

# X BIEG NA K2

B4SPORT

**Wydarzenie:** X BIEG NA K2  
**Organizator:** Stowarzyszenie K2 Partners  
**Data:** 2020-10-11  
**Miejsce:** Szczecin  
**Dystans:** 8.611 m km

**B4SPORT**  
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 8.611km	Czas brutto 8.611km	Różn	Tempo min/km	Tempo km/h
1	PAŃKO Andrzej	573	KB HERMES GRYFINO			00:32:34.00	00:32:34.00		3:46	15.9 (100%)
2	SIECZKOWSKI Michał	632				00:34:37.00	00:34:37.00	+00:02:03 (5.9%)	4:01	14.9 (93.7%)
3	RUSEK Kamil	119	FEHLAU RUN TEAM			00:35:08.00	00:35:08.00	+00:02:34 (7.3%)	4:04	14.7 (92.5%)
4	KUBISZTAL Wojciech	428	KB PIONIER SZCZECIN			00:35:15.00	00:35:15.00	+00:02:41 (7.6%)	4:05	14.7 (92.5%)
5	PLESNER Krzysztof	305	JRG3			00:35:37.00	00:35:37.00	+00:03:03 (8.6%)	4:08	14.5 (91.2%)
6	WASILEWSKI Andrzej	137				00:35:48.00	00:35:48.00	+00:03:14 (9.0%)	4:09	14.4 (90.6%)
7	ALEKSANDROV Denys	78	GRIZZLY RUN			00:36:33.00	00:36:33.00	+00:03:59 (10.9%)	4:14	14.1 (88.7%)
8	KONARSKI Bartosz	374	ERAKAWY			00:36:50.00	00:36:50.00	+00:04:16 (11.6%)	4:16	14 (88.1%)
9	KUĆ Maciej	700				00:37:02.00	00:37:02.00	+00:04:28 (12.1%)	4:18	14 (88.1%)
10	PŁUSA Robert	604	SAVAGES			00:37:24.00	00:37:24.00	+00:04:50 (12.9%)	4:20	13.8 (86.8%)
11	MIELNIK Wojtek	84				00:37:26.00	00:37:26.00	+00:04:52 (13.0%)	4:20	13.8 (86.8%)
12	NIEWIADOMSKI Konrad	650	AC MILAN			00:37:27.00	00:37:27.00	+00:04:53 (13.0%)	4:20	13.8 (86.8%)
13	TOMCZYK Tomasz	606				00:37:43.00	00:37:43.00	+00:05:09 (13.7%)	4:22	13.7 (86.2%)
14	PACEK Tomasz	301	PIANIŚCI			00:37:51.00	00:37:51.00	+00:05:17 (14.0%)	4:23	13.7 (86.2%)
15	KAMIŃSKI Łukasz	263	TRAIL RUNNING SZCZECIN			00:37:56.00	00:37:56.00	+00:05:22 (14.1%)	4:24	13.6 (85.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas	Czas	Różn	Tempo min/km	Tempo km/h
						netto 8.611km	brutto 8.611km			
16	<b>OKRUTA Bartłomiej</b>	<b>304</b>	PROFIACTIVE.PL			<b>00:38:03.00</b>	<b>00:38:03.00</b>	+00:05:29 (14.4%)	4:25	13.6 (85.5%)
17	<b>JUNAK Michał</b>	<b>393</b>				<b>00:38:07.00</b>	<b>00:38:07.00</b>	+00:05:33 (14.6%)	4:25	13.6 (85.5%)
18	<b>TOPOREK Przemysław</b>	<b>235</b>				<b>00:38:12.00</b>	<b>00:38:12.00</b>	+00:05:38 (14.7%)	4:26	13.5 (84.9%)
19	<b>KMIECIAK Sławomir</b>	<b>14</b>				<b>00:38:23.00</b>	<b>00:38:23.00</b>	+00:05:49 (15.2%)	4:27	13.5 (84.9%)
20	<b>OSETEK Sebastian</b>	<b>170</b>	KB HERMES GRYFINO			<b>00:38:25.00</b>	<b>00:38:25.00</b>	+00:05:51 (15.2%)	4:27	13.4 (84.3%)
21	<b>BORG Norbert</b>	<b>287</b>	HQ MNC NE			<b>00:38:26.00</b>	<b>00:38:26.00</b>	+00:05:52 (15.3%)	4:27	13.4 (84.3%)
22	<b>BIAŁEK Beata</b>	<b>453</b>	KB HERMES GRYFINO			<b>00:38:27.00</b>	<b>00:38:27.00</b>	+00:05:53 (15.3%)	4:27	13.4 (84.3%)
23	<b>LEWANDOWSKI Piotr</b>	<b>178</b>	12DZ			<b>00:38:28.00</b>	<b>00:38:28.00</b>	+00:05:54 (15.3%)	4:28	13.4 (84.3%)
24	<b>BIELECKI Karol</b>	<b>64</b>	BNOW SPORTS			<b>00:38:34.00</b>	<b>00:38:34.00</b>	+00:06:00 (15.6%)	4:28	13.4 (84.3%)
25	<b>SZARAPANOWSKI Marcin</b>	<b>534</b>	WIECZORNE BIEGANIE W SZCZECINIE			<b>00:38:48.00</b>	<b>00:38:48.00</b>	+00:06:14 (16.1%)	4:30	13.3 (83.6%)
26	<b>KRÓLEWIAK Rafał</b>	<b>666</b>				<b>00:38:50.00</b>	<b>00:38:50.00</b>	+00:06:16 (16.1%)	4:30	13.3 (83.6%)
27	<b>SZLACHTA Jakub</b>	<b>791</b>				<b>00:38:51.00</b>	<b>00:38:51.00</b>	+00:06:17 (16.2%)	4:30	13.3 (83.6%)
28	<b>WRÓBLEWSKI Michał</b>	<b>706</b>	LIFE4FIT			<b>00:39:00.00</b>	<b>00:39:00.00</b>	+00:06:26 (16.5%)	4:31	13.2 (83.0%)
29	<b>JANUSZ Żywicki</b>	<b>643</b>				<b>00:39:26.00</b>	<b>00:39:26.00</b>	+00:06:52 (17.4%)	4:34	13.1 (82.4%)
30	<b>DMYTRYK Łukasz</b>	<b>57</b>	TRENER PERSONALNY			<b>00:39:32.00</b>	<b>00:39:32.00</b>	+00:06:58 (17.6%)	4:35	13.1 (82.4%)
31	<b>ADAMSKI Janusz</b>	<b>668</b>				<b>00:39:35.00</b>	<b>00:39:35.00</b>	+00:07:01 (17.7%)	4:35	13.1 (82.4%)
32	<b>KOLASA Konrad</b>	<b>396</b>				<b>00:39:39.00</b>	<b>00:39:39.00</b>	+00:07:05 (17.9%)	4:36	13 (81.8%)
33	<b>CHLASTA Jacek</b>	<b>244</b>	NYHA IV			<b>00:39:43.00</b>	<b>00:39:43.00</b>	+00:07:09 (18.0%)	4:36	13 (81.8%)
34	<b>KOLENDA Krzysztof</b>	<b>153</b>	220V / KALMAR RUNNERS			<b>00:39:44.00</b>	<b>00:39:44.00</b>	+00:07:10 (18.0%)	4:36	13 (81.8%)
35	<b>PORWICH Radosław</b>	<b>527</b>				<b>00:39:58.00</b>	<b>00:39:58.00</b>	+00:07:24 (18.5%)	4:38	12.9 (81.1%)
36	<b>PIELECHOWSKI Piotr</b>	<b>384</b>	INCOM POLSKA			<b>00:39:59.00</b>	<b>00:39:59.00</b>	+00:07:25 (18.5%)	4:38	12.9 (81.1%)
37	<b>KRAWCZYK Paweł</b>	<b>365</b>	TRIGYM SZCZECIN			<b>00:40:04.00</b>	<b>00:40:04.00</b>	+00:07:30 (18.7%)	4:39	12.9 (81.1%)
38	<b>LIEBNER Patryk</b>	<b>651</b>	TRIGYM			<b>00:40:06.00</b>	<b>00:40:06.00</b>	+00:07:32 (18.8%)	4:39	12.9 (81.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas	Czas	Różn	Tempo min/km	Tempo km/h
						netto 8.611km	brutto 8.611km			
39	WESOŁOWSKI Marcin	140				00:40:17.00	00:40:17.00	+00:07:43 (19.2%)	4:40	12.8 (80.5%)
39	PRZYBYSZ Marcin	375				00:40:17.00	00:40:17.00	+00:07:43 (19.2%)	4:40	12.8 (80.5%)
41	RACHWALSKI Tomasz	147	LODY T.OLA TEAM			00:40:19.00	00:40:19.00	+00:07:45 (19.2%)	4:40	12.8 (80.5%)
42	MINOROWICZ Paweł	201				00:40:22.00	00:40:22.00	+00:07:48 (19.3%)	4:41	12.8 (80.5%)
43	DUDZIŃSKA Maja	709				00:40:23.00	00:40:23.00	+00:07:49 (19.4%)	4:41	12.8 (80.5%)
44	ZELEK Darek	138				00:40:24.00	00:40:24.00	+00:07:50 (19.4%)	4:41	12.8 (80.5%)
45	FĄFEREK Piotr	34	WIECZORNE BIEGANIE W SZCZECINIE			00:40:25.00	00:40:25.00	+00:07:51 (19.4%)	4:41	12.8 (80.5%)
46	CHYBA Konrad	541				00:40:45.00	00:40:45.00	+00:08:11 (20.1%)	4:43	12.7 (79.9%)
47	WAJS Sebastian	108	ZWT/12BZ			00:40:46.00	00:40:46.00	+00:08:12 (20.1%)	4:44	12.7 (79.9%)
48	KWAŚNIEWSKI Bartosz	98	PB27			00:41:07.00	00:41:07.00	+00:08:33 (20.8%)	4:46	12.6 (79.2%)
49	SAWICKI Bartosz	468	DZIKIE DZIKI GORZÓW			00:41:15.00	00:41:15.00	+00:08:41 (21.1%)	4:47	12.5 (78.6%)
50	KURCIN Jacek	405				00:41:22.00	00:41:22.00	+00:08:48 (21.3%)	4:48	12.5 (78.6%)
51	TOMCZAK Tomasz	219				00:41:26.00	00:41:26.00	+00:08:52 (21.4%)	4:48	12.5 (78.6%)
52	OKIENCZUK Radek	123	T-RUN-OZAURY			00:41:31.00	00:41:31.00	+00:08:57 (21.6%)	4:49	12.4 (78.0%)
53	BRUNDA Roman	581				00:41:33.00	00:41:33.00	+00:08:59 (21.6%)	4:49	12.4 (78.0%)
54	ZALEWSKI Maciej	389				00:41:36.00	00:41:36.00	+00:09:02 (21.7%)	4:49	12.4 (78.0%)
55	BABICZ Wojtek	587	BRIDGESTONE STARGARD RUNNERS			00:41:38.00	00:41:38.00	+00:09:04 (21.8%)	4:50	12.4 (78.0%)
56	SOBAŃSKI Jakub	674	AZS SZCZECIN			00:41:40.00	00:41:40.00	+00:09:06 (21.8%)	4:50	12.4 (78.0%)
57	ŁOŚ Jarosław	269	#RUSZ4LITERY			00:41:48.00	00:41:48.00	+00:09:14 (22.1%)	4:51	12.4 (78.0%)
58	SZOTOWICZ Sebastian	28	TT SZCZECIN, SZWLA STARGARD			00:41:50.00	00:41:50.00	+00:09:16 (22.2%)	4:51	12.4 (78.0%)
59	FILIPIAK Krzysztof	259	KIDSCORE			00:41:51.00	00:41:51.00	+00:09:17 (22.2%)	4:51	12.3 (77.4%)
59	OLEJNIK Przemek	582				00:41:51.00	00:41:51.00	+00:09:17 (22.2%)	4:51	12.3 (77.4%)
61	MALCHEREK Adrian	174	T-RUN-OZAURY			00:41:55.00	00:41:55.00	+00:09:21 (22.3%)	4:52	12.3 (77.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						8.611km	8.611km			
62	<b>PRZYTUŁA Jarosław</b>	<b>177</b>	ROZBIEGANY GOLENIÓW			<b>00:42:11.00</b>	<b>00:42:11.00</b>	+00:09:37 (22.8%)	4:53	12.2 (76.7%)
63	<b>BUDZYŃSKI Przemysław</b>	<b>272</b>	BUDZYŃSCY TEAM			<b>00:42:14.00</b>	<b>00:42:14.00</b>	+00:09:40 (22.9%)	4:54	12.2 (76.7%)
64	<b>KACPRZAK Paweł</b>	<b>622</b>				<b>00:42:21.00</b>	<b>00:42:21.00</b>	+00:09:47 (23.1%)	4:55	12.2 (76.7%)
64	<b>BAKOWSKI Mateusz</b>	<b>665</b>	-			<b>00:42:21.00</b>	<b>00:42:21.00</b>	+00:09:47 (23.1%)	4:55	12.2 (76.7%)
66	<b>BERNACKI Mariusz</b>	<b>309</b>	MODLITWA BIEGANIA GRYFINO			<b>00:42:22.00</b>	<b>00:42:22.00</b>	+00:09:48 (23.1%)	4:55	12.2 (76.7%)
67	<b>PAWLAK Bartosz</b>	<b>206</b>	HUSARIA SZCZECIN			<b>00:42:26.00</b>	<b>00:42:26.00</b>	+00:09:52 (23.3%)	4:55	12.2 (76.7%)
68	<b>GOŁEK Karolin</b>	<b>29</b>				<b>00:42:27.00</b>	<b>00:42:27.00</b>	+00:09:53 (23.3%)	4:55	12.2 (76.7%)
69	<b>HIEROWSKI Wojciech</b>	<b>503</b>	K-RUNNERS			<b>00:42:31.00</b>	<b>00:42:31.00</b>	+00:09:57 (23.4%)	4:56	12.2 (76.7%)
70	<b>YALTUSHENKA Vitali</b>	<b>653</b>				<b>00:42:33.00</b>	<b>00:42:33.00</b>	+00:09:59 (23.5%)	4:56	12.1 (76.1%)
71	<b>TIJEWSKI Maciej</b>	<b>40</b>	ZAŁOGA G			<b>00:42:35.00</b>	<b>00:42:35.00</b>	+00:10:01 (23.5%)	4:56	12.1 (76.1%)
72	<b>PIOTROWSKI Piotr</b>	<b>460</b>				<b>00:42:37.00</b>	<b>00:42:37.00</b>	+00:10:03 (23.6%)	4:56	12.1 (76.1%)
73	<b>PELC Marek</b>	<b>56</b>	12 BZ			<b>00:42:38.00</b>	<b>00:42:38.00</b>	+00:10:04 (23.6%)	4:57	12.1 (76.1%)
73	<b>ŚPIEWAK Konrad</b>	<b>561</b>				<b>00:42:38.00</b>	<b>00:42:38.00</b>	+00:10:04 (23.6%)	4:57	12.1 (76.1%)
75	<b>GOLIAN Marek</b>	<b>508</b>				<b>00:42:40.00</b>	<b>00:42:40.00</b>	+00:10:06 (23.7%)	4:57	12.1 (76.1%)
76	<b>ORŁOWSKI Paweł</b>	<b>131</b>	GO2TRI			<b>00:42:44.00</b>	<b>00:42:44.00</b>	+00:10:10 (23.8%)	4:57	12.1 (76.1%)
77	<b>CHARĘZA Marcin</b>	<b>102</b>	ZAWADZKIEGO SZCZECIN			<b>00:42:49.00</b>	<b>00:42:49.00</b>	+00:10:15 (23.9%)	4:58	12.1 (76.1%)
78	<b>PIWKO Mateusz</b>	<b>38</b>				<b>00:42:56.00</b>	<b>00:42:56.00</b>	+00:10:22 (24.1%)	4:59	12 (75.5%)
79	<b>ANDRZEJCZAK Roman</b>	<b>225</b>				<b>00:43:03.00</b>	<b>00:43:03.00</b>	+00:10:29 (24.4%)	4:59	12 (75.5%)
80	<b>TWAROGAL Kamil</b>	<b>677</b>	WIECZORNE BIEGANIE W SZCZECINIE			<b>00:43:05.00</b>	<b>00:43:05.00</b>	+00:10:31 (24.4%)	5:00	12 (75.5%)
