



Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

X Bieg Mikołajkowy
Stowarzyszenie BiegamBoLubie Team Police
2022-12-04
Police
10 km

X BIEG MIKOŁAJKOWY

B4SPORT
INTELEKTUALNE ZAWODY SPORTOWE

B4SPORT
INTELEKTUALNE ZAWODY SPORTOWE

Klasyfikacja: K-30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Rodzina	Powiat	Grupy		5 km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	GRZEGÓRZEK Paulina	134	RAZ SZCZECIN	K-30	1					00:19:39	00:41:01.85	00:41:01.85		4:06	14.6 (100%)
2	KAMIŃSKA Agata	185	KAMINSKI TEAM	K-30	2				RUN TEAM	00:21:07	00:43:55.85	00:43:55.85	+00:02:54 (6.6%)	4:23	13.7 (93.8%)
3	PILC Anna	612	TARNOWO PODGORNE BIEGA	K-30	3					00:21:53	00:45:37.40	00:45:37.40	+00:04:35 (10.1%)	4:33	13.2 (90.4%)
4	PROKOP Agata	415		K-30	4				RunFourFun	00:22:07	00:46:30.45	00:46:30.45	+00:05:28 (11.8%)	4:39	12.9 (88.4%)
5	TROJGA Karolina	527	RUNFOURFUN	K-30	5				RunFourFun	00:22:48	00:48:09.50	00:48:09.50	+00:07:07 (14.8%)	4:48	12.5 (85.6%)
6	KACZMAREK Natalia	182	FIZJOBIEGACZE SZCZECIN	K-30	6					00:23:32	00:48:09.65	00:48:09.65	+00:07:07 (14.8%)	4:48	12.5 (85.6%)
7	WEBER Mirela	547		K-30	7		Tak			00:22:23	00:48:15.95	00:48:15.95	+00:07:14 (15.0%)	4:49	12.4 (84.9%)
8	NIEMIRO Dominika	342	GRUPA AZOTY POLICE	K-30	8		Tak	Tak		00:23:47	00:48:59.95	00:48:59.95	+00:07:58 (16.3%)	4:53	12.2 (83.6%)
9	WALKOWIAK Daria	536	BRIDGESTONE RUNNERS STARGARD	K-30	9					00:23:31	00:49:06.90	00:49:06.90	+00:08:05 (16.5%)	4:54	12.2 (83.6%)
10	PIECYK Katarzyna	385	BOSMAN SZCZECIN	K-30	10				Bosman Szczecin	00:23:13	00:49:22.20	00:49:22.20	+00:08:20 (16.9%)	4:56	12.2 (83.6%)
11	LESIECKA Justyna	267		K-30	11					00:23:55	00:49:31.70	00:49:31.70	+00:08:29 (17.2%)	4:57	12.1 (82.9%)
12	DROŹDZIEL Magdalena	84	KB HERMES GRYFINO	K-30	12				KB Hermes Gryfino 2	00:24:20	00:49:57.35	00:49:57.35	+00:08:55 (17.9%)	4:59	12 (82.2%)
13	WILK Ania	554	DECATHLON SZCZECIN	K-30	13				Decathlon Szczecin	00:24:26	00:50:03.85	00:50:03.85	+00:09:02 (18.0%)	5:00	12 (82.2%)
14	KOTOWSKA Iwona	605	DEMANT	K-30	14					00:25:21	00:50:09.30	00:50:09.30	+00:09:07 (18.2%)	5:00	12 (82.2%)
15	OLBRYCHOWSKA Paulina	355		K-30	15					00:25:10	00:51:12.25	00:51:12.25	+00:10:10 (19.9%)	5:07	11.7 (80.1%)
16	MILEWSKA Edyta	322	WY-BIEGANI SZCZECIN	K-30	16				Wy-Biegani Szczecin	00:25:19	00:51:36.45	00:51:36.45	+00:10:34 (20.5%)	5:09	11.6 (79.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Rodzina	Powiat Grupy				5 km 5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
							Police	Azoty	Mundurowi	Drużyna 1						
17	PAWŁOWSKA-ZALEJSKA Justyna	378		K-30	17						00:24:41	00:51:40.35	00:51:40.35	+00:10:38 (20.6%)	5:10	11.6 (79.5%)
18	MADEJ Anna	292	UKŁ ÓSEMKA POLICE	K-30	18						00:25:27	00:52:24.10	00:52:24.10	+00:11:22 (21.7%)	5:14	11.5 (78.8%)
