



Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

X Bieg Mikołajkowy
Stowarzyszenie BiegamBoLubie Team Police
2022-12-04
Police
10 km

X BIEG MIKOŁAJKOWY

B4SPORT
INTELEKTUALNE ZAWODY SPORTOWE

B4SPORT
INTELEKTUALNE ZAWODY SPORTOWE

Klasyfikacja: Mieszkaniec Powiatu Police

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Rodzina	Powiat Police	Grupy Azoty Mundurowi	Drużyna 1	5 km 5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	APIECIONEK Mateusz	8	UKL ÓSEMKA POLICE	M-30	3		Tak		UKL Ósemka Police	00:18:39	00:39:35.45	00:39:35.45		3:57	15.2 (100%)
2	HOŁYŃSKI Leszek	154	KM PSP SZCZECIN	M-30	8		Tak	Tak		00:19:53	00:41:51.25	00:41:51.25	+00:02:15 (5.4%)	4:11	14.3 (94.1%)
3	OLEJARZ Damian	357	POL-BUD POLICE	M-30	9		Tak			00:19:55	00:42:03.45	00:42:03.45	+00:02:28 (5.9%)	4:12	14.3 (94.1%)
4	HAŁGAS Piotr	143	OKS TANOWO	M-30	10		Tak		UKL Ósemka Police	00:19:57	00:42:22.75	00:42:22.75	+00:02:47 (6.6%)	4:14	14.2 (93.4%)
5	SKALSKI Mateusz	462		M-30	11		Tak	Tak	UKL Ósemka Police	00:21:07	00:42:42.20	00:42:42.20	+00:03:06 (7.3%)	4:16	14.1 (92.8%)
5	MIROWSKI Blazej	325	UKL OSEMKA	M-30	11		Tak		UKL Ósemka Police	00:21:07	00:42:42.20	00:42:42.20	+00:03:06 (7.3%)	4:16	14.1 (92.8%)
7	GRZYBOWSKI Robert	136	GRUPA AZOTY POLICE / BOLI BOLI	M-40	7		Tak	Tak		00:20:19	00:42:49.40	00:42:49.40	+00:03:13 (7.5%)	4:16	14 (92.1%)
8	PIELECHOWSKI Piotr	388	DECATHLON SZCZECIN	M-30	13		Tak		Decathlon Szczecin	00:20:48	00:43:05.40	00:43:05.40	+00:03:29 (8.1%)	4:18	13.9 (91.4%)
9	BALCERZAK Przemysław	19	GRUPA AZOTY/UKL ÓSEMKA POLICE	M-30	14		Tak	Tak	UKL Ósemka Police	00:21:08	00:43:15.55	00:43:15.55	+00:03:40 (8.5%)	4:19	13.9 (91.4%)
10	OKIENCZUK Radek	354		M-30	17		Tak			00:21:03	00:43:46.05	00:43:46.05	+00:04:10 (9.5%)	4:22	13.7 (90.1%)
11	ŻARCZYŃSKI Błażej	594	BIEGAM U KOLESI	M-30	19		Tak	Tak		00:21:38	00:44:15.15	00:44:15.15	+00:04:39 (10.5%)	4:25	13.6 (89.5%)
12	DĄBROWSKI Kamil	77	PROTOUR SZCZECIN	M-40	11		Tak			00:21:55	00:44:46.25	00:44:46.25	+00:05:10 (11.6%)	4:28	13.4 (88.2%)
13	SADOWSKI Kamil	450	OKS TANOWO	M-20	10		Tak			00:22:09	00:45:07.70	00:45:07.70	+00:05:32 (12.3%)	4:30	13.3 (87.5%)
14	WARCZALOWSKI Arkadiusz	538		M-40	19		Tak			00:22:38	00:46:32.95	00:46:32.95	+00:06:57 (14.9%)	4:39	12.9 (84.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Rodzina	Powiat	Grupy	Mundurowi	Drużyna	5 km	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
							Police	Azoty		1	5km	10km	10km			
15	ARLUKIEWICZ Grzegorz	15	T.I.P (TOST I PIWO)	M-30	25		Tak	Tak			00:22:47	00:46:54.00	00:46:54.00	+00:07:18 (15.6%)	4:41	12.8 (84.2%)
