



X BIEGI ULICZNE - BIEG GŁÓWNY 5KM

B4SPORT

Wydarzenie: X Biegi Uliczne im. Antoniego Nawrockiego
Organizator: MUKS „Start” Solec Kujawski
Data: 2024-06-09
Miejsce: Solec Kujawski
Dystans: 5 km

B4SPORT
INTELEGNTE ZAWODY SPORTOWE

Klasyfikacja: Mieszkańcy Gminy Solec

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Gmina Solec Kujawski	Pętla 1 2.5km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	MARCHEL Tomasz	493		M 30-39	4	Tak	00:08:45	00:18:22.90	00:18:25.65		3:40	16.3 (100%)
2	CIMACHOWSKI Jakub	614		M 40-49	5	Tak	00:09:27	00:19:05.80	00:19:09.40	+00:00:43 (3.8%)	3:49	15.7 (96.3%)
3	STOMSKI Krzysztof	561	SOLECCY BIEGACZE	M 50-59	3	Tak	00:09:53	00:19:47.75	00:19:51.50	+00:01:25 (7.2%)	3:57	15.2 (93.3%)
4	NOWAK Andrzej	504		M 16-19	1	Tak	00:09:59	00:19:50.75	00:19:54.55	+00:01:28 (7.4%)	3:58	15.1 (92.6%)
5	TRZCINSKI Jakub	575		M 20-29	6	Tak	00:09:57	00:20:53.20	00:20:56.35	+00:02:30 (12.0%)	4:10	14.4 (88.3%)
6	WOLAK Piotr	595		M 40-49	9	Tak	00:10:47	00:21:08.90	00:21:15.55	+00:02:49 (13.3%)	4:13	14.2 (87.1%)
7	DĄBKOWSKI Maciej	425		M 40-49	11	Tak	00:10:39	00:21:11.70	00:21:21.20	+00:02:55 (13.7%)	4:14	14.2 (87.1%)
8	GRACZ Adam	444		M 40-49	12	Tak	00:10:33	00:21:24.75	00:21:31.40	+00:03:05 (14.4%)	4:16	14 (85.9%)
9	NOWICKI Aleksander	508	KPZPN	M 50-59	6	Tak	00:10:24	00:21:32.65	00:21:37.20	+00:03:11 (14.8%)	4:18	13.9 (85.3%)
10	KAŻMIERCZAK Franciszek	464		M 16-19	3	Tak	00:10:32	00:21:51.95	00:21:54.95	+00:03:29 (15.9%)	4:22	13.7 (84.0%)
11	KULIGOWSKI Amadeusz	478		M 20-29	7	Tak	00:11:03	00:22:09.00	00:22:16.70	+00:03:51 (17.3%)	4:25	13.5 (82.8%)
12	WIŚNIEWSKI Artur	616		M 40-49	17	Tak	00:11:43	00:23:25.20	00:23:35.55	+00:05:09 (21.9%)	4:41	12.8 (78.5%)
13	NOWICKI Przemysław	507	KSKPZPN	M 20-29	8	Tak	00:10:59	00:23:35.40	00:23:40.20	+00:05:14 (22.1%)	4:43	12.7 (77.9%)
14	JANCZUR Tomasz	453		M 30-39	19	Tak	00:11:25	00:23:56.50	00:24:00.55	+00:05:34 (23.2%)	4:47	12.5 (76.7%)
15	STRĘCIWILK Arkadiusz	562		M 30-39	20	Tak	00:11:02	00:24:29.10	00:24:32.25	+00:06:06 (24.9%)	4:53	12.3 (75.5%)
16	JARZĘCZKA Jakub	455		M 30-39	21	Tak	00:11:27	00:24:40.05	00:24:43.65	+00:06:18 (25.5%)	4:56	12.2 (74.8%)
17	BADACZEWSKI Marcin	411		M 40-49	21	Tak	00:12:07	00:24:49.70	00:24:55.65	+00:06:30 (26.1%)	4:57	12.1 (74.2%)
18	GRZEGORSKI Rafał	451	SAPER TEAM	M 50-59	9	Tak	00:11:50	00:25:08.60	00:25:17.90	+00:06:52 (27.2%)	5:01	11.9 (73.0%)