19	KŁACZKIEWICZ Alicja	207	WY-BIEGANI SZCZECIN	K-30	19					Wy-Biegani Szczecin 2	00:25:56	00:54:06.00	00:54:06.00	+00:13:04 (24.2%)	5:24	11.1 (76.0%)
20	PIOTROWSKA Aleksandra	391		K-30	20						00:26:23	00:54:22.15	00:54:22.15	+00:13:20 (24.5%)	5:26	11 (75.3%)
21	ZIÓŁKOWSKA Andzelika	590	KB HERMES GRYFINO	K-30	21		Tak			KB Hermes Gryfino 2	00:26:25	00:54:26.65	00:54:26.65	+00:13:24 (24.6%)	5:26	11 (75.3%)
22	JASIUCHNA Aleksandra	162		K-30	22						00:27:32	00:55:39.25	00:55:39.25	+00:14:37 (26.3%)	5:33	10.8 (74.0%)
23	WARDEGA Monika	539	KB HERMES	K-30	23					KB Hermes Gryfino 2	00:25:54	00:55:53.25	00:55:53.25	+00:14:51 (26.6%)	5:35	10.7 (73.3%)
24	BARANOWSKA Anna	21	SAVAGES	K-30	24		Tak	Tak		SAVAGES	00:27:26	00:55:59.60	00:55:59.60	+00:14:57 (26.7%)	5:35	10.7 (73.3%)
25	PIOTROWSKA Dorota	392		K-30	25		Tak				00:27:57	00:56:24.30	00:56:24.30	+00:15:22 (27.3%)	5:38	10.6 (72.6%)
26	KOLSKA Lena	607	DEMANT	K-30	26						00:27:34	00:57:17.65	00:57:17.65	+00:16:15 (28.4%)	5:43	10.5 (71.9%)
27	SZCZEPANIAK Izabela	493		K-30	27						00:29:13	00:58:00.65	00:58:00.65	+00:16:58 (29.3%)	5:48	10.3 (70.5%)
28	CZYCZYN Angelika	70	POCHMURNI DREPTACZE	K-30	28		Tak				00:28:20	00:58:01.65	00:58:01.65	+00:16:59 (29.3%)	5:48	10.3 (70.5%)
29	ROBAK Aleksandra	433	DECATHLON SZCZECIN	K-30	29					Decathlon Szczecin	00:28:58	00:59:02.90	00:59:02.90	+00:18:01 (30.5%)	5:54	10.2 (69.9%)
30	BURCHARD-KUCA Anita	59		K-30	30				Tak		00:29:25	00:59:31.90	00:59:31.90	+00:18:30 (31.1%)	5:57	10.1 (69.2%)
31	OSTROWSKA Ewelina	367	OSTRATEAM	K-30	31					OstraTeam	00:28:45	01:00:28.15	01:00:28.15	+00:19:26 (32.1%)	6:02	9.9 (67.8%)
32	BŁAŻEJEWSKA-JANNASZ Kamila	35		K-30	32		Tak				00:29:41	01:00:28.25	01:00:28.25	+00:19:26 (32.1%)	6:02	9.9 (67.8%)
33	ROSZAK Weronika	437	CIUWER TEAM	K-30	33						00:29:16	01:00:34.75	01:00:34.75	+00:19:32 (32.3%)	6:03	9.9 (67.8%)
34	WOŁKOWICZ Anna	564	DRUŻYNA G	K-30	34		Tak				00:30:20	01:01:25.55	01:01:25.55	+00:20:23 (33.2%)	6:08	9.8 (67.1%)
35	KARDAŚ Anna	189		K-30	35						00:30:10	01:01:48.20	01:01:48.20	+00:20:46 (33.6%)	6:10	9.7 (66.4%)
36	DZIWISZEK Magdalena	97		K-30	36						00:30:10	01:01:48.75	01:01:48.75	+00:20:46 (33.6%)	6:10	9.7 (66.4%)
37	MARUSIĘNSKA Alicja	303		K-30	37						00:30:32	01:01:52.25	01:01:52.25	+00:20:50 (33.7%)	6:11	9.7 (66.4%)
38	JABŁONOWSKA Aleksandra	156		K-30	38		Tak				00:31:28	01:02:01.95	01:02:01.95	+00:21:00 (33.9%)	6:12	9.7 (66.4%)
39	MYSONA Małgorzata	331		K-30	39		Tak				00:31:28	01:02:02.25	01:02:02.25	+00:21:00 (33.9%)	6:12	9.7 (66.4%)
40	KUKOWSKA Małgorzata	256	SWINOUJSCIE	K-30	40						00:31:11	01:02:23.75	01:02:23.75	+00:21:21 (34.2%)	6:14	9.6 (65.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Rodzina	Powiat	Grupy	Mundurowi	Drużyna	1	5 km	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
