



Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

X BIEGI ULICZNE - BIEG GŁÓWNY 10KM

X Biegi Uliczne im. Antoniego Nawrockiego
MUKS „Start” Solec Kujawski
2024-06-09
Solec Kujawski
10 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

B4SPORT

Klasyfikacja: M 40-49

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Gmina Solec Kujawski	Pętla 1 2.5km	Pętla 2 5km	Pętla 3 7.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	KOLMAJER Rafał	662	TEAMOCHAL	M 40-49	1		00:08:56	00:18:00	00:27:09	00:36:12.00	00:36:13.60		3:37	16.6 (100%)
2	JAKUBOWSKI Karol	650	ALTOM GNIEZNO	M 40-49	2		00:09:08	00:18:25	00:27:50	00:37:09.70	00:37:11.60	+00:00:58 (2.6%)	3:42	16.2 (97.6%)
3	DEPTUŁA Grzegorz	636	VII LICEUM OGÓLNOKSZTAŁCĄCE W BYDGOSZCZY	M 40-49	3		00:09:23	00:19:10	00:28:59	00:38:35.60	00:38:36.85	+00:02:23 (6.2%)	3:51	15.6 (94.0%)
4	KUŁAKOWSKI Artur	671	KS SOKÓŁ ZBLEWO	M 40-49	4		00:09:29	00:19:09	00:28:58	00:38:46.70	00:38:48.25	+00:02:34 (6.6%)	3:52	15.5 (93.4%)
5	KUBIAK Tomasz	669		M 40-49	5		00:10:03	00:20:01	00:30:01	00:39:57.95	00:39:57.95	+00:03:44 (9.4%)	3:59	15 (90.4%)
6	MURAWSKI Łukasz	689	BRODNICA BIEGA	M 40-49	6		00:09:59	00:20:00	00:30:01	00:39:56.40	00:40:00.05	+00:03:46 (9.4%)	3:59	15 (90.4%)
7	TESSA Karol	729	BYDGOSZCZ FAN MARATON	M 40-49	7		00:10:05	00:20:11	00:30:15	00:40:12.65	00:40:17.20	+00:04:03 (10.1%)	4:01	14.9 (89.8%)
8	SAWICKI Marcin	715		M 40-49	8		00:09:54	00:20:02	00:30:12	00:40:24.15	00:40:27.25	+00:04:13 (10.5%)	4:02	14.9 (89.8%)
9	RZESZOTARSKI Daniel	713	EFINANSOWI	M 40-49	9		00:09:55	00:20:29	00:31:12	00:41:34.95	00:41:37.20	+00:05:23 (13.0%)	4:09	14.4 (86.7%)
10	MALICKI Łukasz	681	KOTŁOWSKI RUN TEAM	M 40-49	10		00:10:04	00:20:38	00:31:26	00:42:09.45	00:42:11.05	+00:05:57 (14.1%)	4:12	14.2 (85.5%)
11	NAWROCKI Mariusz	694	TEAM PASJA INOWROCŁAW	M 40-49	11		00:10:38	00:21:22	00:32:07	00:42:37.25	00:42:41.75	+00:06:28 (15.2%)	4:15	14.1 (84.9%)
12	LEWANDOWSKI Tomasz	678	WIHURRA SOBIEJUCHY	M 40-49	12		00:10:27	00:21:05	00:32:02	00:42:34.80	00:42:48.55	+00:06:34 (15.4%)	4:15	14.1 (84.9%)
13	JANUSZKIEWICZ Piotr	652	REBELIA UNDERGROUND TRIATHLON	M 40-49	13		00:10:44	00:21:36	00:32:43	00:43:41.05	00:43:53.65	+00:07:40 (17.5%)	4:22	13.7 (82.5%)
14	MURAWSKI Michał	690	STOWARZYSZENIE BRODNICA BIEGA	M 40-49	14		00:10:52	00:21:58	00:33:06	00:44:00.20	00:44:03.95	+00:07:50 (17.8%)	4:24	13.6 (81.9%)
