

X ULTRAMARATON BIESZCZADZKI - 14 KM

B4SPORT

Wydarzenie: X ULTRAMARATON BIESZCZADZKI
Organizator: Fundacja Bieg Rzeźnika
Data: 2022-10-08
Miejsce: Cisna
Dystans: 14 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Czas netto 14km | Czas brutto 14km | Różn | Tempo min/km | Tempo km/h |
|-----|-----------------------------|-------------|---|-----------|------|--------------------|--------------------|-------------------|--------------|--------------|
| 1 | SIKOŃCZYK Miłosz | 1001 | TS WISŁA KRAKÓW | M20 | 1 | 01:07:49.80 | 01:07:49.80 | | 4:50 | 12.4 (100%) |
| 2 | TRACZ Łukasz | 1226 | TRENINGFIZJO/AQUAREH | M30 | 1 | 01:13:11.20 | 01:13:11.20 | +00:05:21 (7.3%) | 5:13 | 11.5 (92.7%) |
| 3 | ZĄBIK Marek | 1227 | | M30 | 2 | 01:13:59.50 | 01:13:59.50 | +00:06:09 (8.3%) | 5:17 | 11.4 (91.9%) |
| 4 | ŻŁOBECKI Piotr | 1102 | DANIEL WOSIK TERVEL TEAM | M40 | 1 | 01:16:35.60 | 01:16:35.60 | +00:08:45 (11.4%) | 5:28 | 11 (88.7%) |
| 5 | PEKAŁA Łukasz | 1012 | | M30 | 3 | 01:16:37.40 | 01:16:37.40 | +00:08:47 (11.5%) | 5:28 | 11 (88.7%) |
| 6 | TRACZ Paulina | 1225 | BUFF/THENORTHFACE/TRENINGFIZJO | K30 | 1 | 01:16:58.65 | 01:16:58.65 | +00:09:08 (11.9%) | 5:29 | 10.9 (87.9%) |
| 7 | BUSZ Jacek | 1028 | STAJNIA BALONA/OLD SCHOOL TRIAL RUNNING | M30 | 4 | 01:19:32.30 | 01:19:32.30 | +00:11:42 (14.7%) | 5:40 | 10.6 (85.5%) |
| 8 | BOLECHOWSKA Dominika | 1256 | ALPIN SPORT TEAM | K40 | 1 | 01:21:51.90 | 01:21:51.90 | +00:14:02 (17.1%) | 5:50 | 10.3 (83.1%) |
| 9 | JEDLIŃSKI Norbert | 1206 | | M20 | 2 | 01:21:54.65 | 01:21:54.65 | +00:14:04 (17.2%) | 5:51 | 10.3 (83.1%) |
| 10 | WRONECKA Emilia | 1196 | ALCHEMIA BIEGANIA | K30 | 2 | 01:24:29.60 | 01:24:29.60 | +00:16:39 (19.7%) | 6:02 | 9.9 (79.8%) |
| 11 | ŚWIĄDER Mirosław | 1148 | RUNPASSION.PL | M50 | 1 | 01:24:36.70 | 01:24:36.70 | +00:16:46 (19.8%) | 6:02 | 9.9 (79.8%) |
| 12 | WÓJCIK Józef | 1195 | CHEŁM BIEGA | M50 | 2 | 01:24:49.30 | 01:24:49.30 | +00:16:59 (20.0%) | 6:03 | 9.9 (79.8%) |
| 13 | JANDZIŚ Wiesław | 1220 | AKTYWNY DYNÓW | M40 | 2 | 01:24:50.50 | 01:24:50.50 | +00:17:00 (20.1%) | 6:03 | 9.9 (79.8%) |
| 14 | SOKOŁOWSKI Marek | 1151 | ALPIN SPORT TEAM | M50 | 3 | 01:25:00.30 | 01:25:00.30 | +00:17:10 (20.2%) | 6:04 | 9.9 (79.8%) |
| 15 | ZAWADZKI Marcin | 1209 | SZCZWANY TRZMIEL TEAM | M30 | 5 | 01:25:03.00 | 01:25:03.00 | +00:17:13 (20.2%) | 6:04 | 9.9 (79.8%) |
| 16 | BODZIOCH Grzegorz | 1178 | | M40 | 3 | 01:25:05.70 | 01:25:05.70 | +00:17:15 (20.3%) | 6:04 | 9.9 (79.8%) |
| 17 | PEKAŁA Kamila | 1011 | BIEGAJ ZE SŁAWKIEM | K20 | 1 | 01:25:11.30 | 01:25:11.30 | +00:17:21 (20.4%) | 6:05 | 9.9 (79.8%) |
| 18 | ŚWIDZIŃSKI Tomasz | 1230 | LOKOMOTIV MAJDAN | M40 | 4 | 01:26:23.70 | 01:26:23.70 | +00:18:33 (21.5%) | 6:10 | 9.7 (78.2%) |
| 19 | LATUSEK Daniel | 1223 | | M30 | 6 | 01:27:02.20 | 01:27:02.20 | +00:19:12 (22.1%) | 6:13 | 9.7 (78.2%) |
| 20 | PYRZAK Jacek | 1045 | | M40 | 5 | 01:27:27.25 | 01:27:27.25 | +00:19:37 (22.4%) | 6:14 | 9.6 (77.4%) |
| 21 | SHABLEI Volodymyr | 1167 | | M30 | 7 | 01:28:16.55 | 01:28:16.55 | +00:20:26 (23.2%) | 6:18 | 9.5 (76.6%) |
| 22 | STACH Tomasz | 1171 | BIEGAJĄCA_RODZINKA | M40 | 6 | 01:28:23.35 | 01:28:23.35 | +00:20:33 (23.3%) | 6:18 | 9.5 (76.6%) |
| 23 | BRODA Sławomir | 1253 | | M40 | 7 | 01:28:27.70 | 01:28:27.70 | +00:20:37 (23.3%) | 6:19 | 9.5 (76.6%) |
| 24 | HERMANIUK Tomasz | 1131 | TAURUS RZESZÓW | M40 | 8 | 01:29:30.80 | 01:29:30.80 | +00:21:41 (24.2%) | 6:23 | 9.4 (75.8%) |
| 25 | KOPIENIAK Emil | 1200 | TRĄBIKI | M30 | 8 | 01:29:53.50 | 01:29:53.50 | +00:22:03 (24.5%) | 6:25 | 9.3 (75.0%) |
| 26 | PAŹDZIOCH Kacper | 1169 | KS BARAKUDA MIŃSK MAZOWIECKI | M20 | 3 | 01:30:07.70 | 01:30:07.70 | +00:22:17 (24.7%) | 6:26 | 9.3 (75.0%) |