							Police					5km	10km	10km			
41	JAGIELNICKA Aleksandra	157	WIECZORNE BIEGANIE W SZCZECINIE	K-30	41					Wieczorne Bieganie w Szczecinie		00:30:42	01:02:34.00	01:02:34.00	+00:21:32 (34.4%)	6:15	9.6 (65.8%)
42	MATUŁA Magdalena	306		K-30	42							00:30:58	01:02:35.70	01:02:35.70	+00:21:33 (34.5%)	6:15	9.6 (65.8%)
43	STUDNIAREK Sylwia	484		K-30	43							00:31:03	01:02:38.65	01:02:38.65	+00:21:36 (34.5%)	6:15	9.6 (65.8%)
44	KOTLIŃSKA Monika	220		K-30	44							00:30:41	01:03:07.80	01:03:07.80	+00:22:05 (35.0%)	6:18	9.5 (65.1%)
45	KAMIŃSKA Aleksandra	186		K-30	45							00:30:38	01:03:14.60	01:03:14.60	+00:22:12 (35.1%)	6:19	9.5 (65.1%)
46	ŁONIEWSKA Ania	282	K-RUNNERS	K-30	46							00:29:42	01:03:20.45	01:03:20.45	+00:22:18 (35.2%)	6:20	9.5 (65.1%)
47	KORNICKA Daria	218		K-30	47		Tak					00:30:59	01:03:33.70	01:03:33.70	+00:22:31 (35.4%)	6:21	9.4 (64.4%)
48	PYTLAK Agata	425		K-30	48							00:30:26	01:03:52.70	01:03:52.70	+00:22:50 (35.8%)	6:23	9.4 (64.4%)
49	WASZKIEWICZ Paulina	545		K-30	49							00:30:08	01:04:17.65	01:04:17.65	+00:23:15 (36.2%)	6:25	9.3 (63.7%)
50	KOZŁOWSKA Marzena	230	BBL LASY BOGDANIEC	K-30	50					Biegam Bo Lubię Lasy Bogdaniec		00:31:44	01:04:28.85	01:04:28.85	+00:23:27 (36.4%)	6:26	9.3 (63.7%)
51	LIPIŃSKA Marta	276	BBL LASY BOGDANIEC	K-30	51					Biegam Bo Lubię Lasy Bogdaniec		00:31:44	01:04:29.05	01:04:29.05	+00:23:27 (36.4%)	6:26	9.3 (63.7%)
52	SZCZUKIEWICZ Aneta	600	WIECZORNE BIEGANIE W SZCZECINIE	K-30	52		Tak					00:30:26	01:04:36.40	01:04:36.40	+00:23:34 (36.5%)	6:27	9.3 (63.7%)
53	SOSNA Paulina	471		K-30	53		Tak	Tak				00:32:26	01:05:46.90	01:05:46.90	+00:24:45 (37.6%)	6:34	9.1 (62.3%)
54	SOKOŁOWSKA Magdalena	470		K-30	54							00:31:34	01:05:55.55	01:05:55.55	+00:24:53 (37.8%)	6:35	9.1 (62.3%)
55	NOWACKA Anna	347		K-30	55		Tak					00:32:37	01:06:28.25	01:06:28.25	+00:25:26 (38.3%)	6:38	9 (61.6%)
56	BORKOWSKA Karolina	603	DEMANT	K-30	56							00:32:56	01:08:04.25	01:08:04.25	+00:27:02 (39.7%)	6:48	8.8 (60.3%)
57	WROŃSKA DRZEWIECKA Justyna	570		K-30	57							00:31:53	01:08:33.65	01:08:33.65	+00:27:31 (40.2%)	6:51	8.8 (60.3%)
58	PIECZYŃSKA Kinga	386		K-30	58							00:33:34	01:08:57.30	01:08:57.30	+00:27:55 (40.5%)	6:53	8.7 (59.6%)
59	SZYMCZAK Magdalena	512	GRUPA AZOTY	K-30	59		Tak	Tak				00:31:41	01:09:19.40	01:09:19.40	+00:28:17 (40.8%)	6:55	8.7 (59.6%)
60	DZIAŁOWSKA Sara	96		K-30	60							00:36:06	01:11:58.65	01:11:58.65	+00:30:56 (43.0%)	7:11	8.3 (56.8%)
61	HERIAN Małgorzata	147		K-30	61							00:33:46	01:12:40.40	01:12:40.40	+00:31:38 (43.5%)	7:16	8.3 (56.8%)
