

X ULTRAMARATON BIESZCZADZKI - 52 KM

B4SPORT

Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

X ULTRAMARATON BIESZCZADZKI
Fundacja Bieg Rzeźnika
2022-10-08
Cisna
52 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	P1_Roztoki 15km	P2_Solinka 28km	P3_Roztoki 41km	Czas netto 52km	Czas brutto 52km	Różn	Tempo min/km	Tempo km/h
1	GRZĄDZIEL Dominik	5309	ATTIQ TEAM	M30	1	01:17:50	02:25:55	03:41:46	04:53:01.70	04:53:01.70		5:38	10.6 (100%)
2	ZBOZIEN Jarosław	5294	RMT TEAM	M30	2	01:23:54	02:34:00	03:51:29	05:01:19.20	05:01:19.20	+00:08:17 (2.8%)	5:47	10.4 (98.1%)
3	DUDA Karol	5173		M30	3	01:23:55	02:34:12	03:51:40	05:02:44.50	05:02:44.50	+00:09:42 (3.2%)	5:49	10.3 (97.2%)
4	ŻUCHOWSKI Daniel	5247	POLNI PIZGACZE	M30	4	01:17:43	02:26:17	03:48:26	05:06:06.25	05:06:06.25	+00:13:04 (4.3%)	5:53	10.2 (96.2%)
5	BADOWSKI Aleksander	5213	MARCIN ŚWIERC TEAM	M30	5	01:22:12	02:33:31	04:00:32	05:18:44.65	05:18:44.65	+00:25:42 (8.1%)	6:07	9.8 (92.5%)
6	DUDZIK Robert	5053	LIMANOVA HOTEL	M30	6	01:27:15	02:43:29	04:10:58	05:32:50.90	05:32:50.90	+00:39:49 (12.0%)	6:24	9.4 (88.7%)
7	GOŁĄB Marek	5181	BANDA GRUDNIA	M30	7	01:26:07	02:41:47	04:11:06	05:34:17.10	05:34:17.10	+00:41:15 (12.3%)	6:25	9.3 (87.7%)
8	KRZYSZTOŃ Marcin	5170	GMP LASY	M30	8	01:25:38	02:40:13	04:19:28	05:56:41.60	05:56:41.60	+01:03:39 (17.8%)	6:51	8.7 (82.1%)
9	TROJNAR Damian	5096	KS JANUSZE	M30	9	01:36:21	03:02:10	04:42:53	06:12:03.10	06:12:03.10	+01:19:01 (21.2%)	7:09	8.4 (79.2%)
10	SKOLINIEC Bartłomiej	5097	#ITSCBDBRO	M30	10	01:39:59	03:03:45	04:42:07	06:14:34.35	06:14:34.35	+01:21:32 (21.8%)	7:12	8.3 (78.3%)
11	MATYJASZCZYK Kamil	5048	ŁĘCZNA BIEGA	M30	11	01:33:14	02:57:45	04:41:16	06:15:21.70	06:15:21.70	+01:22:20 (21.9%)	7:13	8.3 (78.3%)
12	CIEPIELA Patryk	5095	NOWA HUTA TEAM	M30	12	01:35:54	03:07:40	04:55:13	06:24:05.20	06:24:05.20	+01:31:03 (23.7%)	7:23	8.1 (76.4%)
13	JĘDRASZCZYK Mateusz	5242	BANDA GRUDNIA	M30	13	01:36:12	03:02:03	04:50:21	06:31:38.20	06:31:38.20	+01:38:36 (25.2%)	7:31	8 (75.5%)
14	DYKSZAK Filip	5257	WM TRISELF	M30	14	01:32:58	02:58:14	04:48:06	06:37:42.35	06:37:42.35	+01:44:40 (26.3%)	7:38	7.8 (73.6%)
15	KAMIŃSKI Marek	5051		M30	15	01:36:41	03:13:37	05:06:09	06:44:35.85	06:44:35.85	+01:51:34 (27.6%)	7:46	7.7 (72.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	P1_Roztoki 15km	P2_Solinka 28km	P3_Roztoki 41km	Czas netto 52km	Czas brutto 52km	Różn	Tempo min/km	Tempo km/h
