

Organizator: PFNW
Data: 2016-10-02
Miejsce: Wrocław
Dystans: 5 km



Klasyfikacja: K40-49

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Start_All 2.5km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	SPYCHAŁA Marzena	187	WESOŁY BORSUK TEAM	K40-49	1	00:36:15	00:16:36	00:33:24.15	01:09:39.30		6:40	9 (100%)
2	FEDECZKO Edyta	62		K40-49	2	00:36:15	00:17:25	00:35:38.95	01:11:54.45	+00:02:14 (6.3%)	7:07	8.4 (93.3%)
3	CIEŚLIKIEWICZ Urszula	42		K40-49	3	00:36:22	00:18:11	00:36:08.20	01:12:30.55	+00:02:44 (7.6%)	7:13	8.3 (92.2%)
4	DROZD Maria	58	NORDIC WALKING KRUSZYNA	K40-49	4	00:36:15	00:18:16	00:36:49.85	01:13:05.35	+00:03:25 (9.3%)	7:22	8.1 (90.0%)
5	MATYJA Anna	127		K40-49	5	00:36:16	00:18:35	00:37:47.85	01:14:03.95	+00:04:23 (11.6%)	7:33	7.9 (87.8%)
6	WOJCIECHOWSKA Katarzyna	223	PLESZEWSKIE WŁÓCZYKIJE	K40-49	6	00:36:17	00:18:44	00:37:50.70	01:14:08.10	+00:04:26 (11.7%)	7:34	7.9 (87.8%)
7	SZCZEGIELNIAK Joanna	198		K40-49	7	00:36:16	00:19:05	00:38:06.25	01:14:22.50	+00:04:42 (12.3%)	7:37	7.9 (87.8%)
8	AGARWAL Ritu	7		K40-49	8	00:36:20	00:18:55	00:38:06.80	01:14:27.15	+00:04:42 (12.4%)	7:37	7.9 (87.8%)
9	DOMATOWICZ Dorota	55		K40-49	9	00:36:28	00:19:23	00:38:41.55	01:15:10.05	+00:05:17 (13.7%)	7:44	7.8 (86.7%)
10	WALULIK Aneta	214	NORDIC WALKING WE WROCŁAWIU	K40-49	10	00:36:19	00:19:16	00:38:56.40	01:15:15.85	+00:05:32 (14.2%)	7:47	7.7 (85.6%)
11	DZIERZEGA Ewa	61		K40-49	11	00:36:21	00:19:35	00:39:01.00	01:15:22.35	+00:05:36 (14.4%)	7:48	7.7 (85.6%)
12	KOSICKA Beata	98	NORDIC WALKING KIEKRZ	K40-49	12	00:36:25	00:20:05	00:39:42.05	01:16:07.10	+00:06:17 (15.9%)	7:56	7.6 (84.4%)
13	MORAWIEC Anna	136	SANTANDER CONSUMER BANK	K40-49	13	00:36:26	00:20:05	00:39:48.15	01:16:15.00	+00:06:24 (16.1%)	7:57	7.5 (83.3%)

