



WROCLAW - FINAŁ AKADEMII ZDROWIA SANTANDERA - NORDIC WALKING - 5 KM

B4SPORT

Organiser: PFNW
Date: 2016-10-02
Place: Wrocław
Distance: 5 km



Classification: M30-39

Place	Participant	Number	Club	Category	MCat	Start time	Start_All 2.5km	Net time 5km	Czas brutto 5km	Gap	Pace min/km	Pace km/h
1	ZAPAŁA Daniel	235	KIJOWE MORSY WROCLAW	M30-39	1	00:31:27	00:16:43	00:34:05.05	01:05:32.45		6:49	8.8 (100%)
2	SITKOWSKI Konrad	184		M30-39	2	00:31:26	00:17:25	00:35:20.50	01:06:46.80	+00:01:15 (3.6%)	7:04	8.5 (96.6%)
3	GIBAS Sławomir	71		M30-39	3	00:31:26	00:17:36	00:35:30.70	01:06:57.00	+00:01:25 (4.0%)	7:06	8.4 (95.5%)
4	KOPIJ Grzegorz	97		M30-39	4	00:31:28	00:18:16	00:36:12.30	01:07:41.05	+00:02:07 (5.9%)	7:14	8.3 (94.3%)
5	BEDNARZ Krzysztof	16	SCB	M30-39	5	00:31:26	00:17:55	00:36:14.00	01:07:40.15	+00:02:08 (5.9%)	7:14	8.3 (94.3%)
6	GIBKI Łukasz	271	SANTANDER CONSUMER BANK	M30-39	6	00:31:27	00:18:45	00:37:45.15	01:09:12.85	+00:03:40 (9.7%)	7:33	7.9 (89.8%)
7	PAL Robert	153		M30-39	7	00:31:27	00:18:58	00:39:07.25	01:10:34.35	+00:05:02 (12.9%)	7:49	7.7 (87.5%)
8	SZCZYGIEŁ Aleksander	200	SANTANDER CONSUMER BANK	M30-39	8	00:31:27	00:19:48	00:39:53.40	01:11:20.50	+00:05:48 (14.6%)	7:58	7.5 (85.2%)
9	KULBAKA Michał	289	SANTANDER CONSUMER BANK	M30-39	9	00:31:29	00:21:24	00:41:51.95	01:13:21.75	+00:07:46 (18.6%)	8:22	7.2 (81.8%)
10	FRĄTCZAK Marek	67	SANTANDER CONSUMER BANK	M30-39	10	00:32:45	00:22:31	00:45:51.85	01:18:37.45	+00:11:46 (25.7%)	9:10	6.5 (73.9%)
11	SOBCZAK Michał	185	NAPÓR STARYCH GRZYBÓW	M30-39	11	00:32:44	00:22:31	00:45:52.55	01:18:37.45	+00:11:47 (25.7%)	9:10	6.5 (73.9%)
12	KOCZENASZ Maciej	269	SANTANDER CONSUMER BANK	M30-39	12	00:31:28	00:24:38	00:49:08.05	01:20:36.25	+00:15:03 (30.6%)	9:49	6.1 (69.3%)
13	SADOWSKI Dominik	181		M30-39	13	00:47:12	00:41:44			+00:25:01	16:41	3.6 (40.9%)

Total 13 results.