



X BIEG TRZEŹWOŚCI - NORDIC WALKING - 10 KM

B4SPORT

Wydarzenie: X BIEG TRZEŹWOŚCI
Organizator: Rowerowa Brzoza
Data: 2021-09-12
Miejsce: Brzoza
Dystans: 10 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	GWIZDAŁA Zbigniew	25		M 46-55	1	00:00:09	01:01:36.10	01:01:45.90		6:09	9.7 (100%)
2	GWIZDAŁA Mikołaj	39		M 1-35	1	00:00:12	01:05:20.65	01:05:33.60	+00:03:44 (5.7%)	6:32	9.2 (94.8%)
3	NAGOW Michał	9		M 46-55	2	00:00:08	01:06:47.45	01:06:56.25	+00:05:11 (7.8%)	6:40	9 (92.8%)
4	KOLBERG Kamila	34	KIJKOWE TRZEMESZNO	K 36-45	1	00:00:09	01:07:12.00	01:07:21.35	+00:05:35 (8.3%)	6:43	8.9 (91.8%)
5	POTRZEBOWSKI Marek	6	DEAF I #3BK	M 36-45	1	00:00:11	01:07:13.50	01:07:25.30	+00:05:37 (8.4%)	6:43	8.9 (91.8%)
6	NOWAKOWSKI Grzegorz	1	DEAF GARMIN_GIANT	M 36-45	2	00:00:10	01:08:16.60	01:08:27.25	+00:06:40 (9.8%)	6:49	8.8 (90.7%)
7	KĘDZIERSKA Agnieszka	30	KIJKOWE TRZEMESZNO	K 36-45	2	00:00:09	01:10:15.40	01:10:24.90	+00:08:39 (12.3%)	7:01	8.5 (87.6%)
8	GWIZDAŁA Bartosz	37		M 1-35	2	00:00:15	01:10:56.70	01:11:12.45	+00:09:20 (13.2%)	7:05	8.5 (87.6%)
9	FELCYN Anna	16		K 36-45	3	00:00:11	01:12:35.50	01:12:46.70	+00:10:59 (15.1%)	7:15	8.3 (85.6%)
10	POTRZEBOWSKA Agata	7	DEAF I #3BK	K 36-45	4	00:00:11	01:13:31.35	01:13:42.55	+00:11:55 (16.2%)	7:21	8.2 (84.5%)
11	STAWNIAK Karol	47		M 56+	1	00:00:15	01:13:56.85	01:14:12.15	+00:12:20 (16.7%)	7:23	8.1 (83.5%)
12	ZUZA-WITKOWSKA Anna	11	KTR MASA TURYSTYCZNA	K 46-55	1	00:00:10	01:14:08.15	01:14:18.20	+00:12:32 (16.9%)	7:24	8.1 (83.5%)
13	KACZMAREK Jarek	32		M 46-55	3	00:00:16	01:14:34.50	01:14:50.65	+00:12:58 (17.4%)	7:27	8 (82.5%)
14	MAŁKIEWICZ Jacek	31		M 56+	2	00:00:11	01:14:37.95	01:14:49.50	+00:13:01 (17.5%)	7:27	8 (82.5%)
15	MAREK Sławomir	40		M 1-35	3	00:00:09	01:15:53.65	01:16:03.55	+00:14:17 (18.8%)	7:35	7.9 (81.4%)
16	MALAK Robert	28	NIEŻŻESZONY	M 46-55	4	00:00:00	01:16:24.75	01:16:24.75	+00:14:48 (19.4%)	7:38	7.9 (81.4%)
17	STEMPOROWSKA Katarzyna	26	NESSI TIME INOWROCLAW	K 36-45	5	00:00:09	01:16:27.00	01:16:36.05	+00:14:50 (19.4%)	7:38	7.8 (80.4%)
18	FERENS Paweł	45	BBL INOWROCLAW	M 46-55	5	00:00:09	01:16:27.60	01:16:36.60	+00:14:51 (19.4%)	7:38	7.8 (80.4%)
19	KAMIŃSKA Małgorzata	27	ALTERNATYWY	K 36-45	6	00:00:10	01:17:34.15	01:17:44.95	+00:15:58 (20.6%)	7:45	7.7 (79.4%)
20	KACZMAREK Aleksandra	36		K 1-35	1	00:00:17	01:17:52.30	01:18:09.85	+00:16:16 (20.9%)	7:47	7.7 (79.4%)
21	BYSTRZYŃSKA Emilia	35		K 36-45	7	00:00:16	01:18:03.10	01:18:19.40	+00:16:27 (21.1%)	7:48	7.7 (79.4%)
22	KWIATKOWSKA Elżbieta	15		K 46-55	2	00:00:15	01:18:05.30	01:18:20.40	+00:16:29 (21.1%)	7:48	7.7 (79.4%)
23	URBANOWSKA-DOMAŃSKA Olga	24	ALTERNATYWY	K 36-45	8	00:00:09	01:18:17.85	01:18:27.75	+00:16:41 (21.3%)	7:49	7.7 (79.4%)
24	KACZMAREK Zofia	33		K 56+	1	00:00:13	01:18:50.40	01:19:04.30	+00:17:14 (21.9%)	7:53	7.6 (78.4%)
25	NOWAKOWSKA Marta	2	DEAF GARMIN_CUBE	K 1-35	2	00:00:12	01:19:31.30	01:19:43.35	+00:17:55 (22.5%)	7:57	7.5 (77.3%)
26	PACZKOWSKA Ewa	19		K 46-55	3	00:00:14	01:22:55.65	01:23:10.15	+00:21:19 (25.7%)	8:17	7.2 (74.2%)
27	KOWALCZYK Bogusia	43		K 36-45	9	00:00:13	01:22:56.10	01:23:09.35	+00:21:20 (25.7%)	8:17	7.2 (74.2%)
28	WIŚNIEWSKA Elżbieta	17		K 46-55	4	00:00:13	01:22:57.30	01:23:10.70	+00:21:21 (25.7%)	8:17	7.2 (74.2%)
29	BOŹEK Mariusz	48		M 56+	3	00:00:14	01:22:57.95	01:23:12.15	+00:21:21 (25.8%)	8:17	7.2 (74.2%)