16	PITTNER Andrzej	5014	BORGWARNER RUNNING TEAM	M30	16	01:45:17	03:17:55	05:07:40	06:44:41.00	06:44:41.00	+01:51:39 (27.6%)	7:46	7.7 (72.6%)
17	STYPUŁKOWSKI Piotr	5251		M30	17	01:47:24	03:20:15	05:12:46	06:44:49.60	06:44:49.60	+01:51:47 (27.6%)	7:47	7.7 (72.6%)
18	POCHYLSKI Radosław	5139	ITSCBDBRO	M30	18	01:42:54	03:10:44	04:55:35	06:45:20.30	06:45:20.30	+01:52:18 (27.7%)	7:47	7.7 (72.6%)
19	BOROWSKI Przemysław	5206	#ITSCBDBRO	M30	19	01:42:55	03:10:44	05:01:24	06:45:20.45	06:45:20.45	+01:52:18 (27.7%)	7:47	7.7 (72.6%)
20	CZEMERYS Piotr	5138	RUCH IZBICA	M30	20	01:40:17	03:17:10	05:09:24	06:54:45.10	06:54:45.10	+02:01:43 (29.3%)	7:58	7.5 (70.8%)
21	PABIS Szymon	5287		M30	21	01:47:12	03:24:51	05:22:30	07:08:09.40	07:08:09.40	+02:15:07 (31.6%)	8:14	7.3 (68.9%)
22	CYTAWA Adrian	5039	FIZJO - SPORT ŁĘCZNA	M30	22	01:50:03	03:30:11	05:25:53	07:10:06.35	07:10:06.35	+02:17:04 (31.9%)	8:16	7.3 (68.9%)
23	KAMIŃSKI Marcin	5224		M30	23	01:45:41	03:28:21	05:35:18	07:21:52.30	07:21:52.30	+02:28:50 (33.7%)	8:29	7.1 (67.0%)
24	JELENIOWSKI Paweł	5091		M30	24	01:51:56	03:37:25	05:37:25	07:26:57.90	07:26:57.90	+02:33:56 (34.4%)	8:35	7 (66.0%)
25	CHRUŚCIEL Michał	5298	FARTLEK GO	M30	25	01:45:20	03:26:27	05:34:44	07:28:14.15	07:28:14.15	+02:35:12 (34.6%)	8:37	7 (66.0%)
26	LITWIN Mateusz	5179		M30	26	01:45:33	03:33:24	05:38:28	07:29:18.05	07:29:18.05	+02:36:16 (34.8%)	8:38	6.9 (65.1%)
27	GÓRKA Łukasz	5082		M30	27	01:56:32	03:40:03	05:42:10	07:29:18.35	07:29:18.35	+02:36:16 (34.8%)	8:38	6.9 (65.1%)
28	GLEBA Mariusz	5083	PSZCZÓŁKOWSKI TEAM	M30	28	01:49:28	03:37:08	05:44:05	07:34:14.85	07:34:14.85	+02:41:13 (35.5%)	8:44	6.9 (65.1%)
29	PODKUL Konrad	5248		M30	29	01:46:19	03:32:11	05:43:08	07:34:44.00	07:34:44.00	+02:41:42 (35.6%)	8:44	6.9 (65.1%)
30	ZAJĄCZKOWSKI Paweł	5002	POWER TRAINING	M30	30	01:43:56	03:25:11	05:26:58	07:35:07.40	07:35:07.40	+02:42:05 (35.6%)	8:45	6.9 (65.1%)
31	GAŚIOREK Paweł	5290		M30	31	01:42:43	03:24:30	05:38:27	07:36:28.35	07:36:28.35	+02:43:26 (35.8%)	8:46	6.8 (64.2%)
32	GRUDZIŃSKI Jacek	5244		M30	32	01:41:14	03:16:03	05:52:53	07:37:46.85	07:37:46.85	+02:44:45 (36.0%)	8:48	6.8 (64.2%)
33	CHOŁAJCZYK Marcin	5123	#ITSCBDBRO	M30	33	01:51:01	03:36:41	05:44:46	07:39:50.10	07:39:50.10	+02:46:48 (36.3%)	8:50	6.8 (64.2%)
34	LASKO Łukasz	5058	BIESY	M30	34	01:56:55	03:51:38	05:56:13	07:47:37.40	07:47:37.40	+02:54:35 (37.3%)	8:59	6.7 (63.2%)
35	DURMAJ Bartek	5249		M30	35	02:02:04	03:55:39	06:02:54	07:51:16.65	07:51:16.65	+02:58:14 (37.8%)	9:03	6.6 (62.3%)
