



**Wydarzenie:** X FESTIWAL BIEGU RZEŹNIKA  
**Organizator:** Fundacja Bieg Rzeźnika  
**Data:** 2024-05-31  
**Miejsce:** Cisna  
**Dystans:** 94.39 km

# X RZEŹNIK ULTRA

B4SPORT  
INTELIGENTNE ZAWODY SPORTOWE

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Szlem	Przełęcz nad				Czas netto 94.39km	Czas brutto 94.39km	Różn	Tempo min/km	Tempo km/h
							Smerek 20km	Wetlina 45km	Roztokami 80km	Liszna 90km					
1	<b>GRZĄDZIEL Dominik</b>	<b>3119</b>	ATTIQ TEAM	M40	1		02:01:42	04:43:44	08:54:01		<b>10:51:18.35</b>	<b>10:51:20.40</b>	6:54	8.7 (100%)	
2	<b>REWERS Dariusz</b>	<b>3089</b>	ULTRA WAY TEAM	M40	2		02:11:33	05:12:25	09:56:42	11:16:13	<b>12:12:05.80</b>	<b>12:12:11.50</b>	+01:20:51 (11.0%)	7:45 (88.5%)	
3	<b>STROINSKI Daniel</b>	<b>3117</b>	ATTIQ TEAM	M40	3		02:10:59	05:24:48	10:34:18	12:10:17	<b>13:12:46.35</b>	<b>13:12:49.70</b>	+02:21:29 (17.8%)	8:23 (81.6%)	
4	<b>JARMOLIŃSKI Piotr</b>	<b>3109</b>		M40	4		02:17:37	05:39:12	10:56:13	12:23:43	<b>13:17:01.00</b>	<b>13:17:03.75</b>	+02:25:43 (18.3%)	8:26 (81.6%)	
5	<b>POTERA Maciej</b>	<b>3129</b>	ONE	M40	5		02:36:32	05:57:01	11:08:05	12:40:51	<b>13:37:26.35</b>	<b>13:37:30.00</b>	+02:46:09 (20.3%)	8:39 (79.3%)	
6	<b>SZYSZKOWSKI Marcin</b>	<b>3094</b>	LIPIEC RUNNING TEAM	M40	6		02:12:19	05:44:43	11:28:25	13:10:41	<b>14:14:07.60</b>	<b>14:14:11.55</b>	+03:22:51 (23.7%)	9:02 (75.9%)	
7	<b>GAJ Grzegorz</b>	<b>7020</b>		M40	7		02:36:36	06:08:31	11:51:32	13:29:13	<b>14:34:10.00</b>	<b>14:34:16.10</b>	+03:42:55 (25.5%)	9:15 (74.7%)	
8	<b>KURZAWSKI Tomasz</b>	<b>3002</b>	GB ULTRA PSZCZĘKI	M40	8		02:00:29	05:46:41	11:19:18	12:55:09	<b>14:43:29.55</b>	<b>14:43:34.25</b>	+03:52:13 (26.3%)	9:21 (73.6%)	
9	<b>LUBASZEWSKI Zbigniew</b>	<b>3073</b>	WILCZAK CZECHOSŁOWACKI	M40	9		02:43:37	06:22:09	12:08:51	13:50:51	<b>14:50:08.45</b>	<b>14:50:25.90</b>	+03:59:05 (26.9%)	9:25 (73.6%)	
10	<b>GRODZKI Michał</b>	<b>3037</b>		M40	10		02:31:41	06:17:31	12:15:21	13:48:42	<b>14:51:18.55</b>	<b>14:51:26.00</b>	+04:00:05 (26.9%)	9:26 (73.6%)	
11	<b>DYBOWSKI Piotr</b>	<b>7009</b>	1ON1 TEAM	M40	11		02:53:56	06:37:40	12:23:19	14:02:48	<b>14:57:48.55</b>	<b>14:58:19.30</b>	+04:06:58 (27.5%)	9:30 (72.4%)	
12	<b>CZAPCZYŃSKI Przemysław</b>	<b>3047</b>		M40	12		02:33:15	06:01:36	12:04:43	14:00:21	<b>15:03:38.15</b>	<b>15:03:49.50</b>	+04:12:29 (27.9%)	9:34 (72.4%)	
