



X BIEGI ULICZNE - BIEG GŁÓWNY 5KM

B4SPORT

Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

X Biegi Uliczne im. Antoniego Nawrockiego
MUKS „Start” Solec Kujawski
2024-06-09
Solec Kujawski
5 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K Open

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Gmina Solec Kujawski	Pętla 1 2.5km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	NOWAKOWSKA Anna	505	ZAWISZA BYDGOSZCZ	K 30-39	1		00:09:15	00:18:28.00	00:18:29.20		3:41	16.2 (100%)
2	WOŹNIAKOWSKA Agata	597	WTLENIE	K 40-49	1		00:10:13	00:20:23.85	00:20:26.90	+00:01:57 (9.6%)	4:04	14.7 (90.7%)
3	DULAT Agnieszka	431	MONAG	K 20-29	1	Tak	00:10:26	00:21:07.10	00:21:07.95	+00:02:38 (12.5%)	4:13	14.2 (87.7%)
4	UZIAŁŁO Lena	578	PASACO	K 16-19	1		00:10:38	00:21:50.65	00:21:58.90	+00:03:29 (15.9%)	4:22	13.7 (84.6%)
5	GAWROŃSKA Magdalena	439		K 30-39	2		00:10:54	00:22:03.10	00:22:06.60	+00:03:37 (16.4%)	4:24	13.6 (84.0%)
6	SIKORSKA Magda	551	POLKRYŚ TEAM	K 40-49	2		00:10:48	00:22:10.45	00:22:13.90	+00:03:44 (16.8%)	4:26	13.5 (83.3%)
7	OKULICZ Anita	511		K 30-39	3		00:11:07	00:22:19.50	00:22:24.60	+00:03:55 (17.5%)	4:27	13.4 (82.7%)
8	GWÓŹDŹ Aneta	611		K 40-49	3		00:11:22	00:23:07.05	00:23:14.10	+00:04:44 (20.4%)	4:37	13 (80.2%)
9	BERENT Wioletta	618	RKS LECH RYPIN	K 40-49	4		00:11:19	00:23:20.60	00:23:26.35	+00:04:57 (21.1%)	4:40	12.9 (79.6%)
10	GREND A Katarzyna	615		K 30-39	4		00:11:31	00:23:27.75	00:23:33.85	+00:05:04 (21.5%)	4:41	12.8 (79.0%)
11	NAWROCKA Sylwia	500		K 30-39	5		00:11:36	00:23:31.95	00:23:37.05	+00:05:07 (21.7%)	4:42	12.8 (79.0%)
12	JAKUBIEC Adrianna	452		K 30-39	6	Tak	00:11:25	00:23:57.55	00:24:04.00	+00:05:34 (23.2%)	4:47	12.5 (77.2%)
13	PISKORSKA Marta	529	KOLOROWE GACIE	K 40-49	5	Tak	00:11:44	00:24:27.50	00:24:36.30	+00:06:07 (24.9%)	4:53	12.3 (75.9%)
14	CHMIELARZ Justyna	418	CHMIELARZ TEAM	K 30-39	7		00:12:35	00:25:08.15	00:25:16.65	+00:06:47 (26.9%)	5:01	11.9 (73.5%)
15	WOŁOSZCZAK Aleksandra	596	6. KILOMETR	K 30-39	8		00:12:25	00:25:13.00	00:25:20.15	+00:06:50 (27.0%)	5:02	11.9 (73.5%)
16	GROBELNA Angelika	446		K 40-49	6		00:12:25	00:25:33.95	00:25:45.10	+00:07:15 (28.2%)	5:06	11.7 (72.2%)
17	ZAGOŹDŹON Wioleta	601	SOLECCY BIEGACZE	K 40-49	7	Tak	00:12:40	00:25:34.50	00:25:45.45	+00:07:16 (28.2%)	5:06	11.7 (72.2%)
18	MŁYNARCZYK Stefania	497		K 50-59	1	Tak	00:12:39	00:25:38.60	00:25:50.75	+00:07:21 (28.5%)	5:07	11.7 (72.2%)
19	WIŚNIEWSK Oliwia	617		K 16-19	2	Tak	00:12:05	00:25:44.45	00:25:52.15	+00:07:22 (28.5%)	5:08	11.7 (72.2%)
20	MISIAK Agata	496		K 30-39	9	Tak	00:13:11	00:26:22.75	00:26:36.75	+00:08:07 (30.5%)	5:16	11.4 (70.4%)
21	KUŹMICKA Joanna	479	PASACO	K 30-39	10		00:12:52	00:26:29.15	00:26:37.05	+00:08:07 (30.5%)	5:17	11.3 (69.8%)
22	SOLIŃSKA Monika	556		K 40-49	8		00:13:08	00:26:22.80	00:26:37.55	+00:08:08 (30.6%)	5:16	11.4 (70.4%)
23	DZIELAK Marta	434	SAPER TEAM	K 20-29	2		00:12:11	00:26:30.20	00:26:40.85	+00:08:11 (30.7%)	5:18	11.3 (69.8%)
24	ŻUCHOWSKA Katarzyna	607	EKO-OPAL PŁONNE	K 40-49	9		00:13:27	00:26:36.75	00:26:49.90	+00:08:20 (31.1%)	5:19	11.3 (69.8%)
25	KĘDZIORSKA Beata	465		K 50-59	2		00:13:05	00:26:39.90	00:26:51.75	+00:08:22 (31.2%)	5:19	11.3 (69.8%)
26	POCHOWSKA Monika	530	PASACO	K 30-39	11		00:13:15	00:26:48.65	00:26:56.60	+00:08:27 (31.4%)	5:21	11.2 (69.1%)
27	SKRZĄTEK Anna	553		K 50-59	3		00:14:15	00:27:23.95	00:27:34.95	+00:09:05 (33.0%)	5:28	11 (67.9%)
28	PIECZYŃSKA Joanna	523		K 40-49	10		00:13:18	00:27:37.45	00:27:48.60	+00:09:19 (33.5%)	5:31	10.9 (67.3%)
29	SPYCHALSKA Kinga	559		K 30-39	12	Tak	00:13:28	00:27:44.60	00:27:54.10	+00:09:24 (33.7%)	5:32	10.8 (66.7%)

