



WROCŁAW - FINAŁ AKADEMII ZDROWIA SANTANDERA - NORDIC WALKING - 5 KM

B4SPORT

Organiser: PFNW
Date: 2016-10-02
Place: Wrocław
Distance: 5 km



Classification: K50-59

Place	Participant	Number	Club	Category	MCat	Start time	Start_All 2.5km	Net time 5km	Czas brutto 5km	Gap	Pace min/km	Pace km/h
1	PARTYKA Teresa	155	WESOŁY BORSUK TEAM	K50-59	1	00:36:57	00:16:37	00:33:32.50	01:10:30.35		6:42	8.9 (100%)
2	DOBROWOLSKA-ŚWIĄTEK Elżbieta	53		K50-59	2	00:36:57	00:18:45	00:37:43.75	01:14:41.70	+00:04:11 (11.1%)	7:32	8 (89.9%)
3	PUZICHOWSKA Małgorzata	169		K50-59	3	00:36:58	00:19:01	00:38:18.75	01:15:17.40	+00:04:46 (12.5%)	7:39	7.8 (87.6%)
4	KUBICKA Barbara	260		K50-59	4	00:37:05	00:20:12	00:40:01.20	01:17:06.40	+00:06:28 (16.2%)	8:00	7.5 (84.3%)
5	BORUCH Joanna	32	NIEZRZESZONA	K50-59	5	00:36:58	00:19:51	00:40:15.30	01:17:14.20	+00:06:42 (16.7%)	8:03	7.5 (84.3%)
6	GĄSIOREK Danuta	70	AKTYWNY WAŁBRZYCH	K50-59	6	00:37:00	00:20:20	00:40:28.65	01:17:29.15	+00:06:56 (17.1%)	8:05	7.4 (83.1%)
7	HERMAN Ewa	297		K50-59	7	00:36:59	00:20:32	00:40:57.30	01:17:56.80	+00:07:24 (18.1%)	8:11	7.3 (82.0%)
8	GOLENIA Irmgarda	73	NIEZRZESZONA	K50-59	8	00:36:58	00:20:32	00:41:00.20	01:17:58.20	+00:07:27 (18.2%)	8:12	7.3 (82.0%)
9	ŁADOŃSKA Ewa	115		K50-59	9	00:37:03	00:20:36	00:41:12.85	01:18:16.65	+00:07:40 (18.6%)	8:14	7.3 (82.0%)
10	ROMIANIUK Krystyna	300	KOLBUSZOWA	K50-59	10	00:36:59	00:20:44	00:41:41.30	01:18:40.40	+00:08:08 (19.5%)	8:20	7.2 (80.9%)
11	ANDRZEJEWSKA Bogusława	10	MARSZ PO ZDROWIE	K50-59	11	00:36:58	00:21:14	00:42:37.30	01:19:35.90	+00:09:04 (21.3%)	8:31	7 (78.7%)
12	JAKUBOWSKA Olga	84		K50-59	12	00:37:02	00:22:02	00:44:07.25	01:21:10.20	+00:10:34 (24.0%)	8:49	6.8 (76.4%)
13	JAGODZIŃSKA Bożena	82		K50-59	13	00:37:01	00:23:02	00:45:13.85	01:22:15.00	+00:11:41 (25.8%)	9:02	6.6 (74.2%)

Place	Participant	Number	Club	Category	MCat	Start time	Start_All 2.5km	Net time 5km	Czas brutto 5km	Gap	Pace min/km	Pace km/h
14	CEBRYŃ Katarzyna	38	KIJOWE MORSY WROCŁAW	K50-59	14	00:37:02	00:22:34	00:45:27.90	01:22:30.45	+00:11:55 (26.2%)	9:05	6.6 (74.2%)
15	KWIECIEŃ Elżbieta	111	RIGHT WAY	K50-59	15	00:37:02	00:23:02	00:45:41.85	01:22:43.85	+00:12:09 (26.6%)	9:08	6.6 (74.2%)
16	PANTERA Renata	303		K50-59	16	00:37:04	00:22:48	00:46:36.10	01:23:40.80	+00:13:03 (28.0%)	9:19	6.4 (71.9%)
17	BIELAWSKA Dorota	19	SANTANDER CONSUMER BANK	K50-59	17	00:37:04	00:22:49	00:46:36.65	01:23:41.40	+00:13:04 (28.0%)	9:19	6.4 (71.9%)
18	NUCKOWSKA Aleksandra	180	PRZYJACIELE UNIWERSYTET MEDYCZNY	K50-59	18	00:37:03	00:24:23	00:49:06.75	01:26:10.10	+00:15:34 (31.7%)	9:49	6.1 (68.5%)
19	DMYTERKO Dorota	52		K50-59	19	00:37:00	00:26:00	00:51:25.40	01:28:25.50	+00:17:52 (34.8%)	10:17	5.8 (65.2%)
20	ŁUKOJKO Ewa	254		K50-59	20	00:37:06	00:26:30	00:53:04.15	01:30:10.15	+00:19:31 (36.8%)	10:36	5.7 (64.0%)
21	DUDEK-TARNOWSKA Iwona	59	SANTANDER CONSUMER BANK	K50-59	21	00:37:01	00:26:55	00:53:47.85	01:30:49.55	+00:20:15 (37.7%)	10:45	5.6 (62.9%)

Total 21 results.