13	<b>MIRONCZUK Marcin</b>	<b>3136</b>	KB BIAŁA BIEGA	M40	13		02:24:05	06:13:15	12:19:04	14:19:00	<b>15:23:17.55</b>	<b>15:23:26.30</b>	+04:32:05 (29.5%)	9:46 (70.1%)	
14	<b>STANIO Arkadiusz</b>	<b>7026</b>	ASSECO ACTIVE TEAM / BIEGAM W RZESZOWIE	M40	14		02:58:42	07:03:53	13:17:45	14:56:55	<b>15:55:59.05</b>	<b>15:56:24.25</b>	+05:05:03 (31.9%)	10:07 (67.8%)	
15	<b>KOWALCZYK Rafał</b>	<b>7013</b>		M40	15		02:48:33	06:35:58	12:49:51	14:46:45	<b>15:59:01.30</b>	<b>15:59:13.50</b>	+05:07:53 (32.1%)	10:09 (67.8%)	
16	<b>SIEROCKI Paweł</b>	<b>3095</b>	KP PSP SZTUM	M40	16		02:49:40	06:48:18	13:17:28	15:18:50	<b>16:19:59.40</b>	<b>16:20:16.05</b>	+05:28:55 (33.6%)	10:22 (66.7%)	

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Szlem	Przełęcz nad				Czas netto 94.39km	Czas brutto 94.39km	Różn	Tempo min/km	Tempo km/h
							Smerek 20km	Wetlina 45km	Roztokami 80km	Liszna 90km					
17	<b>KOŁODZIEJSKA Robert</b>	<b>3142</b>		M40	17		02:36:43	06:12:42	12:59:46	15:20:23	<b>16:35:40.35</b>	<b>16:35:48.00</b>	+05:44:27 (34.6%)	10:32	5.7 (65.5%)
18	<b>WEYMANN Mariusz</b>	<b>3063</b>	OLEK TEAM	M40	18		02:56:22	07:05:28	13:34:21	15:35:38	<b>16:39:55.90</b>	<b>16:40:06.90</b>	+05:48:46 (34.9%)	10:35	5.7 (65.5%)
19	<b>LEPIARZ Grzegorz</b>	<b>7038</b>	ULTRAWAY.PL RUNNING TEAM	M40	19		03:11:21	07:12:44	13:34:08	15:46:06	<b>16:39:58.60</b>	<b>16:40:21.85</b>	+05:49:01 (34.9%)	10:35	5.7 (65.5%)
20	<b>KOZŁOWSKI Sebastian</b>	<b>3049</b>	PKS PIWNY KLUB SPORTOWY	M40	20		03:02:07	06:55:07	13:40:17	15:46:03	<b>16:47:20.75</b>	<b>16:47:52.85</b>	+05:56:32 (35.4%)	10:40	5.6 (64.4%)
21	<b>KMIEĆ Andrzej</b>	<b>7030</b>	TURBO PRUSZKÓW	M40	21		02:51:43	07:04:26	13:33:53	15:37:56	<b>16:51:25.75</b>	<b>16:51:30.95</b>	+06:00:10 (35.6%)	10:42	5.6 (64.4%)
22	<b>RYCHLEC Sławomir</b>	<b>3064</b>	EASYRUN RACIBÓRZ	M40	22		02:36:52	06:48:25	13:47:03	16:01:21	<b>17:08:27.55</b>	<b>17:08:33.05</b>	+06:17:12 (36.7%)	10:53	5.5 (63.2%)
23	<b>OLECH Zbigniew</b>	<b>3023</b>	MHAZ	M40	23		03:10:44	06:42:44	13:05:14	15:35:22	<b>17:09:45.40</b>	<b>17:09:54.10</b>	+06:18:33 (36.8%)	10:54	5.5 (63.2%)
24	<b>CZOSKA Przemysław</b>	<b>3128</b>		M40	24		02:50:40	06:54:10	13:46:50	16:03:34	<b>17:10:40.70</b>	<b>17:10:56.90</b>	+06:19:36 (36.8%)	10:55	5.5 (63.2%)