16	NEJMAN Rafał	338		M-40	20		Tak				00:22:48	00:47:41.55	00:47:41.55	+00:08:06 (17.0%)	4:46	12.6 (82.9%)
17	MIKA Tomasz	317		M-40	27		Tak				00:23:33	00:49:01.15	00:49:01.15	+00:09:25 (19.2%)	4:54	12.2 (80.3%)
18	LEWANDOWSKI Piotr	270	SKB DZIK	M-40	29		Tak			SKB DZIK	00:23:49	00:49:16.90	00:49:16.90	+00:09:41 (19.7%)	4:55	12.2 (80.3%)
19	WASILEWSKI Sylwester	544		M-30	35		Tak				00:23:37	00:49:59.65	00:49:59.65	+00:10:24 (20.8%)	4:59	12 (78.9%)
20	FREILICH Bartosz	108		M-50	11		Tak				00:24:17	00:50:02.10	00:50:02.10	+00:10:26 (20.9%)	5:00	12 (78.9%)
21	ECHAUST Artur	98	BOLIBOLI	M-40	32		Tak				00:22:33	00:50:03.40	00:50:03.40	+00:10:27 (20.9%)	5:00	12 (78.9%)
22	PŁUCIENNIK Piotr	403	SZCZECIŃSKA ENERGETYKA CIEPLNA	M-40	35		Tak				00:24:47	00:50:29.80	00:50:29.80	+00:10:54 (21.6%)	5:02	11.9 (78.3%)
23	ŁAWNICZAK Sebastian	280		M-40	36		Tak	Tak			00:24:24	00:50:49.70	00:50:49.70	+00:11:14 (22.1%)	5:04	11.8 (77.6%)
24	GÓRSKI Łukasz	127		M-30	39		Tak				00:25:22	00:50:55.50	00:50:55.50	+00:11:20 (22.3%)	5:05	11.8 (77.6%)
25	RADCZUK Mariusz	426	14 ZBOT	M-40	39		Tak	Tak	Tak	Grupa Azoty	00:24:25	00:51:21.15	00:51:21.15	+00:11:45 (22.9%)	5:08	11.7 (77.0%)
26	TUSZYŃSKI Bartek	530		M-30	42		Tak				00:24:33	00:51:24.20	00:51:24.20	+00:11:48 (23.0%)	5:08	11.7 (77.0%)
27	ZAJĄC Remigiusz	575		M-20	16		Tak				00:24:40	00:51:44.90	00:51:44.90	+00:12:09 (23.5%)	5:10	11.6 (76.3%)
28	PIĄTKOWSKI Mariusz	383	GRYFUS SZCZECIN	M-40	44		Tak				00:25:23	00:52:02.35	00:52:02.35	+00:12:26 (23.9%)	5:12	11.5 (75.7%)
29	POLECHONSKI Kamil	410	OSEMKOWA PETARDA	M-40	45		Tak				00:25:55	00:52:06.10	00:52:06.10	+00:12:30 (24.0%)	5:12	11.5 (75.7%)
30	PIOTROWSKI Piotr	395	TENET	M-40	48		Tak			Tenet	00:25:26	00:52:16.70	00:52:16.70	+00:12:41 (24.3%)	5:13	11.5 (75.7%)
31	PENTEŁA Mariusz	381		M-40	50		Tak				00:25:32	00:52:48.95	00:52:48.95	+00:13:13 (25.0%)	5:16	11.4 (75.0%)
32	ZIELIŃSKI Mariusz	587		M-30	52		Tak				00:25:12	00:53:49.45	00:53:49.45	+00:14:14 (26.4%)	5:22	11.1 (73.0%)
33	PIECHOCKI Michał	384		M-30	54		Tak				00:25:25	00:54:12.85	00:54:12.85	+00:14:37 (27.0%)	5:25	11.1 (73.0%)
34	WALCZAK Tadeusz	535	GRUPA AZOTY	M-50	18		Tak				00:25:38	00:54:21.90	00:54:21.90	+00:14:46 (27.2%)	5:26	11 (72.4%)
35	KOZMIC Ryszard	233		M-60	6		Tak				00:26:10	00:54:38.15	00:54:38.15	+00:15:02 (27.5%)	5:27	11 (72.4%)
36	KIERNOŻYCKI Mateusz	198		M-40	57		Tak				00:26:42	00:54:42.00	00:54:42.00	+00:15:06 (27.6%)	5:28	11 (72.4%)
37	RAKOWSKI Piotr	427		M-60	7		Tak				00:25:18	00:54:44.05	00:54:44.05	+00:15:08 (27.7%)	5:28	11 (72.4%)
