

# X BIEG SYLWESTROWY

B4SPORT



**Organizator:** Hotel Brzoza  
**Data:** 2016-12-31  
**Miejsce:** Brzoza  
**Dystans:** 10 km

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M-40

Punkt pomiarowy: 7,2 km

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	Split 2.5km	Split 4.85km	Split 7.2km
1	SEROCKI Adam	345	ACTIVE MALBORK	M-40	00:00:02	00:08:42	00:16:51	00:25:00
2	POLAŃSKI Tomasz	644		M-40	00:00:01	00:08:52	00:17:08	00:25:30
3	MUSIAŁ Michał	310		M-40	00:00:01	00:08:47	00:17:14	00:25:44
4	GACZKOWSKI Robert	434	RUN TEAM ŻNIN	M-40	00:00:01	00:08:53	00:17:27	00:25:56
5	STANKIEWICZ Błażej	486	LKS OSTROMECKO	M-40	00:00:02	00:08:54	00:17:26	00:26:10
6	KOWALSKI Dariusz	676		M-40	00:00:02	00:09:24	00:18:06	00:26:49
7	MRUK Tomasz	551	CZARNE STOPY.SM	M-40	00:00:02	00:09:20	00:18:09	00:27:05
8	STACHOWICZ Wiesław	346	BRZOZA BIEGA	M-40	00:00:02	00:09:24	00:18:24	00:27:32
9	HERMAN Arkadiusz	534		M-40	00:00:02	00:09:33	00:18:44	00:28:00
10	SIKUT Arkadiusz	451	12 WOG	M-40	00:00:04	00:09:40	00:18:49	00:28:06
11	SOBIERSKI Rafał	92	KLUB SPORTOWY BRZOZA	M-40	00:00:05	00:09:51	00:19:01	00:28:14
12	SZCZEPANIAK Cezary	342		M-40	00:00:03	00:09:53	00:19:07	00:28:23
13	WILLMA Jarosław	599	BRZOZA BIEGA	M-40	00:00:01	00:09:50	00:19:08	00:28:24
14	GACKA Rafał	177		M-40	00:00:04	00:09:49	00:19:09	00:28:35
15	SPYCHALSKI Waldemar	325		M-40	00:00:05	00:10:03	00:19:24	00:28:45
16	RUDOWICZ Piotr	664		M-40	00:00:03	00:10:11	00:19:50	00:29:19
17	TOMKIEWICZ Rafał	366		M-40	00:00:10	00:10:16	00:19:45	00:29:22
18	NAWROCKI Piotr	669		M-40	00:00:05	00:10:23	00:19:50	00:29:24
19	STANIEC Tomasz	433		M-40	00:00:16	00:10:26	00:20:00	00:29:38
20	ZAKURZEWSKI Tomasz	311	BRZOZA BIEGA	M-40	00:00:09	00:10:21	00:20:02	00:29:43
21	RYDLEWSKI Marek	67	RUN BYDGOSZCZ	M-40	00:00:11	00:10:28	00:20:06	00:29:43
22	WĘSIORA Mariusz	214		M-40	00:00:05	00:10:18	00:19:56	00:29:44
23	PRZYBYLSKI Maciej	145		M-40	00:00:07	00:10:18	00:19:59	00:29:55
24	DUCHIŃSKI Wojciech	398	BRZOZA BIEGA	M-40	00:00:06	00:10:21	00:20:01	00:30:00
25	ZIELIŃSKI Tomasz	14		M-40	00:00:04	00:10:18	00:20:15	00:30:16
26	WODEJKO Artur	626	TURBOBOY	M-40	00:00:04	00:10:32	00:20:24	00:30:19
27	WIŚNIEWSKI Leszek	509		M-40	00:00:09	00:10:20	00:20:02	00:30:22
28	ŁASTOWSKI Waldemar	51	4RUN TEAM PIŁA	M-40	00:00:09	00:11:03	00:21:00	00:30:32
29	SOBCZAK Marcin	196	BYDGOSZCZ TRIATHLON TEAM / TRISPACE	M-40	00:00:06	00:10:39	00:20:34	00:30:35
30	ŚWITAL Leszek	221	MORSY MARGONIN-TAZAR	M-40	00:00:05	00:10:19	00:20:23	00:30:41
31	ZIELONKA Zbigniew	665		M-40	00:00:06	00:10:32	00:20:28	00:30:45