80	<b>OLENDER Tomasz</b>	<b>688</b>				<b>00:43:05.00</b>	<b>00:43:05.00</b>	+00:10:31 (24.4%)	5:00	12 (75.5%)
82	<b>SZCZEPANIAK Paweł</b>	<b>529</b>				<b>00:43:08.00</b>	<b>00:43:08.00</b>	+00:10:34 (24.5%)	5:00	12 (75.5%)
82	<b>LASKOWSKI Adam</b>	<b>625</b>				<b>00:43:08.00</b>	<b>00:43:08.00</b>	+00:10:34 (24.5%)	5:00	12 (75.5%)
84	<b>KOCIUBA Przemysław</b>	<b>262</b>	TT SZCZECIN			<b>00:43:11.00</b>	<b>00:43:11.00</b>	+00:10:37 (24.6%)	5:00	12 (75.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas	Czas	Różn	Tempo min/km	Tempo km/h
						netto 8.611km	brutto 8.611km			
84	<b>NIEMIRO Dominika</b>	<b>612</b>	GRUPA AZOTY POLICE			<b>00:43:11.00</b>	<b>00:43:11.00</b>	+00:10:37 (24.6%)	5:00	12 (75.5%)
86	<b>NYKOLAJCZUK Robert</b>	<b>597</b>	BRIDGESTONE STARGARD RUNNERS			<b>00:43:13.00</b>	<b>00:43:13.00</b>	+00:10:39 (24.6%)	5:01	12 (75.5%)
87	<b>ZAWLIK Tomasz</b>	<b>120</b>				<b>00:43:20.00</b>	<b>00:43:20.00</b>	+00:10:46 (24.8%)	5:01	11.9 (74.8%)
88	<b>KRYSIAK Rafał</b>	<b>506</b>				<b>00:43:23.00</b>	<b>00:43:23.00</b>	+00:10:49 (24.9%)	5:02	11.9 (74.8%)
89	<b>WYPYCH Maciej</b>	<b>497</b>	PRZEBIEGŁE JENOTY / K-RUNNERS			<b>00:43:25.00</b>	<b>00:43:25.00</b>	+00:10:51 (25.0%)	5:02	11.9 (74.8%)
89	<b>OPASKA Marcin</b>	<b>525</b>	K-RUNNERS / PRZEBIEGŁE JENOTY			<b>00:43:25.00</b>	<b>00:43:25.00</b>	+00:10:51 (25.0%)	5:02	11.9 (74.8%)
89	<b>GAŁAJSKI Arkadiusz</b>	<b>609</b>	TRIGYM			<b>00:43:25.00</b>	<b>00:43:25.00</b>	+00:10:51 (25.0%)	5:02	11.9 (74.8%)
92	<b>MOCNY Tomasz</b>	<b>356</b>	HARD WORKING TRUCKERS ELITE			<b>00:43:32.00</b>	<b>00:43:32.00</b>	+00:10:58 (25.2%)	5:03	11.9 (74.8%)
93	<b>PAWELCZYK Tomasz</b>	<b>385</b>	INCOM POLSKA			<b>00:43:36.00</b>	<b>00:43:36.00</b>	+00:11:02 (25.3%)	5:03	11.9 (74.8%)
94	<b>ORECKI Radosław</b>	<b>183</b>				<b>00:43:39.00</b>	<b>00:43:39.00</b>	+00:11:05 (25.4%)	5:04	11.8 (74.2%)
95	<b>GAŁASZEWSKI Kamil</b>	<b>553</b>				<b>00:43:52.00</b>	<b>00:43:52.00</b>	+00:11:18 (25.8%)	5:05	11.8 (74.2%)
96	<b>SEJNOTA Grzegorz</b>	<b>372</b>				<b>00:44:03.00</b>	<b>00:44:03.00</b>	+00:11:29 (26.1%)	5:06	11.7 (73.6%)
97	<b>KAPŁANIAK Adrian</b>	<b>644</b>				<b>00:44:04.00</b>	<b>00:44:04.00</b>	+00:11:30 (26.1%)	5:07	11.7 (73.6%)
98	<b>ROCZNIAK Piotr</b>	<b>449</b>				<b>00:44:05.00</b>	<b>00:44:05.00</b>	+00:11:31 (26.1%)	5:07	11.7 (73.6%)
99	<b>TRZCIŃSKI Marcin</b>	<b>144</b>				<b>00:44:06.00</b>	<b>00:44:06.00</b>	+00:11:32 (26.2%)	5:07	11.7 (73.6%)
99	<b>KOREWO Marcin</b>	<b>224</b>	WKURW TEAM			<b>00:44:06.00</b>	<b>00:44:06.00</b>	+00:11:32 (26.2%)	5:07	11.7 (73.6%)
101	<b>DZIEDZIC Michał</b>	<b>60</b>	12 BZ			<b>00:44:09.00</b>	<b>00:44:09.00</b>	+00:11:35 (26.2%)	5:07	11.7 (73.6%)
102	<b>KMIECIK Tomasz</b>	<b>367</b>				<b>00:44:18.00</b>	<b>00:44:18.00</b>	+00:11:44 (26.5%)	5:08	11.7 (73.6%)
102	<b>WOLANO Marcin</b>	<b>466</b>	HATTON DARTS			<b>00:44:18.00</b>	<b>00:44:18.00</b>	+00:11:44 (26.5%)	5:08	11.7 (73.6%)
104	<b>WASILEWSKI Sylwek</b>	<b>687</b>				<b>00:44:19.00</b>	<b>00:44:19.00</b>	+00:11:45 (26.5%)	5:08	11.7 (73.6%)
105	<b>PANKOWSKI Jerzy</b>	<b>162</b>				<b>00:44:22.00</b>	<b>00:44:22.00</b>	+00:11:48 (26.6%)	5:09	11.6 (73.0%)
106	<b>JAWORSKI Paweł</b>	<b>223</b>	TYMTRITEAM			<b>00:44:23.00</b>	<b>00:44:23.00</b>	+00:11:49 (26.6%)	5:09	11.6 (73.0%)
107	<b>CZERWIŃSKI Artur</b>	<b>658</b>	ARTEAM			<b>00:44:24.00</b>	<b>00:44:24.00</b>	+00:11:50 (26.7%)	5:09	11.6 (73.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas		Różn	Tempo min/km	Tempo km/h
						netto 8.611km	brutto 8.611km			
108	<b>PYREK Rafał</b>	<b>196</b>	RUN FOR FUN BEZRZECZE			<b>00:44:27.00</b>	<b>00:44:27.00</b>	+00:11:53 (26.7%)	5:09	11.6 (73.0%)
109	<b>GOŁĘBIEWSKI Tomasz</b>	<b>291</b>	KW PSP SZCZECIN			<b>00:44:29.00</b>	<b>00:44:29.00</b>	+00:11:55 (26.8%)	5:09	11.6 (73.0%)
110	<b>PIĄTEK Mirosław</b>	<b>631</b>				<b>00:44:30.00</b>	<b>00:44:30.00</b>	+00:11:56 (26.8%)	5:10	11.6 (73.0%)
111	<b>CHAŃKO Roman</b>	<b>349</b>	PARKRUN			<b>00:44:31.00</b>	<b>00:44:31.00</b>	+00:11:57 (26.8%)	5:10	11.6 (73.0%)
112	<b>KOWALCZYK Sara</b>	<b>636</b>				<b>00:44:32.00</b>	<b>00:44:32.00</b>	+00:11:58 (26.9%)	5:10	11.6 (73.0%)
113	<b>WARCZALOWSKI Arkadiusz</b>	<b>92</b>				<b>00:44:37.00</b>	<b>00:44:37.00</b>	+00:12:03 (27.0%)	5:10	11.6 (73.0%)
114	<b>ZIOBROWSKI Dawid</b>	<b>117</b>				<b>00:44:39.00</b>	<b>00:44:39.00</b>	+00:12:05 (27.1%)	5:11	11.6 (73.0%)
115	<b>SZAMOTULSKI Henryk</b>	<b>482</b>				<b>00:44:42.00</b>	<b>00:44:42.00</b>	+00:12:08 (27.1%)	5:11	11.6 (73.0%)
116	<b>MARKS Maciej</b>	<b>370</b>	STOWARZYSZENIE DOŁUJE KOŚCINO			<b>00:44:44.00</b>	<b>00:44:44.00</b>	+00:12:10 (27.2%)	5:11	11.5 (72.3%)
117	<b>GARUS Rafał</b>	<b>241</b>				<b>00:44:46.00</b>	<b>00:44:46.00</b>	+00:12:12 (27.3%)	5:11	11.5 (72.3%)
118	<b>ŚLIWA Marek</b>	<b>613</b>	XS SPORTS NUTRILITE TEAM			<b>00:44:47.00</b>	<b>00:44:47.00</b>	+00:12:13 (27.3%)	5:12	11.5 (72.3%)
119	<b>LEMAŃSKI Andrzej</b>	<b>125</b>	BĄBEL SPORT TEAM			<b>00:44:51.00</b>	<b>00:44:51.00</b>	+00:12:17 (27.4%)	5:12	11.5 (72.3%)
119	<b>KOROWIEC Michał</b>	<b>611</b>				<b>00:44:51.00</b>	<b>00:44:51.00</b>	+00:12:17 (27.4%)	5:12	11.5 (72.3%)
121	<b>OLECH Zbigniew</b>	<b>271</b>	MHTZ			<b>00:44:54.00</b>	<b>00:44:54.00</b>	+00:12:20 (27.5%)	5:12	11.5 (72.3%)
122	<b>STARUCH Małgorzata</b>	<b>187</b>				<b>00:44:57.00</b>	<b>00:44:57.00</b>	+00:12:23 (27.5%)	5:13	11.5 (72.3%)
123	<b>ALEKSIEWICZ Adrian</b>	<b>355</b>	WIECZORNE BIEGANIE W SZCZECINIE			<b>00:44:58.00</b>	<b>00:44:58.00</b>	+00:12:24 (27.6%)	5:13	11.5 (72.3%)
124	<b>KRAWCZYK Mateusz</b>	<b>292</b>	KB PIONIER SZCZECIN/AMBASADOR FESTIWALU BIEGOWEGO W KRYNICY ZDRÓJ			<b>00:45:00.00</b>	<b>00:45:00.00</b>	+00:12:26 (27.6%)	5:13	11.5 (72.3%)
125	<b>OLEJNIK Wojciech</b>	<b>129</b>				<b>00:45:03.00</b>	<b>00:45:03.00</b>	+00:12:29 (27.7%)	5:13	11.5 (72.3%)
126	<b>NIEMIRO Paweł</b>	<b>614</b>	JAGODOWO-KALINOWY TEAM			<b>00:45:05.00</b>	<b>00:45:05.00</b>	+00:12:31 (27.8%)	5:14	11.5 (72.3%)
127	<b>WASILUK Marcin</b>	<b>289</b>				<b>00:45:07.00</b>	<b>00:45:07.00</b>	+00:12:33 (27.8%)	5:14	11.5 (72.3%)
127	<b>KUĆ Dariusz</b>	<b>630</b>				<b>00:45:07.00</b>	<b>00:45:07.00</b>	+00:12:33 (27.8%)	5:14	11.5 (72.3%)
129	<b>BIAŁCZAK Tomasz</b>	<b>307</b>	NOWOGARD			<b>00:45:09.00</b>	<b>00:45:09.00</b>	+00:12:35 (27.9%)	5:14	11.4 (71.7%)
130	<b>PASZKOWSKI Karol</b>	<b>633</b>				<b>00:45:11.00</b>	<b>00:45:11.00</b>	+00:12:37 (27.9%)	5:14	11.4 (71.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas	Czas	Różn	Tempo min/km	Tempo km/h
						netto 8.611km	brutto 8.611km			
131	<b>KONDELA Paweł</b>	<b>44</b>	AKTYWNE CHOSZCZNO			<b>00:45:12.00</b>	<b>00:45:12.00</b>	+00:12:38 (27.9%)	5:14	11.4 (71.7%)
132	<b>MOSZYŃSKI Maciej</b>	<b>299</b>	EKOPROJEKT RUN TEAM			<b>00:45:15.00</b>	<b>00:45:15.00</b>	+00:12:41 (28.0%)	5:15	11.4 (71.7%)
132	<b>KOWALCZYK Jan</b>	<b>91</b>	WIECZORNE BIEGANIE W SZCZECINIE			<b>00:45:15.00</b>	<b>00:45:15.00</b>	+00:12:41 (28.0%)	5:15	11.4 (71.7%)
134	<b>PAŃCZYK Tomasz</b>	<b>286</b>				<b>00:45:17.00</b>	<b>00:45:17.00</b>	+00:12:43 (28.1%)	5:15	11.4 (71.7%)
134	<b>ŁUSZCZEWSKI Sebastian</b>	<b>208</b>				<b>00:45:17.00</b>	<b>00:45:17.00</b>	+00:12:43 (28.1%)	5:15	11.4 (71.7%)
136	<b>KAWCZYŃSKA Zuzanna</b>	<b>421</b>	XIII LO			<b>00:45:20.00</b>	<b>00:45:20.00</b>	+00:12:46 (28.2%)	5:15	11.4 (71.7%)
137	<b>WAHN Przemysław</b>	<b>322</b>				<b>00:45:23.00</b>	<b>00:45:23.00</b>	+00:12:49 (28.2%)	5:16	11.4 (71.7%)
137	<b>KUFEL Marcin</b>	<b>182</b>	BREL II			<b>00:45:23.00</b>	<b>00:45:23.00</b>	+00:12:49 (28.2%)	5:16	11.4 (71.7%)
139	<b>TYMUL Jakub</b>	<b>172</b>	TYMTRITEAM			<b>00:45:24.00</b>	<b>00:45:24.00</b>	+00:12:50 (28.3%)	5:16	11.4 (71.7%)
140	<b>KOZINIEC Krystian</b>	<b>603</b>	DRUŻYNA FILIPA			<b>00:45:27.00</b>	<b>00:45:27.00</b>	+00:12:53 (28.3%)	5:16	11.4 (71.7%)
141	<b>MILANOWICZ Maciej</b>	<b>583</b>	BRIDGESTONE STARGARD RUNNERS			<b>00:45:29.00</b>	<b>00:45:29.00</b>	+00:12:55 (28.4%)	5:16	11.4 (71.7%)
141	<b>WRZOCZOL Paweł</b>	<b>594</b>	BRIDGESTONE STARGARD RUNNERS			<b>00:45:29.00</b>	<b>00:45:29.00</b>	+00:12:55 (28.4%)	5:16	11.4 (71.7%)
143	<b>PAWŁOWSKI Andrzej</b>	<b>486</b>	INTER SYSTEM TEAM			<b>00:45:30.00</b>	<b>00:45:30.00</b>	+00:12:56 (28.4%)	5:17	11.4 (71.7%)
144	<b>MURAWSKA Wioletta</b>	<b>186</b>				<b>00:45:36.00</b>	<b>00:45:36.00</b>	+00:13:02 (28.6%)	5:17	11.3 (71.1%)
145	<b>WIDECKI Krzysztof</b>	<b>494</b>				<b>00:45:38.00</b>	<b>00:45:38.00</b>	+00:13:04 (28.6%)	5:17	11.3 (71.1%)
146	<b>ADAMOWICZ Daniel</b>	<b>142</b>	KB PIONIER			<b>00:45:39.00</b>	<b>00:45:39.00</b>	+00:13:05 (28.7%)	5:18	11.3 (71.1%)
147	<b>DROZDZ Mariusz</b>	<b>516</b>	NIEZRZESZONY			<b>00:45:41.00</b>	<b>00:45:41.00</b>	+00:13:07 (28.7%)	5:18	11.3 (71.1%)
148	<b>MATEŃKO Bartosz</b>	<b>487</b>	SĄ GORSI			<b>00:45:47.00</b>	<b>00:45:47.00</b>	+00:13:13 (28.9%)	5:19	11.3 (71.1%)
149	<b>ROŻKO Sebastian</b>	<b>496</b>				<b>00:45:48.00</b>	<b>00:45:48.00</b>	+00:13:14 (28.9%)	5:19	11.3 (71.1%)
150	<b>SOROKA Michał</b>	<b>387</b>	INTER SYSTEM TEAM			<b>00:45:49.00</b>	<b>00:45:49.00</b>	+00:13:15 (28.9%)	5:19	11.3 (71.1%)
151	<b>PAWEŁCZAK Damian</b>	<b>99</b>	KB PIONIER SZCZECIN			<b>00:45:50.00</b>	<b>00:45:50.00</b>	+00:13:16 (28.9%)	5:19	11.3 (71.1%)