| 27 | MAZURKIEWICZ Tomasz | 1136 | | M50 | 4 | 01:30:12.50 | 01:30:12.50 | +00:22:22 (24.8%) | 6:26 | 9.3 (75.0%) |
| 28 | RAK Wojciech | 1147 | SII RUNNING TEAM | M30 | 9 | 01:30:27.05 | 01:30:27.05 | +00:22:37 (25.0%) | 6:27 | 9.3 (75.0%) |
| 29 | FALKOWSKI Piotr | 1257 | KS PEGAZ PIASECZNO | M50 | 5 | 01:30:34.55 | 01:30:34.55 | +00:22:44 (25.1%) | 6:28 | 9.3 (75.0%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Czas netto 14km | Czas brutto 14km | Różn | Tempo min/km | Tempo km/h |
|-----|----------------------------------|-------------|-----------------------------|-----------|------|--------------------|--------------------|-------------------|--------------|-------------|
| 30 | BEŚKA Michał | 1130 | SPRINT GORZYCE | M30 | 10 | 01:31:56.15 | 01:31:56.15 | +00:24:06 (26.2%) | 6:34 | 9.1 (73.4%) |
| 31 | KORŻYK Marek | 1157 | | M40 | 9 | 01:32:29.00 | 01:32:29.00 | +00:24:39 (26.7%) | 6:36 | 9.1 (73.4%) |
| 32 | WOŹNIAK Janusz | 1013 | PORMAT JEDLICZE BIEGA | M50 | 6 | 01:32:32.90 | 01:32:32.90 | +00:24:43 (26.7%) | 6:36 | 9.1 (73.4%) |
| 33 | WAŚIK Łukasz | 1118 | | M30 | 11 | 01:33:23.95 | 01:33:23.95 | +00:25:34 (27.4%) | 6:40 | 9 (72.6%) |
| 34 | MŁODZIK Anna | 1244 | | K30 | 3 | 01:33:25.90 | 01:33:25.90 | +00:25:36 (27.4%) | 6:40 | 9 (72.6%) |
| 35 | ŚLIWIŃSKI Andrzej | 1120 | | M60 | 1 | 01:33:38.75 | 01:33:38.75 | +00:25:48 (27.6%) | 6:41 | 9 (72.6%) |
| 36 | ŁYCZKO Anna | 1218 | | K30 | 4 | 01:33:42.40 | 01:33:42.40 | +00:25:52 (27.6%) | 6:41 | 9 (72.6%) |
| 37 | PRUS Tomasz | 1158 | | M40 | 10 | 01:33:43.95 | 01:33:43.95 | +00:25:54 (27.6%) | 6:41 | 9 (72.6%) |
| 38 | JAGIEŁŁO Katarzyna | 1165 | BIEGAJACE ZĄBKI | K40 | 2 | 01:33:58.75 | 01:33:58.75 | +00:26:08 (27.8%) | 6:42 | 8.9 (71.8%) |
| 39 | BANCERZ Szymon | 1105 | TRAWNIKI BIEGAJĄ | M20 | 4 | 01:34:28.25 | 01:34:28.25 | +00:26:38 (28.2%) | 6:44 | 8.9 (71.8%) |
| 40 | GRABSKA Ewa | 1233 | SEKCJA BIEGOWA GRUPY PIWNEJ | K30 | 5 | 01:34:31.70 | 01:34:31.70 | +00:26:41 (28.2%) | 6:45 | 8.9 (71.8%) |
| 41 | BUSZ Monika | 1029 | | K30 | 6 | 01:34:46.05 | 01:34:46.05 | +00:26:56 (28.4%) | 6:46 | 8.9 (71.8%) |
| 42 | WRÓBEL Jakub | 1208 | | M30 | 12 | 01:34:50.25 | 01:34:50.25 | +00:27:00 (28.5%) | 6:46 | 8.9 (71.8%) |
| 43 | MROCZEK Dawid | 1054 | | M20 | 5 | 01:34:55.90 | 01:34:55.90 | +00:27:06 (28.5%) | 6:46 | 8.8 (71.0%) |
| 44 | SCHWITALLA Adrian | 1243 | | M40 | 11 | 01:34:58.10 | 01:34:58.10 | +00:27:08 (28.6%) | 6:47 | 8.8 (71.0%) |
| 45 | ZYGMUNT Paweł | 1155 | | M40 | 12 | 01:35:04.00 | 01:35:04.00 | +00:27:14 (28.7%) | 6:47 | 8.8 (71.0%) |
| 46 | LATUSEK Joanna | 1224 | | K30 | 7 | 01:35:08.20 | 01:35:08.20 | +00:27:18 (28.7%) | 6:47 | 8.8 (71.0%) |
| 47 | SZWAGRZYK Marcin | 1234 | SEKCJA BIEGOWA GRUPY PIWNEJ | M30 | 13 | 01:35:40.90 | 01:35:40.90 | +00:27:51 (29.1%) | 6:50 | 8.8 (71.0%) |
| 48 | TARNAWSKI Jakub | 1258 | WOŁOPATOŁO | M50 | 7 | 01:36:09.45 | 01:36:09.45 | +00:28:19 (29.5%) | 6:52 | 8.7 (70.2%) |
| 49 | GAŁUSZKA Tomasz | 1217 | SKITUROWE BIESZCZADY | M40 | 13 | 01:36:40.20 | 01:36:40.20 | +00:28:50 (29.8%) | 6:54 | 8.7 (70.2%) |
| 50 | MALEC Marcin | 1037 | | M20 | 6 | 01:36:41.40 | 01:36:41.40 | +00:28:51 (29.8%) | 6:54 | 8.7 (70.2%) |
| 51 | ROŚCIŃSKI Franciszek | 5330 | SAMOTNY-WILK | M50 | 8 | 01:36:44.45 | 01:36:44.45 | +00:28:54 (29.9%) | 6:54 | 8.7 (70.2%) |
| 52 | KRZYŻOWSKI Hubert | 1184 | | M40 | 14 | 01:36:59.05 | 01:36:59.05 | +00:29:09 (30.1%) | 6:55 | 8.7 (70.2%) |
| 53 | PANASIUK Sergej | 5333 | OTKRZEŹNIK | M40 | 15 | 01:37:00.90 | 01:37:00.90 | +00:29:11 (30.1%) | 6:55 | 8.7 (70.2%) |
