA Kamila</b>	<b>183</b>	SANTANDER CONSUMER BANK	K30-39	19	00:35:46	00:19:58	<b>00:44:24.00</b>	<b>01:20:10.00</b>	+00:10:59 (24.8%)	8:52	6.8 (75.6%)
97	<b>ZAWIEJA Alicja</b>	<b>238</b>		K30-39	20	00:35:48	00:21:50	<b>00:44:27.95</b>	<b>01:20:16.85</b>	+00:11:03 (24.9%)	8:53	6.7 (74.4%)
98	<b>KAWECKA-JANIK Elżbieta</b>	<b>304</b>		K60-69	10	00:37:05	00:22:05	<b>00:44:42.00</b>	<b>01:21:47.80</b>	+00:11:17 (25.3%)	8:56	6.7 (74.4%)
99	<b>WLAZŁO Elżbieta</b>	<b>302</b>		K70+	3	00:37:46	00:21:43	<b>00:44:53.50</b>	<b>01:22:40.40</b>	+00:11:29 (25.6%)	8:58	6.7 (74.4%)
100	<b>PRĘGOWSKA Ilona</b>	<b>167</b>		K40-49	28	00:36:23	00:22:53	<b>00:45:03.40</b>	<b>01:21:27.05</b>	+00:11:39 (25.9%)	9:00	6.7 (74.4%)
101	<b>ŻAK Teresa</b>	<b>245</b>		K60-69	11	00:37:34	00:22:21	<b>00:45:05.40</b>	<b>01:22:39.45</b>	+00:11:41 (25.9%)	9:01	6.7 (74.4%)
102	<b>JAGODZIŃSKA Bożena</b>	<b>82</b>		K50-59	13	00:37:01	00:23:02	<b>00:45:13.85</b>	<b>01:22:15.00</b>	+00:11:49 (26.2%)	9:02	6.6 (73.3%)
103	<b>CEBRYŃ Katarzyna</b>	<b>38</b>	KIJOWE MORSY WROCŁAW	K50-59	14	00:37:02	00:22:34	<b>00:45:27.90</b>	<b>01:22:30.45</b>	+00:12:03 (26.5%)	9:05	6.6 (73.3%)
104	<b>KSIĘŻYK Agnieszka</b>	<b>107</b>		K40-49	29	00:36:19	00:22:34	<b>00:45:30.10</b>	<b>01:21:50.05</b>	+00:12:05 (26.6%)	9:06	6.6 (73.3%)
105	<b>SOBCZAK Hanna</b>	<b>308</b>		K-OPEN	1	00:33:49	00:21:46	<b>00:45:31.55</b>	<b>01:19:21.35</b>	+00:12:07 (26.6%)	9:06	6.6 (73.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Start All 2.5km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
106	MARCISZEWSKA Małgorzata	125		K40-49	30	00:36:26	00:23:18	00:45:36.90	01:22:03.70	+00:12:12 (26.8%)	9:07	6.6 (73.3%)
107	PLUTA Katarzyna	162	SANTANDER CONSUMER BANK	K30-39	21	00:37:00	00:22:16	00:45:40.65	01:22:41.45	+00:12:16 (26.9%)	9:08	6.6 (73.3%)
108	KRÓLAK Ilona	103		K40-49	31	00:36:29	00:22:33	00:45:41.25	01:22:11.10	+00:12:17 (26.9%)	9:08	6.6 (73.3%)
109	KWIECIEŃ Elżbieta	111	RIGHT WAY	K50-59	15	00:37:02	00:23:02	00:45:41.85	01:22:43.85	+00:12:17 (26.9%)	9:08	6.6 (73.3%)
110	STENCEL Barbara	305		K40-49	32	00:36:22	00:23:32	00:46:10.15	01:22:32.75	+00:12:46 (27.7%)	9:14	6.5 (72.2%)
111	CEGIELSKA Ewa	39		K40-49	33	00:36:26	00:22:52	00:46:15.85	01:22:42.40	+00:12:51 (27.8%)	9:15	6.5 (72.2%)
112	WOJCIECHOWSKA Sylwia	309		K40-49	34	00:36:22	00:23:26	00:46:24.80	01:22:47.00	+00:13:00 (28.0%)	9:17	6.5 (72.2%)