152	<b>HABRAT Barbara</b>	<b>640</b>	AKADEMIA WOJSK LĄDOWYCH			<b>00:45:52.00</b>	<b>00:45:52.00</b>	+00:13:18 (29.0%)	5:19	11.3 (71.1%)
153	<b>SKRZYPCZAK Sebastian</b>	<b>695</b>				<b>00:45:58.00</b>	<b>00:45:58.00</b>	+00:13:24 (29.2%)	5:20	11.2 (70.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						8.611km	8.611km			
154	<b>ŁESYK Paweł</b>	<b>1</b>	SZKW SZCZECIN			<b>00:46:02.00</b>	<b>00:46:02.00</b>	+00:13:28 (29.3%)	5:20	11.2 (70.4%)
155	<b>SKOCZYLAS Patryk</b>	<b>386</b>	INCOM POLSKA			<b>00:46:04.00</b>	<b>00:46:04.00</b>	+00:13:30 (29.3%)	5:20	11.2 (70.4%)
156	<b>KĘPKA Karol</b>	<b>281</b>				<b>00:46:05.00</b>	<b>00:46:05.00</b>	+00:13:31 (29.3%)	5:21	11.2 (70.4%)
157	<b>CIESZYŃSKA Marika</b>	<b>159</b>	RAZ SZCZECIN			<b>00:46:08.00</b>	<b>00:46:08.00</b>	+00:13:34 (29.4%)	5:21	11.2 (70.4%)
157	<b>MICHNOWSKI Jakub</b>	<b>400</b>				<b>00:46:08.00</b>	<b>00:46:08.00</b>	+00:13:34 (29.4%)	5:21	11.2 (70.4%)
159	<b>KWIECIEŃ Marcin</b>	<b>680</b>	HELL'S HEAVEN CF SZCZECIN			<b>00:46:11.00</b>	<b>00:46:11.00</b>	+00:13:37 (29.5%)	5:21	11.2 (70.4%)
160	<b>GUZANEK Łukasz</b>	<b>434</b>				<b>00:46:14.00</b>	<b>00:46:14.00</b>	+00:13:40 (29.6%)	5:22	11.2 (70.4%)
161	<b>PASLAWSKI Paweł</b>	<b>457</b>	TRIGYM			<b>00:46:15.00</b>	<b>00:46:15.00</b>	+00:13:41 (29.6%)	5:22	11.2 (70.4%)
162	<b>WAJDZIAK Marcin</b>	<b>461</b>				<b>00:46:17.00</b>	<b>00:46:17.00</b>	+00:13:43 (29.6%)	5:22	11.2 (70.4%)
163	<b>MAZURSKI Paweł</b>	<b>306</b>				<b>00:46:22.00</b>	<b>00:46:22.00</b>	+00:13:48 (29.8%)	5:23	11.1 (69.8%)
164	<b>PODWYSZYŃSKI Sylwester</b>	<b>545</b>	KW PSP SZCZECIN			<b>00:46:24.00</b>	<b>00:46:24.00</b>	+00:13:50 (29.8%)	5:23	11.1 (69.8%)
165	<b>LEWANDOWSKA Joasia</b>	<b>381</b>	TRIGYM			<b>00:46:25.00</b>	<b>00:46:25.00</b>	+00:13:51 (29.8%)	5:23	11.1 (69.8%)
165	<b>KOŁAT Jarosław</b>	<b>675</b>				<b>00:46:25.00</b>	<b>00:46:25.00</b>	+00:13:51 (29.8%)	5:23	11.1 (69.8%)
167	<b>ROLLA Dorian</b>	<b>323</b>				<b>00:46:26.00</b>	<b>00:46:26.00</b>	+00:13:52 (29.9%)	5:23	11.1 (69.8%)
167	<b>MICHAŁOWSKI Tomasz</b>	<b>55</b>				<b>00:46:26.00</b>	<b>00:46:26.00</b>	+00:13:52 (29.9%)	5:23	11.1 (69.8%)
167	<b>ŁYSONŃ Piotr</b>	<b>635</b>				<b>00:46:26.00</b>	<b>00:46:26.00</b>	+00:13:52 (29.9%)	5:23	11.1 (69.8%)
170	<b>BUDNA Anna</b>	<b>157</b>				<b>00:46:27.00</b>	<b>00:46:27.00</b>	+00:13:53 (29.9%)	5:23	11.1 (69.8%)
170	<b>BIELAN Artur</b>	<b>576</b>				<b>00:46:27.00</b>	<b>00:46:27.00</b>	+00:13:53 (29.9%)	5:23	11.1 (69.8%)
172	<b>WASILEWSKA Ewa</b>	<b>645</b>	WEIDE TEAM			<b>00:46:30.00</b>	<b>00:46:30.00</b>	+00:13:56 (30.0%)	5:24	11.1 (69.8%)
173	<b>KOCZKODAJ Kamil</b>	<b>424</b>				<b>00:46:36.00</b>	<b>00:46:36.00</b>	+00:14:02 (30.1%)	5:24	11.1 (69.8%)
173	<b>SĘDEREK Krzysztof</b>	<b>559</b>	SZCZECIŃSKA AKADEMIA COMBAT SGS			<b>00:46:36.00</b>	<b>00:46:36.00</b>	+00:14:02 (30.1%)	5:24	11.1 (69.8%)
175	<b>ANIELSKA Anna</b>	<b>212</b>				<b>00:46:38.00</b>	<b>00:46:38.00</b>	+00:14:04 (30.2%)	5:24	11.1 (69.8%)
176	<b>JASTRZĘBSKI Daniel</b>	<b>158</b>	SOPURE MILLINERY			<b>00:46:42.00</b>	<b>00:46:42.00</b>	+00:14:08 (30.3%)	5:25	11.1 (69.8%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas		Różn	Tempo min/km	Tempo km/h
						netto 8.611km	brutto 8.611km			
176	WYBRANIEC Łukasz	338	HOŻA TEAM			00:46:42.00	00:46:42.00	+00:14:08 (30.3%)	5:25	11.1 (69.8%)
178	ANDRYSZCZUK Daniel	361				00:46:43.00	00:46:43.00	+00:14:09 (30.3%)	5:25	11.1 (69.8%)
179	WOLSKI Tomasz	353	WIECZORNE BIEGANIE W SZCZECINIE			00:46:45.00	00:46:45.00	+00:14:11 (30.3%)	5:25	11.1 (69.8%)
180	KOTLIŃSKI Michał	442				00:46:46.00	00:46:46.00	+00:14:12 (30.4%)	5:25	11 (69.2%)
181	PRAWDA Sebastian	59	WIECZORNE BIEGANIE W SZCZECINIE			00:46:47.00	00:46:47.00	+00:14:13 (30.4%)	5:25	11 (69.2%)
181	KLECZEWSKI Aleksander	501				00:46:47.00	00:46:47.00	+00:14:13 (30.4%)	5:25	11 (69.2%)
181	PĘDZIK Marek	681				00:46:47.00	00:46:47.00	+00:14:13 (30.4%)	5:25	11 (69.2%)
184	ROMANOWICZ Piotr	190				00:46:49.00	00:46:49.00	+00:14:15 (30.4%)	5:26	11 (69.2%)
185	KAŻMIERCZAK Mateusz	347				00:46:50.00	00:46:50.00	+00:14:16 (30.5%)	5:26	11 (69.2%)
185	WITKOWSKI Emil	348				00:46:50.00	00:46:50.00	+00:14:16 (30.5%)	5:26	11 (69.2%)
187	ZALAS Adam	689	GRUPA POLMOTOR			00:46:53.00	00:46:53.00	+00:14:19 (30.5%)	5:26	11 (69.2%)
187	ZARĘBSKI Mirosław	654	PYRZYCE BIEGAJĄ			00:46:53.00	00:46:53.00	+00:14:19 (30.5%)	5:26	11 (69.2%)
189	MAJDAN-ADAMSKA Agnieszka	12				00:46:54.00	00:46:54.00	+00:14:20 (30.6%)	5:26	11 (69.2%)
189	GĄGOL Marek	247				00:46:54.00	00:46:54.00	+00:14:20 (30.6%)	5:26	11 (69.2%)
191	SZCZEPANOWSKI Andrzej	478				00:46:58.00	00:46:58.00	+00:14:24 (30.7%)	5:27	11 (69.2%)
191	SZKUDLAREK Krzysztof	419				00:46:58.00	00:46:58.00	+00:14:24 (30.7%)	5:27	11 (69.2%)
193	MAŚLANKA Klaudia	227				00:46:59.00	00:46:59.00	+00:14:25 (30.7%)	5:27	11 (69.2%)
194	FLIS Mirosław	620				00:47:00.00	00:47:00.00	+00:14:26 (30.7%)	5:27	11 (69.2%)
195	NIEWIADA Marek	659				00:47:01.00	00:47:01.00	+00:14:27 (30.7%)	5:27	11 (69.2%)
196	JAWORCZYKOWSKI Paweł	517	PABLO'S RUNNING			00:47:02.00	00:47:02.00	+00:14:28 (30.8%)	5:27	11 (69.2%)
197	BUKOWIECKI Adam	388	GRZEPRUN			00:47:06.00	00:47:06.00	+00:14:32 (30.9%)	5:28	11 (69.2%)
198	SURDAKCI Piotr	518				00:47:07.00	00:47:07.00	+00:14:33 (30.9%)	5:28	11 (69.2%)
198	SURDAKCI Jerzy	510	DRUŻYNA SZPIKU			00:47:07.00	00:47:07.00	+00:14:33 (30.9%)	5:28	11 (69.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas	Czas	Różn	Tempo min/km	Tempo km/h
						netto 8.611km	brutto 8.611km			
198	<b>CZAPCZYK Adrian</b>	<b>578</b>				<b>00:47:07.00</b>	<b>00:47:07.00</b>	+00:14:33 (30.9%)	5:28	11 (69.2%)
201	<b>KOWALSKI Roman</b>	<b>412</b>				<b>00:47:09.00</b>	<b>00:47:09.00</b>	+00:14:35 (30.9%)	5:28	11 (69.2%)
202	<b>MOKRZYCKI Krzysiek</b>	<b>472</b>	BEZRZECZE TEAM			<b>00:47:10.00</b>	<b>00:47:10.00</b>	+00:14:36 (31.0%)	5:28	11 (69.2%)
203	<b>PYDA Przemysław</b>	<b>588</b>	BRIDGESTONE STARGARD RUNNERS			<b>00:47:11.00</b>	<b>00:47:11.00</b>	+00:14:37 (31.0%)	5:28	11 (69.2%)
204	<b>PROKOP Agata</b>	<b>707</b>				<b>00:47:12.00</b>	<b>00:47:12.00</b>	+00:14:38 (31.0%)	5:28	10.9 (68.6%)
205	<b>NINARD Łukasz</b>	<b>308</b>	NOWOGARD			<b>00:47:13.00</b>	<b>00:47:13.00</b>	+00:14:39 (31.0%)	5:28	10.9 (68.6%)
205	<b>HETMAŃSKI Arek</b>	<b>18</b>	LOVELASY			<b>00:47:13.00</b>	<b>00:47:13.00</b>	+00:14:39 (31.0%)	5:28	10.9 (68.6%)
205	<b>CZAPLA Tomasz</b>	<b>283</b>				<b>00:47:13.00</b>	<b>00:47:13.00</b>	+00:14:39 (31.0%)	5:28	10.9 (68.6%)
208	<b>RYCHŁOWSKI Piotr</b>	<b>156</b>	LENIWE BUŁY MIERZYN			<b>00:47:14.00</b>	<b>00:47:14.00</b>	+00:14:40 (31.1%)	5:29	10.9 (68.6%)
209	<b>MRÓZ Aleksandra</b>	<b>366</b>	BWT MRÓZ			<b>00:47:18.00</b>	<b>00:47:18.00</b>	+00:14:44 (31.1%)	5:29	10.9 (68.6%)
209	<b>NASTAROWICZ Tomasz</b>	<b>451</b>				<b>00:47:18.00</b>	<b>00:47:18.00</b>	+00:14:44 (31.1%)	5:29	10.9 (68.6%)
211	<b>WASIELEWSKI Jakub</b>	<b>285</b>				<b>00:47:20.00</b>	<b>00:47:20.00</b>	+00:14:46 (31.2%)	5:29	10.9 (68.6%)
212	<b>ŁAWNICZAK Sebastian</b>	<b>171</b>				<b>00:47:21.00</b>	<b>00:47:21.00</b>	+00:14:47 (31.2%)	5:29	10.9 (68.6%)
213	<b>SOBAŃSKI Arkadiusz</b>	<b>443</b>	SCS MYŚLIBÓRZ			<b>00:47:24.00</b>	<b>00:47:24.00</b>	+00:14:50 (31.3%)	5:30	10.9 (68.6%)
214	<b>ANIOŁA-KUSZ Dominik</b>	<b>17</b>				<b>00:47:26.00</b>	<b>00:47:26.00</b>	+00:14:52 (31.3%)	5:30	10.9 (68.6%)
215	<b>SOWA Krzysztof</b>	<b>471</b>				<b>00:47:27.00</b>	<b>00:47:27.00</b>	+00:14:53 (31.4%)	5:30	10.9 (68.6%)
216	<b>ROSIAK Marcin</b>	<b>109</b>	WIECZORNE BIEGANIE W SZCZECINIE			<b>00:47:28.00</b>	<b>00:47:28.00</b>	+00:14:54 (31.4%)	5:30	10.9 (68.6%)
217	<b>GRECZUK Paweł</b>	<b>522</b>	CZARNAROPACZTEAM			<b>00:47:32.00</b>	<b>00:47:32.00</b>	+00:14:58 (31.5%)	5:31	10.9 (68.6%)
218	<b>WIERZBIŃSKI Rafał</b>	<b>346</b>				<b>00:47:36.00</b>	<b>00:47:36.00</b>	+00:15:02 (31.6%)	5:31	10.9 (68.6%)
219	<b>MÓWIŃSKI Tomasz</b>	<b>282</b>				<b>00:47:38.00</b>	<b>00:47:38.00</b>	+00:15:04 (31.6%)	5:31	10.8 (67.9%)
220	<b>RUDNICKI Andrzej</b>	<b>100</b>	GRYFUS SZCZECIN			<b>00:47:39.00</b>	<b>00:47:39.00</b>	+00:15:05 (31.7%)	5:32	10.8 (67.9%)
221	<b>MIĘKUS Łukasz</b>	<b>699</b>				<b>00:47:40.00</b>	<b>00:47:40.00</b>	+00:15:06 (31.7%)	5:32	10.8 (67.9%)
222	<b>KWAŚNIEWSKA Patrycja</b>	<b>46</b>				<b>00:47:45.00</b>	<b>00:47:45.00</b>	+00:15:11 (31.8%)	5:32	10.8 (67.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas	Czas	Różn	Tempo min/km	Tempo km/h
						netto 8.611km	brutto 8.611km			
223	<b>DOBRYCKI Piotr</b>	<b>584</b>	BRIDGESTONE STARGARD RUNNERS			<b>00:47:49.00</b>	<b>00:47:49.00</b>	+00:15:15 (31.9%)	5:33	10.8 (67.9%)
224	<b>HAJDUK Maciej</b>	<b>300</b>	NIEBKO TERROR			<b>00:47:50.00</b>	<b>00:47:50.00</b>	+00:15:16 (31.9%)	5:33	10.8 (67.9%)
225	<b>ŁUKOWSKI Marcin</b>	<b>248</b>	WRÓBEL TEAM			<b>00:48:02.00</b>	<b>00:48:02.00</b>	+00:15:28 (32.2%)	5:34	10.8 (67.9%)
226	<b>KORKUĆ Krzysztof</b>	<b>136</b>				<b>00:48:04.00</b>	<b>00:48:04.00</b>	+00:15:30 (32.2%)	5:34	10.7 (67.3%)
227	<b>BORG Franziska</b>	<b>288</b>				<b>00:48:09.00</b>	<b>00:48:09.00</b>	+00:15:35 (32.4%)	5:35	10.7 (67.3%)
227	<b>GLEBKOWICZ Agnieszka</b>	<b>509</b>	PRZEBIEGŁE JENOTY			<b>00:48:09.00</b>	<b>00:48:09.00</b>	+00:15:35 (32.4%)	5:35	10.7 (67.3%)