| 54 | STACH Jacek | 1156 | | M40 | 16 | 01:38:04.10 | 01:38:04.10 | +00:30:14 (30.8%) | 7:00 | 8.6 (69.4%) |
| 55 | NIEMCZUK Robert | 1239 | | M40 | 17 | 01:39:10.75 | 01:39:10.75 | +00:31:20 (31.6%) | 7:05 | 8.5 (68.5%) |
| 56 | ŻYREK Jarosław | 1092 | RYPIN RYSIANKA TEAM | M30 | 14 | 01:39:16.60 | 01:39:16.60 | +00:31:26 (31.7%) | 7:05 | 8.5 (68.5%) |
| 57 | KOŁODZIEJCZYK Krzysztof | 1186 | WATAHA | M40 | 18 | 01:39:25.45 | 01:39:25.45 | +00:31:35 (31.8%) | 7:06 | 8.4 (67.7%) |
| 58 | KRYNICKI Jakub | 1238 | GALICJA CISNA | M30 | 15 | 01:39:46.10 | 01:39:46.10 | +00:31:56 (32.0%) | 7:07 | 8.4 (67.7%) |
| 59 | TWARDOWSKI Bartosz | 1144 | | M40 | 19 | 01:40:11.40 | 01:40:11.40 | +00:32:21 (32.3%) | 7:09 | 8.4 (67.7%) |
| 60 | GELIOS Maciej | 1065 | | M30 | 16 | 01:40:31.35 | 01:40:31.35 | +00:32:41 (32.5%) | 7:10 | 8.4 (67.7%) |
| 61 | SALA Paweł | 1185 | MIZUNO TURBACZ TEAM | M40 | 20 | 01:42:03.20 | 01:42:03.20 | +00:34:13 (33.5%) | 7:17 | 8.2 (66.1%) |
| 62 | ORZECHOWSKI Maciej | 1140 | | M20 | 7 | 01:43:33.40 | 01:43:33.40 | +00:35:43 (34.5%) | 7:23 | 8.1 (65.3%) |
| 63 | LATUSEK Katarzyna | 1228 | | K20 | 2 | 01:43:34.35 | 01:43:34.35 | +00:35:44 (34.5%) | 7:23 | 8.1 (65.3%) |
| 64 | DRAŻEK Sławomir | 1232 | | M50 | 9 | 01:43:49.60 | 01:43:49.60 | +00:35:59 (34.7%) | 7:24 | 8.1 (65.3%) |
| 65 | OLSZYK Tadeusz | 1062 | MKL MARATON ŚWINOUJŚCIE | M60 | 2 | 01:45:33.15 | 01:45:33.15 | +00:37:43 (35.7%) | 7:32 | 8 (64.5%) |
| 66 | PELA Tomasz | 1254 | | M20 | 8 | 01:45:39.40 | 01:45:39.40 | +00:37:49 (35.8%) | 7:32 | 8 (64.5%) |
| 67 | JANAS Marian | 1251 | | M60 | 3 | 01:46:24.15 | 01:46:24.15 | +00:38:34 (36.3%) | 7:36 | 7.9 (63.7%) |
| 68 | NIEMIEC-DRWIĘGA Bernadeta | 1134 | BIEGAMBOLUBIĘ | K40 | 3 | 01:46:30.60 | 01:46:30.60 | +00:38:40 (36.3%) | 7:36 | 7.9 (63.7%) |
| 69 | PALIŚ Przemysław | 1119 | | M30 | 17 | 01:46:48.35 | 01:46:48.35 | +00:38:58 (36.5%) | 7:37 | 7.9 (63.7%) |
| 70 | PYRZAK Karolina | 1043 | | K20 | 3 | 01:46:56.30 | 01:46:56.30 | +00:39:06 (36.6%) | 7:38 | 7.9 (63.7%) |
| 71 | DRZEWIECKI Jakub | 1128 | | M30 | 18 | 01:46:58.25 | 01:46:58.25 | +00:39:08 (36.6%) | 7:38 | 7.9 (63.7%) |
| 72 | NICIEJA Anna | 1019 | | K40 | 4 | 01:47:18.25 | 01:47:18.25 | +00:39:28 (36.8%) | 7:39 | 7.8 (62.9%) |
| 73 | MAJDYŚ Wojciech | 1018 | | M40 | 21 | 01:47:18.45 | 01:47:18.45 | +00:39:28 (36.8%) | 7:39 | 7.8 (62.9%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Czas netto 14km | Czas brutto 14km | Różn | Tempo min/km | Tempo km/h |
|-----|-----------------------|-------|-------------------------------------|-----------|------|-----------------|------------------|-------------------|--------------|-------------|
| 74 | KĘDZIOR Katarzyna | 1121 | LEŚNA BIEGUNKA | K40 | 5 | 01:47:42.70 | 01:47:42.70 | +00:39:52 (37.0%) | 7:41 | 7.8 (62.9%) |
| 75 | MANGILI Alberto | 1083 | | M40 | 22 | 01:47:42.90 | 01:47:42.90 | +00:39:53 (37.0%) | 7:41 | 7.8 (62.9%) |
| 76 | DYJAK Agnieszka | 1103 | | K20 | 4 | 01:47:46.90 | 01:47:46.90 | +00:39:57 (37.1%) | 7:41 | 7.8 (62.9%) |
| 77 | ADAMCZYK Kamil | 1010 | | M30 | 19 | 01:48:48.30 | 01:48:48.30 | +00:40:58 (37.7%) | 7:46 | 7.7 (62.1%) |
| 78 | GRABARCZYK Ilona | 1060 | | K40 | 6 | 01:48:51.75 | 01:48:51.75 | +00:41:01 (37.7%) | 7:46 | 7.7 (62.1%) |
| 79 | KONDZIOŁA Krzysztof | 1210 | STAY INSANE / PERFECT RUNNER LUBLIN | M30 | 20 | 01:49:04.55 | 01:49:04.55 | +00:41:14 (37.8%) | 7:47 | 7.7 (62.1%) |
| 80 | SUCHOJAD Małgorzata | 1139 | GUMIGUTAPAJHIWO | K40 | 7 | 01:49:22.90 | 01:49:22.90 | +00:41:33 (38.0%) | 7:48 | 7.7 (62.1%) |
| 81 | WYSOCKA Iwona | 1050 | BEKATEAM | K30 | 8 | 01:49:27.95 | 01:49:27.95 | +00:41:38 (38.0%) | 7:49 | 7.7 (62.1%) |
