



Wydarzenie: X FESTIWAL BIEGU RZEŹNIKA
Organizator: Fundacja Bieg Rzeźnika
Data: 2024-05-31
Miejsce: Cisna
Dystans: 94.39 km

X RZEŹNIK ULTRA

B4SPORT
INTELEKTUJĄCE ZAWODY SPORTOWE

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INTELEKTUJĄCE ZAWODY SPORTOWE

Klasyfikacja: M-Open

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Szlem	Przełęcz nad				Czas netto 94.39km	Czas brutto 94.39km	Różn	Tempo min/km	Tempo km/h
							Smerek 20km	Wetlina 45km	Roztokami 80km	Liszna 90km					
1	GRZĄDZIEL Dominik	3119	ATTIQ TEAM	M40	1		02:01:42	04:43:44	08:54:01		10:51:18.35	10:51:20.40		6:54	8.7 (100%)
2	NEHRING Karol	3138		M20	1		02:01:27	04:47:47	09:20:22		11:44:13.70	11:44:16.35	+00:52:55 (7.5%)	7:27	8 (92.0%)
3	REWERS Dariusz	3089	ULTRA WAY TEAM	M40	2		02:11:33	05:12:25	09:56:42	11:16:13	12:12:05.80	12:12:11.50	+01:20:51 (11.0%)	7:45	7.7 (88.5%)
4	STROINSKI Daniel	3117	ATTIQ TEAM	M40	3		02:10:59	05:24:48	10:34:18	12:10:17	13:12:46.35	13:12:49.70	+02:21:29 (17.8%)	8:23	7.1 (81.6%)
5	JARMOLIŃSKI Piotr	3109		M40	4		02:17:37	05:39:12	10:56:13	12:23:43	13:17:01.00	13:17:03.75	+02:25:43 (18.3%)	8:26	7.1 (81.6%)
6	KURACH Paweł	3077	SII RUNNING TEAM	M30	1		02:12:14	05:36:35	11:03:57	12:31:13	13:30:22.35	13:30:27.90	+02:39:07 (19.6%)	8:35	7 (80.5%)
7	WOŁK Mariusz	3010	#ZALINIAMETY	M30	2		02:23:38	05:54:27	11:08:07	12:42:57	13:34:31.10	13:34:34.90	+02:43:14 (20.0%)	8:37	7 (80.5%)
8	POTERA Maciej	3129	ONE	M40	5		02:36:32	05:57:01	11:08:05	12:40:51	13:37:26.35	13:37:30.00	+02:46:09 (20.3%)	8:39	6.9 (79.3%)
9	DYDEK Kamil	7001	ZDANOWSKITEAM	M30	3		02:23:38	05:54:31	11:12:04	12:44:43	13:41:25.70	13:41:28.90	+02:50:08 (20.7%)	8:42	6.9 (79.3%)
10	WALCZUK Łukasz	3054		M30	4		02:23:37	05:56:53	11:28:45	13:00:18	13:52:07.95	13:52:14.75	+03:00:54 (21.7%)	8:48	6.8 (78.2%)
11	BUCIOR Łukasz	3146	SBG SPORT TEAM	M20	2		02:06:32	05:39:01	11:27:01	13:20:31	14:08:57.45	14:09:01.50	+03:17:41 (23.3%)	8:59	6.7 (77.0%)
12	SZYSZKOWSKI Marcin	3094	LIPIEC RUNNING TEAM	M40	6		02:12:19	05:44:43	11:28:25	13:10:41	14:14:07.60	14:14:11.55	+03:22:51 (23.7%)	9:02	6.6 (75.9%)
13	KOWALSKI Michał	3062		M30	5		02:36:18	06:12:40	11:41:28	13:21:12	14:15:09.30	14:15:35.00	+03:24:14 (23.9%)	9:03	6.6 (75.9%)
14	CZAJKA Tomasz	7015		M50	1		02:31:57	06:06:41	11:53:32	13:22:57	14:16:47.70	14:16:56.35	+03:25:35 (24.0%)	9:04	6.6 (75.9%)
15	SZYMURA Wojciech	3132	RYBNICKA GRUPA BIEGOWA PĘDZIMY RAZEM	M50	2		02:17:39	05:54:24	11:40:37	13:22:11	14:19:44.15	14:19:47.35	+03:28:26 (24.2%)	9:06	6.6 (75.9%)
16	GAJ Grzegorz	7020		M40	7		02:36:36	06:08:31	11:51:32	13:29:13	14:34:10.00	14:34:16.10	+03:42:55 (25.5%)	9:15	6.5 (74.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Szlem	Przełęcz nad				Czas netto 94.39km	Czas brutto 94.39km	Różn	Tempo min/km	Tempo km/h
