



X KOSZALIŃSKI BIEG GÓRSKI - 5 KM

B4SPORT

Event: KOSZALIŃSKI BIEG GÓRSKI
Organiser: Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej
Date: 2019-03-30
Place: Koszalin
Distance: 5 km



Classification: M50-59

Place	Participant	Number	Club	Category	MCat	Net time 5km	Gap	Pace min/km	Pace km/h
1	SZŁPAK Krzysztof	187	DRAWSKOPOMORSKIE	M50-59	1	00:28:15.84		5:39	10.6 (100%)
2	RUTKOWSKI Ryszard	165	KOSZALIŃSKI RANKING BIEGACZY	M50-59	2	00:29:31.95	+00:01:16 (4.3%)	5:54	10.2 (96.2%)
3	KRUPIŃSKI Krzysztof	89	E-UROLOG.EU	M50-59	3	00:30:17.71	+00:02:01 (6.7%)	6:03	9.9 (93.4%)
4	CHWALEBA Jan	23		M50-59	4	00:31:38.55	+00:03:22 (10.7%)	6:19	9.5 (89.6%)
5	JANUSZEWSKI Jacek	57	17 WOG KOSZALIN	M50-59	5				(0.0%)

Total 5 results.