



X BIEGI ULICZNE - BIEG GŁÓWNY 5KM

B4SPORT

Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

X Biegi Uliczne im. Antoniego Nawrockiego
MUKS „Start” Solec Kujawski
2024-06-09
Solec Kujawski
5 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M 50-59

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Gmina Solec Kujawski	Pętla 1 2.5km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	SZYMAŃSKI Ryszard	571		M 50-59	1		00:09:14	00:18:42.70	00:18:44.95		3:44	16 (100%)
2	RETECKI Krzysztof	536	LKS BOGMAR / GINTER-EKOTECHNIKA / PRESTO	M 50-59	2		00:09:17	00:19:10.90	00:19:12.65	+00:00:27 (2.4%)	3:50	15.7 (98.1%)
3	STOMSKI Krzysztof	561	SOLECCY BIEGACZE	M 50-59	3	Tak	00:09:53	00:19:47.75	00:19:51.50	+00:01:06 (5.6%)	3:57	15.2 (95.0%)
4	ŻUCHOWSKI Jozef	608		M 50-59	4		00:10:11	00:20:35.35	00:20:39.25	+00:01:54 (9.2%)	4:07	14.6 (91.3%)
5	JUREK Sławomir	456		M 50-59	5		00:10:26	00:20:50.50	00:20:56.85	+00:02:11 (10.5%)	4:10	14.4 (90.0%)
6	NOWICKI Aleksander	508	KPZPN	M 50-59	6	Tak	00:10:24	00:21:32.65	00:21:37.20	+00:02:52 (13.3%)	4:18	13.9 (86.9%)
7	OWCZARZAK Michał	516	RUN BYDGOSZCZ	M 50-59	7		00:10:50	00:21:54.05	00:22:00.10	+00:03:15 (14.8%)	4:22	13.7 (85.6%)
8	BARANOWSKI Tomasz	412	SAPER TEAM	M 50-59	8		00:10:45	00:22:22.95	00:22:27.55	+00:03:42 (16.5%)	4:28	13.4 (83.8%)
9	GRZEGORSKI Rafał	451	SAPER TEAM	M 50-59	9	Tak	00:11:50	00:25:08.60	00:25:17.90	+00:06:32 (25.9%)	5:01	11.9 (74.4%)
10	NURKIEWICZ Jarosław	509	KUNG FU PANDY 3	M 50-59	10		00:12:39	00:25:05.80	00:25:20.75	+00:06:35 (26.0%)	5:01	12 (75.0%)
11	RACHWAŁSKI Zbigniew	534		M 50-59	11		00:13:00	00:25:26.45	00:25:43.10	+00:06:58 (27.1%)	5:05	11.8 (73.8%)
12	ZIÓŁKOWSKI Mieczysław	605	TG SOKÓŁ GNIEWKOWO	M 50-59	12		00:11:59	00:25:43.90	00:25:50.45	+00:07:05 (27.4%)	5:08	11.7 (73.1%)
13	CIESIELSKI Mirosław	421		M 50-59	13	Tak	00:12:40	00:25:46.05	00:25:56.10	+00:07:11 (27.7%)	5:09	11.6 (72.5%)
14	PIECZYŃSKI Marek	525		M 50-59	14		00:12:50	00:26:19.80	00:26:32.30	+00:07:47 (29.4%)	5:15	11.4 (71.3%)
15	PIETRASZAK Tomasz	527	RUN BYDGOSZCZ	M 50-59	15		00:13:20	00:26:35.15	00:26:51.75	+00:08:06 (30.2%)	5:19	11.3 (70.6%)

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16	PIASECKI Włodzimierz	521		M 50-59	16	Tak	00:13:19	00:27:59.60	00:28:11.35	+00:09:26 (33.5%)	5:35	10.7 (66.9%)
17	DZIELAK Artur	435	SAPER TEAM	M 50-59	17		00:13:49	00:28:15.20	00:28:30.75	+00:09:45 (34.2%)	5:39	10.6 (66.3%)
18	WESOŁOWSKI Dariusz	587		M 50-59	18		00:15:21	00:32:06.45	00:32:21.50	+00:13:36 (42.1%)	6:25	9.3 (58.1%)
19	SZYPERSKI Sławomir	572		M 50-59	19		00:17:27	00:35:50.25	00:36:10.15	+00:17:25 (48.2%)	7:10	8.4 (52.5%)

Znaleziono 19 wynik(ów)