							Smerek 20km	Wetlina 45km	Roztokami 80km	Liszna 90km					
17	DUTKA Sebastian	3121	CEDRUS TEAM	M30	6		02:45:36	06:25:41	12:00:57	13:43:38	14:37:44.45	14:38:04.75	+03:46:44 (25.8%)	9:17	6.5 (74.7%)
18	KURZAWSKI Tomasz	3002	GB ULTRA PSZCZĘKI	M40	8		02:00:29	05:46:41	11:19:18	12:55:09	14:43:29.55	14:43:34.25	+03:52:13 (26.3%)	9:21	6.4 (73.6%)
19	KORCZAK Kamil	3133	ORANGE POLSKA	M30	7		02:24:22	06:07:56	11:53:32	13:48:48	14:49:08.40	14:49:12.35	+03:57:51 (26.8%)	9:25	6.4 (73.6%)
20	LUBASZEWSKI Zbigniew	3073	WILCZAK CZECHOSŁOVACKI	M40	9		02:43:37	06:22:09	12:08:51	13:50:51	14:50:08.45	14:50:25.90	+03:59:05 (26.9%)	9:25	6.4 (73.6%)
21	GRODZKI Michał	3037		M40	10		02:31:41	06:17:31	12:15:21	13:48:42	14:51:18.55	14:51:26.00	+04:00:05 (26.9%)	9:26	6.4 (73.6%)
22	MIROWSKI Kamil	3118		M30	8		02:00:28	05:46:39	11:45:12	13:42:44	14:55:24.75	14:55:27.80	+04:04:07 (27.3%)	9:29	6.3 (72.4%)
23	KMIEĆ Paweł	3068	DOJO UNITED ŁÓDŹ	M20	3		02:12:49	05:57:55	12:09:07	13:56:43	14:56:04.05	14:56:06.40	+04:04:46 (27.3%)	9:29	6.3 (72.4%)
24	DYBOWSKI Piotr	7009	ION1 TEAM	M40	11		02:53:56	06:37:40	12:23:19	14:02:48	14:57:48.55	14:58:19.30	+04:06:58 (27.5%)	9:30	6.3 (72.4%)
25	CZAPCZYŃSKI Przemysław	3047		M40	12		02:33:15	06:01:36	12:04:43	14:00:21	15:03:38.15	15:03:49.50	+04:12:29 (27.9%)	9:34	6.3 (72.4%)
26	KOSIOREK Adam	3076		M50	3		02:53:35	06:30:27	12:13:33	14:03:04	15:09:08.95	15:09:35.55	+04:18:15 (28.4%)	9:37	6.2 (71.3%)
27	MIROŃCZUK Marcin	3136	KB BIAŁA BIEGA	M40	13		02:24:05	06:13:15	12:19:04	14:19:00	15:23:17.55	15:23:26.30	+04:32:05 (29.5%)	9:46	6.1 (70.1%)
28	JELENIOWSKI Paweł	3046		M30	9		02:26:33	06:04:40	12:26:45	14:21:20	15:26:24.25	15:26:34.75	+04:35:14 (29.7%)	9:48	6.1 (70.1%)
29	MITIS Marek	3120		M30	10		02:52:06	06:50:32	12:46:05	14:32:15	15:30:05.85	15:30:13.50	+04:38:53 (30.0%)	9:51	6.1 (70.1%)
30	CHMAJ Jerzy	3105		M50	4		02:24:14	06:13:09	12:28:05	14:21:43	15:35:16.25	15:35:22.25	+04:44:01 (30.4%)	9:54	6.1 (70.1%)
31	WILAMOWSKI Bartłomiej	3145	ZOSTAĆ ULTRASEM	M30	11		02:40:35	06:28:39	12:37:55	14:39:43	15:40:00.50	15:40:19.45	+04:48:59 (30.7%)	9:57	6 (69.0%)
32	GĘBALA Dariusz	7035	BESKID GODZISZKA	M30	12		02:45:49	06:53:55	13:00:35	14:40:58	15:41:45.30	15:42:14.40	+04:50:54 (30.9%)	9:58	6 (69.0%)
33	STANIO Arkadiusz	7026	ASSECO ACTIVE TEAM / BIEGAM W RZESZOWIE	M40	14		02:58:42	07:03:53	13:17:45	14:56:55	15:55:59.05	15:56:24.25	+05:05:03 (31.9%)	10:07	5.9 (67.8%)
34	KOWALCZYK Rafał	7013		M40	15		02:48:33	06:35:58	12:49:51	14:46:45	15:59:01.30	15:59:13.50	+05:07:53 (32.1%)	10:09	5.9 (67.8%)
35	POPIS Tomasz	3126	RUCH IZBICA	M50	5		02:31:41	06:06:58	12:26:45	14:33:15	15:59:32.65	15:59:40.90	+05:08:20 (32.1%)	10:09	5.9 (67.8%)
36	DERDA Mariusz	3107	AKTYWNY DYNÓW / @BIEGOWA_WOLNOSC	M30	13		02:33:29	06:04:27	12:45:24	14:54:37	16:09:21.75	16:09:36.80	+05:18:16 (32.8%)	10:16	5.8 (66.7%)