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	Split 2.5km	Split 4.85km	Split 7.2km
32	<b>MOLTZAN Zbigniew</b>	<b>350</b>		M-40	00:00:09	00:10:54	00:21:02	00:31:12
33	<b>PASIEKA Tomasz</b>	<b>29</b>	KLUB ŻOŁNIERZY REZERWY LOK NAKŁO	M-40	00:00:08	00:10:51	00:21:02	00:31:14
34	<b>MATKOWSKI Maciej</b>	<b>706</b>		M-40	00:00:14	00:10:56	00:21:03	00:31:25
35	<b>FURTAK Tomasz</b>	<b>199</b>	SPORT I REKREACJA MOGILNO	M-40	00:00:07	00:11:02	00:21:15	00:31:31
36	<b>MARCINKOWSKI Paweł</b>	<b>584</b>		M-40	00:00:15	00:11:11	00:21:21	00:31:41
37	<b>DĄBKOWSKI Maciej</b>	<b>10</b>		M-40	00:00:23	00:11:10	00:21:26	00:31:46
38	<b>WRZESIŃSKI Wojciech</b>	<b>529</b>	RUN BYDGOSZCZ	M-40	00:00:12	00:11:11	00:21:26	00:31:48
39	<b>MUSS Olek</b>	<b>675</b>		M-40	00:00:10	00:11:21	00:21:45	00:31:49
40	<b>ŚPICA Leszek</b>	<b>458</b>		M-40	00:00:55	00:11:38	00:21:36	00:31:52
41	<b>MILEWSKI Zbigniew</b>	<b>71</b>	TKKF KOLEJARZ BYDGOSZCZ	M-40	00:00:50	00:11:42	00:22:04	00:32:12
42	<b>GACKOWSKI Jarek</b>	<b>684</b>	TRIYSTYLE.PL	M-40	00:00:08	00:11:23	00:21:49	00:32:16
43	<b>BIEL Marek</b>	<b>376</b>	1% DLA DARII BIEL	M-40	00:00:11	00:11:10	00:21:29	00:32:18
44	<b>KALETA Marcin</b>	<b>674</b>		M-40	00:00:07	00:11:20	00:21:52	00:32:25
45	<b>SADOWSKI Marian</b>	<b>501</b>		M-40	00:00:12	00:11:30	00:21:56	00:32:29
46	<b>STEMPNIAK Krzysztof</b>	<b>191</b>		M-40	00:00:11	00:11:21	00:21:48	00:32:31
47	<b>SZCZECIŃSKI Mariusz</b>	<b>723</b>		M-40	00:00:35	00:11:56	00:22:32	00:32:35
48	<b>KUJAWA Piotr</b>	<b>172</b>	RUN BYDGOSZCZ	M-40	00:00:20	00:11:46	00:22:15	00:32:39
49	<b>GOŁAWSKI Andrzej</b>	<b>609</b>		M-40	00:00:14	00:11:41	00:22:10	00:32:42
50	<b>RUDOL Sebastian</b>	<b>42</b>		M-40	00:00:07	00:11:38	00:22:14	00:32:52
51	<b>STAŃCZYK Grzegorz</b>	<b>704</b>		M-40	00:00:04	00:11:06	00:21:52	00:32:53
52	<b>TOBOLSKI Marek</b>	<b>474</b>	FLORIAN OCHRONA PRZECIWPOŻAROWA GRUDZIĄDZ	M-40	00:00:24	00:11:42	00:22:14	00:32:54
53	<b>LIPSKI Krzysztof</b>	<b>284</b>	RUN BYDGOSZCZ	M-40	00:00:24	00:11:31	00:22:12	00:32:54