| 82 | WYSOCKI Bartosz | 1051 | BEKATEAM | M40 | 23 | 01:49:28.70 | 01:49:28.70 | +00:41:38 (38.0%) | 7:49 | 7.7 (62.1%) |
| 83 | GRANOS Sławomir | 1229 | BIESZCZADZKIE DESEROWE | M50 | 10 | 01:49:44.65 | 01:49:44.65 | +00:41:54 (38.2%) | 7:50 | 7.7 (62.1%) |
| 84 | MAJEWSKA Fabiana | 1213 | | K20 | 5 | 01:50:08.25 | 01:50:08.25 | +00:42:18 (38.4%) | 7:52 | 7.6 (61.3%) |
| 85 | BOBYK Paweł | 1143 | SANOK BIEGA | M40 | 24 | 01:50:09.10 | 01:50:09.10 | +00:42:19 (38.4%) | 7:52 | 7.6 (61.3%) |
| 86 | DUDEK Marcin | 1211 | LEŚNA BIEGUNKA | M40 | 25 | 01:50:14.55 | 01:50:14.55 | +00:42:24 (38.5%) | 7:52 | 7.6 (61.3%) |
| 87 | DZIADUS Marcin | 1183 | | M30 | 21 | 01:50:42.80 | 01:50:42.80 | +00:42:53 (38.7%) | 7:54 | 7.6 (61.3%) |
| 88 | JEZERSKI Kamil | 1255 | GALVALINO ŁÓDŹ | M20 | 9 | 01:50:49.45 | 01:50:49.45 | +00:42:59 (38.8%) | 7:54 | 7.6 (61.3%) |
| 89 | ORŁOWSKA Wiesława | 1096 | | K60 | 1 | 01:51:18.15 | 01:51:18.15 | +00:43:28 (39.1%) | 7:57 | 7.5 (60.5%) |
| 90 | BROŻYNA Magda | 1097 | | K40 | 8 | 01:51:24.70 | 01:51:24.70 | +00:43:34 (39.1%) | 7:57 | 7.5 (60.5%) |
| 91 | MAGER Bartosz | 1222 | | M40 | 26 | 01:52:13.15 | 01:52:13.15 | +00:44:23 (39.6%) | 8:00 | 7.5 (60.5%) |
| 92 | GANCARZ Barbara | 1071 | | K30 | 9 | 01:52:52.60 | 01:52:52.60 | +00:45:02 (39.9%) | 8:03 | 7.4 (59.7%) |
| 93 | PIERZCHAŁA Anna | 1085 | | K40 | 9 | 01:53:31.75 | 01:53:31.75 | +00:45:41 (40.3%) | 8:06 | 7.4 (59.7%) |
| 94 | STEFANIAK Marcin | 1104 | | M40 | 27 | 01:54:19.35 | 01:54:19.35 | +00:46:29 (40.7%) | 8:09 | 7.3 (58.9%) |
| 95 | KLUCZYŃSKA Honorata | 1081 | | K40 | 10 | 01:54:25.75 | 01:54:25.75 | +00:46:35 (40.7%) | 8:10 | 7.3 (58.9%) |
| 96 | KUBALA Alicja | 1098 | | K40 | 11 | 01:54:33.40 | 01:54:33.40 | +00:46:43 (40.8%) | 8:10 | 7.3 (58.9%) |
| 97 | KOVALSKA Anastasiia | 1237 | | K30 | 10 | 01:54:43.75 | 01:54:43.75 | +00:46:53 (40.9%) | 8:11 | 7.3 (58.9%) |
| 98 | PUDŁO Rita | 1111 | | K20 | 6 | 01:54:50.65 | 01:54:50.65 | +00:47:00 (40.9%) | 8:12 | 7.3 (58.9%) |
| 99 | PUDŁO Marcin | 1110 | | M40 | 28 | 01:55:00.85 | 01:55:00.85 | +00:47:11 (41.0%) | 8:12 | 7.3 (58.9%) |
| 100 | BLAŻEVIČIUS Tomas | 1123 | | M40 | 29 | 01:55:09.80 | 01:55:09.80 | +00:47:20 (41.1%) | 8:13 | 7.3 (58.9%) |
| 101 | PINTSCHER Paulina | 1259 | EXPRESSMAP | K30 | 11 | 01:55:51.05 | 01:55:51.05 | +00:48:01 (41.5%) | 8:16 | 7.3 (58.9%) |
| 102 | SPORNIAK Krzysztof | 1149 | | M30 | 22 | 01:55:52.60 | 01:55:52.60 | +00:48:02 (41.5%) | 8:16 | 7.2 (58.1%) |
| 103 | SWIERK Jakub | 1248 | LIBERA REGIA CIVITAS | M40 | 30 | 01:55:58.50 | 01:55:58.50 | +00:48:08 (41.5%) | 8:17 | 7.2 (58.1%) |
| 104 | MEGGER Iwona | 1025 | IRON TEAM | K40 | 12 | 01:56:11.40 | 01:56:11.40 | +00:48:21 (41.6%) | 8:17 | 7.2 (58.1%) |
| 105 | BANAJSKI Damian | 1080 | | M30 | 23 | 01:56:18.10 | 01:56:18.10 | +00:48:28 (41.7%) | 8:18 | 7.2 (58.1%) |
| 106 | STRZYŻEWSKI Arkadiusz | 1017 | GÓRA BIEGA | M40 | 31 | 01:56:43.05 | 01:56:43.05 | +00:48:53 (41.9%) | 8:20 | 7.2 (58.1%) |
| 107 | ŁASZKIEWICZ Piotr | 1035 | ATHLETICS TEAM PRUSICE | M60 | 4 | 01:56:48.95 | 01:56:48.95 | +00:48:59 (41.9%) | 8:20 | 7.2 (58.1%) |
| 108 | GRZECHYNKA Agnieszka | 1049 | GO PUBLIC | K30 | 12 | 01:56:53.90 | 01:56:53.90 | +00:49:04 (42.0%) | 8:20 | 7.2 (58.1%) |
| 109 | ZYGMUNT Monika | 1115 | | K50 | 1 | 01:56:54.25 | 01:56:54.25 | +00:49:04 (42.0%) | 8:21 | 7.2 (58.1%) |
| 110 | TUCZAPSKI Artur | 1214 | COMTAT | M60 | 5 | 01:57:03.05 | 01:57:03.05 | +00:49:13 (42.1%) | 8:21 | 7.2 (58.1%) |
| 111 | TUCZAPSKA Maria | 1215 | COMTAT | K40 | 13 | 01:57:03.20 | 01:57:03.20 | +00:49:13 (42.1%) | 8:21 | 7.2 (58.1%) |
| 112 | LEŃ Jakub | 5331 | | M40 | 32 | 01:57:33.10 | 01:57:33.10 | +00:49:43 (42.3%) | 8:23 | 7.1 (57.3%) |