37	LEWANDOWSKI Janusz	3139		M50	6		02:41:59	06:46:34	13:09:45	15:03:54	16:10:12.90	16:10:23.45	+05:19:03 (32.9%)	10:16	5.8 (66.7%)
38	SIEROCKI Paweł	3095	KP PSP SZTUM	M40	16		02:49:40	06:48:18	13:17:28	15:18:50	16:19:59.40	16:20:16.05	+05:28:55 (33.6%)	10:22	5.8 (66.7%)
39	GURBOWICZ Jarosław	3014	BIEGAJĄCY TCZEW	M50	7		02:45:36	06:26:03	13:05:48	15:16:30	16:23:50.95	16:24:19.90	+05:32:59 (33.8%)	10:25	5.8 (66.7%)
40	MAŁKIEWICZ Zbigniew	3019		M30	14		02:31:51	06:23:10	13:11:22	15:17:35	16:32:41.10	16:32:52.30	+05:41:31 (34.4%)	10:31	5.7 (65.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Szlem	Przełęcz nad				Czas netto 94.39km	Czas brutto 94.39km	Różn	Tempo min/km	Tempo km/h
							Smerek 20km	Wetlina 45km	Roztokami 80km	Liszna 90km					
41	KUBACKI Krzysztof	3025		M30	15		02:24:19	06:18:09	13:09:13	15:22:26	16:35:09.25	16:35:14.00	+05:43:53 (34.6%)	10:32	5.7 (65.5%)
42	KOŁODZIEJSKA Robert	3142		M40	17		02:36:43	06:12:42	12:59:46	15:20:23	16:35:40.35	16:35:48.00	+05:44:27 (34.6%)	10:32	5.7 (65.5%)
43	WEYMANN Mariusz	3063	OLEK TEAM	M40	18		02:56:22	07:05:28	13:34:21	15:35:38	16:39:55.90	16:40:06.90	+05:48:46 (34.9%)	10:35	5.7 (65.5%)
44	LEPIARZ Grzegorz	7038	ULTRAWAY.PL RUNNING TEAM	M40	19		03:11:21	07:12:44	13:34:08	15:46:06	16:39:58.60	16:40:21.85	+05:49:01 (34.9%)	10:35	5.7 (65.5%)
45	PACZKA Dawid	3065		M30	16		02:42:17	06:33:24	13:24:02	15:34:09	16:43:52.10	16:43:59.10	+05:52:38 (35.1%)	10:38	5.6 (64.4%)
46	WOLSKI Darek	3006	BYDGOSKI DZIK - TEAM HEJTERKI	M30	17		02:23:43	06:18:32	13:09:14	15:31:33	16:44:15.85	16:44:18.40	+05:52:58 (35.1%)	10:38	5.6 (64.4%)
47	KOZŁOWSKI Sebastian	3049	PKS PIWNY KLUB SPORTOWY	M40	20		03:02:07	06:55:07	13:40:17	15:46:03	16:47:20.75	16:47:52.85	+05:56:32 (35.4%)	10:40	5.6 (64.4%)
48	KMIEĆ Andrzej	7030	TURBO PRUSZKÓW	M40	21		02:51:43	07:04:26	13:33:53	15:37:56	16:51:25.75	16:51:30.95	+06:00:10 (35.6%)	10:42	5.6 (64.4%)
49	STYPKA Dawid	3031		M20	4		02:51:19	07:00:36	13:27:10	15:42:47	16:56:02.30	16:56:23.40	+06:05:03 (35.9%)	10:45	5.6 (64.4%)
50	GŁÓWKA Maciej	3088		M30	18		02:57:38	06:55:20	13:26:47	15:34:51	16:59:39.20	16:59:55.90	+06:08:35 (36.1%)	10:48	5.6 (64.4%)
51	KRUSZEWSKI Filip	7024	NOWAK.RUN	M30	19		02:59:25	07:13:30	14:05:49	15:56:45	17:00:40.50	17:01:04.95	+06:09:44 (36.2%)	10:48	5.5 (63.2%)
52	PORĘBA Eugeniusz	3123		M60	1		02:56:08	07:34:27	13:53:45	15:48:49	17:02:03.15	17:02:29.45	+06:11:09 (36.3%)	10:49	5.5 (63.2%)
53	RYCHLEC Sławomir	3064	EASYRUN RACIBÓRZ	M40	22		02:36:52	06:48:25	13:47:03	16:01:21	17:08:27.55	17:08:33.05	+06:17:12 (36.7%)	10:53	5.5 (63.2%)
54	OLECH Zbigniew	3023	MHAZ	M40	23		03:10:44	06:42:44	13:05:14	15:35:22	17:09:45.40	17:09:54.10	+06:18:33 (36.8%)	10:54	5.5 (63.2%)
