



X BIEGI ULICZNE - BIEG GŁÓWNY 5KM

B4SPORT

Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

X Biegi Uliczne im. Antoniego Nawrockiego
MUKS „Start” Solec Kujawski
2024-06-09
Solec Kujawski
5 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M 40-49

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Gmina Solec Kujawski	Pętla 1 2.5km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	ŁAZ Kamil	486	WTLENIE	M 40-49	1		00:08:49	00:17:45.80	00:17:46.95		3:33	16.9 (100%)
2	ŚLIWIŃSKI Łukasz	573	LKS OSTROMECKO	M 40-49	2		00:09:06	00:18:18.95	00:18:20.20	+00:00:33 (3.0%)	3:39	16.4 (97.0%)
3	PERLIKOWSKI Sławomir	520		M 40-49	3		00:09:13	00:18:44.00	00:18:48.20	+00:01:01 (5.4%)	3:44	16 (94.7%)
4	DĄBROWSKI Robert	426		M 40-49	4		00:09:11	00:19:00.25	00:19:02.95	+00:01:16 (6.6%)	3:48	15.8 (93.5%)
5	CIMACHOWSKI Jakub	614		M 40-49	5	Tak	00:09:27	00:19:05.80	00:19:09.40	+00:01:22 (7.2%)	3:49	15.7 (92.9%)
6	MACIŃSKI Waldemar	489		M 40-49	6		00:09:35	00:19:40.40	00:19:42.60	+00:01:55 (9.8%)	3:56	15.3 (90.5%)
7	KŁOSOWSKI Marcin	468	CSM TEAM	M 40-49	7		00:09:59	00:20:10.40	00:20:13.25	+00:02:26 (12.1%)	4:02	14.9 (88.2%)
8	SZREDER Waldemar	565	WATAHA L-PAAK	M 40-49	8		00:10:03	00:20:39.95	00:20:44.00	+00:02:57 (14.2%)	4:07	14.5 (85.8%)
9	WOLAK Piotr	595		M 40-49	9	Tak	00:10:47	00:21:08.90	00:21:15.55	+00:03:28 (16.4%)	4:13	14.2 (84.0%)
10	GÓRA Krystian	441	FORDON	M 40-49	10		00:10:32	00:21:09.05	00:21:16.20	+00:03:29 (16.4%)	4:13	14.2 (84.0%)
11	DĄBKOWSKI Maciej	425		M 40-49	11	Tak	00:10:39	00:21:11.70	00:21:21.20	+00:03:34 (16.7%)	4:14	14.2 (84.0%)
12	GRACZ Adam	444		M 40-49	12	Tak	00:10:33	00:21:24.75	00:21:31.40	+00:03:44 (17.4%)	4:16	14 (82.8%)
13	KOWALSKI Jacek	472	BYDGOSKIE OKONIE	M 40-49	13		00:10:47	00:21:48.80	00:21:56.45	+00:04:09 (19.0%)	4:21	13.8 (81.7%)
14	SZTEJKA Damian	566		M 40-49	14		00:11:14	00:21:44.40	00:22:02.90	+00:04:15 (19.3%)	4:20	13.8 (81.7%)
15	KRYSKE Mariusz	475	TKKF KOLEJARZ BYDGOSZCZ	M 40-49	15		00:10:55	00:21:53.70	00:22:05.85	+00:04:18 (19.5%)	4:22	13.7 (81.1%)
16	SZUBIŃSKI Ireneusz	567	KOMPLETNY AMATOR	M 40-49	16		00:10:53	00:22:26.90	00:22:33.35	+00:04:46 (21.2%)	4:29	13.4 (79.3%)
17	WIŚNIEWSKI Artur	616		M 40-49	17	Tak	00:11:43	00:23:25.20	00:23:35.55	+00:05:48 (24.6%)	4:41	12.8 (75.7%)
18	DACH Łukasz	424	PASACO	M 40-49	18		00:11:37	00:23:46.00	00:23:52.65	+00:06:05 (25.5%)	4:45	12.6 (74.6%)
19	JAROCKI Paweł	454		M 40-49	19		00:12:00	00:24:10.85	00:24:19.05	+00:06:32 (26.9%)	4:50	12.4 (73.4%)
20	DOROCIAK Krzysztof	430	MEDICAL WARRIORS	M 40-49	20		00:12:18	00:24:46.70	00:24:51.35	+00:07:04 (28.5%)	4:57	12.1 (71.6%)
21	BADACZEWSKI Marcin	411		M 40-49	21	Tak	00:12:07	00:24:49.70	00:24:55.65	+00:07:08 (28.7%)	4:57	12.1 (71.6%)
22	WOJTECKI Łukasz	594	MUZEUM SOLCA	M 40-49	22	Tak	00:12:20	00:25:18.80	00:25:37.75	+00:07:50 (30.6%)	5:03	11.9 (70.4%)
23	ŚWIĄTCZAK Krzysztof	746		M 40-49	23		00:12:15	00:25:29.50	00:25:42.40	+00:07:55 (30.8%)	5:05	11.8 (69.8%)
24	ZIELIŃSKI Robert	604	PASACO	M 40-49	24	Tak	00:12:50	00:26:17.20	00:26:17.20	+00:08:30 (32.4%)	5:15	11.4 (67.5%)
25	OLSZÓWKA Michał	514		M 40-49	25		00:12:20	00:26:24.45	00:26:30.70	+00:08:43 (32.9%)	5:16	11.4 (67.5%)
26	LEWANDOWSKI Andrzej	485	PASACO	M 40-49	26	Tak	00:13:06	00:26:48.35	00:27:06.85	+00:09:19 (34.4%)	5:21	11.2 (66.3%)
27	GASZA Mariusz	438		M 40-49	27		00:13:44	00:29:16.30	00:29:26.40	+00:11:39 (39.6%)	5:51	10.3 (60.9%)
28	WALTHER Filip	582		M 40-49	28	Tak	00:14:36	00:29:26.60	00:29:47.85	+00:12:00 (40.3%)	5:53	10.2 (60.4%)
29	SOLIŃSKI Zbigniew	557		M 40-49	29		00:14:57	00:31:48.80	00:32:04.15	+00:14:17 (44.5%)	6:21	9.4 (55.6%)

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30	PUSZCZ Sławek	532	PROMONT GROUP SOLEC KUJ.	M 40-49	30	Tak	00:17:00	00:33:17.00	00:33:38.85	+00:15:51 (47.2%)	6:39	9 (53.3%)
31	KARUTZ Michał	462	PASACO	M 40-49	31	Tak	00:16:49	00:35:47.25	00:35:47.25	+00:18:00 (50.3%)	7:09	8.4 (49.7%)

Znaleziono 31 wynik(ów)