| 113 | PASZKO Wojciech | 1068 | CHEŁM BIEGA | M40 | 33 | 01:57:40.70 | 01:57:40.70 | +00:49:50 (42.4%) | 8:24 | 7.1 (57.3%) |
| 114 | GULCZYŃSKA Beata | 1006 | | K30 | 13 | 01:57:52.95 | 01:57:52.95 | +00:50:03 (42.5%) | 8:25 | 7.1 (57.3%) |
| 115 | CZABAN Katarzyna | 1044 | KULAM SIĘ JAK GUMIKLYJZY | K30 | 14 | 01:58:05.80 | 01:58:05.80 | +00:50:16 (42.6%) | 8:26 | 7.1 (57.3%) |
| 116 | WIĘSEK Natalia | 1061 | | K20 | 7 | 01:58:23.15 | 01:58:23.15 | +00:50:33 (42.7%) | 8:27 | 7.1 (57.3%) |
| 117 | DOBROWOLSKI Lukasz | 1090 | | M50 | 11 | 01:58:26.00 | 01:58:26.00 | +00:50:36 (42.7%) | 8:27 | 7.1 (57.3%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Czas netto 14km | Czas brutto 14km | Różn | Tempo min/km | Tempo km/h |
|-----|---------------------------|-------|-----------------------------|-----------|------|-----------------|------------------|-------------------|--------------|-------------|
| 118 | POŁAWSKA Ewa | 1182 | | K30 | 15 | 01:58:37.70 | 01:58:37.70 | +00:50:47 (42.8%) | 8:28 | 7.1 (57.3%) |
| 119 | ZEMŁA Piotr | 1150 | | M50 | 12 | 01:58:51.55 | 01:58:51.55 | +00:51:01 (42.9%) | 8:29 | 7.1 (57.3%) |
| 120 | MAKUCH Agnieszka | 1141 | | K40 | 14 | 01:58:52.10 | 01:58:52.10 | +00:51:02 (42.9%) | 8:29 | 7.1 (57.3%) |
| 121 | WANAT Barbara | 1048 | FOREVER BUSINESS TEAM | K40 | 15 | 01:59:22.45 | 01:59:22.45 | +00:51:32 (43.2%) | 8:31 | 7 (56.5%) |
| 122 | PROTSIV Katarzyna | 1204 | | K30 | 16 | 01:59:27.10 | 01:59:27.10 | +00:51:37 (43.2%) | 8:31 | 7 (56.5%) |
| 123 | PROTSIV Jarosław | 1203 | | M30 | 24 | 01:59:27.35 | 01:59:27.35 | +00:51:37 (43.2%) | 8:31 | 7 (56.5%) |
| 124 | BORKOWSKI Artur | 1236 | TECHNO ŚWIRY CZACHA DYMI | M30 | 25 | 01:59:46.50 | 01:59:46.50 | +00:51:56 (43.4%) | 8:33 | 7 (56.5%) |
| 125 | JANKOWSKI Michał | 1082 | | M50 | 13 | 02:00:16.70 | 02:00:16.70 | +00:52:26 (43.6%) | 8:35 | 7 (56.5%) |
| 126 | CHMIELEWSKA Monika | 1181 | EAZYMUT.PL | K40 | 16 | 02:00:37.45 | 02:00:37.45 | +00:52:47 (43.8%) | 8:36 | 7 (56.5%) |
| 127 | BECHTA Katarzyna | 1246 | BRACHTWO BIEGOWE BGK | K20 | 8 | 02:00:43.80 | 02:00:43.80 | +00:52:54 (43.8%) | 8:37 | 7 (56.5%) |
| 128 | MALINOWSKA Katarzyna | 1142 | | K40 | 17 | 02:00:52.40 | 02:00:52.40 | +00:53:02 (43.9%) | 8:38 | 6.9 (55.6%) |
| 129 | AUGUSTOWSKA Izabela | 1095 | KB GEOTERMIA UNIEJÓW | K40 | 18 | 02:01:13.15 | 02:01:13.15 | +00:53:23 (44.0%) | 8:39 | 6.9 (55.6%) |
| 130 | BOROŃSKA Joanna | 1221 | | K40 | 19 | 02:01:19.30 | 02:01:19.30 | +00:53:29 (44.1%) | 8:39 | 6.9 (55.6%) |
| 131 | WOJEWÓDZKA Agnieszka | 1168 | | K40 | 20 | 02:01:32.50 | 02:01:32.50 | +00:53:42 (44.2%) | 8:40 | 6.9 (55.6%) |
| 132 | WÓJCIK Barbara | 1235 | TECHNO ŚWIRY CZACHA DYMI | K30 | 17 | 02:01:47.70 | 02:01:47.70 | +00:53:57 (44.3%) | 8:41 | 6.9 (55.6%) |
| 133 | SALA Anna | 1159 | | K30 | 18 | 02:02:37.85 | 02:02:37.85 | +00:54:48 (44.7%) | 8:45 | 6.9 (55.6%) |
| 134 | KICIŃSKI Piotr | 1117 | | M40 | 34 | 02:02:46.30 | 02:02:46.30 | +00:54:56 (44.8%) | 8:46 | 6.8 (54.8%) |
| 135 | HERMANIUK Iwona | 1132 | TAURUS RZESZÓW | K40 | 21 | 02:03:18.10 | 02:03:18.10 | +00:55:28 (45.0%) | 8:48 | 6.8 (54.8%) |
| 136 | MAGER Olga | 1093 | | K40 | 22 | 02:03:18.20 | 02:03:18.20 | +00:55:28 (45.0%) | 8:48 | 6.8 (54.8%) |
| 137 | TUREK Michał | 1193 | ROCHE RUNNERS | M40 | 35 | 02:03:30.10 | 02:03:30.10 | +00:55:40 (45.1%) | 8:49 | 6.8 (54.8%) |
| 138 | KĘDZIOR Justyna | 1091 | | K30 | 19 | 02:04:04.35 | 02:04:04.35 | +00:56:14 (45.3%) | 8:51 | 6.8 (54.8%) |
| 139 | KOWALSKI Krzysztof | 1245 | | M20 | 10 | 02:04:39.80 | 02:04:39.80 | +00:56:50 (45.6%) | 8:54 | 6.7 (54.0%) |
| 140 | NOWAKOWSKA Magdalena | 1066 | | K20 | 9 | 02:04:46.25 | 02:04:46.25 | +00:56:56 (45.6%) | 8:54 | 6.7 (54.0%) |