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30	BŁASZAK Stanisława	38		K 56+	2	00:00:13	01:25:26.55	01:25:40.45	+00:23:50 (27.9%)	8:32	7 (72.2%)
31	BUDAJ Agnieszka	42		K 1-35	3	00:00:52	01:27:17.60	01:28:10.00	+00:25:41 (29.4%)	8:43	6.9 (71.1%)
32	LEWICKA Dagmara	41		K 1-35	4	00:00:51	01:27:17.90	01:28:09.70	+00:25:41 (29.4%)	8:43	6.9 (71.1%)
33	MARZEC Magdalena	13		K 46-55	5	00:00:14	01:28:33.80	01:28:48.60	+00:26:57 (30.4%)	8:51	6.8 (70.1%)
34	BUSZTA Anna	22		K 36-45	10	00:00:11	01:30:13.65	01:30:25.50	+00:28:37 (31.7%)	9:01	6.7 (69.1%)
35	DELIG Monika	23		K 36-45	11	00:00:11	01:30:14.75	01:30:26.50	+00:28:38 (31.7%)	9:01	6.6 (68.0%)
36	BUTOWSKA Anna	8		K 46-55	6	00:00:16	01:30:43.95	01:31:00.80	+00:29:07 (32.1%)	9:04	6.6 (68.0%)
37	ROHDE Danuta	10	ROWEROWA BRZOZA	K 46-55	7	00:00:13	01:30:46.45	01:31:00.35	+00:29:10 (32.1%)	9:04	6.6 (68.0%)
38	WOŁOSZYN Kazimierz	18	ROWEROWA BRZOZA	M 56+	4	00:00:13	01:30:47.60	01:31:00.65	+00:29:11 (32.2%)	9:04	6.6 (68.0%)

Znaleziono 38 wynik(ów)