

X BIEG SYLWESTROWY

B4SPORT



Organizator: Hotel Brzoza
Data: 2016-12-31
Miejsce: Brzoza
Dystans: 10 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M-60

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Split 2.5km	Split 4.85km	Split 7.2km	Split 9.55km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	CICHOŃCZUK Antoni	1		M-60	1	00:00:01	00:09:57	00:19:10	00:28:34	00:37:57	00:39:39.00	00:39:40.90		3:57	15.1 (100%)
2	CZUK Marek	468		M-60	2	00:00:03	00:09:59	00:19:29	00:28:54	00:38:16	00:39:58.70	00:40:02.25	+00:00:19 (0.8%)	3:59	15 (99.3%)
3	SKARŻYŃSKI Jerzy	6		M-60	3	00:00:02	00:10:02	00:19:30	00:29:10	00:38:34	00:40:14.05	00:40:16.45	+00:00:35 (1.5%)	4:01	14.9 (98.7%)
4	OLKOWSKI Jurek	288	THE RUNNERS ŚWIECIE	M-60	4	00:00:07	00:10:26	00:20:21	00:30:16	00:40:02	00:41:45.65	00:41:53.00	+00:02:06 (5.1%)	4:10	14.4 (95.4%)
5	SZARMACH Stanisław	633	BIEGAJ Z WSL	M-60	5	00:00:24	00:11:34	00:22:08	00:32:49	00:43:23	00:45:18.20	00:45:42.25	+00:05:39 (12.5%)	4:31	13.2 (87.4%)
6	MANDOSIK Jerzy	595	TEAMOCHAL	M-60	6	00:00:09	00:11:13	00:22:08	00:33:14	00:44:20	00:46:20.25	00:46:29.90	+00:06:41 (14.4%)	4:38	12.9 (85.4%)
7	GORDON Roman	84		M-60	7	00:00:13	00:11:41	00:22:36	00:33:51	00:45:03	00:47:03.95	00:47:17.50	+00:07:24 (15.8%)	4:42	12.7 (84.1%)
8	TOMCZAK Zbigniew	98	ALTOM GNIEZNO	M-60	8	00:00:10	00:11:59	00:23:04	00:34:18	00:45:40	00:47:39.50	00:47:49.75	+00:08:00 (16.8%)	4:45	12.6 (83.4%)
9	SIKORA Antoni	435	ŻNIŃSKI KLUB BIEGACZA 1992	M-60	9	00:00:23	00:12:09	00:23:23	00:34:46	00:46:15	00:48:07.85	00:48:30.90	+00:08:28 (17.6%)	4:48	12.5 (82.8%)
10	ROBINSON Paul	238		M-60	10	00:00:25	00:12:36	00:24:05	00:35:38	00:47:09	00:49:15.65	00:49:41.15	+00:09:36 (19.5%)	4:55	12.2 (80.8%)
11	DOMAN Janusz	93	UKS SZABLA BRZOZA	M-60	11	00:00:05	00:12:10	00:23:49	00:35:45	00:47:50	00:49:57.90	00:50:03.45	+00:10:18 (20.6%)	4:59	12 (79.5%)
12	DĘBSKI Jan	378		M-60	12	00:00:17	00:12:32	00:24:40	00:37:23	00:50:03	00:52:24.40	00:52:41.65	+00:12:45 (24.3%)	5:14	11.5 (76.2%)
13	SOŁDON Bogusław	167		M-60	13	00:00:47	00:13:26	00:25:58	00:38:50	00:51:45	00:54:02.50	00:54:50.25	+00:14:23 (26.6%)	5:24	11.1 (73.5%)
14	ANDRZEJEWSKI Ryszard	41	WZGÓRZE WOLNOŚCI	M-60	14	00:00:23	00:13:47	00:26:23	00:39:00	00:51:47	00:54:02.80	00:54:26.55	+00:14:23 (26.6%)	5:24	11.1 (73.5%)
15	RAKOWSKI Piotr	733	ŻANDARMI BYDGOSZCZ	M-60	15	00:00:32	00:13:47	00:26:23	00:39:19	00:51:54	00:54:06.50	00:54:38.55	+00:14:27 (26.7%)	5:24	11.1 (73.5%)
16	PAPROCKI Krzysztof	469		M-60	16	00:00:04	00:13:20	00:26:24	00:39:34	00:52:30	00:54:53.05	00:54:57.45	+00:15:14 (27.8%)	5:29	10.9 (72.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Split 2.5km	Split 4.85km	Split 7.2km	Split 9.55km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
17	KUDŁA Krzysztof	393		M-60	17	00:00:19	00:13:38	00:26:45	00:40:18	00:53:59	00:56:07.80	00:56:27.05	+00:16:28 (29.4%)	5:36	10.7 (70.9%)
18	GAJZLER Jerzy	329	BARTODZIEJE	M-60	18	00:00:20	00:12:56	00:25:57	00:39:35	00:53:36	00:56:10.50	00:56:31.15	+00:16:31 (29.4%)	5:37	10.7 (70.9%)
19	NOWAKOWSKI Czesław	328		M-60	19	00:00:32	00:14:14	00:27:36	00:41:07	00:55:01	00:57:22.95	00:57:55.00	+00:17:43 (30.9%)	5:44	10.5 (69.5%)
20	GIERACH Krzysztof	356		M-60	20	00:00:32	00:14:18	00:27:48	00:41:34	00:55:41	00:58:11.65	00:58:43.95	+00:18:32 (31.9%)	5:49	10.3 (68.2%)
21	JANCZARSKI CZASOWIEC Andrzej	119	CARBON TEAM TORUŃ	M-60	21	00:00:00	00:15:20	00:29:16	00:43:10	00:56:49	00:59:14.05	00:59:14.05	+00:19:35 (33.1%)	5:55	10.1 (66.9%)
22	UCIŃSKI Edward	368	TKKF INSTALATOR PELIKAN SZUBIN	M-60	22	00:00:12	00:14:28	00:28:57	00:43:38	00:58:19	01:00:51.65	01:01:04.10	+00:21:12 (34.9%)	6:05	9.9 (65.6%)
23	WYKRZYKOWSKI Andrzej	447	CYTADELA-GRUDZIĄDZ	M-60	23	00:00:31	00:13:58	00:28:02	00:42:55	00:58:27	01:01:18.95	01:01:50.70	+00:21:39 (35.3%)	6:07	9.8 (64.9%)
24	LENC Janusz	13	TKKF KOLEJARZ BYDGOSZCZ	M-60	24	00:00:57	00:15:53	00:30:28	00:45:23	00:59:56	01:02:24.65	01:03:21.90	+00:22:45 (36.5%)	6:14	9.6 (63.6%)
25	FUDAŁA Marek	112		M-60	25	00:00:25	00:16:45	00:32:50	00:49:19	01:05:42	01:08:28.50	01:08:54.15	+00:28:49 (42.1%)	6:50	8.8 (58.3%)

Znaleziono 25 wynik(ów)