| 141 | KACZMARSKI Wojciech | 1135 | | M50 | 14 | 02:04:51.60 | 02:04:51.60 | +00:57:01 (45.7%) | 8:55 | 6.7 (54.0%) |
| 142 | KRAMKOWSKA Agnieszka | 1198 | ROCHE RUNNERS | K30 | 20 | 02:04:51.75 | 02:04:51.75 | +00:57:01 (45.7%) | 8:55 | 6.7 (54.0%) |
| 143 | MISIEK Marcin | 1212 | | M50 | 15 | 02:05:40.85 | 02:05:40.85 | +00:57:51 (46.0%) | 8:58 | 6.7 (54.0%) |
| 144 | RABCZEWSKA Elżbieta | 1137 | MKS MECHANIK WŁODAWA | K50 | 2 | 02:05:52.60 | 02:05:52.60 | +00:58:02 (46.1%) | 8:59 | 6.7 (54.0%) |
| 145 | PUZOŃ Jan | 1192 | IGOSPORT SKLEP DLA BIEGACZA | M30 | 26 | 02:06:27.90 | 02:06:27.90 | +00:58:38 (46.4%) | 9:01 | 6.6 (53.2%) |
| 146 | ADACH-SOSNOWSKA Magdalena | 1074 | | K40 | 23 | 02:06:42.40 | 02:06:42.40 | +00:58:52 (46.5%) | 9:03 | 6.6 (53.2%) |
| 147 | WALUK Paweł | 1067 | | M20 | 11 | 02:06:47.40 | 02:06:47.40 | +00:58:57 (46.5%) | 9:03 | 6.6 (53.2%) |
| 148 | FILIPOWSKA Anna | 1113 | | K40 | 24 | 02:07:29.35 | 02:07:29.35 | +00:59:39 (46.8%) | 9:06 | 6.6 (53.2%) |
| 149 | GRUDZIECKI Mirosław | 1249 | | M30 | 27 | 02:08:19.95 | 02:08:19.95 | +01:00:30 (47.1%) | 9:09 | 6.5 (52.4%) |
| 150 | GÓRA Anna | 1160 | FIZJOKULTURA | K30 | 21 | 02:09:21.30 | 02:09:21.30 | +01:01:31 (47.6%) | 9:14 | 6.5 (52.4%) |
| 151 | SYMA Jakub | 1059 | | M20 | 12 | 02:09:37.95 | 02:09:37.95 | +01:01:48 (47.7%) | 9:15 | 6.5 (52.4%) |
| 152 | RYŻYŃSKI Tomasz | 1075 | CHEŁM | M40 | 36 | 02:09:57.30 | 02:09:57.30 | +01:02:07 (47.8%) | 9:16 | 6.5 (52.4%) |
| 153 | LEŚNIEWSKI Tomek | 1108 | BIESZCZADZKIE DESEROWE | M40 | 37 | 02:10:14.90 | 02:10:14.90 | +01:02:25 (47.9%) | 9:18 | 6.4 (51.6%) |
| 154 | CHILIŃSKA Edyta | 1038 | | K30 | 22 | 02:12:07.45 | 02:12:07.45 | +01:04:17 (48.7%) | 9:26 | 6.4 (51.6%) |
| 155 | KUSTRA Kamil | 1191 | | M30 | 28 | 02:12:08.85 | 02:12:08.85 | +01:04:19 (48.7%) | 9:26 | 6.4 (51.6%) |
| 156 | STEPANIUK Joanna | 1127 | BIEGAMY DZISIAJ? WIERZBICA | K50 | 3 | 02:12:30.40 | 02:12:30.40 | +01:04:40 (48.8%) | 9:27 | 6.3 (50.8%) |
| 157 | WINIARSKA-BISZCZAN Anna | 1126 | BIEGAMY DZISIAJ? WIERZBICA | K40 | 25 | 02:12:30.50 | 02:12:30.50 | +01:04:40 (48.8%) | 9:27 | 6.3 (50.8%) |
| 158 | RUDZIŃSKA-PIECYK Julita | 1087 | SŁONECZKO | K30 | 23 | 02:14:21.45 | 02:14:21.45 | +01:06:31 (49.5%) | 9:35 | 6.3 (50.8%) |
| 159 | RZĘDZIAN Beata | 1027 | ŁĘCZNA BIEGA | K30 | 24 | 02:14:28.85 | 02:14:28.85 | +01:06:39 (49.6%) | 9:36 | 6.2 (50.0%) |
| 160 | ZEMŁA Dorota | 1015 | | K20 | 10 | 02:14:41.05 | 02:14:41.05 | +01:06:51 (49.6%) | 9:37 | 6.2 (50.0%) |
| 161 | ANDRASZ Paweł | 1205 | | M20 | 13 | 02:15:20.60 | 02:15:20.60 | +01:07:30 (49.9%) | 9:40 | 6.2 (50.0%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Czas netto 14km | Czas brutto 14km | Różn | Tempo min/km | Tempo km/h |
|-----|------------------------------|-------------|-----------------------|-----------|------|--------------------|--------------------|-------------------|--------------|-------------|
| 162 | GABRYŚ Jakub | 1106 | | M50 | 16 | 02:15:24.05 | 02:15:24.05 | +01:07:34 (49.9%) | 9:40 | 6.2 (50.0%) |
| 163 | RAK Michał | 1180 | | M20 | 14 | 02:16:35.60 | 02:16:35.60 | +01:08:45 (50.3%) | 9:45 | 6.2 (50.0%) |
| 164 | RYŻYŃSKA Agnieszka | 1076 | CHEŁM BIEGA | K40 | 26 | 02:17:20.00 | 02:17:20.00 | +01:09:30 (50.6%) | 9:48 | 6.1 (49.2%) |
| 165 | RUTKOWSKI Rafał | 1122 | OBIEGUWKA | M20 | 15 | 02:17:44.00 | 02:17:44.00 | +01:09:54 (50.8%) | 9:50 | 6.1 (49.2%) |
| 166 | TWARDUŚ Leszek | 1161 | | M40 | 38 | 02:17:58.95 | 02:17:58.95 | +01:10:09 (50.8%) | 9:51 | 6.1 (49.2%) |
| 167 | MOCZYŃSKA Joanna | 1034 | | K30 | 25 | 02:18:37.35 | 02:18:37.35 | +01:10:47 (51.1%) | 9:54 | 6.1 (49.2%) |