55	CZOSKA Przemysław	3128		M40	24		02:50:40	06:54:10	13:46:50	16:03:34	17:10:40.70	17:10:56.90	+06:19:36 (36.8%)	10:55	5.5 (63.2%)
56	TUROWSKI Adam	3028	LAUFBRIGADE OBERBERG	M30	20		02:42:24	06:53:05	13:49:20	16:09:22	17:23:16.85	17:23:28.35	+06:32:07 (37.6%)	11:03	5.4 (62.1%)
57	SZUBA Mariusz	3074	NO EXCUSES TEAM	M50	8		02:38:00	06:48:24	13:47:44	16:11:43	17:23:54.05	17:24:13.30	+06:32:52 (37.6%)	11:03	5.4 (62.1%)
58	PLESZ Wojciech	3003	SILESIA MARATHON CLUB	M30	21		02:25:23	06:21:53	13:52:53	16:18:54	17:24:48.50	17:25:13.55	+06:33:53 (37.7%)	11:04	5.4 (62.1%)
59	GRĘBOWIEC Mateusz	3090	10 ŚWIETOKRZYSKA BRYGADA OBRONY TERYTORIALNEJ	M40	25		02:45:03	06:56:48	13:59:34	16:19:15	17:30:39.00	17:30:50.65	+06:39:30 (38.0%)	11:07	5.4 (62.1%)
60	ŁUCZAK Łukasz	3072		M30	22		02:41:09	06:46:29	13:53:01	16:24:11	17:30:55.55	17:31:27.15	+06:40:06 (38.1%)	11:08	5.4 (62.1%)
61	SKOMORUCHA Paweł	3042	ADIDAS RUNNERS WARSAW	M40	26		02:52:21	07:10:40	14:14:47	16:19:39	17:32:31.60	17:32:57.95	+06:41:37 (38.1%)	11:09	5.4 (62.1%)
62	KAMIŃSKI Marek	3092	180 MINUT	M50	9		03:04:38	07:19:29	14:32:04	16:34:02	17:41:33.95	17:41:43.85	+06:50:23 (38.7%)	11:14	5.3 (60.9%)
63	OLENDER Marcin	3022		M40	27		02:43:42	06:52:02	14:04:57	16:23:39	17:41:38.45	17:41:47.80	+06:50:27 (38.7%)	11:14	5.3 (60.9%)
64	KUTRZYK Przemysław	7012	STREFA BIEGACZA NATALIA SADOWSKA	M40	28		03:11:01	07:22:52	14:12:59	16:24:09	17:45:47.90	17:46:06.05	+06:54:45 (38.9%)	11:17	5.3 (60.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Szlem	Przełęcz nad Liszną				Czas netto 94.39km	Czas brutto 94.39km	Różn	Tempo min/km	Tempo km/h
							Smerek 20km	Wetlina 45km	Roztokami 80km	Liszna 90km					
65	KASPERSKI Tomasz	3038		M40	29		03:02:24	07:17:28	14:25:00	16:34:28	17:46:38.40	17:47:09.65	+06:55:49 (39.0%)	11:18	5.3 (60.9%)
66	GORYNIA Hubert	7017		M30	23		03:02:56	07:17:40	14:25:25	16:33:26	17:47:09.75	17:47:09.75	+06:55:49 (39.0%)	11:18	5.3 (60.9%)
67	SKRZYPCZAK Łukasz	3027		M40	30		03:02:24	07:16:54	14:21:45	16:33:00	17:46:37.50	17:47:09.90	+06:55:49 (39.0%)	11:18	5.3 (60.9%)
68	GIERS Michał	3122		M30	24		02:50:15	06:55:05	13:57:41	16:27:27	17:50:37.70	17:50:41.65	+06:59:21 (39.2%)	11:20	5.3 (60.9%)
69	WRÓBEL Sebastian	7005		M20	5		02:50:17	06:55:14	13:58:34	16:27:29	17:50:37.80	17:50:41.95	+06:59:21 (39.2%)	11:20	5.3 (60.9%)
70	BANCERZ Grzegorz	3083	TRAWNIKI BIEGAJĄ	M40	31		02:48:22	06:52:40	14:11:53	16:31:21	17:51:05.50	17:51:12.35	+06:59:51 (39.2%)	11:20	5.3 (60.9%)
71	DZIADOŃ Grzegorz	3144		M40	32		03:17:39	07:10:46	14:17:11	16:40:56	17:52:06.55	17:52:35.25	+07:01:14 (39.3%)	11:21	5.3 (60.9%)
72	JASTRZĄB Piotr	3134		M50	10		02:46:20	07:23:29	14:41:29	16:49:03	17:59:44.95	17:59:49.40	+07:08:29 (39.7%)	11:26	5.2 (59.8%)