25	<b>GRĘBOWIEC Mateusz</b>	<b>3090</b>	10 ŚWIETOKRZYSKA BRYGADA OBRONY TERYTORIALNEJ	M40	25		02:45:03	06:56:48	13:59:34	16:19:15	<b>17:30:39.00</b>	<b>17:30:50.65</b>	+06:39:30 (38.0%)	11:07	5.4 (62.1%)
26	<b>SKOMORUCHA Paweł</b>	<b>3042</b>	ADIDAS RUNNERS WARSAW	M40	26		02:52:21	07:10:40	14:14:47	16:19:39	<b>17:32:31.60</b>	<b>17:32:57.95</b>	+06:41:37 (38.1%)	11:09	5.4 (62.1%)
27	<b>OLENDER Marcin</b>	<b>3022</b>		M40	27		02:43:42	06:52:02	14:04:57	16:23:39	<b>17:41:38.45</b>	<b>17:41:47.80</b>	+06:50:27 (38.7%)	11:14	5.3 (60.9%)
28	<b>KUTRZYK Przemysław</b>	<b>7012</b>	STREFA BIEGACZA NATALIA SADOWSKA	M40	28		03:11:01	07:22:52	14:12:59	16:24:09	<b>17:45:47.90</b>	<b>17:46:06.05</b>	+06:54:45 (38.9%)	11:17	5.3 (60.9%)
29	<b>KASPERSKI Tomasz</b>	<b>3038</b>		M40	29		03:02:24	07:17:28	14:25:00	16:34:28	<b>17:46:38.40</b>	<b>17:47:09.65</b>	+06:55:49 (39.0%)	11:18	5.3 (60.9%)
30	<b>SKRZYPCZAK Łukasz</b>	<b>3027</b>		M40	30		03:02:24	07:16:54	14:21:45	16:33:00	<b>17:46:37.50</b>	<b>17:47:09.90</b>	+06:55:49 (39.0%)	11:18	5.3 (60.9%)
31	<b>BANCERZ Grzegorz</b>	<b>3083</b>	TRAWNIKI BIEGAJĄ	M40	31		02:48:22	06:52:40	14:11:53	16:31:21	<b>17:51:05.50</b>	<b>17:51:12.35</b>	+06:59:51 (39.2%)	11:20	5.3 (60.9%)
32	<b>DZIADOŃ Grzegorz</b>	<b>3144</b>		M40	32		03:17:39	07:10:46	14:17:11	16:40:56	<b>17:52:06.55</b>	<b>17:52:35.25</b>	+07:01:14 (39.3%)	11:21	5.3 (60.9%)
33	<b>RUTYNA Paweł</b>	<b>3101</b>	CRAZY DRIVERS	M40	33		03:04:31	07:20:10	14:36:13	16:45:40	<b>18:00:06.55</b>	<b>18:00:25.80</b>	+07:09:05 (39.7%)	11:26	5.2 (59.8%)
34	<b>NAĆ Tomasz</b>	<b>3036</b>	ROZBIEGANE DZIAŁDOWO	M40	34		02:56:51	07:15:01	14:37:50	16:56:32	<b>18:06:23.05</b>	<b>18:06:35.40</b>	+07:15:15 (40.1%)	11:30	5.2 (59.8%)
35	<b>ZIELIŃSKI Dariusz</b>	<b>7031</b>	FIZJO-SPORT ŁĘCZNA/CEDRUS TEAM	M40	35		03:00:41	07:34:27	15:03:36	17:08:50	<b>18:18:36.40</b>	<b>18:18:59.00</b>	+07:27:38 (40.7%)	11:38	5.2 (59.8%)
36	<b>KOWALCZYK Robert</b>	<b>7018</b>	CEDRUS TEAM / ŁĘCZNA BIEGA	M40	36		03:02:22	07:36:39	15:03:39	17:12:29	<b>18:18:36.95</b>	<b>18:18:59.15</b>	+07:27:38 (40.7%)	11:38	5.2 (59.8%)
37	<b>ŚCIBOR Marcin</b>	<b>3108</b>	RUCH IZBICA	M40	37		02:52:28	07:24:28	14:47:04	17:18:26	<b>18:28:43.65</b>	<b>18:28:55.00</b>	+07:37:34 (41.3%)	11:44	5.1 (58.6%)
38	<b>GŁUCHOWSKI Przemek</b>	<b>7023</b>	MZUMA	M40	38		03:24:21	08:06:53	15:34:56	17:23:33	<b>18:29:15.90</b>	<b>18:29:50.85</b>	+07:38:30 (41.3%)	11:45	5.1 (58.6%)