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14	RUTKOWSKA Małgorzata	176	AZS DSW	K40-49	14	00:36:24	00:20:04	00:39:49.05	01:16:13.10	+00:06:24 (16.1%)	7:57	7.5 (83.3%)
15	MAJERCZYK-GODLEWSKA Jadwiga	123		K40-49	15	00:36:18	00:19:57	00:40:12.60	01:16:30.95	+00:06:48 (16.9%)	8:02	7.5 (83.3%)
16	WARGOCKA Agnieszka	217		K40-49	16	00:36:26	00:20:48	00:41:06.85	01:17:32.90	+00:07:42 (18.8%)	8:13	7.3 (81.1%)
17	MUCHA Honorata	140	NIEZRZESZONA	K40-49	17	00:36:19	00:20:39	00:41:14.60	01:17:34.15	+00:07:50 (19.0%)	8:15	7.3 (81.1%)
18	ADAMSKA Iwona	4		K40-49	18	00:36:23	00:21:00	00:41:16.50	01:17:39.65	+00:07:52 (19.1%)	8:15	7.3 (81.1%)
19	BARTUSIK-URBAN Jadwiga	15	SANTANDER CONSUMER BANK	K40-49	19	00:36:16	00:20:32	00:41:28.15	01:17:44.45	+00:08:04 (19.5%)	8:17	7.2 (80.0%)
20	KNOPEK Hanna	93		K40-49	20	00:36:21	00:20:46	00:41:48.50	01:18:10.10	+00:08:24 (20.1%)	8:21	7.2 (80.0%)
21	KUREK Monika	110		K40-49	21	00:45:27	00:21:57	00:42:02.70	01:27:29.90	+00:08:38 (20.6%)	8:24	7.1 (78.9%)
22	PRZYBYLSKA-JÓZEFIAK Beata	168		K40-49	22	00:36:19	00:21:03	00:42:09.35	01:18:28.60	+00:08:45 (20.8%)	8:25	7.1 (78.9%)
23	NOWAK Danuta	146	SANTANDER CONSUMER BANK	K40-49	23	00:36:25	00:21:36	00:42:34.35	01:19:00.10	+00:09:10 (21.5%)	8:31	7 (77.8%)
24	CZERWIŃSKA Małgorzata	44	SANTANDER CONSUMER BANK	K40-49	24	00:36:18	00:21:37	00:42:44.75	01:19:03.30	+00:09:20 (21.9%)	8:33	7 (77.8%)
25	ŻAKIEWICZ Marta	248	PARTNERZY-UNIWERSYTET MEDYCZNY WROCŁAW	K40-49	25	00:36:18	00:21:50	00:43:07.15	01:19:26.05	+00:09:43 (22.5%)	8:37	7 (77.8%)
26	KLEPACZ Beata	283	SANTANDER CONSUMER BANK	K40-49	26	00:36:20	00:21:47	00:43:23.65	01:19:44.10	+00:09:59 (23.0%)	8:40	6.9 (76.7%)
27	KOWALSKA-MAZUR Iwona	101		K40-49	27	00:35:42	00:22:12	00:43:47.10	01:19:30.00	+00:10:22 (23.7%)	8:45	6.8 (75.6%)
28	PRĘGOWSKA Ilona	167		K40-49	28	00:36:23	00:22:53	00:45:03.40	01:21:27.05	+00:11:39 (25.9%)	9:00	6.7 (74.4%)
29	KSIĘŻYK Agnieszka	107		K40-49	29	00:36:19	00:22:34	00:45:30.10	01:21:50.05	+00:12:05 (26.6%)	9:06	6.6 (73.3%)
30	MARCISZEWSKA Małgorzata	125		K40-49	30	00:36:26	00:23:18	00:45:36.90	01:22:03.70	+00:12:12 (26.8%)	9:07	6.6 (73.3%)
31	KRÓLAK Ilona	103		K40-49	31	00:36:29	00:22:33	00:45:41.25	01:22:11.10	+00:12:17 (26.9%)	9:08	6.6 (73.3%)
32	STENCEL Barbara	305		K40-49	32	00:36:22	00:23:32	00:46:10.15	01:22:32.75	+00:12:46 (27.7%)	9:14	6.5 (72.2%)
33	CEGIELSKA Ewa	39		K40-49	33	00:36:26	00:22:52	00:46:15.85	01:22:42.40	+00:12:51 (27.8%)	9:15	6.5 (72.2%)
34	WOJCIECHOWSKA Sylwia	309		K40-49	34	00:36:22	00:23:26	00:46:24.80	01:22:47.00	+00:13:00 (28.0%)	9:17	6.5 (72.2%)
35	OLEJCZYK Renata	148		K40-49	35	00:36:17	00:24:29	00:49:09.75	01:25:27.45	+00:15:45 (32.1%)	9:50	6.1 (67.8%)
36	ZIEMLAŃSKA-RZEPKA Agnieszka	310		K40-49	36	00:36:25	00:26:17	00:52:14.65	01:28:40.00	+00:18:50 (36.1%)	10:27	5.7 (63.3%)

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37	BIŁYK Barbara	24	SANTANDER CONSUMER BANK	K40-49	37	00:36:21	00:26:00	00:52:24.75	01:28:46.15	+00:19:00 (36.3%)	10:29	5.7 (63.3%)
38	JAROSZ-NOWAK Joanna	86		K40-49	38	00:36:23	00:29:11	00:58:20.30	01:34:44.10	+00:24:56 (42.7%)	11:40	5.1 (56.7%)
39	PĘDZICH Małgorzata	158	SANTANDER CONSUMER BANK	K40-49	39	00:35:52	00:35:05	01:08:45.90	01:44:37.90	+00:35:21 (51.4%)	13:45	4.4 (48.9%)
40	HORNOSTAJ Renata	80		K40-49	40	00:45:25	00:21:24			+00:04:47	8:33	7 (77.8%)
41	CZYŻ Natalia	48		K40-49	41	00:38:18	00:50:35			+00:33:58	20:14	3 (33.3%)

Znaleziono 41 wynik(ów)