73	PYRKOSZ Damian	3051	ENGLISH VITAE	M50	11		03:00:52	07:21:01	14:17:23	16:49:34	18:00:03.85	18:00:22.90	+07:09:02 (39.7%)	11:26	5.2 (59.8%)
74	RUTYNA Paweł	3101	CRAZY DRIVERS	M40	33		03:04:31	07:20:10	14:36:13	16:45:40	18:00:06.55	18:00:25.80	+07:09:05 (39.7%)	11:26	5.2 (59.8%)
75	ZIĘBA Jakub	3024		M20	6		02:56:24	06:53:10	13:54:06	16:30:52	18:02:23.85	18:02:46.65	+07:11:26 (39.8%)	11:28	5.2 (59.8%)
76	KOZERA Paweł	3096	DUCH	M30	25		02:52:29	07:19:23	14:54:47		18:03:27.95	18:03:37.80	+07:12:17 (39.9%)	11:28	5.2 (59.8%)
77	NAĆ Tomasz	3036	ROZBIEGANE DZIAŁDOWO	M40	34		02:56:51	07:15:01	14:37:50	16:56:32	18:06:23.05	18:06:35.40	+07:15:15 (40.1%)	11:30	5.2 (59.8%)
78	ZIELIŃSKI Dariusz	7031	FIZJO-SPORT ŁĘCZNA/CEDRUS TEAM	M40	35		03:00:41	07:34:27	15:03:36	17:08:50	18:18:36.40	18:18:59.00	+07:27:38 (40.7%)	11:38	5.2 (59.8%)
79	KOWALCZYK Robert	7018	CEDRUS TEAM / ŁĘCZNA BIEGA	M40	36		03:02:22	07:36:39	15:03:39	17:12:29	18:18:36.95	18:18:59.15	+07:27:38 (40.7%)	11:38	5.2 (59.8%)
80	POKORSKI Jakub	3102	WARCHLACZKI	M30	26		02:47:12	07:13:29	14:58:59	17:13:42	18:21:32.45	18:21:35.10	+07:30:14 (40.9%)	11:40	5.1 (58.6%)
81	ŚCIBOR Marcin	3108	RUCH IZBICA	M40	37		02:52:28	07:24:28	14:47:04	17:18:26	18:28:43.65	18:28:55.00	+07:37:34 (41.3%)	11:44	5.1 (58.6%)
82	GŁUCHOWSKI Przemek	7023	MZUMA	M40	38		03:24:21	08:06:53	15:34:56	17:23:33	18:29:15.90	18:29:50.85	+07:38:30 (41.3%)	11:45	5.1 (58.6%)
83	WIECZOREK Tomasz	3053	KB BIAŁA BIEGA	M50	12		02:50:07	07:16:01	14:53:08	17:15:01	18:32:56.25	18:33:04.50	+07:41:44 (41.5%)	11:47	5.1 (58.6%)
84	OBIDOWSKI Łukasz	7040	ODYNIEC TEAM	M40	39		03:23:10	08:26:13	15:19:43	17:25:44	18:33:32.95	18:34:20.95	+07:43:00 (41.5%)	11:47	5.1 (58.6%)
85	PIASECKI Rafał	7019	ULTRAFI	M40	40		03:11:50	07:44:38	15:13:56	17:17:53	18:35:43.90	18:36:03.05	+07:44:42 (41.6%)	11:49	5.1 (58.6%)
86	KOLAŃSKI Konrad	3075	1 BPANC	M20	7		02:51:20	07:01:56	14:35:30	17:12:19	18:37:26.90	18:37:48.00	+07:46:27 (41.7%)	11:50	5.1 (58.6%)
87	MAJEWSKI Radosław	7008	NIGHT RUNNERS / PRO366	M40	41		03:11:49	07:50:58	15:09:01	17:30:40	18:40:39.75	18:40:44.65	+07:49:24 (41.9%)	11:52	5.1 (58.6%)
88	KOŁODZIEJCZYK Maciej	7036	FIZJO-SPORT	M40	42		03:02:24	07:49:14	15:15:13	17:31:36	18:42:06.05	18:42:28.05	+07:51:07 (42.0%)	11:53	5 (57.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Szlem	Przełęcz nad				Czas netto 94.39km	Czas brutto 94.39km	Różn	Tempo min/km	Tempo km/h
							Smerek 20km	Wetlina 45km	Roztokami 80km	Liszna 90km					
89	SZYKUT Michał	3040	VIKING TRAINING CENTER	M30	27		03:04:31	07:37:40	15:00:03	17:18:34	18:44:15.10	18:44:36.55	+07:53:16 (42.1%)	11:54	5 (57.5%)
90	BIEL Tomek	3147	ROLKINAUKA.OLIMPIASPORT.PL, OLIMPIASPORT.PL	M50	13		02:52:23	07:34:55	15:08:02	17:33:52	18:48:38.60	18:48:40.80	+07:57:20 (42.3%)	11:57	5 (57.5%)