19	WOJTECKI Łukasz	594	MUZEUM SOLCA	M 40-49	22	Tak	00:12:20	00:25:18.80	00:25:37.75	+00:07:12 (28.1%)	5:03	11.9 (73.0%)
20	CIESIELSKI Mirosław	421		M 50-59	13	Tak	00:12:40	00:25:46.05	00:25:56.10	+00:07:30 (28.9%)	5:09	11.6 (71.2%)
21	ZIELIŃSKI Robert	604	PASACO	M 40-49	24	Tak	00:12:50	00:26:17.20	00:26:17.20	+00:07:51 (29.9%)	5:15	11.4 (69.9%)
22	LEWANDOWSKI Andrzej	485	PASACO	M 40-49	26	Tak	00:13:06	00:26:48.35	00:27:06.85	+00:08:41 (32.0%)	5:21	11.2 (68.7%)
23	RZĘTKOWSKI Artur	544	DROBEX	M 20-29	15	Tak	00:13:00	00:27:00.45	00:27:18.95	+00:08:53 (32.5%)	5:24	11.1 (68.1%)
24	ZDRENKA Dennis	602		M 30-39	26	Tak	00:13:43	00:27:17.15	00:27:36.95	+00:09:11 (33.3%)	5:27	11 (67.5%)
25	PAWEŁCZAK Kamil	518	PASACO	M 30-39	27	Tak	00:13:13	00:27:28.80	00:27:39.00	+00:09:13 (33.4%)	5:29	10.9 (66.9%)
26	DZIADKOWIEC Michał	433	PASACO	M 30-39	28	Tak	00:13:43	00:27:38.45	00:27:54.70	+00:09:29 (34.0%)	5:31	10.9 (66.9%)
27	OLEŃDZKI Stanisław	512	UKS TOP SOLEC KUJAWSKI	M 30-39	29	Tak	00:13:31	00:27:33.20	00:27:55.30	+00:09:29 (34.0%)	5:30	10.9 (66.9%)
28	PIASECKI Włodzimierz	521		M 50-59	16	Tak	00:13:19	00:27:59.60	00:28:11.35	+00:09:45 (34.6%)	5:35	10.7 (65.6%)
29	WALTHER Filip	582		M 40-49	28	Tak	00:14:36	00:29:26.60	00:29:47.85	+00:11:22 (38.2%)	5:53	10.2 (62.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Gmina Solec Kujawski	Pętla 1 2.5km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
30	ŚWIĄTEK Roman	574		M 60-69	9	Tak	00:14:33	00:29:51.20	00:30:08.10	+00:11:42 (38.9%)	5:58	10.1 (62.0%)
31	WÓJTOWICZ Ryszard	598		M 30-39	31	Tak	00:14:51	00:30:50.00	00:31:12.45	+00:12:46 (41.0%)	6:10	9.7 (59.5%)
32	PUSZCZ Tadzik	533	PĘDZĄCY TADZIKI	M 16-19	5	Tak	00:17:00	00:33:16.60	00:33:38.55	+00:15:12 (45.2%)	6:39	9 (55.2%)
33	PUSZCZ Sławek	532	PROMONT GROUP SOLEC KUJ.	M 40-49	30	Tak	00:17:00	00:33:17.00	00:33:38.85	+00:15:13 (45.2%)	6:39	9 (55.2%)
34	SIEMIANOWSKI Marcel	550	PASAO	M 20-29	16	Tak	00:16:23	00:33:44.55	00:33:58.25	+00:15:32 (45.8%)	6:44	8.9 (54.6%)
35	KARUTZ Michał	462	PASACO	M 40-49	31	Tak	00:16:49	00:35:47.25	00:35:47.25	+00:17:21 (48.5%)	7:09	8.4 (51.5%)
36	SIEMIANOWSKI Jan	549	TEAM Z KANGURA	M 30-39	33	Tak	00:17:18	00:35:39.70	00:35:59.25	+00:17:33 (48.8%)	7:07	8.4 (51.5%)
37	DYBIKOWSKI Mirosław	432	PASACO	M 60-69	11	Tak	00:22:16	00:46:54.00	00:47:23.95	+00:28:58 (61.1%)	9:22	6.4 (39.3%)

Znaleziono 37 wynik(ów)