| 168 | WACŁAWEK Marta | 1005 | POWER TRAINING | K40 | 27 | 02:19:06.95 | 02:19:06.95 | +01:11:17 (51.2%) | 9:56 | 6 (48.4%) |
| 169 | WOŹNIAK Lidia | 1014 | PORMAT JEDLICZE BIEGA | K50 | 4 | 02:19:52.40 | 02:19:52.40 | +01:12:02 (51.5%) | 9:59 | 6 (48.4%) |
| 170 | BŁOŃSKI Maciej | 1008 | | M30 | 29 | 02:20:34.20 | 02:20:34.20 | +01:12:44 (51.7%) | 10:02 | 6 (48.4%) |
| 171 | PYSZKO Janusz | 1146 | GO HARD OR GO HOME | M30 | 30 | 02:20:53.50 | 02:20:53.50 | +01:13:03 (51.9%) | 10:03 | 6 (48.4%) |
| 172 | PASIEKA Agnieszka | 1247 | | K40 | 28 | 02:21:04.20 | 02:21:04.20 | +01:13:14 (51.9%) | 10:04 | 6 (48.4%) |
| 173 | KACZMARCZYK Dorota | 1154 | | K50 | 5 | 02:21:04.35 | 02:21:04.35 | +01:13:14 (51.9%) | 10:04 | 6 (48.4%) |
| 174 | KILJAN Anna | 1020 | | K30 | 26 | 02:21:34.90 | 02:21:34.90 | +01:13:45 (52.1%) | 10:06 | 5.9 (47.6%) |
| 175 | KUR Barbara | 1021 | | K30 | 27 | 02:22:44.80 | 02:22:44.80 | +01:14:55 (52.5%) | 10:11 | 5.9 (47.6%) |
| 176 | NAJDER Maciej | 1070 | | M30 | 31 | 02:23:41.60 | 02:23:41.60 | +01:15:51 (52.8%) | 10:15 | 5.8 (46.8%) |
| 177 | BANCERZ Jolanta | 1099 | TRAWNIKI BIEGAJĄ | K40 | 29 | 02:24:00.25 | 02:24:00.25 | +01:16:10 (52.9%) | 10:17 | 5.8 (46.8%) |
| 178 | JANDZIŚ Ewa | 1219 | AKTYWNY DYNÓW | K40 | 30 | 02:24:41.45 | 02:24:41.45 | +01:16:51 (53.1%) | 10:20 | 5.8 (46.8%) |
| 179 | CHMIEL-ŁOIŃSKA Monika | 1073 | DAM RADEĘ | K40 | 31 | 02:24:44.75 | 02:24:44.75 | +01:16:54 (53.1%) | 10:20 | 5.8 (46.8%) |
| 180 | KOJDER Anna | 1112 | | K40 | 32 | 02:25:35.50 | 02:25:35.50 | +01:17:45 (53.4%) | 10:23 | 5.8 (46.8%) |
| 181 | CZERNECKA Julia | 1152 | | K20 | 11 | 02:25:56.20 | 02:25:56.20 | +01:18:06 (53.5%) | 10:25 | 5.8 (46.8%) |
| 182 | DOBOSZ Damian | 1170 | | M20 | 16 | 02:25:56.60 | 02:25:56.60 | +01:18:06 (53.5%) | 10:25 | 5.8 (46.8%) |
| 183 | KOGUT Katarzyna | 1177 | SII RUNNING TEAM | K30 | 28 | 02:28:00.20 | 02:28:00.20 | +01:20:10 (54.2%) | 10:34 | 5.7 (46.0%) |
| 184 | JEDLIŃSKA Izabela | 1207 | | K40 | 33 | 02:29:01.10 | 02:29:01.10 | +01:21:11 (54.5%) | 10:38 | 5.6 (45.2%) |
| 185 | KULA Lidia | 1116 | | K40 | 34 | 02:29:19.20 | 02:29:19.20 | +01:21:29 (54.6%) | 10:39 | 5.6 (45.2%) |
| 186 | OLSZEWSKA Ewa | 1039 | BS ŁĘCZNA | K30 | 29 | 02:29:21.15 | 02:29:21.15 | +01:21:31 (54.6%) | 10:40 | 5.6 (45.2%) |
| 187 | CZAPLA Andrzej | 1055 | | M60 | 6 | 02:29:21.30 | 02:29:21.30 | +01:21:31 (54.6%) | 10:40 | 5.6 (45.2%) |
| 188 | MARCINIAK Barbara | 1114 | RADOMNO BIEGA | K40 | 35 | 02:36:44.60 | 02:36:44.60 | +01:28:54 (56.7%) | 11:11 | 5.4 (43.5%) |
| 189 | ŻERO Stanisław | 1190 | | M20 | 17 | 02:37:40.70 | 02:37:40.70 | +01:29:50 (57.0%) | 11:15 | 5.3 (42.7%) |
| 190 | KOBOS Beata | 1023 | NOWA HUTA TEAM | K30 | 30 | 02:39:02.95 | 02:39:02.95 | +01:31:13 (57.4%) | 11:21 | 5.3 (42.7%) |
| 191 | POPIS Justyna | 1166 | | K40 | 36 | 02:42:38.35 | 02:42:38.35 | +01:34:48 (58.3%) | 11:37 | 5.2 (41.9%) |
| 192 | LOBA Jerzy | 1174 | LUKS BAŁTYK DZIWNÓW | M60 | 7 | 02:43:57.05 | 02:43:57.05 | +01:36:07 (58.6%) | 11:42 | 5.1 (41.1%) |
| 193 | JAKUBIEC Justyna | 1201 | | K50 | 6 | 02:45:52.00 | 02:45:52.00 | +01:38:02 (59.1%) | 11:50 | 5.1 (41.1%) |
| 194 | JAKUBIEC Tomasz | 1202 | | M50 | 17 | 02:45:52.20 | 02:45:52.20 | +01:38:02 (59.1%) | 11:50 | 5.1 (41.1%) |
| 195 | RAK Dorota | 1179 | | K60 | 2 | 02:47:57.25 | 02:47:57.25 | +01:40:07 (59.6%) | 11:59 | 5 (40.3%) |
| 196 | GOTOWIEC Bogumiła | 1173 | BÓBR TŁUSZCZ | K40 | 37 | 02:48:14.00 | 02:48:14.00 | +01:40:24 (59.7%) | 12:01 | 5 (40.3%) |
| 197 | MILEWSKI Konrad | 1188 | KODA ROBOTY ZIEMNE | M30 | 32 | 02:55:32.65 | 02:55:32.65 | +01:47:42 (61.4%) | 12:32 | 4.8 (38.7%) |