39	<b>OBIDOWSKI Łukasz</b>	<b>7040</b>	ODYNIEC TEAM	M40	39		03:23:10	08:26:13	15:19:43	17:25:44	<b>18:33:32.95</b>	<b>18:34:20.95</b>	+07:43:00 (41.5%)	11:47	5.1 (58.6%)
40	<b>PIASECKI Rafał</b>	<b>7019</b>	ULTRAFI	M40	40		03:11:50	07:44:38	15:13:56	17:17:53	<b>18:35:43.90</b>	<b>18:36:03.05</b>	+07:44:42 (41.6%)	11:49	5.1 (58.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Szlem	Przełęcz nad Liszną				Czas netto 94.39km	Czas brutto 94.39km	Różn	Tempo min/km	Tempo km/h
							Smerek 20km	Wetlina 45km	Roztokami 80km	Liszna 90km					
41	<b>MAJEWSKI Radosław</b>	<b>7008</b>	NIGHT RUNNERS / PRO366	M40	41		03:11:49	07:50:58	15:09:01	17:30:40	<b>18:40:39.75</b>	<b>18:40:44.65</b>	+07:49:24 (41.9%)	11:52	5.1 (58.6%)
42	<b>KOŁODZIEJCZYK Maciej</b>	<b>7036</b>	FIZJO-SPORT	M40	42		03:02:24	07:49:14	15:15:13	17:31:36	<b>18:42:06.05</b>	<b>18:42:28.05</b>	+07:51:07 (42.0%)	11:53	5 (57.5%)
43	<b>PAWLAK Bartosz</b>	<b>7006</b>	RUN AND FLY	M40	43		03:06:09	08:11:37	15:35:14	17:44:42	<b>18:54:08.20</b>	<b>18:54:34.50</b>	+08:03:14 (42.6%)	12:00	5 (57.5%)
44	<b>JAMBOR Michał</b>	<b>7003</b>		M40	44		03:10:02	08:11:34	15:39:49	17:44:38	<b>18:54:07.85</b>	<b>18:54:35.05</b>	+08:03:14 (42.6%)	12:00	5 (57.5%)
45	<b>MŁODZIENIAK Robert</b>	<b>3050</b>	KONIN RUN	M40	45		03:07:48	07:46:06	15:28:51	17:39:27	<b>18:54:41.30</b>	<b>18:55:15.65</b>	+08:03:55 (42.6%)	12:01	5 (57.5%)
46	<b>PIERNIKARSKI Adam</b>	<b>3021</b>		M40	46		03:24:54	08:06:45	15:26:05	17:36:24	<b>18:55:58.25</b>	<b>18:56:14.35</b>	+08:04:53 (42.7%)	12:02	5 (57.5%)
47	<b>NOWAK Marcin</b>	<b>3130</b>		M40	47		02:57:53	07:37:27	15:25:02	17:57:56	<b>19:17:58.45</b>	<b>19:18:12.60</b>	+08:26:52 (43.8%)	12:16	4.9 (56.3%)
48	<b>RECZEK Sebastian</b>	<b>7004</b>	ULTRA SEBA	M40	48		03:32:00	08:10:50	15:40:40	18:03:04	<b>19:18:49.50</b>	<b>19:19:23.15</b>	+08:28:02 (43.8%)	12:16	4.9 (56.3%)
49	<b>RADTKOWSKI Arkadiusz</b>	<b>3141</b>	GOOD TASTE RUNNING TEAM	M40	49		02:43:35	07:33:56	16:00:27	18:13:19	<b>19:45:50.50</b>	<b>19:45:58.20</b>	+08:54:37 (45.1%)	12:33	4.8 (55.2%)
50	<b>ŚLOSARCZYK Piotr</b>	<b>3056</b>		M40	50		02:42:23	07:12:59	15:35:08	18:08:30	<b>19:46:14.15</b>	<b>19:46:16.80</b>	+08:54:56 (45.1%)	12:34	4.8 (55.2%)
51	<b>OLESIŃSKI Piotr</b>	<b>7011</b>	DRUŻYNA ORZECHA ŻYRARDÓW	M40	51		03:33:23	08:17:36	15:52:56	18:12:46	<b>19:46:54.00</b>	<b>19:47:07.75</b>	+08:55:47 (45.1%)	12:34	4.8 (55.2%)