91	PAWLAK Bartosz	7006	RUN AND FLY	M40	43		03:06:09	08:11:37	15:35:14	17:44:42	18:54:08.20	18:54:34.50	+08:03:14 (42.6%)	12:00	5 (57.5%)
92	JAMBOR Michał	7003		M40	44		03:10:02	08:11:34	15:39:49	17:44:38	18:54:07.85	18:54:35.05	+08:03:14 (42.6%)	12:00	5 (57.5%)
93	CIUK Piotr	7002	YULO RUN TEAM SIEDLCE/ FUJITSU POLAND	M50	14		03:09:57	08:11:39	15:29:14	17:44:39	18:54:07.90	18:54:35.30	+08:03:14 (42.6%)	12:00	5 (57.5%)
94	MŁODZIENIAK Robert	3050	KONIN RUN	M40	45		03:07:48	07:46:06	15:28:51	17:39:27	18:54:41.30	18:55:15.65	+08:03:55 (42.6%)	12:01	5 (57.5%)
95	PIERNIKARSKI Adam	3021		M40	46		03:24:54	08:06:45	15:26:05	17:36:24	18:55:58.25	18:56:14.35	+08:04:53 (42.7%)	12:02	5 (57.5%)
96	ADAMCZEWSKI Szymon	7021	SFORA BMK	M20	8		02:57:46	07:15:24	14:35:27	17:33:19	19:01:29.40	19:01:49.75	+08:10:29 (43.0%)	12:05	5 (57.5%)
97	LEYK Daniel	3008	LEYK TEAM	M30	28		03:09:10	07:50:22	15:20:06	17:45:20	19:02:57.50	19:03:12.00	+08:11:51 (43.0%)	12:06	5 (57.5%)
98	ZACHARYASZ Miłosz	3124	#KOCHAMONICZKE	M30	29		02:48:11	07:33:59	15:56:33	17:57:29	19:03:18.40	19:03:26.40	+08:12:06 (43.0%)	12:06	5 (57.5%)
99	SUWEZDA Jacek	3116		M50	15		02:59:54	07:38:40	15:19:48	17:44:02	19:12:57.85	19:13:11.75	+08:21:51 (43.5%)	12:12	4.9 (56.3%)
100	NOWAK Marcin	3130		M40	47		02:57:53	07:37:27	15:25:02	17:57:56	19:17:58.45	19:18:12.60	+08:26:52 (43.8%)	12:16	4.9 (56.3%)
101	RECZEK Sebastian	7004	ULTRA SEBA	M40	48		03:32:00	08:10:50	15:40:40	18:03:04	19:18:49.50	19:19:23.15	+08:28:02 (43.8%)	12:16	4.9 (56.3%)
102	WIERZCHOWSKI Bartosz	3087		M30	30		02:53:16	07:43:20	15:40:57	17:45:53	19:29:45.05	19:30:00.05	+08:38:39 (44.3%)	12:23	4.8 (55.2%)
103	KAROLKOWSKI Krzysztof	3082	FIZJOTERAPIA_KAROLKOWSKI	M30	31		02:52:31	07:04:22	15:01:27	17:54:21	19:30:07.90	19:30:14.90	+08:38:54 (44.3%)	12:23	4.8 (55.2%)
104	KWIATKOWSKI Michał	3099	ŚWIŃSKIE CYCE	M30	32		02:46:51	07:06:54	14:58:31	17:54:18	19:29:51.45	19:30:15.65	+08:38:55 (44.3%)	12:23	4.8 (55.2%)
105	KLUZ Robert	3114	PODIUM	M50	16		03:27:07	08:09:43	16:09:49	18:22:51	19:43:27.45	19:43:44.85	+08:52:24 (45.0%)	12:32	4.8 (55.2%)
106	ŚWITAŁA Sławomir	3034		M20	9		02:26:43	06:26:01	14:36:58	17:57:09	19:44:01.85	19:44:05.50	+08:52:45 (45.0%)	12:32	4.8 (55.2%)
107	KRUK Sławomir	7037	RZESZOWSKIE GAZELE I GEPARDY	M60	2		03:33:15	08:26:24	16:06:49	18:14:57	19:45:17.35	19:45:36.90	+08:54:16 (45.1%)	12:33	4.8 (55.2%)
108	RADTKOWSKI Arkadiusz	3141	GOOD TASTE RUNNING TEAM	M40	49		02:43:35	07:33:56	16:00:27	18:13:19	19:45:50.50	19:45:58.20	+08:54:37 (45.1%)	12:33	4.8 (55.2%)
109	ŚLOSARCZYK Piotr	3056		M40	50		02:42:23	07:12:59	15:35:08	18:08:30	19:46:14.15	19:46:16.80	+08:54:56 (45.1%)	12:34	4.8 (55.2%)
110	OLESIŃSKI Piotr	7011	DRUŻYNA ORZECHA ŻYRARDÓW	M40	51		03:33:23	08:17:36	15:52:56	18:12:46	19:46:54.00	19:47:07.75	+08:55:47 (45.1%)	12:34	4.8 (55.2%)