15	DĄBKOWSKI Wojciech	635		M 40-49	15	Tak	00:10:42	00:21:52	00:33:03	00:44:07.70	00:44:17.80	+00:08:04 (18.2%)	4:24	13.6 (81.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Gmina Solec Kujawski	Pętla 1 2.5km	Pętla 2 5km	Pętla 3 7.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
16	DURAŁEK Andrzej	638		M 40-49	16		00:10:29	00:21:22	00:33:01	00:44:36.15	00:44:42.00	+00:08:28 (19.0%)	4:27	13.5 (81.3%)
17	CHODKIEWICZ Tomasz	633		M 40-49	17		00:11:07	00:22:35	00:34:03	00:45:12.95	00:45:17.95	+00:09:04 (20.0%)	4:31	13.3 (80.1%)
18	BISKUPSKI Marcin	629		M 40-49	18	Tak	00:10:52	00:22:40	00:35:19	00:47:52.55	00:47:59.60	+00:11:46 (24.5%)	4:47	12.5 (75.3%)
19	BĄCZKOWSKI Rafał	626	BUDSTOL INVEST	M 40-49	19		00:11:59	00:24:06	00:36:21	00:48:13.45	00:48:25.10	+00:12:11 (25.2%)	4:49	12.4 (74.7%)
20	NARTOWSKI Łukasz	693	KW2012	M 40-49	20		00:11:50	00:23:55	00:36:07	00:48:16.90	00:48:28.65	+00:12:15 (25.3%)	4:49	12.4 (74.7%)
21	KRUSZYNA Robert	657		M 40-49	21		00:11:45	00:23:59	00:36:34	00:48:43.20	00:48:58.10	+00:12:44 (26.0%)	4:52	12.3 (74.1%)
22	SZYSZKA Radosław	728		M 40-49	22		00:11:21	00:23:36	00:36:15	00:49:23.80	00:49:28.75	+00:13:15 (26.8%)	4:56	12.1 (72.9%)
23	SIEJEK Błażej	716	TRIŚWINKI	M 40-49	23		00:11:56	00:24:09	00:36:47	00:49:20.60	00:49:29.45	+00:13:15 (26.8%)	4:56	12.2 (73.5%)
24	MIGDALSKI Paweł	687		M 40-49	24		00:11:43	00:23:56	00:36:43	00:49:35.90	00:49:46.05	+00:13:32 (27.2%)	4:57	12.1 (72.9%)
25	PUCHACZ Marcin	710		M 40-49	25		00:11:52	00:24:02	00:36:51	00:49:43.45	00:49:57.75	+00:13:44 (27.5%)	4:58	12.1 (72.9%)
26	WNUK Rafał	750	RUN BYDGOSZCZ	M 40-49	26		00:12:57	00:26:00	00:38:45	00:51:18.70	00:51:37.30	+00:15:23 (29.8%)	5:07	11.7 (70.5%)
27	GROTA Artur	643		M 40-49	27	Tak	00:12:48	00:25:53	00:39:44	00:53:39.40	00:53:48.20	+00:17:34 (32.7%)	5:21	11.2 (67.5%)
28	WODEJKO Artur	737	TBKM WILK SOLEC KUJAWSKI	M 40-49	28	Tak	00:12:56	00:26:16	00:39:55	00:54:03.45	00:54:13.15	+00:17:59 (33.2%)	5:24	11.1 (66.9%)
29	PACZKOWSKI Tomasz	697		M 40-49	29	Tak	00:14:35	00:29:11	00:43:34	00:57:45.55	00:58:08.90	+00:21:55 (37.7%)	5:46	10.4 (62.7%)
30	TRZCIŃSKI Andrzej	731		M 40-49	30	Tak	00:15:01	00:31:19	00:48:01	01:05:11.25	01:05:31.80	+00:29:18 (44.7%)	6:31	9.2 (55.4%)
31	LISEWSKI Jacek	679		M 40-49	31		00:17:11	00:34:55	00:54:33	01:12:37.50	01:12:55.55	+00:36:41 (50.3%)	7:15	8.3 (50.0%)
32	MARCINIAK Oskar	682		M 40-49	32	Tak	00:17:11	00:34:55	00:54:34	01:14:20.65	01:14:38.70	+00:38:25 (51.5%)	7:26	8.1 (48.8%)

Znaleziono 32 wynik(ów)