36	MILEWSKI Mateusz	5186	ASSECO ACTIVE TEAM	M30	36	02:00:19	03:48:03	05:56:51	07:53:07.50	07:53:07.50	+03:00:05 (38.1%)	9:05	6.6 (62.3%)
37	SZYMEL Jacek	5293		M30	37	02:00:37	03:49:55	06:11:06	07:58:25.00	07:58:25.00	+03:05:23 (38.8%)	9:12	6.5 (61.3%)
38	WOŁK Paweł	5163		M30	38	02:13:03	04:15:30	06:19:34	08:08:17.75	08:08:17.75	+03:15:16 (40.0%)	9:23	6.4 (60.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	P1_Roztoki	P2_Solinka	P3_Roztoki	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						15km	28km	41km	52km	52km			
39	MAJEWSKI Marcin	5272	GOLONKA HULS	M30	39	02:05:43	04:04:51	06:21:34	08:08:47.35	08:08:47.35	+03:15:45 (40.1%)	9:23	6.4 (60.4%)
40	GODLEWSKI Paweł	5265		M30	40	01:51:58	03:58:47	06:08:58	08:12:01.05	08:12:01.05	+03:18:59 (40.4%)	9:27	6.3 (59.4%)
41	KOOZI Piotrek	5178		M30	41	01:48:18	03:33:23	06:08:13	08:17:12.40	08:17:12.40	+03:24:10 (41.1%)	9:33	6.3 (59.4%)
42	LUTOWSKI Wojciech	5204		M30	42	02:10:44	03:59:03	06:19:16	08:20:44.40	08:20:44.40	+03:27:42 (41.5%)	9:37	6.2 (58.5%)
43	WALCZAK Bartłomiej	5225		M30	43	02:05:17	04:00:51	06:19:32	08:22:31.70	08:22:31.70	+03:29:30 (41.7%)	9:39	6.2 (58.5%)
44	CIEŚLIK Jarosław	5140	SOCIOS SILESIA	M30	44	02:05:34	04:06:20	06:24:45	08:24:40.00	08:24:40.00	+03:31:38 (41.9%)	9:42	6.2 (58.5%)
45	SALIŃSKI Bartosz	5252	AUGUSTEAM	M30	45	02:06:51	04:08:40	06:25:02	08:27:24.65	08:27:24.65	+03:34:22 (42.3%)	9:45	6.1 (57.5%)
46	MAŁEK Krzysztof	5238		M30	46	02:03:47	04:01:46	06:25:45	08:30:23.25	08:30:23.25	+03:37:21 (42.6%)	9:48	6.1 (57.5%)
47	FORNAL Jacek	5237		M30	47	01:58:16	04:01:24	06:24:19	08:33:14.35	08:33:14.35	+03:40:12 (42.9%)	9:52	6.1 (57.5%)
48	CHILIŃSKI Karol	5268		M30	48	02:04:16	04:00:36	06:20:20	08:36:58.60	08:36:58.60	+03:43:56 (43.3%)	9:56	6 (56.6%)
49	SKŁADZIEN Bartosz	5155		M30	49	02:03:52	04:11:05	06:40:29	08:41:07.05	08:41:07.05	+03:48:05 (43.8%)	10:01	6 (56.6%)
50	DUCH Emil	5182		M30	50	02:08:46	04:18:45	06:34:54	08:42:38.60	08:42:38.60	+03:49:36 (43.9%)	10:03	6 (56.6%)
50	PISAREK Karol	5180	JB WARSAW	M30	50	02:08:03	04:18:45	06:34:54	08:42:38.60	08:42:38.60	+03:49:36 (43.9%)	10:03	6 (56.6%)
52	RUSIN Łukasz	5122	RKS	M30	52	02:12:46	04:15:53	06:37:08	08:46:48.30	08:46:48.30	+03:53:46 (44.4%)	10:07	5.9 (55.7%)
53	PIKUL Grzegorz	5196		M30	53	02:23:09	04:38:09	06:59:26	08:53:13.00	08:53:13.00	+04:00:11 (45.0%)	10:15	5.9 (55.7%)
54	CIESINSKI Lukasz	5074	IRON TEAM	M30	54	02:05:42	04:14:56	06:41:23	08:54:05.90	08:54:05.90	+04:01:04 (45.1%)	10:16	5.8 (54.7%)
