



# X RZEŹNIK ULTRA

B4SPORT  
INTELEKTNE ZAWODY SPORTOWE

**Event:** X FESTIWAL BIEGU RZEŹNIKA  
**Organiser:** Fundacja Bieg Rzeźnika  
**Date:** 2024-05-31  
**Place:** Cisna  
**Distance:** 94.39 km

**B4SPORT**  
INTELEKTNE ZAWODY SPORTOWE

Classification: M50

Place	Participant	Number	Club	Category	MCat	Szlem	Przełęcz nad				Net time 94.39km	Czas brutto 94.39km	Gap	Pace min/km	Pace km/h
							Smerek 20km	Wetlina 45km	Roztokami 80km	Liszna 90km					
1	<b>CZAJKA Tomasz</b>	<b>7015</b>		M50	1		02:31:57	06:06:41	11:53:32	13:22:57	<b>14:16:47.70</b>	<b>14:16:56.35</b>		9:04	6.6 (100%)
2	<b>SZYMURA Wojciech</b>	<b>3132</b>	RYBNICKA GRUPA BIEGOWA PĘDZIMY RAZEM	M50	2		02:17:39	05:54:24	11:40:37	13:22:11	<b>14:19:44.15</b>	<b>14:19:47.35</b>	+00:02:51 (0.3%)	9:06	6.6 (100%)
3	<b>KOSIOREK Adam</b>	<b>3076</b>		M50	3		02:53:35	06:30:27	12:13:33	14:03:04	<b>15:09:08.95</b>	<b>15:09:35.55</b>	+00:52:39 (5.8%)	9:37	6.2 (93.9%)
4	<b>CHMAJ Jerzy</b>	<b>3105</b>		M50	4		02:24:14	06:13:09	12:28:05	14:21:43	<b>15:35:16.25</b>	<b>15:35:22.25</b>	+01:18:25 (8.4%)	9:54	6.1 (92.4%)
5	<b>POPIS Tomasz</b>	<b>3126</b>	RUCH IZBICA	M50	5		02:31:41	06:06:58	12:26:45	14:33:15	<b>15:59:32.65</b>	<b>15:59:40.90</b>	+01:42:44 (10.7%)	10:09	5.9 (89.4%)
6	<b>LEWANDOWSKI Janusz</b>	<b>3139</b>		M50	6		02:41:59	06:46:34	13:09:45	15:03:54	<b>16:10:12.90</b>	<b>16:10:23.45</b>	+01:53:27 (11.7%)	10:16	5.8 (87.9%)
7	<b>GURBOWICZ Jarosław</b>	<b>3014</b>	BIEGAJĄCY TCZEW	M50	7		02:45:36	06:26:03	13:05:48	15:16:30	<b>16:23:50.95</b>	<b>16:24:19.90</b>	+02:07:23 (12.9%)	10:25	5.8 (87.9%)
8	<b>SZUBA Mariusz</b>	<b>3074</b>	NO EXCUSES TEAM	M50	8		02:38:00	06:48:24	13:47:44	16:11:43	<b>17:23:54.05</b>	<b>17:24:13.30</b>	+03:07:16 (17.9%)	11:03	5.4 (81.8%)
9	<b>KAMIŃSKI Marek</b>	<b>3092</b>	180 MINUT	M50	9		03:04:38	07:19:29	14:32:04	16:34:02	<b>17:41:33.95</b>	<b>17:41:43.85</b>	+03:24:47 (19.3%)	11:14	5.3 (80.3%)
10	<b>JASTRZĄB Piotr</b>	<b>3134</b>		M50	10		02:46:20	07:23:29	14:41:29	16:49:03	<b>17:59:44.95</b>	<b>17:59:49.40</b>	+03:42:53 (20.6%)	11:26	5.2 (78.8%)
11	<b>PYRKOSZ Damian</b>	<b>3051</b>	ENGLISH VITAE	M50	11		03:00:52	07:21:01	14:17:23	16:49:34	<b>18:00:03.85</b>	<b>18:00:22.90</b>	+03:43:26 (20.7%)	11:26	5.2 (78.8%)
12	<b>WIECZOREK Tomasz</b>	<b>3053</b>	KB BIAŁA BIEGA	M50	12		02:50:07	07:16:01	14:53:08	17:15:01	<b>18:32:56.25</b>	<b>18:33:04.50</b>	+04:16:08 (23.0%)	11:47	5.1 (77.3%)
13	<b>BIEL Tomek</b>	<b>3147</b>	ROLKINAUKA.OLIMPIASPORT.PL, OLIMPIASPORT.PL	M50	13		02:52:23	07:34:55	15:08:02	17:33:52	<b>18:48:38.60</b>	<b>18:48:40.80</b>	+04:31:44 (24.1%)	11:57	5 (75.8%)
14	<b>CIUK Piotr</b>	<b>7002</b>	YULO RUN TEAM SIEDLCE/ FUJITSU POLAND	M50	14		03:09:57	08:11:39	15:29:14	17:44:39	<b>18:54:07.90</b>	<b>18:54:35.30</b>	+04:37:38 (24.5%)	12:00	5 (75.8%)
15	<b>SUWEZDA Jacek</b>	<b>3116</b>		M50	15		02:59:54	07:38:40	15:19:48	17:44:02	<b>19:12:57.85</b>	<b>19:13:11.75</b>	+04:56:15 (25.7%)	12:12	4.9 (74.2%)
16	<b>KLUZ Robert</b>	<b>3114</b>	PODIUM	M50	16		03:27:07	08:09:43	16:09:49	18:22:51	<b>19:43:27.45</b>	<b>19:43:44.85</b>	+05:26:48 (27.6%)	12:32	4.8 (72.7%)

Place	Participant	Number	Club	Category	MCat	Szlem	Przełęcz nad Lisznią				Net time 94.39km	Czas brutto 94.39km	Gap	Pace min/km	Pace km/h
							Smerek 20km	Wetlina 45km	Roztokami 80km	Liszna 90km					
17	<b>JUSZCZAK Zbigniew</b>	<b>7016</b>	PKB KMP KALISZ	M50	17		03:33:12	08:17:09	15:52:46	18:12:12	<b>19:46:43.80</b>	<b>19:47:12.65</b>	+05:30:16 (27.8%)	12:34	4.8 (72.7%)
18	<b>JANKOWIAK Przemysław</b>	<b>7029</b>		M50	18		03:08:03	07:58:15	15:59:59	18:38:58	<b>20:08:36.25</b>	<b>20:08:53.65</b>	+05:51:57 (29.1%)	12:48	4.7 (71.2%)
19	<b>KRUZEL Rafał</b>	<b>7039</b>		M50	19		03:39:02		16:34:19	18:56:26	<b>20:09:28.65</b>	<b>20:09:34.80</b>	+05:52:38 (29.2%)	12:48	4.7 (71.2%)
20	<b>CZARNECKI Robert</b>	<b>3012</b>		M50	20		02:57:16	07:51:31	16:21:51	18:52:05	<b>20:27:54.05</b>	<b>20:28:12.40</b>	+06:11:16 (30.2%)	13:00	4.6 (69.7%)
	<b>MACHOLL Adam</b>	<b>3148</b>	BIEGAJĄCY TCZEW	M50			03:17:31 DNF	08:38:36 DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>BIK Andrzej</b>	<b>3140</b>		M50			03:24:10 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)

Total 22 results.