229	<b>ŚWIERCZ Ewa</b>	<b>790</b>				<b>00:48:15.00</b>	<b>00:48:15.00</b>	+00:15:41 (32.5%)	5:36	10.7 (67.3%)
230	<b>GRYGIELEWICZ Leszek</b>	<b>105</b>				<b>00:48:16.00</b>	<b>00:48:16.00</b>	+00:15:42 (32.5%)	5:36	10.7 (67.3%)
231	<b>ŻEMOJDZIN Marcin</b>	<b>13</b>	HUSARIA RACE TEAM SZCZECIN			<b>00:48:21.00</b>	<b>00:48:21.00</b>	+00:15:47 (32.6%)	5:36	10.7 (67.3%)
232	<b>MARCINEK Marcin</b>	<b>180</b>				<b>00:48:25.00</b>	<b>00:48:25.00</b>	+00:15:51 (32.7%)	5:37	10.7 (67.3%)
233	<b>GAŁEK Arkadiusz</b>	<b>661</b>	INTRA TEAM			<b>00:48:28.00</b>	<b>00:48:28.00</b>	+00:15:54 (32.8%)	5:37	10.7 (67.3%)
234	<b>ŻUROWSKI Leszek</b>	<b>218</b>				<b>00:48:31.00</b>	<b>00:48:31.00</b>	+00:15:57 (32.9%)	5:38	10.6 (66.7%)
235	<b>BROŻYNA Miłosz</b>	<b>104</b>				<b>00:48:33.00</b>	<b>00:48:33.00</b>	+00:15:59 (32.9%)	5:38	10.6 (66.7%)
236	<b>ŁUKASIEWICZ Robert</b>	<b>711</b>				<b>00:48:34.00</b>	<b>00:48:34.00</b>	+00:16:00 (32.9%)	5:38	10.6 (66.7%)
237	<b>CHARLEJ Ireneusz</b>	<b>536</b>	WIECZORNE BIEGANIE W SZCZECINIE			<b>00:48:42.00</b>	<b>00:48:42.00</b>	+00:16:08 (33.1%)	5:39	10.6 (66.7%)
238	<b>GIETKO Piotr</b>	<b>450</b>				<b>00:48:44.00</b>	<b>00:48:44.00</b>	+00:16:10 (33.2%)	5:39	10.6 (66.7%)
239	<b>SZOTOWICZ Adam</b>	<b>714</b>	BRIDGESTONE RUNNER STARGARD			<b>00:48:49.00</b>	<b>00:48:49.00</b>	+00:16:15 (33.3%)	5:40	10.6 (66.7%)
240	<b>DYWELSKI Marcin</b>	<b>595</b>	BRIDGESTONE STARGARD RUNNERS			<b>00:48:53.00</b>	<b>00:48:53.00</b>	+00:16:19 (33.4%)	5:40	10.6 (66.7%)
241	<b>GALOR Piotr</b>	<b>542</b>				<b>00:48:55.00</b>	<b>00:48:55.00</b>	+00:16:21 (33.4%)	5:40	10.6 (66.7%)
242	<b>DYMOWSKI Paweł</b>	<b>161</b>	WIECZORNE BIEGANIE W SZCZECINIE			<b>00:48:57.00</b>	<b>00:48:57.00</b>	+00:16:23 (33.5%)	5:41	10.6 (66.7%)
243	<b>ZELEK Mariusz</b>	<b>310</b>				<b>00:48:59.00</b>	<b>00:48:59.00</b>	+00:16:25 (33.5%)	5:41	10.5 (66.0%)
243	<b>KULIG Krzysztof</b>	<b>202</b>	MODLITWA BIEGANIA GRYFINO			<b>00:48:59.00</b>	<b>00:48:59.00</b>	+00:16:25 (33.5%)	5:41	10.5 (66.0%)
245	<b>ROGOWSKI Arek</b>	<b>115</b>	BG PROJECT			<b>00:49:00.00</b>	<b>00:49:00.00</b>	+00:16:26 (33.5%)	5:41	10.5 (66.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						8.611km	8.611km			
246	TRELA Krzysztof	149				00:49:02.00	00:49:02.00	+00:16:28 (33.6%)	5:41	10.5 (66.0%)
247	ŁUSZCZEWSKI Kamil	211				00:49:03.00	00:49:03.00	+00:16:29 (33.6%)	5:41	10.5 (66.0%)
248	WOJDA Artur	275				00:49:05.00	00:49:05.00	+00:16:31 (33.7%)	5:42	10.5 (66.0%)
248	CIEŚLAK Grzegorz	571				00:49:05.00	00:49:05.00	+00:16:31 (33.7%)	5:42	10.5 (66.0%)
250	OWCZAREK Marcin	562				00:49:07.00	00:49:07.00	+00:16:33 (33.7%)	5:42	10.5 (66.0%)
251	SPROGIS Joasia	368	3LGGNS			00:49:09.00	00:49:09.00	+00:16:35 (33.7%)	5:42	10.5 (66.0%)
252	ORLIK Marcin	617	KM PSP JRG 4			00:49:10.00	00:49:10.00	+00:16:36 (33.8%)	5:42	10.5 (66.0%)
253	CERAN Patrycjusz	141	GP GOPR			00:49:11.00	00:49:11.00	+00:16:37 (33.8%)	5:42	10.5 (66.0%)
253	KOWALCZYK Jacek	88				00:49:11.00	00:49:11.00	+00:16:37 (33.8%)	5:42	10.5 (66.0%)
253	WÓJCIK Jacek	416				00:49:11.00	00:49:11.00	+00:16:37 (33.8%)	5:42	10.5 (66.0%)
256	MIKULIN Marcin	79	GATRI			00:49:13.00	00:49:13.00	+00:16:39 (33.8%)	5:42	10.5 (66.0%)
257	DUDKA Robert	234	SZCZECIN			00:49:14.00	00:49:14.00	+00:16:40 (33.9%)	5:43	10.5 (66.0%)
258	ZABŁOCKI Paweł	593	BRIDGESTONE STARGARD RUNNERS			00:49:16.00	00:49:16.00	+00:16:42 (33.9%)	5:43	10.5 (66.0%)
259	JASTROWICZ Maciek	294				00:49:19.00	00:49:19.00	+00:16:45 (34.0%)	5:43	10.5 (66.0%)
260	PARDAŁA Michał	233				00:49:20.00	00:49:20.00	+00:16:46 (34.0%)	5:43	10.5 (66.0%)
260	WITORZĘĆ Dariusz	130				00:49:20.00	00:49:20.00	+00:16:46 (34.0%)	5:43	10.5 (66.0%)
262	PLUTA Tomasz	316				00:49:21.00	00:49:21.00	+00:16:47 (34.0%)	5:43	10.5 (66.0%)
262	STASIAK Mateusz	557				00:49:21.00	00:49:21.00	+00:16:47 (34.0%)	5:43	10.5 (66.0%)
262	PIECZYŃSKI Krzysztof	705				00:49:21.00	00:49:21.00	+00:16:47 (34.0%)	5:43	10.5 (66.0%)
265	SZEŁEMEJ Łukasz	126	@BIEGASTYCZNIE			00:49:24.00	00:49:24.00	+00:16:50 (34.1%)	5:44	10.5 (66.0%)
266	CHOWAŃSKI Bartosz	512	CJS TŁUMACZENIA			00:49:25.00	00:49:25.00	+00:16:51 (34.1%)	5:44	10.5 (66.0%)
267	BRUSIŁOWICZ Dagmara	483	WIECZORNE BIEGANIE W SZCZECINIE			00:49:27.00	00:49:27.00	+00:16:53 (34.1%)	5:44	10.4 (65.4%)
268	POPCZYK Sebastian	380				00:49:29.00	00:49:29.00	+00:16:55 (34.2%)	5:44	10.4 (65.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas		Różn	Tempo min/km	Tempo km/h
						netto 8.611km	brutto 8.611km			
269	<b>WÓJCIK Katarzyna</b>	<b>134</b>	FIZJOBIEGACZE SZCZECIN			<b>00:49:31.00</b>	<b>00:49:31.00</b>	+00:16:57 (34.2%)	5:45	10.4 (65.4%)
270	<b>BŁONIAK Anna</b>	<b>413</b>	PUSZCZYK BUKOWY			<b>00:49:32.00</b>	<b>00:49:32.00</b>	+00:16:58 (34.3%)	5:45	10.4 (65.4%)
271	<b>HYŻY Krzysztof</b>	<b>260</b>	PIWNE BRZUSZKI RACE TEAM			<b>00:49:34.00</b>	<b>00:49:34.00</b>	+00:17:00 (34.3%)	5:45	10.4 (65.4%)
272	<b>LEGĘĆ Jerzy</b>	<b>230</b>	RAZ SZCZECIN			<b>00:49:35.00</b>	<b>00:49:35.00</b>	+00:17:01 (34.3%)	5:45	10.4 (65.4%)
273	<b>DYNAKOWSKI Paweł</b>	<b>407</b>	RUN4FUN			<b>00:49:40.00</b>	<b>00:49:40.00</b>	+00:17:06 (34.4%)	5:46	10.4 (65.4%)
274	<b>MIELNIK Michał</b>	<b>350</b>				<b>00:49:42.00</b>	<b>00:49:42.00</b>	+00:17:08 (34.5%)	5:46	10.4 (65.4%)
275	<b>STEFAŃSKI Grzegorz</b>	<b>32</b>	WIERZBICKI RUNNING PROJECT			<b>00:49:43.00</b>	<b>00:49:43.00</b>	+00:17:09 (34.5%)	5:46	10.4 (65.4%)
276	<b>WRĘBIAK Dariusz</b>	<b>250</b>	RAZ SZCZECIN			<b>00:49:44.00</b>	<b>00:49:44.00</b>	+00:17:10 (34.5%)	5:46	10.4 (65.4%)
277	<b>BORKOWSKA Agnieszka</b>	<b>335</b>				<b>00:49:46.00</b>	<b>00:49:46.00</b>	+00:17:12 (34.6%)	5:46	10.4 (65.4%)
278	<b>KOSIERADZKI Łukasz</b>	<b>345</b>				<b>00:49:55.00</b>	<b>00:49:55.00</b>	+00:17:21 (34.8%)	5:47	10.4 (65.4%)
279	<b>SACHARSKI Bartłomiej</b>	<b>35</b>	WIECZORNE BIEGANIE W SZCZECINIE			<b>00:49:57.00</b>	<b>00:49:57.00</b>	+00:17:23 (34.8%)	5:48	10.3 (64.8%)
280	<b>JOCHYM Mariusz</b>	<b>505</b>				<b>00:49:59.00</b>	<b>00:49:59.00</b>	+00:17:25 (34.8%)	5:48	10.3 (64.8%)
281	<b>WRÓBLEWSKI Jarosław</b>	<b>203</b>	RAZ SZCZECIN			<b>00:50:02.00</b>	<b>00:50:02.00</b>	+00:17:28 (34.9%)	5:48	10.3 (64.8%)
282	<b>BARANOWSKI Michał</b>	<b>656</b>	SAVAGES			<b>00:50:04.00</b>	<b>00:50:04.00</b>	+00:17:30 (35.0%)	5:48	10.3 (64.8%)
283	<b>STRZELEC Tomasz</b>	<b>268</b>	KB HERMES GRYFINO			<b>00:50:07.00</b>	<b>00:50:07.00</b>	+00:17:33 (35.0%)	5:49	10.3 (64.8%)
284	<b>KOŁOMAŃSKI Hubert</b>	<b>498</b>				<b>00:50:12.00</b>	<b>00:50:12.00</b>	+00:17:38 (35.1%)	5:49	10.3 (64.8%)
285	<b>JAKUBIAK Anna</b>	<b>570</b>				<b>00:50:13.00</b>	<b>00:50:13.00</b>	+00:17:39 (35.1%)	5:49	10.3 (64.8%)
286	<b>BŁACHNIO Krzysztof</b>	<b>36</b>	RAZ SZCZECIN			<b>00:50:14.00</b>	<b>00:50:14.00</b>	+00:17:40 (35.2%)	5:50	10.3 (64.8%)
287	<b>NASIŁOWSKI Marcin</b>	<b>313</b>				<b>00:50:25.00</b>	<b>00:50:25.00</b>	+00:17:51 (35.4%)	5:51	10.2 (64.2%)
288	<b>HĄŚCIŁO Krzysztof</b>	<b>376</b>	GRYFUS SZCZECIN			<b>00:50:33.00</b>	<b>00:50:33.00</b>	+00:17:59 (35.6%)	5:52	10.2 (64.2%)
289	<b>SULZYCKI Norbert</b>	<b>397</b>				<b>00:50:40.00</b>	<b>00:50:40.00</b>	+00:18:06 (35.7%)	5:53	10.2 (64.2%)
289	<b>BARTOSZEWSKI Paweł</b>	<b>37</b>	L-BUG RUN			<b>00:50:40.00</b>	<b>00:50:40.00</b>	+00:18:06 (35.7%)	5:53	10.2 (64.2%)
291	<b>NAREJKO Paweł</b>	<b>191</b>				<b>00:50:41.00</b>	<b>00:50:41.00</b>	+00:18:07 (35.7%)	5:53	10.2 (64.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas		Różn	Tempo min/km	Tempo km/h
						netto 8.611km	brutto 8.611km			
292	<b>BZDAK Mariusz</b>	<b>122</b>	FIZJOBIEGACZE SZCZECIN			<b>00:50:42.00</b>	<b>00:50:42.00</b>	+00:18:08 (35.8%)	5:53	10.2 (64.2%)
292	<b>RYBICKI Janusz</b>	<b>792</b>				<b>00:50:42.00</b>	<b>00:50:42.00</b>	+00:18:08 (35.8%)	5:53	10.2 (64.2%)
294	<b>WILKLISZ Wojciech</b>	<b>124</b>				<b>00:50:45.00</b>	<b>00:50:45.00</b>	+00:18:11 (35.8%)	5:53	10.2 (64.2%)
295	<b>JAKUBOWSKI Marcin</b>	<b>627</b>				<b>00:50:46.00</b>	<b>00:50:46.00</b>	+00:18:12 (35.9%)	5:53	10.2 (64.2%)
296	<b>STĘPNIAK Lesław</b>	<b>214</b>				<b>00:50:47.00</b>	<b>00:50:47.00</b>	+00:18:13 (35.9%)	5:53	10.2 (64.2%)
297	<b>WIKTORZAK Kamil</b>	<b>80</b>				<b>00:50:48.00</b>	<b>00:50:48.00</b>	+00:18:14 (35.9%)	5:53	10.2 (64.2%)
298	<b>BUDZYŃSKI Radosław</b>	<b>390</b>				<b>00:50:51.00</b>	<b>00:50:51.00</b>	+00:18:17 (36.0%)	5:54	10.2 (64.2%)
299	<b>BOROWSKI Rafał</b>	<b>61</b>				<b>00:50:53.00</b>	<b>00:50:53.00</b>	+00:18:19 (36.0%)	5:54	10.2 (64.2%)
300	<b>JÓSEWICZ Grzegorz</b>	<b>75</b>				<b>00:50:55.00</b>	<b>00:50:55.00</b>	+00:18:21 (36.0%)	5:54	10.1 (63.5%)
301	<b>KOKOWSKI Jacek</b>	<b>103</b>				<b>00:50:56.00</b>	<b>00:50:56.00</b>	+00:18:22 (36.1%)	5:54	10.1 (63.5%)
302	<b>SADZYŃSKI Michał</b>	<b>660</b>				<b>00:50:57.00</b>	<b>00:50:57.00</b>	+00:18:23 (36.1%)	5:55	10.1 (63.5%)
303	<b>KALISZEWSKI Tomek</b>	<b>662</b>				<b>00:50:58.00</b>	<b>00:50:58.00</b>	+00:18:24 (36.1%)	5:55	10.1 (63.5%)
304	<b>SZYMAŃSKA Jolanta</b>	<b>228</b>				<b>00:51:00.00</b>	<b>00:51:00.00</b>	+00:18:26 (36.1%)	5:55	10.1 (63.5%)
305	<b>RATAJCZAK Robert</b>	<b>198</b>				<b>00:51:06.00</b>	<b>00:51:06.00</b>	+00:18:32 (36.3%)	5:56	10.1 (63.5%)
306	<b>RADCZUK Mariusz</b>	<b>94</b>	KOMPAS TEAM			<b>00:51:13.00</b>	<b>00:51:13.00</b>	+00:18:39 (36.4%)	5:56	10.1 (63.5%)