38	WASILEWSKI Ryszard	542	KALINOWSKITEAM UKŁ ÓSEMKA POLICE	M-60	8		Tak				00:25:31	00:54:54.80	00:54:54.80	+00:15:19 (27.9%)	5:29	10.9 (71.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Rodzina	Powiat Police	Grupy Azoty	Mundurowi	Drużyna 1	5 km 5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
39	SWOBODA Piotr	486	LOVELASY	M-40	60		Tak			LoveLasy	00:27:13	00:55:19.30	00:55:19.30	+00:15:43 (28.4%)	5:31	10.8 (71.1%)
40	CZERWIŃSKI Dariusz	68	LOVELASY	M-50	21		Tak		Tak	LoveLasy	00:27:13	00:55:19.80	00:55:19.80	+00:15:44 (28.4%)	5:31	10.8 (71.1%)
41	NAREJKO Paweł	336		M-30	60		Tak							+00:16:17 (29.2%)	5:35	10.7 (70.4%)
42	BARANOWSKI Maciej	22	SAVAGES	M-30	62		Tak			SAVAGES	00:27:25	00:55:59.70	00:55:59.70	+00:16:24 (29.3%)	5:35	10.7 (70.4%)
43	OSMAN Tomasz	366	FC ŻYRAFY	M-30	63		Tak				00:28:11	00:56:10.85	00:56:10.85	+00:16:35 (29.5%)	5:37	10.7 (70.4%)
44	WITORZĘĆ Dariusz	558		M-40	73		Tak				00:28:26	00:59:14.70	00:59:14.70	+00:19:39 (33.2%)	5:55	10.1 (66.4%)
45	HAJDUKIEWICZ Jarosław	141		M-50	27		Tak				00:28:52	01:00:02.20	01:00:02.20	+00:20:26 (34.1%)	6:00	10 (65.8%)
46	DĘBICKI Jakub	78		M-20	22		Tak				00:30:42	01:00:16.10	01:00:16.10	+00:20:40 (34.3%)	6:01	10 (65.8%)
47	PRZYBYSZ Jakub	420		M-20	23		Tak				00:30:42	01:00:16.65	01:00:16.65	+00:20:41 (34.3%)	6:01	10 (65.8%)
48	JENDRZEJCZAK Rafał	167		M-40	79		Tak				00:30:20	01:00:57.70	01:00:57.70	+00:21:22 (35.1%)	6:05	9.8 (64.5%)
49	JARCZEWSKI Damian	160	KB DORACO	M-30	73		Tak				00:29:19	01:00:58.10	01:00:58.10	+00:21:22 (35.1%)	6:05	9.8 (64.5%)
50	TOMCZYK Krzysztof	520		M-40	81		Tak				00:31:51	01:01:22.60	01:01:22.60	+00:21:47 (35.5%)	6:08	9.8 (64.5%)
51	PUNA Artur	424		M-30	76		Tak				00:29:59	01:01:27.20	01:01:27.20	+00:21:51 (35.6%)	6:08	9.8 (64.5%)
52	MIKOŁAJCZAK Krystian	318		M-20	31		Tak				00:31:11	01:08:20.20	01:08:20.20	+00:28:44 (42.1%)	6:50	8.8 (57.9%)
53	GORGOL Lukasz	122		M-30	85		Tak				00:31:11	01:08:20.40	01:08:20.40	+00:28:44 (42.1%)	6:50	8.8 (57.9%)
54	ANDRZEJCZAK Maciej	13	AMATOR	M-50	34		Tak				00:32:31	01:08:40.85	01:08:40.85	+00:29:05 (42.4%)	6:52	8.7 (57.2%)
55	ROLLA Dorian	434		M-40	100		Tak				00:32:36	01:10:24.30	01:10:24.30	+00:30:48 (43.8%)	7:02	8.5 (55.9%)
56	SZAJEK Gabor	489	HULK TEAM POLICE	M-16	6		Tak				00:30:33			+00:11:54	6:06	9.8 (64.5%)
57	PASZKO Daniel	373	WIECZORNE BIEGANIE W SZCZECINIE	M-40	105		Tak	Tak			00:32:20			+00:13:40	6:28	9.3 (61.2%)
58	MAĆKOWIAK Radosław	635		M-40	108		Tak				00:54:19			+00:35:40	10:51	5.5 (36.2%)
59	LIPERTOWICZ Sebastian	7		M-30	94		Tak			Wieczorne Bieganie w Szczecinie	00:55:18			+00:36:39	11:03	5.4 (35.5%)