



X BIEGI ULICZNE - BIEG GŁÓWNY 5KM

B4SPORT

Wydarzenie: X Biegi Uliczne im. Antoniego Nawrockiego
Organizator: MUKS „Start” Solec Kujawski
Data: 2024-06-09
Miejsce: Solec Kujawski
Dystans: 5 km

B4SPORT
INTELEGNTE ZAWODY SPORTOWE

Klasyfikacja: K 40-49

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Gmina Solec Kujawski	Pętla 1 2.5km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	WOŹNIAKOWSKA Agata	597	WTLENIE	K 40-49	1		00:10:13	00:20:23.85	00:20:26.90		4:04	14.7 (100%)
2	SIKORSKA Magda	551	POLKRYŚ TEAM	K 40-49	2		00:10:48	00:22:10.45	00:22:13.90	+00:01:47 (8.0%)	4:26	13.5 (91.8%)
3	GWÓZDŹ Aneta	611		K 40-49	3		00:11:22	00:23:07.05	00:23:14.10	+00:02:47 (12.0%)	4:37	13 (88.4%)
4	BERENT Wioletta	618	RKS LECH RYPIN	K 40-49	4		00:11:19	00:23:20.60	00:23:26.35	+00:02:59 (12.8%)	4:40	12.9 (87.8%)
5	PISKORSKA Marta	529	KOLOROWE GACIE	K 40-49	5	Tak	00:11:44	00:24:27.50	00:24:36.30	+00:04:09 (16.9%)	4:53	12.3 (83.7%)
6	GROBELNA Angelika	446		K 40-49	6		00:12:25	00:25:33.95	00:25:45.10	+00:05:18 (20.6%)	5:06	11.7 (79.6%)
7	ZAGOŹDŹON Wioleta	601	SOLECCY BIEGACZE	K 40-49	7	Tak	00:12:40	00:25:34.50	00:25:45.45	+00:05:18 (20.6%)	5:06	11.7 (79.6%)
8	SOLIŃSKA Monika	556		K 40-49	8		00:13:08	00:26:22.80	00:26:37.55	+00:06:10 (23.2%)	5:16	11.4 (77.6%)
9	ŻUCHOWSKA Katarzyna	607	EKO-OPAŁ PŁONNE	K 40-49	9		00:13:27	00:26:36.75	00:26:49.90	+00:06:23 (23.8%)	5:19	11.3 (76.9%)
10	PIECZYŃSKA Joanna	523		K 40-49	10		00:13:18	00:27:37.45	00:27:48.60	+00:07:21 (26.5%)	5:31	10.9 (74.1%)
11	KWAŚNIEWSKA Aldona	481		K 40-49	11		00:14:11	00:28:19.75	00:28:35.65	+00:08:08 (28.5%)	5:39	10.6 (72.1%)
12	LENSER Ewa	483	MUZEUM SOLCA	K 40-49	12	Tak	00:14:10	00:28:19.85	00:28:39.70	+00:08:12 (28.7%)	5:39	10.6 (72.1%)
13	CZĘSZ Elżbieta	422		K 40-49	13		00:14:58	00:30:05.95	00:30:17.30	+00:09:50 (32.5%)	6:01	10 (68.0%)
14	KUBIS Katarzyna	477	PASACO	K 40-49	14		00:14:31	00:30:16.85	00:30:29.80	+00:10:02 (32.9%)	6:03	9.9 (67.3%)
15	MAN Beata	492		K 40-49	15	Tak	00:14:39	00:30:30.95	00:30:44.35	+00:10:17 (33.5%)	6:06	9.8 (66.7%)
16	NAWROCKA Beata	499		K 40-49	16	Tak	00:13:40	00:30:37.80	00:30:48.15	+00:10:21 (33.6%)	6:07	9.8 (66.7%)
17	ZIELIŃSKA Justyna	603	KOLOROWE GACIE	K 40-49	17	Tak	00:14:39	00:30:46.05	00:30:55.65	+00:10:28 (33.9%)	6:09	9.8 (66.7%)
18	WESOŁOWSKA Aleksandra	586		K 40-49	18		00:15:21	00:32:06.55	00:32:21.05	+00:11:54 (36.8%)	6:25	9.3 (63.3%)
19	MALICKA Maria	491	MALMEDIA.PL	K 40-49	19		00:16:13	00:33:15.50	00:33:32.95	+00:13:06 (39.0%)	6:39	9 (61.2%)
20	TRZCIŃSKA Anna	576		K 40-49	20		00:17:01	00:33:56.00	00:34:14.60	+00:13:47 (40.3%)	6:47	8.8 (59.9%)
21	ŻELAZKO Anna	606		K 40-49	21	Tak	00:18:31	00:37:41.05	00:38:01.80	+00:17:34 (46.2%)	7:32	8 (54.4%)
22	WERYHO Maja	585	DROBEX	K 40-49	22	Tak	00:18:16	00:37:51.40	00:38:10.35	+00:17:43 (46.4%)	7:34	7.9 (53.7%)

Znaleziono 22 wynik(ów)