307	<b>RADCZUK Karolina</b>	<b>93</b>	KOMPAS TEAM			<b>00:51:14.00</b>	<b>00:51:14.00</b>	+00:18:40 (36.4%)	5:56	10.1 (63.5%)
308	<b>SIUTKOWSKI Michał</b>	<b>72</b>				<b>00:51:18.00</b>	<b>00:51:18.00</b>	+00:18:44 (36.5%)	5:57	10.1 (63.5%)
309	<b>PIOTROWSKA Aleksandra</b>	<b>624</b>				<b>00:51:23.00</b>	<b>00:51:23.00</b>	+00:18:49 (36.6%)	5:58	10.1 (63.5%)
310	<b>KOZŁOWSKI Adam</b>	<b>139</b>	WIECZORNE BIEGANIE W SZCZECINIE			<b>00:51:29.00</b>	<b>00:51:29.00</b>	+00:18:55 (36.7%)	5:58	10 (62.9%)
311	<b>GOŁĄB Anna</b>	<b>204</b>	SZCZECIŃSKA AKADEMIA COMBAT SGS			<b>00:51:35.00</b>	<b>00:51:35.00</b>	+00:19:01 (36.9%)	5:59	10 (62.9%)
312	<b>STRACH Pawel</b>	<b>462</b>				<b>00:51:38.00</b>	<b>00:51:38.00</b>	+00:19:04 (36.9%)	5:59	10 (62.9%)
313	<b>SIKORSKI Andrzej</b>	<b>83</b>				<b>00:51:39.00</b>	<b>00:51:39.00</b>	+00:19:05 (36.9%)	5:59	10 (62.9%)
314	<b>ZIELIŃSKA-MACIĄG Agnieszka</b>	<b>128</b>				<b>00:51:42.00</b>	<b>00:51:42.00</b>	+00:19:08 (37.0%)	6:00	10 (62.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas	Czas	Różn	Tempo min/km	Tempo km/h
						netto 8.611km	brutto 8.611km			
315	<b>BAMBER Jacek</b>	<b>314</b>	LENIWE BUŁY MIERZYN			<b>00:51:44.00</b>	<b>00:51:44.00</b>	+00:19:10 (37.0%)	6:00	10 (62.9%)
316	<b>WOJTKOWIAK Rafał</b>	<b>293</b>				<b>00:51:50.00</b>	<b>00:51:50.00</b>	+00:19:16 (37.2%)	6:01	10 (62.9%)
317	<b>RUDNIK-MIJAL Małgorzata</b>	<b>430</b>				<b>00:51:57.00</b>	<b>00:51:57.00</b>	+00:19:23 (37.3%)	6:01	9.9 (62.3%)
318	<b>ŁAZARSKA Kinga</b>	<b>369</b>				<b>00:51:58.00</b>	<b>00:51:58.00</b>	+00:19:24 (37.3%)	6:02	9.9 (62.3%)
319	<b>HALECZKO Mateusz</b>	<b>477</b>	DZIKIE DZIKI GORZÓW			<b>00:52:04.00</b>	<b>00:52:04.00</b>	+00:19:30 (37.5%)	6:02	9.9 (62.3%)
320	<b>TOMASZEWSKI Łukasz</b>	<b>605</b>				<b>00:52:09.00</b>	<b>00:52:09.00</b>	+00:19:35 (37.6%)	6:03	9.9 (62.3%)
321	<b>DZIECIAŃKOWSKI Jacek</b>	<b>363</b>				<b>00:52:10.00</b>	<b>00:52:10.00</b>	+00:19:36 (37.6%)	6:03	9.9 (62.3%)
322	<b>SŁOBODA Robert</b>	<b>231</b>				<b>00:52:11.00</b>	<b>00:52:11.00</b>	+00:19:37 (37.6%)	6:03	9.9 (62.3%)
323	<b>SZCZEŚNIAK Mariusz</b>	<b>523</b>				<b>00:52:15.00</b>	<b>00:52:15.00</b>	+00:19:41 (37.7%)	6:04	9.9 (62.3%)
324	<b>SĘK Dariusz</b>	<b>452</b>				<b>00:52:16.00</b>	<b>00:52:16.00</b>	+00:19:42 (37.7%)	6:04	9.9 (62.3%)
325	<b>SELWASIUK Tomasz</b>	<b>344</b>				<b>00:52:18.00</b>	<b>00:52:18.00</b>	+00:19:44 (37.7%)	6:04	9.9 (62.3%)
326	<b>BUDNY Wojciech</b>	<b>154</b>				<b>00:52:20.00</b>	<b>00:52:20.00</b>	+00:19:46 (37.8%)	6:04	9.9 (62.3%)
327	<b>PASŁAWSKA Katarzyna</b>	<b>458</b>	HELLS HEVEN			<b>00:52:21.00</b>	<b>00:52:21.00</b>	+00:19:47 (37.8%)	6:04	9.9 (62.3%)
327	<b>MIADLICKI Piotr</b>	<b>532</b>				<b>00:52:21.00</b>	<b>00:52:21.00</b>	+00:19:47 (37.8%)	6:04	9.9 (62.3%)
329	<b>CZUBA Emilia</b>	<b>135</b>				<b>00:52:23.00</b>	<b>00:52:23.00</b>	+00:19:49 (37.8%)	6:04	9.9 (62.3%)
330	<b>NOWAK Leszek</b>	<b>601</b>	FAMILIA NOWAK ESCOBEDO			<b>00:52:30.00</b>	<b>00:52:30.00</b>	+00:19:56 (38.0%)	6:05	9.8 (61.6%)
331	<b>PATYK Joanna</b>	<b>479</b>	TRIGYM			<b>00:52:33.00</b>	<b>00:52:33.00</b>	+00:19:59 (38.0%)	6:06	9.8 (61.6%)
332	<b>LASZCZYK Kasia</b>	<b>261</b>				<b>00:52:39.00</b>	<b>00:52:39.00</b>	+00:20:05 (38.1%)	6:06	9.8 (61.6%)
332	<b>PRZYBYLSKI Karol</b>	<b>692</b>				<b>00:52:39.00</b>	<b>00:52:39.00</b>	+00:20:05 (38.1%)	6:06	9.8 (61.6%)
334	<b>FILIPIAK Krzysztof</b>	<b>311</b>	T.CH.			<b>00:52:40.00</b>	<b>00:52:40.00</b>	+00:20:06 (38.2%)	6:06	9.8 (61.6%)
335	<b>KURP Maciej</b>	<b>491</b>	SĄ GORSI			<b>00:52:41.00</b>	<b>00:52:41.00</b>	+00:20:07 (38.2%)	6:07	9.8 (61.6%)
335	<b>ŁEBKOWSKI Karol</b>	<b>226</b>	WILKI Z CIECHOCINKA			<b>00:52:41.00</b>	<b>00:52:41.00</b>	+00:20:07 (38.2%)	6:07	9.8 (61.6%)
337	<b>JUSZCZYK Radosław</b>	<b>490</b>	SĄ GORSI			<b>00:52:42.00</b>	<b>00:52:42.00</b>	+00:20:08 (38.2%)	6:07	9.8 (61.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas	Czas	Różn	Tempo min/km	Tempo km/h
						netto 8.611km	brutto 8.611km			
338	<b>CYGIEL Piotr</b>	<b>657</b>	KLUB LOKATORA			<b>00:52:44.00</b>	<b>00:52:44.00</b>	+00:20:10 (38.2%)	6:07	9.8 (61.6%)
339	<b>GOŁUCH Mateusz</b>	<b>535</b>				<b>00:52:45.00</b>	<b>00:52:45.00</b>	+00:20:11 (38.3%)	6:07	9.8 (61.6%)
340	<b>WOŹNIAK Kacper</b>	<b>279</b>				<b>00:52:46.00</b>	<b>00:52:46.00</b>	+00:20:12 (38.3%)	6:07	9.8 (61.6%)
341	<b>CABAJ Tomasz</b>	<b>793</b>				<b>00:52:47.00</b>	<b>00:52:47.00</b>	+00:20:13 (38.3%)	6:07	9.8 (61.6%)
342	<b>DRZEWIENIECKI Wojciech</b>	<b>616</b>				<b>00:52:49.00</b>	<b>00:52:49.00</b>	+00:20:15 (38.3%)	6:08	9.8 (61.6%)
343	<b>PAWŁOWSKA-ZALEJSKA Justyna</b>	<b>607</b>				<b>00:52:51.00</b>	<b>00:52:51.00</b>	+00:20:17 (38.4%)	6:08	9.8 (61.6%)
344	<b>OLENIEC Adam</b>	<b>319</b>				<b>00:52:53.00</b>	<b>00:52:53.00</b>	+00:20:19 (38.4%)	6:08	9.8 (61.6%)
344	<b>ADAMSKA Barbara</b>	<b>669</b>	VO2MAX RACING TEAM			<b>00:52:53.00</b>	<b>00:52:53.00</b>	+00:20:19 (38.4%)	6:08	9.8 (61.6%)
346	<b>POPCZYK Mariusz</b>	<b>377</b>				<b>00:52:56.00</b>	<b>00:52:56.00</b>	+00:20:22 (38.5%)	6:08	9.8 (61.6%)
347	<b>ROMANOWSKI Sebastian</b>	<b>454</b>	RAZ SZCZECIN			<b>00:52:57.00</b>	<b>00:52:57.00</b>	+00:20:23 (38.5%)	6:08	9.8 (61.6%)
347	<b>ROGAŁA Adrian</b>	<b>333</b>	WKURW_TEAM			<b>00:52:57.00</b>	<b>00:52:57.00</b>	+00:20:23 (38.5%)	6:08	9.8 (61.6%)
349	<b>MAJ Ewa</b>	<b>364</b>				<b>00:52:58.00</b>	<b>00:52:58.00</b>	+00:20:24 (38.5%)	6:09	9.8 (61.6%)
350	<b>WIKLAK Natalia</b>	<b>23</b>				<b>00:53:06.00</b>	<b>00:53:06.00</b>	+00:20:32 (38.7%)	6:09	9.7 (61.0%)
351	<b>LEWIKOWSKA Patrycja</b>	<b>242</b>	WIECZORNE BIEGANIE W SZCZECINIE			<b>00:53:09.00</b>	<b>00:53:09.00</b>	+00:20:35 (38.7%)	6:10	9.7 (61.0%)
352	<b>MIĄDLICKI Karol</b>	<b>533</b>				<b>00:53:10.00</b>	<b>00:53:10.00</b>	+00:20:36 (38.7%)	6:10	9.7 (61.0%)
353	<b>ŻYLUK Bożena</b>	<b>238</b>	WIECZORNE BIEGANIE W SZCZECINIE			<b>00:53:11.00</b>	<b>00:53:11.00</b>	+00:20:37 (38.8%)	6:10	9.7 (61.0%)
354	<b>KORNACKI Radosław</b>	<b>521</b>				<b>00:53:12.00</b>	<b>00:53:12.00</b>	+00:20:38 (38.8%)	6:10	9.7 (61.0%)
355	<b>FURMAŃSKI Marcin</b>	<b>73</b>				<b>00:53:14.00</b>	<b>00:53:14.00</b>	+00:20:40 (38.8%)	6:10	9.7 (61.0%)
356	<b>BASIAK Przemysław</b>	<b>513</b>				<b>00:53:15.00</b>	<b>00:53:15.00</b>	+00:20:41 (38.8%)	6:11	9.7 (61.0%)
357	<b>WIERCIAK Piotr</b>	<b>302</b>	PIANIŚCI			<b>00:53:20.00</b>	<b>00:53:20.00</b>	+00:20:46 (38.9%)	6:11	9.7 (61.0%)
358	<b>MOSTOWSKI Dariusz</b>	<b>252</b>	JEDZIEMY DLA AGI (TME MTB TEAM SZCZECIN)			<b>00:53:23.00</b>	<b>00:53:23.00</b>	+00:20:49 (39.0%)	6:11	9.7 (61.0%)
358	<b>PASZKIEWICZ Sandra</b>	<b>298</b>	BERSERKERSTEAMO			<b>00:53:23.00</b>	<b>00:53:23.00</b>	+00:20:49 (39.0%)	6:11	9.7 (61.0%)
360	<b>TOMIN Lukasz</b>	<b>528</b>				<b>00:53:24.00</b>	<b>00:53:24.00</b>	+00:20:50 (39.0%)	6:12	9.7 (61.0%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas	Czas	Różn	Tempo min/km	Tempo km/h
						netto 8.611km	brutto 8.611km			
360	ŁAWRYNOWICZ Piotr	464				00:53:24.00	00:53:24.00	+00:20:50 (39.0%)	6:12	9.7 (61.0%)
362	WOŁOWIEC Łukasz	678				00:53:26.00	00:53:26.00	+00:20:52 (39.1%)	6:12	9.7 (61.0%)
363	ORNATEK Łukasz	663				00:53:27.00	00:53:27.00	+00:20:53 (39.1%)	6:12	9.7 (61.0%)
364	ŻARNICKI Kacper	296	.NET RUNNING TEAM			00:53:28.00	00:53:28.00	+00:20:54 (39.1%)	6:12	9.7 (61.0%)
364	SZYMCZAK Marcin	543	WKURW_TEAM			00:53:28.00	00:53:28.00	+00:20:54 (39.1%)	6:12	9.7 (61.0%)
366	KALINOWSKI Łukasz	22				00:53:29.00	00:53:29.00	+00:20:55 (39.1%)	6:12	9.7 (61.0%)
367	GÓRECKA Katarzyna	465	PUSZCZYK BUKOWY			00:53:30.00	00:53:30.00	+00:20:56 (39.1%)	6:12	9.7 (61.0%)
368	RUDZIEWICZ Michał	112				00:53:31.00	00:53:31.00	+00:20:57 (39.1%)	6:12	9.7 (61.0%)
369	WARSIŃSKA Monika	423				00:53:32.00	00:53:32.00	+00:20:58 (39.2%)	6:13	9.7 (61.0%)
370	USEWICZ Maciej	328				00:53:35.00	00:53:35.00	+00:21:01 (39.2%)	6:13	9.6 (60.4%)
371	ŁUKOWIAK Rafał	66				00:53:41.00	00:53:41.00	+00:21:07 (39.3%)	6:14	9.6 (60.4%)
372	PINTOWSKI Piotr	435				00:53:43.00	00:53:43.00	+00:21:09 (39.4%)	6:14	9.6 (60.4%)
373	KRÓL Przemysław	667				00:53:45.00	00:53:45.00	+00:21:11 (39.4%)	6:14	9.6 (60.4%)
374	OGRODNIK Paweł	340	WIECZORNE BIEGANIE W SZCZECINIE			00:53:47.00	00:53:47.00	+00:21:13 (39.4%)	6:14	9.6 (60.4%)
374	SPUNDA Piotr	467	DRUŻYNA MIKOŁAJA			00:53:47.00	00:53:47.00	+00:21:13 (39.4%)	6:14	9.6 (60.4%)
374	GŁOGOZA Piotr	417	BEZ KLUBU			00:53:47.00	00:53:47.00	+00:21:13 (39.4%)	6:14	9.6 (60.4%)
374	ZALEJSKI Tomasz	628				00:53:47.00	00:53:47.00	+00:21:13 (39.4%)	6:14	9.6 (60.4%)
378	PALMA Robert	704	GRUPA POLMOTOR			00:53:51.00	00:53:51.00	+00:21:17 (39.5%)	6:15	9.6 (60.4%)
379	MAJEWSKI Sebastian	118				00:53:52.00	00:53:52.00	+00:21:18 (39.5%)	6:15	9.6 (60.4%)
380	OLEK Zbigniew	566				00:53:54.00	00:53:54.00	+00:21:20 (39.6%)	6:15	9.6 (60.4%)
381	SWOBODA Piotr	411	LOVELASY			00:53:56.00	00:53:56.00	+00:21:22 (39.6%)	6:15	9.6 (60.4%)
381	KURNATOWSKA Magda	547	ŚRUNDUNIA			00:53:56.00	00:53:56.00	+00:21:22 (39.6%)	6:15	9.6 (60.4%)
381	RUDZIEWICZ Urszula	111				00:53:56.00	00:53:56.00	+00:21:22 (39.6%)	6:15	9.6 (60.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas	Czas	Różn	Tempo min/km	Tempo km/h
						netto 8.611km	brutto 8.611km			
