

X BIEG OLIWSKI - 5KM BIEG

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Wydarzenie: X Bieg Oliwski
Organizator: Fundacja Silni Ciałem Niezlomni Duchem
Data: 2022-10-29
Miejsce: Gdańsk
Dystans: 5 km



Klasyfikacja: OPEN -K

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	KAZYAKA Katarzyna	304	BIEGAMYRAZEM.PL	K-30	1	00:22:32.90		4:30	13.3 (100%)
2	SZUMACHER-PASZKOWSKA Marta	183	ZIAJA	K-30	2	00:22:36.85	+00:00:03 (0.3%)	4:31	13.3 (100%)
3	KALINOWSKA Paulina	200		K-30	3	00:24:08.55	+00:01:35 (6.6%)	4:49	12.4 (93.2%)
4	KISIELNICKA Karolina	138	KTS IRONMAN	K-30	4	00:24:43.05	+00:02:10 (8.8%)	4:56	12.1 (91.0%)
5	KRAWIEC Agnieszka	146	CROSSCORE GDAŃSK	K-40	1	00:25:09.10	+00:02:36 (10.4%)	5:01	11.9 (89.5%)
6	NAIDON Stefaniia	334	TRÓJMIEJSKA AKADEMIA TRIATHLONU	K-16	1	00:25:43.45	+00:03:10 (12.3%)	5:08	11.7 (88.0%)
7	NOWAKOWSKA Edyta	166	SMOCZA AURA	K-30	5	00:25:53.15	+00:03:20 (12.9%)	5:10	11.6 (87.2%)
8	KORPAS Ewa	142	KUNDY PORTOWE	K-40	2	00:26:08.80	+00:03:35 (13.8%)	5:13	11.5 (86.5%)
9	WĘGŁOWSKA Gosia	188		K-30	6	00:26:24.40	+00:03:51 (14.6%)	5:16	11.4 (85.7%)
10	ALEKSIEJUK Aleksandra	102	ACTIVE FLOW	K-18	1	00:26:35.10	+00:04:02 (15.2%)	5:19	11.3 (85.0%)
11	WOŚ Maria	192		K-18	2	00:26:38.00	+00:04:05 (15.3%)	5:19	11.3 (85.0%)
12	JARMOŁOWICZ Beata	134	CTS	K-50	1	00:26:50.00	+00:04:17 (16.0%)	5:22	11.2 (84.2%)
13	ZWARA Julia	194	TRI TALENT TEAM	K-16	2	00:27:02.35	+00:04:29 (16.6%)	5:24	11.1 (83.5%)
14	RESZETOW Marta	173	JEPPESEN TEAM	K-18	3	00:27:51.95	+00:05:19 (19.1%)	5:34	10.8 (81.2%)
15	KARPENKO Liliana	137	LILA	K-50	2	00:28:13.75	+00:05:40 (20.1%)	5:38	10.6 (79.7%)
16	BARCZYK Anna	104	SZTAFETA WSZECHCZASÓW	K-50	3	00:28:28.70	+00:05:55 (20.8%)	5:41	10.5 (78.9%)
17	TARASZKIEWICZ Maria	185	ACTIVE LIFE	K-18	4	00:29:06.65	+00:06:33 (22.5%)	5:49	10.3 (77.4%)
18	GROTH Joanna	129	SKP ŚLUSAREK KUBIAK PIECZYK	K-30	7	00:29:09.80	+00:06:36 (22.7%)	5:49	10.3 (77.4%)
19	LYTVYN Valentyna	330	RODNIK	K70+	1	00:29:17.00	+00:06:44 (23.0%)	5:51	10.2 (76.7%)
20	MICHALCZYK Mirosława	161	PRUSZCZ BIEGA KOBIETA W BIEGU	K-40	3	00:29:17.80	+00:06:44 (23.0%)	5:51	10.2 (76.7%)
21	JELNICKA Anna	136	BBL AWFIS GDAŃSK	K-50	4	00:30:09.80	+00:07:36 (25.2%)	6:01	10 (75.2%)
22	CZECHLEWSKA Iwona	115	FIGHTING RUNNERS	K-30	8	00:30:33.30	+00:08:00 (26.2%)	6:06	9.8 (73.7%)
23	MAKOWSKA Gosia	158	MAKI	K-40	4	00:30:44.90	+00:08:12 (26.7%)	6:08	9.8 (73.7%)
24	BARTSCH Aleksandra	105	BIGYELLOWFOOT ADVENTURE TEAM	K-30	9	00:30:57.40	+00:08:24 (27.2%)	6:11	9.7 (72.9%)
25	JĘDRYCH Oliwia	326		K-18	5	00:31:01.85	+00:08:28 (27.3%)	6:12	9.7 (72.9%)
26	GÓRSKA - JARZĄBKOWSKA Marta	128		K-30	10	00:31:04.95	+00:08:32 (27.5%)	6:12	9.7 (72.9%)