111	JUSZCZAK Zbigniew	7016	PKB KMP KALISZ	M50	17		03:33:12	08:17:09	15:52:46	18:12:12	19:46:43.80	19:47:12.65	+08:55:52 (45.1%)	12:34	4.8 (55.2%)
112	LUBECKI Bartłomiej	3069	LUBEK TEAM	M30	33		02:51:39	07:16:09	15:35:17	18:14:08	19:49:36.35	19:49:53.05	+08:58:32 (45.3%)	12:36	4.8 (55.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Szlem	Przełęcz nad				Czas netto 94.39km	Czas brutto 94.39km	Różn	Tempo min/km	Tempo km/h
							Smerek 20km	Wetlina 45km	Roztokami 80km	Liszna 90km					
113	LUBECKI Miłosz	3070	LUBEK TEAM	M30	34		02:51:39	07:16:04	15:36:42	18:14:07	19:49:51.80	19:50:08.05	+08:58:47 (45.3%)	12:36	4.8 (55.2%)
114	CYRAN Grzegorz	3045		M40	52		03:10:21	07:43:09	15:56:26	18:23:27	19:49:53.90	19:50:22.30	+08:59:01 (45.3%)	12:36	4.8 (55.2%)
115	ADAMCZYK Artur	7022		M30	35		03:24:48	08:06:52	15:39:37	18:20:15	19:50:04.90	19:50:23.05	+08:59:02 (45.3%)	12:36	4.8 (55.2%)
116	BALCERZAK Mariusz	7028	DROGA DO ULTRA / SZAKALE BAŁUT ŁÓDŹ	M40	53		03:24:16	08:33:15	16:13:26	18:37:07	20:05:47.80	20:06:07.65	+09:14:47 (46.0%)	12:46	4.7 (54.0%)
117	JANKOWIAK Przemysław	7029		M50	18		03:08:03	07:58:15	15:59:59	18:38:58	20:08:36.25	20:08:53.65	+09:17:33 (46.1%)	12:48	4.7 (54.0%)
118	KRUZEL Rafał	7039		M50	19		03:39:02		16:34:19	18:56:26	20:09:28.65	20:09:34.80	+09:18:14 (46.2%)	12:48	4.7 (54.0%)
119	UCHTO Tomasz	3097	DUCH	M30	36		02:52:28	07:32:32	15:40:42	18:16:24	20:09:40.40	20:09:50.20	+09:18:29 (46.2%)	12:48	4.7 (54.0%)
120	PIOTROWIAK Tomasz	3059	ENTOPI	M30	37		02:56:15	07:37:09	16:20:05	18:47:25	20:10:21.80	20:10:42.05	+09:19:21 (46.2%)	12:49	4.7 (54.0%)
121	GRUDZIEN Michał	3015		M40	54		02:50:32	08:01:29	17:08:22	18:16:02	20:16:52.70	20:17:10.70	+09:25:50 (46.5%)	12:53	4.7 (54.0%)
122	BUCHTA Krzysztof	3039	VIKING TYCHY	M40	55		03:04:37	08:13:22	16:12:45	18:52:22	20:21:21.85	20:21:43.40	+09:30:23 (46.7%)	12:56	4.6 (52.9%)
123	GONCIARZ Andrzej	3055		M60	3		03:05:00	07:49:31	15:53:40	18:51:40	20:25:33.60	20:26:04.80	+09:34:44 (46.9%)	12:59	4.6 (52.9%)
124	TROCHIMOWICZ Hubert T	7014	ENDORPHINERS	M40	56		03:29:52	08:40:28	16:46:19	19:07:02	20:27:53.65	20:28:04.20	+09:36:43 (47.0%)	13:00	4.6 (52.9%)
125	CZARNECKI Robert	3012		M50	20		02:57:16	07:51:31	16:21:51	18:52:05	20:27:54.05	20:28:12.40	+09:36:52 (47.0%)	13:00	4.6 (52.9%)
126	GAJDA Grzegorz	3018	ION1 TEAM	M30	38		03:20:04	08:31:19	16:35:52	18:54:45	20:27:42.10	20:28:13.30	+09:36:52 (47.0%)	13:00	4.6 (52.9%)
127	JEDLIŃSKI Bartosz	3103		M40	57		03:27:25	08:19:55	16:31:43	18:59:21	20:31:17.15	20:31:45.40	+09:40:25 (47.1%)	13:02	4.6 (52.9%)
128	WARAS Wojciech	3035	SILESIA MARATHON CLUB	M40	58		03:24:30	08:16:52	16:31:49	18:59:27	20:40:03.30	20:40:26.70	+09:49:06 (47.5%)	13:08	4.6 (52.9%)