384	<b>RUMOWSKI Tomasz</b>	<b>398</b>	SZCZECIN			<b>00:53:58.00</b>	<b>00:53:58.00</b>	+00:21:24 (39.7%)	6:16	9.6 (60.4%)
385	<b>NIEWADZIK Ula</b>	<b>195</b>	HUSARIA RACE TEAM			<b>00:53:59.00</b>	<b>00:53:59.00</b>	+00:21:25 (39.7%)	6:16	9.6 (60.4%)
386	<b>DZBANUSZEK Mariusz</b>	<b>97</b>	BIEGOWE WARSZEWO			<b>00:54:00.00</b>	<b>00:54:00.00</b>	+00:21:26 (39.7%)	6:16	9.6 (60.4%)
387	<b>RZYMSKA Marta</b>	<b>121</b>				<b>00:54:03.00</b>	<b>00:54:03.00</b>	+00:21:29 (39.7%)	6:16	9.6 (60.4%)
387	<b>WOCHOWSKA Izabela</b>	<b>409</b>	WITUNIA WEEKEND MARATON			<b>00:54:03.00</b>	<b>00:54:03.00</b>	+00:21:29 (39.7%)	6:16	9.6 (60.4%)
387	<b>WOCHOWSKI Jarosław</b>	<b>410</b>	WITUNIA WEEKEND MARATON			<b>00:54:03.00</b>	<b>00:54:03.00</b>	+00:21:29 (39.7%)	6:16	9.6 (60.4%)
390	<b>KACZMAREK Jakub</b>	<b>101</b>				<b>00:54:04.00</b>	<b>00:54:04.00</b>	+00:21:30 (39.8%)	6:16	9.6 (60.4%)
391	<b>SZMYT Mariusz</b>	<b>217</b>				<b>00:54:05.00</b>	<b>00:54:05.00</b>	+00:21:31 (39.8%)	6:16	9.6 (60.4%)
392	<b>DŹWIGAŁ Magdalena</b>	<b>358</b>	SKS HUSARIA			<b>00:54:07.00</b>	<b>00:54:07.00</b>	+00:21:33 (39.8%)	6:17	9.5 (59.7%)
393	<b>TYRAŃSKI Michał</b>	<b>127</b>				<b>00:54:08.00</b>	<b>00:54:08.00</b>	+00:21:34 (39.8%)	6:17	9.5 (59.7%)
394	<b>SZNABOWICZ Magda</b>	<b>438</b>				<b>00:54:10.00</b>	<b>00:54:10.00</b>	+00:21:36 (39.9%)	6:17	9.5 (59.7%)
395	<b>WRÓBLEWSKI Tomasz</b>	<b>394</b>				<b>00:54:12.00</b>	<b>00:54:12.00</b>	+00:21:38 (39.9%)	6:17	9.5 (59.7%)
396	<b>KAMIONKA Andrzej</b>	<b>499</b>	14ZBOT			<b>00:54:13.00</b>	<b>00:54:13.00</b>	+00:21:39 (39.9%)	6:17	9.5 (59.7%)
397	<b>MARCINIAK - Henc Aneta</b>	<b>610</b>	NIGHT RUNNERS			<b>00:54:16.00</b>	<b>00:54:16.00</b>	+00:21:42 (40.0%)	6:18	9.5 (59.7%)
398	<b>KOSYCARZ Krzysztof</b>	<b>256</b>				<b>00:54:18.00</b>	<b>00:54:18.00</b>	+00:21:44 (40.0%)	6:18	9.5 (59.7%)
399	<b>BIELECKI Wojciech</b>	<b>160</b>				<b>00:54:19.00</b>	<b>00:54:19.00</b>	+00:21:45 (40.0%)	6:18	9.5 (59.7%)
400	<b>CHROBOCIŃSKI Jan</b>	<b>24</b>				<b>00:54:20.00</b>	<b>00:54:20.00</b>	+00:21:46 (40.1%)	6:18	9.5 (59.7%)
401	<b>LINCZAK Jeremiasz</b>	<b>676</b>	HELL'S HEAVEN CF SZCZECIN			<b>00:54:22.00</b>	<b>00:54:22.00</b>	+00:21:48 (40.1%)	6:18	9.5 (59.7%)
402	<b>LIASHENKO Liliia</b>	<b>41</b>				<b>00:54:23.00</b>	<b>00:54:23.00</b>	+00:21:49 (40.1%)	6:18	9.5 (59.7%)
403	<b>ŁAWKIEL Paweł</b>	<b>33</b>				<b>00:54:25.00</b>	<b>00:54:25.00</b>	+00:21:51 (40.2%)	6:19	9.5 (59.7%)
404	<b>JURCZYŃSKI Łukasz</b>	<b>246</b>	WRÓBEL TEAM			<b>00:54:26.00</b>	<b>00:54:26.00</b>	+00:21:52 (40.2%)	6:19	9.5 (59.7%)
405	<b>ROSZAK Weronika</b>	<b>74</b>	CIUWER TEAM			<b>00:54:27.00</b>	<b>00:54:27.00</b>	+00:21:53 (40.2%)	6:19	9.5 (59.7%)
406	<b>KONSTAŃCZAK Joanna</b>	<b>511</b>				<b>00:54:29.00</b>	<b>00:54:29.00</b>	+00:21:55 (40.2%)	6:19	9.5 (59.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas	Czas	Różn	Tempo min/km	Tempo km/h
						netto 8.611km	brutto 8.611km			
407	<b>PUCHALSKI Grzegorz</b>	<b>155</b>				<b>00:54:33.00</b>	<b>00:54:33.00</b>	+00:21:59 (40.3%)	6:20	9.5 (59.7%)
407	<b>ŁAWKIEL Natalia</b>	<b>31</b>				<b>00:54:33.00</b>	<b>00:54:33.00</b>	+00:21:59 (40.3%)	6:20	9.5 (59.7%)
409	<b>STACHOWSKI Andrzej</b>	<b>67</b>	MONIA GYM			<b>00:54:35.00</b>	<b>00:54:35.00</b>	+00:22:01 (40.3%)	6:20	9.5 (59.7%)
410	<b>FIRLIK Mirosław</b>	<b>399</b>	KB KAMIEŃ POMORSKI			<b>00:54:37.00</b>	<b>00:54:37.00</b>	+00:22:03 (40.4%)	6:20	9.5 (59.7%)
411	<b>PAROL Grzegorz</b>	<b>672</b>				<b>00:54:38.00</b>	<b>00:54:38.00</b>	+00:22:04 (40.4%)	6:20	9.5 (59.7%)
412	<b>SZOSTAK Daniel</b>	<b>52</b>				<b>00:54:41.00</b>	<b>00:54:41.00</b>	+00:22:07 (40.4%)	6:21	9.4 (59.1%)
412	<b>KOŁODZIEJCZYK Paweł</b>	<b>489</b>				<b>00:54:41.00</b>	<b>00:54:41.00</b>	+00:22:07 (40.4%)	6:21	9.4 (59.1%)
414	<b>SERDECZNY Artur</b>	<b>531</b>				<b>00:54:43.00</b>	<b>00:54:43.00</b>	+00:22:09 (40.5%)	6:21	9.4 (59.1%)
415	<b>MIŁOSZEWICZ Aleksandra</b>	<b>519</b>				<b>00:54:44.00</b>	<b>00:54:44.00</b>	+00:22:10 (40.5%)	6:21	9.4 (59.1%)
415	<b>PIOTROWICZ Paweł</b>	<b>684</b>	SZABLA TEAM			<b>00:54:44.00</b>	<b>00:54:44.00</b>	+00:22:10 (40.5%)	6:21	9.4 (59.1%)
417	<b>ELERT Mariusz</b>	<b>53</b>				<b>00:54:47.00</b>	<b>00:54:47.00</b>	+00:22:13 (40.6%)	6:21	9.4 (59.1%)
418	<b>SZYDŁOWSKA Joanna</b>	<b>318</b>				<b>00:54:48.00</b>	<b>00:54:48.00</b>	+00:22:14 (40.6%)	6:21	9.4 (59.1%)
419	<b>DZBANUSZEK Krzysztof</b>	<b>257</b>	TRENINGI U MISTRZA ALEXA			<b>00:54:50.00</b>	<b>00:54:50.00</b>	+00:22:16 (40.6%)	6:22	9.4 (59.1%)
420	<b>BIAŁKOWSKA Katarzyna</b>	<b>343</b>				<b>00:54:53.00</b>	<b>00:54:53.00</b>	+00:22:19 (40.7%)	6:22	9.4 (59.1%)
421	<b>ZAKRZEWSKA Sylwia</b>	<b>373</b>	FSD RUN DREZDENKO			<b>00:54:56.00</b>	<b>00:54:56.00</b>	+00:22:22 (40.7%)	6:22	9.4 (59.1%)
422	<b>ZEMANKIEWICZ Łukasz</b>	<b>422</b>				<b>00:54:57.00</b>	<b>00:54:57.00</b>	+00:22:23 (40.7%)	6:22	9.4 (59.1%)
423	<b>JAKUBOWSKA Angelika</b>	<b>708</b>	MUSTANGI KOBYLANKA			<b>00:54:59.00</b>	<b>00:54:59.00</b>	+00:22:25 (40.8%)	6:23	9.4 (59.1%)
424	<b>ŚLUSARCZYK Piotr</b>	<b>408</b>				<b>00:55:00.00</b>	<b>00:55:00.00</b>	+00:22:26 (40.8%)	6:23	9.4 (59.1%)
425	<b>KISIEL Kamila</b>	<b>596</b>	BRIDGESTONE STARGARD RUNNERS			<b>00:55:10.00</b>	<b>00:55:10.00</b>	+00:22:36 (41.0%)	6:24	9.4 (59.1%)
426	<b>BRUNDA Bartosz</b>	<b>585</b>				<b>00:55:11.00</b>	<b>00:55:11.00</b>	+00:22:37 (41.0%)	6:24	9.4 (59.1%)
427	<b>WIĄCEK Anna</b>	<b>476</b>	KOBIECE BIEGANIE			<b>00:55:12.00</b>	<b>00:55:12.00</b>	+00:22:38 (41.0%)	6:24	9.4 (59.1%)
428	<b>JERZYK-SZAMAŁEK Bogusława</b>	<b>540</b>				<b>00:55:13.00</b>	<b>00:55:13.00</b>	+00:22:39 (41.0%)	6:24	9.4 (59.1%)
429	<b>SZUFRANOWICZ Mirosław</b>	<b>406</b>	ELITARNY KLUB BIEGACZA POWOLNI Z NADWAGĄ			<b>00:55:16.00</b>	<b>00:55:16.00</b>	+00:22:42 (41.1%)	6:25	9.3 (58.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas	Czas	Różn	Tempo min/km	Tempo km/h
						netto 8.611km	brutto 8.611km			
430	<b>DŹWIGAŁ Tomasz</b>	<b>359</b>				<b>00:55:18.00</b>	<b>00:55:18.00</b>	+00:22:44 (41.1%)	6:25	9.3 (58.5%)
431	<b>BODNARCZUK Tomasz</b>	<b>63</b>	FIZJOBIEGACZE			<b>00:55:19.00</b>	<b>00:55:19.00</b>	+00:22:45 (41.1%)	6:25	9.3 (58.5%)
432	<b>PAPSKI Mateusz</b>	<b>199</b>	COMPANHIA PERNAS PRO AR			<b>00:55:22.00</b>	<b>00:55:22.00</b>	+00:22:48 (41.2%)	6:25	9.3 (58.5%)
432	<b>DROP Sławomir</b>	<b>493</b>				<b>00:55:22.00</b>	<b>00:55:22.00</b>	+00:22:48 (41.2%)	6:25	9.3 (58.5%)
434	<b>KUPNIEWSKA Aleksandra</b>	<b>148</b>	KOMPAS TEAM			<b>00:55:24.00</b>	<b>00:55:24.00</b>	+00:22:50 (41.2%)	6:26	9.3 (58.5%)
435	<b>FIJĄŁKOWSKI Karol</b>	<b>360</b>				<b>00:55:25.00</b>	<b>00:55:25.00</b>	+00:22:51 (41.2%)	6:26	9.3 (58.5%)
435	<b>KARPIŃSKI Maciej</b>	<b>469</b>				<b>00:55:25.00</b>	<b>00:55:25.00</b>	+00:22:51 (41.2%)	6:26	9.3 (58.5%)
437	<b>SAKOWSKA-CARŁO Magda</b>	<b>456</b>	WIECZORNE BIEGANIE W SZCZECINIE			<b>00:55:28.00</b>	<b>00:55:28.00</b>	+00:22:54 (41.3%)	6:26	9.3 (58.5%)
438	<b>BOBER Kamil</b>	<b>193</b>	WKURW_TEAM			<b>00:55:31.00</b>	<b>00:55:31.00</b>	+00:22:57 (41.3%)	6:26	9.3 (58.5%)
439	<b>LEONOWICZ Martyna</b>	<b>544</b>	TRIGYM			<b>00:55:38.00</b>	<b>00:55:38.00</b>	+00:23:04 (41.5%)	6:27	9.3 (58.5%)
440	<b>ORLON Barbara</b>	<b>132</b>				<b>00:55:40.00</b>	<b>00:55:40.00</b>	+00:23:06 (41.5%)	6:27	9.3 (58.5%)
441	<b>BODNARCZUK Iwona</b>	<b>86</b>				<b>00:55:45.00</b>	<b>00:55:45.00</b>	+00:23:11 (41.6%)	6:28	9.3 (58.5%)
442	<b>ZAWADZKA Sylwia</b>	<b>175</b>	VEGE RUNNERS			<b>00:55:46.00</b>	<b>00:55:46.00</b>	+00:23:12 (41.6%)	6:28	9.3 (58.5%)
443	<b>PŁACHTA Monika</b>	<b>788</b>	KOBIECE BIEGANIE			<b>00:55:48.00</b>	<b>00:55:48.00</b>	+00:23:14 (41.6%)	6:28	9.3 (58.5%)
444	<b>POŹNIAK Aleksandra</b>	<b>445</b>				<b>00:55:49.00</b>	<b>00:55:49.00</b>	+00:23:15 (41.7%)	6:28	9.3 (58.5%)
445	<b>GRABEK Maciej</b>	<b>447</b>				<b>00:55:50.00</b>	<b>00:55:50.00</b>	+00:23:16 (41.7%)	6:29	9.3 (58.5%)
446	<b>KRUCZKOWSKI Maciej</b>	<b>251</b>				<b>00:55:51.00</b>	<b>00:55:51.00</b>	+00:23:17 (41.7%)	6:29	9.3 (58.5%)
446	<b>WŁOSZAK Marek</b>	<b>207</b>				<b>00:55:51.00</b>	<b>00:55:51.00</b>	+00:23:17 (41.7%)	6:29	9.3 (58.5%)
448	<b>KRUCZKOWSKA Agnieszka</b>	<b>249</b>				<b>00:55:53.00</b>	<b>00:55:53.00</b>	+00:23:19 (41.7%)	6:29	9.2 (57.9%)
448	<b>KRUCZKOWSKA Malwina</b>	<b>253</b>				<b>00:55:53.00</b>	<b>00:55:53.00</b>	+00:23:19 (41.7%)	6:29	9.2 (57.9%)
450	<b>ŚLÓSAREK Rafał</b>	<b>520</b>				<b>00:55:54.00</b>	<b>00:55:54.00</b>	+00:23:20 (41.7%)	6:29	9.2 (57.9%)
451	<b>WÓJTOWICZ Jerzy</b>	<b>580</b>				<b>00:55:55.00</b>	<b>00:55:55.00</b>	+00:23:21 (41.8%)	6:29	9.2 (57.9%)
452	<b>ŁABUDA Paulina</b>	<b>615</b>				<b>00:56:05.00</b>	<b>00:56:05.00</b>	+00:23:31 (41.9%)	6:30	9.2 (57.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						8.611km	8.611km			
452	FLIS Danuta	621				00:56:05.00	00:56:05.00	+00:23:31 (41.9%)	6:30	9.2 (57.9%)
454	BOROWSKA Monika	62				00:56:08.00	00:56:08.00	+00:23:34 (42.0%)	6:31	9.2 (57.9%)
455	RZESZOWSKI Paweł	87	COGNITRAN			00:56:10.00	00:56:10.00	+00:23:36 (42.0%)	6:31	9.2 (57.9%)
455	MYSZKA Michał	146				00:56:10.00	00:56:10.00	+00:23:36 (42.0%)	6:31	9.2 (57.9%)
457	RYBA Paweł	703				00:56:16.00	00:56:16.00	+00:23:42 (42.1%)	6:32	9.2 (57.9%)
458	KOWALCZYK Paweł	243				00:56:23.00	00:56:23.00	+00:23:49 (42.2%)	6:32	9.2 (57.9%)