113	ŁUKASZEWSKA Olga	120		K11-14	12	00:33:53	00:22:53	00:46:29.90	01:20:23.55	+00:13:05 (28.2%)	9:18	6.5 (72.2%)
114	PANTERA Renata	303		K50-59	16	00:37:04	00:22:48	00:46:36.10	01:23:40.80	+00:13:11 (28.3%)	9:19	6.4 (71.1%)
115	BIELAWSKA Dorota	19	SANTANDER CONSUMER BANK	K50-59	17	00:37:04	00:22:49	00:46:36.65	01:23:41.40	+00:13:12 (28.3%)	9:19	6.4 (71.1%)
116	FRĄCZAK Iga	68	SANTANDER CONSUMER BANK	K11-14	13	00:33:49	00:24:04	00:47:21.50	01:21:11.20	+00:13:57 (29.5%)	9:28	6.3 (70.0%)
117	WDOWIAK Danuta	255	ŚCINAWSKA GRUPA NORDIC WALKING	K60-69	12	00:37:32	00:23:25	00:47:27.30	01:24:59.50	+00:14:03 (29.6%)	9:29	6.3 (70.0%)
118	MICHALAK Aneta	130		K19-29	9	00:35:18	00:23:49	00:48:30.15	01:23:48.35	+00:15:06 (31.1%)	9:42	6.2 (68.9%)
119	BISKUPSKA Agnieszka	25		K19-29	10	00:35:18	00:23:51	00:48:30.45	01:23:48.45	+00:15:06 (31.1%)	9:42	6.2 (68.9%)
120	NUCKOWSKA Aleksandra	180	PRZYJACIELE UNIWERSYTET MEDYCZNY	K50-59	18	00:37:03	00:24:23	00:49:06.75	01:26:10.10	+00:15:42 (32.0%)	9:49	6.1 (67.8%)
121	OLEJCZYK Renata	148		K40-49	35	00:36:17	00:24:29	00:49:09.75	01:25:27.45	+00:15:45 (32.1%)	9:50	6.1 (67.8%)
122	KRUPIŃSKA Anita	295		K11-14	14	00:33:52	00:24:24	00:49:45.75	01:23:37.90	+00:16:21 (32.9%)	9:57	6 (66.7%)
123	SZUREK Olga	227		K11-14	15	00:33:51	00:24:25	00:49:46.40	01:23:37.95	+00:16:22 (32.9%)	9:57	6 (66.7%)
124	KOCZENASZ Ewa	270	SANTANDER CONSUMER BANK	K30-39	22	00:35:47	00:24:22	00:49:56.45	01:25:44.10	+00:16:32 (33.1%)	9:59	6 (66.7%)
125	GAPIŃSKA Gabriela	69	SANTANDER CONSUMER BANK	K30-39	23	00:35:47	00:24:23	00:49:57.55	01:25:44.60	+00:16:33 (33.1%)	9:59	6 (66.7%)
126	PATORA-ŁAMPIKA Aleksandra	156		K60-69	13	00:37:33	00:25:10	00:50:19.65	01:27:52.80	+00:16:55 (33.6%)	10:03	6 (66.7%)
127	BIŁYK Anna	23	SANTANDER CONSUMER BANK	K11-14	16	00:33:50	00:24:32	00:50:34.75	01:24:25.15	+00:17:10 (34.0%)	10:07	5.9 (65.6%)
128	FILIPEK Agnieszka	66	SANTANDER CONSUMER BANK	K30-39	24	00:35:50	00:25:10	00:50:55.15	01:26:45.90	+00:17:31 (34.4%)	10:11	5.9 (65.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Start All 2.5km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
129	<b>DMYTERKO Dorota</b>	<b>52</b>		K50-59	19	00:37:00	00:26:00	<b>00:51:25.40</b>	<b>01:28:25.50</b>	+00:18:01 (35.0%)	10:17	5.8 (64.4%)
130	<b>ZIEMLAŃSKA-RZEPKA Agnieszka</b>	<b>310</b>		K40-49	36	00:36:25	00:26:17	<b>00:52:14.65</b>	<b>01:28:40.00</b>	+00:18:50 (36.1%)	10:27	5.7 (63.3%)