							Pętla 1	Czas	Czas			
Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Gmina Solec Kujawski	2.5km	netto	brutto	Różn	Tempo	Tempo
								5km	5km		min/km	km/h
30	WOJTECKA Ewelina	593	MUZEUM SOLCA	K 30-39	13	Tak	00:14:09	00:27:36.70	00:27:55.90	+00:09:26 (33.8%)	5:31	10.9 (67.3%)
31	WOJSZNIS Oliwia	592		K 30-39	14	Tak	00:13:31	00:27:55.85	00:28:07.30	+00:09:38 (34.3%)	5:35	10.7 (66.0%)
32	WAWRZYNIAK Milena	583		K 30-39	15		00:13:39	00:28:01.25	00:28:09.25	+00:09:40 (34.3%)	5:36	10.7 (66.0%)
33	GRACZKOWSKA Mirosława	445		K 50-59	4		00:13:27	00:28:06.70	00:28:17.75	+00:09:48 (34.7%)	5:37	10.7 (66.0%)
34	KWAŚNIEWSKA Aldona	481		K 40-49	11		00:14:11	00:28:19.75	00:28:35.65	+00:10:06 (35.3%)	5:39	10.6 (65.4%)
35	LENSER Ewa	483	MUZEUM SOLCA	K 40-49	12	Tak	00:14:10	00:28:19.85	00:28:39.70	+00:10:10 (35.5%)	5:39	10.6 (65.4%)
36	LEWANDOWSKA Nina	484	WIHURRA SOBIEJUCHY	K 16-19	3		00:14:32	00:28:22.95	00:28:43.30	+00:10:14 (35.6%)	5:40	10.6 (65.4%)
37	KOMOŚ-CZECZOT Żaneta	470		K 30-39	16		00:13:52	00:28:47.20	00:28:54.35	+00:10:25 (36.0%)	5:45	10.4 (64.2%)
38	RZHEVSKA Kateryna	545		K 30-39	17		00:13:43	00:28:37.80	00:28:55.80	+00:10:26 (36.1%)	5:43	10.5 (64.8%)
39	STAROWICZ Aleksandra	560		K 30-39	18	Tak	00:14:40	00:29:49.25	00:30:00.00	+00:11:30 (38.4%)	5:57	10.1 (62.3%)
40	CZĘSZ Elżbieta	422		K 40-49	13		00:14:58	00:30:05.95	00:30:17.30	+00:11:48 (39.0%)	6:01	10 (61.7%)
41	KUBIS Katarzyna	477	PASACO	K 40-49	14		00:14:31	00:30:16.85	00:30:29.80	+00:12:00 (39.4%)	6:03	9.9 (61.1%)
42	KRAPIŃSKA Kasia	474		K 30-39	19	Tak	00:14:35	00:30:37.60	00:30:43.40	+00:12:14 (39.8%)	6:07	9.8 (60.5%)
43	MAN Beata	492		K 40-49	15	Tak	00:14:39	00:30:30.95	00:30:44.35	+00:12:15 (39.9%)	6:06	9.8 (60.5%)
44	GADOMSKA Maria	437	RUN BYDGOSZCZ	K 60-69	1		00:14:58	00:30:34.70	00:30:47.85	+00:12:18 (40.0%)	6:06	9.8 (60.5%)
45	NAWROCKA Beata	499		K 40-49	16	Tak	00:13:40	00:30:37.80	00:30:48.15	+00:12:18 (40.0%)	6:07	9.8 (60.5%)
46	ZIELIŃSKA Justyna	603	KOLOROWE GACIE	K 40-49	17	Tak	00:14:39	00:30:46.05	00:30:55.65	+00:12:26 (40.2%)	6:09	9.8 (60.5%)
47	WRZESIŃSKA Ewelina	599		K 30-39	20		00:15:30	00:30:53.50	00:31:07.35	+00:12:38 (40.6%)	6:10	9.7 (59.9%)
48	LANDOWSKA-DACH Karolina	482	PASACO	K 30-39	21		00:15:30	00:30:53.75	00:31:07.65	+00:12:38 (40.6%)	6:10	9.7 (59.9%)
49	PIECZYŃSKA Maja	524		K 20-29	3		00:15:27	00:31:01.90	00:31:18.75	+00:12:49 (41.0%)	6:12	9.7 (59.9%)