459	WIENCIS Małgorzata	563				00:56:24.00	00:56:24.00	+00:23:50 (42.3%)	6:32	9.2 (57.9%)
459	WITKOWSKI Mateusz	683	HELL'S HEAVEN CF SZCZECIN			00:56:24.00	00:56:24.00	+00:23:50 (42.3%)	6:32	9.2 (57.9%)
461	ŁĘTOWSKI Marcin	383	INCOM POLSKA			00:56:25.00	00:56:25.00	+00:23:51 (42.3%)	6:33	9.2 (57.9%)
462	SKONIECZNY Piotr	685	SZABLA TEAM			00:56:26.00	00:56:26.00	+00:23:52 (42.3%)	6:33	9.2 (57.9%)
463	TYRCHA Szymon	382	INCOM POLSKA SP. Z O.O			00:56:42.00	00:56:42.00	+00:24:08 (42.6%)	6:35	9.1 (57.2%)
464	CHUDZIK Wojciech	273				00:56:45.00	00:56:45.00	+00:24:11 (42.6%)	6:35	9.1 (57.2%)
465	KOŁODZIEJCZYK Danuta	245				00:56:46.00	00:56:46.00	+00:24:12 (42.6%)	6:35	9.1 (57.2%)
466	GŁADYSZ Łukasz	107				00:56:48.00	00:56:48.00	+00:24:14 (42.7%)	6:35	9.1 (57.2%)
467	HARASZCZUK Joanna	255				00:56:51.00	00:56:51.00	+00:24:17 (42.7%)	6:36	9.1 (57.2%)
468	SZYBALSKI Tomasz	392				00:56:57.00	00:56:57.00	+00:24:23 (42.8%)	6:36	9.1 (57.2%)
469	KOWALKOWSKA Beata	440				00:56:58.00	00:56:58.00	+00:24:24 (42.8%)	6:36	9.1 (57.2%)
470	KOMOROWSKI Michał	237				00:56:59.00	00:56:59.00	+00:24:25 (42.8%)	6:37	9.1 (57.2%)
471	KOZICKI Sławomir	26				00:57:03.00	00:57:03.00	+00:24:29 (42.9%)	6:37	9.1 (57.2%)
472	HARASZCZUK Krystian	713				00:57:05.00	00:57:05.00	+00:24:31 (42.9%)	6:37	9.1 (57.2%)
473	TOKARCZYK Marta	47				00:57:08.00	00:57:08.00	+00:24:34 (43.0%)	6:38	9 (56.6%)
474	TOKARCZYK Grzegorz	50				00:57:09.00	00:57:09.00	+00:24:35 (43.0%)	6:38	9 (56.6%)
475	HEIDEMANN Lucas	475	HEIDEMANN			00:57:11.00	00:57:11.00	+00:24:37 (43.0%)	6:38	9 (56.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas	Czas	Różn	Tempo min/km	Tempo km/h
						netto 8.611km	brutto 8.611km			
476	<b>JURYS Krzysztof</b>	<b>82</b>				<b>00:57:21.00</b>	<b>00:57:21.00</b>	+00:24:47 (43.2%)	6:39	9 (56.6%)
477	<b>SZUBARTOWSKI Mateusz</b>	<b>702</b>				<b>00:57:22.00</b>	<b>00:57:22.00</b>	+00:24:48 (43.2%)	6:39	9 (56.6%)
478	<b>HARASZCZUK Jerzy</b>	<b>642</b>				<b>00:57:24.00</b>	<b>00:57:24.00</b>	+00:24:50 (43.3%)	6:39	9 (56.6%)
479	<b>JURYS Elżbieta</b>	<b>90</b>				<b>00:57:34.00</b>	<b>00:57:34.00</b>	+00:25:00 (43.4%)	6:41	9 (56.6%)
480	<b>PALMA Agata</b>	<b>577</b>				<b>00:57:36.00</b>	<b>00:57:36.00</b>	+00:25:02 (43.5%)	6:41	9 (56.6%)
481	<b>MICHALCZUK Karolina</b>	<b>378</b>				<b>00:57:39.00</b>	<b>00:57:39.00</b>	+00:25:05 (43.5%)	6:41	9 (56.6%)
481	<b>GREWLING Anna</b>	<b>42</b>	VEGE RUNNERS			<b>00:57:39.00</b>	<b>00:57:39.00</b>	+00:25:05 (43.5%)	6:41	9 (56.6%)
483	<b>NIEWIADOMSKA Magda</b>	<b>638</b>				<b>00:57:54.00</b>	<b>00:57:54.00</b>	+00:25:20 (43.8%)	6:43	8.9 (56.0%)
484	<b>ROJEWSKI Mateusz</b>	<b>649</b>				<b>00:58:00.00</b>	<b>00:58:00.00</b>	+00:25:26 (43.9%)	6:44	8.9 (56.0%)
485	<b>KUROWSKI Artur</b>	<b>690</b>	FORM			<b>00:58:11.00</b>	<b>00:58:11.00</b>	+00:25:37 (44.0%)	6:45	8.9 (56.0%)
486	<b>KĘSKA Katarzyna</b>	<b>329</b>	LOVELASY			<b>00:58:14.00</b>	<b>00:58:14.00</b>	+00:25:40 (44.1%)	6:45	8.9 (56.0%)
487	<b>WRÓBLEWSKA Anna</b>	<b>133</b>	KLUB BIEGACZA KAMIEŃ POMORSKI			<b>00:58:16.00</b>	<b>00:58:16.00</b>	+00:25:42 (44.1%)	6:45	8.9 (56.0%)
488	<b>BACHMATIUK Honorata</b>	<b>565</b>				<b>00:58:23.00</b>	<b>00:58:23.00</b>	+00:25:49 (44.2%)	6:46	8.8 (55.3%)
489	<b>PAŁAC Piotr</b>	<b>484</b>	WIECZORNE BIEGANIE W SZCZECINIE			<b>00:58:25.00</b>	<b>00:58:25.00</b>	+00:25:51 (44.3%)	6:47	8.8 (55.3%)
490	<b>ZIELIŃSKA Monika</b>	<b>113</b>				<b>00:58:28.00</b>	<b>00:58:28.00</b>	+00:25:54 (44.3%)	6:47	8.8 (55.3%)
491	<b>MALINOWSKA Alicja</b>	<b>639</b>				<b>00:58:35.00</b>	<b>00:58:35.00</b>	+00:26:01 (44.4%)	6:48	8.8 (55.3%)
492	<b>BEJSTER Przemysław</b>	<b>150</b>	WIECZORNE BIEGANIE W SZCZECINIE			<b>00:58:38.00</b>	<b>00:58:38.00</b>	+00:26:04 (44.5%)	6:48	8.8 (55.3%)
492	<b>KRÓLIKOWSKI Rafał</b>	<b>11</b>				<b>00:58:38.00</b>	<b>00:58:38.00</b>	+00:26:04 (44.5%)	6:48	8.8 (55.3%)
494	<b>KONECKI Krzysztof</b>	<b>481</b>	WOLNI BIEGACZE SZCZECIN			<b>00:58:41.00</b>	<b>00:58:41.00</b>	+00:26:07 (44.5%)	6:48	8.8 (55.3%)
495	<b>JAWORSKA Izabela</b>	<b>96</b>				<b>00:58:45.00</b>	<b>00:58:45.00</b>	+00:26:11 (44.6%)	6:49	8.8 (55.3%)
495	<b>CZERWIŃSKI Dariusz</b>	<b>334</b>	LOVELASY			<b>00:58:45.00</b>	<b>00:58:45.00</b>	+00:26:11 (44.6%)	6:49	8.8 (55.3%)
497	<b>PLĄSEK Sylwester</b>	<b>327</b>	LOVELASY			<b>00:58:51.00</b>	<b>00:58:51.00</b>	+00:26:17 (44.7%)	6:50	8.8 (55.3%)
498	<b>DALEMBA Tomasz</b>	<b>151</b>				<b>00:58:52.00</b>	<b>00:58:52.00</b>	+00:26:18 (44.7%)	6:50	8.8 (55.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 8.611km	Czas brutto 8.611km	Różn	Tempo min/km	Tempo km/h
499	<b>BIEGANSKI Tomasz</b>	<b>379</b>				<b>00:58:57.00</b>	<b>00:58:57.00</b>	+00:26:23 (44.8%)	6:50	8.8 (55.3%)
500	<b>KOŁODZIEJCZYK Gabriela</b>	<b>492</b>				<b>00:58:59.00</b>	<b>00:58:59.00</b>	+00:26:25 (44.8%)	6:50	8.8 (55.3%)
501	<b>GAJEWSKI Bartosz</b>	<b>488</b>				<b>00:59:00.00</b>	<b>00:59:00.00</b>	+00:26:26 (44.8%)	6:51	8.8 (55.3%)
502	<b>DYLAĞ Robert</b>	<b>655</b>				<b>00:59:02.00</b>	<b>00:59:02.00</b>	+00:26:28 (44.8%)	6:51	8.8 (55.3%)
503	<b>KOWALSKA Joanna</b>	<b>619</b>				<b>00:59:06.00</b>	<b>00:59:06.00</b>	+00:26:32 (44.9%)	6:51	8.7 (54.7%)
504	<b>WASIŃSKI Paweł</b>	<b>354</b>				<b>00:59:28.00</b>	<b>00:59:28.00</b>	+00:26:54 (45.2%)	6:54	8.7 (54.7%)
505	<b>MARKANICZ Marlena</b>	<b>351</b>	STARGARD JA SIĘ NIE ŚCIGAM			<b>00:59:31.00</b>	<b>00:59:31.00</b>	+00:26:57 (45.3%)	6:54	8.7 (54.7%)
506	<b>FIJAŁKOWSKA Aleksandra</b>	<b>362</b>				<b>00:59:35.00</b>	<b>00:59:35.00</b>	+00:27:01 (45.3%)	6:55	8.7 (54.7%)
507	<b>GŁĄBIŃSKA Dobrochna</b>	<b>436</b>	WIECZORNE BIEGANIE W SZCZECINIE			<b>00:59:38.00</b>	<b>00:59:38.00</b>	+00:27:04 (45.4%)	6:55	8.7 (54.7%)
508	<b>KOS Piotr</b>	<b>39</b>	DRUŻYNA MOJACUKRZYCA.PL			<b>00:59:52.00</b>	<b>00:59:52.00</b>	+00:27:18 (45.6%)	6:57	8.6 (54.1%)
509	<b>NIEWITECKI Krzysztof</b>	<b>210</b>				<b>01:00:00.00</b>	<b>01:00:00.00</b>	+00:27:26 (45.7%)	6:58	8.6 (54.1%)
510	<b>WIELGUS-ULATOWSKA Joanna</b>	<b>339</b>	HUSIARIA SZCZECIN			<b>01:00:02.00</b>	<b>01:00:02.00</b>	+00:27:28 (45.8%)	6:58	8.6 (54.1%)
511	<b>ROMAŃSKA Joanna</b>	<b>181</b>				<b>01:00:04.00</b>	<b>01:00:04.00</b>	+00:27:30 (45.8%)	6:58	8.6 (54.1%)
512	<b>JĘDRZEJEWSKI Radosław</b>	<b>429</b>				<b>01:00:14.00</b>	<b>01:00:14.00</b>	+00:27:40 (45.9%)	6:59	8.6 (54.1%)
512	<b>WOŹNICKA Marta</b>	<b>209</b>				<b>01:00:14.00</b>	<b>01:00:14.00</b>	+00:27:40 (45.9%)	6:59	8.6 (54.1%)
514	<b>SURDAKCI Jerzy</b>	<b>20</b>	DRUŻYNA SZPIKU			<b>01:00:18.00</b>	<b>01:00:18.00</b>	+00:27:44 (46.0%)	7:00	8.6 (54.1%)
515	<b>SURDAKCA Joanna</b>	<b>30</b>				<b>01:00:24.00</b>	<b>01:00:24.00</b>	+00:27:50 (46.1%)	7:00	8.6 (54.1%)
516	<b>WODNICKA Ewa</b>	<b>258</b>				<b>01:00:30.00</b>	<b>01:00:30.00</b>	+00:27:56 (46.2%)	7:01	8.5 (53.5%)
516	<b>WOSZCZYK Renata</b>	<b>427</b>				<b>01:00:30.00</b>	<b>01:00:30.00</b>	+00:27:56 (46.2%)	7:01	8.5 (53.5%)
518	<b>SZCZUPACZYŃSKI Błażej</b>	<b>70</b>				<b>01:00:33.00</b>	<b>01:00:33.00</b>	+00:27:59 (46.2%)	7:01	8.5 (53.5%)
519	<b>OSTROWSKA Aneta</b>	<b>71</b>				<b>01:00:34.00</b>	<b>01:00:34.00</b>	+00:28:00 (46.2%)	7:02	8.5 (53.5%)
519	<b>SIEDLECKI Adam Wiktor</b>	<b>446</b>				<b>01:00:34.00</b>	<b>01:00:34.00</b>	+00:28:00 (46.2%)	7:02	8.5 (53.5%)
521	<b>ŚNIADOWSKI Tomasz</b>	<b>403</b>	DOCTORRUNNER TEAM			<b>01:00:43.00</b>	<b>01:00:43.00</b>	+00:28:09 (46.4%)	7:03	8.5 (53.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						8.611km	8.611km			
522	<b>MIĘTKIEWICZ Karina</b>	<b>200</b>				<b>01:01:08.00</b>	<b>01:01:08.00</b>	+00:28:34 (46.7%)	7:05	8.5 (53.5%)
522	<b>LIPERTOWICZ Adrianna</b>	<b>274</b>	RUNBIKE GRYFICE			<b>01:01:08.00</b>	<b>01:01:08.00</b>	+00:28:34 (46.7%)	7:05	8.5 (53.5%)
524	<b>SKIBA Michał</b>	<b>574</b>				<b>01:01:11.00</b>	<b>01:01:11.00</b>	+00:28:37 (46.8%)	7:06	8.4 (52.8%)
525	<b>KAWCZYŃSKI Maciej</b>	<b>420</b>	RAZ SZCZECIN			<b>01:01:13.00</b>	<b>01:01:13.00</b>	+00:28:39 (46.8%)	7:06	8.4 (52.8%)
526	<b>MILEWSKI Tomek</b>	<b>480</b>				<b>01:01:19.00</b>	<b>01:01:19.00</b>	+00:28:45 (46.9%)	7:07	8.4 (52.8%)
527	<b>IZAK Katarzyna</b>	<b>58</b>				<b>01:01:21.00</b>	<b>01:01:21.00</b>	+00:28:47 (46.9%)	7:07	8.4 (52.8%)
528	<b>SODNOMGOMBO Alimaa</b>	<b>579</b>	FIZJOBIEGACZE			<b>01:01:23.00</b>	<b>01:01:23.00</b>	+00:28:49 (46.9%)	7:07	8.4 (52.8%)
529	<b>TRUKAWKA Andrzej</b>	<b>45</b>	DZIKI ZAKWAS			<b>01:01:24.00</b>	<b>01:01:24.00</b>	+00:28:50 (47.0%)	7:07	8.4 (52.8%)
530	<b>ZAWISZA Tomasz</b>	<b>589</b>	KLUB BIEGOWY BRIDGESTONE STARGARD			<b>01:01:25.00</b>	<b>01:01:25.00</b>	+00:28:51 (47.0%)	7:07	8.4 (52.8%)
530	<b>GONERKO Joanna</b>	<b>686</b>				<b>01:01:25.00</b>	<b>01:01:25.00</b>	+00:28:51 (47.0%)	7:07	8.4 (52.8%)
530	<b>ROGALA Magda</b>	<b>331</b>	WKURW_TEAM			<b>01:01:25.00</b>	<b>01:01:25.00</b>	+00:28:51 (47.0%)	7:07	8.4 (52.8%)
533	<b>SIWEK Tomasz</b>	<b>336</b>				<b>01:01:29.00</b>	<b>01:01:29.00</b>	+00:28:55 (47.0%)	7:08	8.4 (52.8%)
534	<b>MAŁECKA Anna</b>	<b>76</b>				<b>01:01:30.00</b>	<b>01:01:30.00</b>	+00:28:56 (47.0%)	7:08	8.4 (52.8%)
535	<b>PODWALSKI Piotr</b>	<b>176</b>				<b>01:01:32.00</b>	<b>01:01:32.00</b>	+00:28:58 (47.1%)	7:08	8.4 (52.8%)
535	<b>TOŁKACZ Karolina</b>	<b>21</b>	SZCZECIN			<b>01:01:32.00</b>	<b>01:01:32.00</b>	+00:28:58 (47.1%)	7:08	8.4 (52.8%)