| 198 | MICHALAK Aleksandra | 1032 | | K40 | 38 | 02:59:26.00 | 02:59:26.00 | +01:51:36 (62.2%) | 12:49 | 4.7 (37.9%) |
| 199 | WOJTCZAK Marta | 1026 | | K20 | 12 | 02:59:51.00 | 02:59:51.00 | +01:52:01 (62.3%) | 12:50 | 4.7 (37.9%) |
| 200 | BAĆZEK Krzysztof | 1260 | GRUPA JURA'PL | M40 | 39 | 03:00:32.55 | 03:00:32.55 | +01:52:42 (62.4%) | 12:53 | 4.7 (37.9%) |
| 201 | JABŁOŃSKI Kazimierz | 1199 | SPRINTER PRĄDY | M60 | 8 | 03:02:05.35 | 03:02:05.35 | +01:54:15 (62.7%) | 13:00 | 4.6 (37.1%) |
| 202 | WRÓBEL Barbara | 2360 | CISNA GÓRĄ | K20 | 13 | 03:03:28.15 | 03:03:28.15 | +01:55:38 (63.0%) | 13:06 | 4.6 (37.1%) |
| 203 | KSOBIECH Marcin | 1072 | | M40 | 40 | 03:04:42.20 | 03:04:42.20 | +01:56:52 (63.3%) | 13:11 | 4.5 (36.3%) |
| 204 | KALER Karolina | 1064 | | K40 | 39 | 03:06:16.80 | 03:06:16.80 | +01:58:27 (63.6%) | 13:18 | 4.5 (36.3%) |
| 205 | TESCHE Basia | 1242 | | K40 | 40 | 03:08:28.05 | 03:08:28.05 | +02:00:38 (64.0%) | 13:27 | 4.5 (36.3%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Czas netto 14km | Czas brutto 14km | Różn | Tempo min/km | Tempo km/h |
|-----|-------------------------------|-------------|---|-----------|------|--------------------|--------------------|-------------------|--------------|-------------|
| 206 | TESCHE Tomasz | 1241 | | M40 | 41 | 03:08:29.50 | 03:08:29.50 | +02:00:39 (64.0%) | 13:27 | 4.5 (36.3%) |
| 207 | SKARBOWSKA Izabela | 1089 | RAK'N'ROLL | K40 | 41 | 03:09:10.85 | 03:09:10.85 | +02:01:21 (64.1%) | 13:30 | 4.4 (35.5%) |
| 208 | WOJCIECHOWSKA Violetta | 1100 | TARTARIA | K50 | 7 | 03:11:30.45 | 03:11:30.45 | +02:03:40 (64.6%) | 13:40 | 4.4 (35.5%) |
| 209 | SIEWIERSKA Iga | 1031 | BOLAŁCE PISZCZELE BEŁCHATÓW KLUB NORDIC WALKING | K20 | 14 | 03:13:29.90 | 03:13:29.90 | +02:05:40 (64.9%) | 13:49 | 4.3 (34.7%) |
| 210 | PASIEKA Magda | 1041 | OSP NAKŁO NAD NOTECIA | K40 | 42 | 03:13:54.80 | 03:13:54.80 | +02:06:05 (65.0%) | 13:51 | 4.3 (34.7%) |
| 211 | KLINIKOWSKA Bogusia | 1042 | | K40 | 43 | 03:13:55.05 | 03:13:55.05 | +02:06:05 (65.0%) | 13:51 | 4.3 (34.7%) |
| 212 | KOLASA Anna | 1176 | SII RUNNING TEAM | K30 | 31 | 03:18:09.45 | 03:18:09.45 | +02:10:19 (65.8%) | 14:09 | 4.2 (33.9%) |
| 212 | SIEWIERSKA Urszula | 1030 | BOLAŁCE PISZCZELE BEŁCHATÓW KLUB NORDIC WALKING | K40 | 44 | 03:18:09.45 | 03:18:09.45 | +02:10:19 (65.8%) | 14:09 | 4.2 (33.9%) |
| 214 | LIPIŃSKI Łukasz | 1056 | AKADEMIA SPORTU MEDYK | M30 | 33 | 03:18:30.60 | 03:18:30.60 | +02:10:40 (65.8%) | 14:10 | 4.2 (33.9%) |
| 215 | GORCZYCA Angelika | 1172 | | K20 | 15 | 03:30:55.00 | 03:30:55.00 | +02:23:05 (67.8%) | 15:03 | 4 (32.3%) |
| 215 | KOZAK Mateusz | 1175 | | M30 | 34 | 03:30:55.00 | 03:30:55.00 | +02:23:05 (67.8%) | 15:03 | 4 (32.3%) |
| 217 | CHOJNACKI Rafał | 1187 | | M20 | 18 | 03:31:35.60 | 03:31:35.60 | +02:23:45 (67.9%) | 15:06 | 4 (32.3%) |
| 218 | URBAŃSKI Mikołaj | 1022 | | M20 | 19 | 03:31:35.90 | 03:31:35.90 | +02:23:46 (67.9%) | 15:06 | 4 (32.3%) |
| 219 | REY Patryk | 1088 | REYRUNNINGTEAM | M20 | 20 | 03:36:50.90 | 03:36:50.90 | +02:29:01 (68.7%) | 15:29 | 3.9 (31.5%) |
| 220 | REY Andrzej | 1046 | REYRUNNINGTEAM | M40 | 42 | 03:36:52.05 | 03:36:52.05 | +02:29:02 (68.7%) | 15:29 | 3.9 (31.5%) |
| 221 | BARYGA Mateusz | 1250 | ATLAS RUN TEAM | M40 | 43 | 03:48:46.95 | 03:48:46.95 | +02:40:57 (70.4%) | 16:20 | 3.7 (29.8%) |
| 222 | PAKOSIŃSKI Krzysztof | 1252 | | M40 | 44 | 03:48:47.30 | 03:48:47.30 | +02:40:57 (70.4%) | 16:20 | 3.7 (29.8%) |
| 223 | GÓRA Kamil | 1162 | FIZJOKULTURA | M30 | 35 | 04:06:35.15 | 04:06:35.15 | +02:58:45 (72.5%) | 17:36 | 3.4 (27.4%) |
| 224 | KUMAR Kristina | 1231 | | K20 | 16 | 04:24:43.35 | 04:24:43.35 | +03:16:53 (74.4%) | 18:54 | 3.2 (25.8%) |

Znaleziono 224 wynik(ów)