



X BIEGI ULICZNE - BIEG GŁÓWNY 5KM

B4SPORT

Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

X Biegi Uliczne im. Antoniego Nawrockiego
MUKS „Start” Solec Kujawski
2024-06-09
Solec Kujawski
5 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M 30-39

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Gmina Solec Kujawski	Pętla 1 2.5km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	ROGOZINSKI Dawid	538	TEAMOCHAL	M 30-39	1		00:08:38	00:17:26.80	00:17:28.15		3:29	17.2 (100%)
2	TUCZYŃSKI Sylwester Leon	577	BYDGOSKIE OKONIE	M 30-39	2		00:08:37	00:17:31.65	00:17:33.80	+00:00:05 (0.5%)	3:30	17.1 (99.4%)
3	CHMIELARZ Sebastian	419	CHMIELARZ TEAM	M 30-39	3		00:08:53	00:17:52.15	00:17:53.00	+00:00:24 (2.3%)	3:34	16.8 (97.7%)
4	MARCHEL Tomasz	493		M 30-39	4	Tak	00:08:45	00:18:22.90	00:18:25.65	+00:00:57 (5.2%)	3:40	16.3 (94.8%)
5	KOCIŃSKI Przemysław	469		M 30-39	5		00:09:08	00:18:26.75	00:18:29.25	+00:01:01 (5.5%)	3:41	16.3 (94.8%)
6	CHMIELARZ Krzysztof	417	CHMIELARZ TEAM	M 30-39	6		00:09:32	00:18:46.65	00:18:49.10	+00:01:20 (7.2%)	3:45	16 (93.0%)
7	SKRZECZEWSKI Bartosz	555		M 30-39	7		00:09:13	00:18:50.40	00:18:52.15	+00:01:24 (7.4%)	3:46	15.9 (92.4%)
8	WIECZOREK Mateusz	588		M 30-39	8		00:09:16	00:18:50.65	00:18:53.45	+00:01:25 (7.5%)	3:46	15.9 (92.4%)
9	WALDA Łukasz	580		M 30-39	9		00:09:38	00:19:27.25	00:19:31.15	+00:02:03 (10.5%)	3:53	15.4 (89.5%)
10	OLSZEWSKI Daniel	513	WTLENIE	M 30-39	10		00:10:20	00:20:31.55	00:20:35.60	+00:03:07 (15.2%)	4:06	14.6 (84.9%)
11	SPICHALSKI Szymon	558		M 30-39	11		00:10:20	00:21:09.25	00:21:20.30	+00:03:52 (18.1%)	4:13	14.2 (82.6%)
12	GROCHAŁA Michał	447	DĄBROWSKI TEAM	M 30-39	12		00:10:11	00:21:18.75	00:21:21.00	+00:03:52 (18.2%)	4:15	14.1 (82.0%)
13	ŁUKOMSKI Marcin	488		M 30-39	13		00:11:14	00:21:43.80	00:22:02.45	+00:04:34 (20.7%)	4:20	13.8 (80.2%)
14	SZOSTEK Jarek	564		M 30-39	14		00:11:18	00:22:19.85	00:22:28.05	+00:04:59 (22.2%)	4:27	13.4 (77.9%)
15	SZYMAŃSKI Bartosz	570		M 30-39	15		00:11:10	00:22:33.30	00:22:43.75	+00:05:15 (23.1%)	4:30	13.3 (77.3%)
16	KNAPIK Karol	612		M 30-39	16		00:10:58	00:23:00.00	00:23:04.65	+00:05:36 (24.3%)	4:36	13 (75.6%)
17	KALINOWSKI Dominik	458	WATAHA L-PAAK	M 30-39	17		00:11:01	00:23:06.10	00:23:10.95	+00:05:42 (24.6%)	4:37	13 (75.6%)
18	BARTNIK Eryk	413	MTG BYDGOSZCZ	M 30-39	18		00:11:58	00:23:29.75	00:23:39.00	+00:06:10 (26.1%)	4:41	12.8 (74.4%)
19	JANCZUR Tomasz	453		M 30-39	19	Tak	00:11:25	00:23:56.50	00:24:00.55	+00:06:32 (27.2%)	4:47	12.5 (72.7%)
20	STRĘCIWILK Arkadiusz	562		M 30-39	20	Tak	00:11:02	00:24:29.10	00:24:32.25	+00:07:04 (28.8%)	4:53	12.3 (71.5%)
21	JARZĘCZKA Jakub	455		M 30-39	21	Tak	00:11:27	00:24:40.05	00:24:43.65	+00:07:15 (29.4%)	4:56	12.2 (70.9%)
22	GOŁASZ Mateusz	440	WTLENIE	M 30-39	22		00:12:55	00:25:20.10	00:25:37.95	+00:08:09 (31.8%)	5:04	11.8 (68.6%)
23	SIEKIERKA Jarosław	548	PASACO	M 30-39	23		00:13:09	00:26:16.35	00:26:30.35	+00:09:02 (34.1%)	5:15	11.4 (66.3%)
24	KUŹMICKI Ireneusz	480	PASACO	M 30-39	24		00:12:52	00:26:25.80	00:26:34.30	+00:09:06 (34.3%)	5:17	11.4 (66.3%)
25	POCHOWSKI Arkadiusz	531	PASACO	M 30-39	25		00:13:36	00:27:14.30	00:27:23.90	+00:09:55 (36.2%)	5:26	11 (64.0%)
26	ZDRENKA Dennis	602		M 30-39	26	Tak	00:13:43	00:27:17.15	00:27:36.95	+00:10:08 (36.7%)	5:27	11 (64.0%)
27	PAWEŁCZAK Kamil	518	PASACO	M 30-39	27	Tak	00:13:13	00:27:28.80	00:27:39.00	+00:10:10 (36.8%)	5:29	10.9 (63.4%)
28	DZIADKOWIEC Michał	433	PASACO	M 30-39	28	Tak	00:13:43	00:27:38.45	00:27:54.70	+00:10:26 (37.4%)	5:31	10.9 (63.4%)
29	OLEŹDZKI Stanisław	512	UKS TOP SOLEC KUJAWSKI	M 30-39	29	Tak	00:13:31	00:27:33.20	00:27:55.30	+00:10:27 (37.4%)	5:30	10.9 (63.4%)

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30	RZHEVSKYI Andrii	546		M 30-39	30		00:14:42	00:30:14.35	00:30:30.10	+00:13:01 (42.7%)	6:02	9.9 (57.6%)
31	WÓJTOWICZ Ryszard	598		M 30-39	31	Tak	00:14:51	00:30:50.00	00:31:12.45	+00:13:44 (44.0%)	6:10	9.7 (56.4%)
32	GÓRSKI Maciej	443		M 30-39	32		00:17:08	00:34:26.70	00:34:43.45	+00:17:15 (49.7%)	6:53	8.7 (50.6%)
33	SIEMIANOWSKI Jan	549	TEAM Z KANGURA	M 30-39	33	Tak	00:17:18	00:35:39.70	00:35:59.25	+00:18:31 (51.5%)	7:07	8.4 (48.8%)

Znaleziono 33 wynik(ów)