50	KŁOBUKOWSKA Wiktoria	467		K 20-29	4		00:15:19	00:31:39.90	00:31:51.45	+00:13:22 (42.0%)	6:19	9.5 (58.6%)
51	KRZYWDZIŃSKA Magdalena	584		K 30-39	22		00:15:29	00:31:44.30	00:31:53.10	+00:13:23 (42.0%)	6:20	9.5 (58.6%)
52	WESOŁOWSKA Aleksandra	586		K 40-49	18		00:15:21	00:32:06.55	00:32:21.05	+00:13:51 (42.9%)	6:25	9.3 (57.4%)
53	OSSOWSKA Agnieszka	515		K 30-39	23	Tak	00:15:51	00:32:10.95	00:32:31.05	+00:14:01 (43.1%)	6:26	9.3 (57.4%)
54	MALICKA Maria	491	MALMEDIA.PL	K 40-49	19		00:16:13	00:33:15.50	00:33:32.95	+00:15:03 (44.9%)	6:39	9 (55.6%)
55	PERESIAK Anna	519		K 60-69	2	Tak	00:16:22	00:33:22.10	00:33:34.25	+00:15:05 (44.9%)	6:40	9 (55.6%)
56	KĄŁEK Inga	459		K 20-29	5		00:16:19	00:33:23.10	00:33:39.55	+00:15:10 (45.1%)	6:40	9 (55.6%)
57	TRZCIŃSKA Anna	576		K 40-49	20		00:17:01	00:33:56.00	00:34:14.60	+00:15:45 (46.0%)	6:47	8.8 (54.3%)
58	SZYMACZEK Joanna	568	PASACO	K 30-39	24		00:16:13	00:34:03.40	00:34:18.10	+00:15:48 (46.1%)	6:48	8.8 (54.3%)
59	OBRZEZGIEWICZ Jagoda	510		K 20-29	6		00:16:04	00:34:02.60	00:34:20.00	+00:15:50 (46.2%)	6:48	8.8 (54.3%)
60	DECOWSKA Sylwia	427		K 50-59	5	Tak	00:16:43	00:34:12.75	00:34:24.60	+00:15:55 (46.3%)	6:50	8.8 (54.3%)
61	GÓRSKA Alicja	442		K 30-39	25	Tak	00:17:08	00:34:26.70	00:34:43.95	+00:16:14 (46.8%)	6:53	8.7 (53.7%)
62	ROCHOWIAK Agnieszka	537		K 50-59	6		00:17:23	00:35:41.65	00:35:50.45	+00:17:21 (48.4%)	7:08	8.4 (51.9%)
63	MAZURKIEWICZ Daria	495		K 30-39	26		00:17:27	00:35:50.55	00:36:09.95	+00:17:40 (48.9%)	7:10	8.4 (51.9%)
64	MALCZEWSKA Mirka	490	FORDONRUNNERS	K 60-69	3		00:18:22	00:36:59.30	00:37:08.90	+00:18:39 (50.2%)	7:23	8.1 (50.0%)
65	ŻELAZKO Anna	606		K 40-49	21	Tak	00:18:31	00:37:41.05	00:38:01.80	+00:19:32 (51.4%)	7:32	8 (49.4%)
66	NOWACKA Katarzyna	503		K 30-39	27		00:18:30	00:37:41.05	00:38:02.10	+00:19:32 (51.4%)	7:32	8 (49.4%)
67	WERYHO Maja	585	DROBEX	K 40-49	22	Tak	00:18:16	00:37:51.40	00:38:10.35	+00:19:41 (51.6%)	7:34	7.9 (48.8%)
68	SIEDLECKA Alina	547		K 50-59	7	Tak	00:17:52	00:37:55.05	00:38:10.90	+00:19:41 (51.6%)	7:35	7.9 (48.8%)
69	RATKE Sandra	535	DROBEX	K 30-39	28	Tak	00:19:07	00:38:49.25	00:39:08.75	+00:20:39 (52.8%)	7:45	7.7 (47.5%)
70	NIEŚCIERUK Monika	502		K 20-29	7		00:18:33	00:39:22.10	00:39:22.10	+00:20:52 (53.0%)	7:52	7.6 (46.9%)
71	SZYMAŃSKA Marzena	569		K 50-59	8		00:20:45	00:41:23.05	00:41:32.35	+00:23:03 (55.5%)	8:16	7.2 (44.4%)
72	WALTHER Anna	581		K 30-39	29	Tak	00:23:07	00:47:31.05	00:47:52.10	+00:29:22 (61.4%)	9:30	6.3 (38.9%)