537	<b>KURZYŃSKI Ryszard</b>	<b>552</b>				<b>01:01:36.00</b>	<b>01:01:36.00</b>	+00:29:02 (47.1%)	7:09	8.4 (52.8%)
538	<b>MASŁOWSKA Barbara</b>	<b>81</b>				<b>01:01:50.00</b>	<b>01:01:50.00</b>	+00:29:16 (47.3%)	7:10	8.4 (52.8%)
539	<b>JÓZWICKA Aneta</b>	<b>426</b>				<b>01:01:53.00</b>	<b>01:01:53.00</b>	+00:29:19 (47.4%)	7:11	8.3 (52.2%)
540	<b>WILCZOPOLSKI Kamil</b>	<b>572</b>	DZIKI ZAKWAS			<b>01:01:55.00</b>	<b>01:01:55.00</b>	+00:29:21 (47.4%)	7:11	8.3 (52.2%)
541	<b>ZARICZNIK Kamila</b>	<b>549</b>	MONIAGYM			<b>01:02:08.00</b>	<b>01:02:08.00</b>	+00:29:34 (47.6%)	7:12	8.3 (52.2%)
542	<b>KOZIOŁ Aneta</b>	<b>548</b>	MONIA GYM			<b>01:02:09.00</b>	<b>01:02:09.00</b>	+00:29:35 (47.6%)	7:13	8.3 (52.2%)
543	<b>BARTLEWSKI Damian</b>	<b>168</b>				<b>01:02:16.00</b>	<b>01:02:16.00</b>	+00:29:42 (47.7%)	7:13	8.3 (52.2%)
544	<b>KOWALEWSKI Tomasz</b>	<b>342</b>				<b>01:02:17.00</b>	<b>01:02:17.00</b>	+00:29:43 (47.7%)	7:13	8.3 (52.2%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						8.611km	8.611km			
545	KOWALEWSKA Wiktoria	341				01:02:18.00	01:02:18.00	+00:29:44 (47.7%)	7:14	8.3 (52.2%)
545	JAKSINA Anna	641				01:02:18.00	01:02:18.00	+00:29:44 (47.7%)	7:14	8.3 (52.2%)
547	KOLEJ Monika	546	DZIKIE DZIKI GORZOW			01:02:20.00	01:02:20.00	+00:29:46 (47.8%)	7:14	8.3 (52.2%)
547	BONIECKI Dariusz	691				01:02:20.00	01:02:20.00	+00:29:46 (47.8%)	7:14	8.3 (52.2%)
549	ŚWIGOŃ Izabela	608	SZWLA STARGARD			01:02:27.00	01:02:27.00	+00:29:53 (47.9%)	7:15	8.3 (52.2%)
550	ROMANOWICZ Marek	701	BIEGAM			01:02:30.00	01:02:30.00	+00:29:56 (47.9%)	7:15	8.3 (52.2%)
550	OGOŃSKI Maciej	618				01:02:30.00	01:02:30.00	+00:29:56 (47.9%)	7:15	8.3 (52.2%)
552	WROŃSKI Julian	404	STARGARD JA SIĘ NIE ŚCIGAM			01:02:31.00	01:02:31.00	+00:29:57 (47.9%)	7:15	8.3 (52.2%)
553	KLEPACKI Tomasz	276				01:02:34.00	01:02:34.00	+00:30:00 (47.9%)	7:15	8.3 (52.2%)
554	MÓWIŃSKA Katarzyna	629				01:02:36.00	01:02:36.00	+00:30:02 (48.0%)	7:16	8.3 (52.2%)
555	SZEWCZYK Magdalena	463				01:02:38.00	01:02:38.00	+00:30:04 (48.0%)	7:16	8.2 (51.6%)
556	PAWŁOWICZ Kamila	652				01:02:48.00	01:02:48.00	+00:30:14 (48.1%)	7:17	8.2 (51.6%)
557	MAZURO Piotr	188	CURTIS HEALTH CAPS			01:03:02.00	01:03:02.00	+00:30:28 (48.3%)	7:19	8.2 (51.6%)
558	KUCZYŃSKI Sebastian	205				01:03:14.00	01:03:14.00	+00:30:40 (48.5%)	7:20	8.2 (51.6%)
559	RZESZUT Robert	556				01:03:19.00	01:03:19.00	+00:30:45 (48.6%)	7:21	8.2 (51.6%)
560	MICHALAK Sylwia	564				01:03:26.00	01:03:26.00	+00:30:52 (48.7%)	7:21	8.1 (50.9%)
560	ANDRZEJCZAK Maciej	560	AMATOR			01:03:26.00	01:03:26.00	+00:30:52 (48.7%)	7:21	8.1 (50.9%)
562	PRZYGODA Przemysław	164	ADVENTURE			01:03:28.00	01:03:28.00	+00:30:54 (48.7%)	7:22	8.1 (50.9%)
563	KRZEŚNIEWSKI Marcin	48	ROWEROWY ZAŁOM			01:03:29.00	01:03:29.00	+00:30:55 (48.7%)	7:22	8.1 (50.9%)
564	KOWAL Tomasz	317	FIZJOBIEGACZE SZCZECIN			01:03:43.00	01:03:43.00	+00:31:09 (48.9%)	7:23	8.1 (50.9%)
565	RZESZUT Stanisław	555				01:03:47.00	01:03:47.00	+00:31:13 (48.9%)	7:24	8.1 (50.9%)
566	KOZŁOWSKI Łukasz	106				01:03:55.00	01:03:55.00	+00:31:21 (49.0%)	7:25	8.1 (50.9%)
567	ANTOŃCZAK Łukasz	27	BORSUKI			01:04:00.00	01:04:00.00	+00:31:26 (49.1%)	7:25	8.1 (50.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas	Czas	Różn	Tempo min/km	Tempo km/h
						netto 8.611km	brutto 8.611km			
568	<b>BOHDANOWICZ Marek</b>	<b>682</b>				<b>01:04:10.00</b>	<b>01:04:10.00</b>	+00:31:36 (49.2%)	7:27	8.1 (50.9%)
569	<b>WALENT Marta</b>	<b>602</b>				<b>01:04:14.00</b>	<b>01:04:14.00</b>	+00:31:40 (49.3%)	7:27	8 (50.3%)
570	<b>HRYCIÓW Paweł</b>	<b>352</b>	JW 1223			<b>01:04:25.00</b>	<b>01:04:25.00</b>	+00:31:51 (49.4%)	7:28	8 (50.3%)
571	<b>GAWROŃSKA Angelika</b>	<b>189</b>				<b>01:04:32.00</b>	<b>01:04:32.00</b>	+00:31:58 (49.5%)	7:29	8 (50.3%)
572	<b>ŁUKASZCZUK Paweł</b>	<b>459</b>				<b>01:04:37.00</b>	<b>01:04:37.00</b>	+00:32:03 (49.6%)	7:30	8 (50.3%)
573	<b>KOSTRZEWSKA Konstancja</b>	<b>537</b>	WIECZORNE BIEGANIE W SZCZECINIE			<b>01:04:39.00</b>	<b>01:04:39.00</b>	+00:32:05 (49.6%)	7:30	8 (50.3%)
573	<b>SOBOLEWSKA Agata</b>	<b>16</b>	EXTREME WOLF			<b>01:04:39.00</b>	<b>01:04:39.00</b>	+00:32:05 (49.6%)	7:30	8 (50.3%)
575	<b>KLUCZYK-CZARNECKA Dominika</b>	<b>671</b>				<b>01:04:42.00</b>	<b>01:04:42.00</b>	+00:32:08 (49.7%)	7:30	8 (50.3%)
576	<b>IZNEROWICZ Monika</b>	<b>169</b>				<b>01:04:59.00</b>	<b>01:04:59.00</b>	+00:32:25 (49.9%)	7:32	8 (50.3%)
577	<b>MARKS Katarzyna</b>	<b>425</b>	STOWARZYSZENIE DOŁUJE KOŚCINO			<b>01:05:10.00</b>	<b>01:05:10.00</b>	+00:32:36 (50.0%)	7:34	7.9 (49.7%)
578	<b>DZIWISZ Bogusia</b>	<b>551</b>				<b>01:05:14.00</b>	<b>01:05:14.00</b>	+00:32:40 (50.1%)	7:34	7.9 (49.7%)
579	<b>MOKRZYŃSKA-ŁUKASZCZUK Marta</b>	<b>455</b>				<b>01:05:18.00</b>	<b>01:05:18.00</b>	+00:32:44 (50.1%)	7:34	7.9 (49.7%)
580	<b>DZIWOSZ Ania</b>	<b>439</b>	KOBIECE BIEGANIE			<b>01:05:20.00</b>	<b>01:05:20.00</b>	+00:32:46 (50.2%)	7:35	7.9 (49.7%)
580	<b>BIRGER Agata</b>	<b>433</b>	KAFLANDO			<b>01:05:20.00</b>	<b>01:05:20.00</b>	+00:32:46 (50.2%)	7:35	7.9 (49.7%)
582	<b>KUDRA Grażyba</b>	<b>270</b>	FIZJOBIEGACZE			<b>01:05:22.00</b>	<b>01:05:22.00</b>	+00:32:48 (50.2%)	7:35	7.9 (49.7%)
583	<b>CHROBOCINSKI Daniel</b>	<b>320</b>				<b>01:05:36.00</b>	<b>01:05:36.00</b>	+00:33:02 (50.4%)	7:37	7.9 (49.7%)
584	<b>TWARDOWSKA Karolina</b>	<b>232</b>				<b>01:06:17.00</b>	<b>01:06:17.00</b>	+00:33:43 (50.9%)	7:41	7.8 (49.1%)
585	<b>JACHER Mateusz</b>	<b>432</b>				<b>01:07:01.00</b>	<b>01:07:01.00</b>	+00:34:27 (51.4%)	7:46	7.7 (48.4%)
586	<b>KUBOŃ Dawid</b>	<b>670</b>				<b>01:07:04.00</b>	<b>01:07:04.00</b>	+00:34:30 (51.4%)	7:47	7.7 (48.4%)
586	<b>ILKÓW Maciej</b>	<b>679</b>				<b>01:07:04.00</b>	<b>01:07:04.00</b>	+00:34:30 (51.4%)	7:47	7.7 (48.4%)
586	<b>SZAPUĆKO Kasia</b>	<b>437</b>				<b>01:07:04.00</b>	<b>01:07:04.00</b>	+00:34:30 (51.4%)	7:47	7.7 (48.4%)
589	<b>IWANIUK Adam</b>	<b>49</b>				<b>01:07:23.00</b>	<b>01:07:23.00</b>	+00:34:49 (51.7%)	7:49	7.7 (48.4%)
590	<b>ORSZULSKA Magdalena</b>	<b>15</b>	WIECZORNE BIEGANIE W SZCZECINIE			<b>01:07:29.00</b>	<b>01:07:29.00</b>	+00:34:55 (51.7%)	7:50	7.7 (48.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas	Czas	Różn	Tempo min/km	Tempo km/h
						netto 8.611km	brutto 8.611km			
591	IWANIUK Małgorzata	312				01:07:39.00	01:07:39.00	+00:35:05 (51.9%)	7:51	7.6 (47.8%)
592	CHROBOCIŃSKA Elżbieta	321				01:07:47.00	01:07:47.00	+00:35:13 (52.0%)	7:52	7.6 (47.8%)
593	KOZIEŁ Jacek	673				01:07:49.00	01:07:49.00	+00:35:15 (52.0%)	7:52	7.6 (47.8%)
594	INGLOT Marcin	371	JEDI TRAINING ACADEMY			01:07:56.00	01:07:56.00	+00:35:22 (52.1%)	7:53	7.6 (47.8%)
595	SZALEWICZ Małgorzata	54	SZYBCIEJ NIE MOGĘ			01:08:02.00	01:08:02.00	+00:35:28 (52.1%)	7:54	7.6 (47.8%)
596	FURMANEK Wojciech	502	SAN MEDICAL SPA			01:08:07.00	01:08:07.00	+00:35:33 (52.2%)	7:54	7.6 (47.8%)
597	ROLLA Magdalena	324				01:08:08.00	01:08:08.00	+00:35:34 (52.2%)	7:54	7.6 (47.8%)
598	BAGIŃSKI Marcin	710	MUSTANGI KOBYLANKA			01:08:26.00	01:08:26.00	+00:35:52 (52.4%)	7:56	7.5 (47.2%)
599	DĄBROWSKA Natalia	693				01:08:39.00	01:08:39.00	+00:36:05 (52.6%)	7:58	7.5 (47.2%)
600	MILANOWICZ Magda	431				01:08:43.00	01:08:43.00	+00:36:09 (52.6%)	7:58	7.5 (47.2%)
601	KOZŁOWSKA-BANIAK Paulina	592				01:08:51.00	01:08:51.00	+00:36:17 (52.7%)	7:59	7.5 (47.2%)
602	SIKORSKA Honorata	85				01:08:54.00	01:08:54.00	+00:36:20 (52.7%)	8:00	7.5 (47.2%)
603	PIEKONKO Mirosław	524				01:08:57.00	01:08:57.00	+00:36:23 (52.8%)	8:00	7.5 (47.2%)
604	PAWLAK Katarzyna	473	RADIO WROCŁAW			01:09:13.00	01:09:13.00	+00:36:39 (52.9%)	8:02	7.5 (47.2%)
605	ZNAMIROWSKI Krzysztof	474	RADIO WROCŁAW			01:09:14.00	01:09:14.00	+00:36:40 (53.0%)	8:02	7.5 (47.2%)
606	GUMIELA Adam	65	MELVITTEAM			01:09:40.00	01:09:40.00	+00:37:06 (53.3%)	8:05	7.4 (46.5%)
607	PRZYŁUSKA Mirosława	637				01:10:04.00	01:10:04.00	+00:37:30 (53.5%)	8:08	7.4 (46.5%)
608	GRYBOŚ Małgorzata	567				01:10:36.00	01:10:36.00	+00:38:02 (53.9%)	8:11	7.3 (45.9%)
609	LASKOWSKI Adam	623				01:11:02.00	01:11:02.00	+00:38:28 (54.2%)	8:14	7.3 (45.9%)
610	CZARNOJAN Maciej	600	PUSZEKTEAM			01:11:04.00	01:11:04.00	+00:38:30 (54.2%)	8:15	7.3 (45.9%)
611	SIWIEC Paulina	599	PUSZEKTEAM			01:11:53.00	01:11:53.00	+00:39:19 (54.7%)	8:20	7.2 (45.3%)
612	TOMIAŁOJC-BIWOJNO Ewelina	697	LIFE4FIT			01:12:43.00	01:12:43.00	+00:40:09 (55.2%)	8:26	7.1 (44.7%)
613	BOGDAŃSKI Jakub	284				01:14:29.00	01:14:29.00	+00:41:55 (56.3%)	8:38	6.9 (43.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 8.611km	Czas brutto 8.611km	Różn	Tempo min/km	Tempo km/h
614	<b>KRÓL Magdalena</b>	<b>194</b>				<b>01:15:11.00</b>	<b>01:15:11.00</b>	+00:42:37 (56.7%)	8:43	6.9 (43.4%)
615	<b>SOBOLEWSKA-BRUNDA Karolina</b>	<b>712</b>	LIFE4FIT			<b>01:16:05.00</b>	<b>01:16:05.00</b>	+00:43:31 (57.2%)	8:50	6.8 (42.8%)
616	<b>GAPINSKI Rafal</b>	<b>694</b>	PROGDAR MARATHON TEAM			<b>01:16:27.00</b>	<b>01:16:27.00</b>	+00:43:53 (57.4%)	8:52	6.8 (42.8%)
617	<b>BODNAR Zbigniew</b>	<b>197</b>	BIEG KORCZAKA			<b>01:17:22.00</b>	<b>01:17:22.00</b>	+00:44:48 (57.9%)	8:59	6.7 (42.1%)
618	<b>PŁOSA Monika</b>	<b>173</b>				<b>01:18:56.00</b>	<b>01:18:56.00</b>	+00:46:22 (58.7%)	9:09	6.5 (40.9%)
619	<b>KIELISZEK Anna</b>	<b>290</b>				<b>01:24:37.00</b>	<b>01:24:37.00</b>	+00:52:03 (61.5%)	9:49	6.1 (38.4%)

Znaleziono 619 wynik(ów)