131	<b>BIŁYK Barbara</b>	<b>24</b>	SANTANDER CONSUMER BANK	K40-49	37	00:36:21	00:26:00	<b>00:52:24.75</b>	<b>01:28:46.15</b>	+00:19:00 (36.3%)	10:29	5.7 (63.3%)
132	<b>KAMPA Adrianna</b>	<b>160</b>		K19-29	11	00:46:07	00:26:18	<b>00:52:33.70</b>	<b>01:38:41.35</b>	+00:19:09 (36.5%)	10:30	5.7 (63.3%)
133	<b>SOWIŃSKA Anna</b>	<b>186</b>		K19-29	12	00:46:07	00:26:19	<b>00:52:35.05</b>	<b>01:38:42.65</b>	+00:19:10 (36.5%)	10:31	5.7 (63.3%)
134	<b>ŁUKOJKO Ewa</b>	<b>254</b>		K50-59	20	00:37:06	00:26:30	<b>00:53:04.15</b>	<b>01:30:10.15</b>	+00:19:40 (37.1%)	10:36	5.7 (63.3%)
135	<b>DUDEK-TARNOWSKA Iwona</b>	<b>59</b>	SANTANDER CONSUMER BANK	K50-59	21	00:37:01	00:26:55	<b>00:53:47.85</b>	<b>01:30:49.55</b>	+00:20:23 (37.9%)	10:45	5.6 (62.2%)
136	<b>BIŁYK Klaudia</b>	<b>298</b>	SANTANDER CONSUMER BANK	K19-29	13	00:35:20	00:26:47	<b>00:54:22.95</b>	<b>01:29:43.75</b>	+00:20:58 (38.6%)	10:52	5.5 (61.1%)
137	<b>LENKIEWICZ Amelia</b>	<b>276</b>	SANTANDER CONSUMER BANK	K11-14	17	00:33:50	00:25:36	<b>00:56:14.75</b>	<b>01:30:05.10</b>	+00:22:50 (40.6%)	11:15	5.3 (58.9%)
138	<b>DOROSZ Antonina</b>	<b>56</b>		K70+	4	00:37:48	00:25:29	<b>00:58:07.95</b>	<b>01:35:56.05</b>	+00:24:43 (42.5%)	11:37	5.2 (57.8%)
139	<b>JAROSZ-NOWAK Joanna</b>	<b>86</b>		K40-49	38	00:36:23	00:29:11	<b>00:58:20.30</b>	<b>01:34:44.10</b>	+00:24:56 (42.7%)	11:40	5.1 (56.7%)
140	<b>PĘDZICH Małgorzata</b>	<b>158</b>	SANTANDER CONSUMER BANK	K40-49	39	00:35:52	00:35:05	<b>01:08:45.90</b>	<b>01:44:37.90</b>	+00:35:21 (51.4%)	13:45	4.4 (48.9%)
141	<b>ZAŃ Jolanta</b>	<b>234</b>	SANTANDER CONSUMER BANK	K30-39	25	00:35:48	00:35:00	<b>01:08:48.60</b>	<b>01:44:36.85</b>	+00:35:24 (51.5%)	13:45	4.4 (48.9%)
142	<b>BOROWSKA Marta</b>	<b>30</b>	SANTANDER CONSUMER BANK	K30-39	26	00:35:51	00:35:00	<b>01:08:51.35</b>	<b>01:44:42.50</b>	+00:35:27 (51.5%)	13:46	4.4 (48.9%)
143	<b>ŻUK Grażyna</b>	<b>249</b>		K30-39	27	00:12:29	00:46:32	<b>01:10:09.30</b>	<b>01:22:38.65</b>	+00:36:45 (52.4%)	14:01	4.3 (47.8%)
144	<b>HORNOSTAJ Renata</b>	<b>80</b>		K40-49	40	00:45:25	00:21:24			+00:04:47	8:33	7 (77.8%)
145	<b>OCHEJ-SADOWSKA Oriana</b>	<b>147</b>		K30-39	28	00:47:10	00:41:45			+00:25:09	16:42	3.6 (40.0%)
146	<b>GONET-OCHEJ Elżbieta</b>	<b>74</b>		K60-69	14	00:47:13	00:44:32			+00:27:55	17:48	3.4 (37.8%)
147	<b>CZYŻ Natalia</b>	<b>48</b>		K40-49	41	00:38:18	00:50:35			+00:33:58	20:14	3 (33.3%)
DQ	<b>CHOJNOWSKA Monika</b>	<b>40</b>		K30-39		DQ	00:19:01 DQ	<b>00:37:27.20 DQ</b>	<b>DQ</b>		-	- (0.0%)

Znaleziono 148 wynik(ów)