129	ŁUBISZ Mariusz	7007		M40	59		03:27:36	08:23:13	16:36:22	19:04:52	20:41:38.65	20:41:38.65	+09:50:18 (47.5%)	13:09	4.6 (52.9%)
130	SZOBLIK Darek	3017	SZOBLIK AUTO SERWIS	M40	60		03:05:24	07:58:15	16:12:58	18:54:45	20:43:58.25	20:44:09.85	+09:52:49 (47.6%)	13:10	4.6 (52.9%)
131	CZARNECKI Bartosz	3127	JSW	M40	61		03:02:48	07:58:26	16:14:28	18:54:49	20:44:05.45	20:44:16.00	+09:52:55 (47.7%)	13:10	4.6 (52.9%)
132	MAJEWICZ Damian	3013	WKURWTEAM	M30	39		02:59:53	08:04:28	16:37:12	19:14:45	20:45:22.05	20:45:37.75	+09:54:17 (47.7%)	13:11	4.5 (51.7%)
Przekroczony limit czasu: 21:00:00															
133	RAKOWIECKI Zbigniew	3052	POLIPACK TEAM GWE	M60	4		03:25:09	08:28:11		19:23:11	21:10:15.55	21:10:48.60	+10:19:28 (48.7%)	13:27	4.5 (51.7%)
134	SZAMOCKI Paweł	3110	CROSS CORE GDAŃSK	M30	40		03:05:45	08:34:03					+03:50:26	11:25	5.3 (60.9%)
135	GRUSZKA Marek	3112		M30	41		03:11:45	08:34:23					+03:50:47	11:25	5.2 (59.8%)
136	ŁASKI Krzysztof	7042	BIEGIEM PO PIWO	M60	5		03:59:53	09:33:45					+04:50:43	12:45	4.7 (54.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Szlem	Przełęcz nad				Czas netto 94.39km	Czas brutto 94.39km	Różn	Tempo min/km	Tempo km/h
							Smerek 20km	Wetlina 45km	Roztokami 80km	Liszna 90km					
	JACZEWSKI Paweł	3029	MARKOWI BIEGACZE	M30			03:11:09 DNF	07:43:33 DNF	15:24:58 DNF	DNF	DNF	DNF	-	- (0.0%)	
	RYCHLEWICZ Artur	3067		M20			02:52:22 DNF	07:19:36 DNF	15:25:15 DNF	DNF	DNF	DNF	-	- (0.0%)	
	ŚLIWIŃSKI Andrzej	3104		M60			03:10:29 DNF	08:06:28 DNF	16:28:54 DNF	DNF	DNF	DNF	-	- (0.0%)	
	GÓRNY Robert	3057	THE-SKY-IS-THE-LIMIT	M30			03:17:48 DNF	08:51:50 DNF	16:50:36 DNF	DNF	DNF	DNF	-	- (0.0%)	
	CIELEWICZ Krystian	3001	3BSP	M20			02:57:54 DNF	08:07:21 DNF	DNF	DNF	DNF	DNF	-	- (0.0%)	
	BALCEROWSKI Bartosz	3113	CROSSCORE	M30			03:05:47 DNF	08:34:22 DNF	DNF	DNF	DNF	DNF	-	- (0.0%)	
	MACHOLL Adam	3148	BIEGAJĄCY TCZEW	M50			03:17:31 DNF	08:38:36 DNF	DNF	DNF	DNF	DNF	-	- (0.0%)	
	ŁOŚ Sebastian	3111	CROSSCORE GDAŃSK	M30			03:09:06 DNF	08:51:57 DNF	DNF	DNF	DNF	DNF	-	- (0.0%)	
	WĘGRZYK Grzegorz	3011	EKIPA NEONA	M30			03:16:02 DNF	08:54:01 DNF	DNF	DNF	DNF	DNF	-	- (0.0%)	
	PROSZEK Krzysztof	3009		M20			03:46:51 DNF	09:34:08 DNF	DNF	DNF	DNF	DNF	-	- (0.0%)	
	CZARNECKI Michał	3041		M40			03:50:47 DNF	09:34:18 DNF	DNF	DNF	DNF	DNF	-	- (0.0%)	
	SAŁEK Piotr	3007		M30			02:59:51 DNF	DNF	DNF	DNF	DNF	DNF	-	- (0.0%)	
	WĘGLARZ Piotr	3084	PICCANTE	M30			03:22:39 DNF	DNF	DNF	DNF	DNF	DNF	-	- (0.0%)	
	BIK Andrzej	3140		M50			03:24:10 DNF	DNF	DNF	DNF	DNF	DNF	-	- (0.0%)	
	PAWLUS Marcin	3033	ULTRA WAY TEAM	M30			DNF	DNF	DNF	DNF	DNF	DNF	-	- (0.0%)	
	WALAC Jacek	7010	100 MARATHON CLUB POLSKA	M40			DNF	DNF	DNF	DNF	DNF	DNF	-	- (0.0%)	
	DANAK Przemek	3149	ANTEKTEAM	M40			DNF	DNF	DNF	DNF	DNF	DNF	-	- (0.0%)	
	ŻUŁAWSKI Dariusz	7034		M40			DNF	DNF	DNF	DNF	DNF	DNF	-	- (0.0%)	

Znaleziono 154 wynik(ów)