62	ŁUCZYŃSKA Katarzyna	283		K-30	62							00:33:46	01:12:41.20	01:12:41.20	+00:31:39 (43.6%)	7:16	8.3 (56.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Rodzina	Powiat	Grupy	Mundurowi	Drużyna	1	5 km	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
							Police	Azoty				5km	10km	10km			
63	STOPIŃSKA Monika	636		K-30	63							00:36:17	01:14:41.30	01:14:41.30	+00:33:39 (45.1%)	7:28	8 (54.8%)
64	SZYMCZAK Kamila	508		K-30	64							00:36:17	01:15:30.75	01:15:30.75	+00:34:28 (45.7%)	7:33	7.9 (54.1%)
65	KUREK Karolina	261		K-30	65		Tak					00:39:48	01:21:46.30	01:21:46.30	+00:40:44 (49.8%)	8:10	7.3 (50.0%)
66	STERNA Magdalena	479		K-30	66		Tak					00:36:20	01:21:49.60	01:21:49.60	+00:40:47 (49.9%)	8:10	7.3 (50.0%)
67	MIELEC Marta	315		K-30	67							00:28:00			+00:08:20	5:36	10.7 (73.3%)
68	WOŁOSZYN Ola	602	ADRENALINA TEAM	K-30	68							00:30:30			+00:10:50	6:06	9.8 (67.1%)
69	NOWITKIEWICZ Weronika	352		K-30	69		Tak					00:31:30			+00:11:50	6:18	9.5 (65.1%)
70	MILLER Agnieszka	324	BIEGAM BO LUBIĘ LASY BOGDANIEC	K-30	70						Biegam Bo Lubię Lasy Bogdaniec	00:31:44			+00:12:04	6:20	9.5 (65.1%)
71	KOWALSKA Anna	224	BBL LASY BOGDANIEC	K-30	71						Biegam Bo Lubię Lasy Bogdaniec	00:31:45			+00:12:05	6:21	9.4 (64.4%)
72	MIKOŁAJCZYK Marta	319	BIEGAM BO LUBIĘ LASY BOGDANIEC	K-30	72						Biegam Bo Lubię Lasy Bogdaniec	00:31:45			+00:12:05	6:21	9.4 (64.4%)
73	BIEŁOWIEC Adrianna	29	PUSZCZYK BUKOWY	K-30	73							00:32:29			+00:12:50	6:29	9.2 (63.0%)
74	STACHOWIAK Paulina	476		K-30	74						Wieczorne Bieganie w Szczecinie	00:32:38			+00:12:58	6:31	9.2 (63.0%)
75	KOZIARSKA Katarzyna	228	WIECZORNE BIEGANIE	K-30	75							00:33:39			+00:13:59	6:43	8.9 (61.0%)
76	TOMCZYK Kasia	523		K-30	76							00:35:54			+00:16:14	7:10	8.4 (57.5%)
77	KLAUZIŃSKA Monika	202	PP11	K-30	77						Ruchliwe kiecki	00:35:59			+00:16:20	7:11	8.3 (56.8%)
78	RYCKO Maja	448		K-30	78						Ruchliwe kiecki	00:36:00			+00:16:20	7:12	8.3 (56.8%)
79	JURCZYK Paulina	176	JESTEM LOCO	K-30	79							00:36:45			+00:17:05	7:21	8.2 (56.2%)
80	ZIELIŃSKA Katarzyna	586	HULK TEAM - BABSKA PRZYGODA	K-30	80		Tak				Babska Przygoda	00:38:54			+00:19:14	7:46	7.7 (52.7%)
81	MANKE Katarzyna	505		K-30	81		Tak					00:38:54			+00:19:15	7:46	7.7 (52.7%)
82	NOWAK Iwona	349		K-30	82		Tak	Tak				00:38:59			+00:19:20	7:47	7.7 (52.7%)
83	URBANIAK Anna	532		K-30	83							00:39:00			+00:19:20	7:48	7.7 (52.7%)
84	MATUSZEWSKA Kinga	307		K-30	84		Tak					00:43:47			+00:24:07	8:45	6.9 (47.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Rodzina	Powiat	Grupy	Mundurowi	Drużyna	1	5 km	5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
85	GRZYWNIAK Urszula	137	HULK TEAM	K-30	85		Tak					00:50:24				+00:30:45	10:04	6 (41.1%)
86	LIPERTOWICZ Aleksandra	6	WIECZORNE BIEGANIE W SZCZECINIE	K-30	86		Tak					00:55:18				+00:35:38	11:03	5.4 (37.0%)

Znaleziono 86 wynik(ów)