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27	ADAMUS Ewelina	321		K-40	5	00:31:08.65	+00:08:35 (27.6%)	6:13	9.6 (72.2%)
28	AKSAMIT-KROLEWICZ Magdalena	340		K-30	11	00:31:21.40	+00:08:48 (28.1%)	6:16	9.6 (72.2%)
29	KOROL Aleksandra	141		K-40	6	00:31:25.95	+00:08:53 (28.3%)	6:17	9.5 (71.4%)
30	KOWALEWSKA Kinga	327		K-18	6	00:31:42.40	+00:09:09 (28.9%)	6:20	9.5 (71.4%)
31	SADECKA Monika	176		K-18	7	00:31:48.00	+00:09:15 (29.1%)	6:21	9.4 (70.7%)
32	FIGIEL Aleksandra	123		K-30	12	00:32:34.95	+00:10:02 (30.8%)	6:30	9.2 (69.2%)
33	NABAKOWSKA Barbara	162		K-60	1	00:32:59.10	+00:10:26 (31.6%)	6:35	9.1 (68.4%)
34	BRANICKI Bartosz	111		K-30	13	00:33:55.05	+00:11:22 (33.5%)	6:47	8.8 (66.2%)
35	BENERT-BRANICKA Agnieszka	107		K-30	14	00:33:57.35	+00:11:24 (33.6%)	6:47	8.8 (66.2%)
36	PAŁKA Anna	170	KLUB ZIAJA	K-30	15	00:34:15.95	+00:11:43 (34.2%)	6:51	8.8 (66.2%)
37	KWAŚNIK Marta	152	FIGHTING RUNNERS	K-18	8	00:35:16.70	+00:12:43 (36.1%)	7:03	8.5 (63.9%)
38	GRUŻLEWSKA Anna	131		K-30	16	00:35:47.15	+00:13:14 (37.0%)	7:09	8.4 (63.2%)
39	BOGDAŃSKA Agnieszka	197		K-40	7	00:36:27.00	+00:13:54 (38.1%)	7:17	8.2 (61.7%)
40	TROJANOWSKA Bogumiła	186		K-50	5	00:36:34.20	+00:14:01 (38.3%)	7:18	8.2 (61.7%)
41	DEIK Elżbieta	119		K70+	2	00:37:10.75	+00:14:37 (39.4%)	7:26	8.1 (60.9%)
42	GŁODOWSKA Monika	125		K-30	17	00:38:24.65	+00:15:51 (41.3%)	7:40	7.8 (58.6%)
43	ŁUBKOWSKA Grażyna	156	KB	K70+	3	00:39:01.55	+00:16:28 (42.2%)	7:48	7.7 (57.9%)
44	OLEKSIAK Małgorzata	167		K-30	18	00:42:47.80	+00:20:14 (47.3%)	8:33	7 (52.6%)
45	TYMIŃSKA Ewa	96		K-60	2	00:45:38.55	+00:23:05 (50.6%)	9:07	6.6 (49.6%)

Znaleziono 45 wynik(ów)