

**Wydarzenie:** III Finał Akademii Zdrowia Santandera  
**Organizator:** Polska Federacja Nordic Walking  
**Data:** 2018-09-15  
**Miejsce:** Wrocław  
**Dystans:** 10 km



Klasyfikacja: M30-39

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Start_All 2.5km	Start_All 5km	Start_All 7.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	<b>PRUCIAK Krzysztof</b>	<b>553</b>	LECYMY DURŚ	M30-39	1	00:00:02	00:09:05	00:18:25	00:27:59	<b>00:37:29.60</b>	<b>00:37:32.45</b>		3:45	16
2	<b>NOWAKOWSKI Marcin</b>	<b>546</b>		M30-39	2	00:00:02	00:09:16	00:19:06	00:29:29	<b>00:39:30.20</b>	<b>00:39:33.00</b>	+00:02:00	3:57	15.2
3	<b>OLKIS Rafał</b>	<b>581</b>	PRZEBIEGA.PL	M30-39	3	00:00:04	00:09:13	00:19:11	00:29:33	<b>00:39:33.95</b>	<b>00:39:38.30</b>	+00:02:04	3:57	15.2
4	<b>ŻUREK Tomasz</b>	<b>582</b>		M30-39	4	00:00:04	00:09:24	00:19:43	00:30:14	<b>00:40:55.10</b>	<b>00:40:59.20</b>	+00:03:25	4:05	14.7
5	<b>CZECHOWSKI Paweł</b>	<b>519</b>		M30-39	5	00:00:04	00:09:54	00:20:29	00:31:31	<b>00:42:26.70</b>	<b>00:42:31.10</b>	+00:04:57	4:14	14.1
6	<b>NARÓG Paweł</b>	<b>545</b>		M30-39	6	00:00:06	00:10:20	00:21:07	00:32:18	<b>00:43:10.15</b>	<b>00:43:16.15</b>	+00:05:40	4:19	13.9
7	<b>BRODA Dominik</b>	<b>513</b>	POSITIVE VIBRATION	M30-39	7	00:00:04	00:10:38	00:21:44	00:32:43	<b>00:43:28.10</b>	<b>00:43:32.30</b>	+00:05:58	4:20	13.8
8	<b>MORAŃSKI Wojciech</b>	<b>543</b>	SANTANDER CONSUMER BANK	M30-39	8	00:00:04	00:10:30	00:21:28	00:32:44	<b>00:43:51.35</b>	<b>00:43:55.40</b>	+00:06:21	4:23	13.7
9	<b>CIESIELSKI Maciej</b>	<b>515</b>	CIESIU TEAM	M30-39	9	00:00:06	00:10:32	00:21:39	00:32:55	<b>00:43:54.65</b>	<b>00:44:00.80</b>	+00:06:25	4:23	13.7
10	<b>SOBORAK Mariusz</b>	<b>559</b>	AKTYWNA EKIPA CALYPSO	M30-39	10	00:00:04	00:09:55	00:20:55	00:32:34	<b>00:44:07.15</b>	<b>00:44:11.80</b>	+00:06:37	4:24	13.6
11	<b>BYŚ Mateusz</b>	<b>514</b>		M30-39	11	00:00:05	00:10:56	00:22:16	00:33:53	<b>00:45:09.90</b>	<b>00:45:15.55</b>	+00:07:40	4:31	13.3
12	<b>HORAŁA Piotr</b>	<b>527</b>	POWERS TEAM - KAWAII NEKO	M30-39	12	00:00:05	00:11:00	00:22:43	00:34:22	<b>00:45:54.25</b>	<b>00:45:59.70</b>	+00:08:24	4:35	13.1
13	<b>DOBOSZ Łukasz</b>	<b>522</b>		M30-39	13	00:00:06	00:11:32	00:23:53	00:36:37	<b>00:49:15.20</b>	<b>00:49:21.45</b>	+00:11:45	4:55	12.2
14	<b>KYJAK Błażej</b>	<b>584</b>		M30-39	14	00:00:10	00:11:34	00:23:42	00:37:28	<b>00:50:06.90</b>	<b>00:50:16.90</b>	+00:12:37	5:00	12
15	<b>HUMENIUK Wojciech</b>	<b>528</b>	AMATOR	M30-39	15	00:00:05	00:12:50	00:26:24	00:40:07	<b>00:53:46.35</b>	<b>00:53:52.10</b>	+00:16:16	5:22	11.2
16	<b>SIATKOWSKI Sebastian</b>	<b>556</b>	SANDAŁY JUDASZA	M30-39	16	00:00:05	00:13:16	00:28:49	00:45:48	<b>01:01:43.10</b>	<b>01:01:48.70</b>	+00:24:13	6:10	9.7
17	<b>JANIAK Artur</b>	<b>530</b>		M30-39	17	00:00:07	00:15:56	00:32:52	00:50:30	<b>01:06:44.95</b>	<b>01:06:52.50</b>	+00:29:15	6:40	9

Znaleziono 17 wynik(ów)