54	<b>SŁOMA Maciej</b>	<b>222</b>		M-40	00:00:29	00:11:32	00:22:09	00:32:56
55	<b>WIŚNIEWSKI Maciej</b>	<b>220</b>		M-40	00:00:15	00:11:33	00:22:17	00:33:03
56	<b>BUZALSKI Robert</b>	<b>394</b>	ORANGE POLSKA	M-40	00:00:30	00:11:31	00:22:06	00:33:11
57	<b>WNUCZYŃSKI Andrzej</b>	<b>514</b>	ORANGE POLSKA	M-40	00:00:30	00:11:30	00:22:05	00:33:11
58	<b>SZYMAŃSKI Krzysztof</b>	<b>18</b>		M-40	00:00:03	00:11:21	00:22:13	00:33:22
59	<b>DRÓBKA Krzysztof</b>	<b>480</b>		M-40	00:00:06	00:11:15	00:22:09	00:33:24
60	<b>KLINIKOWSKI Jajacek</b>	<b>340</b>	KOCHAM ŻYCIE I...	M-40	00:00:12	00:11:45	00:22:35	00:33:26
61	<b>KADOW Ryszard</b>	<b>34</b>	RUN-PASJA BYDGOSZCZ	M-40	00:00:09	00:11:42	00:22:40	00:33:33
62	<b>ZBORALSKI Krzysztof</b>	<b>542</b>		M-40	00:00:04	00:11:47	00:22:45	00:33:38
63	<b>GACKOWSKI Krzysztof</b>	<b>360</b>		M-40	00:00:08	00:11:25	00:22:26	00:33:39
64	<b>CHOJNACKI Krzysztof</b>	<b>557</b>	RUN BYDGOSZCZ	M-40	00:00:46	00:11:56	00:22:40	00:33:46
65	<b>GÓRZYŃSKI Tomasz</b>	<b>707</b>		M-40	00:00:32	00:12:03	00:23:00	00:33:52
66	<b>GAPSKI Jarosław</b>	<b>522</b>		M-40	00:00:47	00:11:54	00:22:41	00:33:54
67	<b>PRZERACKI Mirosław</b>	<b>453</b>		M-40	00:00:08	00:11:34	00:22:40	00:34:03
68	<b>STERNAL Tomasz</b>	<b>256</b>		M-40	00:00:13	00:11:19	00:22:05	00:34:03
69	<b>TOCZKIEWICZ Piotr</b>	<b>352</b>	KLUB SPORTOWY BRZOZA	M-40	00:00:05	00:11:28	00:22:40	00:34:07
70	<b>PODLASZEWSKI Jacek</b>	<b>180</b>	VENI CUCURRI VICI	M-40	00:00:15	00:11:53	00:22:59	00:34:10
71	<b>MORITZ Rafał</b>	<b>424</b>	ŚLIMAKI BARCIN	M-40	00:00:15	00:12:14	00:23:09	00:34:10
72	<b>SZABLEWSKI Andrzej</b>	<b>607</b>	TEAMOCHAL	M-40	00:00:26	00:12:04	00:23:03	00:34:15
73	<b>NAMIEŚNIK Krzysztof</b>	<b>200</b>		M-40	00:00:19	00:12:06	00:23:16	00:34:17
74	<b>WEŁNICKI Waldemar</b>	<b>239</b>	GOSIR OSIELSKO	M-40	00:00:12	00:11:41	00:22:57	00:34:19
75	<b>ROBACZEWSKI Marcin</b>	<b>585</b>		M-40	00:00:48	00:12:32	00:23:39	00:34:21
76	<b>JEDLIŃSKI Janusz</b>	<b>631</b>	BRZOZA BIEGA	M-40	00:00:06	00:12:10	00:23:12	00:34:23