52	<b>CYRAN Grzegorz</b>	<b>3045</b>		M40	52		03:10:21	07:43:09	15:56:26	18:23:27	<b>19:49:53.90</b>	<b>19:50:22.30</b>	+08:59:01 (45.3%)	12:36	4.8 (55.2%)
53	<b>BALCERZAK Mariusz</b>	<b>7028</b>	DROGA DO ULTRA / SZAKALE BAŁUT ŁÓDŹ	M40	53		03:24:16	08:33:15	16:13:26	18:37:07	<b>20:05:47.80</b>	<b>20:06:07.65</b>	+09:14:47 (46.0%)	12:46	4.7 (54.0%)
54	<b>GRUDZIŃ Michał</b>	<b>3015</b>		M40	54		02:50:32	08:01:29	17:08:22	18:16:02	<b>20:16:52.70</b>	<b>20:17:10.70</b>	+09:25:50 (46.5%)	12:53	4.7 (54.0%)
55	<b>BUCHTA Krzysztof</b>	<b>3039</b>	VIKING TYCHY	M40	55		03:04:37	08:13:22	16:12:45	18:52:22	<b>20:21:21.85</b>	<b>20:21:43.40</b>	+09:30:23 (46.7%)	12:56	4.6 (52.9%)
56	<b>TROCHIMOWICZ Hubert T</b>	<b>7014</b>	ENDORPHINERS	M40	56		03:29:52	08:40:28	16:46:19	19:07:02	<b>20:27:53.65</b>	<b>20:28:04.20</b>	+09:36:43 (47.0%)	13:00	4.6 (52.9%)
57	<b>JEDLIŃSKI Bartosz</b>	<b>3103</b>		M40	57		03:27:25	08:19:55	16:31:43	18:59:21	<b>20:31:17.15</b>	<b>20:31:45.40</b>	+09:40:25 (47.1%)	13:02	4.6 (52.9%)
58	<b>WARAS Wojciech</b>	<b>3035</b>	SILESIA MARATHON CLUB	M40	58		03:24:30	08:16:52	16:31:49	18:59:27	<b>20:40:03.30</b>	<b>20:40:26.70</b>	+09:49:06 (47.5%)	13:08	4.6 (52.9%)
59	<b>ŁUBISZ Mariusz</b>	<b>7007</b>		M40	59		03:27:36	08:23:13	16:36:22	19:04:52	<b>20:41:38.65</b>	<b>20:41:38.65</b>	+09:50:18 (47.5%)	13:09	4.6 (52.9%)
60	<b>SZOBLIK Darek</b>	<b>3017</b>	SZOBLIK AUTO SERWIS	M40	60		03:05:24	07:58:15	16:12:58	18:54:45	<b>20:43:58.25</b>	<b>20:44:09.85</b>	+09:52:49 (47.6%)	13:10	4.6 (52.9%)
61	<b>CZARNECKI Bartosz</b>	<b>3127</b>	JSW	M40	61		03:02:48	07:58:26	16:14:28	18:54:49	<b>20:44:05.45</b>	<b>20:44:16.00</b>	+09:52:55 (47.7%)	13:10	4.6 (52.9%)
	<b>CZARNECKI Michał</b>	<b>3041</b>		M40			03:50:47 DNF	09:34:18 DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	- (0.0%)
	<b>WALAC Jacek</b>	<b>7010</b>	100 MARATHON CLUB POLSKA	M40			DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	- (0.0%)
	<b>DANAK Przemek</b>	<b>3149</b>	ANTEKTEAM	M40			DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	- (0.0%)

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							Smerek 20km	Wetlina 45km	Roztokami 80km	Liszna 90km					
	<b>ŻUŁAWSKI Dariusz</b>	<b>7034</b>		M40			DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	

Znaleziono 65 wynik(ów)