55	KLIMECKI Łukasz	5130	KB INTREX POZNAŃ	M30	55	02:04:11	04:10:02	06:35:25	08:56:03.75	08:56:03.75	+04:03:02 (45.3%)	10:18	5.8 (54.7%)
56	CZARTORYJSKI Darek	5270		M30	56	02:04:18	04:00:36	06:20:22	08:56:16.70	08:56:16.70	+04:03:15 (45.4%)	10:18	5.8 (54.7%)
57	MAKAREWICZ Wiktor	5276	GÓRAL Z MAZUR RUNNING TEAM/KUDŁATE MAKARONY	M30	57	02:02:13	04:09:09	06:35:02	08:59:03.25	08:59:03.25	+04:06:01 (45.6%)	10:21	5.8 (54.7%)
58	MAJEWSKI Wojciech	5271	GOLONKA HULS	M30	58	02:06:31	04:26:08	06:58:28	09:08:44.95	09:08:44.95	+04:15:43 (46.6%)	10:33	5.7 (53.8%)
59	SADOCH Kamil	5129	DECEPTICON GYM	M30	59	02:07:38	04:24:35	07:00:55	09:09:21.05	09:09:21.05	+04:16:19 (46.7%)	10:33	5.7 (53.8%)
60	GLAZER Marcin	5296	PKO BANK POLSKI	M30	60	02:16:05	04:30:28	07:03:00	09:23:48.00	09:23:48.00	+04:30:46 (48.0%)	10:50	5.5 (51.9%)
61	COFALSKI Jakub	5210		M30	61	02:11:32	04:35:17	07:06:05	09:26:37.65	09:26:37.65	+04:33:35 (48.3%)	10:53	5.5 (51.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	P1_Roztoki 15km	P2_Solinka 28km	P3_Roztoki 41km	Czas netto 52km	Czas brutto 52km	Różn	Tempo min/km	Tempo km/h
62	ZWĘGLIŃSKI Michał	5125		M30	62	02:06:48	04:24:00	06:57:12	09:27:49.45	09:27:49.45	+04:34:47 (48.4%)	10:55	5.5 (51.9%)
63	MELSON Maciej	5062	KLUB SPORTOWY SZAKALE BAŁUT ŁÓDŹ	M30	63	02:09:46	04:24:01	06:59:47	09:30:44.95	09:30:44.95	+04:37:43 (48.7%)	10:58	5.5 (51.9%)
64	ZAJĄC Paweł	5192		M30	64	02:15:14	04:46:11	07:24:47	09:41:40.50	09:41:40.50	+04:48:38 (49.6%)	11:11	5.4 (50.9%)
65	ŚLĘŻAK Michał	5194		M30	65	02:15:11	04:46:15	07:24:49	09:41:52.60	09:41:52.60	+04:48:50 (49.6%)	11:11	5.4 (50.9%)
66	RADYK Jakub	5230	PRZEMYSKI KLUB BIEGACZA	M30	66	02:32:51	04:48:45	07:26:56	09:55:53.80	09:55:53.80	+05:02:52 (50.8%)	11:27	5.2 (49.1%)
67	CZECHOWSKI Konrad	5069		M30	67	02:19:52	04:46:29	07:36:21	10:07:46.70	10:07:46.70	+05:14:45 (51.8%)	11:41	5.1 (48.1%)
68	ANDRZEJEWSKI Maciej	5126	KTÓRĘDY PO PIWO?	M30	68	02:22:03	04:51:49	07:36:30	10:19:09.80	10:19:09.80	+05:26:08 (52.7%)	11:54	5 (47.2%)
69	LUBSZCZYK Adrian	5030	BIEGAM BO KOCHAM TEN STAN	M30	69	02:15:30	04:35:19	07:17:07	10:20:35.70	10:20:35.70	+05:27:34 (52.8%)	11:56	5 (47.2%)
70	POPŁAWSKI Krystian	5013		M30	70	02:32:44	05:03:27	07:46:00	10:28:41.50	10:28:41.50	+05:35:39 (53.4%)	12:05	5 (47.2%)
71	BUCIA Michał	5311	SZARY TEAM	M30	71	02:11:28	04:42:10	07:48:58	10:33:00.45	10:33:00.45	+05:39:58 (53.7%)	12:10	4.9 (46.2%)
	ADAMCZYK Artur	5121		M30		02:01:14 DNF	03:54:44 DNF	06:06:39 DNF	DNF	DNF		-	- (0.0%)

Znaleziono 72 wynik(ów)