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	Split 2.5km	Split 4.85km	Split 7.2km
77	ROŚ Adam	308		M-40	00:00:10	00:12:33	00:23:42	00:34:25
78	ŚLESIŃSKI Bartosz	647		M-40	00:00:07	00:12:04	00:23:15	00:34:27
79	KONIECZKA Jarosław	717		M-40	00:00:48	00:12:24	00:23:32	00:34:27
80	GRODEK Krzysztof	444	CYTADELA-GRUDZIĄDZ	M-40	00:00:39	00:12:05	00:23:12	00:34:31
81	JANOWSKI Jacek	569	SPORT4LIFE	M-40	00:00:19	00:12:01	00:23:20	00:34:53
82	BUJAK Karol	719		M-40	00:00:06	00:12:17	00:23:29	00:34:59
83	KIECA Andrzej	16	BRZOZA BIEGA/ROWEROWA BRZOZA	M-40	00:00:19	00:12:10	00:23:31	00:35:11
84	ŚWIĘCICKI Andrzej	183		M-40	00:00:20	00:12:24	00:23:56	00:35:36
85	PAWŁOWSKI Radosław	425	JFTC SU	M-40	00:00:36	00:13:03	00:24:38	00:35:55
86	STĘPIEŃ Tomasz	332	RUN BYDGOSZCZ	M-40	00:00:25	00:12:04	00:23:33	00:35:58
87	KONIEC Krzysztof	140	TKKF WODNIK WIĘBORK	M-40	00:00:17	00:12:44	00:24:18	00:36:08
88	BIESIADA Tomasz	28	TRINERGY	M-40	00:00:26	00:12:45	00:24:36	00:36:08
89	NURKIEWICZ Jarosław	116		M-40	00:00:21	00:12:29	00:24:15	00:36:14
90	KRZYŻANOWSKI Robert	86	ANDRO	M-40	00:00:10	00:12:36	00:24:23	00:36:23
91	JENERALSKI Maciej	726		M-40	00:00:15	00:12:30	00:24:13	00:36:24
92	KRAJDA Piotr	475		M-40	00:00:21	00:12:42	00:24:21	00:36:30
93	REPKA Marek	96	LUPUS TEAM	M-40	00:00:07	00:12:34	00:24:33	00:36:45
94	WALENCIAK Jarosław	266	CZARNE STOPY.SM	M-40	00:00:16	00:12:54	00:24:46	00:36:46
95	SZUBARTOWSKI Robert	157	ATOS TEAM	M-40	00:00:26	00:13:19	00:25:04	00:36:54
96	KOSIŃSKI Krzysztof	208	TASAK TEAM	M-40	00:00:28	00:13:09	00:24:53	00:36:56
97	OSZUBSKI Kazimierz	571		M-40	00:00:15	00:12:46	00:24:53	00:37:06
98	TOMASZEWSKI Marcin	645		M-40	00:00:19	00:13:02	00:25:01	00:37:08
99	LATO Sławek	506		M-40	00:00:23	00:12:58	00:25:12	00:37:35
100	RACINOWSKI Filip	679		M-40	00:00:16	00:13:00	00:25:17	00:37:41
101	KOWALCZYK Tomasz	387		M-40	00:00:55	00:13:03	00:25:20	00:37:42
102	RÓŻYCKI Waldemar	697	KATOLIK TEAM	M-40	00:00:30	00:12:59	00:25:17	00:37:48
103	LIWOCH Grzegorz	550		M-40	00:00:20	00:12:42	00:24:58	00:37:59
104	NIEDBALSKI Przemysław	276	PAŁUKI RUNNING TEAM	M-40	00:00:10	00:12:59	00:25:29	00:38:03
105	PREUSS Daniel	189		M-40	00:00:20	00:13:17	00:25:33	00:38:04
106	PODOBORNY Piotr	270	GRP TEAM	M-40	00:00:08	00:12:31	00:24:58	00:38:07
107	SIMIŃSKI Maciej	646		M-40	00:00:32	00:13:25	00:25:57	00:38:11
108	KASZOWICZ Marek	126	RWT W BYDGOSZCZY	M-40	00:00:49	00:13:43	00:26:07	00:38:22
109	KOSMAL Jarosław	423		M-40	00:00:37	00:13:21	00:25:41	00:38:28
110	BYRTEK Grzegorz	573		M-40	00:00:19	00:12:26	00:24:40	00:38:35
111	ŚWIATOWY Ryszard	382		M-40	00:00:09	00:12:31	00:25:13	00:38:36
112	GOŁĘBIEWSKI Jerzy	420		M-40	00:00:33	00:13:59	00:26:37	00:39:31
113	KULAS Bartosz	181		M-40	00:00:42	00:13:33	00:26:22	00:39:35
114	ADRIAN Krzysztof	250		M-40	00:00:47	00:14:09	00:26:45	00:39:36
115	TWARDOWSKI Wojciech	106	RUN BYDGOSZCZ	M-40	00:00:25	00:13:30	00:26:27	00:39:45
116	WESOŁOWSKI Krzysztof	552	RUN BYDGOSZCZ	M-40	00:00:36	00:14:14	00:27:00	00:39:56
117	RYBAK Mariusz	410	BIKEBOYS CADMARIO TEAM	M-40	00:00:19	00:14:14	00:26:56	00:40:08
118	REDLAK Tomasz	182	WZGÓRZE WOLNOŚCI	M-40	00:00:19	00:13:38	00:26:45	00:40:18
119	TOBOLSKI Tomasz	388		M-40	00:00:39	00:15:36	00:28:43	00:41:04
120	CZERWIAKOWSKI Sebastian	624		M-40	00:00:50	00:14:41	00:27:59	00:41:11
121	SCHMIDT Robert	327	RUN BYDGOSZCZ	M-40	00:00:39	00:14:13	00:27:28	00:41:12

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	Split 2.5km	Split 4.85km	Split 7.2km
122	<b>GAWRYCH Andrzej</b>	<b>400</b>	BYDGOSKIE OKONIE	M-40	00:00:43	00:14:02	00:27:27	00:41:24
123	<b>MICHAŁOWSKI Krzysiek</b>	<b>500</b>		M-40	00:00:28	00:14:21	00:27:44	00:41:34
124	<b>KOZIŃSKI Tomasz</b>	<b>438</b>	BYDGOSKIE ŻÓŁWIE	M-40	00:00:18	00:14:27	00:27:58	00:41:46
125	<b>MARKIEWICZ Mirek</b>	<b>397</b>	TEAM GIRUCH	M-40	00:00:28	00:14:40	00:28:23	00:42:10
126	<b>MOROSZCZAK Bogumił</b>	<b>251</b>	SPÓJNIA BIAŁE BŁOTA	M-40	00:00:46	00:14:49	00:28:27	00:42:12
127	<b>KALISZEWSKI Maciej</b>	<b>543</b>	KALISZEWCY DREAM TEAM	M-40	00:00:27	00:14:39	00:27:35	00:42:20
128	<b>GÓRECKI Tomasz</b>	<b>517</b>	GÓRECCY TEAM	M-40	00:00:28	00:14:37	00:27:34	00:42:37
129	<b>SAWIEŁAJC Michał</b>	<b>338</b>		M-40	00:00:28	00:14:35	00:28:25	00:42:48
130	<b>PALACZ Michał</b>	<b>305</b>	POZKAL RUNNING TEAM	M-40	00:00:30	00:14:48	00:28:53	00:43:12
131	<b>WESOŁOWSKI Dariusz</b>	<b>391</b>		M-40	00:00:51	00:14:48	00:28:51	00:43:16
132	<b>KRYSTOFIAK Robert</b>	<b>54</b>		M-40	00:00:28	00:14:14	00:28:11	00:43:18
133	<b>BARTOSZYŃSKI Marcin</b>	<b>491</b>		M-40	00:00:49	00:15:23	00:29:28	00:43:27
134	<b>RADKOWSKI Tomasz</b>	<b>389</b>		M-40	00:00:49	00:15:23	00:29:28	00:43:27
135	<b>MARCINKOWSKI Piotr</b>	<b>90</b>		M-40	00:00:39	00:14:45	00:28:55	00:43:34
136	<b>MŁODZIK Adam</b>	<b>570</b>		M-40	00:00:07	00:14:48	00:29:30	00:44:26
137	<b>PIETRASZAK Tomasz</b>	<b>83</b>	RUN BYDGOSZCZ	M-40	00:00:44	00:15:25	00:29:48	00:44:30
138	<b>NOWAK Adam</b>	<b>9</b>	WUJEK PORADA	M-40	00:00:43	00:15:26	00:29:49	00:44:31
139	<b>KRZYŻANOWSKI Wojciech</b>	<b>146</b>		M-40	00:00:56	00:15:43	00:30:07	00:44:32
140	<b>KAWA Marcin</b>	<b>55</b>	CUKIER & SERCE	M-40	00:00:52	00:15:26	00:29:58	00:44:43
141	<b>PÓŁGĘSEK Rafał</b>	<b>290</b>		M-40	00:00:45	00:15:16	00:29:58	00:45:04
142	<b>SZTEJKA Damian</b>	<b>212</b>	BENEFITKSO	M-40	00:00:50	00:15:41	00:30:22	00:45:07
143	<b>WIECZOREK Krzysztof</b>	<b>416</b>		M-40	00:00:23	00:14:54	00:29:57	00:45:15
144	<b>LUDWINIAK Bogdan</b>	<b>176</b>	HURTINEX 45PLUS	M-40	00:00:22	00:18:53	00:31:32	00:45:16
145	<b>WOJEWÓDZKI Robert</b>	<b>351</b>		M-40	00:00:31	00:15:36	00:30:21	00:45:25
146	<b>KAPELIŃSKI Stanisław</b>	<b>33</b>		M-40	00:00:24	00:15:31	00:30:22	00:45:36
147	<b>GRABOWSKI Piotr</b>	<b>277</b>	BRZOZA BIEGA/ROWEROWA BRZOZA	M-40	00:00:36	00:15:26	00:30:21	00:46:02
148	<b>GOLA Grzegorz</b>	<b>32</b>		M-40	00:00:50	00:15:58	00:31:58	00:48:14
149	<b>KAZUBOWSKI Jacek</b>	<b>202</b>	45PLUS	M-40	00:00:09	00:19:05	00:34:21	00:50:51
	<b>CZERESZKO Krzysztof</b>	<b>516</b>	LPJKM TEAM	M-40	DNF	00:13:41 DNF	DNF	DNF

Znaleziono 150 wynik(ów)